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## UNIVERSITY INFORMATION

Location	Columbia, S.C.
Founded	1801
Enrollment	25,077
Affiliation	NCAA Division I
Conference	Southeastern
Colors	Garnet (PMS 202) & Black
Nickname	Gamecocks
President	Dr. Harris Pastides
Athletics Director	Eric Hyman
Executive Associate AD	Kevin O'Connell
Senior Associate AD/SWA	Val Sheley
Faculty Athletics Representative	Dr. William Bearden
Swimming/Diving Facility	Carolina Natatorium (1,200)

## COACHING STAFF

Head Swimming Coach	McGee Moody - 3rd Year (East Carolina, '98)
Head Diving Coach	Todd Sherritt - 17th Year (Cincinnati '82)
Assistants	Allison Brennan, Jason Memont, Abby Steketee, Steve Steketee

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Conference Finish	8th
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## WOMEN'S TEAM INFORMATION

2008-09 Dual Meet Record	5-5
SEC Dual Meet Record	1-3
Conference Finish	7th
NCAA Finish	Competed/no score
SEC Champions	1
Returners (Swimming)	17
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## MEDIA GUIDE CREDITS

The 2009-10 South Carolina Swimming and Diving Media Guide is a publication of the South Carolina Athletic Media Relations Office. Design, writing and editing by Assistant Media Relations Director Wes Todd. Cover design by Grant Hawkins. Editorial assistance provided by Steve Fink, Emily Feeny, Matt Freed, Andrew Kitick, Miquel Jacobs, Diana Koval, Koby Padgett and media relations student assistants. Photography by Jason Ayer, Willis Glasgow, Gregg Martin, Mike Ricke, Allen Sharpe, the Columbia Chamber of Commerce, the South Carolina Department of Parks, Recreation and Tourism, and the South Carolina Media Relations archive files. Printing by Service Printing of Columbia, S.C.

Special thanks to the swimming and diving staff for their help with the completion of this publication.

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# 2009-10 Season Preview/Schedule

There's no denying the progress that the South Carolina swimming and diving program has made in the last two years under head coach McGee Moody and his staff. During the 2008-09 season, the Carolina men turned in a 29th-place finish at the NCAA Championships – their best in three seasons – and the women finished seventh at the SEC Championships – also their top finish in three years.

And with the amount of talent that continues to pour into the Gamecock program, reaching a higher, elite level might only be a year or two away.

But this season is another stepping stone for the Carolina program, another opportunity to show the conference and the nation that the Gamecocks are becoming a force to be reckoned with.

## WOMEN'S SWIMMING

Led by senior and two-time Olympian Shantelle McLean, along with juniors Claire and Christine Thompson and Megan Sparks, the Gamecock women return all but two letterwinners from last year's squad.

However, those two losses were big ones. Amanda Dunnigan was the Gamecocks' top option in the breaststroke and individual medley events, and broke the school records in both IM events last season. In addition, Kassy Kugler provided depth in the sprint freestyle events and was a mainstay for the Carolina relay squads.

"Losing Amanda Dunnigan last year was hard, but I think the athletes we have can step up to the plate," Moody said. "In the IM events, we're going to be a little weaker than in the past; that will always happen when you graduate the varsity record-holder. We'll probably look at Megan Sparks to do some IM this year; it fits pretty well into the dual-meet lineup."

McLean holds the school record in the 50-yard freestyle and will be at the forefront of the sprint events, with the Thompson twins holding down the mid- and long-distance freestyle events. In addition to swimming the IM, Sparks is the top returner in the backstroke events as well. Lydia Hackert and Mallory Cage are the top returners in the breaststroke.

The top butterfly performer last season as a freshman, Lindsey Olson, will likely take a redshirt this year after having shoulder surgery in the offseason. Moody would not rule out the possibility of her returning in the spring, but said it was unlikely.

However, some of the newcomers will have a chance to step into major roles immediately. Freshman Meghan Brockington looks to be the lead butterfly specialist with Olson out.

"Meghan's times convert to what Lindsey had when she came in," Moody said. "So what we initially thought was going to be a 1-2 punch is now an area where there's a lot of weight on Meghan's shoulders."

Another freshman that has impressed is Haley Staubach. A Georgia native, Staubach may be able to provide major depth in the backstroke events.

"She's looked really good in preseason," Moody said. "I think she's going to have a big impact on our backstroke events. She would allow us to put Megan Sparks in an IM and not have to worry about the backstroke events."

## MEN'S SWIMMING

Despite the losses of All-Americans Nick Walkotten and Kyle Cormier, Moody expects a solid year from the Carolina men's team.

"Overall, the attitude of the men's team has changed dramatically," he said, "in terms of the way they're viewing the competition that's coming in. They're a lot more focused than they've been in the past. They worked really hard in the summer, and they're ready to race."

Senior Andy Atzhorn, a team captain, is the top returner for the Gamecocks. He will swim the IM events after putting together a strong summer that included solid performances at the U.S. Open.

"Andy had a huge summer," Moody said. "He dropped 10 seconds off his long-course 400 IM, so he's ready to make an immediate impact. He knows what he needs to do to contribute."



James Crawford

Sophomores Armin Hornikel and James Crawford look to build on successful seasons as the top returners in the breaststroke and backstroke events, respectively. Hornikel advanced to finals in two events at the SEC Championships, and Crawford was part of two top relay squads.

A big help could be the return of junior Dominique Lendjel. Injured before the start of the 2008-09 season, he is still working to get back to 100 percent. But his ability in the backstroke and IM events could give the Gamecocks major depth.

"(Dominique) eases the loss a little bit of Kyle and Nick because he does have NCAA and international meet experience,"

Moody said. "If he can hold it together and stay injury-free, I think he can get back and swim fast. And we need him to."

Versatile sophomore Chris Kelly will concentrate mostly on the IM and backstroke events and looks to be a part of the 800 FR team. Another sophomore, David Livsey, will shift to the sprint free events.

Sophomore Dan Jackson, who scored in the 1650 free at SEC Championships,

will have plenty of help on the way for the distance events with three freshmen – Brooks Ross, Michael Flach and Matt Columbus – pushing for spots in those events.

Speaking of recruits, the incoming men's class was rated No. 21 in the country by CollegeSwimming.com. Two of the signees were ranked in the nation's top 100.

"I think we have three that are really going to stand out," Moody said. "Max Heinze from Germany, Bobby Cave from London, Michael Flach from Virginia... I think all three of those guys have NCAA potential immediately. They all have potential to score at SECs immediately, and they're going to be huge on a dual-meet scoring scenario. But our whole freshman class – not just those three – are going to be big contributors."

## DIVING

Diving coach Todd Sherritt, in his 17th season at South Carolina, has put together what he calls the best collection of talent in his career. And for a coach that has produced nine SEC Champions and an NCAA Champion, that's saying something.

Taryn Zack returns for her junior year after capturing the SEC title on the 1-meter board in 2009. She is nearing full strength after battling through a wrist injury for the latter half of the season; necessitating offseason surgery. But when she gets back to 100 percent, there are few in the country that can compare.

