



# NANCY SOMERA

Head Coach • First Season at South Carolina



In February 2005, the University of South Carolina named Nancy Somera as the new head coach of Gamecock Volleyball. Somera comes to the Gamecock family with more than 19 years of Pac-10 Volleyball experience both as a player and a coach.

Before she took the reigns at South Carolina, Somera served six years as the head coach at Oregon State University. During her tenure, Somera guided Oregon State to a 77-98 record and led the Beavers to the NCAA Tournament in 2001 with a 17-12 record and a fifth-place finish in the Pac-10. Her teams have been known for their defensive prowess and competitive spirit. Under Somera, Oregon State achieved many firsts for the program, including their first NCAA Championship Tournament appearance after joining the Pac-10 Conference. The tournament appearance

was the second ever for the Beavers, the first since 1983. Oregon State finished at .500 or better in one of the toughest volleyball conferences in the country, the Pac-10, in three of Somera's six seasons.

Academically, Somera's teams led the Oregon State athletic department in team G.P.A. for nine of 15 terms with a team GPA of 3.3.

Prior to Oregon State, Somera served as an assistant coach at the University of Southern California for nine seasons. During that time, her duties included training the outside hitters and developing the floor defense and serving.

Her teams made nine NCAA tournament appearances with six of the teams advancing to the Elite Eight and three advancing to the Sweet 16. In 15 years of Pac-10 coaching, Somera has been involved with training and mentoring 10 All-Americans and 21 All-Pac-10 award winners.

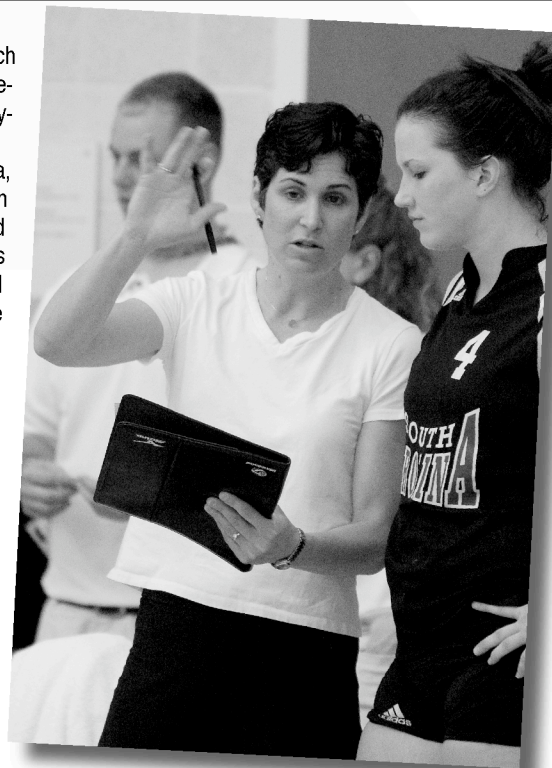
Formerly Nancy Hillman, Somera was a four-year starter for the University of Southern California and was a member of the 1985 Final Four team. She is a two-time All Pac-10 selection (1987, 1988) and was a three-year team captain that never missed a match due to injury or illness. In 1989, she was a Pac-10 Medal recipient and was a four-year Scholar-Athlete Award recipient. During her four years as a player, the Glendale, Calif. native set five single season records and five career records. Somera is still a USC Top-10 record holder in kills, total attempts, digs, digs average, aces and aces per game.

During her senior season, Somera was awarded the Pac-10 Conference Gold Medal, which is given to one athlete in each sport that best demonstrates the qualities of leadership and outstanding

scholastic achievement. In 1990, she was honored and named to Southern California's All-Decade Team.

Somera graduated in 1989 with a B.A. in journalism/broadcasting and in 1994 she earned her master's degree in education, also from Southern California.

The Somera's have two children, an eight-year old son, Sam, and a four-year old daughter, Maile.



## NANCY SOMERA'S COACHING RECORD

**2005 – Present:** Head Coach, South Carolina  
**1999-2005 –** Head Coach, Oregon State  
**1991-1999 –** Assistant Coach, Southern California

### Head Coaching Record (at Oregon State)

**1999:** 8-18, 2-16 Pac-10  
**2000:** 16-16, 6-12 Pac-10  
**2001:** 17-12, 10-8 Pac-10  
**2002:** 8-20, 2-16 Pac-10  
**2003:** 16-16, 5-13 Pac-10  
**2004:** 12-16, 5-13 Pac-10  
**Total:** 77-98, 44-78 Pac-10

### Honors as an Student-Athlete

- All-Pac 10 Team in 1987, 1988
- Southern California record-holder for career aces (170) and tied for season aces (59)
- 1989 Pac 10 Conference Medal Winner



## BEN SOMERA

Associate Head Coach



When head coach Nancy Somera agreed to lead the Gamecock Volleyball team, she wasn't going far without her top assistant and recruiter, husband Ben Somera. Somera was named Associate Head Coach for Gamecock Volleyball in February 2005 after six seasons as an assistant and associate head coach at Oregon State. Somera will coordinate the recruiting efforts of the USC staff and oversee the training of the middle blockers.

