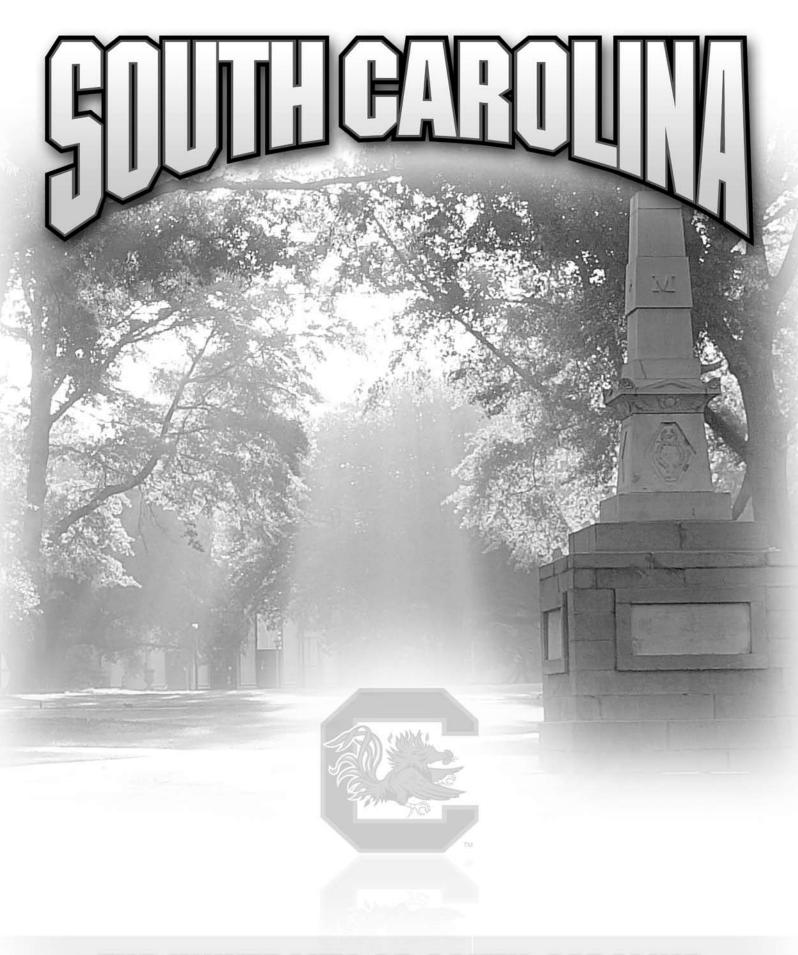
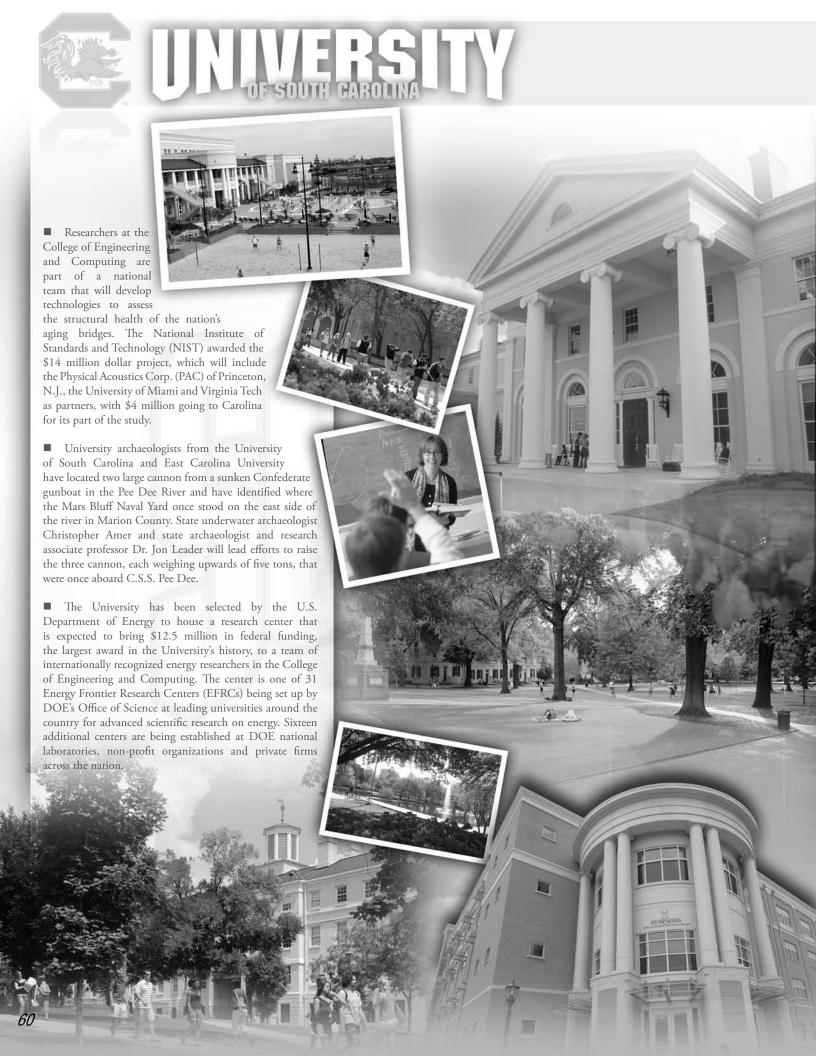
THE UNIVERSITY OF SOUTH CAROLINA







- and social psychology have earned top rankings in U.S. News & World Report's annual issue, "America's Best Graduate Schools." The Moore School of Business is recognized as the nation's highest-ranked public-university MBA program for international business and No. 2 among all institutions in that specialty. This marks the 20th-consecutive year that the Moore School's International Master of Business Administration (IMBA) Program has been ranked either No. 1 or No. 2 in the publication. The University also was ranked No. 2 for its program in school-library media, and in social psychology, the University ranked No. 4, alongside Cornell University and ahead of Duke University, Emory University and the University of Michigan, among others.
- University research awards totaled nearly \$83 million for the first half of fiscal year 2009, an increase of almost 5 percent from the same time last year. An increase of 10.2 percent in federal grants and an award of more than \$2.2 million from the Duke Endowment put the University in position to surpass its record \$206 million in grants last year.
- The University's three-part mission teaching, research and outreach - received significant applause from the Carnegie Foundation for the Advancement of Teaching recently when the University joined that organization's "Curricular Engagement and Outreach & Partnerships" classification. Carolina is the only University from this state and one of only 23 public Universities nationwide to receive the foundation's highest ranking in both research and service to their communities.

BlueCross BlueShield of South Carolina and the University have created the Consortium for Enterprise Systems Management, a unique collaboration that will build information technology (IT) opportunities of the future. The consortium, believed to be the first of its kind anywhere, aims to converge business, academia and economic development to collaborate in growing IT talent, nurturing IT management expertise and cultivating related business and organizational relationships.

- The National Resource Center for The First-Year Experience and Students in Transition received the 2008 Special Merit Award from the Association for the Study of Higher Education (ASHE). The ASHE Special Merit Award is presented to a person, group or organization in recognition of influential leadership and contributions to the understanding and study of colleges and universities.
- Representatives from China were on campus last fall for the official launch of a prestigious Confucius Institute at the University. The institute is expected to impact K-12 education and business and trade in South Carolina, as well as undergraduate education at the University.
- The S.C. Rural Health Research Center has received \$2.6 million for research on rural healthcare needs, particularly among minorities. The grant, which continues through September 2012, is one of only six nationally from the Office of Rural Health Policy at the U.S. Health Resources and Services Administration.
- A new library of special collections will be named for former U.S. Senator Ernest F. "Fritz" Hollings. The \$18-million, 50,000-square-foot building, to be named The Ernest F. Hollings Special Collections Library, will house the library's growing Rare Books and Special Collections and provide a permanent home for the University's S.C. Political Collections, which document the careers and contributions of many of the state's political leaders.

