



SOUTH CAROLINA

SWIMMING & DIVING

South Carolina Athletic Media Relations • Swimming & Diving Contact: Justin Holt • jnholt@mailbox.sc.edu
1125 George Rogers Blvd., Williams-Brice Stadium, Columbia, S.C. 29208 • Office: 803-777-7872 • Cell: 865-765-5335

MEN'S SCHEDULE (0-2, 0-1 SEC)

Date	Opponent/Event	Time/Result
Oct. 15	at Florida State	L, 199-101
	vs. Alabama*	L, 171-129
Oct. 22	GEORGIA TECH	3 p.m.
Oct. 29	at Clemson	Noon
Nov. 4	TENNESSEE*	2 p.m.
Nov. 17-19	at Nike Cup Invitational	All Day
Jan. 14	DUKE	2 p.m.
Jan. 20	at Georgia *	4 p.m.
Jan. 27	EAST CAROLINA	5 p.m.
Jan. 28	EAST CAROLINA	10 a.m.
Feb. 15-18	at SEC Championships (Knoxville, Tenn.)	All Day
Feb. 25-26	at Bulldog Invitational (Last Chance)	All Day
March 22-24	NCAA Men's Championships (Federal Way, Wash.)	All Day

WOMEN'S SCHEDULE (1-1, 1-0 SEC)

Date	Opponent/Event	Time/Result
Oct. 15	at Florida State	L, 201.50-93.50
	vs. Alabama*	W, 151-149
Oct. 22	GEORGIA TECH	3 p.m.
Oct. 29	at Clemson	Noon
Nov. 4	TENNESSEE*	2 p.m.
Nov. 17-19	at Nike Cup Invitational	All Day
Jan. 14	DUKE	2 p.m.
Jan. 20	at Georgia *	4 p.m.
Jan. 27	EAST CAROLINA/VANDERBILT*	5 p.m.
Jan. 28	EAST CAROLINA/VANDERBILT*	10 a.m.
Feb. 15-18	at SEC Championships (Knoxville, Tenn.)	All Day
Feb. 25-26	at Bulldog Invitational (Last Chance)	All Day
March 15-17	NCAA Women's Championships (Auburn, Ala.)	All Day

* Southeastern Conference Dual Meet
Home Meets in ALL CAPS

SOUTH CAROLINA vs. GEORGIA TECH



Saturday, Oct. 22 • 3 p.m. ET

Blatt P.E. Center/Carolina Natatorium
Columbia, S.C.



GAMECOCKS HOST GEORGIA TECH IN HOME OPENER

The South Carolina and Georgia Tech swimming and diving programs will meet for the first time since 2007 on Saturday, as the Gamecocks host the Yellow Jackets in their home opener at 3 p.m. at the Blatt P.E. Center/Carolina Natatorium. Live results are available at sportstiming.com.

DOMINATING THE SERIES

South Carolina and Georgia Tech have met just nine times on the men's side and once in women's competition. The Gamecock have dominated the series with Georgia Tech, owning an 8-1 all-time record. The Gamecock women are 1-0 all-time against the Yellow Jackets. The Gamecocks swept Georgia Tech in the last meeting in 2007.

LAST TIME VS. GEORGIA TECH

South Carolina and Georgia Tech have not met since the 2006-07 season. The Gamecocks swept the Yellow Jackets in that meeting, with the men claiming a 140-100 victory and the women taking a 145.5-95.5 decision. The men's team recorded three victories. Leopoldo Andara and Dominique Lendjel earned victories in the 200 butterfly and 200 backstroke, respectively. On the boards, David Ovelson won on the three-meter springboard and finished second on the one-meter board. The Gamecock women won six events. Shantelle McLean, Diana Lopez, Kristina Delp and Kelly Giese won the 200 freestyle relay. McLean also won the 50 freestyle. Amanda Dunnigan, Christy Williams and Lindsey Tiberio also recorded victories for Carolina.

SCOUTING GEORGIA TECH

Georgia Tech is 0-1 on both the men and women's sides after falling in the season opener at Georgia. The Yellow Jackets will swim Friday in a dual meet at North Carolina before making their way to the Carolina Natatorium.

The diving corps led the Yellow Jackets last week against the Bulldogs with a sweep of the boards. Junior Helen Alvey set a school record on the one-meter springboard and also won the three-meter springboard. On the men's side, junior Brandon Makinson won both the one and three-meter springboards.

The Georgia Tech men boast one of the top freshman classes in the country, as it's 2011 signing class earned a No. 6 ranking nationally.

GAMECOCK WOMEN SPLIT, MEN FALL IN TRI-MEET WITH FSU, ALABAMA

The South Carolina swimming and diving teams opened the 2011-12 season in a challenging tri-meet at Florida State against the Seminoles and Alabama at the Morcom Aquatics Center last Saturday.

The Gamecock women pulled out a thrilling 151-149 victory over the Crimson Tide but fell to Florida State, 201.50-93.50. The Carolina men lost to the Seminoles, 199-101, and dropped a 171-129 decision to Alabama.

Sophomore Rachael Schaffer helped the Gamecocks clinch the win over Alabama as she claimed first in the 200 IM with a time of 2:04.58, while freshman Annika Jonsson placed third in the event with a time of 2:08.67.



SOUTH CAROLINA QUICK FACTS

UNIVERSITY OF SOUTH CAROLINA

Location.....Columbia, S.C.
Enrollment.....29,957
Founded.....1801
Team Name.....Gamecocks
President.....Dr. Harris Pastides
Athletics Director.....Eric Hyman
Deputy A.D.....Marcy Girton
Colors.....Garnet (PMS 202C), Black
Conference.....Southeastern
Swimming Facility.....Carolina Natatorium (1,200)

TEAM INFORMATION

Head Coach.....McGee Moody (5th year)
Diving Coach.....Todd Sherritt (19th year)
Asst. Coaches.....Julie Harrington, Jason Memont
Abby Steketee, Steve Steketee
2010-11 Men's Record.....10-1, 2-1 SEC
2010-11 SEC Finish.....7th/8
2010-11 NCAA Finish.....36th
Letterwinners Returning.....22
Newcomers.....4
2010-11 Women's Record.....7-6, 2-3 SEC
2010-11 SEC Finish.....6th/10
2010-11 NCAA Finish.....29th
Letterwinners R/L.....24
Newcomers.....13

MEDIA RELATIONS

Swim/Dive Contact.....Justin Holt
E-mail.....jnholt@mailbox.sc.edu
Office.....803-777-7872
Cell.....865-765-5335
Media Relations Fax.....803-777-2967
Website.....GamecocksOnline.com
Twitter.....@GamecockSwim

Jonsson also finished third in the 500 freestyle (5:01.93) and the 1,000-yard freestyle (10:18.81).