At OSU, Somera coached four seasons with the middle blockers and two seasons with the setters. Under his direction, one of his setters earned honorable mention All-Pacific 10 honors and two of his middle blockers finished the season ranked among the top 10 blockers in the Pac-10 Conference.

Somera's collegiate coaching experience began at the University of Southern California in 1993 as a volunteer coach. He was then promoted to the second assistant in 1994, and when he took the lead in the training and development of the program's middle blockers. While at Southern California, he developed three All-American middle blockers.

In 1996, Somera left collegiate coaching to pursue a career in sales, but he continued to coach club volleyball. When his wife, Nancy, became the head coach at Oregon State in 1999, Somera returned to coaching at the collegiate level.

Somera hails from LaCrescenta, Calif., and earned his bachelor's degree in political science from Southern California in 1995. Ben and Nancy have an eight-year-old son, Sam, and a four-year-old daughter, Maile.

## JASON HOU

Assistant Coach



Jason Hou enters his fourth year with the Gamecock staff. A respected name in the world of international volleyball, Hou is a former Olympic assistant coach for the Chinese women's team and also played for the men's Chinese national team.

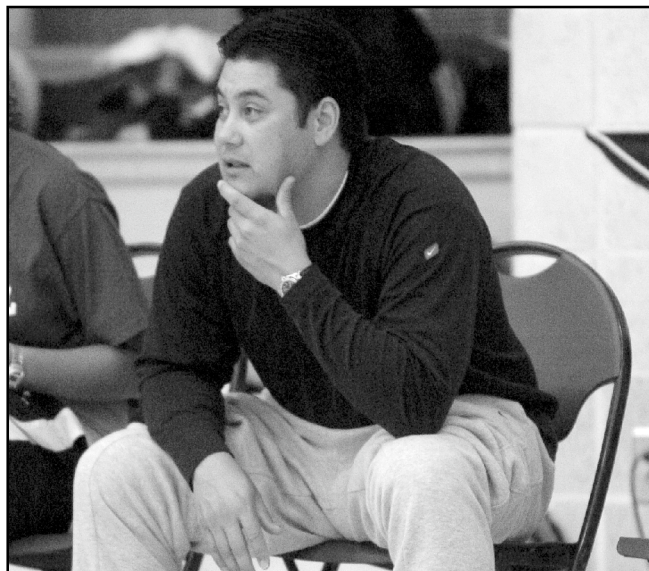
Hou comes to Carolina following a two-year stint at the College of Southern Idaho, a junior college where he helped lead the program to a national title in 2000-2001. Before he coached at Southern Idaho, Hou served as an assistant for the Chinese Women's National team. He helped lead the Chinese to a silver medal finish at the '96 Olympics, a second-place World Championship finish, a third-place World Cup finish and two Asian Games first-place finishes.

Hou's previous NCAA Division I coaching experience came when he served as an assistant at Saint Louis University during the 1996-97 season.

As an athlete, Hou competed as a setter on the Chinese National Team for six years. He also competed in the World Military Volleyball Championships six times, helping lead China to the World Championship four times. He was twice named the best setter of the tournament.

The Liao Ning Province, China, native joined the World League in 1992 and competed until 1995. While in the World League, Hou helped guide China to wins over world powers Cuba and Holland in 1993. The following year, China finished in second place in the Asian Games and 13th at the World Championships in Athens, Greece.

Hou, who also answers to the name Jing, and his wife Ling have a son named Bright (5) and a daughter Alice (1).







### **Lynn BEATTIE** **Administrative Assistant**

Lynne Beattie joined the volleyball staff in August 2005 as the volleyball secretary. Beattie has worked for the USC Athletics Department since 1998. Prior to volleyball, she served as the secretary for the defensive coaches of the football staff (1998-Dec. 2004), as well as a secretary for Olympic Sports from January to August 2005.

Beattie will be responsible for mailings, newsletters and general administrative duties. She will also serve as a camp coordinator, and help manage the Sideout Youth Fan club and the mentoring group "Women Helping Women Achieve."



### **Dawn ELLERBE** **Director of Marketing for Women's Sports**

Dawn Ellerbe was named Marketing Director for Olympic Sports in June of 2005.

