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SOUTH CAROLINA SWIMMING & DIVING 2008-09

QUICK FACTS

Location.....	Columbia, S.C.
Founded.....	1801
Enrollment.....	27,390
Colors.....	Garnet (PMS 202) & Black
Nickname.....	Gamecocks
Affiliation.....	NCAA Division I
Conference.....	Southeastern
President.....	Dr. Harris Pastides
Athletics Director.....	Eric Hyman
Executive Associate AD.....	Kevin O'Connell
Senior Associate AD/SWA.....	Val Sheley
Faculty Athletics Representative.....	Dr. William Bearden
Swimming Facility.....	Carolina Natatorium in Sol Blatt PE Center (1,200)

COACHING STAFF

Head Swimming Coach.....	McGee Moody (2nd Year) East Carolina, 1998
Head Diving Coach.....	Todd Sherritt (16th Year) Cincinnati, 1982
Assistant Swimming Coaches.....	Jason Memont, Abby Steketee, Steve Steketee
Assistant Diving Coach.....	Allison Brennan

TEAM INFORMATION

2007-08 Men's Overall Record.....	2-8
SEC Men's Dual Meet Record.....	0-5
Conference Finish.....	8th
NCAA Finish.....	N/A
Returners (Swimming).....	14 Andrew Atzhorn, Kyle Cormier, Keith Dawley, Christian Kata Joshua Klotz, Ryan Langley, Dominique Lendjel, Steven Luckie Nicholas Olson, Brett Sexton, Gray Tedder, Trey Tarpe Nicholas Walkotten, Todd Weyandt
Returners (Diving).....	1 Corry Christian
Newcomers (Swimming).....	10 Isaac Badillo, Ryan Connolly, James Crawford, Nathan Figg Rory Grigull, Ham Hollett, Armin Hornikel, Dan Jackson Chris Kelly, David Livsey
Newcomers (Diving).....	2 Ryan Kuser, Jacob Sims
2007-08 Women's Overall Record.....	4-6
SEC Women's Dual Meet Record.....	1-4
Conference Finish.....	9th
NCAA Finish.....	32nd
Returners (Swimming).....	16 Sherah Aiken, Shaylyn Blake, Courtney Callahan, Meg D'Urso Kristina Delp, Amanda Dunnigan, Bridget Halligan Stephanie Hellenga, Kelly Kirchler, Kassy Kugler Meridith McKee, Shantelle McLean, Kelly Saurman Megan Sparks, Claire Thompson, Christine Thompson
Returners (Diving).....	3 Allison Barr, Morgan Ricke, Taryn Zack
Newcomers (Swimming).....	6 Aileen Atzhorn, Sarah Bartlett, Mallory Cage Lydia Hackert, Alyssa Hand, Lindsey Olson
Newcomers (Diving).....	3 Helen Alvey, Sarah Deuell, Ali Lane

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SOUTH CAROLINA SWIMMING & DIVING 2008-09

2008-09 MEN'S ROSTER

NAME	HEIGHT	EVENT	YEAR	HOMETOWN (PREVIOUS SCHOOL)
Andrew Atzhorn	6-1	IM/Backstroke	Jr.	Gulf Breeze, Fla. (Gulf Breeze)
Isaac Badillo	6-0	Freestyle/Backstroke/Butterfly	Fr.	Columbia, S.C. (Ridge View)
Corry Christian	5-7	Diving	Sr.	Jacksonville, Fla. (Olympia)
Ryan Connolly	6-0	Breaststroke/IM	Fr.	Zionsville, Ind. (Zionsville Community)
Kyle Cormier	6-2	Freestyle/IM	Sr. (RS)	Pensacola Beach, Fla. (Gulf Breeze)
James Crawford	5-9	Freestyle/Backstroke/Butterfly/IM	Fr.	High Wycombe, England (John Hampelen Grammar Sch.)
Keith Dawley	5-10	Butterfly	Jr. (RS)	Allen, Texas (Indiana)
Nathan Figg	5-11	Butterfly	Fr.	Summerville, S.C. (Summerville)
Rory Grigull	6-2	Sprint Freestyle	Fr.	Coral Springs, Fla. (Marjory Stoneman Douglas)
Hamilton Hollett	6-2	Backstroke	Fr.	Charlotte, N.C. (Charlotte Catholic)
Armin Hornikel	6-3	Breaststroke/IM	Fr.	Boeblingen, Germany (Stratford [S.C.])
Dan Jackson	5-11	Freestyle	Fr.	Austin, Texas (A.N. McCallum)
Christian Kata	6-2	Freestyle/IM	Sr.	Martinez, Ga. (Evans)
Christopher Kelly	5-10	Butterfly/Backstroke/IM	Fr.	Morristown, Tenn. (Morristown West)
Joshua Klotz	6-3	Freestyle	Jr.	Bethesda, Md. (Whitman)
Ryan Kuser	5-8	Diving	Fr.	Sinking Spring, Pa. (Wilson)
Ryan Langley	6-0	Freestyle	So.	Herndon, Va. (Herndon)
Dominique Lendjel	6-1	IM/Backstroke	Jr.	Sindelfingen, Germany (Gottlieb-Daimler-Schule)
David Livsey	6-3	Freestyle/Butterfly	Fr.	Norfolk, Va. (Indiana University HS)
Steven Luckie	5-11	Freestyle/Butterfly	Sr.	Columbia, S.C. (Spring Valley)
Nicholas Olson	6-0	Freestyle	Sr.	Charleston, S.C. (Academic Magnet)
Brett Sexton	6-2	Freestyle	So.	Winston-Salem, N.C. (R.J. Reynolds)
Jacob Sims	5-8	Diving	Fr.	Louisville, Ky. (Trinity)
Graydon Tedder	6-3	Freestyle/Butterfly/IM	Fr. (RS)	Shelby, N.C. (Shelby)
Trey Tharpe	6-0	Freestyle/Backstroke	Jr.	Dalton, Ga. (Dalton)
Nicholas Walkotten	6-1	Butterfly/Backstroke	Sr. (RS)	Hudsonville, Mich. (Indiana)
Todd Weyandt	5-11	Freestyle	Sr.	Duluth, Ga. (Duluth)

