



GAMECOCK TRACK & FIELD SOUTH CAROLINA

2010 INDOOR SCHEDULE

Jan. 15-16	Hokie Invite	Blacksburg, Va.
Jan. 22-23	Virginia Tech Invite	Blacksburg, Va.
Jan. 29-30	Texas A&M Challenge	College Station, Tx
Feb. 5-6	New Balance Invitational	New York, N.Y.
Feb. 12-13	Tyson Invitational	Fayetteville, Ark.
Feb. 12-13	Tiger Invitational	Clemson, S.C.
Feb. 20	Gamecock Invitational	Columbia, S.C.
Feb. 26-28	SEC Indoor Championship	M: 4th // W: 7th
Mar. 6	Last Chance Meets	TBA
Mar. 12-13	NCAA Indoor Championship	M: 8th // W: 19th

2010 OUTDOOR SCHEDULE

Mar. 19-20	Shamrock Invitational	Conway, S.C.
Mar. 27	Weems Baskin Relays	Columbia, S.C.
Apr. 3-4	Tiger Track Classic	Auburn, Ala.
Apr. 7	Gamecock Open	Columbia, S.C.
Apr. 9-10	Spec Town Relays	Athens, Ga.
Apr. 16-17	Friendship & Freedom Games	Greensboro, N.C.
Apr. 22-24	Penn Relays	Philadelphia, Pa.
May 8	UNC Elite Meet	Chapel Hill, N.C.
May 13-16	SEC Outdoor Championship	M: 3rd // W: 8th
May 27-29	NCAA Preliminary Round	Greensboro, N.C.
June 9-12	NCAA Outdoor Championship	Eugene, Ore.

QUICK FACTS

Location	Columbia, S.C.
Founded	1801
Enrollment	27,488
Colors	Garnet & Black
Nickname	Gamecocks
President	Dr. Harris Pastides
Athletics Director	Eric Hyman

Indoor Facility	USC Fieldhouse
Outdoor Facility	Weems Baskin Track
Head Coach	Curtis Frye (14th Year)
Assistant Head Coach	Delethea Quarles
Assistant Coaches	Kevin Brown, Lawrence Johnson, Stan Rosenthal, Mike Sergent

2009 Men's/Women's Results

SEC Indoor	T-4th/5th
NCAA Indoor	T-20th/T-12th
SEC Outdoor	T-4th/8th
NCAA Outdoor	6th/40th

MEDIA RELATIONS

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GAMECOCK TRACK & FIELD HEADS TO GREENSBORO FOR NCAA PRELIMINARY ROUND CHAMPIONSHIPS

South Carolina (Men-#10, Women-NR) travels to Greensboro, N.C., to compete in the 2010 NCAA Preliminary Round Championships held at Irwin Belk Track on the campus of North Carolina A&T State University. The three-day meet begins Thursday, May 27.

The women's team qualified 21 entries between 16 athletes, in addition to the 4x100m and 4x400m relays. The 10th-ranked men's team qualified 16 entries between 12 athletes, in addition to both relays as well.

In a change from previous seasons, the country has been split into two regions - East and West - with the top 48 athletes in a region qualifying for the Preliminary Round. The East Preliminary will be held in Greensboro, N.C., and the West Preliminary will be held in Austin, Texas. The top 12 finishers in an event at each regional preliminary will advance to the NCAA Outdoor Championships that will be held June 9-12 in Eugene, Ore.

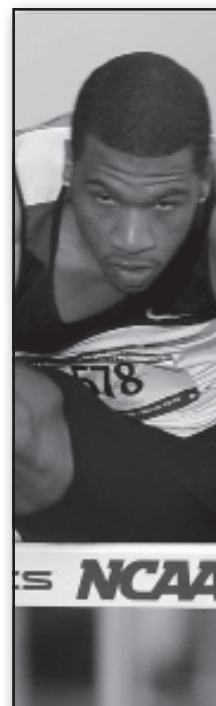
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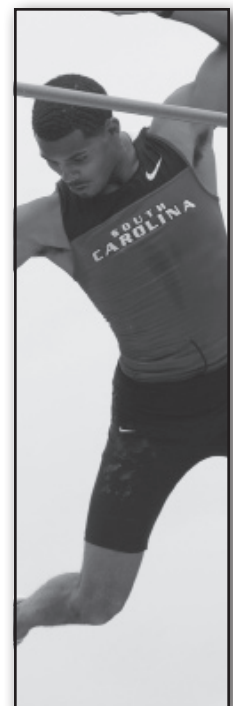
2010 SEC INDIVIDUAL CHAMPIONS



Beatrice Biwott
3,000m Steeplechase



Johnny Dutch
400m Hurdles



Elliott Haynie
Pole Vault

2010 SOUTH CAROLINA TRACK & FIELD

DAY 1: THURSDAY, MAY 27

TIME	EVENT	TEAM	USC ATHLETES
10:00 a.m.	Javelin	Women	
11:00 a.m.	Hammer	Men	Zajac
1:00 p.m.	Long Jump	Women	James
3:00 p.m.	Shot Put	Women	Roberts
3:30 p.m.	400m Hurdles Pre	Men	Dutch
4:00 p.m.	400m Hurdles Pre	Women	Austin
4:00 p.m.	Pole Vault	Men	Haynie, Reitze, Shuler
4:30 p.m.	1500m Run Prelims	Women	
5:00 p.m.	1500m Run Prelims	Men	
5:00 p.m.	High Jump	Men	
5:00 p.m.	Long Jump	Women	
5:30 p.m.	100m Prelims	Men	Sales
6:00 p.m.	100m Prelims	Women	Brookins, Glenn, Fisher Jacobs, Mahan
6:30 p.m.	400m Prelims	Men	Moore
7:00 p.m.	400m Prelims	Women	Cross
7:30 p.m.	800m Prelims	Men	
8:00 p.m.	800m Prelims	Women	Henderson
8:30 p.m.	10,000m Run Final	Men	
9:15 p.m.	10,000m Run Final	Women	

DAY 2: FRIDAY, MAY 28

TIME	EVENT	TEAM	USC ATHLETES
10:00 a.m.	Javelin	Men	
11:00 a.m.	Hammer	Women	
3:00 p.m.	Shot Put	Men	
4:00 p.m.	Pole Vault	Women	Shobe, Gurganus, Nicosia
4:30 p.m.	110m Hurdles Pre	Men	Nunley, Dutch
5:00 p.m.	100m Hurdles Pre	Women	Austin, Clarke
5:00 p.m.	High Jump	Men	Wilkins
5:30 p.m.	400m Final	Men	Moore
5:45 p.m.	400m Final	Women	Cross
6:00 p.m.	100m Final	Men	Sales

6:15 p.m.	100m Final	Women	Brookins, Glenn, Fisher Jacobs, Mahan
6:30 p.m.	800m Final	Men	
6:45 p.m.	800m Final	Women	Henderson
7:00 p.m.	400m Hurdles Final	Men	Dutch
7:15 p.m.	400m Hurdles Final	Women	Austin
7:30 p.m.	200m Prelims	Men	Sales, Ngwigwa
8:00 p.m.	200m Prelims	Women	McCorkle, Mahan, Fisher
8:30 p.m.	3,000m Steeple Final	Men	
9:10 p.m.	3,000m Steeple Final	Women	Biwott

DAY 3: SATURDAY, MAY 29

TIME	EVENT	TEAM	USC ATHLETES
9:30 a.m.	Discus	Men	Merkt
12:00 p.m.	Triple Jump	Men	Carr
3:30 p.m.	Discus	Women	Kodat
4:00 p.m.	Triple Jump	Women	
6:00 p.m.	4x100m Relay	Men	Carter, Sales, Moore, Ngwigwa (Maxwell, Stoudemire)
6:15 p.m.	4x100m Relay	Women	Brookins, Jacobs, Mahan, Glenn (Fisher, McCorkle)
6:30 p.m.	1,500m Run Final	Men	
6:45 p.m.	1,500m Run Final	Women	
7:05 p.m.	110m Hurdles Final	Men	Dutch, Nunley
7:20 p.m.	100m Hurdles Final	Women	Austin, Clarke
7:35 p.m.	200m Final	Men	Sales, Ngwigwa
7:50 p.m.	200m Final	Women	McCorkle, Mahan Fisher
8:05 p.m.	5,000m Run Final	Men	
8:45 p.m.	5,000m Run Final	Women	
9:25 p.m.	4x400m Relay	Men	Ngwigwa, Moore, Dutch, Anderson (Carter)
9:45 p.m.	4x400m Relay	Women	Cross, Glenn, Rodrigues, Jacobs (Byrd, McCorkle)