A Carolina Alum, she received her Bachelor's degree in journalism in 1996 with an emphasis on advertising. Ellerbe was a member of USC's inaugural women's track and field team and was a four-time NCAA Champion, six-time All American and five-time SEC Champion for the

Gamecocks. Ellerbe earned a Master's degree in Communication from the University of Wyoming and competed for the United States Track and Field team at the 2000 Sydney Olympic Games, finishing seventh.

While at Wyoming, 1997-2000, Ellerbe coached in Six NCAA Championships and developed eight All Americans and three Mountain West champions. Ellerbe served as a Volunteer Assistant Track and Field Coach from 2001-2004 at the University of South Carolina and was a member of the Home Depot's Olympic Job Opportunities program where she coordinated in-store promotions, workshops and served as spokesperson for Home Depot at national events.

Prior to being named Marketing Director at USC, Ellerbe worked at Carolina's Colonial Center in Marketing and Public Relations.

At USC, Ellerbe is responsible for developing and implementing the total sports marketing plans for the Olympic Sports Programs.

The Long Island, N.Y. native is a member of the Public Relations Society of America (PRSA) and now resides in Columbia.



### **Matt JENNINGS** **Strength Coach**

Matt Jennings was named the new strength and conditioning coach for men's basketball and volleyball in April 2004. Prior to USC, Jennings spent four years at Wake Forest University where he worked with men's and women's basketball, men's soccer and baseball.

He received a Bachelor of Arts in physical education, exercise sports science from the

## SUPPORT STAFF

University of North Carolina in 1996, where he was also a two-year member of the Tar Heels football team.

Jennings completed a master's degree in sport administration from the University of Tennessee in 1998 and as a graduate assistant, he worked with football, men's basketball and baseball. Jennings also oversaw men's cross country and men's swimming and diving.

Jennings and his wife Jill have three children: Three-year old twins Delaney and Zachary and a one-year old son, Jacob.



### **Tara LEIN, MS, ATC, LMT** **Athletic Trainer**

Tara Lein was named assistant athletic trainer in July 2002. She is responsible for volleyball and men's and women's swimming/diving. Lein is currently the coordinator and Staff Athletic Trainer for USC Athletic Department's Management Team for Disordered Eating. Additionally, she serves as an adjunct teacher for the USC's Physical Education Department. Lein came to USC from Charleston Southern University

where she served as the Head Athletic Trainer for Women's athletics and the Assistant ATC for football.

The Marlboro, N.J., native graduated from the University of Florida with a Bachelor of Science in exercise and sport sciences in 1998. While at Florida, she specialized in athletic training and worked with football, women's soccer, and P.K. Younge High School.

In 2001, Lein graduated from James Madison University with a MS in Kinesiology, concentration in Athletic Administration. While at JMU, she worked with football, men's soccer and wrestling.

Lein attended the Humanities School of Massage and Bodywork in 1999 and is a National Certified Massage Therapist with a specialization in Therapeutic Massage. In 1998, Lein interned at Disney Wide World of Sports before becoming the Head Athletic Trainer at Seminole High School in Seminole, Fla.

Lein is also a member of NATA, SCATA, AMTA, and NCMTB.



### **Nancy MARLEY** **Assistant Director of Operations & Event Management**

Nancy Marley was named Assistant Director for Operations and Event Management in July 2004. Marley, a former assistant swim coach, first came to the University of South Carolina in 1999. In July 2003 she hung up her coaching whistle and moved over into administration. Marley served as the recruiting coordinator in

the USC Career Center from July '03 to June '04.

Hailing from Coral Springs, Fla., Marley was an 11-time All-America selection in swimming at the University of Florida from 1988-91, where she also graduated with a degree in Health Science Education.





# SOUTH CAROLINA Volleyball

## SUPPORT STAFF



**Earleen MICHELS**  
**Academic Counselor**

Earleen Michels joined the South Carolina Athletic staff in July 2003. She is the academic counselor for volleyball and women's basketball along with other C.A.R.E.S. duties assigned to the academic counseling staff.

Prior to Carolina, Michels taught 10 years in the Midlands/Greater Columbia

Area, worked in the state office of Fellowship of Christian Athletes, a non-profit organization interfacing with South Carolina public and private middle schools, high schools and colleges. She also worked overseas one year with KMAG, the Military Advisory Group to the Korean Army. In Skaneateles, New York she worked as an EMT with the all-volunteer ambulance team, SAVES.

The Indiana native graduated from Purdue University with a B. A. in Elementary Education. After two years of field experience she returned to Purdue and received a Masters of Science in Education Degree. Michels has a daughter, Christina and a son, Doran.