2008-09 WOMEN'S ROSTER

NAME	HEIGHT	EVENT	YEAR	HOMETOWN (PREVIOUS SCHOOL)
Sherah Aiken	5-9	Freestyle	Sr.	Ocala, Fla. (Westport)
Helen Alvey	5-7	Diving	Fr.	Alpharetta, Ga. (The Walker School)
Aileen Atzhorn	5-4	Breaststroke/IM	Fr.	Gulf Breeze, Fla. (Gulf Breeze)
Allison Barr	5-3	Diving	So.	Orlando, Fla. (The First Academy)
Sarah Bartlett	5-3	Backstroke	Fr.	Fort Mill, S.C. (Fort Mill HS)
Shaylyn Blake	5-6	Freestyle/Butterfly	So.	Davidson, N.C. (North Mecklenburg)
Mallory Cage	6-0	Breaststroke	Fr.	Waxhaw, N.C. (Weddington)
Courtney Callahan	5-7	Backstroke	Jr.	Pittsburgh, Pa. (Upper St. Clair)
Megan D'Urso	5-4	Breaststroke/IM	So.	Suwanee, Ga. (North Gwinnett)
Kristina Delp	5-5	Sprint Freestyle	Jr.	Baldwin, Md. (Perry Hall)
Sarah Deuell	5-3	Diving	Fr.	Irmo, S.C. (Dutch Fork)
Amanda Dunnigan	5-5	Breaststroke/IM	Sr.	Bel Air, Md. (C. Milton Wright)
Lydia Hackert	5-8	Breaststroke	Fr.	Centerville, Ohio (Centerville)
Bridget Halligan	5-9	Freestyle	So.	Paoli, Penn. (Villa Maria Academy)
Alyssa Hand	5-2	Breaststroke/IM	Fr.	Hockessin, Del. (Saint Mark's)
Stephanie Hellenga	5-10	Freestyle	So.	LaPorte, Ind. (LaPorte)
Kelly Kirchler	5-7	Butterfly	Jr.	Auburn, Ala. (Auburn HS)
Kassy Kugler	5-6	Freestyle	Sr.	Brookeville, Md. (Sherwood HS)
Ali Lane	5-5	Diving	Fr.	Lexington, S.C.
Meridith McKee	5-8	Backstroke	Jr.	Wayne, Pa. (Upper Merion)
Sharmelle McLean	5-10	Freestyle/Butterfly	Jr. (RS)	Morvant, Trinidad (SE Port-of-Spain Govt. Secondary)
Lindsey Olson	5-8	Freestyle/Butterfly/IM	Fr.	Charleston, S.C. (First Baptist Church School)
Morgan Ricke	5-11	Diving	Jr.	New Albany, Ind. (New Albany)
Kelly Saurman	5-5	Backstroke	Jr.	Abington, Pa. (Abington)
Megan Sparks	5-3	Backstroke	So.	Carmel, Ind. (Carmel)
Christine Thompson	5-8	Freestyle/IM	So.	Largo, Fla. (Admiral Farragut Academy)
Claire Thompson	5-8	Freestyle/Butterfly	So.	Largo, Fla. (Admiral Farragut Academy)
Taryn Zack	5-8	Diving	So.	Stony Plain, Alberta, Canada (Vimy Ridge Academy)

Head Swimming Coach: McGee Moody (2nd Season) • **Head Diving Coach:** Todd Sherritt (16th Season)

