

Jan. 16-17	<b>2009 INDOOR SCHEDU</b> Kentucky Invitational	<b>JLE</b> Lexington, Ky.				
Jan. 24	Tom Jones Memorial	Gainesville, Fla.				
Jan. 30	Millrose Games	New York, N.Y.				
Jan. 30-31	Clemson Games	Clemson, S.C.				
Feb. 7	New Balance Invitational	New York, N.Y.				
Feb. 13-14	Tyson Invitational	Fayetteville, Ark.				
Feb. 13-14	Tiger Invitational	Clemson, S.C.				
Feb. 21	Gamecock Invitational	Columbia, S.C.				
Feb. 21-Mar. 1		M: T4th; W: 5th				
Mar. 7	Last Chance Meets	TBA				
Mar. 13-14	NCAA Indoor Championship	M: T20th; W: T12th				
Wal. 10 14	Norvi indoor onampionship	IVI. 12001, VV. 11201				
	2009 OUTDOOR SCHED					
Mar. 20-21	Shamrock Invitational	Conway, S.C.				
Mar. 28	Weems Baskin Relays	Columbia, S.C.				
Apr. 3-4	Pepsi Florida Relays	Gainesville, Fla.				
Apr. 3-4	Tiger Track Classic	Auburn, Ala.				
Apr. 10-11	Spec Town Relays	Athens, Ga.				
Apr. 17-18	Friendship & Freedom Games	Greensboro, N.C.				
Apr. 23-25	Penn Relays	Philadelphia, Pa.				
May 8	UNC Elite Meet	Chapel Hill, N.C.				
May 14-17	SEC Outdoor Championship	M: 4th; W: 8th				
May 29-30	NCAA East Regional	M: 2nd; W: 6th				
June 10-13	NCAA Outdoor Championship	Fayetteville, Ark.				
	QUICK FACTS					
Athletics Dire	ector	Eric Hyman				
   Indoor Facilit	ty	USC Fieldhouse				
Outdoor Faci	lity V	Veems Baskin Track				
Head Coach	Cu	rtis Frye (13th Year)				
Assistant Hea	ad Coach	Delethea Quarles				
Assistant Coa	Assistant CoachesLawrence Johnson, Jackie Madison,					
	Stan Rose	nthal, Mike Sergent				
	Nomen's Results					
	SEC Indoor7th/9th					
NCAA Indoor30th/53rd						
	atdoor7th/8th					
NCAA (	<b>Dutdoor</b> 18th/22nd					
	MEDIA RELATIONS					
Track & Eigld	Contact	Migual Jacoba				
	<b>mail</b> (803) 530-5727 / jacobsn					
Gen i none/E	111 <b>411</b> (000) 000-0121 / Jacobsii	ı∠⊌ıııaııb∪x.36.5UU				

# **GAMECOCK TRACK & FIELD HEADS TO NCAA OUTDOOR CHAMPIONSHIPS WITH 17 BIDS**

South Carolina (Men-#6, Women-NR) travels to the NCAA Outdoor Championships June 10-13 at John McDonnell Field in Fayetteville, Ark., with the SEC's fifth-largest contingent as the team earned 17 entries - 11 for the men and six for the women.

The sixth-ranked men's team earned 11 bids in nine events, more than double the five bids that the men's team earned in 2008. Six individuals and both relays were automatic qualifiers after posting top five finishes at the East Region Championships, and three individuals earned at-large entries due to their top performances throughout the season.

The women's team earned six bids in five events, matching the total number of bids earned in 2008. Four individuals and both relays earned automatic bids due to their performances in Greensboro.

#### **SOUTH CAROLINA NCAA DECLARATIONS - MEN**

у
-up
ronze
egion
nampion
ion
rigwa

Relay Team: Quentin Moore, Johnny Dutch, Obakeng Ngwigwa, Aaron Anderson

# **SOUTH CAROLINA NCAA DECLARATIONS - WOMEN**

Name	Event	Rank	Notes		
LaKya Brookins	100m	12	NCAA 60m Champion		
Brandi Cross	400m	11	US Olympic Trials semifinalist		
Gabrielle Glenn	100m	27	Second consecutive year		
Liza Todd	Pole Vault	28	First Gamecock since 2006		
4x100m Relay		4			
Relay Team: LaKya Brookins, Shayla Mahan, Gabrielle Glenn, Breehana Jacobs					
4x400m Relay		8			

Relay Team: Brandi Cross, Breehana Jacobs, Porche Byrd, Gabrielle Glenn

ALTERNATES: Janica Austin, Kelsey McCorkle

# **SOUTH CAROLINA AT 2009 SEC OUTDOOR CHAMPIONSHIPS**

South Carolina earned titles in the men's shot put (Jason Cook), both hurdle events (Jason Richardson-110m hurdles and Johnny Dutch-400m hurdles) in addition to the men's mile relay team of Dutch, Richardson, Obakeng Ngwigwa and Quentin Moore.

# INSIDE

Women's NCAA Champions 20
6 Men's Outdoor Top Times21
Women's Outdoor Top Times 22
Coach Curtis Frye23-25

DAY 1: WEDNESDAY, JUNE 10			DAY 2: THUF	RSDAY, JUNE	11		
COMBINED EV	/ENTS		USC ATHLETES	COMBINED EV	ENTS		USC ATHLETES
11:30 a.m.	100m Dash Long Jump Shot Put High Jump 400m Dash	M Decathlon M Decathlon M Decathlon M Decathlon M Decathlon		11:15 a.m. 2:30 p.m.	100m Hurdles High Jump Shot Put 200m Dash 110m Hurdles	W Heptathlon W Heptathlon W Heptathlon W Heptathlon M Decathlon	
					Discus	M Decathlon	
FIELD EVENTS			USC ATHLETES		Pole Vault	M Decathlon	
10:30 a.m.	Hammer	M Qualifying			Javelin	M Decathlon	
1:00 p.m.	Hammer	W Qualifying			1500m Run	M Decathlon	
3:00 p.m.	Shot Put	M Qualifying	Cook				
4:00 p.m.	Long Jump	M Qualifying		FIELD EVENTS			USC ATHLETES
4:15 p.m.	Shot Put	W Qualifying		10:30 a.m.	Discus	W Qualifying	
4:30 p.m.	Pole Vault	M Qualifying	Haynie, Reitze	1:00 p.m.	Discus	M Qualifying	
5:30 p.m.	High Jump	W Qualifying		4:45 p.m.	Long Jump	W Final	
7:15 p.m.	Pole Vault	W Qualifying	Todd	4:45 p.m.	Long Jump	M Final	
7:30 p.m.	Long Jump	W Qualifying		4:45 p.m.	Shot Put	W Final	
8:00 p.m.	High Jump	M Qualifying		6:15 p.m.	Shot Put	M Final	Cook
8:00 p.m.	Javelin	M Qualifying	Heymann				
RUNNING EVE	ENTS		USC ATHLETES	RUNNING EVE	NTS		USC ATHLETES
5:00 p.m.	4x100m Relay	W Semifinal	Brookins, Mahan	5:30 p.m.	100m Hurldes	W Prelims	
		Glenn	, Jacobs (McCorkle)	5:50 p.m.	110m Hurdles	M Prelims	Richardson, Nunley
5:15 p.m.	4x100m Relay	M Semifinal	Hancock, Sales	6:10 p.m.	200m Dash	W Prelims	
			Moore, Ngwigwa	6:25 p.m.	200m Dash	M Prelims	Sales
5:30 p.m.	800m Dash	W Prelims		6:45 p.m.	400m Hurdles	W Semifinal	
5:45 p.m.	800m Dash	M Prelims		7:00 p.m.	400m Hurdles	M Semifinal	Dutch
6:00 p.m.	100m Dash	W Prelims	Brookins, Glenn	7:15 p.m.	800m Dash	W Semifinal	
6:15 p.m.	100m Dash	M Prelims	Hancock	7:25 p.m.	800m Dash	M Semifinal	
6:30 p.m.	400m Hurdles	W Prelims		7:35 p.m.	200m Dash	W Semifinal	
6:45 p.m.	400m Hurdles	M Prelims	Dutch	7:45 p.m.	200m Dash	M Semifinal	Sales
7:00 p.m.	400m Dash	W Prelims	Cross	7:55 p.m.	1500m Run	W Semifinal	
7:15 p.m.	400m Dash	M Prelims		8:10 p.m.	1500m Run	M Semifinal	
7:30 p.m.	100m Dash	W Semifinal	Brookins, Glenn	8:25 p.m.	4x400m Relay	W Semifinal	Cross, Byrd
7:40 p.m.	100m Dash	M Semifinal	Hancock				acobs, Glenn (Austin)
7:50 p.m.	3,000m Steeple	W Semifinal		8:40 p.m.	4x400m Relay	M Semifinal	Ngwigwa, Dutch
8:15 p.m.	3,000m Steeple	M Semifinal			om Holay		n, Moore (Richardson)
8:40 p.m.	5,000m Run	W Semifinal		8:55 p.m.	10,000m Run	W Final	.,
9:25 p.m.	5,000m Run	M Semifinal		9:45 p.m.	10,000m Run	M Final	
υ. <b>Ζ</b> υ μ.π.	5,000m nun	ivi Gomminai		υ. <del>τ</del> υ μ.π.	10,000m num	ivi i IIIQI	

DAY 3: FRID	AY. J	IU	NE	12
-------------	-------	----	----	----

COMBINED EV	ENTS		USC ATHLETES			
1:45 pm.	Long Jump	W Heptathlon				
	Javelin	W Heptathlon				
	800m Run	W Heptathlon				
FIELD EVENTS			USC ATHLETES			
11:00 a.m.	Hammer	W Final	USC ATTILLTES			
1:00 a.m.	Hammer	M Final				
3:00 p.m.	Triple Jump	W Qualifying				
3:45 p.m.	Pole Vault	M Final	Haynie, Reitze			
4:00 p.m.	High Jump	W Final	riayine, nenze			
4:30 p.m.	Triple Jump	M Qualifying				
5:30 p.m.	Javelin	W Final				
7:00 p.m.	Pole Vault	W Final	Todd			
7:00 p.m.	High Jump	M Final	Toda			
7:30 p.m.	Javelin	M Final	Heymann			
7.30 p.111.	Javeiiii	IVI FIIIdI	Heymann			
RUNNING EVE	NTS		USC ATHLETES			
6:05 p.m.	4x100m Relay	W Final	Brookins, Mahan			
'	,		,			
		Glen	n, Jacobs (McCorkle)			
6:15 p.m.	4x100m Relay		n, Jacobs (McCorkle) Hancock, Sales			
6:15 p.m.	4x100m Relay	Glen M Final	Hancock, Sales			
6:15 p.m. 6:25 p.m.	•		· ·			
·	•	M Final	Hancock, Sales			
6:25 p.m.	3,000m Steeple	M Final W Final	Hancock, Sales			
6:25 p.m. 6:40 p.m.	3,000m Steeple 3,000m Steeple	M Final W Final M Final	Hancock, Sales			
6:25 p.m. 6:40 p.m. 6:55 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles	M Final W Final M Final W Semifnal	Hancock, Sales Moore, Ngwigwa			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles	M Final W Final M Final W Semifnal M Semifinal	Hancock, Sales Moore, Ngwigwa Richardson, Nunley			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m. 7:15 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles 400m Dash	M Final W Final M Final W Semifinal M Semifinal W Semifinal	Hancock, Sales Moore, Ngwigwa Richardson, Nunley			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m. 7:15 p.m. 7:25 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles 400m Dash 400m Dash	M Final W Final M Final W Semifinal M Semifinal W Semifinal M Semifinal	Hancock, Sales Moore, Ngwigwa Richardson, Nunley Cross			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m. 7:15 p.m. 7:25 p.m. 7:35 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles 400m Dash 400m Dash 100m Dash	M Final W Final M Final W Semifinal M Semifinal W Semifinal M Semifinal M Final	Hancock, Sales Moore, Ngwigwa  Richardson, Nunley Cross  Brookins, Glenn			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m. 7:15 p.m. 7:25 p.m. 7:35 p.m. 7:45 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles 400m Dash 400m Dash 100m Dash	M Final W Final M Final W Semifinal M Semifinal W Semifinal W Final M Final	Hancock, Sales Moore, Ngwigwa  Richardson, Nunley Cross  Brookins, Glenn			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m. 7:15 p.m. 7:25 p.m. 7:35 p.m. 7:45 p.m. 7:55 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles 400m Dash 400m Dash 100m Dash 400m Dash	M Final W Final M Final W Semifinal M Semifinal W Semifinal W Final M Final W Final	Hancock, Sales Moore, Ngwigwa  Richardson, Nunley Cross  Brookins, Glenn Hancock			
6:25 p.m. 6:40 p.m. 6:55 p.m. 7:05 p.m. 7:15 p.m. 7:25 p.m. 7:35 p.m. 7:45 p.m. 7:55 p.m.	3,000m Steeple 3,000m Steeple 100m Hurdles 110m Hurdles 400m Dash 400m Dash 100m Dash 100m Dash 400m Hurdles 400m Hurdles	M Final W Final M Final W Semifinal M Semifinal W Semifinal W Semifinal M Final W Final M Final M Final	Hancock, Sales Moore, Ngwigwa  Richardson, Nunley Cross  Brookins, Glenn Hancock			

DAY 4: SATURDAY, JUNE 13

FIELD EVENTS			<b>USC ATHLETES</b>
10:00 a.m.	Discus	M Final	
Noon	Triple Jump	W Final	
Noon	Triple Jump	M Final	
Noon	Discus	W Final	
RUNNING EVEN	ITS		<b>USC ATHLETES</b>
12:05 p.m.	400m Dash	W Final	Cross
12:12 p.m.	400m Dash	M Final	
12:19 p.m.	800m Dash	W Final	
12:28 p.m.	800m Dash	M Final	
12:35 p.m.	200m Dash	W Final	
12:42 p.m.	200m Dash	M Final	Sales
12:52 p.m.	100m Hurdles	W Final	
12:59 p.m.	110m Hurdles	M Final	Richardson, Nunley
1:09 p.m.	1500m Run	W Final	
1:21 p.m.	1500m Run	M Final	
1:35 p.m.	4x400m Relay	W Final	Cross, Byrd
			Jacobs, Glenn (Austin)
1:45 p.m.	4x400m Relay	M Final	Ngwigwa, Dutch
		Anderso	n, Moore (Richardson)



LaKya Brookins

2x All-American; NCAA 60m Chmpion Sprints So. // So. Atlanta, Ga. // Seneca (S.C.)