**Ayanna WAKEFIELD**  
**Volleyball SID**

Ayanna Wakefield is in her fourth year in the Gamecock athletics program as assistant sports information director. Wakefield joined the athletics department in February of 2002 and manages publicity duties for the Carolina softball program and is also the primary contact for the Gamecock volleyball team.

In 2003 and 2004, she spearheaded the local campaign for Cocker, as he was named Capital One's National Mascot of the Year in '03.

Wakefield joined the Gamecocks after working one year at the Atlanta Convention and Visitors Bureau. Prior to her tenure in the Peach State, she spent three years as assistant sports information director at Auburn University, where she worked with swimming, volleyball, softball and football and coordinated media operations for the 1999 national championship men's swimming team.

Wakefield is a 1997 graduate of the University of Oklahoma, where she earned her Bachelor of Arts degree in Public Relations. During her time at Oklahoma, she worked as a student assistant in the sports information office with responsibilities in tennis, track and field and softball. In 1996, Wakefield earned the Association of Women in Sports Media Internship/Scholarship for public relations. She did that internship with the NFL's Minnesota Vikings.

Wakefield, born Feb. 18, 1974, is a native of Edmond, Okla.



**Crystal MOORE**  
**Manager**

For the second year in a row, Crystal Moore returns as a manager for the Gamecocks. A player at Carolina from 1997-99, Moore returned to the volleyball world after working on a cruise ship and traveling the world, and serving as an advertising coordinator for Creative Loafing Newspaper in Atlanta, Ga..

As a manager, the Tucson, Ariz., native will assist the coaching staff in day-to-day

operations.

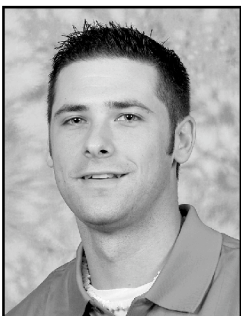
Moore etched her name in the Gamecock record books as she ranks among the top ten in four categories, including fifth among USC's all-time dig leaders (1,116), sixth in kills (1,109) and seventh among the service ace leaders (120) and attempts (2,920). In 1999, she led the team in digs for the season with 261.



**Catherine WALKER**  
**Manager**

Mary Catherine Walker is in her second year as a manager of the Gamecock Volleyball team. Walker, a sophomore, hails from Mt. Pleasant, S.C. and is a 2004 graduate of Bishop England H.S. In high school, Walker served on her high school boards all four years and was senior class president.

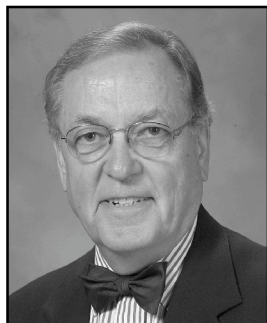
At Bishop England, Walker participated in cheerleading, track and field and cross country. She also earned the Father Manning Ring, awarded to the outstanding senior female, and she served as a delegate to Palmetto Girls' State in Summer '03.



**Alex TRIVELLIN**  
**Volunteer Coach**

Alex Trivellin serves as a volunteer coach for the Gamecock Volleyball team. Working towards earning a degree in Actuarial Mathematics and Statistics, Trivellin is a native of Richmond, Va. He graduated from Varina H.S. in 2000, where he was a four-year volleyball letterwinner. He helped lead his team to two state championship titles in 1999 and 2000 and was named all-metro and all-district in 2000. Trivellin is also

a member of Pi Kappa Phi Fraternity.



**Dr. Andrew A. Sorensen**  
*University President*

The University of South Carolina has a proud tradition of service to the people and state of South Carolina.

### **Scholarships and Research Productivity**

With every new class, USC's student body grows in academic excellence. This year's freshman class promises to be the most talented academically in the history of the university. And they're joining an impressive group of students. Last year, University students won 28 national awards, earning more than \$1.1 million for advanced academic study. Winners included a Mellon Scholar, a Udall Scholar, a US Department of Homeland Security Fellow, three Fulbright Fellows, four National Science Foundation Research Fellows, three Goldwater Scholars, two EPA GRO Fellows, two Knowles Science Teaching Fellows, two Gilman Scholars, three Rotary International Scholars, a National Security Education Program Scholar, a Tau Beta Pi Scholar, a Target Scholar, a USA Today All-USA Academic Team Member, an Alpha Lambda Delta Scholar, and a Soros Fellowship Finalist.

As Carolina builds its research campus, faculty are garnering prestigious grants to conduct research in areas that have real-world applications for our state and our nation. Most recently, USC signed agreements with two leading research institutes in Korea and in Germany to share research and faculty in an area of immense importance to the world -- next energy, specifically hydrogen fuel cells and other alternative energy sources. USC researchers also are directing their efforts toward the environment, biomedical science, and nanotechnology.