### **Degree Programs**

**Arts and Sciences** Anthropology Art Education Art Studio Biological Sciences Cardiovascular Technology Chemistry Comparative Literature Creative Writing Criminology and Criminal Justice Dance Earth and Environmental Resources Hospitality, Retail, and Sport

Management Economics English Environmental Science European Studies Film and Media Studies Foreign Languages French Geography Geology Geophysics German History Industrial Statistics Interdisciplinary Studies International Studies Italian Latin American Studies Linguistics Media Arts Marine Science Mathematics Philosophy Physics Political Science Professional Science Psychology, Clinical-Community Psychology, Experimental Psychology, School

Public History Russian Sociology Spanish Statistics Theatre Women's and Gender Studies

Public Administration

Business Accounting Business Administration Business Economics Economics Finance Human Resources Insurance and Risk Management International Business Management Management Science Marketing Real Estate

Community and Adult Programs Counselor Education Curriculum and Instruction Early Childhood Education ducation Administration Educational Psychology and Research ducational Technology Elementary Education
Coundations of Education Higher Education and Student Affairs

anguage and Literacy Middle Level Education Physical Education ocial Studies

Engineering and Computing Biomedical Engineering Chemical Engineering Civil and Environmental Engineering Computer Engineering Computer Information Systems Computer Science Computer Science and Engineering Computer Software Engineering Electrical Engineering Engineering Science Mechanical Engineering Nuclear Engineering

Management Business and Technology Education Hospitality Management Interdisciplinary Studies International Hospitality and Tourism Management Retailing
Sport and Entertainment Management Technology Support and Training

Management Tourism Management

Mass Communications and Information Studies

Journalism and Mass Communications Advertising Broadcast Journalism Information Science Journalism (Print) Library and Information Science Mass Communication Public Relations Visual Communications

Medicine Biomedical Science Genetic Counseling Nurse Anesthesia Rehabilitation Counseling

Music Composition Conducting Education History Jazz Studies Opera Theatre Performance Piano Pedagogy Theory

Nursing Nursing Administration Clinical Nursing Community Mental Health and Psychology Health Nursing Nursing Science

Pharmacy Pharmaceutical Sciences

Public Health Biostatistics Communication Sciences and Disorders Environmental Health Sciences Epidemiology Health Promotion, Education, and Behavior

Health Services Policy and Management Physical Activity and Public Health Physical Therapy Speech Communication Speech-Language Pathology

Social Work

South Carolina Honors College Baccalaureus Artium et Scientia



### WHAT GAROLINA MEANS TO ME





"My Carolina is living in Columbia, a great place for my wife and I to raise our kids; meeting great people, from Augusta to Florence, from Greenville to Charleston; working at the flagship university in our great state; coaching in the premier conference in the country in the SEC and competing at a high level; and looking forward to packing the Colonial Life Arena!"

- Darrin Horn, Carolina Men's Basketball Coach

### Carolina

The Carolina Alumni Association wants to know what "My Carolina" means to you.

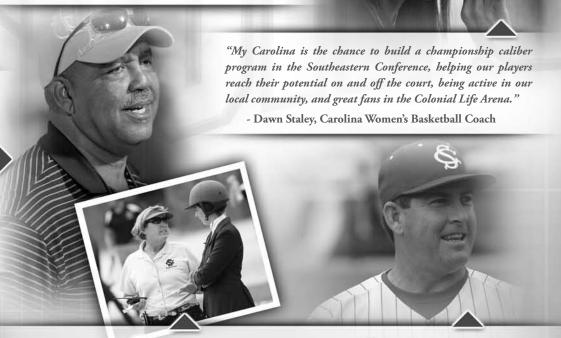
#### MYCAROLINA.ORG

"My Carolina is a place where dreams can be reached by anyone willing to put forth the effort, and we have had a lot of young people put forth a great deal of effort in the 13 years we've been here. I look forward to every time I see a young face walking on the Horseshoe, or a young face come out to the track, or go for a run, or go to our weight room and use all of our great facilities with great enthusiasm."

- Curtis Frye, Carolina Track Coach

"My Carolina is living and working in one of the best states in America. My Carolina is coaching at a wonderful state university, the University of South Carolina; competing at the highest level in the Southeastern Conference; and hopefully one day soon being the Southeastern Conference football champions! This is My Carolina!"

- Head Ball Coach Steve Spurrier



"My Carolina is the equestrian team; it's winning a national championship; and it's beating Georgia at home."

- Boo Major, Carolina Equestrian Coach

"My Carolina is recruiting on the Horseshoe, mingling with students at the Russell House, and enjoying a Gamecock victory at our new Carolina Stadium."

- Ray Tanner, Carolina Baseball Coach



"My Carolina is walking with recruits and their families around the Horseshoe, the sunsets here at the end of the day when we're walking to the locker room after practice. And of course, the electric atmosphere here at 'The Graveyard,' Stone Stadium, one of the great venues in college soccer across the country, the support of our fans and the community. That's all part of what My Carolina means to me."

- Mark Berson, Carolina Men's Soccer Coach

### DR PASTIDES UNIVERSITY PRESIDENT



Harris Pastides was named the University of South Carolina's 28th president on August 1, 2008, following a decade of service at Carolina as a professor, dean and vice president. He was the first internal candidate to be elected as President of the University of South Carolina in over half a century.

Under Pastides' leadership as Vice President for Research and Health Sciences, research funding and sponsored programs at South Carolina increased 89 percent since 2002, reaching a record \$206 million for fiscal year 2008. Pastides continues to take a leading role in the development of Innovista, the research innovation district he helped design and launch during his tenure.



With Focus Carolina, one of his first major initiatives as University president, Pastides has launched the most comprehensive strategic planning initiative in the University's history. The effort is expected to result in transformational goals that will steer a course for the University's long-term future.

Pastides has identified sustainability, innovation, the University's role in development of a knowledge economy, more access to education for South Carolinians, and stronger cohesion among the University's eight campuses among his major goals. To accomplish those goals, he has solicited ideas from the University community and all South Carolina citizens through Carolina's Ideas, a Web-

based virtual suggestion box that is yielding a bounty of good counsel.

Before joining the South Carolina faculty, Pastides was a professor of epidemiology and chairman of the Department of Biostatistics and Epidemiology at the University of Massachusetts at Amherst. He received his master's of public health and his Ph.D. in epidemiology from Yale University.

Harris Pastides and Patricia Moore were married April 27, 1980. They have two children: Katharine, an education specialist at the Getty Villa in Malibu, Calif., and Andrew, an equity stage actor in New York City.



Faculty Athletic Representative

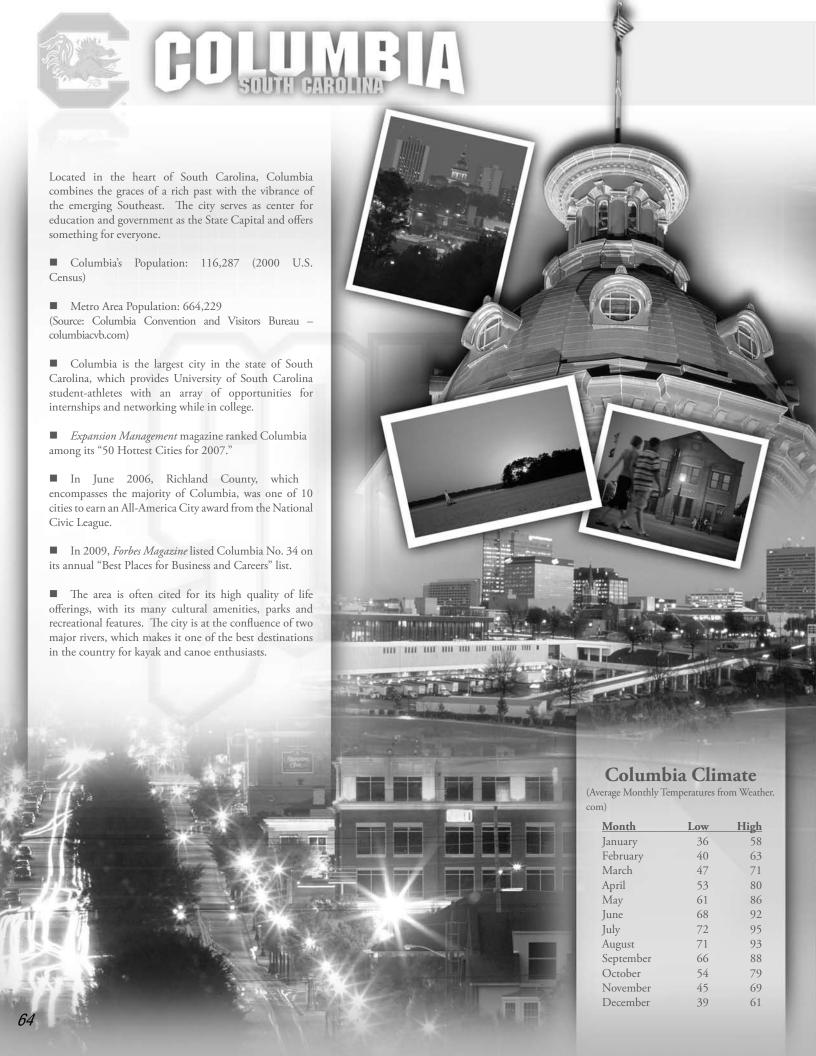


William O. Bearden is in his third year as the University of South Carolina's Faculty Athletics Representative. Bearden is The Bank of America Chaired Professor of Marketing in the University's Moore School of Business.