COLLEGIATE BESTS

60 m (7.13) 100 m (11.30) 200 m (25.00)

~~~			
7/11/16	Outdoor	I J K O O K	2001000
711119		PICKER	266111116
2000	<b>O</b> utuooi	1 1041	

Date	Meet	Event	Finish	Time/Mark
4/3	Pepsi Florida Relays	100m	5th	11.52^
4/11	Spec Town Relays	100m	1st	11.30^
4/24	Penn Relays	100m	Р	11.64^
4/25	Penn Relays	100m	3rd	11.32^
5/8	UNC Elite Meet	100m	2nd	11.47^
5/16	SEC Championships	100m	Р	11.34^
5/17	SEC Championships	100m	3rd	11.36^
5/29	NCAA East Region	100m	Р	11.48^
5/30	NCAA East Region	100m	2nd	11.33^

^ - NCAA Regional Qualifying Time

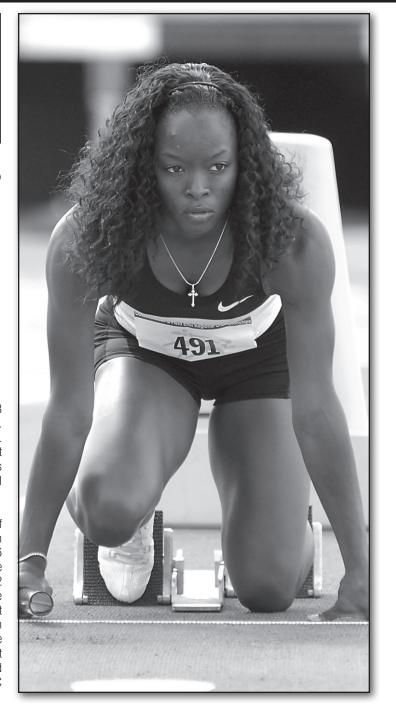
**Bold Italics - Current Personal Best** 

**2009 (Indoor):** South Carolina's first NCAA Champion in 60m dash ... Ran a 7.13 in the final, over one-tenth of a second faster than the second place finisher (7.24) ... Shattered the school-record 7.21 run by Amberly Nesbitt and Shalonda Solomon ... Tied an NCAA Meet record ... Ran the second fastest time in teh world this year; fastest by a collegiate ... Bronze medalist at SEC Indoors at 7.24 ... Previous season best was a 7.22, ranked third in the nation heading into NCAA Championships ... Was the final qualifier for the NCAA finals after placing 8th at prelims at 7.34

**2008:** NCAA Indoor All-American in the 60m ... South Carolina's indoor rookie of the year ... SEC Freshman Runner of the Week to open the indoor season after a win in the 60m at the UNC Classic at 7.32 ... placed second at the Millrose Games at 7.36 ... ran a 7.37 at the New Balance Invitational to place seventh ... ran a 7.34 at the SEC Indoor Championships ... silver medalist at the NCAA Last Chance meet at 7.32 ... placed 10th at the NCAA Indoors in the 60m at 7.32 ... ran a team best 6.89 in the 55m at the Tom Jones Memorial ... placed second in the 200m at the UNC Classic at 25.20 ... ran a 25.00 at the NCAA Last Chance Meet ... outdoors, opened the season with a win in the 100m at the Shamrock Invitational at 11.63 ... placed third at the Auburn Tiger Classic at 11.67 ... fourth place finish at the Spec Towns Invitational at 11.59 ... ran a season best 11.57 at the Friendship and Freedom Games ... competed at the SEC Outdoor Championship with a time of 11.67 ... bronze medalist at the SEC Outdoors as a member of the 4x100m relay team that crossed at 44.34.

**HIGH SCHOOL**: Graduated from Seneca High School ... lettered in basketball, gymnastics and track ... 2007 All-USA track team ... 2005 and 2006 All-State selection ... two-time Region Athlete of the Year ... third place at USA Jr. Nationals in 100m ... member of 2007 Pan Am team ... 2006 South Carolina state champion in the 100m and 200m ... two-time regional champion in 100m and 200m ... finished first nationally in the 55m (indoors) ... set facility records at Clemson and South Carolina as a high school senior ... advanced to finals at USA Nationals ... finished fourth at 100th Millrose Games in the 60m ... two-time 4x100m regional champion.

**PERSONAL**: LaKya Janaee Brookins was born July 28, 1989 ... pursuing a degree in criminal justice ... parents are Kimberly Brookins (Belated Mitchell Brookins) and Frank Smith, an assistant men's basketball coach at Clemson University ... hobbies include singing, dancing and swimming ... chose USC over Auburn, Arkansas, Louisville, Nebraska, Clemson, George Mason, TCU and Wisconsin ... selected Carolina because "Coach Frye was a man of his word during recruitment."



DAY 1: WEDNESDAY, JUNE 10 - 6:00 pm Prelim DAY 1: WEDNESDAY, JUNE 10 -7:30 pm Semifinal DAY 3: FRIDAY, JUNE 12 - 7:35 pm Final



Jason Cook

SEC Outdoor Champ; Indoor Runner-up Throws R-Jr. // Sr.

Bristow, Va. // Brentsville District

#### COLLEGIATE BESTS

Shot Put (19.39m // 63-07.75) Weight (18.0m//59-0.75) Discus (51.47m//168-10) Hammer (51.83m//170-0)

# **2009 Outdoor Progressions**

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Shot Put	1st 59-1	1.25 (18.27m) <sup>^</sup>
4/4	Pepsi Florida Relays	Shot Put	3rd 62-0	5.75 (19.04m) <sup>^</sup>
4/11	Spec Town Relays	Shot Put	3rd 63-0	7.50 (19.39m) <sup>^</sup>
4/18	IFFG @ NC A&T	Shot Put	1st 62-1	1.50 (19.19m) <sup>^</sup>
4/24	Penn Relays	Shot Put	2nd 62-0	5.00 (19.02m) <sup>^</sup>
5/8	UNC Elite Meet	Shot Put	1st 61-0	0.75 (18.61m) <sup>^</sup>
5/16	SEC Championships	Shot Put	1st 63-0	4.75 (19.32m) <sup>^</sup>
5/29	NCAA East Region	Shot Put	4th 62-0	3.75 (18.99m)^
A NIO A				

^ - NCAA Regional Qualifying Mark

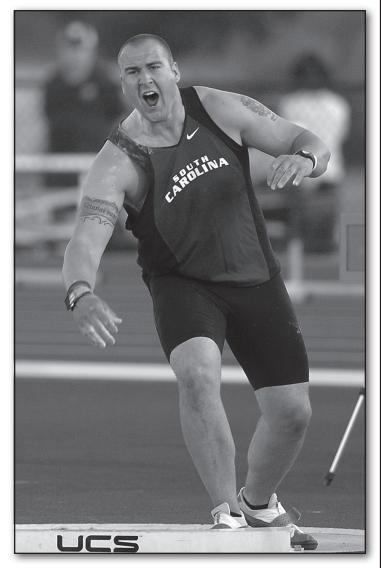
**Bold Italics - Current Personal Best** 

**2009 (Indoor):** SEC Indoor Runner-Up with a throw of 60-03 (18.36m) ... Won the Gamecocks Invitational (60-09 1/2) and the NCAA Last Chance Meet (61-11) ... Placed 13th at NCAA Indoors with a top throw of 57-05 3/4 (17.52m).

**2008**: NCAA East Region qualifier in shot put ... South Carolina's outdoor MVP in field events ... posted three wins in the shot put during the indoor season, claiming the title at the On Track Open, Tiger Invitational and Gamecock Invitational ... won On Track Open ... placed fifth at the New Balance Invitational and broke his 2007 PR at 56-10 ... followed that up with a new PR in victory at Tiger Invitational at 58-0 ½ ... won Gamecock Invitational at 56-9 ¼ ... season best in weight throw came at SEC Championships at 56-7 ¼ ... outdoors had Carolina's best shot put mark at 60-6 with a bronze medal at the SEC Championships ... won shot put at Carolina Classic at 59'5 ... season best in the hammer at 169-10 ... threw a season best 166-5 in the discus at the Penn Relays ... placed fifth in the shot put at Penn Relays at 57-1.

**2007**: Competed in shot put and weight throw indoors ... Set a new shot put PR in the first meet of the season by 2 1/2 feet after throwing a 53-1 at the Virginia Tech Invitational ... improved his throw by three-quarters of an inch at the Diet Pepsi Invitational where he finished seventh ... saw a big improvement at the Gamecock Invitational where he finished second with a throw of 53-8 1/4 ... hit a new PR the following week at the SEC Championships at 54-6 1/2, taking 13th in the finals ... also set a PR in the weight throw at the conference championships, tossing a 59-0 3/4 to place tenth and narrowly miss out on scoring ... outdoors he participated in one event, winning the Weems Baskin Relays in the shot put at 53-2 3/4.

**2006**: Contested the shot put and weight throw during the indoor season ... the Virginia Tech Invitational meet saw a season-opening shot put PR of 46-11 3/4 before unleashing a massive PR of 50-6 at the USC Invitational where he placed third ... a great throw of 58-10 in the weight throw at the SEC Indoor Championships placed fifth ... the outdoor season included the addition of the discus and hammer in exchange for the weight throw ... in the hammer, a distance of 154-5 was marked at the Murray Neely Invitational before the uncorking of a huge 170-0 personal record for a fifth-place finish at the Clemson Invitational ... shot put throws of 52-4 and 54-5 1/2 at the Penn and Sea Ray Relays proved to be PRs ... in the discus, a personal best of 168-3 at the Spec Towns meet secured a sixth-place finish ... at the SEC Outdoor Championships, a 151-2 1/4 throw concluded a year of great improvement from last season.



**2005**: Redshirted during the indoor season while recovering from shoulder surgery ... changed to a spin technique with the shot put and began learning how to throw the hammer ... competed in the shot put, hammer and discus during the outdoor season ... turned in his best effort in the shot and hammer at the Tennessee Quad Meet with marks of 45-9 3/4 and 137-6 ... had his longest discus throw at Georgia with a 143-2 effort ... competed in all three events at the SEC Outdoor Championships.

**HIGH SCHOOL**: Coached by Lance Sherrill and Rob Dulin at Brentsville District High School ... was a two-time state champion in the shot put and discus ... was a two-time all-state team member in the shot put and a four-time member of the all-state teams in the discus ... was a national qualifier in the 2004 discus and was The Washington Post Athlete of the Year ... ranked No. 1 in Virginia in the shot put and discuss ... lettered in football, indoor track, outdoor track and wrestling at Brentsville District High School ... broke Gamecock throws coach Mike Sergent's 17-year-old high school records.

**PERSONAL**: Jason Corey Cook was born Jan. 3, 1986, in Manassas, Va. ... parents are Gerald and Janet Cook ... graduated in 2008 with a degree in sociology and is pursuing a graduate degree in criminology ... chose USC over East Carolina and Virginia Tech.

DAY 1: WEDNESDAY, JUNE 10 - 3:00 pm Qualifying DAY 2: THURSDAY, JUNE 11 - 6:15 pm Final



Brandi Cross

6x All-American

Sprints Jr. // Jr.

Missouri City, Texas // Thurgood Marshall

COLLEGIATE BESTS 400m (51.63)

# 2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	400m	1st	54.20^
4/3	Pepsi Florida Relays	400m	4th	52.73^
4/11	Spec Town Relays	400m	1st	55.91
5/16	SEC Championships	400m	Р	53.97^
5/17	SEC Championships	400m	-	DNF
5/29	NCAA East Region	400m	Р	53.64^
5/30	NCAA East Region	400m	4th	52.92^
^ - NC	AA Regional Qualifying Ti	me		

Bold Italics - Current Personal Best

**2009 (Indoor):** Ran the first leg of the SEC Champion 4x400m relay team that won the title at an NCAA best 3:33.50 ... In the 400m, placed fifth at SEC's at 53.99 ... Won the NCAA Last Chance Meet at a season-best 53.47 ... Finishd 10th at NCAA Indoor Championships at 53.80.

2008: NCAA Indoor and Outdoor All-American, earning four citations ... advanced to semifinals of the US Olympic Trials in the 400m where she ran a PR of 51.63 ... ran a 52.12 to earn the silver medal at the SEC Indoor Championships ... another silver medal as the third leg of the 4x400m relay team that then placed sixth at the NCAA Indoor Championships at 3:33.99 ... silver medal at SEC Outdoor Championships in 400m at 52.31 ... silver medalist at NCAA East Region at 51.70 before claiming sixth at the NCAA Outdoors at 51.86 ... 4x100m team earned silver at NCAA East Region and placed seventh at NCAA Outdoors at 44.04 ... 4x400m team took bronze at the NCAA East Region and NCAA Outdoors ... South Carolina's Indoor MVP ... indoors, opened the season with a win at the UNC Classic ... placed first or second at every meet ... won the Rod McCravy Invitational at 52.83 ... took second at the New Balance Invitational ... third leg runner of 4x400m relay team that won the Tom Jones Memorial before placing second at Rod McCravy, New Balance and Tyson Invitationals ... outdoors, won the Spec Towns Invitational and Friendship & Freedom Games in the 400m ... member of 4x400m relay team that took third at the Penn Relays.