The Carolina women had two runner-up finishes on the day. Sophomore Amanda Rutqvist placed second in the 200 breaststroke with a time of 2:17.35. On the boards, senior Courtney Forcucci finished second on the three-meter springboard (281.15) and third on the one-meter springboard (264.45).

On the men's side, the Gamecocks had several strong performances despite the losses. Freshman Alex Vance had a memorable start to his Gamecock career, winning the 200 breaststroke and claiming third in the 100 breaststroke with times of 2:04.29 and 58.15, respectively.

Junior Matt Columbus finished second in the 1,000-yard freestyle with a time of 9:33.34, while sophomore Gerard Rodriguez swam to a second-place finish in the 200 freestyle with a time of 1:39.94. Junior Max Heinze finished second in the 100-yard backstroke in a time of 50.76, and junior Brooks Ross claimed second in the 500 freestyle in a time of 4:37.27.

Freshman Cole Miller had the best performance on the boards for the men with a third-place showing in the 3-meter springboard with a score of 332.00.

FORCUCCI EARNS SEC HONORS

South Carolina senior Courtney Forcucci was named the SEC Female Diver of the Week for her season-opening performance at Florida State.

In last Saturday's tri-meet, Forcucci played a key role in the Gamecocks' 151-149 win over the Crimson Tide. Forcucci, a native of Fort Mill, S.C., finished second on the three-meter springboard with a score of 281.15, which was 23 points ahead of Alabama's closest diver. She also placed third on the one-meter springboard, 37 points ahead of Alabama's nearest diver.

Forcucci has now earned SEC Diver of the Week honors four times in her Gamecock career.

UNFRESHMANLIKE

Freshman Alex Vance had a memorable start to his Gamecock career at Florida State. He scored points for Carolina by winning the 200 breaststroke and claiming third in the 100 breaststroke with times of 2:04.29 and 58.15, respectively. He was the lone men's participant to win an event for the Gamecocks.

FOCUSING ON LONDON

Junior All-American Michael Flach, who finished 15th in the 500 freestyle at the 2011 NCAA Championships, is the team's unquestioned leader. But with the 2012 Summer Olympics approaching, Flach is taking an Olympic redshirt to train for an opportunity to compete at the games in London. Flach is the school record holder in the 500 freestyle with a time of 4:16.03.

With Flach focusing on the Olympics, the Gamecocks will turn to juniors Bobby Cave and Max Heinze to help carry the load. Cave is one of the most talented breaststrokers in the SEC as he broke his own school record in the 200 breaststroke at the SEC Championships a year ago with a time of 1:58.27. Heinze returns as one of the Gamecocks' top sprint specialists. The Berlin, Germany, native won five consecutive times in the 100 backstroke last spring.

YOUNG GUNS

Sophomores Amanda Rutqvist and Rachael Schaffer look to build on two of the best freshman campaigns in the nation. Rutqvist, an All-American in the 100 and 200 breaststroke, became South Carolina's first-ever SEC women's swimming champion as she won the 200 breaststroke last season at the SEC Championships. Schaffer was named to the SEC All-Freshman team and she qualified for the NCAA Championships, barely missing the consolation final in the 400 IM. Schaffer also set school records in the 200 and 400 IMs as the SEC Championships.

BACK TO 100 PERCENT

Captain Courtney Forcucci is back to 100 percent health after recovering from a devastating leg injury she suffered two years ago. Forcucci is primed to have a strong senior campaign to lead the Gamecock women on the boards. Forcucci is one of the premier divers in the conference after finishing fourth on the 1-meter springboard and ninth on the platform at the SEC Championships last season.



2011-12 SWIMMING & DIVING ROSTER

WOMEN

Name	Year	Event(s)	Hometown (Previous School)
Aileen Atzhorn	SR	Breaststroke/IM	Gulf Breeze, Fla. (Gulf Breeze HS)
Whitney Avers	JR	Free/Fly/IM	Arnold, Md. (Broadneck)
Sarah Bartlett	SR	Backstroke	Fort Mill, S.C. (Fort Mill HS)
Maryn Bieganski	SO	Free/Fly	Solon, Ohio (Solon)
Meghan Brockington	SO	Free/Fly	Courtice, Ontario, Canada (Clarington Central)
Morgan Brooks	FR	Freestyle/Backstroke	Simpsonville, S.C. (Mauldin)
Mallory Cage	SR	Breaststroke	Waxhaw, N.C. (Weddington HS)
Kasey Catalfomo	FR	Diving	Anderson, S.C. (T.L. Hanna)
Sara Columbus	FR	Freestyle	Cincinnati, Ohio (St. Ursula Academy)
Sara Drake	FR	Freestyle/Butterfly	Greer, S.C. (J.L. Mann)
Rachel Elliott	FR	Freestyle	Naples, Fla. (Gulf Coast HS)
Courtney Forcucci	SR	Diving	Fort Mill, S.C. (Houston)
Abby Galbreath	SO	Backstroke/IM	Kettering, Ohio (Kettering Fairmont)
Jordan Gibbs	JR	Distance Free	Severna Park, Md. (Severna Park)
Karalyn Gibbs	FR	Freestyle	Severna Park, Md. (Severna Park HS)
Logan Griffith	JR	Free/Breast/IM	Destin, Fla. (Fort Walton Beach)
Alina Hall	SO	Freestyle/IM	Alexandria, Va. (Bishop Ireton)
Alyssa Hand	JR	Breaststroke/IM	Hockessin, Del. (Saint Mark's HS)
Annika Jonsson	FR	Butterfly/Freestyle/IM	Austin, Texas (Vista Ridge HS)
Taylor Jossierand	SO	Sprint Free	Jacksonville, Fla. (The Bolles School)
Patricia Kranz	FR	Diving	Davie, Fla. (Westminster Academy)
Maggie Malaney	FR	Sprint Free	Findlay, Ohio (Findlay HS)
Chay Malvasio	JR	Diving	Columbia, S.C. (North Carolina)
Ashley Martin	FR	Backstroke	Rock Hill, S.C. (Northwestern)
Maquala O'Brien	JR	Freestyle/Breaststroke	Chapin, S.C. (Dutch Fork)
Brooke Obeck	FR	Butterfly/Freestyle	Glen Allen, Va. (Deep Run HS)
Lindsey Olson	JR	Freestyle/Butterfly	Charleston, S.C. (First Baptist Church)
Jamie Osborn	SO	Distance Free	Greenville, S.C. (J.L. Mann)
Matea Peteh	JR	Freestyle/Backstroke	Rovinj, Croatia (Hrvatska Gimnazija)
Lauren Raczkowski	SO	Freestyle/Backstroke	Simpsonville, S.C. (Hillcrest)
Lauren Rosenberg	SO	Backstroke/IM	Powell, Ohio (Olentangy Liberty)
Amanda Rutqvist	SO	Breaststroke	Gothenburg, Sweden
Rachael Schaffer	SO	Breaststroke/IM	Baltimore, Md. (McDonogh)
Ellie Skinner	FR	Freestyle/Butterfly	Jacksonville, Fla. (The Bolles School)
Haley Staubach	JR	Back/Fly	Lilburn, Ga. (Parkview)
Laura Thomas	SO	Fly/Free	Aiken, S.C. (South Aiken)
Charlotte Ward	FR	Freestyle/Butterfly	Spartanburg, S.C. (Spartanburg, S.C.)
Elisabeth Worrell	FR	Backstroke/IM	Montepelior, Va. (Patrick Henry HS)