GAMECOCK MEN

100-Meter Dash

Athlete	Time/Mark	Regional Rank	National Rank
Antonio Sales	10.35	19th	33rd

200-Meter Dash

Athlete	Time/Mark	Regional Rank	National Rank
Antonio Sales	20.60	8th	9th
Obakeng Ngwigwa	20.70	10th	18th

400-Meter Dash

Athlete	Time/Mark	Regional Rank	National Rank
Quentin Moore	47.38	48th	--

110-Meter Hurdles

Athlete	Time/Mark	Regional Rank	National Rank
Johnny Dutch	13.50	1st	3rd
Booker Nunley	13.59	3rd	7th

400-Meter Hurdles

Athlete	Time/Mark	Regional Rank	National Rank
Johnny Dutch	49.48	1st	3rd

4x100-Meter Relay

Athlete	Time/Mark	Regional Rank	National Rank
Carter, Sales, Moore, Ngwigwa	39.57	6th	14th

4x400-Meter Relay

Athlete	Time/Mark	Regional Rank	National Rank
Ngwigwa, Moore, Dutch, Anderson	3:04.19	2nd	7th

High Jump

Athlete	Time/Mark	Regional Rank	National Rank
David Wilkins	6'10 3/4 (2.10m)	33rd	62nd

Pole Vault

Athlete	Time/Mark	Regional Rank	National Rank
Marvin Reitze	17'8 1/2 (5.40m)	4th	11th
Elliott Haynie	17'3 3/4 (5.28m)	13th	29th
Matt Shuler	16'6 3/4 (5.05m)	40th	89th

Triple Jump

Athlete	Time/Mark	Regional Rank	National Rank
Lincoln Carr	50'10 1/4 (15.50m)	23rd	45th

Discus Throw

Athlete	Time/Mark	Regional Rank	National Rank
Jeff Merkt	168'8 (51.40m)	44th	--

Hammer Throw

Athlete	Time/Mark	Regional Rank	National Rank
Michael Zajac	211'0 (64.31m)	11th	21st

GAMECOCK WOMEN

100-Meter Dash

Athlete	Time/Mark	Regional Rank	National Rank
LaKya Brookins	11.31	6th	11th
Gabrielle Glenn	11.42	15th	24th
Tatianna Fisher	11.57	27th	48th
Breehana Jacobs	11.64	42nd	77th
Shayla Mahan	11.67	43rd	86th

200-Meter Dash

Athlete	Time/Mark	Regional Rank	National Rank
Kelsey McCorkle	23.39	15th	31st
Shayla Mahan	23.77	33rd	77th
Tatianna Fisher	23.96	47th	--

400-Meter Dash

Athlete	Time/Mark	Regional Rank	National Rank
Brandi Cross	52.54	2nd	9th

3,000-Meter Steeplechase

Athlete	Time/Mark	Regional Rank	National Rank
Beatrice Biwott	10:20.14	7th	20th

100-Meter Hurdles

Athlete	Time/Mark	Regional Rank	National Rank
Kettiany Clarke	13.33	16th	25th
Janica Austin	13.46	22nd	43rd

400-Meter Hurdles

Athlete	Time/Mark	Regional Rank	National Rank
Janica Austin	58.60	21st	34th

4x100-Meter Relay

Athlete	Time/Mark	Regional Rank	National Rank
Brookins, Jacobs, Mahan, Glenn	44.23	5th	13th

4x400-Meter Relay

Athlete	Time/Mark	Regional Rank	National Rank
Cross, Jacobs, Byrd, Rodrigues	3:35.62	8th	27th

Pole Vault

Athlete	Time/Mark	Regional Rank	National Rank
Vica Shobe	13'6 1/2 (4.13m)	6th	23rd
Sallie Gurganus	12'6 (3.81m)	44th	--
Allison Nicosia	12'5 1/2 (3.80m)	47th	--

Long Jump

Athlete	Time/Mark	Regional Rank	National Rank
Brittney James	19'11 3/4 (6.09m)	33rd	66th

Shot Put

Athlete	Time/Mark	Regional Rank	National Rank
Stacee Roberts	48'1 1/4 (14.66m)	47th	96th

Discus Throw

Athlete	Time/Mark	Regional Rank	National Rank
Aimee Kodat	160'4 (48.86m)	37th	75th

MEN'S TRACK & FIELD ALPHABETICAL ROSTER

Name	Year (I/O)	Events	Hometown	High School / Last College
Alex Bermudez	Fr./Fr.	Middle Distances	Ponte Vedra, Fla.	Allen D. Nease
Aaron Anderson	Jr./Jr.	200m, 400m, Relays	Fayetteville, N.C.	Douglas Byrd
Tony Brown	Fr./Fr.	Jumps	Lake City, S.C.	South Florence
Christopher Campbell	R-Fr./R-Fr.	Throws	Columbia, S.C.	Irmo
Lincoln Carr	Fr./Fr.	Jumps	Fayetteville, N.C.	Pine Forest
Andre Carter	Fr./Fr.	200m, 400m, 800m, Relays	Douglasville, Ga.	Alexander
Rickie Crum	Fr./Fr.	Multis	Tampa, Fla.	Wilson (S.C.)
Louis Day	R-Fr./R-Fr.	Throws	Hempstead, N.Y.	Holy Trinity
Vince DePiano	R-Fr./R-Fr.	Distances	Philadelphia, Pa.	Roman Catholic
Johnny Dutch	Jr./Jr.	Hurdles	Clayton, N.C.	Clayton
Andrew Finley	R-So./R-So.	Throws	Wallingford, Pa.	Malvern Prep
Jarrett Gerald	Jr./Jr.	Jumps	McDonough, Ga.	Eagle's Landing
Elliott Haynie	R-Sr./R-Sr.	Pole Vault	Atlanta, Ga.	Creekside / Gardner-Webb
Ethan Holland	Fr./Fr.	Throws	Anderson, S.C.	Westside
Michael Humphrey	So./So.	Multis	Solon, Ohio	Solon
Steven Hunsaker	Jr./Jr.	200m, 400m	Columbia, S.C.	Richland Northeast
Dorian Johnson	Fr./Fr.	Jumps	Baltimore, Md.	Mount Saint Joseph
Damien Kaiser	So./So.	800m	Chesapeake, Va.	Deep Creek / Christopher Newport Univ.
Kyle Logue	Sr./Sr.	Pole Vault	Cleveland, Tenn.	Emerald
Chris Maxwell	Fr./Fr.	100m, 200m, 400m, Relays	Columbia, S.C.	Blythewood
Jeff Merkt	R-Sr./R-Sr.	Throws	Cincinnati, Ohio	Archbishop McNicholas / Univ. of Cincinnati
Quentin Moore	Sr./Sr.	400m, Relays	Chesapeake, Va.	Deep Creek
Obakeng Ngwigwa	Sr./Sr.	100m, 200m, 400m, Relays	Gaborone, Botswana	Maun / Butler CC (Kansas)
Booker Nunley	So./So.	Hurdles	Garner, N.C.	Garner
Scott Pierce	R-Jr./Sr.	Multis	Columbia, S.C.	Irmo
Robert Razick	R-Fr./R-Fr.	Middle Distances	Florence, S.C.	Wilson
Marvin Reitze	So./So.	Pole Vault	Bergisch Gladbach, Germany	Landrat-Lucas Gymnasium
Marco Rometo	Fr./Fr.	800m	Bradenton, Fla.	Out-of-Door Academy
Antonio Sales	Jr./Jr.	100m, 200m, Relays	Chapel Hill, N.C.	East Chapel Hill
Aaron Searles	Sr./Sr.	Jumps	Charlotte, N.C.	Harding University High
Matt Shuler	Jr./Jr.	Pole Vault	West Columbia, S.C.	White Knoll
Daniel Smoak	R-Jr./R-Jr.	Distances	Greenville, S.C.	Wade Hampton
Kyle Speed	Fr./Fr.	Hurdles	Milton, Ga.	Milton
Eddie Stoudemire	R-Jr./R-Jr.	Multis	Wellington, Fla.	Glades Central
Trey Suhrstedt	So./So.	Throws	Lexington, S.C.	Lexington
Jerry Thompson III	So./So.	Multis, Pole Vault	Media, Pa.	Penncrest
Andrew Vaughan	Jr./R-So.	Throws	Lexington, S.C.	Lexington
R.J. Walling	Jr./Jr.	400m, 800m	Greenwood, S.C.	Ninety-Six
Dave Wilkins	Fr./Fr.	High Jump	Cowpens, S.C.	Broome
Michael Zajac	R-Jr./R-Jr.	Throws	Lynchburg, Va.	E.C. Glass

