

USC INDOOR OPEN



JANUARY 12, 2013

FIELD EVENTS

For field events, the women's section will go first followed by the men's section

Time	Event
11:00 a.m.	Weight Throw
1:00 p.m.	High Jump
1:00 p.m.	Shot Put
1:30 p.m.	Pole Vault

RUNNING EVENTS

Time	Event
12:00 p.m.	55m Hurdles Semis - Women
12:15 p.m.	55m Hurdles Semis - Men
12:30 p.m.	55m Dash Semis - Women
12:45 p.m.	55m Dash Semis - Men
1:00 p.m.	Mile Run (Women followed by men)
1:15 p.m.	400m Dash (Women followed by men)
1:30 p.m.	800m Run (Women followed by men)
1:45 p.m.	55m Hurdles Finals - Women
1:55 p.m.	55m Hurdles Finals - Men
2:05 p.m.	55m Dash Finals - Women
2:15 p.m.	55m Dash Finals - Men
2:25 p.m.	3000m Run (Women followed by men)
2:55 p.m.	4x400m Relay (Women followed by men)