### **Selected Program Rankings**

The University of South Carolina's capstone program for seniors and the undergraduate international business program at the Moore School of Business are among the nation's best, according to the 2005 "America's Best Colleges Guide," published by U.S. News & World Report.

USC's Moore School of Business is ranked No. 1 for undergraduate international business education -- a ranking that USC has held since 1995 -- and No. 8 for its undergraduate

insurance program. USC's programs for first-year and senior students are cited among the nation's best by the magazine in its "Programs to Look For" section, which lists colleges and universities with outstanding programs that lead to student success.

USC's University 401 program was listed among 15 colleges and universities whose "Senior Capstone" programs enable students at the end of their college careers to make a smooth transition to the workplace or graduate school.

USC libraries rank in the top 50 for overall size of collections among more than 3,000 college and university libraries in the United States and Canada, according to the Association of Research Libraries' report.

### **Dr. Andrew A. Sorensen**

Andrew A. Sorensen came to USC after serving as president of the University of Alabama (1996-2002) and provost and vice president for academic affairs at the University of Florida (1990-1996). Dr. Sorensen also has been executive director of the AIDS Institute at the Johns Hopkins Medical Institutions and director of the School of Public Health at the University of Massachusetts at Amherst. He was a faculty member at Lincoln University, the University of Rochester, and Cornell University, and has been a visiting faculty member at the Harvard University School of Medicine and at the University of Cambridge School of Medicine.

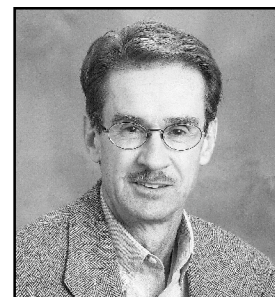
Author or editor of seven books and more than 100 articles, he is professor of epidemiology and biostatistics in USC's Arnold School of Public Health. He holds a bachelor's degree in ethics and master's and doctoral degrees in medical sociology from Yale University. He also earned a B.A. in history from the University of Illinois and a master of public health degree from the University of Michigan.

Currently, he is vice president of the Southeastern Conference, past president of the Southern University Conference, past chair of the Southern Universities Research Association Council of Presidents, and a trustee of the Universities Research Association. He was a member of the Education Advisory Committee for President Bush's Transition Team during 2000-2001, and was appointed in 2005 to the NIH National Science Advisory Board for Biosecurity. He is active in community affairs, serving as Honorary Chairman of the Board of Big Brothers/Big Sisters.

### **Donna Sorensen**

Donna Ingemie Sorensen holds a baccalaureate degree in chemistry from Wheaton College (Massachusetts) and master's degrees in nutrition from Cornell University and in chemistry from Wesleyan University. Shortly after arriving at USC, Mrs. Sorensen was appointed by S. C. Department of Education Superintendent Inez

Tennenbaum to serve on the S. C. Department of Education Task Force on Nutrition and Health in Our Youth, an effort that examined the problem of childhood obesity. She is president of the board of the Girl Scout Council of the Congaree Area and serves on the boards of the S. C. Arts Foundation, the USC Board of Dance, McKissick Museum Advisory Council, and the Ex Libris Society Executive Committee. She also serves on the national board of Associated Marine Institutes.



**Dr. Russ Pate**  
*Faculty Athletic Representative*

In 2002, the University of South Carolina named Dr. Russ Pate as its faculty athletics representative to the Southeastern Conference and the National Collegiate Athletic Association.

Pate, a professor and former chairman of the department of exercise science at the Arnold School of Public Health, is internationally recognized for his research on the link between physical activity and health. He is a former president of the American College of Sports Medicine.

His duties include advising USC President Andrew Sorensen on matters related to the athletics program and working with Dr. Sorensen to determine the university's position on NCAA legislation. Pate also will review the eligibility, admission and progress of student-athletes. He also assists in evaluating compliance with NCAA regulations, attends SEC and NCAA meetings, serves as the university's voting delegate at the NCAA's annual meetings and participates in the organization's certification program.

Pate's research has been supported by the National Institutes of Health, the Centers for Disease Control and Prevention, the American Heart Association and the U.S. Olympic Committee.





## Eric Hyman

### Director of Athletics

Eric Hyman, named Director of Athletics for the University of South Carolina on April 16, 2005, comes from Texas Christian University in Fort Worth, Texas, where he served as the athletics director for over seven years. He officially began his duties at Carolina on July 1, 2005. At TCU, Hyman worked to solidify a national reputation as an architect of championship programs, as an advocate for academic success and as a skilled

administrator. For his success, Hyman was named the 2003-2004 *Street and Smith's Business Journal* National Athletics Director of the Year and was also chosen as the Division I-A West Regional Athletics Director of the Year by the National Association of Collegiate Directors of Athletics (NACDA). The 2004-05 school year produced three conference championships, seven second-place finishes and the C-USA Male and Female Athlete of the Year in All-American Lance Broadway and Sandora Irvin.