100-Meter Dash

Date	Athlete	Meet	Time
4/17	Antonio Sales	Friendship & Freedom Games	10.35 (1.7)
4/17	Chris Maxwell	Friendship & Freedom Games	10.84 (1.1)

200-Meter Dash

Date	Athlete	Meet	Time
4/2	Antonio Sales	Florida Relays	20.60 (1.8)
5/8	Obakeng Ngwigwa	Tar Heel Invitational	20.70 (0.9)
4/17	Chris Maxwell	Friendship & Freedom Games	21.68 (2.2)
4/17	Andre Carter	Friendship & Freedom Games	21.76 (0.4)

400-Meter Dash

Date	Athlete	Meet	Time
5/16	Obakeng Ngwigwa	SEC Championship	46.09
5/15	Quentin Moore	SEC Championship	47.38
5/8	Andre Carter	Tar Heel Invitational	47.80
5/8	Aaron Anderson	Tar Heel Invitational	47.86
5/13	Scott Pierce	SEC Championship	49.06

800-Meter Run

Date	Athlete	Meet	Time
4/7	Alex Bermudez	Gamecock Open Meet	1:57.84
4/9	R.J. Walling	Spec Towns Invite	1:58.89
3/18	Johnny Dutch	Shamrock Invitational	1:59.36

5000-Meter Run

Date	Athlete	Meet	Time
3/27	Daniel Smoak	Weems Baskin Invite	15:17.46
3/18	Vince DePiano	Shamrock Invitational	15:52.17

110-Meter Hurdles

Date	Athlete	Meet	Time
5/8	Johnny Dutch	Tar Heel Invitational	13.50
3/27	Booker Nunley	Weems Baskin Invite	13.59
5/13	Eddie Stoudemire	SEC Championship	14.75
5/13	Scott Pierce	SEC Championship	15.37
4/7	Jerry Thompson III	Gamecock Open Meet	15.40

400-Meter Hurdles

Date	Athlete	Meet	Time
5/8	Johnny Dutch	Tar Heel Invitational	49.48
4/7	Ricky Crum	Gamecock Open Meet	57.94

4x100-Meter Relay

Date	Team	Meet	Time
5/16	Carter, Sales Moore, Ngwigwa	SEC Championship	39.57
4/2	Dutch, Ngwigwa Nunley, Sales	Florida Relays	39.95
4/20	Moore, Sales Carter, Ngwigwa	Penn Relays	40.15
4/9	Ngwigwa, Moore Sales, Nunley	Spec Towns Invite	40.17
3/18	Maxwell, Carter Nunley, Ngwigwa	Shamrock Invitational	40.74

4x400-Meter Relay

Date	Team	Meet	Time
5/16	Ngwigwa, Moore Dutch, Anderson	SEC Championship	3:04.19
4/20	Moore, Ngwigwa Anderson, Dutch	Penn Relays	3:06.45
4/2	Ngwigwa, Dutch Nunley, Anderson	Florida Relays	3:06.66

4/9	Carter, Nunley Maxwell, Sales	Spec Towns Invite	3:08.51
3/18	Carter, Dutch Ngwigwa, Anderson	Shamrock Invitational	3:09.85

High Jump

Date	Athlete	Meet	Mark
3/27	David Wilkins	Weems Baskin Invite	6-10 3/4 (2.10m)
5/13	Scott Pierce	SEC Championship	6-3 1/4 (1.91m)

Pole Vault

Date	Athlete	Meet	Mark
4/20	Marvin Reitze	Penn Relays	17-8 1/2 (5.40m)
5/16	Elliott Haynie	SEC Championship	17-3 3/4 (5.28m)
4/2	Matt Shuler	Florida Relays	16-6 3/4 (5.05m)
4/17	Jerry Thompson III	Georgia Bulldog Limited	15-3 (4.65m)

Long Jump

Date	Athlete	Meet	Mark
4/9	Jarrett Gerald	Spec Towns Invite	23-6 3/4 (7.18m) // 0.7
5/15	Lincoln Carr	SEC Championship	23'2 3/4 (7.08m) // 1.3
5/13	Scott Pierce	SEC Championship	22-10 1/2 (6.97m) // 0.0
5/13	Eddie Stoudemire	SEC Championship	22-04 1/2 (6.82m) // 0.0
5/15	Aaron Searles	SEC Championship	22-9 3/4 (6.95m) // 0.7

Triple Jump

Date	Athlete	Meet	Mark
5/16	Lincoln Carr	SEC Championship	50-10 1/4 (15.50m) // 0.0
5/16	Aaron Searles	SEC Championship	49-2 1/2 (15.00m) // 0.0
5/16	Scott Pierce	SEC Championship	47-0 1/4 (14.33m) // -0.7
3/18	Tony Brown	Shamrock Invite	45-11 1/4 (14.00m) // 1.7
5/16	Jarrett Gerald	SEC Championship	44-8 (13.61m) // 0.0

Shot Put

Date	Athlete	Meet	Mark
4/7	Louis Day	Gamecock Open Meet	54-3 1/4 (16.54m)
4/2	Andrew Finley	Florida Relays	50-8 3/4 (15.46m)
5/15	Michael Zajac	SEC Championship	50-1 1/4 (15.27m)

Hammer Throw

Date	Athlete	Meet	Mark
4/2	Michael Zajac	Florida Relays	211-0 (64.31m)

Discus Throw

Date	Team	Meet	Mark
5/16	Jeff Merkt	SEC Championship	168-8 (51.40m)
5/16	Michael Zajac	SEC Championship	164-5 (50.12m)
4/17	Andrew Finley	Georgia Bulldog Limited	153-7 (49.82m)
4/9	Louis Day	Spec Towns Invite	149-7 (45.60m)
3/27	Chris Campbell	Weems Baskin Invite	131-11 (40.20m)
3/27	Trey Suhrstedt	Weems Baskin Invite	130-6 (39.77m)

Javelin

Date	Team	Meet	Mark
4/2	Andrew Vaughan	Florida Relays	194-2 (59.19m)

Decathlon

Date	Athlete	Meet	Points
5/14	Scott Pierce	SEC Championship	7,056 pts
5/14	Eddie Stoudemire	SEC Championship	6,858 pts

100-METER DASH

1. Terrence Trammell	2000	10.04
2. Andre Totton	2001	10.12w
3. Corey Bridges	1996	10.13
4. Leroy Dixon	2005	10.19
5. Marcus Robinson	1996	10.21
6. Rodney Martin	2005	10.25
7. Pap Howard	2001	10.27
8. Johnathan Hancock	2009	10.31
Clint Crenshaw	2001	
10. Nigel Stoddart	1990	10.33
Antonio Sales	2008	

200-METER DASH

1. Rodney Martin	2005	20.34
2. Leroy Dixon	2006	20.44
3. Terrence Trammell	1999	20.45
4. Pap Howard	2001	20.47
5. Andre Totton	2001	20.58
6. Antonio Sales	2010	20.60
7. Marcus Robinson	1996	20.63
8. Jimmie Hackley	1999	20.64
9. Obakeng Ngwigwa	2010	20.70
10. Jamie Price	1998	20.79

400-METER DASH

1. Otis Harris	2003	44.57
2. Jimmie Hackley	2000	45.64
3. Jonathan Fortenberry	2002	45.67
4. Obakeng Ngwigwa	2010	46.09
5. Otukile Lekote	2001	46.12
6. Quentin Moore	2008	46.18
7. Jamil James	2007	46.28
8. Ray Miley	2007	46.31
9. Eddie Miller	1988	46.35
10. Gerald Pressley	2002	46.39

800-METER RUN

1. Otukile Lekote	2001	1:44.47
2. Marvin Watts	1998	1:47.74
3. Bob Kaczka	1970	1:48.01
4. Adrian Booner	1995	1:48.13
5. William Emase	2005	1:48.23
6. Jim Schaper	1972	1:48.71
7. John Brown	1974	1:49.94
8. Johnny Baez	2006	1:50.03
9. Chris Swartz	1993	1:50.29
10. Alan Drosky	1984	1:50.63