MEN

Name	Year	Event(s)	Hometown (Previous School)
Isaac Badillo	SR	Freestyle/Backstroke/Butterfly	Columbia, S.C. (Ridge View HS)
Tim Berens	SO	Freestyle/IM	Charlotte, N.C. (South Mecklenburg)
Bobby Cave	JR	Breaststroke	Hertfordshire, England
Matt Columbus	JR	Freestyle	Cincinnati, Ohio (St. Xavier)
Ryan Connolly	SR	Breaststroke/IM	Zionsville, Ind. (Zionsville Community HS)
Michael Covert	FR	Backstroke/IM	Chester, Va. (Exodus Christian School)
James Crawford	SR	Free/Back/Fly/IM	High Wycombe, England (John Hampden)
Alex Fitton	JR	Freestyle	Monmouth Beach, N.J. (Christian Brothers)
Michael Flach	JR	Free/Fly	Annandale, Va. (Bishop O'Connell)
Rory Grigull	SR	Sprint Free	Coral Springs, Fla. (Marjory Stoneman Douglas)
Max Heinze	JR	Sprint/Backstroke/Fly/Free	Berlin, Germany (Ouachita Baptist)
Andrew Helmich	SO	Diving	North Augusta, S.C. (Augusta Prep)
Dan Jackson	SR	Freestyle/Butterfly	Austin, Texas (A.N. McCallum HS)
Collin Kaden	JR	IM/Breast/Fly	Humble, Texas (Atascocita)
Graham Kauffman	JR	Free/Breaststroke	Greer, S.C. (West Virginia)
Chris Kelly	SR	Fly/Back/IM	Morristown, Tenn. (Morristown West HS)
John Metts	JR	Freestyle/Butterfly	Columbia, S.C. (A.C. Flora)
Cole Miller	FR	Diving	Regina, Saskatchewan, Canada (Sheldon-Williams)
Matt Navata	FR	Butterfly/IM	West Orange, N.J. (West Orange)
Rylan Ridenour	JR	Diving	Lebanon, Ind. (Lebanon)
Gerard Rodriguez	SO	Free/IM	Badalona, Spain
Brooks Ross	JR	Distance Free	Manakin-Sabot, Va. (Collegiate School)
Andrew Seiler	JR	Breast/Free/IM	Phoenixville, Pa. (Spring-Ford)
Alex Vance	FR	Breaststroke/IM	Roanoke, Va. (Hidden Valley HS)
Jay Warner	SO	Backstroke/Butterfly	Moore, S.C. (Dorman)
Jake White	SO	Freestyle/Butterfly	Waxhaw, N.C. (Marvin Ridge)

HEAD SWIMMING COACH: McGee Moody • 5th Year (East Carolina, '98)

HEAD DIVING COACH: Todd Sherritt • 19th Year (Cincinnati, '82)

ASSISTANT COACHES: Julie Harrington, Jason Memont, Abby Steketee, Steve Steketee



2011-12 NCAA QUALIFYING STANDARDS

MEN

EVENT	25-Yard Course	
	A Standard	B Standard
50 Freestyle	:19.35	:20.29
100 Freestyle	:42.26	:44.37
200 Freestyle	1:33.61	1:38.09
500 Freestyle	4:15.68	4:25.29
1,650 Freestyle	14:51.15	15:30.69
100 Butterfly	:46.04	:48.34
200 Butterfly	1:42.95	1:48.09
100 Backstroke	:46.28	:48.59
200 Backstroke	1:41.53	1:46.60
100 Breaststroke	:52.87	:55.51
200 Breaststroke	1:54.25	1:59.96
200 Individual Medley	1:44.05	1:49.25
400 Individual Medley	3:43.68	3:54.86
200 Freestyle Relay	1:17.69	1:21.57
400 Freestyle Relay	2:51.26	3:01.09
800 Freestyle Relay	6:20.76	6:42.42
200 Medley Relay	1:25.40	1:29.94
400 Medley Relay	3:08.22	3:17.63