Assistant Coaches: Jason Memont, Abby Steketee, Steve Steketee, Allison Brennan

SOUTH CAROLINA SWIMMING & DIVING 2008-09

MEN'S NCAA DIVISION I QUALIFYING STANDARDS

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Freestyle	:19.35	:20.02	:21.60	:22.25	:22.51	:23.29
100 Freestyle	:42.26	:43.73	:47.17	:48.58	:48.97	:50.68
200 Freestyle	1:33.61	1:36.88	1:44.48	1:47.61	1:48.22	1:52.01
500 Freestyle	4:15.68	4:24.62	3:43.70	3:50.41	3:51.39	3:59.48
1,650 Freestyle	14:51.15	15:22.34	14:48.49	15:15.14	15:23.48	15:55.80
100 Butterfly	:46.04	:47.65	:51.39	:52.93	:53.05	:54.90
200 Butterfly	1:42.95	1:46.55	1:54.90	1:58.34	1:58.88	2:03.04
100 Backstroke	:46.69	:48.32	:52:11	:53.68	:55.92	:57.88
200 Backstroke	1:41.53	1:45.08	1:53.32	1:56.71	1:59.59	2:03.78
100 Breaststroke	:52.87	:54.72	:59.01	1:00.78	1:01.77	1:03.93
200 Breaststroke	1:54.25	1:58.24	2:07.52	2:11.33	2:13.16	2:17.82
200 Individual Medley	1:44.13	1:47.77	1:56.22	1:59.70	2:01.51	2:05.76
400 Individual Medley	3:44.88	3:52.75	4:10.99	4:18.51	4:19.98	4:29.08
200 Freestyle Relay	1:17.69	1:20.40	1:26.71	1:29.31	1:30.34	1:33.49
400 Freestyle Relay	2:52.47	2:58.50	3:12.49	3:18.26	3:19.85	3:26.84
800 Freestyle Relay	6:23.26	6:36.67	7:07.75	7:20.58	7:22.06	7:37.53
200 Medley Relay	1:25.66	1:28.65	1:35.61	1:38.47	1:39.84	1:43.33
400 Medley Relay	3:08.22	3:14.80	3:30.07	3:36.37	3:39.89	3:47.58

1-Meter Diving Points—Dual 290/300***

3-Meter Diving Points—Dual 310/320***

Platform Diving Points—Dual 290/300***

***qualifying point total when using six optional dives with standard D.D.

WOMEN'S NCAA DIVISION I QUALIFYING STANDARDS

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Freestyle	:21.93	:22.80	:24.48	:25.45	:25.18	:26.18
100 Freestyle	:47.84	:49.75	:53.40	:55.53	:54.74	:56.93
200 Freestyle	1:44.02	1:48.18	1:56.10	2:00.74	1:59.02	2:03.78
500 Freestyle	4:38.46	4:49.59	4:03.63	4:13.36	4:10.42	4:20.43
1,650 Freestyle	15:53.38	16:31.51	15:50.53	16:28.55	16:17.83	16:56.94
100 Butterfly	:52.02	:54.10	:58.06	1:00.39	:59.32	1:01.69
200 Butterfly	1:54.95	1:59.54	2:08.30	2:13.42	2:10.48	2:15.69
100 Backstroke	:53.01	:55.13	:59.17	1:01.53	1:02.15	1:04.64
200 Backstroke	1:53.67	1:57.90	2:06.53	2:11.59	2:12.29	2:17.58
100 Breaststroke	:59.99	1:02.38	1:06.96	1:09.63	1:08.96	1:11.71
200 Breaststroke	2:10.32	2:15.53	2:25.45	2:31.27	2:28.43	2:34.37
200 Individual Medley	1:56.13	2:00.77	2:09.61	2:14.79	2:13.95	2:19.30
400 Individual Medley	4:07.33	4:17.22	4:36.04	4:47.08	4:42.35	4:53.64
200 Freestyle Relay	1:28.35	1:31.88	1:38.61	1:42.55	1:41.44	1:45.49
400 Freestyle Relay	3:14.93	3:22.72	3:37.56	3:46.26	3:43.04	3:51.95
800 Freestyle Relay	7:02.07	7:18.95	7:51.07	8:09.91	8:02.92	8:22.24
200 Medley Relay	1:37.81	1:41.72	1:49.17	1:53.53	1:52.56	1:57.06
400 Medley Relay	3:32.56	3:41.06	3:57.24	4:06.72	4:03.21	4:12.94