1,500-METER RUN

1. Jim Schaper	1974	3:42.48
2. Tim Colas	1982	3:44.79
3. Alan Drosky	1984	3:45.79
4. Halston Taylor	1976	3:47.14
5. Bob Crumbie	1965	3:48.24
6. Tom Howe	1987	3:48.90
7. William Emase	2003	3:49.07
8. Tom Cronin	1993	3:49.12
9. Frank Murno	1978	3:50.24

5,000-METER RUN

1. Tom Howe	1987	14:06.54
2. Ken Castello	1987	14:13.24
3. Bob Day	1975	14:16.14
4. Paul Laymon	1992	14:29.40
5. Jim Carey	1978	14:30.24
6. Tim Colas	1983	14:32.54
7. Mike Hedgecock	1990	14:33.20
8. Keith Gorski	1993	14:35.40
9. Rob Devlin	1986	14:41.74
10. Jim Karcanes	1991	14:41.90

110-METER HURDLES

1. Terrence Trammell	2000	13.19
2. Jason Richardson	2008	13.21
3. Booker Nunley	2009	13.32
4. Johnny Dutch	2010	13.50
5. Kenneth Ferguson	2003	13.53
6. Johnny Dutch	2008	13.63
7. Thomas Hilliard	2007	13.70
8. Corey Taylor	2003	13.72
9. Frank Mensah	1994	13.77
10. Charles Ryan	2003	13.78
Terry Winston	1993	

400-METER HURDLES

1. Johnny Dutch	2008	48.18
2. Kenneth Ferguson	2003	48.79
3. Tony Rambo	1982	48.90
4. Jussi Heikkila	2008	49.39
5. Thomas Hilliard	2007	49.63
6. Jason Richardson	2006	49.82
7. Anthony Bennon	1987	50.04
8. David Arnold	1990	50.80
9. Marcus Phillips	1994	51.42
10. Ricky Griddine	1983	51.78

3,000-METER STEEPLECHASE

1. Andy Foster	1988	8:57.96
2. Tom Cronin	1995	9:00.58
3. Leon Cook	1977	9:01.44
4. Mike Hedgecock	1989	9:03.79
5. Brad Herbster	1991	9:08.57
6. Paul Laymon	1993	9:10.90
7. Max Minter	1981	9:13.04
8. Mike Costello	1985	9:14.11
9. Jered Haag	1994	9:16.97
10. Steve Mance	2005	9:24.07

4x100-METER RELAY

1. Crenshaw, Trammell, Hackley, Howard	2000	38.45
2. Crenshaw, Trammell, Mays, Price	1999	38.92
3. Barrino, Law, Totton, Taylor	2002	39.01
4. Trammell, Bridges, Dempers, Price	1998	39.08
5. Hancock, Sales, Moore, Ngwigwa	2009	39.09
6. Totton, Howard, Crenshaw, Taylor	2001	39.19
7. Trammell, Price, Dempers, Williams	1998	39.27
8. Hancock, Sales, Moore, Markett	2008	39.37
9. Crenshaw, Trammell, Hackley, Price	1999	39.39
Bridges, Williams, Dempers, Trammell	1998	

4x400-METER RELAY

1. Law, Lekote, Harris, Fortenberry	2002	3:02.16
2. Ferguson Lekote, Fortenberry, Harris	2003	3:02.86
3. Ngwigwa, Dutch, Anderson, Moore	2009	3:02.88
4. Moore, Hilliard, James, Miley	2007	3:03.86
5. Ngwigwa, Richardson Dutch, Anderson	2009	3:03.89
6. Ngwigwa, Moore Dutch, Anderson	2010	3:04.19
7. Law, Howard, Lekote, Harris	2001	3:04.36
8. Ngwigwa, Dutch, Moore, Richardson	2009	3:04.49
9. Hinnant, Hilliard, James, Richardson	2006	3:04.62
10. Durant, Ferguson, Lekote, Harris	2003	3:04.66

HIGH JUMP

1. Paul Wiechern	1988	7-3 1/4
2. Gus Kirkland	1981	7-2 3/4
3. Steve Wilson	1977	7-1 3/4
4. Marve Johnson	1983	7-1
5. Fred Townsend	2001	7-1
6. Lee Hughes	1999	7-0 1/4
7. Art Henson	1992	6-11
8. David Wilkins	2010	6-10 3/4
Steve Owens	1991	
Phillipe Williams	1991	

POLE VAULT

1. Elliott Haynie	2009	17-10 1/2
2. Marvin Reitze	2010	17-8 1/2
3. Chris Steddum	2002	17-7 3/4
4. Dale Gerke	1988	17-5 1/2
5. Darren Davis	1988	17-1 3/4
6. Dan McKenzie	2006	17-0 3/4
7. Jarad Farabee	2002	16-11
8. Patrick Tvarunkas	1999	16-10 3/4
9. Matt Shuler	2009	16-6 3/4
Trey Bell	2005	
Greg Royster	2003	
Mike Lameier	2000	

LONG JUMP

1. Tony Allmond	2004	27-4 3/4w
2. Greig Cryer	2006	25-9 1/4
3. Rolando Adams	1979	25-7
4. Phillip Williams	1991	25-2
5. Peter Edeh	1984	25-1
Sam Scott	1982	
7. Anthony Wood	1982	24-9 3/4
8. Ronn Adams	1976	24-8 1/2
9. Gus Kirkland	1980	24-6
10. Marcus Sutton	1993	24-4 1/4

TRIPLE JUMP

1. Ron Adams	1975	52-2
2. Derek Pressley	2007	51-10 1/2
3. Marcus Sutton	1993	51-4 1/4
4. Greig Cryer	2006	51-4
5. Lincoln Carr	2010	50-10 1/4
6. Berle Stocks	1976	50-9
7. James Wilson	1982	50-8
8. Wade Brantley	1988	50-6 1/2
9. David Arnold	1990	50-4
10. Harry Skipper	1978	50-3

SHOT PUT

1. Brad Snyder	1999	67-3 1/2
2. Jason Cook	2009	63-7 1/2
3. Kevin Mannon	1997	62-6 3/4
4. Ron Yarab	1981	61-2 1/2
5. Ron Willis	1994	61-0 3/4
6. Jeff Shalayda	1996	60-7 3/4
7. Jim Mitchell	2006	57-7
8. Adam Bishop	2003	57-3 1/2
9. John Poehleln	1987	56-7
10. Steve Gettel	1982	56-6 1/2

DISCUS

1. Ryan Harrison	1999	196-10
2. Brett Murray	1994	194-11
3. Brad Snyder	1999	192-7
4. Art Swarts	1966	192-3
5. Chad Moreau	1995	189-0
6. Kevin Mannon	1997	188-4
7. Ron Willis	1994	187-3
8. Brook Antonio	2006	183-4
9. Jeff Merkt	2009	176-8
10. Ron Yarab	1981	175-6

HAMMER

1. John Stoikos	1995	222-4
2. Bert Sorin	1999	219-10
3. Kevin Mannon	1997	217-1
4. Ron Willis	1994	214-11
5. Michael Zajac	2010	211-0
6. Brett Murray	1995	209-3
7. Ryan Harrison	1999	208-6
8. Mattias Ohlsson	1997	208-1
9. Tyler Trout	2007	204-2
10. Glenn McAtee	1995	201-5