1-Meter Diving Points—300*

3-Meter Diving Points—320*

Platform Diving Points—300*

* qualifying point total in any six dive list with standard DD

WOMEN

EVENT	25-Yard Course	
	A Standard	B Standard
50 Freestyle	:21.93	:22.99
100 Freestyle	:47.84	:50.19
200 Freestyle	1:44.02	1:48.29
500 Freestyle	4:38.46	4:47.79
1,650 Freestyle	15:53.38	16:30.59
100 Butterfly	:52.02	:54.62
200 Butterfly	1:54.95	2:00.69
100 Backstroke	:52.55	:55.17
200 Backstroke	1:53.37	1:59.24
100 Breaststroke	:59.65	1:02.98
200 Breaststroke	2:09.25	2:16.20
200 Individual Medley	1:56.13	2:01.79
400 Individual Medley	4:05.65	4:19.69
200 Freestyle Relay	1:28.35	1:32.76
400 Freestyle Relay	3:14.93	3:24.67
800 Freestyle Relay	7:02.07	7:23.17
200 Medley Relay	1:36.68	1:42.70
400 Medley Relay	3:32.56	3:43.18

1-Meter Diving Points—265*

3-Meter Diving Points—280*

Platform Diving Points—225**

* qualifying point total in any six dive list with standard DD

**qualifying point total in any five dive list with standard DD

To convert a metric time achieved in a 25-meter racing course to an equivalent time for a 25-yard racing course: (a) transform the achieved metric time into seconds; (b) carrying the calculation out to five decimal places, multiply the transformed time in seconds by the appropriate following conversion factor; (c) drop, without rounding, all units smaller than a hundredth of a second; and (d) finally, transform the resultant value in seconds back into minutes and seconds to obtain the converted time.

Short-Course Conversion Factors (Men and Women)

Event	Factor
400 meters to 500 yards	1.153
800 meters to 1,000 yards	1.153
1,500 meters to 1,650 yards	1.013
All other events	0.906



CAREER TOP TIMES / SCORES - MEN'S RETURNERS

Isaac Badillo

50 free.....	21.16
100 free.....	47.06
100 back.....	51.69
200 back.....	51.54
100 fly.....	49.04
200 fly.....	1:50.44

Tim Berens

50 free.....	22.16
100 free.....	47.07
200 free.....	1:39.77
100 breast.....	1:01.40
400 IM.....	4:18.64

Bobby Cave

100 free.....	46.40#
200 free.....	1:40.95#
100 breast.....	54.88
200 breast.....	1:58.27!
200 IM.....	1:51.59
400 IM.....	3:37.16

Matt Columbus

100 free.....	49.11
200 free.....	1:39.98
500 free.....	4:26.89
1000 free.....	9:24.40
1650 free.....	15:25.99
200 IM.....	2:01.35

Ryan Connolly

200 free.....	1:43.93t
500 free.....	4:55.91
1000 free.....	10:17.33
100 breast.....	58.41
200 breast.....	2:05.75
200 back.....	1:49.94
200 IM.....	1:51.88
400 IM.....	3:56.39

Michael Covert

200 back.....	1:52.79
200 fly.....	1:53.79
200 IM.....	1:58.55

James Crawford

50 free.....	21.42#
100 free.....	46.62#
200 free.....	1:38.26
500 free.....	4:42.99
100 back.....	50.15
200 back.....	1:46.43
100 fly.....	51.25
200 IM.....	1:49.03

Alex Fitton

50 free.....	20.66
100 free.....	45.29
200 free.....	1:38.53t
100 fly.....	50.12
200 fly.....	1:55.23
200 IM.....	1:51.31

Michael Flach

100 free.....	44.84#
200 free.....	1:35.39
500 free.....	4:16.03!
1000 free.....	9:17.77
100 back.....	50.98
200 back.....	1:52.43

100 fly.....	49.85
200 fly.....	1:45.36
200 IM.....	1:52.15
400 IM.....	3:58.37

Rory Grigull

50 free.....	21.04t
100 free.....	45.49
200 free.....	1:40.49
100 fly.....	54.71
200 fly.....	1:57.44

Max Heinze

50 free.....	21.31
100 free.....	46.60
100 back.....	49.00
200 back.....	1:54.25
100 fly.....	49.75

Andrew Helmich

1M diving (6 dives).....	237.08
3M diving (6 dives).....	312.68
Platform (6 dives).....	188.85

Dan Jackson

500 free.....	4:35.42
1000 free.....	9:29.75
1650 free.....	15:40.76
200 fly.....	1:52.96
400 IM.....	4:07.17

Collin Kaden

200 free.....	1:39.28t
100 breast.....	57.35
200 breast.....	2:00.04
100 fly.....	49.09
200 fly.....	1:53.13
200 IM.....	1:48.30
400 IM.....	4:00.80

Graham Kauffman

100 free.....	48.47
100 breast.....	59.95

Chris Kelly

200 free.....	1:39.76
500 free.....	4:34.09
100 fly.....	51.30
200 fly.....	1:50.11
100 back.....	50.33
200 back.....	1:44.58!
200 IM.....	1:48.55
400 IM.....	3:56.92

John Metts

50 free.....	21.04
100 free.....	47.58
100 fly.....	49.62

Cole Miller

1M diving (6 dives).....	306.80
3M diving (6 dives).....	332.00

Rylan Ridenour

1M diving (6 dives).....	358.30
1M diving (12 dives).....	684.30
3M diving (6 dives).....	407.17
3M diving (12 dives).....	698.20!

Gerard Rodriguez

50 free.....	21.58
--------------	-------

100 free.....	45.42
200 free.....	1:36.12
500 free.....	4:23.54
100 fly.....	49.99
200 IM.....	1:50.61

Brooks Ross

200 free.....	1:42.13
500 free.....	4:26.97
1000 free.....	9:16.06
1650 free.....	15:29.98

Andrew Seiler

50 free.....	20.41t
100 free.....	45.13
200 free.....	1:44.08
100 breast.....	56.62
200 IM.....	1:58.77

Alex Vance

100 breast.....	58.15
200 breast.....	2:04.29

Jay Warner

50 free.....	21.20
100 free.....	47.98#
100 back.....	47.36!
200 back.....	1:49.96
100 fly.....	51.38

Jake White

50 free.....	21.55
100 free.....	47.11
100 back.....	53.52
100 fly.....	51.57



2011-12 TOP PERFORMERS - MEN

FSUA - Florida State/Alabama

50y Freestyle

NCAA: 19.35/20.29

1	21.00	Andrew Seiler	FSUA
2	21.66	Isaac Badillo	FSUA
3	21.85	Jake White	FSUA
4	21.87	Max Heinze	FSUA
5	22.06	John Metts	FSUA