Under his leadership, TCU teams recorded 32 conference titles and consistently posted a graduation percentage rate higher than that of the overall TCU student body. Hyman was instrumental in orchestrating TCU's invitation to join Conference USA in July 2001 and spearheaded the effort for TCU to join the Mountain West Conference in July 2005, moving the program up from the Western Athletic Conference it was in when Hyman arrived.

In the 2000-2001 school year, TCU teams turned in the best athletics record in school history when the Horned Frogs registered a school record eight WAC championships and had seven teams nationally ranked. TCU was one of only four schools to record 10 victories in football and 20 wins in both men's and women's basketball, while setting a school record for football season tickets sold.

TCU turned in the most successful overall season of any Conference USA member in 2001-02. The Horned Frogs' debut campaign in the league featured nine NCAA appearances, five tournament championships and one regular season title. In 2003-04, TCU captured four Conference USA crowns along with nine second-place finishes. The conference titles in women's swimming and women's indoor track & field were the first in school history for those programs, while the baseball team reached the NCAA Tournament for just the third time ever. In addition, the football team was ranked as high as sixth in the BCS polls during the season. The 2004-05 school year produced three conference championships and seven second-place finishes. During Hyman's tenure, the football team went to six bowl games in seven seasons, the women's basketball team went to five straight NCAA Tournaments and the baseball team earned back-to-back regional appearances for the first time in school history.

As TCU's Athletics Director, Hyman worked diligently to improve athletic facilities. The first phase of a building plan he put in place included the construction of a soccer stadium, a track complex and football practice fields. Phase two included renovations to TCU's coliseum and the construction of an athletics center housing the football offices and meeting rooms, an academic center, athletic administration offices and an athletics heritage area. The third phase of the building plan included the construction of a baseball stadium, basketball practice complex, tennis offices and locker room building, an all-weather football practice field and a volleyball gymnasium.

During the TCU years, Hyman negotiated an innovative marketing partnership for TCU Athletics with ESPN Regional, the most extensive agreement of its kind between ESPN and a university. Hyman also hired a number of coaches of national prominence, including football coach Dennis Franchione and former USC assistant basketball coach Neil Dougherty, bringing recognition and success to the school and placing TCU on the national scene in athletics.

No stranger to the Carolinas, Hyman coached football for nine years under Art Baker and Dick Sheridan, and was an associate athletics director for two years at Furman University, where he earned a master's degree in educational

administration (1975). He and his wife, Pauline, coached the women's basketball team at North Greenville College in Tigerville, South Carolina, leading the team to national rankings.

Hyman played football at the University of North Carolina at Chapel Hill where he was an all-ACC football player, on the Dean's list and selected for the Hula Bowl. He also served as the Executive Associate Athletics Director at North Carolina State University in Raleigh.

Before joining TCU, Hyman was the athletics director at Miami University in Oxford, Ohio. During his tenure, Miami had the fifth highest student-athlete graduation rate among all NCAA Division I schools in the country. His last two years at Miami brought home 10 conference championships. Hyman also served as athletics director at VMI in Lexington, Virginia, in the 1980s.

His wife, Pauline, is a native of North Carolina and also graduated from the University of North Carolina at Chapel Hill. Prior to her arrival at UNC, she played and later coached women's college basketball, taught sociology and psychology as well as serving as a college administrator. Pauline developed and taught the NCAA CHAMPS Life Skills course and various seminars for student-athletes at both Miami University and TCU.

The Hymans have two adult children: Ryan, who graduated from TCU in 2001 and Corrine, a 2004 graduate of TCU. Ryan works for L.T. Barton Insurance Company in Fort Worth and Corrine is a realtor with Williams Trew Real Estate in Fort Worth.



## Val Sheley

### Senior Associate Athletics Director/Senior Women's Administrator

Val Sheley, who has experience as an athletics director and in several other administrative areas, including compliance, academics, and student-athlete development, is in her second year as Senior Associate Athletics Director/Senior Women's

Administrator at the University of South Carolina. Sheley fills the position previously held by Laurie Massa, who was at USC for nine years before taking the Athletics Director's post at John Carroll University in May, 2004.

Sheley returns to USC for the second time during her college athletics career, having served as an Associate Athletics Director/NCAA Compliance Officer at the school from 1995-2000. She left Carolina to become Athletics Director at Presbyterian College, where she oversaw that school's athletics program for three years. In 2003, Sheley served as the interim Associate Athletics Director for Academic Support and Career Development at the University of Maryland.