WOMEN'S TRACK & FIELD ALPHABETICAL ROSTER

Name	Year (I/O)	Events	Hometown	High School / Last College
Janica Austin	Jr./Jr.	Hurdles	Trenton, N.J.	Lafayette College (Pa.)
Danielle Barnes	Sr./Sr.	Distances	Newquay, England	University of Loughborough
Amanda Barrett	R-Jr./R-Jr.	Distances	New Orleans, La.	Sacred Heart Academy
Radiance Basden	So./So.	Triple Jump, Hurdles	Greensboro, N.C.	Western Guilford
Laura Beggs	Fr./Fr.	Distances	Frankfort, Ill.	Lincoln-Way East
Beatrice Biwott	So./So.	Distances	Iten, Kenya	Nietkei Girls
Kayla Blake	Jr./Jr.	High Jump, Hurdles	Summerville, S.C.	Summerville
Emma Borowicz	Fr./Fr.	Distances	Greenville, S.C.	J.L. Mann
LaKya Brookins	Jr./Jr.	100m, 200m, Relays	Atlanta, Ga.	Seneca (S.C.)
Porche' Byrd	Jr./Jr.	400m, Relays	Atlanta, Ga.	North Atlanta
Katarina Cap	R-Jr./R-Jr.	Distances	Hilton Head, S.C.	Hilton Head
Kettiany Clarke	R-Sr./R-Sr.	Hurdles, Mutlis	West Palm Beach, Fla.	Palm Beach Lakes
Brandi Cross	Sr./Sr.	400m, Relays	Missouri City, Texas	Thurgood Marshall
Asia Delaney	Fr./Fr.	100m, 200m, Relays	Greenwood, S.C.	Greenwood
Ashley Evens	Jr./Jr.	Distances	Maumee, Ohio	Wayne
Erin Fedewa	So./So.	Distances	St. Johns, Mich.	St. Johns
Tatiana Fisher	Fr./Fr.	100m, 200m, Relays	Windermere, Fla.	Oak Ridge
Staley Foster	Jr./Jr.	High Jump	Boiling Springs, S.C.	Boiling Springs
Patrice Frierson	Fr./Fr.	Distances	Dalzell, S.C.	Lee Central
Gabrielle Glenn	Jr./Jr.	100m, 200m, 400m, Relays	Charlotte, N.C.	Providence
Sallie Gurganus	Sr./Sr.	Pole Vault	Boone, N.C.	Watauga
Sara Hartley	So./So.	Distances	Naperville, Ill.	Neuqua Valley
Jessica Hartman	Fr./Fr.	Distances	Centreville, Va.	Westfield
Sierra Henderson	Fr./Fr.	Distances	Columbia, S.C.	Ridge View
Jocelyn Henline	So./So.	Pole Vault	Ellicott City, Md.	Marriotts Ridge
Kelsey Hill	Fr./Fr.	Distances	Severna Park, Md.	Severna Park
Breanna Hubbard	Fr./Fr.	100m, 200m, Relays	Jonesboro, Ga.	Mundy's Mill
Breehana Jacobs	R-So./R-So.	100m, 200m, 400m, Relays	Uniontown, Pa.	Laurel Highlands
Brittney James	R-Sr./R-Sr.	Long Jump, Hurdles	Columbia, S.C.	Dreher
Aimee Kodat	R-Jr./R-Jr.	Throws	Herndon, Va.	Westfield
Ceci Kryst	Fr./Fr.	Mutlis, Jumps	Fort Mill, S.C.	Fort Mill
Chelsea Leroux	R-So./R-So.	Distances	West Barnstable, Mass.	Barnstable
Tara Lindeman	So./So.	Distances	Hendersonville, N.C.	Hendersonville
Shayla Mahan	Jr./Jr.	100m, 200m, Relays	Detroit, Mich.	Mumford
Tylar Mangan	Fr./Fr.	Pole Vault	Charleston, S.C.	Bishop England
Kelsey McCorkle	So./So.	200m, 400m, Relays	Winterville, N.C.	South Central
Lisa McKinney	Sr./Sr.	Distances	Downington, Pa.	West Potomac
Liz Meier	Fr./Fr.	Distances	Des Plaines, Ill.	Maine West
Allison Nicosia	So./So.	Pole Vault	Aiken, S.C.	South Aiken
Laura Pramstaller	Jr./Jr.	Distances	Centreville, Va.	Westfield
Ellyn Quigg	Fr./Fr.	Distances	Ellicott City, Md.	Mount Hebron
Breanna Radford	Fr./Fr.	Throws	Alpharetta, Ga.	Alpharetta
Nicole Rheinlander	So./So.	Distances	Rochester Hills, Mich.	Adams
Stacey Roberts	R-Fr./So.	Throws	Summerville, S.C.	Summerville
Nadonna Rodrigues	So./So.	400m, Relays	Brooklyn, N.Y.	Boys & Girls
Megan Rother	Fr./Fr.	Distances	Langhorne, Pa.	Villa Joseph Marie
Vica Shobe	R-Sr./R-Sr.	Pole Vault	Matthews, N.C.	Weddington
Tamra Stanish	So./So.	Pole Vault	Salado, Texas	Salado
Katherine Vuckovich	R-Fr./So.	Throws	Naperville, Ill.	Neuqua Valley
Shannon Walls	So./So.	Distances	Loveland, Ohio	Loveland
Caitlin Williams	Fr./Fr.	Distances	Goose Creek, S.C.	Stratford
Trier Young	-/R-Sr.	Hurdles	Neptune, N.J.	Neptune

100-Meter Dash

Date	Athlete	Meet	Time
4/17	LaKya Brookins	Friendship & Freedom Games	11.31 (1.8)
4/17	Gabrielle Glenn	Friendship & Freedom Games	11.42 (1.8)
3/27	Tatianna Fisher	Weems Baskin Invite	11.57 (3.4)
4/20	Breehana Jacobs	Penn Relays	11.64 (1.5)
4/17	Shayla Mahan	Friendship & Freedom Games	11.67 (1.8)

200-Meter Dash

Date	Athlete	Meet	Time
5/8	Kelsey McCorkle	Tar Heel Invitational	23.39 (0.9)
3/27	Gabrielle Glenn	Weems Baskin Invite	23.65 (3.1)
5/8	Shayla Mahan	Tar Heel Invitational	23.77 (0.9)
3/27	Tatianna Fisher	Weems Baskin Invite	23.96 (-1.2)
4/17	Breehana Jacobs	Friendship & Freedom Games	24.10 (1.8)
3/26	Brandi Cross	Bayou Classic	24.15 (0.3)

400-Meter Dash

Date	Athlete	Meet	Time
4/2	Brandi Cross	Florida Relays	52.54
4/2	Nadonna Rodrigues	Florida Relays	52.72
4/17	Porche Byrd	Friendship & Freedom Games	55.39
4/9	Breehana Jacobs	Spec Towns Invite	56.49
4/17	Janica Austin	Friendship & Freedom Games	57.98

800-Meter Run

Date	Athlete	Meet	Time
5/14	Sierra Henderson	SEC Championship	2:10.78
3/27	Nadonna Rodrigues	Weems Baskin Invite	2:15.24
3/18	Radiance Basden	Shamrock Invitational	2:19.06
4/2	Erin Fedewa	Florida Relays	2:21.09

1,500-Meter Run

Date	Athlete	Meet	Time
3/18	Beatrice Biwott	Shamrock Invitational	4:36.00
5/15	Dani Barnes	SEC Championship	4:39.20
5/8	Ashley Evens	Tar Heel Invitational	4:47.04
4/2	Laura Pramstaller	Florida Relays	4:50.80
5/8	Erin Fedewa	Tar Heel Invitational	4:53.97

3000-Meter Run

Date	Athlete	Meet	Time
3/18	Ashley Evens	Shamrock Invitational	10:32.45

5000-Meter Run

Date	Athlete	Meet	Time
4/9	Nicole Rheinlander	Spec Towns Invite	18:32.08
3/18	Laura Beggs	Shamrock Invitational	19:21.07

3000-Meter Steeplechase

Date	Athlete	Meet	Time
5/15	Beatrice Biwott	SEC Championship	10:20.14

100-Meter Hurdles

Date	Athlete	Meet	Time
5/13	Kettiany Clarke	SEC Championship	13.33 (1.7)
4/2	Janica Austin	Florida Relays	13.46 (0.5)
5/8	Trier Young	Tar Heel Invitational	14.02 (2.0)
5/8	Ceci Kryst	Tar Heel Invitational	14.67 (1.6)
4/17	Radiance Basden	Friendship & Freedom Games	15.04 (1.4)

400-Meter Hurdles

Date	Athlete	Meet	Time
5/16	Janica Austin	SEC Championship	58.60
4/20	Radiance Basden	Penn Relays	1:00.43
4/20	Kettiany Clarke	Penn Relays	1:00.91
4/17	Trier Young	Friendship & Freedom Games	1:03.29

4x100-Meter Relay

Date	Team	Meet	Time
4/2	Brookins, Jacobs Mahan, Glenn	Florida Relays	44.23
5/16	Jacobs, Mahan Glenn, Fisher	SEC Championship	44.36

4x400-Meter Relay

Date	Team	Meet	Time
4/2	Cross, Jacobs Byrd, Rodrigues	Florida Relays	3:35.62
5/16	Cross, Glenn McCorkle, Jacobs	SEC Championship	3:37.16

High Jump

Date	Athlete	Meet	Mark
5/15	Kayla Blake	SEC Championship	5-7 (1.70m)
3/18	Staley Foster	Shamrock Invitational	5-4 1/2 (1.64m)
5/15	Kettiany Clarke	SEC Championship	5-4 1/4 (1.63m)