1-Meter Diving Points—Dual 255/265***

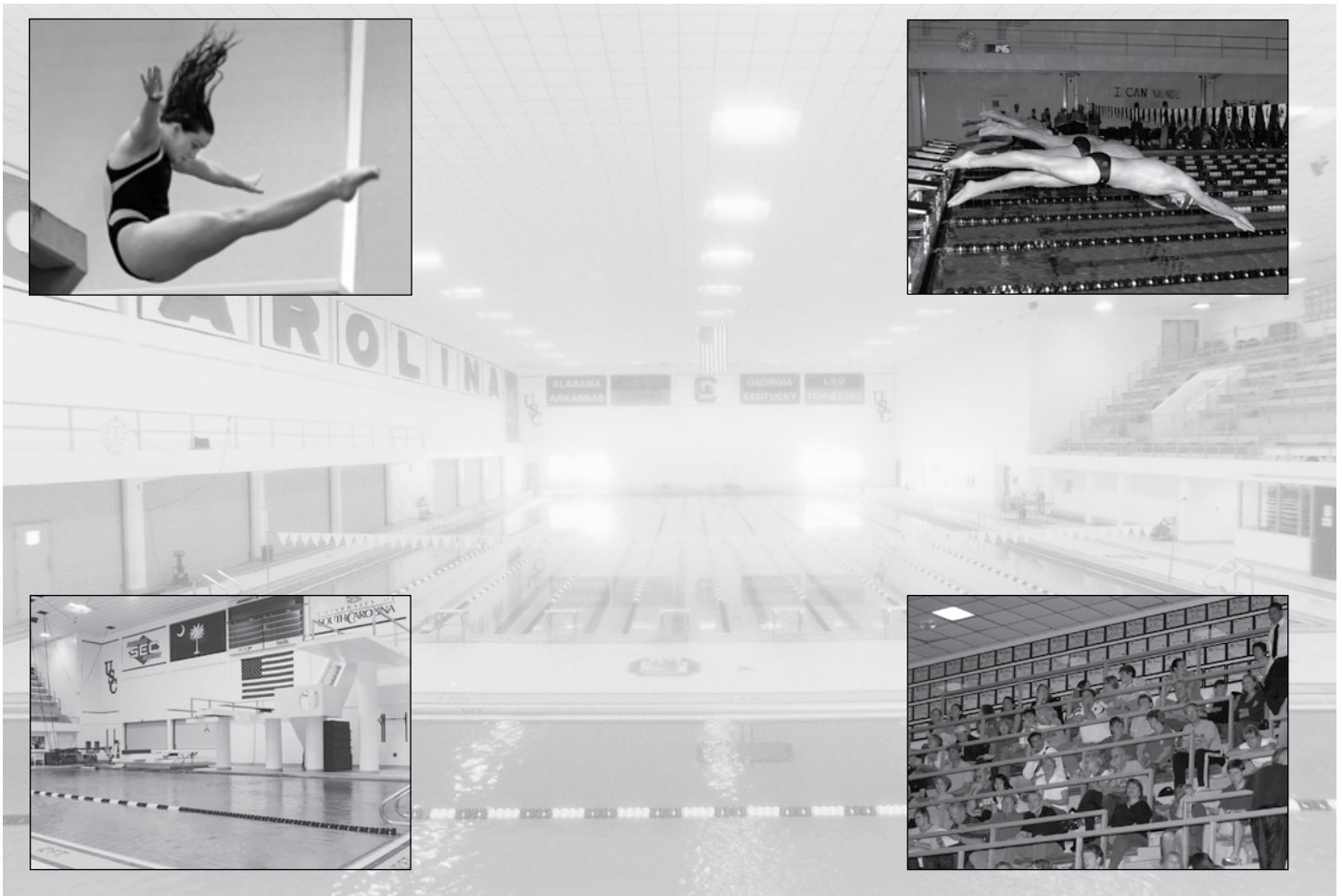
3-Meter Diving Points—Dual 270/280***

Platform Diving Points—Dual 260/225###

***qualifying point total when using six optional dives with standard D.D.

###qualifying point total when using five optional dives with standard D.D.

CAROLINA NATATORIUM



Housed in South Carolina's spacious Sol Blatt Physical Education Center, the Carolina Natatorium is equipped with some of the most modern swimming components.

Extending 50 meters in length and 25 yards in width, the pool meets all structural requirements for SEC and NCAA competition. One of the more convenient aspects of the pool is its ability to transform from an Olympic size pool to a recreational training facility. A moveable bulkhead allows the length of the pool to be set at 25 yards, 25 meters or 50 meters to allow the Gamecocks to train for various meets.

The Natatorium is also home to a quality diving venue. Featuring two one-meter and two three-meter boards and a five-meter diving platform, the natatorium's diving area presents student-athletes with a first-rate training and meet facility. The diving area is 25 yards by 35 feet with depth slopes of 12-14 feet.

Remodeled in January, 2000, the Natatorium received a fresher look that included new coaches offices, banners of every SEC team, and a new "Wall of Fame" which sits in the spectator seating area. The Wall of Fame includes plaques of every Gamecock All-American in school history.

The Natatorium can also become a semi-open air facility. Featuring 12 solid electronic moveable doors throughout the natatorium, the doors allow Gamecock swimmers the opportunity to practice under simulated natural conditions. The doors also open to a beautiful sun deck that allows athletes to take full advantage of the warm, South Carolina sunshine. Carolina's swimming facility also features a state of the art timing mechanism, the Colorado Timing system. It has an 8-lane readout for spectators and swimmers. The seating features 800 permanent seats with moveable seating to accommodate up to 400 more spectators.

The site of the 1995 SEC Championship, the Natatorium also served as a training site for the 1996 Russian Olympic Team several times, including June of 1996 immediately prior to the Atlanta Olympics. The Natatorium was the site of the men's USA-Russia Dual Meet, nationally televised, in April 1995. The New Zealand team also came to USC prior to the Olympics for a meet. The facility is also used as the host site of state championship events.

SOUTH CAROLINA SWIMMING & DIVING 2008-09



Head Swimming Coach **McGEE MOODY**

McGee Moody begins his second season as head swim coach at South Carolina. In just one season at the helm, Moody has overseen a successful transition as Carolina sent three swimmers to the NCAA Championships. Nicholas Walkotten and Dominique Lendjel represented the Gamecock men while Christy Williams swam for the women.