**2007:** NCAA Indoor Champion in the 4x400m relay as the third leg ... Pan Am Junior Champion ... opened indoor season seventh in the 400m at 54.80 at the Rod McCravy Memorial ... took third at the Diet Pepsi Invitational with a time of 55.12 ... ran a 54.38 at the New Balance Invitational to place fifth ... finished ninth at the Tyson Invitational in 54.39 ... ran at the SEC Indoor Championships with an 11th place finish ... ran an indoor personal best 54.37 at the NCAA Last Chance meet ... outdoors, finished first at the Hurricane Invite with a time of 54.11 ... placed eighth at the Jim Click Shootout with a 54.56 time ... ran the 200m at the Weems Baskin Relays, placing fourth in 24.66 ... took eighth in the 400m at the Florida Relays after setting a new personal record at 53.78 ... placed 11th at the SEC Outdoor Championships with a time of 54.31 ... won the SEC Outdoor Championship as a member of the 4x400m relay team that ran a 3:28.44.

**HIGH SCHOOL:** Coached by Benita Smith at Thurgood Marshall High School ... lettered in basketball, volleyball and track ... first cracked the national top 50 lists in 2000 when she ran 55.11 in the 400m as a 12-year-old in sixth grade ... received four All-America citations in the 400m, with the first coming in eighth grade when she was ranked No. 4 nationally ... ended the 2006 indoor season rated second nationally among high school girls in the 400m with a 54.06 figure ... third during the outdoor season at 51.96 ... her top time in the 400-meter dash as a junior was 52.46, which



ranked third in the country for the indoor and outdoor seasons ... was a member of the 4x400m relay team that represented the United States and won gold in a time of 3:29.01 at the 2006 IAAF World Junior Championships in Beijing, China ... 2003 and 2005 World Youth Games participant.

**PERSONAL:** Brandi Nicole Cross was born Jan. 20, 1988 ... parents are Tyrone and Monique Cross ... is pursuing a degree in criminal justice ... hobbies are sleeping, socializing and joking around ... chose South Carolina over UCLA, Arizona State, Houston and Texas A&M because of coach Curtis Frye.

DAY 1: WEDNESDAY, JUNE 10 - 7:00 pm Prelim DAY 3: FRIDAY, JUNE 12 - 7:15 pm Semiinal DAY 4: SATURDAY, JUNE 13 - 12:05 pm Final



Johnny Dutch

2009 SEC & NCAA East Region Champion Hurdles So. // So.

Clayton, N.C. // Clayton

#### COLLEGIATE BESTS

55mH (7.38) 60mH (7.71) 110mH (13.63) 400mH (48.52)

# **2009 Outdoor Progressions**

Date	Meet	Event	Finish	Time/Mark
4/3	Pepsi Florida Relays	110mH	15th	13.95^
4/18	IFFG @ NC A&T	110mH	Р	14.09^
4/24	Penn Relays	110mH	Р	14.00^
4/25	Penn Relays	110mH	6th	14.16^
5/8	UNC Elite Meet	110mH	4th	13.86^
5/16	SEC Championships	110mH	Р	14.07^
5/17	SEC Championships	110mH	4th	13.68^
5/29	NCAA East Region	110mH	Р	13.85^
5/30	NCAA East Region	110mH	7th	14.27^
4/3	Pepsi Florida Relays	400mH	2nd	49.79^
4/24	Penn Relays	400mH	32nd	54.39
5/8	UNC Elite Meet	400mH	1st	49.66^
5/15	SEC Championships	400mH	Р	50.17^
5/17	SEC Championships	400mH	1st	48.58^
5/29	NCAA East Region	400mH	Р	50.69^
5/30	NCAA East Region	400mH	1st	48.70^

^ - NCAA Regional Qualifying Time

**Bold Italics - Current Personal Best** 

**2009 (Indoor):** NCAA Indoor bronze medalist in the 60m hurdles at a personal best 7.71 ... Placed seventh at SEC Indoors at 7.92 ... Ran the second leg of the 4x400m relay team that ran a 3:07.83 to finish fourth at NCAA Indoors ... SEC Indoor silver medalist in the relay at 3:06.11.

**2008**: Competed in 400mH at the US Olympic Trials where he finished fifth at 48.52, setting the South Carolina record and narrowly missing a berth to the Olympic Games in Beijing ... earned a silver medal at the World Junior Championships in Poland with a time of 49.25 ... took second at USA Junior Nationals at 49.70 ... named to indoor and outdoor All-SEC Freshman teams ... runner-up at SEC Outdoor Championships in 400mH at 48.68 and fourth in 110mH at 13.63, the highest-scoring freshman in both events ... indoors, ran a 7.99 in the 60mH to take the bronze medal at the Millrose Games ... battled injury in the middle of the indoor season but ran three qualifying times ... ran an indoor best 7.85 at the SEC Indoors in the 60mH and placed seventh in the finals ... placed seventh in 400mH at Penn Relays (51.40) ... did not participate at NCAA's due to a strained hamstring but qualified as a member of the mile relay ... took silver in 110mH and 400mH at Weems Baskin Relays ... took first in 110mH and second in 400mH at Shamrock Invitational ... won 11mH (13.85) and 400mH (49.78) at Carolina Classic ... South Carolina outdoor ookie of the year.

**HIGH SCHOOL:** Coached by Steve McGill at Clayton High School ... named All-American all four years of high school for indoor and outdoor hurdle events and a nine-time state champion in both hurdle events ... Won 2006 Nike Outdoor Nationals in 110 meter hurdles junior year (13.54) ... won 2007 Nike Indoor Nationals senior year (7.71) ... won 2007 Pan American Juniors in 400 meter hurdles (50.87) and 110 meter hurdles (13.47) ... Carribean Scholastic Invitational champion ... placed second with the USA's 4x400m team (3:06) ... placed second at 2007 Junior Nationals in 400 meter hurdles (50.07) and 110 meter hurdles (13.39) ... won 2007 Simplot Games 60 meter hurdles in Idaho ... broke national record in 55 meter hurdles at an indoor meet with a time of 7.07.



**PERSONAL:** Johnny Dominique Dutch was born January 20, 1989 ... pursuing a degree in media arts ... mother is Deborah Dutch ... hobbies include creating films, going to the movies, swimming and jogging ... favorite athlete is James Carter ... chose USC over Tennessee, Florida and Southern California.

DAY 1: WEDNESDAY, JUNE 10 - 6:45 pm Prelim DAY 2: THURSDAY, JUNE 11 -7:00 pm Semifinal DAY 3: FRIDAY, JUNE 12 - 8:05 pm Final



Gabrielle Glenn

3x All-American

Sprints So. // So.

Charlotte, N.C. // Providence

### COLLEGIATE BESTS

60m (7.41) 100m (11.45) 200m (23.93)

2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
4/3	Pepsi Florida Relays	100m	10th	11.64^
5/8	UNC Elite Meet	100m	3rd	11.81
5/16	SEC Championships	100m	Р	11.57^
5/17	SEC Championships	100m	7th	11.58^
5/29	NCAA East Region	100m	Р	11.59^
5/30	NCAA East Region	100m	5th	11.64^
^ - NC	AA Regional Qualifying Ti	me		

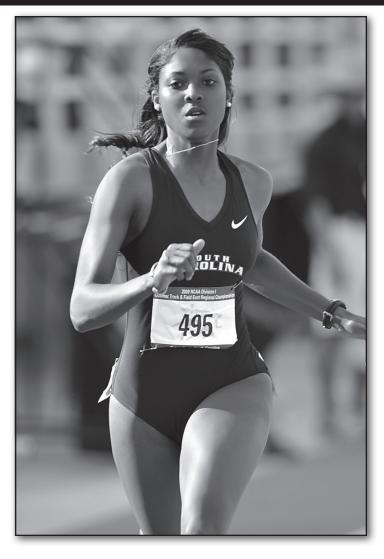
**Bold Italics - Current Personal Best** 

2009 (Indoor): Placed seventh at SEC Indoor Championships in the 60m dash at 7.47 ... Ran a personal best 7.41 to win the consolation final at the Tyson Invitational ... Ran second leg of 4x400m relay team that placed fifth at NCAA Indoors.

**2008**: NCAA Outdoor All-American in the 4x100m and 4x400m ... NCAA qualifier in the 100m ... 4x100m team earned silver at NCAA East Region and placed seventh at NCAA Outdoors at 44.04 ... 4x400m team took bronze at the NCAA East Region and NCAA Outdoors ... South Carolina's outdoor track rookie of the year ... indoors, opened the season with a win at the UNC Classic in the 200m at 25.08 ... placed eighth at the Tom Jones Memorial at 24.60 ... ran a season best 24.13 at the NCAA Last Chance Meet ... placed 14th in the 60m at the New Balance Invitational at 7.54 ... season best 7.47 ran at the NCAA Last Chance Meet ... ran the second leg of the DMR team that placed eighth at the SEC Indoors at 12:18.82 ... outdoors, opened the season with a second place finish at the Shamrock Invitational at 11.75 ... placed sixth in the 100m at the Spec Towns Invitational at 11.64 ... ran an 11.73 at the SEC Outdoors ... ran a personal best 11.45 in the NCAA East Region prelims before placing third in the final at 11.70  $\dots$  competed at the NCAA Outdoors  $\dots$  in the 200m, ran a season best 23.93 to place fourth at the Spec Towns Invitational ... ran a 24.30 at the SEC Outdoors ... member of 4x400m relay team that took third at the Penn Relays ... placed fifth at the USA Junior Nationals in the 100m at 11.56 ... ran the third leg of the Team USA 4x100m relay at the World Junior Championships to win the gold medal at 43.66, the fastest junior time in the world during the year.

HIGH SCHOOL: Coached by John Potts at Providence High School ... lettered in tennis, track and basketball ... AAU track All-American ... two-time SWAC 4A All-Conference selection ... Hendrick Auto Athlete of the Week .. SWAC 4A Region Outdoor track athlete of the year ... Charlotte Observer runner of the year ... AAU bronze medalist in 400m ... state champion in 300m and runner-up in 55m and 100m ... high school record holder in 100m, 200m, 300m, 400m and 4x400m relay ... Queen City Relays champion for 100m, 200m and 400m ... team named Most Outstanding Female Athlete.

**PERSONAL**: Gabrielle Alise Glenn was born Jan. 28, 1989 ... pursuing a degree in psychology ... parents are Gregory and Jacqueline Glenn ... hobbies include listening to music, reading and writing ... chose USC over Virginia Tech, Virginia, Georgia, Hampton and Indiana.



DAY 1: WEDNESDAY, JUNE 10 - 6:00 pm Prelim DAY 1: WEDNESDAY, JUNE 10 -7:30 pm Semifinal DAY 3: FRIDAY, JUNE 12 - 7:35 pm Final



Johnathan Hancock

1x All-American

Sprints Sr // Sr.

Charlotte, N.C. // West Charlotte

# COLLEGIATE BESTS

60 m (6.63) 100 m (10.34) 200 m (21.73)

2009 Indoor Progressions

Date	Meet	Event	Finish	Time/Mark	
3/20	Shamrock Invitational	100m	Р	10.45^	
3/21	Shamrock Invitational	100m	1st	10.48^	
3/28	Weems Baskin Invite	100m	1st	10.47^	
4/3	Pepsi Florida Relays	100m	4th	10.44^	
4/11	Spec Town Relays	100m	1st	10.37^	
4/18	IFFG @ NC A&T	100m	Р	10.47^	
4/18	IFFG @ NC A&T	100m	8th	10.49^	
4/24	Penn Relays	100m	Р	10.47^	
4/25	Penn Relays	100m	3rd	10.44^	
5/16	SEC Championships	100m	Р	10.40^	
5/17	SEC Championships	100m	7th	10.34^	
5/29	NCAA East Region	100m	9	10.41^	
^ - NCAA Regional Qualifying Time					

**Bold Italics - Current Personal Best** 

**2009 (Indoor):** Placed sixth in the 60m dash at SEC Indoors at 6.70 ... Won the NCAA Last Chance meet at 6.63 ... Ran a 6.75 in the prelims at the NCAA Indoor Championships, finishing 12th overall ... Set a South Carolina Indoor Facility record in the 55m dash with his win at 6.24.

**2008:** 2008 Outdoor All-American in 4x100m relay ... indoors, ran a personal best 6.74 at the NCAA Last Chance meet ... ran a 6.83 in the 60m at the SEC Championships ... silver medalist at the Millrose Games in New York City at 6.87 ... outdoors, won the 100m at the Shamrock Invitational at 10.44 ... placed second at the Weems Baskins Relays ... placed 14th at the SEC Outdoors at 10.61 ... member of 4x100m relay team to finish fourth at SEC Outdoors at 39.66 ... silver medalist at NCAA East Regionals as first leg of relay that ran a 39.39 ... relay team ran a 39.37 to finish fourth at the NCAA Championship prelims.

**2007:** Indoors, competed in four events in short sprints ... took third in the 55-meter dash at the Gamecocks Inviational with a time of 6.45 ... ran the same time at the Diet Pepsi Invitational for ninth ... ran both the 60- and the 200-meter dashes at the SEC Indoor Championships ... redshirted outdoors.

**2006:** Indoors, sped to a 55-meters personal record at the USC Invitational with a time of 6.31 ... ran both the 55- and the 200-meter dashes at the SEC Indoor Championships ... during the outdoor season, contested the 100- and 200-meters.

**HIGH SCHOOL:** Coached by Bennett King at West Charlotte High School ... lettered three times in track, football and basketball ... top times were 10.47 in the 100m and 21.53 in the 200m ... ranked No. 2 in North Carolina in the 100m ... was the state MVP at the 4A level in 2004, The Charlotte Observer Runner of the Year in 2004 and the Mecklenburg Runner of the Year in both 2004 and 2005 ... earned All-America indoor honors in the 55-meter dash (6.31) and 4x200-meter relay ... team was the indoor state champions in 2005 and the outdoor champs in 2004 ... was on the honor roll, earned a Presidential Award and was an Army Scholar-Athlete Award winner.

**PERSONAL:** Johnathan Seth Hancock was born March 31, 1987... parents are John and Sandra Hancock ... working toward a degree in criminal justice ... chose South Carolina over Florida, Georgia, Tennessee and Nebraska... had football offers at East Carolina and Maryland ... once met Evander Holyfield.



DAY 1: WEDNESDAY, JUNE 10 - 6:15 pm Prelim DAY 1: WEDNESDAY, JUNE 10 -7:40 pm Semifinal DAY 3: FRIDAY, JUNE 12 - 7:45 pm Final