As Faculty Athletics Representative, Bearden's duties include advising University President Dr. Harris Pastides on matters related to

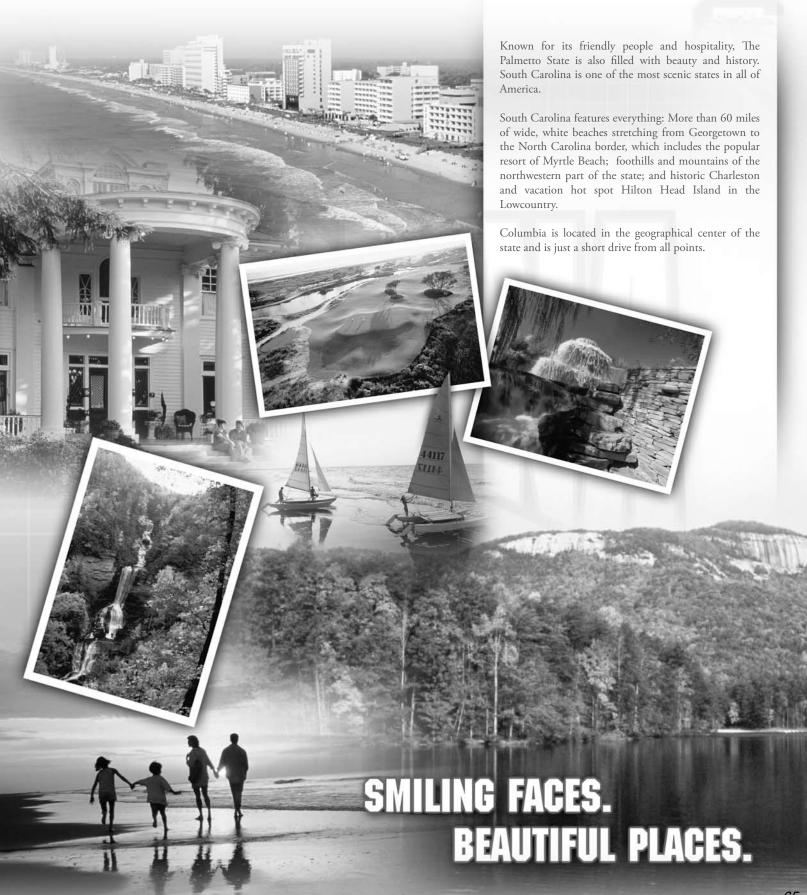
the athletics program and working with Dr. Pastides to determine the university's position on NCAA legislation. Bearden will also review the eligibility, admission and progress of student-athletes. He also assists in evaluating compliance with NCAA regulations and attends SEC and NCAA meetings, serving as the University's voting delegate at the NCAA's annual meeting and participates in the organization's certification program.

Bearden received his Ph.D. from the University of South Carolina in 1975. Before returning to South Carolina, he served on the faculties of Western Kentucky University and the University of Alabama from 1976-1978.



### THE PALMETTO STATE







# F F H Y W A THUFTICS

Regarded as an architect of championship programs, an advocate for academic success and a skilled administrator, Director of Athletics Eric Hyman began his duties at South Carolina on July 1, 2005.

Hyman has developed an outstanding reputation as a leader among his peers. He was named the 2003-04 *Street and Smith's Business Journal* National Athletics Director of the Year and was also selected as the Division I-A West Regional Athletics Director of the Year by the National Association of Collegiate Directors of Athletics (NACDA). In September 2008, he assumed the duties as President of the Division 1A Athletic Directors' Association.

Directors Institute on how to become an athletics director.

Hyman has been a featured speaker at numerous conventions, including the NCAA Champions Forum concerning diversity and the American Football Coaches Association on the topic of how to become a head coach. He is also a regular presenter at the I-A Athletic

Under Hyman's leadership, the South Carolina Athletics Department has made tremendous strides in becoming a nationally prominent program with the goal of competing for championships. His hiring of successful head coaches, like men's basketball coach Darrin Horn and women's basketball coach Dawn Staley, the development of a \$200 million master plan of facilities, and the school's first athletics capital campaign have taken South Carolina Athletics to new heights. Hyman has successfully guided the department through a football seat donation initiative, which, along with philanthropic gifts and money guaranteed through the new television agreement, has provided the financial resources to bring the Gamecock facilities up to the standards of their SEC rivals.

Hyman's fingerprints can be seen in Carolina Stadium, the state-of-theart baseball facility that opened in the spring of '09, and in the Dodie Anderson Academic Enrichment Center, which will open its doors in late 2009. In addition, the athletic training room, recruiting room, locker room and entryway at Williams-Brice Stadium have all recently received major upgrades.

Over the next couple of years, Hyman's master plan includes converting the Farmer's Market into a football parking lot and tailgate area for the fans, building a coaches' support building, a parking garage and tennis courts, and renovating the softball and track facilities at the Athletics Village, as well as further improvements to Williams-Brice Stadium.

During Hyman's tenure at Carolina, the Gamecocks have enjoyed their share of success on the field with nearly every athletic team having competed in the postseason. During the 2008-09 campaign, South Carolina football,

men's basketball and baseball all finished with a .500 or better league mark for the first time since joining the SEC. In addition, the women's tennis team reached the NCAA Elite Eight, while the men's outdoor track & field team posted a sixth place finish at the NCAA Championships. Off the field, South Carolina student-athletes have combined to surpass the 3.0 grade point average plateau for five consecutive semesters and are regularly among the leaders in the SEC Academic Honor Roll. In the Spring of 2009, a record 15 of 17 athletic teams topped the 3.0 standard, with football, men's basketball and men's soccer all achieving their highest team GPAs on record.



Hyman came to South Carolina from TCU, where he served as the athletics director for over seven years. Under his direction, TCU teams recorded 32 conference titles and consistently posted a graduation percentage rate higher than that of the overall student body. Hyman was instrumental in orchestrating TCU's invitation to join Conference USA in July 2001 and spearheading the effort for the Horned Frogs to join the Mountain West Conference in July 2005, moving the program from the Western Athletic Conference it was in when Hyman arrived. During Hyman's tenure, the TCU football team went to six bowl games in seven seasons, boasted a Heisman Trophy candidate in LaDainian Tomlinson and was ranked as high as sixth in the BCS polls; the women's basketball team went to five straight NCAA Tournaments; the baseball team earned back-to-back regional appearances for the first time in school history; and the men's indoor and

outdoor track and field and men's tennis teams finished their seasons ranked among the top five in the nation.

As TCU's athletics director, Hyman worked diligently to improve athletic facilities. He helped raise over \$30 million in facility improvements and directed a three-phase building plan that completely renovated the athletic department's facilities.

Prior to his stint in Fort Worth, Hyman was the athletics director at Miami University in Oxford, Ohio. During his tenure, Miami had the fifth-highest student-athlete graduation rate among all NCAA Division I schools in the country. His last two years at Miami brought home 10 conference championships. Hyman also served as athletics director at VMI in Lexington, Virginia, in the 1980s.

No stranger to the Carolinas, Hyman coached football at Furman University for nine years under Art Baker and Dick Sheridan and was an associate athletics director for two years. Eric earned a master's degree in educational administration (1975) from Furman. He and his wife, Pauline, coached the women's basketball team at North Greenville University in Tigerville, South Carolina, leading the team to national rankings in the `70s.

Hyman played football at the University of North Carolina at Chapel Hill where he was an all-ACC football player, on the Dean's list and selected for the Hula Bowl. He also served as the Executive Associate Athletics Director at North Carolina State University in Raleigh in the early 1990s.

His wife, Pauline, is a native of North Carolina and also has her undergraduate and graduate degrees from the University of North Carolina at Chapel Hill. She did some post-graduate work at South Carolina in the early eighties. She played and later coached women's college basketball, taught sociology and psychology and served as a college administrator. Pauline developed

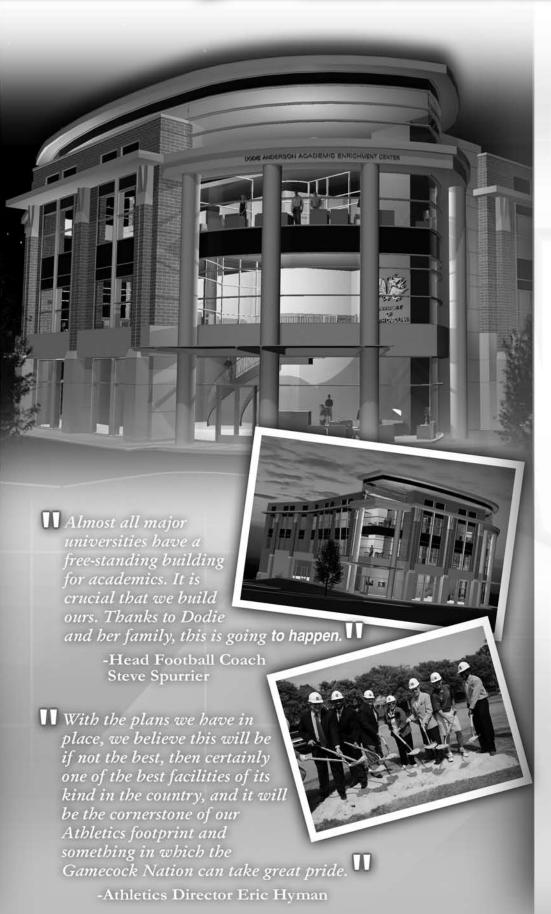
and taught the NCAA CHAMPS Life Skills course and various seminars for student-athletes at both Miami University and TCU. Since coming to South Carolina, she has taught the Etiquette Seminar in the Gamecocks' CHAMPS Life Skills course and assists with other seminars in preparing the student-athletes for their futures, such as the Dress for Success and Networking and Interviewing seminars.