Sheley began her work in athletics administration in 1988, where she served as the Assistant AD/Senior Women's Administrator at the University of North Carolina-Asheville. From there she went to the NCAA Office in Overland Park, Kan., working as a legislative assistant for the national organization.

Sheley has a bachelor's degree from Murray State University, where she excelled as a track athlete. She has a master's degree from the University of Houston.

Sheley was a 1984 Olympic qualifier for Great Britain's track and field team. Her husband, Mike, is a former track All-American and NCAA relay champion at South Carolina.

Sheley is also a graduate of the Sports Management Institute.

## THE MENTORING PROGRAM

Coaches of all sports have drawn parallels between success in the athletic arenas and success in the business world and life. Success is achieved by honing talents through hard work and perseverance. Female athletes that compete at the University of South Carolina on the SEC level understand the value of this formula. They have achieved the opportunity to compete at the highest level of Division I athletics in earning a full athletic scholarship. These athletes understand that they can choose to be successful in all areas of their lives. The objective of the "Women Helping Women Achieve" program is to provide role models or mentors to the female athletes at USC. A mentoring relationship will expose our athletes to the real world and will teach them to apply the life skills that they have learned in athletics to their professional lives.

The female athletes at South Carolina are focused on the process of achieving their high athletic goals. They get up early

in the morning to work on their weaknesses and understand what it means to make sacrifices. They believe in the value of outworking their opponents and know it's the only way for them to have success. They also know that achievement is not only measured in wins and losses but in giving your absolute best. They know not to quit when things aren't going as planned but have learned to adjust the plan, work harder and find a way to achieve. They understand the value of communication and teamwork. The female athletes at South Carolina are winners, great people and good students.

The formula for success in and outside of the athletics arena requires a goal and a plan. The exceptional young women at USC need guidance to help in identifying their career goals and in formulating a plan to achieve these goals. Mentoring provides that guidance.

The mentoring relationship allows the athletes to witness first hand women in

professional leadership roles and the social norms and mores of professional women in the workplace. Such relationships will help to decrease the gap between students and their prospective working environments. The relationship should expose students to people, places and things in which they may otherwise not have been aware.

The athletes at USC are quite visible in the community and participate in numerous public service projects. They are excellent role models to the children in the Columbia community and are frequently involved in outreach activities. The mentoring impact on them will trickle down to others.



**MARGARET BASS**  
Economic Development  
SCANA/retired

"The 2002 was my first year to be a mentor for Mariana Branquinho. I feel I received more from her than she has from me. When she shared her strong family values, we had an immediate connection. It was nice to have her come into our home and it has been especially great to have someone special to support during volleyball games."



**LIZ CRUM**  
Attorney  
McNair Law Firm

"The mentoring program provides both mentors and student-athletes the opportunity to learn from each other, meet new people and to network. The mentors share work and life opportunities and experiences and the student-athletes share athletics and college life. The program has been great for USC and the community."



**FRANNIE HEIZER**  
Attorney - McNair Law Firm  
City Council Member

"The mentoring program has enjoyed great success and is mutually beneficial to the mentors and the students. I look forward to continuing to develop relationships with the student-athletes and other mentors."



**JAN MIDDLEBROOKS**  
Financial Consultant  
Merrill Lynch

"Mentoring is a win-win situation. Successful student-athletes meet successful women. This results in committed fans and adds Real Life 101 to the educational process."





## MEMBERS OF WOMEN HELPING WOMEN ACHIEVE

### NAME

Joan Assey, Ed.D.  
 Jan Baker  
 Jackie Bartley  
 Margaret Bass  
 Karen Baxley  
 Cheryl Behymer  
 Betty Best  
 Camille Bradford-Hugg  
 Stacey Brennan, M.D.  
 Sandra Bryan  
 Phyllis Burkhard  
 Nikki Cantey  
 Mary Choate  
 Lee Coggiola  
 Sally Crane  
 Liz Crum  
 Jenny Dalrymple  
 S. Mary Ann Dardy  
 Judith Davis  
 Ella Davis  
 Zoe Dommel  
 Rita Dooley  
 Deborah Dusseljee  
 Deb Duwel  
 Joan Fail  
 Laura Foster  
 Rosalyn Frierson  
 Kelly Givens  
 Henrietta Golding  
 Lil Ann Gray  
 Brenda Grays  
 Michel Graydon  
 Joyce Green  
 Stephanie Hall  
 Anne Hayes  
 Frannie Heizer  
 Janice Henry-Wilson  
 Sumner Holman  
 Eleanor Kellett  
 Mary Kennemur  
 Aphrodite Konduros  
 Isabel Law  
 Nancy Layman  
 Cindy Long  
 Lynda Lovelace  
 Gladys McBride  
 Jan Middlebrooks  
 Dr. Pamela Parnell, DVM, Ph.D  
 Margaret Pender  
 Kathy Rabune  
 Robin Rawl  
 Ellen Reynolds  
 Gayle Ricks, MSSW  
 Julie Ruff  
 Kay Rushe  
 Caroline Seigler  
 Anne Sinclair  
 Elizabeth Smith  
 Martha Smith  
 Stephany Snowden  
 Mary Winter Teaster  
 Kris Thompson  
 Jean Toal  
 Cyndy Turnipseed  
 Anne Walker  
 Jackie Weedon  
 Dawn White  
 Deborah Yoho