Pole Vault

Date	Athlete	Meet	Mark
5/15	Vica Shobe	SEC Championship	13-6 1/2 (4.13m)
4/20	Sallie Gurganus	Penn Relays	12-6 (3.81m)
4/7	Allison Nicosia	Gamecock Open Meet	12-5 1/2 (3.80m)

Long Jump

Date	Athlete	Meet	Mark
4/20	Brittney James	Penn Relays	19-11 3/4 (6.09m) // 0.0
5/14	Kettiany Clarke	SEC Championship	19-2 (5.84m) // 0.8
4/9	Ceci Kryst	Spec Towns Invite	18-3 1/4 (5.57m) // 1.3
3/27	Radiance Basden	Weems Baskin Invite	17-6 1/4 (5.34m) // 1.5

Triple Jump

Date	Athlete	Meet	Mark
4/9	Radiance Basden	Spec Towns Invite	39-8 (12.09m) // 1.5
3/27	Ceci Kryst	Weems Baskin Invite	38-1 1/2 (11.62m) // 2.4

Shot Put

Date	Athlete	Meet	Mark
5/8	Stacey Roberts	Georgia Invitational	48-01.25 (14.66m)
3/18	Katie Vuckovich	Shamrock Invitational	47-2 1/4 (14.38m)
5/8	Breanna Radford	Georgia Invitational	47-0 3/4 (14.34m)
4/17	Aimee Kodat	Georgia Bulldog Limited	41-2 1/2 (12.56m)
4/7	Kettiany Clarke	Sea Ray Relays	38-8 3/4 (11.80m)

Hammer Throw

Date	Athlete	Meet	Mark
4/17	Breanna Radford	Georgia Bulldog Limited	145-9 (44.43m)
4/17	Stacey Roberts	Georgia Bulldog Limited	142-7 (43.45m)
5/8	Katie Vuckovich	Georgia Invitational	128-08 (39.21m)

Discus Throw

Date	Athlete	Meet	Mark
4/20	Aimee Kodat	Penn Relays	160-4 (48.86m)

Heptathlon

Date	Athlete	Meet	Points
4/7	Kettiany Clarke	Sea Ray Relays	5,258
3/18	Radiance Basden	Shamrock Invitational	3,947
3/18	Kayla Blake	Shamrock Invitational	3,695
5/14	Ceci Kryst	SEC Championship	3,631

100-METER DASH

1. Shalonda Solomon	2006	11.07
2. Erica Whipple	2003	11.15
3. Aleen Bailey	2003	11.17
4. Amberly Nesbitt	2006	11.18
5. La'ya Brookins	2009	11.20
6. Shayla Mahan	2008	11.31
7. Lisa Barber	2002	11.35
8. Gabrielle Glenn	2010	11.42
9. Khalilah Carpenter	2005	11.44
10. Rodena Barr	2000	11.45

200-METER DASH

1. Shalonda Solomon	2006	22.36
2. Aleen Bailey	2002	22.54
3. Natasha Hastings	2007	22.61
4. Miki Barber	2001	22.71
5. Erica Whipple	2003	22.82
6. Demetria Washington	2001	22.87
7. Lisa Barber	2002	23.01
8. Khalilah Carpenter	2005	23.32
9. Stephanie Smith	2005	23.34
10. Amberly Nesbitt	2006	23.36

400-METER DASH

1. Natasha Hastings	2007	49.84
2. Miki Barber	2001	50.63
3. Lisa Barber	2002	50.87
4. Stephanie Smith	2005	50.93
5. Demetria Washington	2001	51.23
6. Lashinda Demus	2002	51.24
7. Brandi Cross	2008	51.63
8. Tonique Williams	1998	51.99
9. Nadonna Rodrigues	2010	52.72
10. Charmaine Howell	1997	52.79

800-METER RUN

1. Charmaine Howell	1998	2:02.91
2. Shay Shelton	2005	2:06.30
3. Andrea Hallmon	1999	2:07.29
4. Kristina Brown	1999	2:07.47
5. Tracey Capper	1996	2:07.90
6. Lashinda Demus	2004	2:09.16
7. Deanna Smith	1997	2:09.35
8. Shannon Wyont	1990	2:09.39
9. Tawana Watkins	2004	2:09.68
10. Boikhutso Ramomene	2004	2:09.98

1,500-METER RUN

1. Tracey Capper	1996	4:26.36
2. Shannon Wyont	1990	4:28.46
3. Charmaine Howell	1998	4:29.35
4. Jenny Lake	2005	4:29.91
5. Ivana Skladana	1997	4:31.03
6. Tanya Povey	1998	4:31.45
7. Liz Figlar	1996	4:34.41
8. Joyce Peebles	2000	4:34.94
9. Dani Barnes	2009	4:35.10
10. Beatrice Biwott	2010	4:36.00

3,000-METER RUN

1. Tracey Capper	1994	9:43.62
2. Ivana Skladana	1997	9:45.42
3. Liz Figlar	1996	9:46.95
4. Dani Barnes	2009	9:49.64
5. Tanya Povey	1998	9:53.10
6. Sue McGhie	1993	9:54.10
7. Jenny Lake	2002	9:55.49
8. Joyce Peebles	1998	9:57.12
9. Alexis Fife	1991	9:57.70
10. Danielle Adams	1991	9:58.95

100-METER HURDLES

1. Ellakisha Williamson	2000	12.81
2. Jackie Madison	2000	12.92
3. Tiffany Ross	2005	12.99
Lashinda Demus	2004	
5. Ronnetta Alexander	2006	13.08
6. Chiquita Martin	2007	13.28
7. Kettiany Clarke	2010	13.33
8. Antoinette Wilks	2003	13.45
9. Janica Austin	2010	13.46
10. Shevon Stoddart	2005	13.50

400-METER HURDLES

1. Lashinda Demus	2004	53.43
2. Shevon Stoddart	2005	54.47
3. Tiffany Ross	2005	54.56
4. Krystal Cantey	2007	56.21
5. Tacita Bass	2001	57.31
6. Ellakisha Williamson	1999	57.32
7. Tawana Watkins	2005	57.33
8. Chiquita Martin	2006	57.78
9. Char Foster	1999	57.89
10. Janica Austin	2009	58.06

3,000-METER STEEPLECHASE

1. Beatrice Biwott	2010	10:20.14
2. Lisa McKinney	2008	11:46.99
3. Kinsey Eschenburg	2002	12:03.35
4. Jessica Smith	2006	12:04.71
5. Kesley Bristol	2009	12:20.45
6. Lauren Paige	2003	12:25.48
7. Mary Wright	2003	12:30.29
8. Caitlin McGroerty	2005	12:33.53

4x100-METER RELAY

1. Ross, Whipple, Joyce, Bailey	2003	42.83
2. Ross, Whipple, Joyce, Solomon	2005	43.00
3. Hastings, Nesbitt, Giles, Solomon	2006	43.09
4. Whipple, Washington, L. Barber, Bailey	2002	43.12
5. USC-A	2007	43.25
6. Nesbitt, Whipple, Joyce, Solomon	2005	43.40
7. Brookins, Mahan, Glenn, Jacobs	2009	43.41
8. M. Barber, L. Barber, Washington, Williamson	1999	43.44
9. Williams, Washington, M. Barber, L. Barber	2001	43.48
10. Carpenter, Whipple, Joyce, Solomon	2005	43.58
Joyce, Demus, Carpenter, Whipple	2004	

4x400-METER RELAY

1. Washington, Ross, Bass, Demus	2002	3:26.46
2. Demus, Stoddart, Watkins, Smith	2004	3:27.19
3. Stoddart, Hastings, Ross, Smith	2005	3:27.22
4. Washington, Ross, Stoddart, Demus	2002	3:28.06
5. Ross, Stoddart, Watkins, Bailey	2003	3:28.25
6. L. Barber, M. Barber, Bass, Washington	2001	3:28.34
7. Cantey, Giles, Cross, Hastings	2007	3:28.44
8. L. Barber, Washington, Williamson, M. Barber	2000	3:28.64
9. Bass, Demus, L. Barber, Washington	2002	3:29.10
10. Stoddart, Hastings, Watkins, S. Smith	2005	3:29.17