Elliott Haynie

4x A-Sun Champion; SEC Runner-Up Pole Vault Sr. // R-Jr.

Atlanta, Ga. // Gardner-Webb Univ.

#### COLLEGIATE BESTS

Pole Vault (5.45m//17-10.50)

Heptathlon (4,645 points)

# **2009 Outdoor Progressions**

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	Pole Vault	1st	16-06.75 (5.05m) <sup>^</sup>
3/28	Weems Baskin Invite	Pole Vault	1st	16-08.75 (5.10m) <sup>^</sup>
4/4	Pepsi Florida Relays	Pole Vault	1st	17-10.50 (5.45m)^
4/25	Penn Relays	Pole Vault	6th	17-00.75 (5.20m) <sup>^</sup>
5/8	UNC Elite Meet	Pole Vault	2nd	16-10.75 (5.15m) <sup>^</sup>
5/16	SEC Championships	Pole Vault	2nd	17-05.75 (5.33m) <sup>^</sup>
5/30	NCAA East Region	Pole Vault	7th	16-11.00 (5.16m) <sup>^</sup>
$\Lambda = NI \cap \Lambda$	A Regional Qualifying Ma	rk		

^ - NCAA Regional Qualifying Mark

**Bold Italics - Current Personal Best** 

2009 (Indoor): Did not compete - ineligible as a transfer from Gardner-Webb

**GARDNER-WEBB (2005-08)**: Coached by Brian Baker at Gardner-Webb University ... four-time Atlantic Sun conference champion ... 2008 CoSIDA ESPN The Magazine Academic All-American ... qualified for NCAA Indoor Championships in 2007 and 2008 ... placed 10th at 2008 NCAA Indoors at 17-0 ¾ ... set Atlantic Sun and Gardner Webb records in winning the heptathlon with 4,645 points at the 2008 A-Sun Indoor Championships, where he also won the pole vault ... 2007 NCAA East Region Championship qualifier where he placed 11th ... at 2007 A-Sun Outdoor Championships, placed second in pole vault and decathlon ... won pole vault and placed second in heptathlon at 2007 A-Sun Indoor Championships.

**HIGH SCHOOL**: Coached by Scott Vaughan at Creekside High School in Fairburn, Ga. . . . lettered in wrestling and football . . . Georgia state runner-up in the pole vault . . . ranked No. 2 pole vaulter in Georgia 4A division . . . had a best clearance of 14'.

**PERSONAL**: Elliott Haynie was born Feb. 18, 1987 ... pursing degrees in accounting and management ... parents are Helena Saunders and Joe Haynie ... chose USC over Clemson after transferring from Gardner-Webb University in Boiling Springs,



DAY 1: WEDNESDAY, JUNE 10 - 4:30 pm Prelim DAY 3: FRIDAY, JUNE 12 - 3:45 pm Final



Erik Heymann

2x NCAA Participant (O)

Throws R-Jr. // R-Jr.

Westwood, N.J. // Westwood

COLLEGIATE BESTS Javelin (68.16m//223-7)

### 2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	Javelin	1st	203-04 (61.98m) <sup>^</sup>
3/28	Weems Baskin Invite	Javelin	1st	206-09 (63.02m) <sup>^</sup>
4/25	Penn Relays	Javelin	10th	174-09 (53.28m)
5/16	SEC Championships	Javelin	3rd	220-02 (67.08m) <sup>^</sup>
5/29	NCAA East Region	Javelin	11th	200-05 (61.08m)
A NIO A	A D			

^ - NCAA Regional Qualifying Mark Bold Italics - Current Personal Best

2009 (Indoor): Does not compete indoors.

**2008**: Outdoors competed in the javelin where he won his first meet of the year at the Weems Baskin Invitational ... took fourth at the Spec Towns Invitational with a toss of 211-10 ... placed seventh at the SEC Outdoor Championships with a throw of 208-9 ... placed fifth at the NCAA East Regional Championships with a throw of 219-11 to advance to the NCAA Championships ... finished 22nd at the NCAA Outdoor Championships.

**2007**: Outdoors, competed in the shot put at the Hurricane Invite, placing 12th ... placed second at the Penn Relays in the javelin with a mark of 212-1 that qualified him for the NCAA East Regionals ... scored and placed third at the SEC Outdoor Championships after landing a 223-7 javelin throw.

2006: Redshirted due to injury.

**HIGH SCHOOL**: Coached by George Glover at Westwood Regional High School in the Township of Westwood, N.J., in 2005 ... lettered four times in outdoor track and field, and three times during the indoor season ... logged the top javelin throw (206-11) in the state and was a top-15 thrower nationally ... also completed in the discus (159-1) and was the school record-holder in the shot put indoors (52-9 1/4) ... was all-league, all-county and all-state ... led the team to league, county and state sectional championships in 2005 ... was the North Jersey Team of the Year by The Bergen Record and The Star-Ledger.

**PERSONAL**: Erik Paul Heymann was born Dec. 26, 1986, in Westwood, N.J. ... nickname is "Scrappy" ... parents are Marianne and Herbert Heymann ... working on a degree in philosophy ... also considered Miami (Ohio), North Carolina State and Duke before casting his lot with the Gamecocks.



DAY 1: WEDNESDAY, JUNE 10 - 8:00 pm Prelim DAY 3: FRIDAY. JUNE 12 - 7:30 pm Final



# **Booker Nunley**

SEC Runner-Up; NCAA East Region Bronze Hurdles

Fr. // Fr.

Garner, N.C. // Garner

COLLEGIATE BESTS

60 mH (7.86) 110 mH (13.49) 400 mH (54.18)

# **2009 Outdoor Progressions**

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	110mH	1st	13.92^
4/3	Pepsi Florida Relays	110mH	11th	13.91^
4/8	State USATF Meet	110mH	2nd	13.90^
4/11	Spec Town Relays	110mH	1st	13.90^
4/18	IFFG @ NC A&T	110mH	Р	14.58
4/18	IFFG @ NC A&T	110mH	6th	14.06^
4/24	Penn Relays	110mH	Р	14.03^
5/8	UNC Elite Meet	110mH	2nd	13.82^
5/16	SEC Championships	110mH	Р	13.86^
5/17	SEC Championships	110mH	2nd	13.49^
5/29	NCAA East Region	110mH	Р	13.92^
5/30	NCAA East Region	110mH	3rd	13.63^
A NIO/	A D : I O i'f .: T:-			

^ - NCAA Regional Qualifying Time

**Bold Italics - Current Personal Best** 

**2009 (Indoor):** Placed sixth at SEC Indoors in the 60m hurdles at 7.92 ... Ran a collegiate-best 7.86 in the prelims and finals at the NCAA Last Chance meet to place fourth overall ... Won the 55m hurdles at the Gamecock Invitational at 7.39.

**HIGH SCHOOL**: Coached by Steve McGill at Garner High School ... No. 1 ranked hurdler in the United States ... No. 2 ranked hurdler in the world ... 2008 Junior National champion in the 110-meter hurdles at 13.40 ... 2008 World Junior Championships silver medalist in the 110-meter hurdles at 13.45 ... all-american, all-conference and all-state honors ... lettered in track and football ... had a top time in the 400-meter hurdles at 53.14 set at the NC A&T Friendship and Freedom Games ... bronze medalist at the 2008 Nike Indoor Nationals with a personal-best 7.78 in the 60-meter hurdles.

**PERSONAL**: Booker T. Nunley IV was born July 2, 1990 in Portsmouth, Va. ... parents are Booker and Jackie Nunley ... pursuing a degree in business ... chose USC over Tenessee, Virginia Tech, N.C. State and North Carolina.



DAY 2: THURSDAY, JUNE 11 -5:50 pm Prelim DAY 3: FRIDAY, JUNE 12 - 7:05 pm Semifinal

DAY 4: SATURDAY, JUNE 13 - 12:59 pm Final



Marvin Reitze

NCAA Region Runner-Up

Pole Vault Fr. // Fr.

Bergisch Gladbach, Germany // Landrat-Lus Gymnasium

COLLEGIATE BESTS
Pole Vault (5.26m//17-03.00)

# 2009 Outdoor Progressions

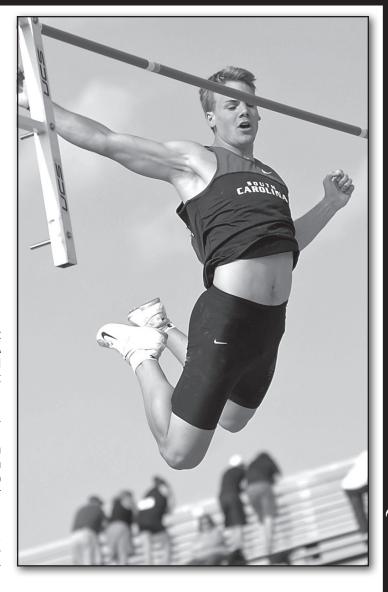
Date	Meet	Event	Finish	Time/Mark	
4/24	Penn Relays	Pole Vault	2nd	16-02.75 (4.95m)	
5/8	UNC Elite Meet	Pole Vault	3rd	16-10.75 (5.15m) <sup>^</sup>	
5/16	SEC Championships	Pole Vault	5th	16-10.75 (5.15m) <sup>^</sup>	
5/30	NCAA East Region	Pole Vault	2nd	17-03.00 (5.26m) <sup>^</sup>	
^ - NCAA Regional Qualifying Mark					

**Bold Italics - Current Personal Best** 

**2009 (Indoor):** SEC bronze medalist and the only freshman to score in the pole vault with a clearance of 17-00 (5.18m) ... Cleared the same height to take fifth at the NCAA Last Chance Meet ... Won the Gamecock Invitational and the Tom Jones Memorial Classic with clearances of 16-08 3/4 (5.10m) in both meets ... Took second in his first collegiate event, clearning 16-06 3/4 (5.05m) at the Kentucky Invitational.

**HIGH SCHOOL**: Coached by Christine Adams at Landrat-Lucas Gymnasium in Leverkusen, Germany ... has competed in pole vault since he was eight years old ... personal best mark of 5.46m (17-11) ... took fifth place at the 2007 U20 European Championships ... finished 10th at the 2006 U20 World Championships ... seventh place finish at the 2005 U18 World Championships in Morocco ... one of the top pole vaulters in Germany ... won the 2003 U18 German Championship ... member of German Junior National team.

**PERSONAL**: Marvin Rene Reitze was born Sept. 24, 1988 in Bergisch-Gladbach, Germany ... parents are Burkhard and Astrid Reitze ... pursuing a degree in international business ... chose South Carolina because of pole vault coach Lawrence Johnson and his experience on an international level ... hobbies include snowboarding.



DAY 1: WEDNESDAY, JUNE 10 - 4:30 pm Prelim DAY 3: FRIDAY, JUNE 12 - 3:45 pm Final



Jason Richardson

6x All-American; 2008 NCAA Champion Hurdles R-Sr. // R-Sr.

Cedar Hill, Texas // Cedar Hill

COLLEGIATE BESTS

60 mH (7.53) 110 mH (13.21) 400 mH (49.82)

# 2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
4/8	State USATF Meet	110mH	5th	15.04
4/18	IFFG @ NC A&T	110mH	Р	13.78^
4/18	IFFG @ NC A&T	110mH	5th	14.02^
4/24	Penn Relays	110mH	Р	13.44^
4/25	Penn Relays	110mH	1st	13.56^
5/8	UNC Elite Meet	110mH	3rd	13.82^
5/16	SEC Championships	110mH	Р	13.69^
5/17	SEC Championships	110mH	1st	13.29^
5/29	NCAA East Region	110mH	Р	13.80^
5/30	NCAA East Region	110mH	2nd	13.51^
^ - NCA	A Regional Qualifying Ti	me		

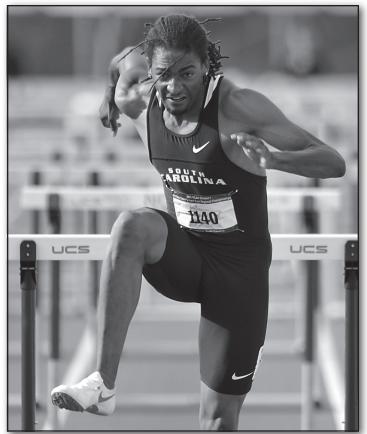
- NCAA Regional Qualitying Time