The Hymans have a daughter and sonin-law, Corrine and Michael Quast, and a son and daughter-in-law, Ryan and Carolyn Hyman. Corrine is a realtor; Michael is a financial analyst; Ryan is in the property and casualty insurance business; and Carolyn is a lawyer. They all reside in Fort Worth, Texas.



### DODE ANDERSON ACADEMIC ENRICHMENT CENTER





When University of South Carolina Athletics Director Eric Hyman talks about "the Dodie," the \$13 million state-of-the-art facility set to open in the winter of 2009, he enthusiastically refers to it as, "the heart of the athletics department and the place where the ebb and flow of student-athletes' days will be centered."

"The Dodie" is named for Dolores F. Anderson of Greer, S.C., whose philanthropic gift is helping to fund the center for University of South Carolina student-athletes. Anderson is the widow of Robert Anderson, the former president and chairman of Anderson Hardwood Floors, the largest privately-owned hardwood floor manufacturer in the United States. A 1981 graduate of USC Upstate with a degree in interdisciplinary studies, Dodie Anderson is co-owner of Anderson Hardwood Floors and a longtime supporter of USC Upstate's athletic programs.

The three-story, 40,000-square-foot center will be located across Heyward Street from Stone Stadium, the Gamecocks' soccer facility, in the 41-acre footprint known as "the Roost." It will be the focal point of and the first piece in the re-developed area that eventually will include an athletics administration building, a sports-medicine facility, a volleyball facility, a Gamecock Club building, improvements to the tennis courts, soccer practice fields and outdoor track.

Student-athletes are expected to be in and out of "the Dodie" throughout the day as they use computers and study areas, receive tutoring, counseling and advising and even eat their meals.

Some other features of the building include:

- Full-service cafeteria
- Dietitian's office
- Audio/visual multi-purpose room
- 20 tutoring rooms (accommodates 2-4 people)
- 15 seminar rooms (accommodates 6-8 people)
- Math and English labs
- Special needs learning lab
- One large quiet study room
- One small quiet study room
- One large computer lab containing 58 computers
- Two small computer labs containing 16 computers
- Student-athlete lounge
- Academic support staff offices
- Full wireless capabilities throughout the facility
- Academic Hall of Fame



# FACILITIES S

COLONIAL LIFE ARENA

> BECKHAM FIELD

VOLLEYBALL COMPETITION FACILITY

> WEEMS BASKIN TRACK

WILLIAMS-BRICE STADIUM





# AMERICA'S ELITE BASKETBALL







ALABAMA



ARKANSAS



AUBURN



FLORIDA



GEORGIA



KENTUCKY



LSU



MISSISSIPPI



MISSISSIPPI STATE



SOUTH CAROLINA



TENNESSEE



VANDERBILT

With eight national championships, 10 runner-up finishes, a nation-leading 34 Final Four appearances and 95 first-team All-America honors, the Southeastern Conference stands firmly as the nation's premier intercollegiate women's basketball conference.

#### **NCAA Tournament Rich**

SEC teams lead the nation with 170 NCAA Tournament appearances (42 ahead of the second-place conference), 318 NCAA Tournament game wins (133 more than the nearest league), 34 NCAA Final Four appearances (more than two times any other conference) and eight national titles. League teams have earned appearances in 25 of 28 NCAA Final Fours, an accomplishment unmatched by any other league. The SEC has placed 18 teams in a record 16 NCAA Championship games with the league providing both national finalists in 1996 and 1989. In 1999, the SEC became the first league to have eight teams invited to the NCAA Tournament and repeated the feat in 2002. The league has put more teams in the NCAA Tournament than any other conference 21 times in the 28-year history of the event.

#### **All-Americans Abound**

In the 34 years that All-Americans have been named in women's basketball, the SEC has had 64 student-athletes named first team a total of 95 times. Since the league began sponsoring women's basketball in 1982-83, 56 student-athletes have earned a total of 83 selections to the All-America first team. Seven Naismith Player of the Year winners have come from the SEC as have six Honda Sports Awards winners. The SEC boasts nine NCAA Post-Graduate Scholarship winners and 26 Academic All-Americans as well.



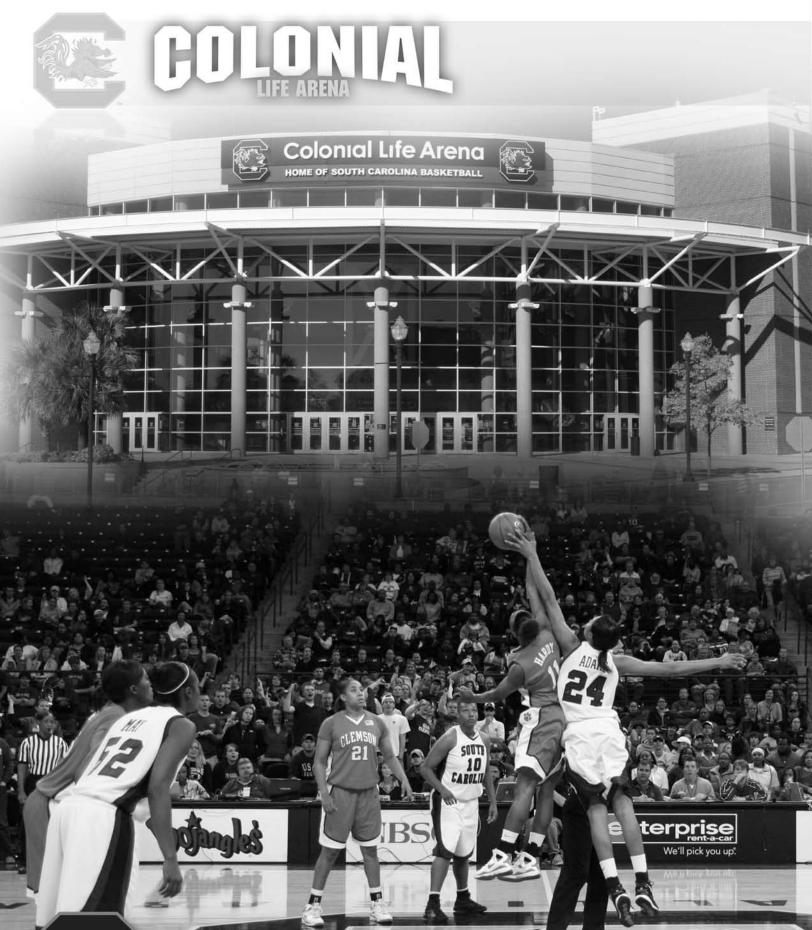
### On a World Stage

SEC schools have produced 35 United States Olympians since 1976, with 31 coming since the SEC began sponsoring women's basketball in 1982-83. In addition, 36 players have been part of a Women's National Team and 30 have been on a Women's World Championship Team roster.

### Power in the Polls

Since it began sponsoring women's basketball in 1982, the SEC has had at least four members in each of the final polls in all but three seasons. League teams have been ranked 2,507 times, including 1,250 Top-10 appearances and 711 Top-5 showings. SEC teams boast 136 No. 1 rankings in the AP Poll.