"Taryn is going to be a major player this year," Sherritt said. "We're looking for her to be in position to win the NCAA and SEC Championships. Helen Alvey and Allison Barr, they have potential to be top-eight in the SEC, top-16 in the country."

Two new additions to the roster will add even more firepower to already potent lineup. Freshman Christina Canali brings plenty of talent to Columbia, while Junior Courtney Forcucci, a transfer from Houston, brings conference championship and NCAA experience as she has competed in the national meet the last two years.

"Courtney is coming off a great summer... Top 12 in the country," Sherritt said. "She's in a position to win the conference and score well at NCAAs as well."

On the men's side, freshman Rylan Ridenour looks to make an immediate impact after a strong summer, and fellow freshman Nikolas Sachs has shown the potential to be a top-flight diver at the SEC level. They will join sophomore Ryan Kuser – the men's team's only returner – and redshirt freshman Jacob Sims to give Sherritt his deepest men's team in several years.

"I think we can get points out of several of these guys at SECs," Sherritt said. "There's a lot of talent in this group."

## OUTLOOK/SCHEDULE

The fall season gives South Carolina several immediate opportunities to face top-level competition. The year opens with a home meet against SEC foe Kentucky on Oct. 9, which is then followed by trips to North Carolina (where they will also face Virginia Tech), Clemson and Tennessee. The team will then host the Gamecock Invitational, which will see more top teams such as Florida and East Carolina visit Columbia.

Following the holiday break, the team will have a dual meet at the College of Charleston, followed by home meets against Duke, UNC Wilmington and Vanderbilt. The regular-season wraps up with a tri-meet with Alabama and Georgia in Athens, Ga., which also happens to be the site of the SEC Championships three weeks later.

With so many fresh faces on the roster, Moody knows the SEC season will be an eye-opening experience.

"The large majority of our team right now are freshmen and sophomores," Moody said. "But they have to be ready to compete. They're going to have their eyes opened in our first meet against Kentucky when they see what SEC competition is all about."

## 2009-10 Schedule

Date	Opponent	Time
<b>Oct. 9</b>	<b>KENTUCKY *</b>	<b>1 p.m.</b>
Oct. 17	at North Carolina / vs. Virginia Tech	2 p.m.
Oct. 30	at Clemson	5 p.m.
Nov. 6	at Tennessee *	2 p.m.
<b>Nov. 19-21</b>	<b>GAMECOCK INVITATIONAL</b>	<b>All Day</b>
Dec. 3-5	at Ohio State Invitational (Diving)	All Day
Jan. 9	at College of Charleston	2 p.m.
<b>Jan. 16</b>	<b>DUKE</b>	<b>2 p.m.</b>
<b>Jan. 23</b>	<b>UNCW / VANDERBILT *</b>	<b>2 p.m.</b>
Jan. 30	at Georgia * / vs. Alabama *	2 p.m.
Feb. 17-20	SEC Championships (Athens, Ga.)	All Day
Mar. 12-14	NCAA Zone B Diving (Atlanta, Ga.)	All Day
Mar. 18-20	NCAA Women's Championships (West Lafayette, Ind.)	All Day
Mar. 25-27	NCAA Men's Championships (Columbus, Ohio)	All Day



## WOMEN

Name	Event(s)	Year	Hometown (Previous School)
Kerry Abel	Fly/Free	Fr.	Northville, Mich. (Novi)
Sherah Aiken	Free	Sr.	Ocala, Fla. (Westport)
Helen Alvey	Diving	So.	Alpharetta, Ga. (The Walker School)
Aileen Atzhorn	Breast/IM	So.	Gulf Breeze, Fla. (Gulf Breeze)
Whitney Avers	Free/Fly/IM	Fr.	Arnold, Md. (Broadneck)
Allison Barr	Diving	Jr.	Orlando, Fla. (The First Academy)
Sarah Bartlett	Back	So.	Fort Mill, S.C. (Fort Mill)
Shaylyn Blake	Free/Fly	Jr.	Davidson, N.C. (North Mecklenburg)
Blair Bowers	Free/Back	Fr.	Columbus, Ga. (Gardner-Webb)
Meghan Brockington	Free/Fly	Fr.	Courtice, Ontario, Canada (Clarington Central Secondary)
Mallory Cage	Breast	So.	Waxhaw, N.C. (Weddington)
Christina Canali	Diving	Fr.	North Potomac, Md. (T.S. Wootton)
Kristina Delp	Free	Sr.	Baldwin, Md. (Perry Hall)
Sarah Deuell	Diving	RS Fr.	Irmo, S.C. (Dutch Fork)
Jordan Gibbs	Free	Fr.	Severna Park, Md. (Severna Park)
Katie Glanton	Fly/Breast	Fr.	Waxhaw, N.C. (Marvin Ridge)
Logan Griffith	Free/Breast/IM	Fr.	Destin, Fla. (Fort Walton Beach)
Lydia Hackert	Breast/Back	So.	Centerville, Ohio (Centerville)
Bridget Halligan	Free	Jr.	Paoli, Pa. (Villa Maria Academy)
Alyssa Hand	Breast/IM	So.	Hockessin, Del. (Saint Mark's)
Stephanie Hellenga	Free	Jr.	LaPorte, Ind. (LaPorte)
Kelly Kirchlner	Fly	Sr.	Auburn, Ala. (Auburn HS)
Colleen MacMillan	Free	Fr.	New Britain, Pa. (Central Bucks West)
Meridith McKee	Back	Sr.	Wayne, Pa. (Upper Merion)
Sharnelle McLean	Free/Fly	Sr.	Morvant, Trinidad (SE Port-of-Spain Gov't Secondary)
Lindsey Olson	Free/Fly/IM	So.	Charleston, S.C. (First Baptist Church School)
Anna Pfeiffer	Breast/IM	Fr.	Greenville, N.C. (Washington)
Lauren Plowman	Breast/Fly	Fr.	Atlanta, Ga. (Marist School)
Morgan Ricke	Diving	Sr.	New Albany, Ind. (New Albany)
Claire Shannon	Free	Fr.	Cincinnati, Ohio (Turpin)
Megan Sparks	Back	Jr.	Carmel, Ind. (Carmel)
Haley Staubach	Back/Fly	Fr.	Lilburn, Ga. (Parkview)
Laura Beth Thomas	Fly/Free	Fr.	Aiken, S.C. (South Aiken)
Christine Thompson	Free/IM	Jr.	Largo, Fla. (Admiral Farragut)
Claire Thompson	Free/IM	Jr.	Largo, Fla. (Admiral Farragut)
Elizabeth Wilner	Fly/IM	Fr.	Jacksonville, Fla. (Bolles)
Taryn Zack	Diving	Jr.	Stony Plain, Alberta, Canada (Vimy Ridge Academy)