100y Freestyle

NCAA: 42.26/44.37

1	46.82	Andrew Seiler	FSUA
2	47.18	Gerard Rodriguez	FSUA
3	47.65	Jay Warner	FSUA
4	48.47	Graham Kauffman	FSUA
5	49.16	Tim Berens	FSUA

200y Freestyle

NCAA: 1:33.61/1:38.09

1	1:39.94	Gerard Rodriguez	FSUA
2	1:43.75	James Crawford	FSUA
3	1:46.97	Rory Grigull	FSUA
4	1:47.77	Tim Berens	FSUA

500y Freestyle

NCAA: 4:15.68/4:25.29

1	4:37.27	Brooks Ross	FSUA
2	4:37.47	Gerard Rodriguez	FSUA
3	4:39.78	Matt Columbus	FSUA

1000y Freestyle

1	9:33.34	Matt Columbus	FSUA
2	9:46.87	Brooks Ross	FSUA
3	9:51.65	Dan Jackson	FSUA

1650y Freestyle

NCAA: 14:51.15/15:30.69

1	N/A		
2	N/A		
3	N/A		

100y Backstroke

NCAA: 46.28/48.59

1	50.76	Max Heinze	FSUA
2	52.21	Jay Warner	FSUA
3	55.32	Jake White	FSUA

200y Backstroke

NCAA: 1:41.53/1:46.60

1	1:52.49	James Crawford	FSUA
2	1:52.79	Michael Covert	FSUA
3	1:57.56	Max Heinze	FSUA

100y Breaststroke

NCAA: 52.87/55.51

1	58.15	Alex Vance	FSUA
2	58.32	Collin Kaden	FSUA
3	59.94	Ryan Connolly	FSUA
4	59.95	Graham Kauffman	FSUA

200y Breaststroke

NCAA: 1:54.25/1:59.96

1	2:04.29	Alex Vance	FSUA
2	2:08.03	Matt Navata	FSUA
3	2:08.62	Collin Kaden	FSUA
4	2:08.96	Ryan Connolly	FSUA

100y Butterfly

NCAA: 46.04/48.34

1	49.70	Isaac Badillo	FSUA
2	51.14	Jay Warner	FSUA
3	51.15	John Metts	FSUA

200y Butterfly

NCAA: 1:42.95/1:48.09

1	1:52.53	Matt Navata	FSUA
2	1:53.79	Michael Covert	FSUA
3	1:57.98	Dan Jackson	FSUA

200y Individual Medley

NCAA: 1:44.05/1:49.25

1	1:53.49	Collin Kaden	FSUA
2	1:53.82	Matt Navata	FSUA
3	1:55.46	James Crawford	FSUA
4	1:58.27	Ryan Connolly	FSUA
5	1:58.55	Michael Covert	FSUA

400y Individual Medley

NCAA: 3:43.68/3:54.86

1	N/A		
2	N/A		
3	N/A		
4	N/A		
5	N/A		

200y Freestyle Relay

NCAA: 1:17.69/1:21.57

1	N/A		
2	N/A		
3	N/A		

400y Freestyle Relay

NCAA: 2:51.26/3:01.09

1	3:09.41	Seiler, Warner, Rodriguez, Crawford	FSUA
2	3:14.01	Columbus, Kauffman Navata, Metts	FSUA
3	3:16.26	White, Berens, Vance, Connolly	FSUA

800y Freestyle Relay

NCAA: 6:20.76/6:42.42

1	N/A		
2	N/A		
3	N/A		

200y Medley Relay

NCAA: 1:25.40/1:29.94

1	1:33.12	Covert, Kauffman, Badillo, Seiler	FSUA
2	1:34.58	Heinze, Vance Metts, Kaden	FSUA

400y Medley Relay

NCAA: 3:08.22/3:17.63

1	N/A		
2	N/A		
3	N/A		

One-Meter Diving (6 dives)

NCAA: Dual 300

1	Z	309.80	Rylan Ridenour	FSUA
2	Z	306.80	Cole Miller	FSUA

Three-Meter Diving (6 dives)

NCAA: Dual 320

1	Z	332.00	Cole Miller	FSUA
2		229.05	Rylan Ridenour	FSUA
3		61.85	Andrew Helmich	FSUA

= leadoff split

! = school record

^ = converted from meters

p = preliminary

t = time trial

A = NCAA automatic qualifying time

B = NCAA provisional qualifying time

Z = NCAA zone diving qualifying score



CAREER TOP TIMES / SCORES - WOMEN'S RETURNERS

Aileen Atzhorn

100 breast.....	1:03.79
200 breast.....	2:17.84
100 fly.....	1:02.84
200 fly.....	2:07.96
200 IM.....	2:04.81
400 IM.....	4:29.60

Whitney Avers

200 free.....	1:54.09
500 free.....	4:54.86
1000 free.....	10:26.16^
200 breast.....	2:27.67^
100 fly.....	58.01
200 fly.....	2:00.20
200 IM.....	2:08.60
400 IM.....	4:22.36

Sarah Bartlett

50 free.....	24.31
100 free.....	56.27
100 back.....	59.02
200 back.....	2:10.02
100 fly.....	59.77

Maryn Bieganski

50 free.....	25.54
100 free.....	54.01
200 free.....	1:58.16
100 back.....	1:03.00
100 fly.....	57.66
200 fly.....	2:12.33

Meghan Brockington

100 free.....	54.48
200 free.....	1:52.49
500 free.....	5:01.62
100 fly.....	55.78
200 fly.....	2:01.40

Morgan Brooks

50 free.....	24.94
100 free.....	53.50
500 free.....	4:37.27
100 back.....	1:00.53

Mallory Cage

50 free.....	25.31
100 breast.....	1:05.26
200 breast.....	2:21.24
200 IM.....	2:15.18

Kasey Catalfomo

1M diving (6 dives).....	224.10
3M diving (6 dives).....	224.30

Sara Drake

100 free.....	53.59
100 fly.....	57.70

Rachel Elliott

50 free.....	23.88
100 free.....	54.31

Courtney Forcucci

1M diving (6 dives).....	315.95
1M diving (12 dives).....	512.45
3M diving (6 dives).....	367.80
3M diving (12 dives).....	608.35
Platform (5 dives).....	229.25