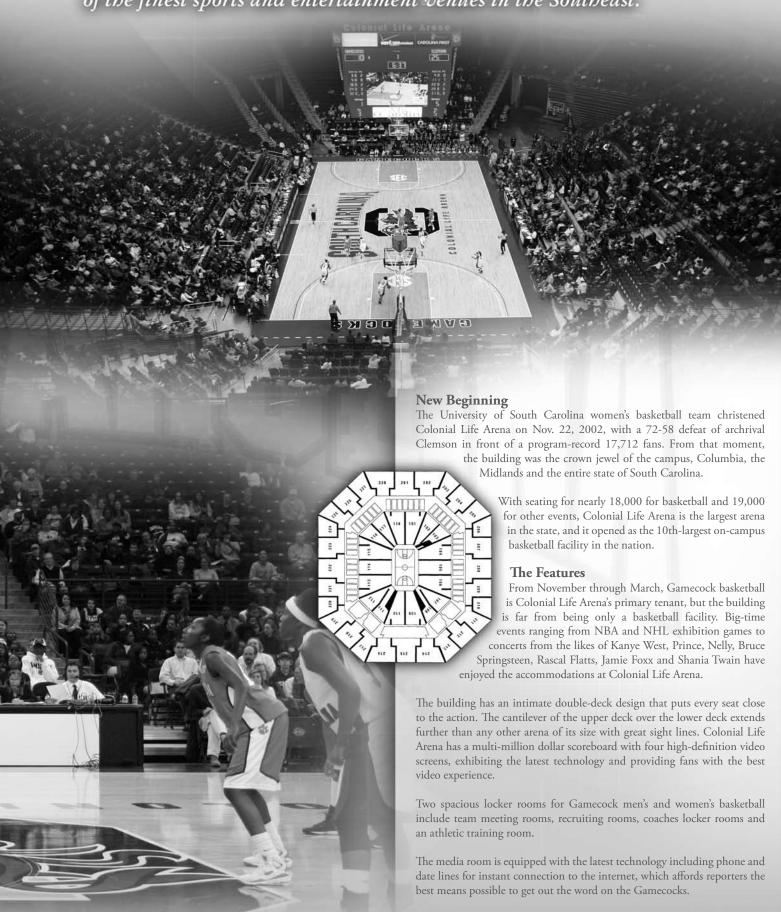






Colonial Life Arena

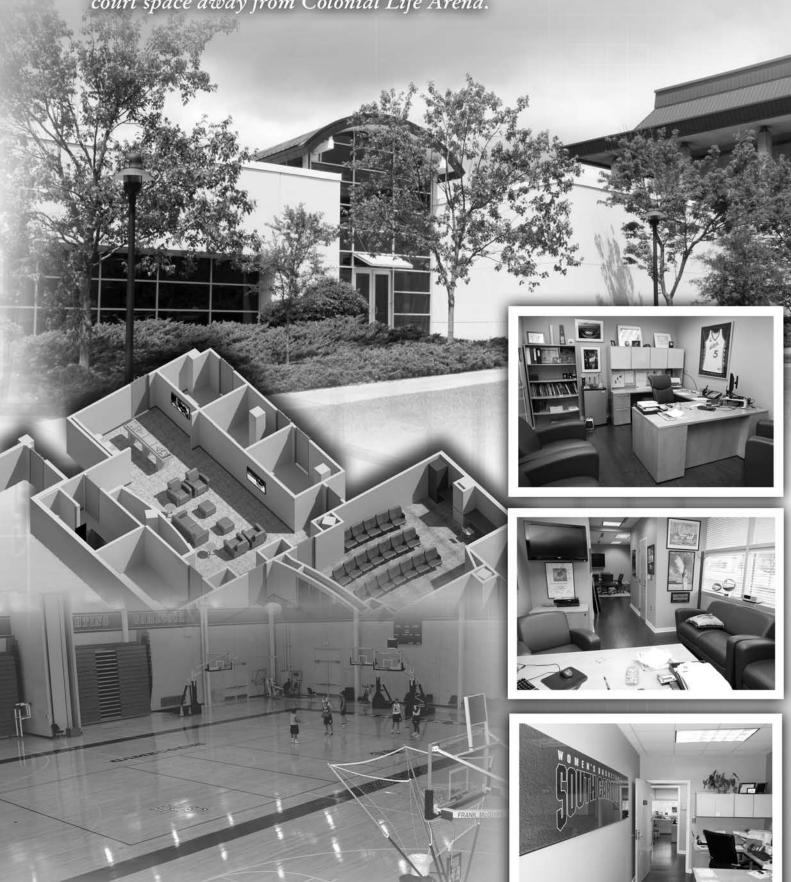
Along with serving as the home of the South Carolina men's and women's basketball teams, the \$65 million, 18,000-seat Colonial Life Arena is one of the finest sports and entertainment venues in the Southeast.



# PRACTICE FACILITY FIRST-CLASS VENUE



After undergoing a radical facelift over the course of the 2008-09 season, the Basketball Practice Facility provides South Carolina women's basketball players and coaches with luxury office and locker room space as well as court space away from Colonial Life Arena.









With fans of all ages fueled by the energy of mic man Curtis Wilson, the pep band, the cheerleaders and Cocky, there are few arenas that capture the excitement and passion of basketball game day like Colonial Life Arena.





# ACADEMIC SUPPORT

### **Academic Services**

- Tutoring and Mentoring
- Technology Resources (laptops, calculators, voice recorders, educational software, flash drives)
- Course Registration/Major Selection
- Textbook Distribution
- Travel Letters
- Objective Based Study Hall
- Educational Testing
- Academic and Attendance Monitoring
- Counseling Services and Referrals (Sport Psychologist)
- Orientation Sessions
- Provide Study Skills/Learning Strategies
- Progress Reports
- Graduation Plans
- Internship Placement

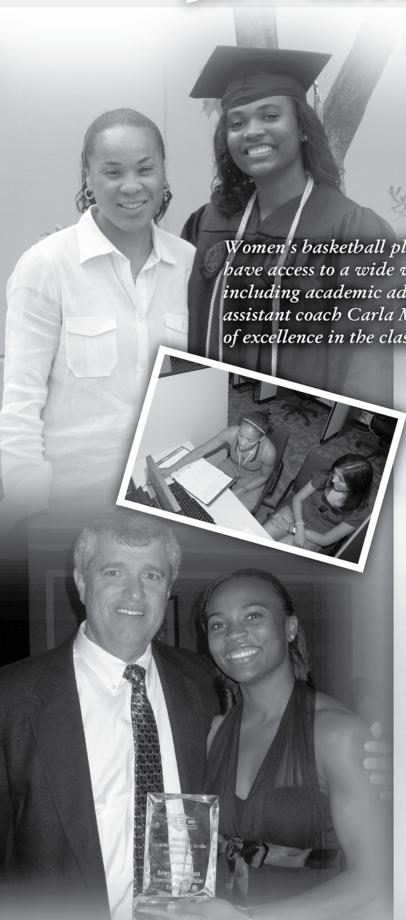
### Academic Highlights from 2008-09 Academic Year

- Record 15 of 17 teams with a 3.0+ GPA (Spring Semester)
- Led SEC Honor Roll for six consecutive semesters
- Five consecutive semesters with a departmental GPA of 3.0+
- 99 student-athletes named to President's List (4.0 GPA)
- 563 named to AD's Honor Roll (Fall and Spring)
- 249 named to Dean's List
- Several teams recorded highest GPA on record – Baseball, Men's Basketball, Football, M. Soccer, W. Track and Cross Country
- Highest Team GPA (Fall 2008) Men's Golf
- Highest Team GPA (Spring 2009) W. Swimming and Diving



### ACADEMIC HONORS STARS IN THE CLASSROOM ORS





Women's basketball players at South Carolina bave access to a wide variety of resources, including academic advisor Maya McCoy and assistant coach Carla McGhee, in their pursuit of excellence in the classroom.

#### **Team Effort**

Academics is another team priority for Gamecock women's basketball, and the program has a long history of excelling in that endeavor. Academic advisor Maya McCoy and assistant coach Carla McGhee work closely with each player to ensure she is on track to be successful in whatever major she chooses. Under their watchful eyes, four Gamecocks earned spots on the 2008-09 SEC Winter Sports Academic Honor Roll. Since the 2003-04 season, South Carolina has had more academic honor roll selections (42) than any other team in the league. In 2006-07, a school-record 10 Gamecocks earned the 3.0 GPA required to make the list, which was the second-highest total for any basketball team in the history of the SEC.

### **Tools for Success**

Through McCoy and the rest of the academic services staff, women's basketball players receive or have access to the following:

- Monitored academic progress
- Professor contact
- Progress reports
- Travel letters
- Study hall
- Priority registration
- Tutoring
- Life Skills program
- Laptops, equipment checkout
- Book distribution

### 2008-09 SEC Winter Sports Academic Honor Roll



Demetress Adams Senior Psychology



Brionna
Dickerson
Senior
International
Business

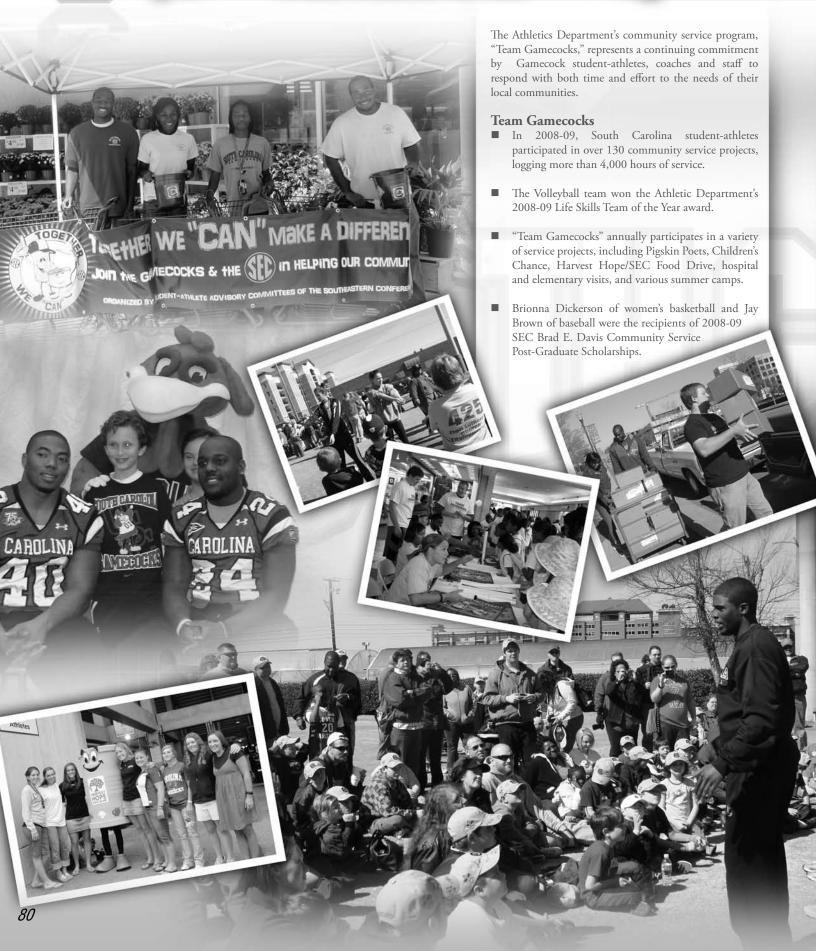


Jewel May Sophomore Psychology



Courtney Newton Sophomore Psychology

# TEAM GAMECOCKS



# COMMUNITY SERVICE





Head coach Dawn Staley is as well-known for her community service efforts as for her exploits on the basketball court, and the Gamecocks are following closely in her footsteps, dedicating themselves to helping a variety of constituencies in and around Columbia.