## MEN

Name	Event(s)	Year	Hometown (Previous School)
Andrew Atzhorn	IM/Back	Sr.	Gulf Breeze, Fla. (Gulf Breeze)
Isaac Badillo	Free/Back/Fly	So.	Columbia, S.C. (Ridge View)
Robert Cave	Breast	Fr.	Hertfordshire, England (East Barnet)
Matt Columbus	Free/IM	Fr.	Cincinnati, Ohio (St. Xavier)
Ryan Connolly	Breast/IM	So.	Zionsville, Ind. (Zionsville Community)
James Crawford	Back/Fly/IM	So.	High Wycombe, England (John Hampelen)
Alex Fitton	IM/Back	Fr.	Monmouth Beach, N.J. (Christian Bros. Acad.)
Michael Flach	Free/IM	Fr.	Annandale, Va. (Bishop O'Connell)
Rory Grigull	Free	So.	Coral Springs, Fla. (M.S. Douglas)
Max Heinze	Free/Fly	Fr.	Berlin, Germany (Ouachita Baptist)
Ham Hollett	Back	So.	Charlotte, N.C. (Charlotte Catholic)
Armin Hornikel	Breast/IM	So.	Boeblingen, Germany (Stratford (SC))
Dan Jackson	Free	So.	Austin, Texas (A.N. McCallum)
Colin Kaden	IM/Breast/Fly	Fr.	Humble, Texas (Atascocita)
Chris Kelly	Fly/Back/IM	So.	Morristown, Tenn. (Morristown West)
Josh Klotz	Free	Sr.	Bethesda, Md. (Whitman)
Ryan Kuser	Diving	So.	Sinking Spring, Pa. (Wilson)
Ryan Langley	Free	Jr.	Herndon, Va. (Herndon)
Dominique Lendjel	IM/Back	RS Jr.	Sindelfingen, Germany (Gottlieb-Daimler-Schule)
David Livsey	Free/Fly	So.	Norfolk, Va. (Indiana Univ. HS)
Rylan Ridenour	Diving	Fr.	Lebanon, Ind. (Lebanon)
Brooks Ross	Free	Fr.	Manakin-Sabot, Va. (Collegiate School)
Nikolas Sachs	Diving	Fr.	Giesseheubl, Austria
Andrew Seiler	Breast/Free/IM	Fr.	Phoenixville, Pa. (Springford)
Brett Sexton	Free	Jr.	Wintson-Salem, N.C. (R.J. Reynolds)
Jacob Sims	Diving	RS Fr.	Louisville, Ky. (Trinity)
Garrett Snipes	Free/Fly/Back	Fr.	Greer, S.C. (Riverside)
Gray Tedder	Free/Fly/IM	RS So.	Shelby, N.C. (Shelby)
Trey Tharpe	Free/Back	Sr.	Duluth, Ga. (Duluth)

**HEAD SWIMMING COACH** • McGee Moody • 3rd Year (East Carolina, '98)  
**HEAD DIVING COACH** • Todd Sherritt • 17th Year (Cincinnati, '82)  
**ASSISTANT COACHES** • Jason Memont, Steve Steketee, Abby Steketee, Allison Brennan



# 2009-10 NCAA Qualifying Standards

## MEN'S NCAA DIVISION I QUALIFYING STANDARDS

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Freestyle	:19.35	:20.31	:21.60	:22.67	:22.51	:23.62
100 Freestyle	:42.26	:44.37	:47.17	:49.53	:48.97	:51.42
200 Freestyle	1:33.61	1:38.29	1:44.48	1:49.70	1:48.22	1:53.64
500 Freestyle	4:15.68	4:28.46	3:43.70	3:54.88	3:51.39	4:02.95
1,650 Freestyle	14:51.15	15:35.70	14:48.49	15:32.91	15:23.48	16:09.64
100 Butterfly	:46.04	:48.34	:51.39	:53.96	:53.05	:55.70
200 Butterfly	1:42.95	1:48.09	1:54.90	2:00.64	1:58.88	2:04.82
100 Backstroke	:46.69	:49.02	:52.11	:54.72	:55.92	:58.71
200 Backstroke	1:41.53	1:46.60	1:53.32	1:58.98	1:59.59	2:05.57
100 Breaststroke	:52.87	:55.51	:59.01	1:01.96	1:01.77	1:04.85
200 Breaststroke	1:54.25	1:59.96	2:07.52	2:13.89	2:13.16	2:19.82
200 Individual Medley	1:44.13	1:49.33	1:56.22	2:02.03	2:01.51	2:07.58
400 Individual Medley	3:44.88	3:56.12	4:10.99	4:23.53	4:19.98	4:32.98
200 Freestyle Relay	1:17.69	1:21.57	1:26.71	1:31.04	1:30.34	1:34.85
400 Freestyle Relay	2:52.47	3:01.09	3:12.49	3:22.12	3:19.85	3:29.84
800 Freestyle Relay	6:23.26	6:42.42	7:07.75	7:29.14	7:22.06	7:44.16
200 Medley Relay	1:25.66	1:29.94	1:35.61	1:40.39	1:39.84	1:44.83
400 Medley Relay	3:08.22	3:17.63	3:30.07	3:40.58	3:39.89	3:50.88

1-Meter Diving Points—Dual 290\*/300\*\*\*

3-Meter Diving Points—Dual 310\*/320\*\*\*

Platform Diving Points—Dual 290\*/300\*\*\*

\* qualifying point total when using a 1 voluntary + 5 optional Dual Meet list

\*\*\*qualifying point total when using six optional dives with standard D.D.

## WOMEN'S NCAA DIVISION I QUALIFYING STANDARDS

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Freestyle	:21.93	:23.02	:24.48	:25.70	:25.18	:26.44
100 Freestyle	:47.84	:50.23	:53.40	:56.07	:54.74	:57.48
200 Freestyle	1:44.02	1:49.22	1:56.10	2:01.90	1:59.02	2:04.97
500 Freestyle	4:38.46	4:52.41	4:03.63	4:15.83	4:10.42	4:22.96
1,650 Freestyle	15:53.38	16:41.04	15:50.53	16:38.05	16:17.83	17:06.71
100 Butterfly	:52.02	:54.62	:58.06	1:00.97	:59.32	1:02.29
200 Butterfly	1:54.95	2:00.69	2:08.30	2:14.70	2:10.48	2:17.00
100 Backstroke	:53.01	:55.66	:59.17	1:02.13	1:02.15	1:05.26
200 Backstroke	1:53.67	1:59.24	2:06.53	2:14.70	2:12.29	2:19.14
100 Breaststroke	:59.99	1:02.98	1:06.96	1:10.30	1:08.96	1:12.40
200 Breaststroke	2:10.32	2:16.83	2:25.45	2:32.72	2:28.43	2:35.85
200 Individual Medley	1:56.13	2:01.93	2:09.61	2:16.09	2:13.95	2:20.64
400 Individual Medley	4:07.33	4:19.69	4:36.04	4:49.84	4:42.35	4:56.46
200 Freestyle Relay	1:28.35	1:32.76	1:38.61	1:43.53	1:41.44	1:46.50
400 Freestyle Relay	3:14.93	3:24.67	3:37.56	3:48.43	3:43.04	3:54.18
800 Freestyle Relay	7:02.07	7:23.17	7:51.07	8:14.62	8:02.92	8:27.07
200 Medley Relay	1:37.81	1:42.70	1:49.17	1:54.63	1:52.56	1:58.19
400 Medley Relay	3:32.56	3:43.18	3:57.24	4:09.09	4:03.21	4:17.13

1-Meter Diving Points—Dual 255\*/265\*\*\*

3-Meter Diving Points—Dual 270\*/280\*\*\*

Platform Diving Points—Dual 260\*/225###

\* qualifying point total when using a 1 voluntary + 5 optional dual meet list

\*\*\*qualifying point total when using six optional dives with standard D.D.