Abby Galbreath

500 free.....	5:02.74
1000 free.....	10:17.40
200 back.....	2:00.82
100 breast.....	1:08.84
200 breast.....	2:27.59
200 IM.....	2:01.77
400 IM.....	4:16.10

Jordan Gibbs

200 free.....	1:54.89
500 free.....	4:54.85
1000 free.....	10:11.10
1650 free.....	16:59.66
200 breast.....	2:27.63^
200 fly.....	2:05.00
400 IM.....	4:35.87

Logan Griffith

50 free.....	25.20
100 free.....	54.43
100 breast.....	1:06.51
100 fly.....	59.23
200 IM.....	2:15.87^

Alina Hall

50 free.....	22.84#
100 free.....	52.67
100 fly.....	58.13
200 IM.....	2:11.21

Alyssa Hand

500 free.....	5:23.18
100 breast.....	1:07.35
200 breast.....	2:23.27
200 back.....	2:15.16
200 fly.....	2:09.86
200 IM.....	2:09.42
400 IM.....	4:33.06

Annika Jonsson

500 free.....	5:01.93
1000 free.....	10:18.81
200 IM.....	2:08.67

Taylor Josserand

50 free.....	24.47
100 free.....	53.19
200 free.....	1:54.67
100 fly.....	1:01.72

Patricia Kranz

1M diving (6 dives).....	234.15
3M diving (6 dives).....	236.85

Chay Malvasio

1M diving (6 dives).....	300.75
3M diving (6 dives).....	321.60
Platform (5 dives).....	211.10

Brooke Obeck

100 fly.....	1:00.22
200 fly.....	2:10.40

Lindsey Olson

100 free.....	51.91
200 free.....	1:48.49
500 free.....	4:46.17
1000 free.....	10:11.43
100 fly.....	55.67
200 fly.....	1:59.74

Jamie Osborn

100 free.....	55.82
200 free.....	1:56.83
500 free.....	5:09.25
1000 free.....	10:38.18
1650 free.....	18:09.59

Matea Peteh

50 free.....	24.73
100 free.....	52.09
200 free.....	1:52.68
500 free.....	5:01.15
100 back.....	58.09#
200 back.....	2:05.68

Lauren Raczkowski

50 free.....	23.73
100 free.....	52.32
200 free.....	1:52.01
200 back.....	2:05.33
200 IM.....	2:10.26

Lauren Rosenberg

100 free.....	54.71
100 back.....	56.98
200 back.....	2:00.96
200 IM.....	2:10.26

Amanda Rutqvist

100 breast.....	1:00.20!
200 breast.....	2:07.86!
100 fly.....	1:00.54
200 IM.....	2:01.72
400 IM.....	4:27.55

Rachael Schaffer

100 free.....	51.09#
200 free.....	1:48.05#
100 breast.....	1:03.68
200 breast.....	2:12.88
100 fly.....	57.10
200 fly.....	2:02.65
200 IM.....	1:57.89
400 IM.....	4:09.33!

Haley Staubach

50 free.....	25.52
100 free.....	55.05
100 back.....	56.60
200 back.....	2:00.18
100 fly.....	55.93

Laura Thomas

500 free.....	5:15.16
100 fly.....	1:02.05
200 fly.....	2:05.82
400 IM.....	4:42.83

Charlotte Ward

500 free.....	5:14.45
1000 free.....	10:50.58

Elisabeth Worrell

100 back.....	1:00.47
200 back.....	2:09.70
200 IM.....	2:12.19



2011-12 TOP PERFORMERS - WOMEN

50y Freestyle

NCAA: 21.93/22.99

1	23.88	Rachel Elliott	FSUA
2	24.55	Lauren Raczkowski	FSUA
3	24.94	Morgan Brooks	FSUA
4	25.05	Taylor Josserand	FSUA
5	25.91	Sarah Bartlett	FSUA

100y Freestyle

NCAA: 47.84/50.19

1	52.71	Lauren Raczkowski	FSUA
2	53.50	Morgan Brooks	FSUA
3	53.59	Sara Drake	FSUA
4	54.31	Rachel Elliott	FSUA

200y Freestyle

NCAA: 1:44.02/1:48.29

1	1:52.99	Rachael Schaffer	FSUA
2	1:53.86	Matea Peteh	FSUA
3	1:55.07	Whitney Avers	FSUA
4	1:56.11	Lindsey Olson	FSUA
5	1:59.08	Taylor Josserand	FSUA

500y Freestyle

NCAA: 4:38.46/4:47.79

1	5:01.93	Annika Jonsson	FSUA
2	5:02.76	Whitney Avers	FSUA
3	5:04.22	Jordan Gibbs	FSUA
4	5:14.45	Charlotte Ward	FSUA

1000y Freestyle

1	10:18.81	Annika Jonsson	FSUA
2	10:21.44	Jordan Gibbs	FSUA
3	10:24.58	Abby Galbreath	FSUA
4	10:50.58	Charlotte Ward	FSUA

1650y Freestyle

NCAA: 15:53.38/16:30.59

1	N/A		
2	N/A		
3	N/A		

100y Backstroke

NCAA: 52.55/55.17

1	1:00.47	Elisabeth Worrell	FSUA
2	1:00.53	Morgan Brooks	FSUA
3	1:01.58	Lauren Rosenberg	FSUA
4	1:01.92	Sarah Bartlett	FSUA

200y Backstroke

NCAA: 1:53.37/1:59.24

1	2:04.39	Matea Peteh	FSUA
2	2:09.70	Elisabeth Worrell	FSUA
3	2:10.92	Abby Galbreath	FSUA
4	2:12.15	Lauren Rosenberg	FSUA

100y Breaststroke

NCAA: 59.65/1:02.98

1	1:05.18	Amanda Rutqvist	FSUA
2	1:07.29	Aileen Atzhorn	FSUA
3	1:08.20	Mallory Cage	FSUA

200y Breaststroke

NCAA: 2:09.25/2:16.20

1	2:17.35	Amanda Rutqvist	FSUA
2	2:21.14	Rachael Schaffer	FSUA
3	2:26.37	Aileen Atzhorn	FSUA
3	2:29.84	Mallory Cage	FSUA

100y Butterfly

NCAA: 52.02/54.62

1	57.54	Meghan Brockington	FSUA
2	57.70	Sara Drake	FSUA
3	1:00.22	Brooke Obeck	FSUA
4	1:01.36	Taylor Josserand	FSUA