Aside from NCAA competition, Moody saw even more success as nine Gamecock swimmers competed in the Olympic Trials. One swimmer, sophomore Sharntelle McLean, represented her home country of Trinidad & Tobago in the 2008 Summer Olympics in Beijing. In addition, senior Nicholas Walkotten competed at the Short Course World Championships.

Prior to taking over at South Carolina, Moody spent three years at William & Mary, where his teams achieved 559 life-time best swims, 301 all-time Tribe top-10 performances, 46 school records and 18 gold medals at the Colonial Athletic Association Championships. The Tribe swimming program also excelled academically. The women received Academic All-America honors in each semester under Moody's tutelage.

In 2007, Moody earned the conference's Coach of the Year honor after leading his women's team (8-4, 6-2 CAA) to the first Colonial Athletic Association Championship in the program's 80-year history with a record-tying 12 gold medals. In doing so, the squad swept the conference awards by winning Performer of the Meet, Swimmer of the Year and Rookie of the Year. The men's program finished with a winning record (6-3-1, 5-2-1 CAA) for the first time since 1998-99, and finished fourth at the conference meet behind a pair of runner-up performances and a host of bronze medals.

In 2005-06, the Tribe women's team improved upon its fourth-place conference finish in 2005 by taking second, passing George Mason on the final day of the CAA Championships. During the season, the women were even more impressive, posting a 10-4 ledger (8-1 CAA), to set the school record for conference wins in a season. In the conference, their only blemish was against eventual champion UNC Wilmington. The men also experienced improvement, achieving five dual-meet wins for the first time since 1999 and posting a .500 mark (4-4) in the conference. They also improved on their result at the conference championship, riding a bevy of personal records in the last two days to a fifth-place finish.

WOMEN'S ANNUAL REVIEW

Year (School)	W-L	Conf. W-L	Conf. Finish
2004-05 (W&M)	6-5	5-3	4th
2005-06 (W&M)	10-4	8-1	2nd
2006-07 (W&M)	8-4	6-2	1st
2007-08 (USC)	4-6	1-4	9th
Totals	28-19	20-11	

MEN'S ANNUAL REVIEW

Year (School)	W-L	Conf. W-L	Conf. Finish
2004-05 (W&M)	3-7	3-5	6th
2005-06 (W&M)	5-7	4-4	5th
2006-07 (W&M)	6-3-1	5-2-1	4th
2007-08 (USC)	2-8	0-5	8th
Totals	16-25-1	12-16-1	



The Moody Family: Monica, Lily, Olivia, Sydney and McGee

Moody came to the College after spending four seasons as an assistant men's swimming coach at the United States Naval Academy. During his tenure at Navy, Moody coached the Midshipmen's first NCAA automatic qualifier since 1996 in addition to guiding numerous NCAA, Senior National and Olympic Trial qualifiers. His 200 and 400 freestyle relay teams finished the season ranked in the top 25 of the world. Moody also made an impact in the Navy record book, with his athletes setting all of the top-10 fastest times in school history in both the 50 and 100 freestyles. Building his athletes into academic success stories as well, Navy's men's swimming team was awarded Academic All-America honors all three seasons from 2001-2004 under Moody's direction.

Moody got his coaching start at his alma mater, East Carolina University. He was the top assistant swim coach for both men and women for the Pirates from 1996-2000. While working in nearly every facet of the program at East Carolina, Moody coached over 25 varsity record holders.

A 1998 graduate of East Carolina, Moody swam on the Pirates' varsity squad for four seasons, setting several freshman records and captaining the team his junior and senior years. Moody was also an Olympic Trials qualifier in the 200 freestyle in 1992.

Moody, who earned both a bachelor's degree in psychology and master's in sports administration from ECU, is an active professional in the swimming community. A member of both the American Swimming Coaches Association and the College Swimming Coaches Association of America, he has served as the chair of the latter's Media Relations Committee since 2001. He and his wife, Monica, have four daughters: Sydney (8), Olivia (5), Lily (2) and newborn Whitney.

THE MOODY FILE

Hometown: Albertville, Ala.

College Career: East Carolina (1998)

Coaching Career: East Carolina (1996-2000), United States Naval Academy (2001-04), William and Mary (2005-07), South Carolina (2007-Present)



Head Diving Coach **TODD SHERRITT**

1999 SEC Diving Coach of the Year
1997 USOC Developmental Diving Coach of the Year
10-Time World Team Coach
One NCAA Champion
34 NCAA All-Americans
Three Olympians
15 U.S. Diving National Champions
Eight SEC Champions

Success and Todd Sherritt go hand in hand. In his 16th season as the head diving coach for South Carolina, Sherritt continues to set new standards for Gamecock diving and has established the program as one of the best in the country.

One of the most influential diving coaches in the country, Sherritt has coached 34 NCAA All-Americans, 15 U.S. Diving National Champions, three Olympians, eight SEC Champions and one NCAA Champion. In 1999, he was named SEC Diving Coach of the Year and, in 1997, he was named USOC Developmental Diving Coach of the Year. Sherritt is also an 10-time World Team Coach for Team USA, including during 2007.