###qualifying point total when using five optional dives with standard D.D.





Housed in South Carolina's spacious Sol Blatt Physical Education Center, the Carolina Natatorium is equipped with some of the most modern swimming components.

Extending 50 meters in length and 25 yards in width, the pool meets all structural requirements for SEC and NCAA competition. One of the more convenient aspects of the pool is its ability to transform from an Olympic size pool to a recreational training facility. A moveable bulkhead, newly installed in 2009, allows the length of the pool to be set at 25 yards, 25 meters or 50 meters to allow the Gamecocks to train for various meets.

The Natatorium is also home to a quality diving venue. Featuring two one-meter and two three-meter boards and a five-meter diving platform, the natatorium's diving area presents student-athletes with a first-rate training and meet facility. The diving area is 25 yards by 35 feet with depth slopes of 12-14 feet.

Remodeled in January, 2000, the Natatorium received a fresher look that included new coaches offices, banners of every SEC team, and a new "Wall of Fame" which sits in the spectator seating area. The Wall of Fame includes plaques of every Gamecock All-American in school history.

The Natatorium can also become a semi-open air facility. Featuring 12 solid electronic moveable doors throughout the natatorium, the doors allow Gamecock swimmers the opportunity to practice under simulated natural conditions. The doors also open to a beautiful sun deck that allows athletes to take full advantage of the warm, South Carolina sunshine. Carolina's swimming facility also features a state of the art timing mechanism, the Colorado Timing system. It has an 10-lane readout for spectators and swimmers and also boasts video capabilities. The seating features 800 permanent seats with moveable seating to accommodate up to 400 more spectators.

The site of the 1995 SEC Championship, the Natatorium also served as a training site for the 1996 Russian Olympic Team several times, including June of 1996 immediately prior to the Atlanta Olympics. The Natatorium was the site of the men's USA-Russia Dual Meet, nationally televised, in April 1995. The New Zealand team also came to USC prior to the Olympics for a meet. The facility is also used as the host site of state championship events.



# 2009-10 Opponents/Meets

## KENTUCKY WILDCATS

Fri., Oct. 9 • Carolina Natatorium • 1 p.m.

Location ..... Lexington, Ky.  
 Conference ..... Southeastern  
 Natatorium ..... Lancaster Aquatic Center  
 Head Coach ..... Gary Connelly  
 Men's 2008-09 Dual Record ..... 3-6, 1-2 SEC  
 Conference Finish ..... 7th  
 NCAA Finish ..... 17th  
 Series Record ..... UK leads 12-5  
 Women's 2008-09 Dual Record ..... 4-6, 1-3 SEC  
 Conference Finish ..... 9th  
 NCAA Finish ..... 44th  
 Series Record ..... UK leads 10-7  
 SID ..... Deb Moore (deb.moore@uky.edu)  
 Web Site ..... UKAthletics.com



## TENNESSEE VOLUNTEERS / LADY VOLS

Fri., Nov. 6 • Knoxville, Tenn. • 2 p.m.

Location ..... Knoxville, Tenn.  
 Conference ..... Southeastern  
 Natatorium ..... Allan Jones Aquatic Center  
 Head Coach ..... John Trembley (M)/Matt Kredich (W)  
 Men's 2008-09 Record ..... 5-3, 2-1 SEC  
 Conference Finish ..... 3rd  
 NCAA Finish ..... 8th  
 Series Record ..... UT leads 20-2  
 Women's 2008-09 Record ..... 8-2, 3-2 SEC  
 Conference Finish ..... 4th  
 NCAA Finish ..... 13th  
 Series Record ..... Series tied 12-12  
 SID ..... Drew Rutherford (arutherford@utk.edu); Zach Stipe (zstipe@utk.edu)  
 Web Site ..... UTSports.com / UTLadyVols.com



## NORTH CAROLINA TAR HEELS

Sat., Oct. 17 • Chapel Hill, N.C. • 2 p.m.

Location ..... Chapel Hill, N.C.  
 Conference ..... Atlantic Coast  
 Natatorium ..... Koury Natatorium  
 Head Coach ..... Rich DeSelm  
 Men's 2008-09 Record ..... 6-3, 4-1 ACC  
 Conference Finish ..... 3rd  
 NCAA Finish ..... 26th  
 Series Record ..... UNC leads 17-9  
 Women's 2008-09 Record ..... 6-3, 4-1 ACC  
 Conference Finish ..... 2nd  
 NCAA Finish ..... 20th  
 Series Record ..... UNC leads 9-4  
 SID ..... Dave Lohse (dlohse@uncaa.unc.edu)  
 Web Site ..... TarHeelBlue.com



## GAMECOCK INVITATIONAL

Nov. 19-21 • Carolina Natatorium • All Day

Location ..... Columbia, S.C.  
 Natatorium ..... Carolina Natatorium  
 Web Site ..... GamecocksOnline.com

### Participating Teams:

- College of Charleston
- Duke
- East Carolina
- Florida
- Georgia Southern (Women only)
- James Madison (Women only)
- North Carolina
- Old Dominion
- South Carolina



## VIRGINIA TECH HOKIES

Sat., Oct. 17 • Chapel Hill, N.C. • 2 p.m.

Location ..... Blacksburg, Va.  
 Conference ..... Atlantic Coast  
 Natatorium ..... War Memorial Pool  
 Head Coach ..... Ned Skinner  
 Men's 2008-09 Record ..... 7-1, 4-1 ACC  
 Conference Finish ..... 5th  
 NCAA Finish ..... 36th  
 Series Record ..... SC leads 13-1  
 Women's 2007-08 Record ..... 6-1, 3-1 ACC  
 Conference Finish ..... 3rd  
 NCAA Finish ..... 34th  
 Series Record ..... SC leads 11-2  
 SID ..... Sarah Hurd (shurd@vt.edu)  
 Web Site ..... HokieSports.com



## OHIO STATE INVITATIONAL (diving)

Dec. 3-5 • Columbus, Ohio • All Day

Location ..... Columbus, Ohio  
 Conference ..... Big Ten  
 Natatorium ..... McCorkle Aquatic Pavilion  
 Host SID ..... Jerry Emig  
 Web Site ..... www.ohiostatebuckeyes.com



## CLEMSON TIGERS

Fri., Oct. 30 • Clemson, S.C. • 5 p.m.

Location ..... Clemson, S.C.  
 Conference ..... Atlantic Coast  
 Natatorium ..... McHugh Natatorium  
 Head Coach ..... Christopher Ip  
 Men's 2008-09 Record ..... 2-8, 0-7 ACC  
 Conference Finish ..... 9th  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 33-12  
 Women's 2008-09 Record ..... 6-4, 4-3 ACC  
 Conference Finish ..... 7th  
 NCAA Finish ..... 43rd  
 Series Record ..... SC leads 19-13  
 SID ..... Jeff Kallin (jkallin@clemson.edu)  
 Web Site ..... ClemsonTigers.com



## COLLEGE OF CHARLESTON COUGARS

Sat., Jan. 9 • Charleston, S.C. • 2 p.m.