200y Butterfly

NCAA: 1:54.95/2:00.69

1	2:05.81	Whitney Avers	FSUA
2	2:08.27	Meghan Brockington	FSUA
3	2:08.53	Lindsey Olson	FSUA
4	2:10.40	Brooke Obeck	FSUA

200y Individual Medley

NCAA: 1:56.13/2:01.79

1	2:04.58	Rachael Schaffer	FSUA
2	2:08.67	Annika Jonsson	FSUA
3	2:10.74	Abby Galbreath	FSUA
4	2:12.19	Elisabeth Worrell	FSUA
5	2:14.08	Aileen Atzhorn	FSUA

400y Individual Medley

NCAA: 4:05.65/4:19.69

1	N/A		
2	N/A		
3	N/A		
4	N/A		
5	N/A		

200y Freestyle Relay

NCAA: 1:28.35/1:32.76

1	N/A		
2	N/A		
3	N/A		

400y Freestyle Relay

NCAA: 3:14.93/3:24.67

1	3:32.23	Peteh, Drake, Raczkowski, Schaffer	FSUA
2	3:36.37	Brockington, Elliott, Josserand, Avers	FSUA
3	3:44.29	Obeck, Gibbs, Rutqvist, Jonsson	FSUA

800y Freestyle Relay

NCAA: 7:02.07/7:23.17

1	N/A		
2	N/A		
3	N/A		

200y Medley Relay

NCAA: 1:36.68/1:42.70

1	1:47.38	Brooks, Brockington, Rutqvist, Elliott	FSUA
2	1:49.81	Worrell, Cage, Drake, Raczkowski	FSUA
3	1:51.17	Rosenberg, Atzhorn, Obeck, Josserand	FSUA

400y Medley Relay

NCAA: 3:32.56/3:43.18

1	N/A		
2	N/A		
3	N/A		

One-Meter Diving (6 dives)

Zone: Dual 265

1	264.45	Courtney Forcucci	FSUA
2	234.15	Patricia Kranz	FSUA
3	224.10	Kasey Catalfomo	FSUA

Three-Meter Diving (6 dives)

Zone: Dual 280

1	Z	281.15	Courtney Forcucci	FSUA
2		236.85	Patricia Kranz	FSUA
3		224.30	Kasey Catalfomo	FSUA

Platform Diving (5 dives)

Zone: Dual 225

1	N/A		
2	N/A		

= leadoff split

^ = converted from meters

A = NCAA automatic qualifying time

B = NCAA provisional qualifying time

Z = NCAA zone diving qualifying score

p = preliminaries

t = time trial

! = school record

\$ = SEC record

FSUA = Florida State/Alabama



MEN'S RECORDS

EVENT	GAMECOCKS	CAROLINA NATATORIUM	SEC CHAMPIONSHIP	NCAA
50 Freestyle	Zsolt Gaspar 19.53 (2000)	Ryan Wochomurka, Auburn 19.91 (2005)	Matt Targett, Auburn 18.52 (2009)	Cesar Cielo, Auburn 18.47 (2008)
100 Freestyle	Kyle Cormier 43.21 (2009)	Oliver Gumbrell, Auburn 43.39 (1995)	Matt Targett, Auburn 41.55 (2009)	Cesar Cielo, Auburn 40.92 (2008)
200 Freestyle	Kyle Cormier 1:34.09 (2009)	Dan Phillips, South Carolina 1:35.95 (1995)	Ryan Lochte, Florida 1:33.07 (2005)	Simon Burnett, Arizona 1:31.20 (2006)
500 Freestyle	Michael Flach 4:16.03 (2011)	Michael Kiedel, Florida 4:19.88 (1995)	Sebastian Rouault, Georgia 4:12.90 (2006)	Peter Vanderkaay, Michigan 4:08.60 (2006)
1000 Freestyle	Jay Telford 9:05.05 (1994)	Sebastian Rouault, Georgia 9:00.44 (2006)	--	--
1650 Freestyle	Jean Arnould 15:05.22 (1988)	Chip Peterson, North Carolina 14:48.86 (2009)	Sebastian Rouault, Georgia 14:35.47 (2008)	Chris Thompson, Michigan 14:26.62 (2001)
100 Backstroke	Jay Warner 47.36 (2011)	Michael Andrews, Auburn 47.44 (1995)	Ryan Lochte, Florida 45.19 (2005)	Ryan Lochte, Florida 44.60 (2006)
200 Backstroke	Chris Kelly 1:44.58 (2011)	Michael Andrews, Auburn 1:43.98 (1995)	Ryan Lochte, Florida 1:39.29 (2005)	Tyler Clary, Michigan 1:37.58 (2009)
100 Breaststroke	Kurt Muller 54.24 (2007)	Jeremy Linn, Tennessee 53.32 (1995)	Jeremy Linn, Tennessee 51.86 (1997)	Damir Dugonjic, California 50.86 (2009)
200 Breaststroke	Bobby Cave 1:58.27 (2011)	Vlad Polyakov, Alabama 1:55.90 (2006)	Neil Versfeld, Georgia 1:52.07 (2009)	Neil Versfeld, Georgia 1:51.40 (2009)
100 Butterfly	Nick Walkotten 46.36 (2009)	Steve Clarke, Florida 47.13 (1995)	Matt Targett, Auburn 45.02 (2009)	Austin Staab, Stanford 44.18 (2009)
200 Butterfly	Nick Walkotten 1:42.48 (2009)	Randy Hartley, Auburn 1:46.13 (1995)	Mark Dylla, Georgia 1:41.47 (2010)	Shaune Fraser, Florida 1:40.75 (2009)
200 IM	Kyle Cormier 1:45.49 (2009)	Tyler Harris, North Carolina 1:46.54 (2009)	Ryan Lochte, Florida 1:41.76 (2005)	Bradley Ally, Florida 1:40.49 (2009)
400 IM	Istvan Bathazi 3:45.76 (2002)	Tyler Harris, North Carolina 3:44.00 (2009)	Ryan Lochte, Florida 3:39.08 (2005)	Tyler Clary, Michigan 3:35.98 (2009)
200 MR	Warner, Cave, Badillo, Seiler 1:28.14 (2011)	Tennessee 1:27.47 (1995)	Auburn 1:23.69 (2009)	Auburn 1:22.36 (2009)
400 MR	Ruggieri, Moore, Leishman, Phillips 3:14.06 (1994)	Tennessee 3:11.36 (1995)	Auburn 3:04.58 (2009)	Auburn 3:01.39 (2009)
200 FR	Burton, Hyde, Cadwell, Havekost 1:19.76 (1991)	Tennessee 1:19.87 (1995)	Auburn 1:15.47 (2009)	Auburn 1:14.08 (2009)
400 FR	Cormier, Livsey, Weyandt, Walkotten 2:55.67 (2009)	Auburn 2:54.26 (1995)	Auburn 2:46.03 (2009)	Auburn 2:46.03 (2009)
800 FR	Flach, Fitton, Kelly, Rodriguez 6:27.30 (2011)	Florida 6:28.83 (1995)	Florida 6:15.91 (2010)	Texas 6:10.16 (2009)
1M Diving (6)	Andy Bradley 401.65 (2004)			
1M Diving (12)	Andy Bradley 703.70 (2004)			
3M Diving (6)	Andy Bradley 407.40 (2005)			
3M Diving (11)	Rylan Ridenour 698.20 (2011)			
Platform Diving	Brandon Hulko 599.08 (1999)			