**2009 (Indoor):** Won his first SEC Indoor title in the 110m hurdles at 7.72 in only his second race of the season ... Only other run came in the season opener at the Kentucky Invitational where he earned the nation's first automatic qualifying time in the hurdles at 7.58 to win the event ... Did not compete at NCAA's due to injury.

2008: USTFCCCA Scholar Athlete of the Year ... two All-America honors in 60mH and 110mH ... Outdoor hat trick with SEC, NCAA East Region and NCAA Championship in 110mH ... Indoor SEC Second Team ... Outdoor SEC First Team ... NCAA Indoor runner-up in 60mH ... competed at US Olympic Trials before a hamstring injury took him out of the preliminary round ... NCAA qualifier in 60mH, 110mH and 400mH ... South Carolina Indoor and Outdoor MVP ... competed for team USA at the 2008 NACAC Under-23 Track and Field Championships in Toluca, Mexico ... indoors tied a personal best in the 55mH at 7.18 at the Tom Jones Memorial ... silver medalist at the Tyson Invitational at 7.73 ... ran a 7.83 in the SEC Indoor prelims before finishing in second at 7.74 ... won Last Chance meet at 7.75 ... ran a 7.65 at NCAA Indoor Championship prelims before taking the silver medal at a personal best 7.53, missing the title by .003 seconds in a photo finish ... outdoors, set an Auburn facility record at 13.45 with a win at the Auburn Tiger Classic ... ran the second best time in school history in a wind-aided 13.21 to win the SEC Outdoor Championship in the 110mH ... made the time legal with a win at the NCAA East Regional at 13.21 ... ran a 13.26 in the NCAA Championship prelims before winning his first national championship with a 13.40 in the final ... in the 400mH, took third at Spec Towns Invitational at 50.64 ... scored at the SEC Outdoor Championships with an eighth place finish at 51.75 after running a 50.38 in the prelims.

**2007:** Ran in four meets indoors before injury hit, preventing a chance at outdoor competition ... competed at the New Balance Collegiate and the Millrose Games in the 60-meter hurdles to finish his season ... injury hit at Millrose Games when he pulled up with a hamstring injury after clearing the final hurdle.

**2006**: Injury struck early in the indoor season keeping competitions at bay until the Tyson Invitational where he clocked an 8.08 as a season opener ... began coming into form with a 7.49 run in the prelims of the SEC Championships ... going into the finals in ninth place, surged through the finish line in a time of 7.34 for a fourth-place SEC Championship finish ... on the road to the NCAA Indoor Championships, raced to a 7.89 in the prelims of the Last Chance Meet, eventually winning with his clocking of 7.83 and earned a spot to nationals ... becoming an All-American at the NCAA Championships with his 7.83 preliminary run, a tumble over hurdle two made the race go uncompleted and a time not recorded ... ran both the 110 and 400 hurdles during the outdoor season ... concentrating on the short hurdles, ran 13.67 followed



by a 13.52 for two fine weeks of running at the Walt Disney World Invitational and the Florida Relays ... finished the Penn Relays as the 110 hurdle champion with a modest 13.73 ... completed the SEC Outdoor Championships with two second-place finishes in times of 13.51 and 50.45 ... with momentum built, continued on to win the NCAA East Regional meet in a personal record of 13.36w and placed second in the 400 hurdles breaking the tape at 49.90 ... in addition to individual efforts, ran a strong anchor leg of the region championship 4x400m relay team ... added another NCAA All-America honor with a third-place finish in the 110 hurdles at natoinals ... though not making the finals, a collegiate PR was produced in the 400 hurdle semis with a time of 49.82 ... went head-to-head with professionals at the USA Outdoor Championships where a 13.63 sent him through preliminary rounds to run another 13.63 for a sixth-place finish in the semis ... went on to compete in Dominican Republic at the NACAC Under-23 meet placing second with a time of 13.87 in the 110m hurdles.

**2005:** Focused on the 60-meter hurdles during the indoor season during his freshman campaign ... posted his first win at the Clemson Invitational with a time of 7.81 ... ran a 7.75 in the prelims at the SEC Championships to earn a trip to the finals, where he finished third, breaking the tape in 7.77 seconds ... won the Last Chance Meet with a time of 7.83 seconds ... ran 7.73 in the 60m hurdles in the prelims of the NCAA Indoor Championships to earn a spot in the national finals ... took the bronze medal and earned his first All-America certificate with a season-best time of 7.70 ... ran both the 110-meter and 400-meter hurdles during the outdoor season ... finished second in the 110m hurdles at the Penn Relays with a time of 13.76 and was third in the 400m hurdles with a time of 51.57 ... turned in a time of 13.73 in the 110m hurdles at the NCAA East Regional meet ... qualified for the NCAA Outdoor Championships in the 110m hurdles ... had the sixth-fastest time (13.79) in the prelims and the third-fastest clocking in the semis (13.68) to earn a spot in the finals ... garnered his second All-America certificate with a personal-best time of 13.50 in the finals to take the bronze medal behind Florida's Josh Walker (13.39) and Ole Miss's Antwon Hicks (13.42).

DAY 2: THURSDAY, JUNE 11 - 5:50 pm Prelim DAY 3: FRIDAY, JUNE 12 - 7:05 pm Semifinal DAY 4: SATURDAY, JUNE 13 - 12:59 pm Final



Antonio Sales

1x All-American

Sprints So. // So.

Chapel Hill, N.C. // East Chapel Hill

# COLLEGIATE BESTS

60 m (6.82) 100 m (10.33) 200 m (20.72)

# 2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	200m	3rd	21.86
4/11	Spec Town Relays	200m	2nd	21.14^
4/18	IFFG @ NC A&T	200m	4th	20.72^
5/8	UNC Elite Meet	200m	6th	21.21^
5/15	SEC Championships	200m	Р	20.94^
5/17	SEC Championships	200m	4th	20.78^
5/29	NCAA East Region	200m	Р	20.82^
5/30	NCAA East Region	200m	3rd	20.80^
A NIC	A Decienal Qualifying Ti	m o		

^ - NCAA Regional Qualifying Time

**Bold Italics - Current Personal Best** 

**2009 (Indoor):** Narrowly missed scoring in the 200m dash at SEC Indoors with a ninth palce finish at 21.26 ... Won the NCAA Last Chance Meet at a season best 20.89 ... At the NCAA Indoor Championships, ran a 21.43 in the prelims to finish 13th overall ... Took third at the New Balance Collegiate at 21.28.

**2008:** Indoor and Outdoor NCAA participant in the 200m ... All-American in 4x100m relay ... SEC Indoor All-Freshman Team ... South Carolina Indoor Rookie of the Year ... USA Junior National Champion in the 200m ... gold medalist at the World Junoir Championships in the 4x100m relay ... indoors competed in 60m and 200m ... ran a season best 6.93 in the 60m at the New Balance Invitational ... opened season in 200m with a fourth place finish at UNC Classic at 22.19 ... took 11th at New Balance Invitational at 21.39 ... ran a personal best 20.83 in the SEC Indoor Championships for bronze medal honors ... competed at NCAA Indoors with a 21.17 ... outdoors competed in the 100m, 200m and 4x100m relay ... member of 4x100m relay team to finish fourth at SEC Outdoors at 39.66 ... silver medalist at NCAA East Regionals as second leg of relay that ran a 39.39 ... relay team ran a 39.37 to finish fourth at the NCAA Championship prelims ... took fifth in the 100m at the Shamrcock Invitational ... ran a 10.80 at the SEC Outdoor Championships ... placed third in the 200m at the Weems Baskin Relays at 21.30 ... ran a 21.78 at the SEC Outdoors ... placed 10th at the NCAA East Region Championships at a season best 21.08 ... won the USA Junior Nationals in the 200m at 20.94 ... silver medalist at the USA Junior Nationals in the 100m at 10.33 ... competed in the 100m, 200m and 4x100m relay at the World Junior Championships ... ran second leg of Junior World champion relay team that ran the fastest time in the world at 39.38.

**HIGH SCHOOL**: Coached by Carlton Allen at East Chapel Hill High School ... four-time All-American ... two-time national champion in 200m after rebounding from serious car accident ... 2007 North Carolina state champion in 200m dash at 21.34... state silver medalist in 100m dash ... PAC6 Player of the Year ... posted the sixth-fastest high school time in the 200m dash ... also lettered in football ... twice competed in 100m dash at Nike Outdoor Nationals ... took fourth in 200m at Nike Outdoor Nationals.

**PERSONAL**: Antonio Sales was born Jan. 26, 1989 ... parents are Tawana Sales and Floyd Becton ... pursuing a degree in psychology ... favorite athlete is Shawn Crawford ... chose USC over LSU and Tennessee.



DAY 2: THURSDAY, JUNE 11 - 6:25 pm Prelim DAY 2: THURSDAY, JUNE 11 - 7:45 pm Semifinal DAY 4: SATURDAY, JUNE 13 - 12:42 pm Final



#2 In South Carolina Record Book Pole Vault Sr. // Sr. Columbia, S.C. // Dreher

COLLEGIATE BESTS Pole Vault (4.01 m//13-01.75)

# **2009 Outdoor Progressions**

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	Pole Vault	2nd	12-09.50 (3.90m) <sup>^</sup>
4/3	Pepsi Florida Relays	Pole Vault	11th	12-07.50 (3.85m) <sup>^</sup>
4/11	Sea Relays	Pole Vault	9th	12-03.50 (3.75m)
4/18	IFFG @ NC A&T	Pole Vault	2nd	12-07.50 (3.85m) <sup>^</sup>
4/23	Penn Relays	Pole Vault	7th	12-07.50 (3.85m)
5/8	UNC Elite Meet	Pole Vault	2nd	12-11.50 (3.95m) <sup>^</sup>
5/17	SEC Championships	Pole Vault	T9th	12-07.50 (3.85m) <sup>^</sup>
5/30	NCAA East Region	Pole Vault	5th	13-01.75 (4.01m)^

^ - NCAA Regional Qualifying Mark

**Bold Italics - Current Personal Best** 

**2009 (Indoor):** Steadily improved her marks throughout the season, starting with a fourth-place finish in the season opener at the Kentucky Invitational with a clearance of 12-01 1/4 (3.69m) ... Improved six inchees the next week to take fourth at the Tom Jones Memorial Classic at 12-07 1/2 (3.85m) ... Runner-up at the Gamecock Invitational with a clearance of 12-10 3/4 (3.93m) ... Claimed sixth at the SEC Indoor Championships at 13-01 1/2 (4.00m), an improvement of a foot over her season opening vault.

**2008**: NCAA East Region qualifier in the pole vault ... South Carolina's Leadership award ... indoors, opened season with a second place finish at the UNC Classic and a fourth place finish at the Tom Jones Memorial, both at 17-3 ¾ ... took sixth at the Rod McCravy Invitational at a season best 12-1 ½ ... placed 11th at the New Balance Invitational ... claimed third at the Tiger Invitational and the Gamecock Invitational ... placed 11th at the NCAA Last Chance meet at 12-0 ... outdoors, took fourth at the Auburn Tiger Classic, seventh at the Spec Towns Invitational and second at the Friendship and Freedom Games ... second at the Shamrcock Invitational at 11-11 ¾ ... won the Penn Relays at a personal best 12-9, the third best jump in South Carolina history ... competed at the SEC and NCAA East Regionals but did not register a clearance.

**2007**: Finished sixth at the Virginia Tech Invite to open the indoor season with a clearance of 11-6 1/2 ... placed eighth at the Rod McCravy Invitational at 11-9 3/4 ... placed fouth with a season best mark of 11-11 3/4 at the Tiger Classic ... also took fourth at the Gamecock Invitational ... tied for 13th at the SEC Indoor Championship with a mark of 11-6 1/2 ... also competed in the high jump and long jump at the Rod McCravy Invitational, taking 18th in the high jump at 5-0 1/4 and 11th in th elong jump at 17-4 1/4 ... outdoors, tied for fourth at the Hurricane Invite with a mark of 11-7 3/4 ... cleared a personal best 12-1 3/4 at the Jim Click Shootout, placing sixth overall ... came in fifth at the Weems Baskin Relays at 11-11 3/4 ... took second at the State USATF meet and third at the Spec Towns National Invite ... placed 11th overall with a clearance of 11-7 3/4 at the SEC Outdoor Championships.

**2006**: The New Balance Armory Collegiate Invitational marked the site of a 12-1 1/2 clearance in the pole vault before an SEC Championships performance of 11-11 3/4 ... outdoors, a 12-0 clearance garnered a win at the State of South Carolina Track Meet ... another strong performance of 11-11 3/4 at the SEC Outdoor Championships rounded out the year.



**HIGH SCHOOL**: Coached by Danny Brooks at Dreher High School ... lettered in track and field and volleyball for Dreher ... was a two-time all-state track star as well as a three-time all-region recipient ... helped Dreher capture state titles in 2000, 2003 and 2004 ... set high school pole vault record ... competed at Nike Outdoor Nationals ... two-time state champion in pole vault.

**PERSONAL**: Elizabeth June Todd was born Jan. 9, 1987 ... parents are Monty and Sissy Todd ... is currently pursuing a degree in sport administration ... would like to become a deep-sea fishing tournament director ... enjoys rock climbing, hunting and working out ... chose South Carolina over Georgia and the College of Charleston.

DAY 1: WEDNESDAY, JUNE 10 - 7:15 pm Prelim DAY 3: FRIDAY, JUNE 12 - 7:00 pm Final