Sherritt has continued to produce greats in the Garnet and Black, most recently Taryn Zack, who earned the 34th All-America honor for South Carolina's prestigious diving program in 2008. As a freshman, Zack finished eighth at the NCAA Championships in the three-meter event to earn her initial All-America certificate. In addition, an 11th-place finish in the one-meter event at the NCAA Championships earned her a nod for Honorable Mention All-American.

Recently under Sherritt's guidance, former Gamecock All-American Allison Brennan finished sixth in the world at the World Championships held in Australia in 2007. She also won the 3-meter title at the 2006 U.S. National Championships and placed seventh at the 2006 World Cup in Chengshu, China that same year. Brennan joins Sherritt this year as an assistant coach after a third-place finish at the 2008 Olympic Trials. Brennan was the 2004 NCAA Champion on the one-meter board, the first individual national champion for the South Carolina swimming and diving program. She also was the 2006 SEC Champion on the one-meter and three-meter boards, and set the school record on the three-meter.

The 2003-04 season was a stellar year for Gamecock diving as USC took four divers to the NCAA Championships, and in addition to Brennan, Andy Bradley recorded his second consecutive national runner-up performance on the one-meter board at the NCAA Championships. In 2003, Bradley was the runner-up at the U.S. Championships as well. Internationally, Tracey Richardson found success as she earned a spot at the 2004 Olympics on the Great Britain National Team and competed on the three-meter board. Brennan and Bradley qualified for the U.S. Olympic Trials. Other standouts included All-Americans Lauren King (2003-05) and Holly Hodges (2001-05).

Sherritt's international coaching stints include serving as the head coach for Team USA in the 2000 FINA World Grand Prix in Rodstock, Germany. In 1999, he was selected as the World Cup coach for the United States in Wellington, New Zealand, and he was a World University coach for the U.S. in Mallarco, Spain in July of the same year. Most recently, he served as the team leader for Team USA at the China Open in 2008.

In 1998-99, Sherritt helped lead one of South Carolina's most decorated divers, Michelle Davison, to new heights. Davison won two SEC titles and was named SEC Diver of the Year, en route to finishing fourth and fifth on the one- and three-meter boards respectively at the NCAA Championships. That year, Sherritt was named SEC Women's Diving Coach of the Year.

Sherritt's first Olympic opportunity came in 1995 with Gamecock standout Vivian Alberty. The 1995 one-meter SEC Champion finished her career at USC as a four-time All-American and in 1996 competed for Puerto Rico at the Olympics in Atlanta.

In addition to athletics, Sherritt's divers have excelled outside of the pool as well. Holly Hodges was a recipient of the SEC Community Service Post-Graduate Scholarship in 2004-05. Cheryl Lemon was named USC's Female Student Athlete of the Year in 2000, while Chad Sheldon and Lemon were named to the SEC Honor Roll in 1998. Brandon Hulko was named USC Male Student-Athlete of the Year in 2002. In all, Sherritt has had 31 divers named to the SEC Honor Roll.

A native of Cincinnati, Ohio, Sherritt founded South Carolina Divers in 1982, a University of South Carolina based age group diving team. Sherritt, 45, received a B.S. degree in physical education from the University of Cincinnati in 1982.

Sherritt has two daughters, 18-year-old Amber and newborn Hannah. His wife's name is Kara.

THE SHERRITT FILE

Hometown: Cincinnati, Ohio

College Career: Illinois, 1978; Cincinnati, 1979-82

Coaching Career: South Carolina, 1993-present; Founder and coach of South Carolina Divers, 1982-present.



Amber, Todd, wife Kara and their dog Tinkerbell

SOUTH CAROLINA SWIMMING & DIVING 2008-09



Assistant Coach
JASON MEMONT

Jason Memont begins his second season as an assistant coach at South Carolina. He joined the Gamecock coaching staff in September of 2007 after spending the previous three seasons in the same capacity at William and Mary alongside head coach McGee Moody.

During his time with the Tribe, Memont helped produce eight Colonial Athletic Association champions, 80 school top-10 times, 10 school records, and 293 lifetime-best swims. The 2005-06 women's swimming team set school records for wins in a season, conference wins in a season, conference winning percentage, and highest place at the CAA meet; the men's team posted the most wins in the past seven years.

The primary coach for the distance swimmers, Memont was directly responsible for many of the top performances during his time at William and Mary. Memont also proved himself as a dedicated coach and recruiter for the Tribe. As head recruiter, he oversaw the two fastest classes in William and Mary history. The '09 and '10 classes accounted for 72% of the teams points at CAA Championships.

Memont joined the Tribe after spending the previous two-and-a-half years as head coach of the YMCA North Shore swim team in Ipswich, Mass. Overseeing all swimmers age five-18, 20 of his swimmers went on to Division I programs under his guidance. He also coached five YMCA qualifiers during his tenure.