The Carolina Academic Resources and Enrichment Services program employs a team of dedicated staff and tutors who work to assist student-athletes with day-to-day activities. It is the mission of the C.A.R.E.S. staff to help all student-athletes realize their personal, academic and athletic potentials. The Athletics Department is dedicated to developing the total student-athlete.

#### **CHAMPS/Life Skills**

South Carolina was selected by the NCAA to begin a CHAMPS/Life Skills Program in 2000. CHAMPS is an acronym meaning CHallenging Athletes' Minds for Personal Success. The Life Skills Program addresses commitment to five areas: academic excellence, athletic excellence, personal development, career development and service. Additionally, in 2003, South Carolina was recognized by the Division I-A Athletics Directors' Association as a CHAMPS/Life Skills "Program of Excellence."

### **Etiquette Seminars: "Manners Matter"**

The Etiquette Seminar prepares student-athletes for internships and job hunting by emphasizing table manners and other etiquette appropriate for interview situations in an interactive, formal dinner setting.

#### Gamecock Athletics Career Network

It is essential for student-athletes to plan for the future and to prepare for life outside college athletics. A component of the CHAMPS/Life Skills Program, the Gamecock Athletics Career Network has resources available for identifying practicum and internship experiences to enhance the career development process. Other programs include mentoring, assistance with resume development and job interviewing skills, resume books, student-athlete networking seminars and collaborations with the University Career Center.

### **Gameock Networking Seminars**

In the fall of each year, the Athletics Department invites South Carolina lettermen and members of the career network to assist the department staff in training student-athletes in the skills needed to begin their professional careers. These seminars include topics such as interviewing, resume and cover letter writing, networking skills, dress and presentation.

### **Dress for Success**

In the spring of each year, the Athletics Department invites local business partners and South Carolina lettermen to assist the department staff in training student-athletes in the skills needed to appropriately present themselves in all professional settings. This seminar has a male and female presentation and covers all current trends of what is acceptable proper business attire.

### The Student-Athlete Advisory Committee

South Carolina has a Student-Athlete Advisory Committee (SAAC) made up of student-athlete representatives from each team within the Athletics Department. SAAC has been active in promoting department-wide community service projects and student-athlete camaraderie and is a means for student-athletes to communicate with administration about issues that affect student-athletes.

### **Senior Ring Ceremony**

In April of each year, the Athletics Department presents each of its graduating seniors with a South Carolina class ring. At a dessert reception, individual recognitions and presentations are made to each senior by his/her head coach.

### **Media Training**

Through the Life Skills program and the Media Relations Department, Carolina student-athletes participate in media training sessions that are designed to make them more comfortable in dealing with members of the media. The sessions include tips on dealing with the media and give student-athletes the opportunity to practice interviewing and speaking publicly.

### **Consequences For Your Actions**

"Consequences for Your Actions" is a seminar the Life Skills Department presents to all incoming student-athletes during all orientation sessions. A panel of members from the community, including judges, solicitors, head coaches, attorneys, and judicial staff members, answer questions and address many issues student-athletes face. The purpose of the event is to encourage responsibility and mature behavior among students and to teach them that there are consequences for the decisions they make.



### GAMEGOCK ATHLETICS





### **Sports Nutrition**

Healthy eating can be challenging for busy student-athletes attempting to excel in the classroom and on the field. The University of South Carolina Athletics Department recognizes the need for a well-balanced diet and proper hydration to thrive in sports and academics. To help studentathletes minimize nutritional challenges and optimize their performance, the athletics department's sports dietitian serves as an involved member of the sports medicine team. The sports dietitian provides nutrition education and counseling to student-athletes, coaches and athletic training staff. Understanding that appropriate food choices and meal timing enhance performance and gains, the sports dietitian is also involved in planning travel meals, one-on-one and team nutrition education, nutritionally related health issues and designing Training Table menus. Training Table, which opened in 2007, provides student-athletes with a variety of well balanced, nutritious meals. For breakfast, a buffet, a yogurt/granola bar and a complete hot line are available, while a stir-fry station, salad bar, smoothie machine, a hot line and ice cream machine are provided for dinner. Breakfast is served Monday through Friday and dinner is served Monday through Thursday.

### **Sports Medicine**

Injuries are unfortunately a common part of participation in intercollegiate athletics. The University of South Carolina is strongly committed to providing its student-athletes with the best medical care possible in order to maximize performance in the athletic arena and the classroom. Gamecock student-athletes are provided medical care 24 hours a day, seven days a week. This includes daily medical clinics in the athletic

training room by team physicians, including specialists in family and preventative medicine and orthopedic surgery. In addition, numerous consultants are available to Carolina student-athletes, including optometry, dentistry, cardiology, sports psychiatry and sports nutrition.

Health care for University of South Carolina student-athletes is provided by the USC Sports Medicine Center, a collaboration between the USC Department of Orthopedic Surgery and Department of Family and Preventative Medicine.

Orthopedic care is provided by Dr. Jeffrey Guy, who serves as medical director for the Athletics Department, and Dr. Christopher Mazoue, both of whom are sports medicine fellowship trained orthopedic surgeons. Dr. Jason Stacy and Dr. Ramon Ylanen, who specialize in primary care sports medicine, work hand-in-hand with the surgeons to provide superior care for Gamecock student-athletes.

The South Carolina athletic training staff provides the day-to-day care of Gamecock student-athletes. The athletic training staff consists of nine full-time certified athletic trainers and 10 graduate assistant athletic trainers who are responsible for emergency care, initial evaluation and diagnosis of injuries and post-injury treatment and rehabilitation for South Carolina student-athletes.

#### Strength and Conditioning

The University of South Carolina is dedicated to helping its student-athletes reach peak physical condition, allowing them to be at their best. Eight full-time strength and conditioning coaches are on staff at South Carolina and every athletic program is assigned one of those eight individuals. Strength coaches develop workout programs specific to each sport and provide guidance to assist student-athletes in reaching their full athletic potential.





and training facilities in the country at a variety of locations across campus. Athletic trainer Jennifer Herod and a team of physicians, led by Gamecock medical director Dr. Jeffrey Guy, can evaluate and rehab players in any of three training rooms, including the new multi-million dollar facility at Williams-Brice Stadium. In addition to overseeing the training table menu, dietitian Jennifer Hill is available for individual consultations and also provides team guidance on how to best navigate the grocery store aisles and how to make good food choices throughout the day. Strength and conditioning coach Jon Vaden is available to work with players in the weight room either at the practice facility or Colonial Life Arena.



**Jennifer** Herod Athletic Trainer



**Jennifer** Hill Dietitian



Jon Vaden Strength & Conditioning



Dr. Jeffrey Guy Medical Director



Dr. Chris Mazoué Team Physician



Dr. Jason Stacy Team Physician



Dr. Ramon Ylanen Team Physician







# Smooth Ride The Gamecocks enjoy charter flights to a majority of their SEC contests each season.

The Gamecocks enjoy charter flights to a majority of their SEC contests each season. For those overnight trips that are closer to Columbia, South Carolina also travels in the luxurious executive coach. The sleeper coach is equipped with a kitchenette, two refrigerators, a microwave, three flat-screen televisions, including two 42-inch sets, Direct TV DVD Boss and surround sound in the front and rear.

### **Adventure Games**

Head coach Dawn Staley knows the value in experiencing things outside one's comfort zone, and she makes sure to push her players' cultural and intellectual horizons as much as their athletic ones.

In her first season at South Carolina, Staley took her team to Cancun, Mexico, for a tournament over Thanksgiving. In addition to winning the tournament, the Gamecocks enjoyed luxury hotel accommodations, sandy beaches, jet skiing, banana boat rides and touring around town on scooters.