3:05.51

# **MEN'S RELAY POOL ATHLETES**



Aaron Anderson

NCAA Participant (I/O); All-SEC 1st Team Sprints

So. // So.

Fayetteville, N.C. // Douglas Byrd

**2009 Outdoor Progressions** 

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	400m	5th	48.37
3/28	Weems Baskin Invite	400m	1st	48.44
4/3	Pepsi Florida Relays	400m	21st	47.81
4/11	Spec Town Relays	400m	3rd	47.97
4/18	IFFG @ NC A&T	400m	1st	47.35
5/8	UNC Elite Meet	400m	4th	47.64
5/16	SEC Championships	400m	Р	48.0



Quentin Moore

3x All-American

Sprints Jr. // Jr.

Chesapeake, Va. // Deep Creek

2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/28	Weems Baskin Invite	400m	2nd	48.50
4/3	Pepsi Florida Relays	400m	7th	46.59^
4/11	Spec Town Relays	400m	5th	48.16
5/8	UNC Elite Meet	400m	3rd	47.52
5/16	SEC Championships	400m	Р	46.95^
5/29	NCAA East Region	400m	Р	46.66^



Obakeng Ngwigwa

2007 NJCAA National Champion

Sprints Jr. // Jr.

Botswana, Africa // Butler CC

2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/21	Shamrock Invitational	200m	3rd	21.22^
3/28	Weems Baskin Invite	200m	1st	21.49
4/18	IFFG @ NC A&T	200m	5th	20.84^
5/8	UNC Elite Meet	200m	3rd	20.90^
4/3	Pepsi Florida Relays	400m	6th	46.57^
4/11	Spec Town Relays	400m	1st	47.21
5/16	SEC Championships	400m	Р	46.47^
5/17	SEC Championships	400m	8th	47.20^
5/29	NCAA East Region	400m	Р	47.36

# **RELAY TOP TIMES IN 2009**

4x10	0-Meter Relay		
Date	Team	Meet	Time
5/30	Hancock, Sales Moore, Ngwigwa	NCAA East Region	39.13^
4/4	Ngwigwa, Sales Moore. Hancock	Pepsi Florida Relays	39.73^
3/28	Hancock, Moore Ngwigwa, Sales	Weems Baskin Invite	40.49^
4x40	0-Meter Relay		
Date	Team	Meet	Time
4/25	Ngwigwa, Richardson Dutch, Anderson	Penn Relays	3:03.89^
5/17	Ngwigwa, Dutch Moore, Richardson	SEC Championships	3:04.49^
4/4	Anderson, Dutch	Pepsi Florida Relays	3:04.53^

NCAA East Region

Ngwigwa, Moore

Ngwigwa, Dutch

Anderson, Moore

5/30

# **WOMEN'S RELAY POOL ATHLETES**



**Janica Austin** 

Hurdles So. // So. Trenton, N.J. // Lafayette College (Pa.)

2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100mH	Р	13.83^
3/21	Shamrock Invitational	100mH	2nd	13.96
3/28	Weems Baskin Invite	100mH	2nd	13.61^
4/3	Pepsi Florida Relays	100mH	16th	13.94
4/8	State USATF Meet	100mH	3rd	14.35
4/18	IFFG @ NC A&T	100mH	Р	13.81^
4/18	IFFG @ NC A&T	100mH	4th	13.82^
4/24	Penn Relays	100mH	Р	14.13
5/8	UNC Elite Meet	100mH	1st	13.82^
5/16	SEC Championships	100mH	Р	13.83^
5/17	SEC Championships	100mH	5th	13.55^
5/29	NCAA East Region	100mH	Р	14.08
3/21	Shamrock Invitational	400mH	4th	1:01.29
4/3	Pepsi Florida Relays	400mH	11th	1:00.88
4/23	Penn Relays	400mH	7th	1:00.10^
5/8	UNC Elite Meet	400mH	1st	59.34^
5/15	SEC Championships	400mH	Р	1:00.56^
5/17	SEC Championships	400mH	3rd	58.06^
5/29	NCAA East Region	400mH	Р	1:02.96



Porche' Byrd

3x All-American

Sprints So. // So.

Atlanta, Ga. // North Atlanta

**2009 Outdoor Progressions** 

Date	Meet	Event	Finish	Time/Mark
4/18	IFFG @ NC A&T	400m	7th	56.66
5/8	UNC Elite Meet	400m	4th	54.98
5/16	SEC Championships	400m	Р	55.70



Breehana Jacobs

1x All-American

Sprints R-Fr. // R-Fr.

Uniontown, Pa. // Laurel Highlands

2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
3/20	Shamrock Invitational	100m	Р	11.90
3/21	Shamrock Invitational	100m	1st	11.81
3/28	Weems Baskin Invite	100m	1st	11.85

4/3	Pepsi Florida Relays	100m	13th	11.77
4/11	Spec Town Relays	100m	3rd	11.74^
5/8	UNC Elite Meet	100m	4th	11.84
5/29	NCAA East Region	100m	Р	11.78
3/21	Shamrock Invitational	200m	10th	24.48
4/11	Spec Town Relays	200m	2nd	24.06
5/8	UNC Elite Meet	200m	9th	24.24
4/8	State USATF Meet	400m	1st	56.82
5/16	SEC Championships	400m	Р	55.87



Shayla Mahan

1x All-American

Sprints So. // So.

Detroit, Mich. // Mumford

**2009 Outdoor Progressions** 

Date	Meet	Event	Finish	Time/Mark
5/16	SEC Championships	100m	Р	11.57^
5/17	SEC Championships	100m	5th	11.55^
5/29	NCAA East Region	100m	Р	11.72^
5/8	UNC Elite Meet	200m	3rd	23.86^
5/29	NCAA East Region	200m	Р	23.92^



# Kelsey McCorkle

Sprints Fr. // Fr.

Winterville, N.C. // South Central

2009 Outdoor Progressions

Date	Meet	Event	Finish	Time/Mark
5/8	UNC Elite Meet	200m	12th	24.66
5/15	SEC Championships	200m	Р	24.68
4/18	IFFG @ NC A&T	400m	6th	56.58
5/16	SEC Championships	400m	Р	57.37

### **RELAY TOP TIMES IN 2009**

4x100-Meter Relay

Date	Team	Meet	Time
5/30	Brookins, Mahan	NCAA East Region	43.65^
	Glenn, Jacoobs		
4/24	Brookins, Glenn	Penn Relays	44.82^
	Cross, Jacobs		
3/28	Brookins, Jacobs	Weems Baskin Invite	45.70^
	Cross, Glenn		

4x400-Meter Relay

4X4U	u-weter Relay		
Date	Team	Meet	Time
5/30	Byrd, Cross Jacobs, Glenn	NCAA East Region	3:33.92^
4/25	Cross, Jacobs Austin, Glenn	Penn Relays	3:36.71^
5/17	Byrd, Austin Jacobs. Glenn	SEC Championships	3:37.79^

# 2009 SOUTH CAROLINA TRACK & FIELD

	INDOOR CHAMPIONS	
2000	<b>60-METER DASH</b> Terrence Trammell	6.54
2002	800-METER RUN Otukile Lekote	1:46.88
1999 2000	60-METER HURDLES Terrence Trammell Terrence Trammell	
1974	<b>4x800-METER RELAY</b> D. Brown, Sheley, J. Brown, Schaper	7:27.4
1998 1999	SHOT PUT Brad SnyderBrad Snyder	66-4 1/2
1994	35-POUND WEIGHT Ron Willis	71-11
	OUTDOOR CHAMPIONS	
1948	400-METER DASH Norman "Scooter" Rucks	47.2
	800-METER RUN	







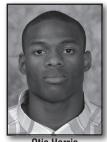
1 Title



**Clint Crenshaw** 1 Title



Jonathan Fortenberry 1 Title



Otis Harris 1 Title



James Law 1 Title

	400-METER DASH	
1948	Norman "Scooter" Rucks	47.2
	800-METER RUN	
2001	Otukile Lekote	1.46.68
2001	Otukile Lekote	
2002	Otakiic Eckoto	1.75.17
	110-METER HURDLES	
1999	Terrence Trammell	13.45
2000	Terrence Trammell	13.43
2008	Jason Richardson	13.40
	4x100-METER RELAY	
1999		20.02
1999	Crenshaw, Trammell, Mays, Price	30.92
	4x400-METER RELAY	
2002	Law, Lekote, Harris, Fortenberry	3.02 16
LOOL	Law, Londto, Harrio, Forteriborry	0.02.10
	SHOT PUT	
1998	Brad Snyder	64-7 3/4



4 Titles



Shah Mays 1 Title



**Jamie Price** 1 Title



Jason Richardson 1 Title



Norman Rucks 1 Title



**Jim Schaper** 1 Title





Mike Sheley 1 Title



**Brad Snyder** 3 Titles



**Terrence Trammell** 6 Titles



**Ron Willis** 1 Title

2009

2000



3 Titles



1 Title





5 Titles



2006











1996 1997

2002

2005

2007

36 01
57
/4
3/4
/4

**INDOOR CHAMPIONS** 

**60-METER DASH** 

200-METER DASH

400-MFTFR DASH

4x400-METER RELAY

Bass M Barber Griffin Washington

3:30.08



**OUTDOOR CHAMPIONS** 



3 Titles

Brandi Cross 1 Title



LaKya Brookins

1 Title

Lashinda Demus 4 Titles



Dawn Ellerbe 4 Titles







Sheneka Griffin



**Natasha Hastings** 3 Titles



Lisa Misipeka 2 Titles





2002



**400-METER HURDLES** 



**Amberly Nesbitt** 1 Title



2 Titles



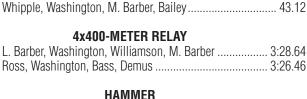
2 Titles



Stephanie Smith



1997 1998



4x100-METER RELAY





Shalonda Solomon 3 Titles





**Demetria Washington** 6 Titles



Erica Whipple 1 Title



Ellakisha Williamson 1 Title

# 2009 SOUTH CAROLINA TRACK & FIELD

	100-M	ETER I	NASH		4x100-M	FTFR	REI AV			TRIPLE JU	мр
1.	Terrence Trammell	2000	10.04	1.	Crenshaw, Trammell,	2000	38.45	1.	Ron Adams	1975	52-2
2.	Andre Totton	2001	10.12w		Hackley, Howard			2.	Derek Pressley		51-10 1/2
3.	Corey Bridges	1996	10.13	2.	Crenshaw, Trammell,	1999	38.92	3.	Marcus Sutton	1993	51-4 1/4
4. 5.	Leroy Dixon Marcus Robinson	2005 1996	10.19 10.21	3.	Mays, Price Barrino, Law,	2002	39.01	4. 5.	Greig Cryer Berle Stocks	2006 1976	51-4 50-9
6.	Rodney Martin	2005	10.25	Э.	Totton, Taylor	2002	33.01	6.	James Wilson	1982	50-8
7.	Pap Howard	2001	10.27	4.	Trammell, Bridges,	1998	39.08	7.	Wade Brantley	1988	50-6 1/2
8.	Clint Crenshaw	2001	10.31w	_	Dempers, Price			8.	David Arnold	1990	50-4
9.	Nigel Stoddart Antonio Sales	1990 2008	10.33	5.	Hancock, Sales,	2009	39.13	9. 10.	Harry Skipper	1978 1982	50-3 50-2
	AIILUIIIU Sales	2006		6.	<i>Moore, Ngiwgwa</i> Totton, Howard,	2001	39.19	10.	Anthony Wood	1902	30-2
	200-M	FTFR I	DASH	0.	Crenshaw, Taylor	2001	00.10			<b>POLE VAU</b>	ΙT
1.	Rodney Martin	2005	20.34	7.	Trammell, Price,	1998	39.27	1.	Elliott Haynie	-	 17-10 1/2
2.	Leroy Dixon	2006	20.44	0	Dempers, Williams Hancock, Sales.	2008	20.27	2.	Chris Steddum	2002	17-7 3/4
3.	Terrence Trammell	1999 2001	20.45 20.47	0.	Moore, Markett	2000	39.37	3. <b>4.</b>	Dale Gerke	1988 <b>2009</b>	17-5 1/2 <b>17-3</b>
4. 5.	Pap Howard Andre Totton	2001	20.47	9.	Crenshaw, Trammell,	1999	39.39	<b>4.</b> 5.	Marvin Reitze Darren Davis	1988	17-3 17-1 3/4
6.	Marcus Robinson	1996	20.63		Hackley, Price			6.	Dan McKenzie	2006	17-0 3/4
7.	Jimmie Hackley	1999	20.64		Bridges, Williams,	1998			Jarad Farabee	2002	16-11
<b>8</b> .	Antonio Sales	<b>2009</b>	<b>20.72</b>		Dempers, Trammell			8.	Patrick Tvarkunas	1999	16.60/4
9. <b>10.</b>	Jamie Price <b>Obakeng Ngwigwa</b>	1998 <b>2009</b>	20.79 <b>20.84</b>		4x200-M	FTFR	RFI AY	9.	Matt Shuler Trey Bell	<b>2009</b> 2005	16-6 3/4
10.	Obuncing Ngwigwa	2003	20.04	1.	Ngwigwa, Sales	2009	1:21.60		Greg Royster	2003	
	400-M	ETER I	DASH		Moore, Anderson				Mike Lameier	2000	
1.	Otis Harris	2003	44.57	2.	USC A	1999	1:21.94				_
2.	Jimmie Hackley	2000	45.64	3.	Bridges, Williams, Price, Dempers	1998	1:23.04		D 10 1	SHOT PU	
3. 4.	Jonathan Fortenberry Otukile Lekote	2002 2001	45.67 46.12	4.	Richardson, Durant,	2005	1:23.06	1. <b>2.</b>	Brad Snyder Jason Cook	1999 <b>2000</b>	67-3 1/2 <b>63-07 1/2</b>
5.	Quentin Moore	2001	46.18		Dixon, Martin			3.	Kevin Mannon	1997	62-6 3/4
6.	Jamil James	2007	46.28	5.	USC B	1999	1:23.70	4.	Ron Yarab	1981	61-2 1/2