An accomplished collegiate swimmer at Rochester Institute of Technology from 1996-2001, Memont won the Empire 8 conference title in the 200 breaststroke his senior season. He also counted two third-place finishes at conferences among his accomplishments, in the 200 IM as a junior and in the 100 breast as a senior. He raced to NCAA provisional marks in the 200 IM and 400 IM and holds five school records (200 IM and all four relays). Named varsity captain in 1999 and 2001, Memont also served as an assistant coach in his final two seasons, helping three national qualifiers. He was also a five-year member and assistant coach of RIT's nationally ranked club water polo team and made the Dean's List four times during his collegiate career.

Memont, who holds a B.S. in information technology from RIT, spent three years as a high school technology teacher at Haverhill High School in Haverhill, Mass. While there, he also served as the men's varsity tennis coach for two seasons.

THE MEMONT FILE

Hometown: Groveland, Mass.

College Career: Rochester Institute of Technology ('01); Empire 8 Conference Champion - 200 breaststroke; Two-year captain; Also served as an assistant coach

Coaching Career: William and Mary (2005-07), South Carolina (2007-Present)



Assistant Coach
ALLISON BRENNAN

South Carolina swimming and diving welcomed one of its most celebrated athletes back into the fold with the hiring of Allison Brennan as assistant coach. Brennan, who competed for the Gamecocks from 2001-2006, will assist Todd Sherritt in coaching the Gamecock diving team.

Brennan won the first and only NCAA Championship by a South Carolina individual as she captured the 2004 NCAA crown in the one-meter event. A South Carolina Hall-of-Famer, she earned four All-America certificates in her Carolina career, which ranks her among the university's most decorated athletes.

Most recently, Brennan finished third at the 2008 Olympic Trials and was an alternate for the United States Olympic Team for the 2008 Olympic Games in Beijing. A force at the national and international level, she finished fourth at the U.S. Diving Grand Prix in the three-meter event, third at U.S. Nationals in three-meter, and sixth at the 2007 World Championships in the one-meter. She has also recorded several other top finishes internationally, including top 10 efforts at the China Grand Prix and the Rome Grand Prix.

An experimental psychology graduate from Huntington Beach, Calif., Brennan was named the University of South Carolina Female Athlete of the Year in 2006 after capturing runner-up honors at the NCAA Championships in the one-meter competition. She was also named SEC Diver of the Year that season after winning the conference title in both the one- and three-meter events.

The 2004 season was a banner year for Brennan. Not only did she capture South Carolina's first NCAA Championship in the sport, she also won the U.S. Diving National Championship in the three-meter competition. She was a finalist at the SEC Championships each year from 2002-2004.

Prior to her time at South Carolina, she was a high school All-American at Edison High School in California where she won two straight California Interscholastic Federation championships.

Brennan has coached alongside another Gamecock All-American, Brandon Hulko, for the South Carolina Divers club team for the last two years. She also served as a volunteer coach for her high school team after graduation.

THE BRENNAN FILE

Hometown: Huntington Beach, Calif.

College Career: University of South Carolina (2001-06); NCAA Champion in 1-meter diving in 2004; Four-time All-American; Two-time SEC Champion; SEC Diver of the Year (2006), USC Hall of Fame

Coaching Career: South Carolina Divers (2006-present); South Carolina (2008-present)

SOUTH CAROLINA SWIMMING & DIVING 2008-09



Assistant Coach
STEVE STEKETEE



Assistant Coach
ABBY STEKETEE

Steve Steketeer is in his second season as an assistant coach at South Carolina. He was hired in September of 2007 after spending the previous three seasons in the same capacity at West Virginia University. Steve is primarily responsible for coaching the freestyle sprinters.

In 2007, the WVU men's swimming and diving team was ranked as high as 17th in the CSCAA Dual Meet Poll and finished 20th at the NCAA Championships. During his time at WVU, Steketeer helped guide nine swimmers to numerous All-American awards.

Before coaching at WVU, Steketeer spent one season at the University of Denver where his responsibilities included workout design and implementation, stroke analysis, recruiting, and organizing the inaugural swim camp.

Steketeer graduated from Northwestern University in 2001 with a B.A. in political science and philosophy. Swimming for the Wildcats, Steketeer was a Big Ten champion and All-American Honorable Mention in the 200 freestyle. He was also a three-year captain and 2000 Olympic Trials qualifier. He is married to the former Abby Meadema, also an assistant coach for the Gamecocks.

Abby Steketeer begins her first season as assistant coach for the University of South Carolina. Steketeer previously served as a volunteer coach with the Carolina men's and women's swimming squad, assisting with pool and dryland workouts and helping coordinate academic services for student-athletes.

Before coming to Carolina, she was a graduate assistant at West Virginia University. Aside from assisting with workouts, she served as academic counselor for student-athletes and assisted with administrative duties, which included newsletter production and travel coordination.

In addition to swimming, she also has volunteered her time in service in the community. While in Morgantown, Steketeer was involved with the American Cancer Society as chairman of the Relay for Life Luminaria Community. She also volunteered at Ruby Memorial Hospital.