In 2009-10, South Carolina will take on stiff competition in the beautiful setting of St. Thomas, U.S. Virgin Islands. Around three games set at the University of the Virgin Islands Sports and Fitness Center, the Gamecocks will also experience the historic setting and untouched natural beauty of the island's breathtaking beaches, crystal clear blue water and pristine coral reefs.



Part of the student-athlete experience is travel, and the Gamecocks go in style. From upgraded buses and charter flights for games in the continental United States to international jaunts to Cancun and the Virgin Islands, South Carolina offers only the best.

# GALL SOUTH QUAD HOME



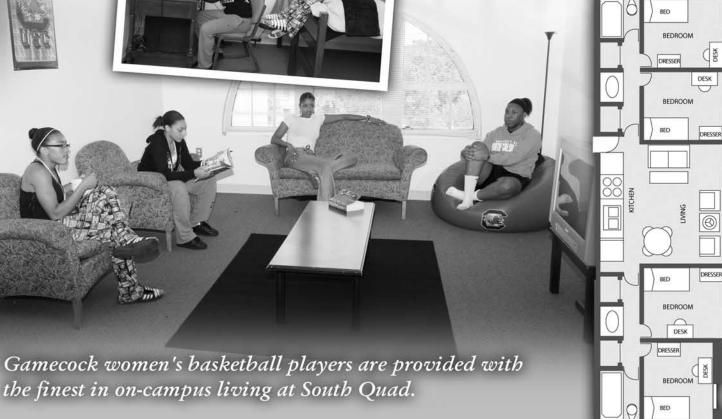


South Carolina students enjoy the "suite life" in the South Quad, which gives each student more room and privacy with suites featuring private bedrooms, a living room, full kitchen, private bathrooms and many more amenities

Located on the corner of Wheat and Sumter Streets, South Quad is conveniently located next to the Blatt Physical Education Center, garage parking and other key parts of campus. For those students who choose not to do their own cooking in the fully equipped kitchen, the Russell House and Cooper's Corner are located nearby. Larger than many apartments, the South Quad has multiple floor plans with the smallest suite starting at 800 square feet.

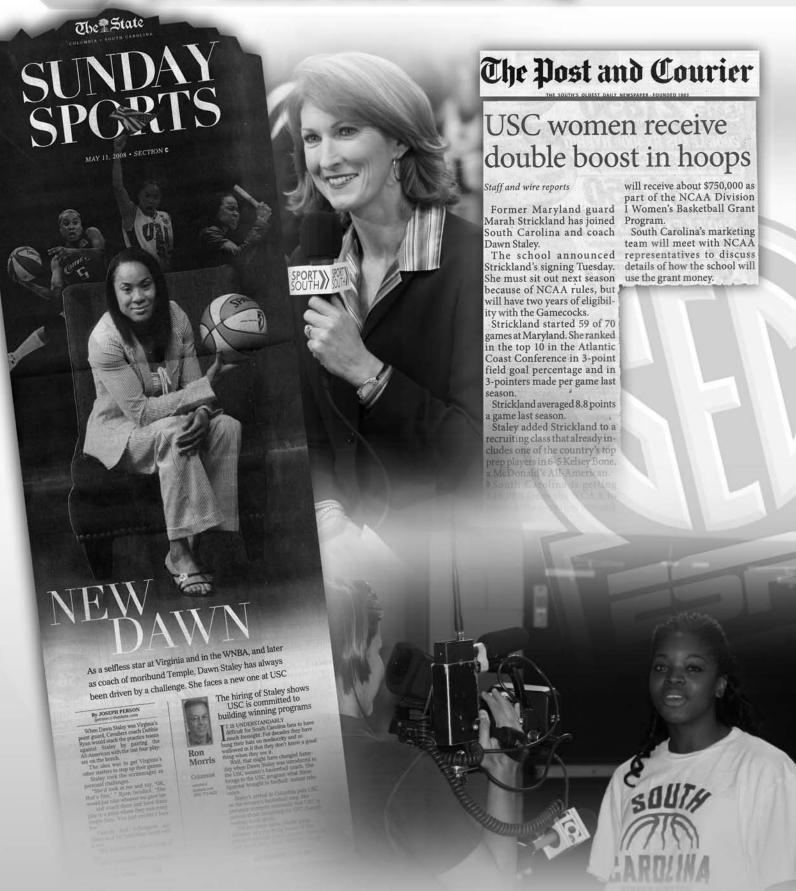
Here are just a few of the South Quad amenities:

- Suites are shared by two or three people.
- Each student enjoys own bedroom and private phone line.
- Suite mates share a private bathroom.
- Spacious living room for friends to relax and study
- Suites offer cable TV and are wired for computers and the Internet.
- All suites enjoy maid service.
- Spacious lobby and patios overlooking the courtyard
- Private coin-operated laundry facilities
- Private academic study areas
- Security guard with restricted access to visitors
- Conveniently located on campus





### VEDA EXPOSIRE COVERAGE



Whether they are on the court or in front of a microphone, Gamecock women's basketball players have a place in the local and national media spotlight.







### FRESHMAN YEAR

#### **Academic Goals**

- 3.0 GPA
- SEC Freshman Academic Honor Ro

### **Athletic Goals**

- Starter
- Average a double-double
- SEC All-Freshman Team
- SEC Freshman of the Year
- USA Basketball participant

### **Team Goals**

- Top 15
- SEC champions
- NCAA Sweet 16

La'Keisha Sutton became a regular starter and the highestscoring freshman in SEC play in 2008-09, making her a unanimous SEC All-Freshman Team selection.

### **SOPHOMORE YEAR**

### **Academic Goals**

- 3.2 GPA
- Declare a major
- SEC Winter Sports Academic Honor Roll

### **Athletic Goals**

- Starter
- All-Conference
- All-American
- USA Basketball participant

### **Team Goals**

- Top 10
- SEC champions
- NCAA Elite Eight



As a sophomore, Jewel May worked her way into a starting job in 2008-09 and finished the season as part of the SEC Winter Sports Academic Honor Roll.

Behind her belief that the disciplined person can achieve anything, head coach Dawn Staley encourages her players to set intermediate goals while pursuing the ultimate in individual and team success.



### **JUNIOR YEAR**

#### **Academic Goals**

- 3.4 GPA
- SEC Winter Sports Academic Honor Roll
- Academic All-America

### **Athletic Goals**

- Starter
- Team captain
- All-Conference
- All-American
- Player of the Year
- USA Basketball participant

### **Team Goals**

- Top 5
- SEC champions
- NCAA Final Four



As a junior in 2007-08, Demetress Adams made her mark on the SEC, earning All-Conference honors as well as a spot on the league's All-Defensive Team. She was also on the SEC Winter Sports Academic Honor Roll.

### **SENIOR YEAR**

#### Academic Goals

- 3.5 GPA
- Graduate cum laude
- SEC Winter Sports Academic Honor Roll
- Academic All-American
- Postgraduate NCAA Scholarship

### Athletic Goals

- Starter
- Team captain
- All-Conference
- All-American
- All-Defensive Team
- Player of the Year
- USA Basketball participant
- WNBA first-round draft pick
- USA Olympic team

### **Team Goals**

- No. 1 ranking
- SEC champions
- NCAA Final Four

National champions



Despite a season-ending injury early in the SEC season, Brionna Dickerson earned a spot on the 2008-09 ESPN The Magazine Academic All-District Team and was the female recipient of the Brad Davis SEC Community Service Postgraduate Scholarship.





### WNBA

### Shannon Johnson

Originally drafted by the Columbus Quest of the American Basketball League in 1997, Shannon Johnson signed with the WNBA's Orlando Miracle in 1998 after the ABL folded, becoming the first former Gamecock in the WNBA. In her 11th season in the league, Johnson signed with the Seattle Storm in 2009 after stints with the Miracle, Connecticut Sun, San Antonio Stars, Detroit Shock and Houston Comets. The four-time All-Star has posted 10.1 points and 4.1 assists per game over her career while starting 289 of 348 games played.

#### Shaunzinski Gortman

The first SEC player taken in the 2002 WNBA Draft, Shaunzinski Gortman was selected by the Charlotte Sting with the ninth overall pick then shipped to the Minnesota Lynx as part of a draft-day trade. Following a two-year stint with the Lynx, she spent part of 2004 with the Washington Mystics before playing overseas for Maccabi Ashdod in the Israel Pro League in 2005. Gortman spent three seasons total in Israel before heading to Spain for the 2008-09 season, during which she averaged 8.9 points and 5.2 rebounds for Hondarribia-Irun.

### Jocelyn Penn

Drafted by the Charlotte Sting with the ninth overall pick of the 2003 WNBA Draft, Jocelyn Penn played for the Washington Mystics and the San Antonio Silver Stars during her career. In 31 games with the Mystics and Silver Stars, Penn averaged 2.9 points and 1.7 rebounds per game before being hampered with right shoulder tendinitis/bursitis. She continued her basketball career overseas, playing in Croatia, Poland, Sweden and Turkey, where she led her Burhaniye Belediyesi team with 17.9 points per game in 2008-09 and earned second-team All-Turkish TBBL and Turkish TBBL All-Defensive Team honors.