7.	Ray Miley	2007	46.31	6. 7.	USC A Coleman, Butts,	2003 1982	1:23.85 1:24.20	5.	Ron Willis	1994	61-0 3/4
8.	Eddie Miller	1988	46.35 46.39	7.	Hilliman, Mattison	1302	1.24.20	6.	Jeff Shalayda	1996	60-7 3/4
9. 10.	Gerald Pressley Verlon Rhodes	2002 1984	46.43	8.	Flood, Sales,	2008	1:24.69	7. 8.	Jim Mitchell Adam Bishop	2006 2003	57-7 57-3 1/2
10.	Vollon Inioacc	1001	10.10		Moore, James			9.	John Poehlein	1987	56-7
	800-N	/IETER	RUN	9.	Patterson, Bennon,	1987	1:25.21	10.	Steve Gettel	1982	56-6 1/2
1.	Otukile Lekote	2001	1:44.47		Stoddard, Ducket					DIGGUIG	
2.	Marvin Watts	1998	1:47.74		4x400-M	FTFR	RFI AY	4	Duan Harrison	DISCUS	100 10
3. 4.	Bob Kaczka Adrian Booner	1970 1995	1:48.01 1:48.13	1.	Law, Lekote,	2002	3:02.16	1. 2.	Ryan Harrison Brett Murray	1999 1994	196-10 194-11
5.	William Emase	2005	1:48.23	_	Harris, Fortenberry			3.	Brad Snyder	1999	192-7
6.	Jim Schaper	1972	1:48.71	2.	Ferguson Lekote,	2003	3:02.86		Art Swarts	1966	192-3
7.	John Brown	1974	1:49.94	3.	Fortenberry, Harris Moore, Hilliard,	2007	3:03.86	5.	Chad Moreau	1995	189-0
8. 9.	Johnny Baez Chris Swartz	2006 1993	1:50.03 1:50.29	0.	James, Miley	2001	0.00.00	6. 7.	Kevin Mannon Ron Willis	1997 1994	188-4 187-3
10.	Alan Drosky	1984	1:50.63	4.	Ngwigwa, Richardson	2009	3:03.89	8.	Brook Antonio	2006	183-4
	,			-	Dutch, Anderson	0004	0.04.00	9.	Jeff Merkt	2009	176-8
	110-MET			5.	Law, Howard, Lekote, Harris	2001	3:04.36	10.	Ron Yarab	1981	175-6
1.	Terrence Trammell	2000	13.19	6.	Ngwigwa, Dutch	2009	3:04.49			HAMMER	,
2. <b>3.</b>	Jason Richardson <b>Booker Nunly</b>	2008 <b>2009</b>	13.21 <b>13.49</b>		Moore, Richardson			1	John Stoikos	1995	222-4
4.	Kenneth Ferguson	2003	13.53	7.	Anderson, Dutch	2009	3:04.53	2.	Bert Sorin	1999	219-10
5.	Johnny Dutch	2008	13.63	8.	<i>Ngwigwa, Moore</i> Durant, Ferguson,	2003	3:04.66	3.	Kevin Mannon	1997	217-1
6.	Thomas Hilliard	2007	13.70	-	Lekote, Harris			4.	Ron Willis	1994	214-11
7. 8.	Corey Taylor Frank Mensah	2003 1994	13.72 13.77	9.	Howard, Crenshaw,	2001	3:04.75	<b>5.</b> 6.	Michael Zajac Tyler Trout	<b>2009</b> 2007	<b>211-11</b> 210-10
9.	Charles Ryan	2003	13.78	10	Lekote, Harris	2006	2.04.62	7.	Brett Murray	1995	209-3
	Terry Winston	1993		10.	Hinnant, Hilliard, James, Richardson	2006	3:04.62	8.	Ryan Harrison	1999	208-6
	400 1155							9.	Mattias Ohlsson Glenn McAtee	1997	208-1
4	400-MET				HIG	H JUN	1P	10.	Glefifi McAlee	1995	201-5
1. 2.	Johnny Dutch Kenneth Ferguson	2008 2003	48.52 48.79		Paul Wiechern	1988	7-3 1/4		J.	AVELIN (N	FW)
3.	Tony Rambo	1982	48.90	2. 3.	Gus Kirkland Steve Wilson	1981	7-2 3/4 7-1 3/4	1.	Jason LaBarbera	1997	237-4
4.	Jussi Heikkila	2008	49.39	3. 4.	Marve Johnson	1977 1983	7-1 3/4	2.	Erik Heymann	2007	223-7
5.	Thomas Hilliard	2007	49.63	5.	Fred Townsend	2001	7-1	3.	Derek McMillian	1994	215-11
6. 7.	Jason Richardson Anthony Bennon	2006 1987	49.82 50.04	6.	Lee Hughes	1999	7-0 1/4	4. 5.	Patrick Keegan Joe Schroeder	1988 2007	212-8 207-6
8.	David Arnold	1990	50.80	7.	Art Henson	1992	6-11	6.	Scott Alsup	2007	206-2
9.	Marcus Phillips	1994	51.42	8.	Steve Owens Phillipe Williams	1991 1991	6-10 3/4	7.	Garry Martin	2003	199-6
10.	Ricky Griddine	1983	51.78	10.	Wade Brantley	1986	6-10	8.	Phillipe Williams	1990	198-10
	01111771 5	יממווו	L DELAY		Gary Brown	1979		9. 10.	Bert Sorin Fred Townsend	1997 2003	197-4 196-6
1	SHUTTLE Taylor Townsend	HUKDI 2003	53.94		LON	C IIIn	ЛD	10.	TIOU TOWINGUIU	2003	130-0
1.	Taylor, Townsend, Ryan, Ferguson	2003	JJ.54	1.	Tony Allmond	<b>G JUN</b> 2004	<b>/IP</b> 27-4 3/4w			DECATHLO	N
2.	Dutch, Nunley	2009	55.47	2.	Greig Cryer	2004	25-9 1/4	1.	Phillipe Williams	1990	7,598
_	Stoudemire, Richards		F0.0-	3.	Rolando Adams	1979	25-7	2.	Wade Brantley	1988	7,406
3.	Anderson, Johnson,	2000	56.28	4.	Phillipe Williams	1991	25-2	3. 4.	Fred Townsend Steve Owens	2003 1995	7,345 7,051
4	Taylor, Trammell Mensah, Owens,	1993	56.31	5.	Peter Edeh Sam Scott	1984 1982	25-1	4. 5.	CJ Anderson	2000	6,817
	Phillips, Winston			7.	Anthony Wood	1982	24-9 3/4	6.	Greg Royster	2006	6,776
5.	Mensah, Winston,	1994	56.59	8.	Ronn Adams	1976	24-8 1/2	7.	Erol Johnson	1984	6,690
	Phillips, Owens			9.	Gus Kirkland	1980	24-6	8. 9.	Kent Harris Chris Machol	1988 2001	6,686 6,679
				10.	Marcus Sutton	1993	24-4 1/4	9.	OTITIO IVIAUTIUI	2001	0,013

	100-M	CTED	DVGH		100-ME	LED III	IDUI E6		/lv200	METED	RELAY
1.	Shalonda Solomon	2006	11.07	1.	Ellakisha Williamson	2000	12.81	1	Demus, Shelton,	2004	8:45.44
2.	Erica Whipple	2003	11.15	2.	Jackie Madison	2000	12.92		Watkins, Ramonene	2001	0.10.11
3.	Aleen Bailey	2003	11.17	3.	Tiffany Ross	2005	12.99	2.	Hallmon, Williams,	1998	8:56.46
4.	Amberly Nesbitt	2006	11.18		Lashinda Demus	2004			Howell, Brown		
5.	LaKya Brookins	2009	11.30	5.	Ronnetta Alexander	2006	13.08	3.	Brown, Hallmon,	1999	8:59.16
6.	Shayla Mahan	2008	11.31	6.	Chiquita Martin	2007	13.28		Peebles, Davis		
7.	Lisa Barber	2002	11.35	7.	Antoinette Wilks	2003	13.45	4.	USC	2004	9:02.21
8. 9.	Khalilah Carpenter Rodena Barr	2005 2000	11.44 11.45	8. 9.	Shevon Stoddart	2005 2006	13.50 13.52	5.	Skladana, Brown, Howell, Hallmon	1998	9:05.26
9.	Gabrielle Glenn	2008	11.45	9. <b>10.</b>	Kettiany Clarke <b>Janica Austin</b>	2000 2009	13.55		Howell, Hallilloll		
	dabrione dienin	2000	11.40	70.	oumou Austin	2003	10.00		н	GH JUN	ЛP
	200-M	ETER	DASH		400-ME	TER HI	JRDLES	1.	Chelsea Hammond	2005	5-11 1/2
1.	Shalonda Solomon	2006	22.36	1.	Lashinda Demus	2004	53.43	2.	Julie Symonds	1994	5-8
2.	Aleen Bailey	2002	22.54	2.	Shevon Stoddart	2005	54.47	3.	Monica Bozenski	2006	5-7 1/4
3.	Natasha Hastings	2007	22.61	3.	Tiffany Ross	2005	54.56	4.	Cory Bowen	2009	<i>5-7</i>
4.	Miki Barber	2001	22.71	4.	Krystal Cantey	2007	56.21		Kettiany Clarke	2006	
5.	Erica Whipple	2003	22.82	5.	Tacita Bass	2001	57.31		Antoinette Wilks	2002	
6. 7.	Demetria Washington Lisa Barber	2001 2002	22.87 23.01	6.	Ellakisha Williamson	1999	57.32	0	Jennifer Britz	1996	0 50
8.	Khalilah Carpenter	2002	23.32	7. 8.	Tawana Watkins Chiquita Martin	2005 2006	57.33 57.78	8.	Erin Narzinski Alicia Brunger	1998-9 1995	99 5-6
9.	Stephanie Smith	2005	23.34	o. 9.	Char Foster	1999	57.89		Kayla Blake	2008	
10.	Amberly Nesbitt	2006	23.36	10.	Janica Austin	2009	<i>58.06</i>		Nayla Blake	2000	
	400 55								PC	LE VAL	JLT
	400-M				3,000-METE	R STE	EPLECHASE	1.		2006	13-5 3/4
1. 2.	Natasha Hastings	2007 2001	49.84 50.63	1.			10:48.77		Liza Todd	2009	13-1 3/4
2. 3.	Miki Barber Lisa Barber	2001	50.63	2.	Lisa McKinney	2008	11:46.99	3.	Sallie Gurganus	2008	13-1 1/2
3. 4.	Stephanie Smith	2002	50.93	3.	Kinsey Eschenburg	2002	12:03.35	4.	Kylene Nixon	1998	12-8 1/4
5.	Demetria Washington	2001	51.23	4.	Jessica Smith	2006	12:04.71	5.	Allison Nicosia	2009	12-7 1/2
6.	Lashinda Demus	2002	51.24	5.	Kelsey Bristol	2009	12:20.45	7	<i>Vica Shobe</i> Lori Tvarkunas	<b>2009</b> 2001	<b>12-7 1/2</b> 12-6
7.	Brandi Cross	2008	51.63		4x100-N	/IETED	DEI AV	8.	Emily Pease	2006	11-11 3/4
8.	Tonique Williams	1998	51.99	1	Ross, Whipple,	2003	42.83	9.	Rachel Farabee	2004	11-5 3/4
9.	Charmaine Howell	1997	52.79	I.	Joyce, Bailey	2003	42.03	10.		2009	11-1 3/4
10.	Krystal Cantey	2007	52.80	2.		2005	43.00		CaAdrian Norman	2008	
	800-M	IFTFR	RIIN		Joyce, Solomon				Becky Studebaker	1999	
1.	Charmaine Howell	1998	2:02.91	3.	Hastings, Nesbitt,	2006	43.09		TD		INAD.
2.	Shay Shelton	2005	2:06.30	4	Giles, Solomon	0000	40.40			IPLE JU	
3.	Andrea Hallmon	1999	2:07.29	4.	Whipple, Washington,	2002	43.12		Rodena Barr	2000 2005	44-2 43-7
4.	Kristina Brown	1999	2:07.47	5.	L. Barber, Bailey USC-A	2007	43.25	2. 3.	Kemesha Whitmire Rhashida Abdul-Malik	2003	43-7 42-6
5.	Tracey Capper	1996	2:07.90	5. 6.	Nesbitt, Whipple,	2007	43.40	3. 4.	Antoinette Wilks	2004	42-4 1/4
6.	Lashinda Demus	2004	2:09.16	U.	Joyce, Solomon	2000	10.10	5.	Dee Dee Fortman	1996	40-6 1/4
7.	Deanna Smith	1997	2:09.35	7.	M. Barber, L. Barber,	1999	43.44	6.	Radiance Basden	2009	38-6
8. 9.	Shannon Wyont Tawana Watkins	1990 2004	2:09.39 2:09.68		Washington, Williamson						
10.	Boikhutso Ramomene	2004	2:09.00	8.	Williams, Washington,	2001	43.48		2	HOT PL	IT
10.	Dominated Hamomone	2001	2.00.00	0	M. Barber, L. Barber	0005	40.50	1.		1997	56-8 1/2
	1,500-l	METEF	R RUN	9.	Carpenter, Whipple, Joyce, Solomon	2005	43.58	2.	Dawn Ellerbe	1997	54-9 1/2
1.	Tracey Capper	1996	4:26.36		Joyce, Demus,	2004		3.	Precious Akins	2006	53-0
2.	Shannon Wyont	1990	4:28.46		Carpenter, Whipple	2001		4.	Lisa Misipeka	1997	52-6 1/2
3.	Charmaine Howell	1998	4:29.35					5.	India Odum	2004	52-0
4.	Jenny Lake	2005	4:29.91		4x200-N			6.	Michelle Fournier	1999 1994	50-0 3/4
5.	Ivana Skladana Tanya Povey	1997 1998	4:31.03 4:31.45	1.	Bailey, M. Barber,	2003	1:30.73	7. 8.	Leslie Coons Lynette Keppler	2001	49-4 1/4 48-10 3/4
6. 7.	Liz Figlar	1996	4:34.41	0	Joyce, Whipple	0000	1 00 00	9.	Stacee Roberts	<b>2009</b>	47-7 1/4
8.	Joyce Peebles	2000	4:34.94	2.	M. Barber, L. Barber, Lewis, Washington	2000	1:30.99	10.	Keri Groover	2002	46-5 1/4
9.	Danielle Barnes	2009	4:35.10	3.	,	2005	1:31.56				,
10.	Danielle Adams	1992	4:36.75	0.	Carpenter, Solomon	_550				DISCUS	;
	3,000-1	VICTED	DIIM	4.	Martin, Hastings	2005	1:31.57	1.	Precious Akins	2006	185-9
1	Tracey Capper	1994	9:43.62	_	Giles, Solomon			2.	Dawn Ellerbe	1997	183-8
2.	Ivana Skaldana	1997	9:45.42	5.		2007	1:32.00	3.	Lisa Misipeka	1996	171-1
3.	Liz Figlar	1996	9:46.95		Cross, Hastings			4. 5.	Keri Groover Alana Robinson	2002 2000	168-7
4.	Danielle Barnes	2009	9:49.64		4x400-N	/IFTFR	RFI AV	5. 6.	Michelle Fournier	1999	168-6 167-2
5.	Tanya Povey	1998	9:53.10	1	Washington, Ross,	2002	3:26.46	7.	Aimee Kodat	2009	161-8
6.	Sue McGhie	1993	9:54.10	11	Bass, Demus	2002	0.20.10	8.	Leslie Coons	1994	160-10
7.	Jenny Lake	2002	9:55.49	2.		2004	3:27.19	9.	India Odum	2002	154-6
8. 9.	Joyce Peebles Alexis Fife	1998 1991	9:57.12 9:57.70		Watkins, Smith			10.	Mamee Groves	2000	152-5
9. 10.	Danielle Adams	1991	9:58.95	3.	Stoddart, Hastings,	2005	3:27.22				_
10.	Damono Adamo	1001	0.00.00	4.	Ross, Smith Washington, Ross,	2002	3:28.06			IAMME	
	5,000-l	WETER	RIIN	4.	Stoddart, Demus	2002	5.25.00	1. 2.	Lisa Misipeka Dawn Ellerbe	1998 1997	213-3 210-2
1.	Sue McGhie	1994	16:42.83	5.	Ross, Stoddart,	2003	3:28.25	3.	Michelle Fournier	1997	206-3
2.	Jenny Lake	2004	16:49.43		Watkins, Bailey			4.	Loren Thouvenot	1997	177-7
3.	Tanya Povey	1998	16:58.87	6.	L. Barber, M. Barber,	2001	3:28.34	5.	Candy Mitchell	1997	177-3
4.	Alexis Fife	1991	17:11.50	7	Bass, Washington Cantey, Giles	2007	3:28.44				
5. 6	Danielle Adams	1994 1994	17:24.58	1.	Cross, Hastings	2001	J.2U.44			PTATHL	
6. 7.	Jill Savege Wilma DePiore	1989	17:31.35 17:35.30	8.	L. Barber, Washington,	2000	3:28.64		Erin Narzinski	1998	5,664
8.	Katie England	1999	17:37.94		Williamson, M. Barber			2. 3.	Tacita Bass Chelsea Hammond	2001 2004	5,634 5,405
9.	Katie Orr	2000	17:41.53	9.	Bass, Demus,	2002	3:29.10	3. 4.	Antoinette Wilks	2004	5,405
10.	Dana Purser	1989	17:45.50	10	L. Barber, Washington	2005	2.20.17	5.	Kettiany Clarke	2006	5,181
				10.	Stoddart, Hastings, Watkins, S. Smith	2005	3:29.17		-		



