

University of Notre Dame
Alex Wilson Invitational
March 1-2, 2013
FINAL REVISED TIME SCHEDULE

Friday, March 1

<u>Time</u>	<u>Event</u>	
6:00pm	Women's 20lb. Weight Throw (Men's 35lb. Weight to Follow)	
6:00pm	Men's Long Jump / Women's Long Jump	
6:00pm	Men's Pole Vault	
7:00pm	Women's High Jump	
7:00pm	Women's 5,000m Run	1 Section
7:25pm	Men's 5,000m Run	1 Section
7:45pm	Women's Distance Medley Relay	1 Section
8:00pm	Men's Distance Medley Relay	3 Sections

Saturday, March 2

<u>Time</u>	<u>Event</u>	
11:00am	Men's Triple Jump / Women's Triple Jump	
11:00am	Women's Shot Put (Men to Follow)	
11:00am	Women's 60M Hurdles Trials	2 Heats
11:10 am	Men's 60m Hurdles Trials	2 Heats
11:20 am	Women's 60m Dash Trials	2 Heats
11:25 am	Men's 60m Dash Trials	2 Heats
11:30am	Women's 3,000 M Run	1 Section
11:45am	Men's 3,000 M Run	1 Section
12:00pm	Women's Pole Vault	
12:00pm	Men's High Jump	
12:00pm	Women's 60 M Hurdles Final	
12:05pm	Men's 60 M Hurdles Final	
12:10pm	Women's 60 M Dash Final	
12:15pm	Men's 60 M Dash Final	
12:20pm	Women's 400 M Dash	5 Sections
12:35pm	Men's 400 M Dash	7 Sections
12:55pm	Women's 800 M Run	6 Sections
1:25pm	Alex Wilson 800 M Run	9 Sections
2:10pm	Women's 200 M Dash	3 Sections
2:20pm	Men's 200 M Dash	3 Sections
2:30pm	Women's Mile Run	3 Sections
2:50pm	Men's Mile Run	4 Sections
3:20pm	Women's 4 x 400 Meter Relay	3 Sections
3:35pm	Men's 4 x 400 Meter Relay	3 Sections

In running events, races will be run from slowest seeded sections first to fastest seeded sections last.