#### Petra Uihelvi

The only former Gamecock to win a WNBA title, Petra Uhjelyi was originally drafted as the No. 16 overall pick of the Phoenix Mercury in 2003. Following the draft, she was traded to the Detroit Shock, which went on to win the 2003 WNBA championship. Ujhelyi played in 14 games during the team's 24-10 season. Since the 2003 championship season, Ujhelyi has helped Anda Ramat Hasharon of the Israel Pro League to a pair of Israeli Cup titles and a third-place finish in the 2006 EuroCup. She has also played on teams in Spain and Turkey, including spending the 2008-09 season with the Spanish team Rivas Ecópolis. Ujhelyi also represented her homeland as part of Hungary's national team in the EuroBasket Women 2009 qualifier.







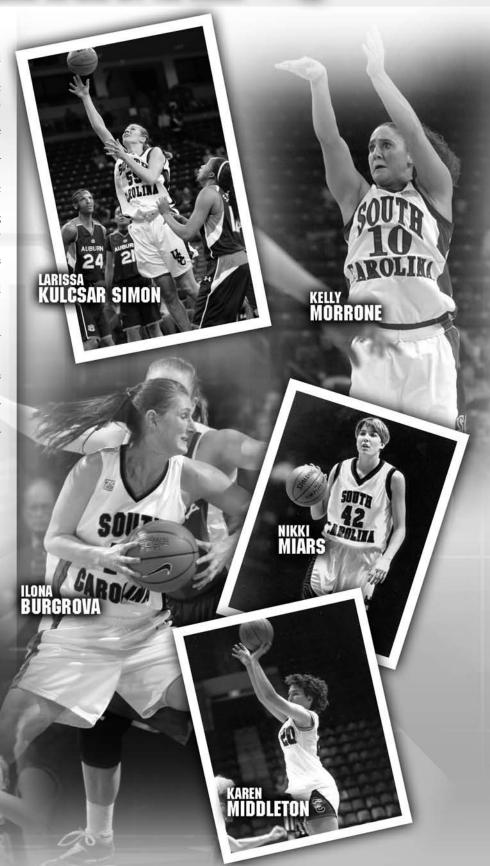


# SUCCEEDING ON AND OFF THE COURT

- Demetress Adams (2009) is playing professional basketball overseas.
- Brionna Dickerson (2009) is an assistant girls' basketball coach at Heathwood Hall in Columbia.
- Ilona Burgrova (2008) is continuing her graduate work at the University.
- Larissa Kulcsar Simon (2006) is a financial manager at Collexis Holdings, Inc.
- Kelly Morrone (2004) is an assistant coach at Davidson College.
- Shaunzinski Gortman (2002) is playing professionally overseas after spending five years in the WNBA.
- Shannon Segres (2002) is a nurse at Johns Hopkins Hospital.
- Casie Key Butler (2000) works in the Richland One School District.
- Nikki Miars (1998) is a high school head coach.
- Shannon Johnson (1996) is a four-time WNBA All-Star who continues to play in the league.
- Cindy Kelly (1996) is a high school head coach.
- Karen Middleton (1991) is the head women's basketball coach at Western Carolina University.
- Martha Parker Hester (1989) practices family medicine in Columbia.
- Sharon Rivers (1983) is a territory sales manager for Phillip Morris USA.
- Lisabeth Conklin Boudreaux (1982) is a pharmacist.

SHANNON JOHNSON

■ Sheila Foster (1982) teaches high school.



Former Gamecocks are excelling both on the court and off, thanks to the depth of their experiences at the University of South Carolina.

### STALE Y BASKETBALL ACADEMY





### Parent/Child Camp

This is a fun and exciting day of basketball for you and your child to participate in basketball drills, contests and games. The camp is designed to provide quality time with the camper and parent and for the parent to become familiar with teaching basketball fundamentals. Participants will enjoy their time both on and off the court while learning about the day-to-day operations of the Gamecock basketball program and interacting with former and current South Carolina players and coaches. The camp is open to boys and girls ages 6-17 and any adult (over the age of 21) child combo is eligible (i.e. grandparent-grandchild, uncle-nephew, aunt-niece, older sibling-younger sibling). What better way to create legendary moments than attending the South Carolina parent/child camp? This will make a great Mother's Day or Father's Day gift.

### Individual Overnight and Day Camp

This camp is designed to develop and teach basketball skills. The camp will emphasize fundamental basketball and overall player development. Daily instruction and stations will focus on dribbling, ball-handling, shooting, rebounding and defensive techniques. Campers will compete on teams in order to apply their individual skills to the team concept. The camp is open to rising 6th-12th grade girls.

### Elite Camp

This camp is designed for players who love the game. It features in depth training on how to excel at the guard or post position and is open to rising 9th -12th grade girls. The curriculum is much more specific than our regular skills camp and involves all aspects of the game that are keys to successful guard and post play. Highlights for guards will include learning how to control tempo, how to recognize defenses, how to lead the fast break and the mental approach to being a guard. Emphasis for post players will be placed on developing offensive post moves, rebounding, positioning and blocking out, hitting the outlet and playing with aggressiveness. The goal of this camp is to help you gain direct insight from the South Carolina basketball staff and players on what it takes to be successful.

### "Little Gamecock" Day Camp

The "Little Gamecock" camp is a basketball fundamental camp for individual players designed to provide necessary skills foundation and is open to rising 1st-5th grade girls and boys. Each day will be broken up into shooting, defense, passing, ball handling, and footwork. Instruction will be provided by former and current Gamecock players. Come to the beautiful South Carolina campus for a fun-filled basketball camp experience.

### Day in the Life Camp

Our "Day in the Life" camp is designed to give aspiring NCAA Division I basketball players (any and all rising 9th, 10th, 11th and 12th grade girls) a sense of how a D-I program works and what is involved in being a D-I student-athlete. The camp will be run by our South Carolina coaching staff and players. It will feature skill development, games, and presentations on the various aspects of college life. This camp is a "can't miss" for the serious, committed basketball player.

### Team Camp Shootout

Our shootout is open to all high school and AAU teams and features experienced, certified officials. It will be the premier shootout in the South and provides a unique opportunity for your team to train together and improve your players' skills. Teams are categorized into separate divisions to provide the most competitive summer experience and are guaranteed four games. Our shootout is a great opportunity to play teams that are not on your regular-season schedule!



### Cocky, the South Carolina Mascot

South Carolina's official mascot, Cocky, appears at many Gamecock athletic events. Cocky is widely recognized around the country and makes countless appearances at events throughout Columbia and The Palmetto State. Cocky first took action at Carolina events in 1980 when he came in to take his father's (Big Spur) place. Cocky soon won the hearts of Gamecock fans all over and now is one of the most recognizable figures to young and old at Carolina. Cocky has also captured national attention in the UCA (Universal Cheerleading Association) Mascot Competitions. In 1986, Cocky brought home his first UCA Mascot Championship. Cocky was chosen National Mascot of the Year in 1986, 1994, 2004 and again in 2009. Cocky is recognized as one of the most colorful mascots in collegiate athletics.

### The Cockaboose Railroad

The Cockaboose Railroad is like no other tailgating tradition in the country. Twenty-two cabooses line a railroad track just outside Williams-Brice Stadium - but these rail cars don't move, and they certainly aren't something you would see passing by on the end of a train. Running water, cable television, air conditioning and heating, and a living room highlight each and every Cockaboose.

The theme "2001" corresponds with the University's Bicentennial, which was celebrated eight years ago. The theme song from "2001 - A Space Odyssey" is played at nearly all Gamecocks Athletics events and is most widely recognized for its use with the Carolina Football team's pregame entrance, which is regarded as perhaps the most unique and electrifying in all of college football.

#### Alma Mater

### "We Hail Thee Carolina"

We hail thee, Carolina, and sing thy high praise/With loyal devotion, remembering the days/When proudly we sought thee, thy children to be: Here's a health, Carolina, forever to thee!

Since pilgrims of learning, we entered thy walls/And found dearest comrades in thy classic halls/We've honored and loved thee as sons faithfully: Here's a health, Carolina, forever to thee!

Generations of sons have rejoiced to proclaim/Thy watchword of service, thy beauty and fame/For ages to come shall their rallying cry be: Here's a health, Carolina, forever to thee!

Fair shrine of high honor and truth, thou shalt still/Blaze forth as a beacon, thy mission fulfill/And crowned by all hearts in a new jubilee: Here's a health, Carolina, forever to thee!

#### Fight Song

### "The Fighting Gamecocks Lead the Way"

Hey, Let's give a cheer, Carolina is here, The Fighting Gamecocks lead the way.

Who gives a care, If the going gets tough, And when it is rough, that's when the 'Cocks get going.

Hail to our colors of garnet and black, In Carolina pride have we.

So, Go Gamecocks Go - FIGHT! Drive for the goal - FIGHT! USC will win today - GO COCKS! So, let's give a cheer, Carolina is here. The Fighting Gamecocks All The Way!

