

WHEN: JAN. 23-24, 2015

TEAMS COMPETING

EAST CAROLINA, TENNESSEE, VCU, WILLIAMS & MARY, NORTH CAROLINA A&T, RICHMOND, APPALACHIAN STATE, VMI, EAST TENNESSEE STATE, CHARLOTTE, CHARLESTON SOUTHERN LIBERTY, RADFORD, ELON

FIELD EVENTS - JANUARY 23

TIME	MEN'S/WOMEN'S	EVENT
5:00 PM	MEN	WEIGHT THROW
RUNNING EVENTS - J	ANUARY 23	
TIME	MEN'S/WOMEN'S	EVENT
6:05 PM	WOMEN	60M HURDLES - PRELIM
6:10 PM	MEN	60M HURDLES - PRELIM
6:20 PM	WOMEN	60M - PRELIM
6:30 PM	MEN	60M - PRELIM
7:05 PM	MEN	60M HURDLES - FINAL
7:10 PM	WOMEN	60M HURDLES - FINAL
7:15 PM	MEN	60M - FINAL
7:20 PM	WOMEN	60M - FINAL
8:05 PM	MEN	300M
Field events - Jani	JARY 24	
TIME	MEN'S/WOMEN'S	EVENT
12:00 PM	MEN	SHOT PUT
12:00 PM	MEN	LONG JUMP
RUNNING EVENTS - J	ANUARY 24	
TIME	MEN'S/WOMEN'S	EVENT
12:45 PM	WOMEN	400M
1:00 PM	MEN	400M
1:30 PM	WOMEN	200M
1:45 PM	MEN	200M
1:55 PM	WOMEN	600M
2:00 PM	MEN	600M
2:40PM	WOMEN	4X400M RELAY
2:55PM	MEN	4X400M RELAY



TEAMS COMPETING

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COPPIN STATE, CLEMSON, UNC-WILMINGTON, SOUTH CAROLINA STATE, WOFFORD, DAVIDSON, CITADEL, WEST-ERN CAROLINA, BETHUNE-COOKMAN, SAVANNAH STATE, GEORGIA STATE, COASTAL CAROLINA, SOUTHERN-NO, BRENAU, ANDERSON, COKER, WINGATE, NORTH GREENVILLE, USC UPSTATE, SPARTANBURG METHODIST, EMMAN-UEL, SOUTHERN WESLEYAN, COLUMBIA COLLEGE

FIELD EVENTS - JANUARY 23

TIME	MEN'S/WOMEN'S	EVENT
10:15 AM	MEN	HEPTATHLON: LONG JUMP
11:15 AM	WOMEN	PENTATHLON: HIGH JUMP
3:00 PM	WOMEN	POLE VAULT
	MEN	POLE VAULT
5:00 PM	WOMEN	LONG JUMP
	MEN	LONG JUMP

RUNNING EVENTS - JANUARY 23

TIME	MEN'S/WOMEN'S	EVENT	
9:30 AM	MEN	HEPTATHLON: 60M	
10:30 AM	WOMEN	PENTATHLON: 60M	
12:00 PM	WOMEN	60M HURDLES	

FIELD EVENTS - JANUARY 24

TIME	MEN'S/WOMEN'S	EVENT
11:00 AM	WOMEN	HIGH JUMP
	MEN	HIGH JUMP
1:00 PM	WOMEN	TRIPLE JUMP
	MEN	TRIPLE JUMP

RUNNING EVENTS - JANUARY 24

TIME	MEN'S/WOMEN'S	EVENT
11:00 AM	WOMEN	60M HURDLES
11:40 AM	WOMEN	60M
11:50 AM	MEN	60M
12:10 PM	WOMEN	MILE
12:25 PM	MEN	MILE
1:35 PM	WOMEN	800M
1:45 PM	MEN	800M
1:55 PM	WOMEN	200M
2:05 PM	MEN	200M
2:15 PM	WOMEN	3000M
2:30 PM	MEN	3000M