Steketeer graduated from Northwestern University magna cum laude with a degree in human development and psychological services in 2003. At Northwestern, she participated on the crew team. She was selected as Most Valuable Rower three consecutive years and served as varsity captain. While in Evanston, Steketeer also served with the Northwestern Aquatic Swim Association, serving as head development coach for a 150-member youth swim team.

She received a master's degree in public health from West Virginia University. She is married to Steve Steketeer, who is also an assistant coach on the South Carolina staff.

THE STEVE STEKETEE FILE

Hometown: Golden, Colo.

College Career: Northwestern University (1998-01); Big Ten Champion, Honorable Mention All-American; Three-year captain; 2000 Olympic Trial Qualifier

Coaching Career: University of Denver (2004), West Virginia (2005-07), South Carolina (2007-Present)

THE ABBY STEKETEE FILE

Hometown: Danville, Va.

College Career (rowing): Northwestern University (2000-03), Most Valuable Rower (3 years), team captain

Coaching Career: West Virginia (2005-07), South Carolina (2007-present)



Steve and Abby Steketeer

SOUTH CAROLINA SWIMMING & DIVING 2008-09

2008-09 SWIMMING PREVIEW

With a full year under his belt, South Carolina swimming coach McGee Moody is looking forward to a strong 2008-09 season as the majority of the team's strong swimmers return for the Gamecocks. Along with assistants Jason Memont and Steve and Abby Steketee, the Gamecock staff expects great things from both the men's and women's teams.

All-SEC performer Nick Walkotten will again be the pacesetter for the Gamecock men. The transfer from Indiana broke a school record in the 200-yard butterfly at the 2008 SEC Championships and competed at the NCAA Championships alongside junior Dominique Lendjel. The two hope to repeat their SEC performance from last year as both added to the Gamecocks' point total with their swims in the 200 IM, 200 butterfly and several relays.

The Gamecock men have 14 returners from the 2007-08 season, nearly double the veterans on last year's roster. Redshirt senior Kyle Cormier returns after a one-year hiatus and adds depth in multiple events, while junior Andrew Atzhorn and senior Steven Luckie will anchor the Gamecocks in distance freestyle. Junior Christian Kata and senior Todd Weyandt give the team multiple options in the sprint events.

On the women's side, Amanda Dunnigan returns for her senior season after securing three NCAA 'B' cuts in 2008. She had the Gamecocks' best times in the 200 and 400 IM and scored in multiple events at the SEC Championships. Kassy Kugler, a fellow senior, set personal records in the sprint events last year and will help lead the resurgence of the Gamecock women.

South Carolina's only swimming & diving Olympian in 2008, Sharntelle McLean returns for her junior year after sitting out the 2007-08 season to train for the Beijing Olympics where she competed for her home country of Trinidad & Tobago. She holds the second-fastest time in school history in the 50 freestyle and holds a share of the school record in the 200 medley relay.

In the distance events, twin sisters Claire and Christine Thompson led the charge for the Gamecocks in 2008. The sophomores from Largo, Fla., collectively turned in the top times for South Carolina in every freestyle event except the 50, and both scored points at the SEC Championships.

Eleven other letterwinners return for the Gamecock women, along with six newcomers, all of whom will add depth to a strong Carolina team.



Amanda Dunnigan

2008-09 DIVING PREVIEW

The accolades keep on coming for the South Carolina diving program. Under the steady hand of coach Todd Sherritt for the 16th year, the Gamecocks are poised to once again be one of the strongest diving squads in the Southeastern Conference.

Sherritt added a name well-known by Carolina fans to his staff in the offseason, naming Allison Brennan his assistant coach. Brennan was South Carolina's only NCAA Champion in one-meter diving as a freshman in 2004, and the four-time All-American brings a wealth of collegiate, national and international competition experience to the diving well.

Sophomore Taryn Zack leads the charge after earning South Carolina's 34th All-American certificate in 2008 for her eighth-place finish in the three-meter competition at the NCAA Championships. She was also named Honorable Mention All-America after finishing 11th in the one-meter event. This came on the heels of her victory at the NCAA Zone B Diving competition in the one-meter, where she broke Brennan's school record with a score of 584.20 for 12 dives.

Zack is joined by sophomore Allison Barr and junior Morgan Ricke, both of whom have extensive competition experience. Barr scored 12 points for the Gamecocks at the SEC Championships last season with a seventh-place finish in the three-meter event. Ricke also competed at the SEC meet and adds depth to the roster.

Two newcomers will get their first taste of collegiate diving this season. Helen Alvey and Ali Lane both come to Columbia with great credentials and look to make an already-strong squad even stronger.

On the men's side, Corry Christian returns for his senior season after competing at the NCAA Zone Diving competition the last two seasons. He was another scorer for the Gamecocks at the SEC Championships, posting an eighth-place finish in the one-meter competition to earn 11 points for South Carolina.

Christian will be joined by freshman Ryan Kuser, a high school All-American who will look to make an immediate impact for the Gamecocks.



**Front (L-R): Allison Barr, Sarah Deuell, Ali Lane, Helen Alvey
Middle: Ryan Kuser, Corry Christian, Jacob Sims
Back: Morgan Ricke, Coach Todd Sherritt, Taryn Zack**