HIGH JUMP

1. Chelsea Hammond	2005	5-11 1/2
2. Julie Symonds	1994	5-8
3. Monica Bozenski	2006	5-7 1/4
4. Kayla Blake	2010	5-7
Cory Bowen	2009	
Kettiany Clarke	2006	
Antoinette Wilks	2002	
Jennifer Britz	1996	
8. Staley Foster	2009	5-6
Erin Narzinski	1998,99	
Alicia Brunger	1995	

POLE VAULT

1. Vica Shobe	2010	13-6 1/2
2. Cheryl Terrio	2006	13-5 3/4
3. Liza Todd	2009	13-1 3/4

4. Sallie Gurganus	2008,09	13-1 1/2
5. Kylene Nixon	1998	12-8 1/4
6. Allie Nicosia	2009	12-7 1/2
7. Lori Tvarunkas	2001	12-6
8. Emily Pease	2006	11-11 3/4
9. Rachel Farabee	2004	11-5 3/4
10. Jocelyn Henline	2009	11-1 3/4
CaAdrian Norman	2008,09	
Becky Studebaker	1999	

LONG JUMP

1. Chelsea Hammond	2004	21-6 3/4
2. Antoinette Wilks	2003	21-4 3/4
3. Brittney James	2008	20-9 1/4
Kemesha Whitmire	2004	
5. Erin Narzinski	1998	20-1 1/2
6. Rodena Barr	2000	19-11 1/2
7. Tasha Hughes	1994	19-9
8. Rashida Abdul-Malik	2002	19-7
9. Tacita Bass	2002	19-4 3/4
10. Dee Dee Fortman	1996	19-4

TRIPLE JUMP

1. Rodena Barr	2000	44-2
2. Kemesha Whitmire	2005	43-7
3. Rhashida Abdul-Malik	2004	42-6
4. Antoinette Wilks	2002	42-4 1/4
5. Dee Dee Fortman	1996	40-6 1/4
6. Radianca Badsen	2010	39-8
7. Reanna Townsend	2005	38-5
8. Ceci Kryst	2010	38-1 1/2
9. Jennifer Britz	1997	37-6

SHOT PUT

1. Crystal Brownlee	1997	56-8 1/2
2. Dawn Ellerbe	1997	54-9 1/2
3. Precious Akins	2006	53-0
4. Lisa Misipeka	1997	52-6 1/2
5. India Odum	2004	52-0
6. Michelle Fournier	1999	50-0 3/4
7. Leslie Coons	1994	49-4 1/4
8. Lynette Keppeler	2001	48-10 3/4
9. Stacey Roberts	2010	48-1 1/4
10. Katie Vuckovich	2010	47-2 1/4

DISCUS

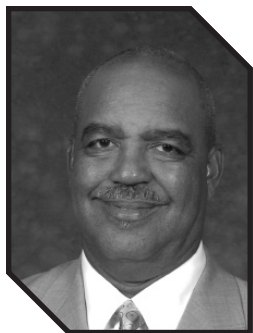
1. Precious Akins	2006	185-9
2. Dawn Ellerbe	1997	183-8
3. Lisa Misipeka	1996	171-1
4. Keri Groover	2002	168-7
5. Alana Robinson	2000	168-6
6. Michelle Fournier	1999	167-2
7. Aimee Kodat	2009	161-8
8. Leslie Coons	1994	160-10
9. India Odum	2002	154-6
10. Mamee Groves	2000	152-5

HAMMER

1. Lisa Misipeka	1998	213-3
2. Dawn Ellerbe	1997	210-2
3. Michelle Fournier	1999	206-3
4. Loren Thouvenot	1997	177-7
5. Candy Mitchell	1997	177-3
6. Precious Akins	2006	177-0
7. Aisha Grant	2002	174-1
8. Crystal Brownlee	1998	170-1
9. Lynette Keppeler	2001	170-0
10. Mamee Groves	2001	167-8

HEPTATHLON

1. Erin Narzinski	1998	5,664
2. Tacita Bass	2001	5,634
3. Chelsea Hammond	2004	5,405
4. Antoinette Wilks	2003	5,337
5. Kettiany Clarke	2010	5,258
6. Reanna Townsend	2006	4,618
7. Chelsea Kaczmarek	2006	4,466



Curtis Frye

South Carolina Head Coach

14th Season // East Carolina '74

In 14 years as head track & field and cross country coach at South Carolina, Curtis Frye has established a program that is regarded as one of the nation's elite. Frye has coached or overseen over 60 NCAA champions, 108 SEC champions and more than 415 NCAA All-Americans during his career, including 35 in 2009.

Frye currently serves as President of the United States Track & Field and Cross Country Coaches Association. In October 2008, Frye was bestowed the Order of Ikkos Medallion, presented by the United States Olympic Committee. A special order reserved for the coach of an Olympic or Paralympic medalist, Frye received the honor after coaching Jerome Singleton Jr. to a silver medal in the men's 100-meter dash at the 2008 Paralympic Games in Beijing.

Frye has coached an NCAA champion in all but one year since taking over the program in 1996, including coaching LaKya Brookins to the indoor 60-meter dash title last season. In 2008, Frye coached Jason Richardson to the 110-meter hurdles outdoor title after coaching six national champions the year before. All six national champions in 2007 were on the women's side with Natasha Hastings sweeping the 400m indoor and outdoor titles along with the mile relay team of Hastings, Krystal Cantey, Brandi Cross and Stephanie Smith. In addition, Frye has coached an SEC champion every year he has been at South Carolina.

One of the most well-respected coaches in the country, Frye brought South Carolina its first team NCAA championship in any sport when his women's team captured the 2002 NCAA Outdoor Championship crown. Frye is a three-time United States Track Coaches Association (USTCA) National Coach of the Year, taking home the 1999 and 2002 women's outdoor honors and the 1999 men's indoor honors. In taking home the men's indoor and women's outdoor coach of the year honors in 1999, he became the first person in the history of the USTCA to win the award indoors and outdoors in the same year. In 2001, he earned the prestigious Nike Coach of the Year award and was also named the 1997 USOC Track & Field Coach of the Year. Frye is also a three-time SEC Coach of the Year with the honor coinciding with his three women's outdoor conference championships in 1999, 2002 and 2005.

During his tenure at South Carolina, Frye has coached 11 SEC Athletes of the Year, the most recent being Nadonna Rodrigues, who was named the 2009 SEC Freshman Runner of the Year (indoor). He has also coached five national athletes of the year in Hastings (2007-overall), Demetria Washington (2002-indoor), Lashinda Demus (2002-overall), Terrence Trammell (2000-outdoor) and Miki Barber (2000-outdoor). Demus was acknowledged by Track and Field News while the United States Track & Field and Cross Country Coaches Association (USTFCCA) honored the other four recipients.

On the women's side, Frye's teams have placed in the top 10 nationally outdoors in all but three of his seasons at Carolina. In addition to the team title in 2002, his teams earned the silver medal in 2005 and took home the bronze in 2003 and 2006. On the men's side, Frye's team placed in the top 25 nationally indoors in all but three of his seasons.

Along with continued success on the track, Frye has produced winners in the classroom on a consistent basis. Frye's athletes have earned four USTFCCA National Scholar-Athlete of the Year honors in addition to an SEC Scholar-Athlete of the Year award. Richardson swept the indoor and outdoor national honors in 2008, following awards earned by 2006 National Indoor Scholar Athlete of the Year Shalonda Solomon and 2002 National Scholar Athlete of the Year Otukile Lekote. In 2009, the men's team was named Scholar Team of the Year.