# Curtis Frye

# South Carolina Head Coach 13th Season // East Carolina '74

Entering the 2009 track season in his 13th year as head track & field and cross country coach at South Carolina, Curtis Frye has established a program that is regarded as one of the nation's elite. Frye has coached or overseen over 60 NCAA champions, 108 SEC champions and more than 380 NCAA All Americans during his career.

In October 2008, Frye was bestowed the Order of Ikkos Medallion, presented by the United States Olympic Committee. A special order reserved for the coach of an Olympic or Paralympic medalist, Frye received the honor after coaching Jerome Singleton Jr. to a silver medal in the men's 100-meter dash at the 2008 Paralympic Games in Beijing. The medallion signifies the highest level of excellence that a coach can achieve.

Frye has coached an NCAA champion in all but one year since 1998, including at least one national champion every year since 2005. In 2008, Frye coached Jason Richardson to the 110-meter hurdles outdoor title after coaching six national champions the year before. All six national champions in 2007 were on the women's side with Natasha Hastings sweeping the 400m indoor and outdoor titles along with the mile relay team of Hastings, Krystal Cantey, Brandi Cross and Stephanie Smith. In addition, Frye has coached an SEC champion every year he has been at South Carolina.

One of the most well-respected coaches in the country, Frye brought South Carolina its first team NCAA championship in any sport when his women's team captured the 2002 NCAA Outdoor Championship crown. Frye is a three-time United States Track Coaches Association (USTCA) National Coach of the Year, taking home the 1999 and 2002 women's outdoor honors and the 1999 men's indoor honors. In taking home the men's indoor and women's outdoor coach of the year honors in 1999, he became the first person in the history of the USTCA to win the award indoors and outdoors in the same year. In 2001, he earned the prestigious Nike Coach of the Year award and was also named the 1997 USOC Track & Field Coach of the Year. Frye is also a three-time SEC Coach of the Year with the honor coinciding with his three women's outdoor conference championships in 1999, 2002 and 2005.

During his tenure at South Carolina, Frye has coached 10 SEC Athletes of the Year, the most recent being Johnny Dutch, who was named the 2008 SEC Freshman Runner of the Year (outdoors). He has also coached five national athletes of the year in Hastings (2007-overall), Demetria Washington (2002-indoor), Lashinda Demus (2002-overall), Terrence Trammell (2000-outdoor) and Miki Barber (2000-outdoor). Demus was acknowledged by Track and Field News while the United States Track & Field and Cross Country Coaches Association (USTFCCCA) honored the other four recipients.

On the women's side, Frye's teams have placed in the top 10 nationally outdoors in all but two of his seasons at Carolina. In addition to the team title in 2002, his teams earned the silver medal in 2005 and took home the bronze in 2003 and 2006. On the men's side, Frye's team placed in the top 25 nationally indoors in all but three of his seasons.

Along with continued success on the track, Frye has produced winners in the classroom on a consistent basis. Frye's athletes have earned four USTFCCCA National Scholar-Athlete of the Year honors in addition to an SEC Scholar-Athlete of the Year award. Richardson swept the indoor and outdoor national honors in 2008, following awards earned by 2006 National Indoor Scholar Athlete of the Year Shalonda Solomon and 2002 National Scholar Athlete of the Year Otukile Lekote.

#### **CURTIS FRYE COACHING HIGHLIGHTS**

One of USA's best coaches

- ✓ Named to USA's Olympic track and field staff for Athens 2004, serving as a USA women's assistant coach for sprints and hurdles; Saw three former athletes win gold medals
- ✓ Head coach of an NCAA champion team (2002 women's outdoor)
- ✓ Bestowed with Order of Ikkos medallion in 2008
- Head coach of three SEC Championship Teams (1999 women's outdoor, 2002 women's outdoor, 2005 women's outdoor)
- 1999 and 2002 USTCA Women's Outdoor National Coach of the Year
- ✓ 1999 USTCA Men's National Indoor Coach of the Year
- ✓ 1999, 2002 and 2005 SEC Women's Outdoor Coach of the Year
- ✓ In 2002, coached athletes who won seven NCAA titles and four gold and one silver medal at the World Junior Championships; In addition, had two named National Athletes of the Year and one named Men's National Scholar-Athlete of the Year
- ✓ 2001 Nike Coach of the Year
- 2001 Goodwill Games USA men's head coach
- 2000 USTCA Women's Outdoor Region Coach of the Year
- ✓ 1999 assistant coach for the USA at the World Track and Field Championships
- ✓ 1997 USOC Track and Field Coach of the Year
- ✓ 1980 North Carolina HS Coach of the Year
- ✓ Founder of Speed Elite, formerly South Carolina Elite, a track and field club for serious athletes with the goal of making the 2000 Sydney Olympics and the 2004 Athens Olympics
- ✓ Assistant coach for 18 ACC championship teams
- Coached 10 Olympic medalists
- ✓ Coached 25 Olympians
- ✓ Coached over 60 NCAA champions
- Coached over 380 NCAA All-Americans
- ✓ Coached over 100 SEC champions
- Coached over 75 ACC champions

# 2009 SOUTH CAROLINA TRACK & FIELD

In his career, Frye has coached 25 Olympians who have won 10 medals heading into the 2008 Olympic Games in Beijing. Nine of his former student-athletes are scheduled to compete at the 2008 Olympic Games, six of them as first-time Olympians. Frye served as an assistant coach for the 2004 USA Olympic women's track team with responsibilities that included working with the sprinters and the relays. He also accompanied his former athletes to the 2000 Sydney Olympics. Frye's athletes won three gold medals in 2004 by Tonique Williams-Darling (Bahamas-400m), Otis Harris (USA-4x400m relay) and Aleen Bailey (Jamaica-4x100m relay).

Hired at South Carolina on July 29, 1996, Frye came to Columbia after serving as assistant head coach at North Carolina for four years. During his tenure at UNC, he was a part of 13 ACC championship teams.

Prior to his stint with the Tar Heels, Frye was an assistant coach at Florida from 1988 to 1992. While with the Gator program, he coached three NCAA individual champions and one relay champion team. In total, 29 All-America certificates were earned while Frye was in Gainesville.

From 1984 to 1988, Frye was an assistant coach for N.C. State, aiding the Wolfpack to four conference championships. He was instrumental in leading State to 27 All-America honors, four individual NCAA second-place finishes and 37 conference champions.

Frye began his coaching career as an assistant at his alma mater, East Carolina, in 1974. He also served as head coach for the men's soccer team and was director of facilities. Frye took a break from the collegiate ranks from 1979 to 1984 when he was head track and field coach for Douglas Byrd High School in Fayetteville, N.C.

Frye and his wife, Wilma, have three children: Crystal, C.J. and Curtrell.

#### THE CURTIS FRYE FILE

Born: Oct. 20, 1951, Vass, N.C.

**High School Education**: Union Pine High School, Cameron, N.C. **College Education**: Bachelor of Science, physical education,

East Carolina, 1974

High School Athletics: Lettered in track, football and baseball

College Coaching Career:

1974-79, Assistant Coach, East Carolina

1984-88, Assistant Coach, N.C. State

1988-92, Assistant Coach, Florida

1992-96, Assistant Coach, North Carolina 1996-Present, Head Coach, South Carolina

### **High School Coaching Career**:

1979-84, Douglas Byrd High School

Wife: Wilma

Children: Daughters Crystal and Curtrell; Son Curtis, II

Notable Athletes Coached: Aleen Bailey, Miki Barber, Lashinda Demus, Leroy Dixon, Otis Harris, Natasha Hastings, Mechelle Lewis, Rodney Martin, Shalonda Solomon, Terrence Trammell, Tonique Williams-Darling



The Frye Family: Crystal, Wilma, Tyler, Curtis and Curtrell Not Pictured: C.J.

Aleen Bailey (3)

# **USC NCAA FINISHES UNDER FRYE**

	M	MEN WOMEN			
Year	Indoor	Outdoor	Indoor	Outdoor	
1997	7th	T-40th	4th	7th	
1998	T-7th	T-11th	T-11th	7th	
1999	4th	T-6th	T-18th	7th	
2000	T-8th	T-11th	2nd	T-6th	
2001	T-16th	T-19th	2nd	4th	
2002	6th	6th	4th	1st	
2003	4th	10th	T-2nd	3rd	
2004	14th	T-31st	T-10th	T-7th	
2005	9th	T-26th	5th	T-2nd	
2006	T-33rd	T-30th	T-10th	3rd	
2007	25th	34th	T-10th	12th	
2008	30th	18th	T-53rd	22nd	
2009	T-20th	N/A	T-12th	N/A	

# **USC SEC FINISHES UNDER FRYE**

	M	EN	WOMEN			
Year	Indoor	Outdoor	Indoor	Outdoor		
1997	4th	5th	4th	3rd		
1998	4th	5th	4th	2nd		
1999	2nd	6th	3rd	1st		
2000	8th	8th	3rd	2nd		
2001	T-7th	8th	3rd	3rd		
2002	9th	7th	4th	1st		
2003	3rd	T-6th	2nd	4th		
2004	7th	10th	5th	4th		
2005	7th	9th	5th	1st		
2006	5th	5th	T-3rd	3rd		
2007	10th	8th	5th	5th		
2008	7th	7th	9th	8th		
2009	T-4th	4th	5th	8th		

# USC MEN'S NCAA CHAMPIONS UNDER FRYE

Clint Crenshaw (1)	1999 - 4x100m (0)
Jonathan Fortenberry (1)	2002 - 4x400m (0)
Otis Harris (1)	, <i>,</i>
Otukile Lekote (4)	( )
	2002 - 800m (1) 2002 - 800m (0)
James Law (1)	, ,
Shah Mays (1)	1999 - 4x100m (0)
Jamie Price (1)	1999 - 4x100m (0)
Jason Richardson (1)	2008 - 110mH (0)

	1998 - Shot Put (I) 1999 - Shot Put (0) 1999 -Shot Put (I)
	1999 - 60mH (I) 1999 - 110mH (0) 1999 - 4x100m (0) 2000 - 60m (I) 2000 - 60mH (I) 2000 - 110mH (0)
USC WOMEN'S NCA	A CHAMPIONS

# USC WOMEN'S NCAA CHAMPIONS UNDER FRYE

Alcell Dalley (3)	2003 - 100m (0)
Lisa Barber (1)	2000 - 4x400m (0)
Miki Barber (5)	2000 - 400m (0) 2000 - 4x400m (0) 2001 - 4x400m (I)
Tacita Bass (3)	2002 - 4x400m (I)
LaKya Brookins (1)	2009 - 60m (I)
Krystal Cantey (1)	2007 - 4x400m (I)
Brandi Cross (1)	2007 - 4x400m (I)

	2002 - 4x400m (Ò)
Dawn Ellerbe (2)	1997 - Hammer (0) 1997 - 20lb Weight (I)
Sheneka Griffin (1)	2001 - 4x400m (I)
Natasha Hastings (3)	2007 - 400m (l)
Lisa Misipeka (2)	. ,

......2006 - 100m (0)

......2002 - 4x400m (0)

2002 - 400mH (0) 2002 - 4x400m (I)

Stephanie Smith (2)	2005 - 4x400m (I) 2007 - 4x400m (I)
Shalonda Solomon (3)	
Shevon Stoddart (2)	2002 - 4x400m (I) 2005 - 4x400m (I)
Demetria Washington (6)	2001 - 400m (l) 2001 - 4x400m (l) 2002 - 4x100m (0) 2002 - 4x400m (l)
Erica Whipple (1) Ellakisha Williamson (1)	( /
	2000 - 4x400m (0)

# USC ALL-AMERICANS UNDER FRYE

	M	EN	WOMEN			
Year	Indoor	Outdoor	Indoor	Outdoor		
1997	5	5	5	6		
1998	4	6	3	7		
1999	5	6	5	5		
2000	1	4	5	7		
2001	4	5	5	6		
2002	6	8	7	9		
2003	6	6	7	8		
2004	3	1	7	8		
2005	2	3	8	8		
2006	2	3	7	8		
2007	5	7	5	5		
2008	1	6	5	5		
2009	6	N/A	6	N/A		

# USC SEC CHAMPIONS UNDER FRYE

M	EN	WOMEN			
Indoor	Outdoor	Indoor	Outdoor		
3	2	1	3		
3	2	2	4		
3	2	2	6		
1	1	1	4		
1	2	6	6		
1	4	4	6		
4	4	4	2		
_	_	_	1		
_	_	_	9		
_	_	1	4		
_	_	1	3		
1	1	_	_		
1	4	1	_		
	3 3 3 1 1	3 2 3 2 1 1 1 2 1 4	Indoor         Outdoor         Indoor           3         2         1           3         2         2           3         2         2           1         1         1           1         2         6           1         4         4		

Tiffany Ross-Williams (2)

Amberly Nesbitt (1)

Lashinda Demus (4)