Location ..... Charleston, S.C.  
 Conference ..... Coastal Collegiate Swimming Association  
 Natatorium ..... Stern Center Pool  
 Head Coach ..... Bruce Zimmerman  
 Men's 2008-09 Record ..... 5-6, 1-1 CCSA  
 Conference Finish ..... 1st  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 16-0  
 Women's 2008-09 Record ..... 4-11, 2-5 CCSA  
 Conference Finish ..... 6th  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 16-0  
 SID ..... Josh Darling (darlingj@cofc.edu)  
 Web Site ..... CofCSports.com



INTRODUCTION



## DUKE BLUE DEVILS

Sat., Jan. 16 • Carolina Natatorium • 2 p.m.

Location ..... Durham, N.C.  
 Conference ..... Atlantic Coast  
 Natatorium ..... Taishoff Aquatic Pavilion  
 Head Coach ..... Dan Colella  
 Men's 2008-09 Record ..... 6-3, 2-3 ACC  
 Conference Finish ..... 7th  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 6-3  
 Women's 2007-08 Record ..... 7-4, 3-3 ACC  
 Conference Finish ..... 6th  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 4-0  
 SID ..... Taylor Knight (taylor.knight@duke.edu)  
 Web Site ..... GoDuke.com



## GEORGIA BULLDOGS

Sat., Jan. 30 • Athens, Ga. • 2 p.m.

Location ..... Athens, Ga.  
 Conference ..... Southeastern  
 Natatorium ..... Gabrielsen Natatorium  
 Head Coach ..... Jack Bauerle  
 Men's 2008-09 Record ..... 5-4, 2-3 SEC  
 Conference Finish ..... 4th  
 NCAA Finish ..... 10th  
 Series Record ..... UGA leads 25-16  
 Women's 2008-09 Record ..... 9-0, 5-0 SEC  
 Conference Finish ..... 3rd  
 NCAA Finish ..... 2nd  
 Series Record ..... UGA leads 22-4  
 SID ..... Steven Colquitt (scolquitt@sports.uga.edu)  
 Web Site ..... www.georgiadogs.com



## VANDERBILT COMMODORES (Women only)

Sat., Jan. 23 • Carolina Natatorium • 2 p.m.

Location ..... Nashville, Tenn.  
 Conference ..... Southeastern  
 Natatorium ..... Centennial Sportsplex  
 Head Coach ..... Jeremy Organ  
 Women's 2008-09 Record ..... 2-9, 0-4 SEC  
 Conference Finish ..... 10th  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 2-0  
 SID ..... Travis Young (travis.young@vanderbilt.edu)  
 Web Site ..... www.vucommodores.com



## SEC CHAMPIONSHIPS

Feb. 17-20 • Athens, Ga. • All Day

Host ..... University of Georgia  
 Natatorium ..... Gabrielsen Natatorium  
 Capacity ..... 1,474  
 Host SID ..... Stephen Colquitt  
 SID E-Mail ..... scolquitt@sports.uga.edu  
 Phone ..... 706-542-1621  
 Web Site ..... GeorgiaDogs.com  
 SEC Web Site ..... SECsports.com  
 2009 Men's Champion ..... Auburn  
 2009 Women's Champion ..... Florida  
 South Carolina Men's Finish ..... 8th  
 South Carolina Women's Finish ..... 7th



## UNC WILMINGTON SEAHAWKS

Sat., Jan. 23 • Carolina Natatorium • 2 p.m.

Location ..... Wilmington, N.C.  
 Conference ..... Colonial Athletic Association  
 Natatorium ..... Seahawk Natatorium  
 Head Coach ..... Dave Allen  
 Men's 2008-09 Record ..... 7-4, 5-0 CAA  
 Conference Finish ..... 1st  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 3-1  
 Women's 2008-09 Record ..... 5-8, 1-4 CAA  
 Conference Finish ..... 3rd  
 NCAA Finish ..... N/A  
 Series Record ..... SC leads 5-0  
 SID ..... Tom Riordan (riordant@uncw.edu)  
 Web Site ..... UNCWSports.com



## NCAA ZONE B DIVING

March 12-14 • Atlanta, Ga. • All Day

Host ..... Georgia Tech  
 Natatorium ..... Georgia Tech Aquatic Center  
 Capacity ..... 1,900  
 Host SID ..... Seth Gerard  
 SID E-Mail ..... sgerard@athletics.gatech.edu  
 Phone ..... 404-894-5467  
 Web Site ..... RamblinWreck.com  
 NCAA Web Site ..... NCAA.com



## ALABAMA CRIMSON TIDE

Sat., Jan. 30 • Athens, Ga. • 2 p.m.

Location ..... Tuscaloosa, Ala.  
 Conference ..... Southeastern  
 Natatorium ..... Alabama Aquatic Center  
 Head Coach ..... Eric McIlquham  
 Men's 2008-09 Record ..... 3-5, 1-4 SEC  
 Conference Finish ..... 5th  
 NCAA Finish ..... 21st  
 Series Record ..... UA leads 17-8  
 Women's 2008-09 Record ..... 5-3-1, 1-3-1 SEC  
 Conference Finish ..... 6th  
 NCAA Finish ..... 38th  
 Series Record ..... UA leads 10-8  
 SID ..... Roots Woodruff (rwoodruff@ia.ua.edu)  
 Web Site ..... RollTide.com



## NCAA CHAMPIONSHIPS

WOMEN: March 18-20 • West Lafayette, Ind.

MEN: March 25-27 • Columbus, Ohio

Men's Host ..... The Ohio State University  
 Natatorium ..... McCorkle Aquatic Pavilion  
 Host SID ..... Jerry Emig (emig.2@osu.edu)  
 Web Site ..... OhioStateBuckeyes.com  
 Women's Host ..... Purdue University  
 Natatorium ..... Boilermaker Aquatic Center  
 Host SID ..... Derek Satterfield (dsatterfield@purdue.edu)  
 Web Site ..... PurdueSports.com  
 NCAA Web Site ..... NCAA.com  
 2009 Men's Champion ..... Auburn  
 2009 Women's Champion ..... California  
 South Carolina Men's Finish ..... 29th  
 South Carolina Women's Finish ..... competed/no score



INTRODUCTION





# Head Swimming Coach McGee Moody



## McGee Moody

Head Swimming Coach  
Third Year at South Carolina



A proven leader in the coaching profession, McGee Moody begins his third season as the head swimming coach at the University of South Carolina. He and his staff continue to build the South Carolina program and strive toward the elite level of the sport through effective training methods and tireless recruiting efforts.

In just two seasons at the helm, Moody has overseen a successful stretch for the Carolina swimming and diving program. Last season, the Gamecock women finished with a .500 dual meet record for the first time since 2005 and won five meets for the first time since 2002. The women also earned their highest SEC Championships finish in three years. The Carolina men, meanwhile, sent two swimmers - Nick Walkotten and Kyle Cormier - to the NCAA Championships and earned a 29th-place national finish, the best for a Carolina squad since 2005. Combined, the Carolina men and women turned in 23 NCAA provisional qualifying times and broke 14 school records.