WOMEN'S RECORDS

EVENT	GAMECOCKS	CAROLINA NATATORIUM	SEC CHAMPIONSHIP	NCAA
50 Freestyle	Sharntelle McLean 22.65 (2009)	Jill Sterkel, Texas 22.41 (1981)	Kara Lynn Joyce, Georgia 21.70 (2006)	Lara Jackson, Arizona 21.27 (2009)
100 Freestyle	Jennifer VanAssen 49.40 (2004)	Jill Sterkel, Texas 48.91 (1981)	Maritza Corriea, Georgia 47.49 (2003)	Natalie Coughlin, California 47.00 (2003)
200 Freestyle	Jennifer VanAssen 1:45.80 (2003)	Jill Sterkel, Texas 1:48.18 (1981)	Christine Magnuson, Tennessee 1:43.00 (2008)	Dana Vollmer, California 1:41.53 (2009)
500 Freestyle	Isabelle Arnould 4:43.83 (1991)	Kim Linehan, Texas 4:42.33 (1981)	Carolina Burckle, Florida 4:34.87 (2008)	Janet Evans, Stanford 4:34.39 (1990)
1000 Freestyle	Isabelle Arnould 9:50.14 (1991)	Adrienne Binder, Auburn 9:38.12 (2005)	--	--
1650 Freestyle	Isabelle Arnould 16:14.04 (1991)	Kim Linehan, Texas 15:58.52 (1981)	Wendy Trott, Georgia 15:47.55 (2010)	Janet Evans, Stanford 15:39.14 (1990)
100 Backstroke	Megan Sparks 54.74 (2009)	Anne Wenglarski, Auburn 55.01 (1995)	Gemma Spofforth, Florida 50.46 (2009)	Natalie Coughlin, California 49.97 (2002)
200 Backstroke	Megan Sparks 1:57.66 (2009)	Nikki Dryden, Florida 1:58.59 (1995)	Gemma Spofforth, Florida 1:48.34 (2009)	Gemma Spofforth, Florida 1:48.34 (2009)
100 Breaststroke	Amanda Rutqvist 1:00.20 (2011)	Kerry Reynolds, Auburn 1:02.13 (1995)	Micah Lawrence, Auburn 59.29 (2010)	Rebecca Soni, Southern Cal 58.10 (2009)
200 Breaststroke	Amanda Rutqvist 2:07.86 (2011)	Allison Wagner, Florida 2:14.02 (1995)	Anne Poleska, Alabama 2:08.85 (2001)	Rebecca Soni, Southern Cal 2:04.75 (2009)
100 Butterfly	Christy Williams 54.08 (2007)	Jill Sterkel, Texas 53.10 (1981)	Christine Magnuson, Tennessee 51.00 (2008)	Natalie Coughlin, California 50.01 (2002)
200 Butterfly	Christy Williams 1:58.10 (2007)	Kim Linehan, Texas 1:58.68 (1981)	Jemma Lowe, Florida 1:52.53 (2009)	Elaine Breeden, Stanford 1:49.92 (2009)
200 IM	Rachael Schaffer 1:57.89 (2011)	Allison Wagner, Florida 1:57.91 (1995)	Ava Ohlgren, Auburn 1:54.97 (2008)	Julia Smit, Stanford 1:52.31 (2010)
400 IM	Rachael Schaffer 4:09.33 (2011)	Allison Wagner, Florida 4:11.24 (1995)	Ava Ohlgren, Auburn 4:03.70 (2009)	Julia Smit, Stanford 3:58.23 (2010)
200 MR	Sparks, Dunnigan, McLean, Kugler 1:41.57 (2009)	Georgia 1:42.15 (1995)	Florida 1:36.22 (2009)	Arizona 1:35.29 (2009)
400 MR	Sparks, Rutqvist, Schaffer, Halligan 3:40.29 (2011)	Georgia 3:43.03 (1995)	Auburn 3:31.28 (2009)	California 3:28.31 (2009)
200 FR	He. Skaggs, VanAssen, Bastak, McHugh 1:30.53 (2004)	Stanford 1:31.12 (1981)	Florida 1:28.15 (2009)	Arizona 1:26.20 (2009)
400 FR	He. Skaggs, VanAssen, McHugh, Bastak 3:19.95 (2004)	Stanford 3:19.70 (1981)	Auburn 3:12.00 (2009)	California 3:09.88 (2009)
800 FR	Olson, Dunnigan, Ch. Thompson, Cl. Thompson 7:15.38 (2009)	Stanford 7:17.60 (1981)	Auburn 6:54.02 (2009)	California 6:52.69 (2009)
1M Diving (6)	Taryn Zack 357.75 (2010)			
1M Diving (12)	Taryn Zack 598.95 (2011)			
3M Diving (6)	Taryn Zack 389.03 (2010)			
3M Diving (12)	Taryn Zack 669.30 (2011)			
Platform Diving	Michelle Davison 562.00 (1999)			