CURTIS FRYE COACHING HIGHLIGHTS

One of USA's best coaches

- ✓ Named to USA's Olympic track and field staff for Athens 2004, serving as a USA women's assistant coach for sprints and hurdles; Saw three former athletes win gold medals
- ✓ Head coach of an NCAA champion team (2002 women's outdoor)
- ✓ Bestowed with Order of Ikkos medallion in 2008, the highest honor a track and field coach can earn in the world
- ✓ Current President of the United States Track & Field and Cross Country Coaches Association (USTFCCA)
- ✓ Head coach of three SEC Championship Teams (1999 women's outdoor, 2002 women's outdoor, 2005 women's outdoor)
- ✓ 1999 and 2002 USTCA Women's Outdoor National Coach of the Year
- ✓ 1999 USTCA Men's National Indoor Coach of the Year
- ✓ 1999, 2002 and 2005 SEC Women's Outdoor Coach of the Year
- ✓ In 2002, coached athletes who won seven NCAA titles and four gold and one silver medal at the World Junior Championships; In addition, had two named National Athletes of the Year and one named Men's National Scholar-Athlete of the Year
- ✓ 2001 Nike Coach of the Year
- ✓ 2001 Goodwill Games USA men's head coach
- ✓ 2000 USTCA Women's Outdoor Region Coach of the Year
- ✓ 1999 assistant coach for the USA at the World Track and Field Championships
- ✓ 1997 USOC Track and Field Coach of the Year
- ✓ 1980 North Carolina HS Coach of the Year
- ✓ Assistant coach for 18 ACC championship teams
- ✓ Coached 10 Olympic medalists
- ✓ Coached 25 Olympians
- ✓ Coached over 60 NCAA champions
- ✓ Coached over 415 NCAA All-Americans
- ✓ Coached over 100 SEC champions
- ✓ Coached over 75 ACC champions

In his career, Frye has coached 25 Olympians who have won 11 medals at the Olympic Games. Nine of his former student-athletes competed at the 2008 Olympic Games in Beijing, six of them as first-time Olympians. At the Games, Natasha Hastings earned a gold medal as a member of the USA 4x400m relay team. Frye served as an assistant coach for the 2004 USA Olympic women's track team with responsibilities that included working with the sprinters and the relays. He also accompanied his former athletes to the 2000 Sydney Olympics. Frye's athletes won three gold medals in 2004 by Tonique Williams-Darling (Bahamas-400m), Otis Harris (USA-4x400m relay) and Aleen Bailey (Jamaica-4x100m relay).

Hired at South Carolina on July 29, 1996, Frye came to Columbia after serving as assistant head coach at North Carolina for four years. During his tenure at UNC, he was a part of 13 ACC championship teams.

Prior to his stint with the Tar Heels, Frye was an assistant coach at Florida from 1988 to 1992. While with the Gator program, he coached three NCAA individual champions and one relay champion team. In total, 29 All-America certificates were earned while Frye was in Gainesville.

From 1984 to 1988, Frye was an assistant coach for N.C. State, aiding the Wolfpack to four conference championships. He was instrumental in leading State to 27 All-America honors, four individual NCAA second-place finishes and 37 conference champions.

Frye began his coaching career as an assistant at his alma mater, East Carolina, in 1974. He also served as head coach for the men's soccer team and was director of facilities. Frye took a break from the collegiate ranks from 1979 to 1984 when he was head track and field coach for Douglas Byrd High School in Fayetteville, N.C.

Frye and his wife, Wilma, have three children: Crystal, C.J. and Curtrell. He also has four grandchildren.

THE CURTIS FRYE FILE

Born: Oct. 20, 1951, Vass, N.C.
High School Education: Union Pine High School, Cameron, N.C.
College Education: Bachelor of Science, physical education, East Carolina, 1974
High School Athletics: Lettered in track, football and baseball
College Coaching Career:
 1974-79, Assistant Coach, East Carolina
 1984-88, Assistant Coach, N.C. State
 1988-92, Assistant Coach, Florida
 1992-96, Assistant Coach, North Carolina
 1996-Present, Head Coach, South Carolina
High School Coaching Career:
 1979-84, Douglas Byrd High School
Wife: Wilma
Children: Daughters Crystal and Curtrell; Son Curtis, II
Notable Athletes Coached: Aleen Bailey, Miki Barber, Lashinda Demus, Leroy Dixon, Otis Harris, Natasha Hastings, Mechelle Lewis, Rodney Martin, Jason Richardson, Shalonda Solomon, Terrence Trammell, Tonique Williams-Darling



The Frye Family: C.J., Crystal, Wilma, Curtrell, Curtis and and grandchildren.

NCAA FINISHES UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	7th	T-40th	4th	7th
1998	T-7th	T-11th	T-11th	7th
1999	4th	T-6th	T-18th	7th
2000	T-8th	T-11th	2nd	T-6th
2001	T-16th	T-19th	2nd	4th
2002	6th	6th	4th	1st
2003	4th	10th	T-2nd	3rd
2004	14th	T-31st	T-10th	T-7th
2005	9th	T-26th	5th	T-2nd
2006	T-33rd	T-30th	T-10th	3rd
2007	25th	34th	T-10th	12th
2008	30th	18th	T-53rd	22nd
2009	T-20th	6th	T-12th	40th
2010	8th	N/A	19th	N/A

SEC FINISHES UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	4th	5th	4th	3rd
1998	4th	5th	4th	2nd
1999	2nd	6th	3rd	1st
2000	8th	8th	3rd	2nd
2001	T-7th	8th	3rd	3rd
2002	9th	7th	4th	1st
2003	3rd	T-6th	2nd	4th
2004	7th	10th	5th	4th
2005	7th	9th	5th	1st
2006	5th	5th	T-3rd	3rd
2007	10th	8th	5th	5th
2008	7th	7th	9th	8th
2009	T-4th	4th	5th	8th
2010	4th	3rd	7th	8th

MEN'S NCAA CHAMPIONS UNDER FRYE

Clint Crenshaw (1)
1999 4x100m (O)

Jonathan Fortenberry (1)
2002 4x400m (O)

Otis Harris (1)
2002 4x400m (O)

Otukile Lekote (4)
2001 800m (O)
2002 800m (I)
2002 800m (O)
2002 4x400m (O)

James Law (1)
2002 4x400m (O)

Shah Mays (1)
1999 4x100m (O)

Jamie Price (1)
1999 4x100m (O)

Jason Richardson (1)
2008 110mH (O)

Brad Snyder (3)
1998 Shot Put (I)
1999 Shot Put (O)
1999 Shot Put (I)

Terrence Trammell (6)
1999 60mH (I)
1999 110mH (O)
1999 4x100m (O)
2000 60m (I)
2000 60mH (I)
2000 110mH (O)

WOMEN'S NCAA CHAMPIONS UNDER FRYE

Aleen Bailey (3)
2002 4x100m (O)
2003 100m (O)
2003 200m (O)

Lisa Barber (1)
2000 4x400m (O)

Miki Barber (5)
2000 200m (I)
2000 400m (O)
2000 4x400m (O)
2001 4x400m (I)
2002 4x100m (O)

Tacita Bass (3)
2001 4x400m (I)
2002 4x400m (I)
2002 4x400m (O)

LaKya Brookins (1)
2009 60m (I)

Krystal Cantey (1)
2007 4x400m (I)

Brandi Cross (1)
2007 4x400m (I)

Lashinda Demus (4)
2002 400mH (O)
2002 4x400m (I)
2002 4x400m (O)
2003 400m (I)

Dawn Ellerbe (2)
1997 Hammer (O)
1997 20lb Weight (I)

Sheneka Griffin (1)
2001 4x400m (I)

Natasha Hastings (3)
2007 4x400m (I)
2007 400m (I)
2007 400m (O)

Lisa Misipeka (2)
1998 Hammer (O)
1998 20lb Weight (I)

Amberly Nesbitt (1)
2006 100m (O)

Tiffany Ross-Williams (2)
2002 4x400m (O)
2005 4x400m (I)

Stephanie Smith (2)
2005 4x400m (I)
2007 4x400m (I)

Shalonda Solomon (3)
2005 4x400m (I)
2006 200m (I)
2006 200m (O)

Shevon Stoddart (2)
2002 4x400m (I)
2005 4x400m (I)

Demetria Washington (6)
2000 4x400m (O)
2001 400m (I)
2001 4x400m (I)
2002 4x100m (O)
2002 4x400m (I)
2002 4x400m (O)

Erica Whipple (1)
2002 4x100m (O)

Ellakisha Williamson (1)
2000 4x400m (O)

ALL-AMERICANS UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	5	5	5	6
1998	4	6	3	7
1999	5	6	5	5
2000	1	4	5	7
2001	4	5	5	6
2002	6	8	7	9
2003	6	6	7	8
2004	3	1	7	8
2005	2	3	8	8
2006	2	3	7	8
2007	5	7	5	5
2008	1	6	5	5
2009	6	14	6	9
2010	5	N/A	6	N/A

SEC CHAMPIONS UNDER FRYE

Year	MEN		WOMEN	
	Indoor	Outdoor	Indoor	Outdoor
1997	3	2	1	3
1998	3	2	2	4
1999	3	2	2	6
2000	1	1	1	4
2001	1	2	6	6
2002	1	4	4	6
2003	4	4	4	2
2004	—	—	—	1
2005	—	—	—	9
2006	—	—	1	4
2007	—	—	1	3
2008	1	1	—	—
2009	1	4	1	—
2010	1	2	2	1

HEAD COACH CURTIS FRYE