It wasn't an easy beginning for the East Carolina graduate, but Moody made great strides with the South Carolina program in his initial season on the Horseshoe. Despite arriving on campus only a month before the start of the 2007-08 season, Moody oversaw a successful transition as Carolina sent three swimmers to the NCAA Championships. Walkotten and Dominique Lendjel represented the Gamecock men while Christy Williams swam for the women.

Aside from NCAA competition, Moody saw even more success as nine Gamecock swimmers competed in the Olympic Trials. One swimmer, then-sophomore Shantelle McLean, represented her home country of Trinidad & Tobago in the 2008 Summer Olympics in Beijing. In addition, then-rising senior Nicholas Walkotten competed at the Short Course World Championships.

Prior to taking over at South Carolina, Moody spent three years at William & Mary, where his teams achieved 559 life-time best swims, 301 all-time Tribe top-10 performances, 46 school records and 18 gold medals at the Colonial Athletic Association Championships. The Tribe swimming program also excelled academically. The women received Academic All-America honors in each semester under Moody's tutelage.

In 2007, Moody earned the conference's Coach of the Year honor after leading his women's

team (8-4, 6-2 CAA) to the first Colonial Athletic Association Championship in the program's 80-year history with a record-tying 12 gold medals. In doing so, the squad swept the conference awards by winning Performer of the Meet, Swimmer of the Year and Rookie of the Year. The men's program finished with a winning record (6-3-1, 5-2-1 CAA) for the first time since 1998-99, and finished fourth at the conference meet behind a pair of runner-up performances and a host of bronze medals.

In 2005-06, the Tribe women's team improved upon its fourth-place conference finish in 2005 by taking second, passing George Mason on the final day of the CAA Championships. During the season, the women were even more impressive, posting a 10-4 ledger (8-1 CAA), to set the school record for conference wins in a season. In the conference, their only blemish was against eventual champion UNC Wilmington. The men also experienced improvement, achieving five dual-meet wins for the first time since 1999 and posting a .500 mark (4-4) in the conference. They also improved on their result at the conference championship, riding a bevy of personal records in the last two days to a fifth-place finish.

Moody came to the College after spending four seasons as an assistant men's swimming coach at the United States Naval Academy. During his tenure at Navy, Moody coached the Midshipmen's first NCAA automatic qualifier since 1996 in addition to guiding numerous NCAA, Senior National and Olympic Trial qualifiers. His 200 and 400 freestyle relay teams finished the season ranked in the top 25 of the world. Moody also made an impact in the Navy record book, with his athletes setting all of the top-10 fastest times in school history in both the 50 and 100 freestyles. Building his athletes into academic success stories as well, Navy's men's swimming team was awarded Academic All-America honors all three seasons from 2001-2004 under Moody's direction.

Moody got his coaching start at his alma mater, East Carolina University. He was the top assistant swim coach for both men and women for the Pirates from 1996-2000. While working in nearly every facet of the program at East Carolina, Moody coached over 25 varsity record holders.

A 1998 graduate of East Carolina, Moody swam on the Pirates' varsity squad for four seasons, setting several freshman records and captaining the team his junior and senior years. Moody was also an Olympic Trials qualifier in the 200 freestyle in 1992.

Moody, who earned both a bachelor's degree in psychology and master's in sports administration from ECU, is an active professional in the swimming community. A member of both the American Swimming Coaches Association and the College Swimming Coaches Association of America, he has served as the chair of the latter's Media Relations Committee since 2001. He and his wife, Monica, have four daughters: Sydney (9), Olivia (6), Lily (3) and Whitney (1).

### The Moody File

**Full Name:** Patrick McGee Moody  
**Hometown:** Albertville, Ala.  
**Wife:** Monica  
**Children:** Lily, Olivia, Sydney, Whitney  
**Alma Mater:** East Carolina (1998)

#### Coaching Career:

- East Carolina Assistant Coach (1996-2000)
- United States Naval Academy Assistant Coach (2001-04)
- William and Mary Head Coach (2005-07)
- South Carolina Head Coach (2007-Present)

#### WOMEN'S ANNUAL REVIEW

Year (School)	W-L	Conf. W-L	Conf. Finish
2004-05 (W&M)	6-5	5-3	4th
2005-06 (W&M)	10-4	8-1	2nd
2006-07 (W&M)	8-4	6-2	1st
2007-08 (USC)	4-6	1-4	9th
2008-09 (USC)	5-5	1-3	7th
<b>Totals</b>	<b>33-24</b>	<b>21-14</b>	

#### MEN'S ANNUAL REVIEW

Year (School)	W-L	Conf. W-L	Conf. Finish
2004-05 (W&M)	3-7	3-5	6th
2005-06 (W&M)	5-7	4-4	5th
2006-07 (W&M)	6-3-1	5-2-1	4th
2007-08 (USC)	2-8	0-5	8th
2008-09 (USC)	3-6	0-3	8th
<b>Totals</b>	<b>19-31-1</b>	<b>12-19-1</b>	



The Moody Family: Olivia, Whitney, McGee, Sydney, Lily and Monica

INTRODUCTION





## Todd Sherritt

**Head Diving Coach**  
**17th Year at South Carolina**



Success and Todd Sherritt go hand in hand. In his 16th season as the head diving coach for South Carolina, Sherritt continues to set new standards for Gamecock diving and has established the program as one of the best in the country.

One of the most influential diving coaches in the country, Sherritt has coached 34 NCAA All-Americans, 15 U.S. Diving National Champions, three Olympians, eight SEC Champions and one NCAA Champion. In 1999, he was named SEC Diving Coach of the Year and, in 1997, he was named USOC Developmental Diving Coach of the Year. Sherritt is also a 10-time World Team Coach for Team USA, including during 2007.

Sherritt has continued to produce greats in the Garnet and Black, most recently Taryn Zack, who earned the 34th All-America honor for South Carolina's prestigious diving program in 2008. As a freshman, Zack finished eighth at the NCAA Championships in the three-meter event to earn her initial All-America certificate. In addition, an 11th-place finish in the one-meter event at the NCAA Championships earned her a nod for Honorable Mention All-American.

In her sophomore season, Zack continued her incredible success by winning her first conference title, taking the gold medal in the 1-meter competition at the SEC Championship. Also in 2009, another pupil of Sherritt's, current Gamecock assistant coach Allison Brennan, captured gold at the USA Diving Grand Prix in the 3-meter event, beating out a pair of 2008 Olympic medalists to take top honors.

Recently under Sherritt's guidance, former Gamecock All-American Allison Brennan finished sixth in the world at the World Championships held in Australia in 2007. She also won the 3-meter title at the 2006 U.S. National Championships and placed seventh at the 2006 World Cup in Chengshu, China that same year. Brennan joins Sherritt this year as an assistant coach after a third-place finish at the 2008 Olympic Trials. Brennan was the 2004 NCAA Champion on the one-meter board, the first individual national champion for the South Carolina swimming and diving program. She also was the 2006 SEC Champion on the one-meter and three-meter boards, and set the school record on the three-meter.