### TITLE

Director of Court Technology  
 Attorney  
 Attorney  
 Economic Development  
 Clinical Nurse Specialist  
 Attorney  
 Financial Planning Mgr.  
 Community Affairs Director  
 Medical Director  
 Executive Assistant to CEO  
 Director of Career Services  
 Attorney  
 Administrator  
 Attorney  
 Office Mgr/Business Dev  
 Attorney at Law  
 Attorney  
 Social Worker  
 V.P. & General Counsel  
 Owner/Graphic Designer  
 Teacher  
 Planning & Public Relations Dir.  
 President  
 Legal Assistant  
 Executive Director  
 Paralegal  
 Attorney  
 Attorney  
 Attorney  
 Attorney & Counselor at Law  
 Analyst  
 Executive Broker  
 Manager  
 Business Analyst/Project Manager  
 Office Assistant  
 Attorney at Law  
 Wedding Planner/Bridal Consult.  
 Designer  
 Assistant General Counsel  
 Senior Vice President  
 Lawyer  
 Registered Nurse  
 Attorney  
 Clinical Manager  
 Retired Teacher  
 Family Nurse Practitioner  
 Financial Advisor  
 Veterinarian/Pathologist  
 Investment Advisor  
 Corporate Sales Director  
 Membership Director  
 Medical Librarian  
 Vice President  
 Assistant to the Mayor  
 Realtor  
 V.P. Chief Nurse Executive  
 City of Columbia Council  
 Personnel Manager  
 Residential Dir.-Corp & External Affairs  
 Public Relations Director  
 Commercial Real Estate Sales/Rental  
 Attorney  
 Chief Justice  
 Attorney  
 Executive Director  
 Physical Education Teacher  
 Media Relations Specialist  
 Executive Director

### COMPANY

SC Judicial Department  
 King & Dalrymple  
 Jacquelyn L. Bartley Firm  
 SCANA/Retired  
 Palmetto Baptist Medical Center  
 Ellzey & Brooks  
 SCANA Services, Inc.  
 WLTX-TV  
 Palmetto GBA  
 Integrated Business Systems & Services  
 University of South Carolina  
 Ellzey & Brooks, LLC  
 The Nature Conservancy  
 Appellate Court  
 L-J, Inc.  
 McNair Law Firm, P.A.  
 King & Dalrymple  
 D.H.E.C.  
 BCBS of SC  
 Your Connections  
 Dutch Fork Middle School  
 Babcock Center  
 CompuScripts Captioning, Inc.  
 Bagness and Eason, LLC  
 Communities In Schools  
 McNair Law Firm  
 SC Court Administration  
 Johnson, Toal & Battiste  
 NcNair Law Firm  
 Cooper Coffas Moore & Gray, P.A.  
 State Treasurers Office  
 Coldwell Banker/Luxury Homes & Unique Properties  
 State Budget & Control Board  
 Bank of America  
 Palmetto Health Homecare  
 McNair Law Firm  
 Fabulous Affairs  
 Verve  
 SCANA Services, Inc.  
 Merrill Lynch  
 Department of Social Services  
 Palmetto Baptist Medical Center  
 SC DHEC  
 Palmetto Health Baptist  
 Richland One  
 Dept. Of Juvenile Justice  
 Merrill Lynch  
 Clemson University  
 Anchor Investment Management  
 Interstate Management & Investment Corp.  
 Capital City Club  
 USC School of Medicine  
 S.C. Human Service Associates  
 City of Columbia  
 Century 21 Bob Capes Realty  
 Palmetto Baptist Medical Center  
 Resource Associates  
 Snelling Personnel Services  
 BellSouth  
 Richland County  
 CBREllis-Broker in Charge  
 Haynsworth, Marion, McKay and Guerard  
 South Carolina Supreme Court  
 McNair Law Firm  
 Alston Wilkes Society  
 Richland One  
 NS&G  
 Greater Columbia Literacy Council, Inc.



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