The 2003-04 season was a stellar year for Gamecock diving as USC took four divers to the NCAA Championships, and in addition to Brennan, Andy Bradley recorded his second consecutive national runner-up performance on the one-meter board at the NCAA Championships. In 2003, Bradley was the runner-up at the U.S. Championships as well. Internationally, Tracey Richardson found success as she earned a spot at the 2004 Olympics on the Great Britain National Team and competed on the three-meter board. Brennan and Bradley qualified for the U.S. Olympic Trials. Other standouts included All-Americans Lauren King (2003-05) and Holly Hodges (2001-05).

Sherritt's international coaching stints include serving as the head coach for Team USA in the 2000 FINA World Grand Prix in Rodstock, Germany. In 1999, he was selected as the World Cup coach for the United States in Wellington, New Zealand, and he was a World University coach for the U.S. in Mallarco, Spain in July of the same year. Most recently, he served as the team leader for Team USA at the China Open in 2008.

In 1998-99, Sherritt helped lead one of South Carolina's most decorated divers, Michelle Davison, to new heights. Davison won two SEC titles and was named SEC Diver of the Year, en route to finishing fourth and fifth on the one- and three-meter boards respectively at the NCAA Championships. That year, Sherritt was named SEC Women's Diving Coach of the Year.

Sherritt's first Olympic opportunity came in 1995 with Gamecock standout Vivian Alberty. The 1995 one-meter SEC Champion finished her career at USC as a four-time All-American and in 1996 competed for Puerto Rico at the Olympics in Atlanta.

In addition to athletics, Sherritt's divers have excelled outside of the pool as well. Holly Hodges was a recipient of the SEC Community Service Post-Graduate Scholarship in 2004-05. Cheryl Lemon was named USC's Female Student Athlete of the Year in 2000, while Chad Sheldon and Lemon were named to the SEC Honor Roll in 1998. Brandon Hulko was named USC Male Student-Athlete of the Year in 2002. In all, Sherritt has had 31 divers named to the SEC Honor Roll.

A native of Cincinnati, Ohio, Sherritt founded South Carolina Divers in 1982, a University of South Carolina based age group diving team. Sherritt, 45, received a B.S. degree in physical education from the University of Cincinnati in 1982.

Sherritt has two daughters, 18-year-old Amber and newborn Hannah. His wife's name is Kara.

## The Sherritt File

**Full Name:** William Todd Sherritt

**Hometown:** Cincinnati, Ohio

**Wife:** Kara

**Children:** Amber, Hannah

**Alma Mater:** Cincinnati (1981)

### Coaching Career:

- South Carolina Head Coach (1993-present)
- South Carolina Divers, founder and coach (1982-present)

### Sherritt's Accomplishments:

- 1999 SEC Diving Coach of the Year
- 1997 USOC Developmental Diving Coach of the Year
- 10-Time World Team Coach
- One NCAA Champion  
*Allison Brennan, 2004, 1-meter*
- 34 NCAA All-Americans
- Three Olympians
- 15 U.S. Diving National Champions
- One U.S. Grand Prix Gold Medalist
- Nine SEC Champions



**The Sherritt Family: Todd, Kara, Hannah and Amber**



# Assistant Coaches



## Allison Brennan

**Assistant Diving Coach  
Second Year at South Carolina**

South Carolina swimming and diving welcomed one of its most celebrated athletes back into the fold with the hiring of Allison Brennan as assistant coach. Brennan, who competed for the Gamecocks from 2001-2006, will assist Todd Sherritt in coaching the Gamecock diving team.

Brennan won the first and only NCAA Championship by a South Carolina individual as she captured the 2004 NCAA crown in the one-meter event. A South Carolina Hall-of-Famer, she earned four All-America certificates in her Carolina career, which ranks her among the university's most decorated athletes.

Most recently, Brennan became the first American woman in more than a decade to win a gold medal in an international grand prix event, taking first place at the U.S. Grand Prix in May of 2009. She beat out a pair of 2008 Olympic medalists to take gold in the 3-meter event, showing that she remains a force at the international level.

Brennan finished third at the 2008 Olympic Trials and was an alternate for the United States Olympic Team for the 2008 Olympic Games in Beijing. A force at the national and international level, she finished fourth at the U.S. Diving Grand Prix in the three-meter event, third at U.S. Nationals in three-meter, and sixth at the 2007 World Championships in the one-meter. She has also recorded several other top finishes internationally, including top 10 efforts at the China Grand Prix and the Rome Grand Prix.

### The Brennan File

**Hometown:** Huntington Beach, Calif.  
**Alma Mater:** South Carolina (2006)

**Competition Career:**

- University of South Carolina (2001-06)
  - NCAA Champion, 2004 (1-meter)
  - Four-time All-American
  - Two-time SEC Champion
  - SEC Diver of the Year (2006)
  - USC Athletics Hall of Fame
- USA Diving
  - 2009 USA Diving Grand Prix (1st)
  - 2008 U.S. Olympic Trials (3rd)
  - 2008 USA Diving Grand Prix (4th)
  - 2008 U.S. Nationals (3rd)
  - 2007 World Championships (6th)
  - 2004 U.S. Nationals (1st)

**Coaching Career:**

- South Carolina assistant coach (2008-present)
- South Carolina Divers (2006-present)

An experimental psychology graduate from Huntington Beach, Calif., Brennan was named the University of South Carolina Female Athlete of the Year in 2006 after capturing runner-up honors at the NCAA Championships in the one-meter competition. She was also named SEC Diver of the Year that season after winning the conference title in both the one- and three-meter events.

The 2004 season was a banner year for Brennan. Not only did she capture South Carolina's first NCAA Championship in the sport, she also won the U.S. Diving National Championship in the three-meter competition. She was a finalist at the SEC Championships each year from 2002-2004.

Prior to her time at South Carolina, she was a high school All-American at Edison High School in California where she won two straight California Interscholastic Federation championships.

Brennan has coached alongside another Gamecock All-American, Brandon Hulko, for the South Carolina Divers club team for the last two years. She also served as a volunteer coach for her high school team after graduation.



## Jason Memont

**Assistant Swimming Coach  
Third Year at South Carolina**

Jason Memont begins his third season as an assistant coach at South Carolina. He joined the Gamecock coaching staff in September of 2007 after spending the previous three seasons in the same capacity at William and Mary alongside head coach McGee Moody.

During his time with the Tribe, Memont helped produce eight Colonial Athletic Association champions, 80 school top-10 times, 10 school records, and 293 lifetime-best swims. The 2005-06 women's swimming team set school records for wins in a season, conference wins in a season, conference winning percentage, and highest place at the CAA meet; the men's team posted the most wins in the past seven years.

The primary coach for the distance swimmers, Memont was directly responsible for many of the top performances during his time at William and Mary. Memont also proved himself as a dedicated coach and recruiter for the Tribe. As head recruiter, he oversaw the two fastest classes in William and Mary history. The '09 and '10 classes accounted for 72% of the teams points at CAA Championships.

Memont joined the Tribe after spending the previous two-and-a-half years as head coach of the YMCA North Shore swim team in Ipswich, Mass. Overseeing all swimmers age five-18, 20 of his swimmers went on to Division I programs under his guidance. He also coached five YMCA qualifiers during his tenure.

### The Memont File

**Hometown:** Groveland, Mass.  
**Alma Mater:** Rochester Institute of Technology (2001)

**Competition Career:**

- Rochester Inst. of Technology (1996-2001)
  - Empire 8 Conference Champion (200 breast)
  - Two-year captain
  - Also served as assistant coach
  - Played on RIT water polo team

**Coaching Career:**

- William and Mary assistant coach (2005-07)
- South Carolina assistant coach (2007-present)

An accomplished collegiate swimmer at Rochester Institute of Technology from 1996-2001, Memont won the Empire 8 conference title in the 200 breaststroke his senior season. He also counted two third-place finishes at conferences among his accomplishments, in the 200 IM as a junior and in the 100 breast as a senior. He raced to NCAA provisional marks in the 200 IM and 400 IM and holds five school records (200 IM and all four relays). Named varsity captain in 1999 and 2001, Memont also served as an assistant coach in his final two seasons, helping three national qualifiers. He was also a five-year member and assistant coach of RIT's nationally ranked club water polo team and made the Dean's List four times during his collegiate career.

Memont, who holds a B.S. in information technology from RIT, spent three years as a high school technology teacher at Haverhill High School in Haverhill, Mass. While there, he also served as the men's varsity tennis coach for two seasons.

INTRODUCTION





## Abby Steketee

**Assistant Swimming Coach  
Third Year at South Carolina**

Abby Steketee begins her second season as assistant coach for the University of South Carolina. Steketee previously served as a volunteer coach with the Carolina men's and women's swimming squad, assisting with pool and dryland workouts and helping coordinate academic services for student-athletes.

Before coming to Carolina, she was a graduate assistant at West Virginia University. Aside from assisting with workouts, she served as academic counselor for student-athletes and assisted with administrative duties, which included newsletter production and travel coordination.

In addition to swimming, she also has volunteered her time in service in the community. While in Morgantown, Steketee was involved with the American Cancer Society as chairman of the Relay for Life Luminaria Community. She also volunteered at Ruby Memorial Hospital.

Steketee graduated from Northwestern University magna cum laude with a degree in human development and psychological services in 2003. At Northwestern, she participated on the crew team. She was selected as Most Valuable Rower three consecutive years and served as varsity captain. While in Evanston, Steketee also served with the Northwestern Aquatic Swim Association, serving as head development coach for a 150-member youth swim team.

She received a master's degree in public health from West Virginia University. She is married to Steve Steketee, who is also an assistant coach on the South Carolina staff.

### *The Steketee File*

**Hometown:** Danville, Va.  
**Husband:** Steve  
**Alma Mater:** Northwestern (2003)

**Competition Career:**

- Northwestern Rowing (2000-03)
  - Most Valuable Rower, three years
  - Team captain

**Coaching Career:**

- West Virginia graduate assistant (2005-07)
- South Carolina volunteer assistant (2007-08)
- South Carolina assistant coach (2008-present)



## Steve Steketee

**Assistant Swimming Coach  
Third Year at South Carolina**

Steve Steketee is in his third season as an assistant coach at South Carolina. He was hired in September of 2007 after spending the previous three seasons in the same capacity at West Virginia University. Steve is primarily responsible for coaching the freestyle sprinters.

In 2007, the WVU men's swimming and diving team was ranked as high as 17th in the CSCAA Dual Meet Poll and finished 20th at the NCAA Championships. During his time at WVU, Steketee helped guide nine swimmers to numerous All-American awards.

Before coaching at WVU, Steketee spent one season at the University of Denver where his responsibilities included workout design and implementation, stroke analysis, recruiting, and organizing the inaugural swim camp.

Steketee graduated from Northwestern University in 2001 with a B.A. in political science and philosophy. Swimming for the Wildcats, Steketee was a Big Ten champion and All-American Honorable Mention in the 200 freestyle. He was also a three-year captain and 2000 Olympic Trials qualifier. He is married to the former Abby Meadema, also an assistant coach for the Gamecocks.

### *The Steketee File*

**Hometown:** Golden, Colo.  
**Wife:** Abby  
**Alma Mater:** Northwestern (2001)

**Competition Career:**

- Northwestern (1996-01)
  - Big Ten Champion
  - Honorable Mention All-American
  - Three-year team captain
  - 2000 Olympic Trials qualifier

**Coaching Career:**

- Denver assistant coach (2004-05)
- West Virginia assistant coach (2005-07)
- South Carolina assistant coach (2007-present)



*Steve and Abby Steketee*





## Southeastern Conference *Setting The Standard for Intercollegiate Athletics in Swimming & Diving*

Over the past few decades, the Southeastern Conference has been a constant force in swimming and diving. In 2009, the SEC claimed its 11th Men's National Championship as the Auburn Tigers won their eighth NCAA title. In addition, the SEC had three Top-10 finishes with Florida, Tennessee and Georgia. The SEC led all conferences among top 10 finishes at the championships with four. The SEC women were led by runner-up Georgia, followed by two more Top-10 finish teams in Auburn and Florida.

With Auburn's national title, the SEC won its sixth championship in seven years. Florida finished fifth, Tennessee finished eighth and Georgia finished 10th, marking the 40th consecutive season in which the SEC has placed at least one men's team in the top 10. Since 1969, 104 SEC teams have finished in the NCAA's top 10.

In addition, 10 individual titles were captured by an SEC athlete. The SEC now has an all-time total of 151 NCAA individual titles on the men's side. Five NCAA records were set by SEC athletes in 2009, including: Bradley Ally, UF (200 IM); Neil Versfeld, UG (200 breast); Shaune Fraser, UF (200 butterfly); 400 Medley Relay, AU (Wollach, Klein, McGill, Targett); 200 Medley Relay, AU (White, Silva, Targett, Louw).

On the women's side, the SEC had eight teams competing at the NCAA Championships. Individually, five titles were captured in 2009 to take the SEC's total to 202 NCAA individual titles. The SEC also had an NCAA meet record holder in Florida's Gemma Spofforth, in the 200 backstroke. In the 200 back final, the SEC placed four of the final eight, including a 1-2-3 sweep by Florida.

Since 1982, the Southeastern Conference has placed 76 women's teams in the NCAA top 10.



*Megan Sparks*

### Men's Notes

- The SEC has had 11 NCAA Men's Championships: Tennessee (1978), Florida (1983, 1985), Auburn (1997, 1999, 2003, 2004, 2005, 2006, 2007, 2009).
- 2009 marked the 40th consecutive year that the SEC has had at least one team in the top 10 at the NCAA Championships.
- The SEC has placed a total of 104 teams in the top 10 since 1969.
- SEC athletes in swimming and diving have captured a total of 151 individual NCAA titles (including relays).

### Women's Notes

- With the second-place finish of the Georgia Bulldogs at the 2009 NCAA Championships, an SEC school has finished either first or second at the Championships every year since 1999.
- Since 1982, the SEC has placed 76 teams in the NCAA top 10.
- The SEC holds 27 NCAA Championship Meet records.
- 202 individual NCAA titles have been captured by SEC athletes (including relays).
- In 2009, eight of 10 SEC teams competed or were represented individually in the NCAA Championships.



*Chris Kelly*

INTRODUCTION

