



# 2018 CAROLINA TRACK & FIELD

## OUTDOOR MEET #11 • 2018 NCAA OUTDOOR CHAMPIONSHIPS

JUNE 6-9, 2018 • HAYWARD FIELD • EUGENE, ORE.

### MEET INFORMATION

#### SOUTH CAROLINA at the NCAA DIVISION I OUTDOOR TRACK & FIELD CHAMPIONSHIPS

**Dates** June 6-9, 2018  
**Facility** Hayward Field  
**Location** Eugene, Ore.

### QUICK FACTS

<b>LOCATION</b>	Columbia, S.C.
<b>FOUNDED</b>	1801
<b>ENROLLMENT</b>	34,099
<b>COLORS</b>	Garnet & Black
<b>NICKNAME</b>	Gamecocks
<b>PRESIDENT</b>	Dr. Harris Pastides
<b>ATHLETICS DIRECTOR</b>	Ray Tanner
<b>HEAD COACH</b>	Curtis Frye
<b>ASSISTANT HEAD COACH</b>	Delethea Quarles
<b>ASSISTANT COACHES</b>	Kevin Brown Mike Sergent Andrew Allden Hadrien Choukroun

#### 2018 MEN'S/WOMEN'S RESULTS

<b>SEC INDOOR</b>	9th / 12th
<b>NCAA INDOOR</b>	t-21st / t-54th
<b>SEC OUTDOOR</b>	12th / 13th

#### 2017 MEN'S/WOMEN'S RESULTS

<b>NCAA OUTDOOR</b>	t-49th / t-52nd
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#### MEDIA RELATIONS CONTACT

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**ASST. AD/MEDIA RELATIONS** Steve Fink

**WEBSITE** GamecocksOnline.com

**TWITTER** @GamecockTrack

### 2018 OUTDOOR SCHEDULE

DATE	EVENT	RESULT
M16-17	Black & Gold Challenge	4 Event Wins
M23-24	Weems Baskin Inv.	10 Event Wins
M29-31	Florida Relays	2 Event Wins
A6-7	Spec Towns Inv.	1 Event Win
A7	Gamecock Inv.	3 Event Wins
A12-14	Tennessee Relays	6 Event Wins
A21	USC Open	18 Event Wins
A26-28	Penn Relays	2 Event Wins
M11-13	SEC Championships* M: 12th   W: 13th	
M24-28	NCAA East Regional*	8 Qualifiers
J6-9	NCAA Championships^	

\* - Knoxville, Tenn. (hosted by Tennessee)

\* - Tampa, Fla. (hosted by USF)

^ - Eugene, Ore. (hosted by Oregon)

### GAMECOCKS COMPETING

<b>ALIYAH ABRAMS</b>	Women's 400m
<b>JOSH AWOTUNDE</b>	Men's Shot Put
<b>LISSA LABICHE</b>	Women's High Jump
<b>YANN RANDRIANASOLO</b>	Men's Long Jump
<b>ROUGUI SOW</b>	Women's Long Jump
<b>NCINCILILI TITI</b>	Men's 200m
<b>WOMENS 4X100m RELAY</b>	
<b>WOMEN'S 4X400m RELAY</b>	

### CHAMPIONSHIP SEASON

The University of South Carolina track & field team reaches the conclusion of the 2018 season this week as it competes at the NCAA Outdoor Championships. Josh Awotunde (shot put), Yann Randrianasolo (long jump) and Ncincilili Titi (200m) represent the Gamecocks on the men's side, while the women's squad will send Aliyah Abrams (400m), Lissa Labiche (high jump) and Rougui Sow (long jump) to nationals, along with 4x100m and 4x400m relays.

### WATCH THE GAMECOCKS ON THE ESPN FAMILY OF NETWORKS

**WEDNESDAY, JUNE 6** - 12:30 p.m. PT • ESPN3 | 4:30 p.m. PT • ESPNU

**THURSDAY, JUNE 7** - 10 a.m. PT • ESPN3 | 4 p.m. PT • ESPN2

**FRIDAY, JUNE 8** - 12:30 p.m. PT • ESPN3 | 5:30 p.m. PT • ESPN

**SATURDAY, JUNE 9** - 11:30 a.m. PT • ESPN3 | 3:30 p.m. PT • ESPN

### GAMECOCK SCHEDULE

#### WEDNESDAY, JUNE 6

TIME (PT)	STUDENT-ATHLETE	EVENT
6 p.m.	Yann Randrianasolo	Long Jump
6:40 p.m.	Josh Awotunde	Shot Put
6:44 p.m.	Ncincilili Titi	200m Prelims

#### THURSDAY, JUNE 7

TIME (PT)	STUDENT-ATHLETE	EVENT
4:02 p.m.	TBD	4x100m Relay Prelims
5:30 p.m.	Aliyah Abrams	400m Prelims
5:30 p.m.	Rougui Sow	Long Jump
7:18 p.m.	TBD	4x400m Relay Prelims

#### FRIDAY, JUNE 8

TIME (PT)	STUDENT-ATHLETE	EVENT
7:07 p.m.	Ncincilili Titi	200m Final

#### SATURDAY, JUNE 9

TIME (PT)	STUDENT-ATHLETE	EVENT
3 p.m.	Lissa Labiche	High Jump
3:32 p.m.	TBD	4x100m Relay Final
4:32 p.m.	Aliyah Abrams	400m Final
5:51 p.m.	TBD	4x400m Relay Final

### GAMECOCK HISTORY AT THE NCAA OUTDOOR CHAMPIONSHIPS

South Carolina reached the pinnacle of collegiate track & field in 2002, when the Gamecock women's program won the NCAA outdoor national championship in Baton Rouge, La. Guided by a collegiate record in the 4x400m relay, Carolina scored 82 points at the 2002 championship, topping UCLA by 10 points.

The national title in 2002 is one of 12-consecutive top-10 finishes earned by the Gamecock women between 1995 and 2006. Carolina tied for second in 2005, finished third in 2003 and 2006 and came in fourth in 2001 at outdoor nationals.

The Gamecock men have placed in the top-10 four times, reaching a high watermark of sixth in 1999, 2002 and 2009.

The women's program has tallied 14 event national titles, the most recent coming in 2015 when Jeannelle Scheper was the high jump winner. Miki Barber and Aleen Bailey were each part of three outdoor NCAA crowns, tops in program history.

The Carolina men's program owns 10 event national championships since 1948, when Norman "Scooter" Rucks made Gamecock history by winning the 400m dash. Brad Snyder broke a 50-year outdoor national drought when he captured the shot put title in 1998. Otukile Lekote and Terrence Trammell were each part of a program-record three outdoor event national championships.



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**ALIYAH  
ABRAMS**

R-SOPHOMORE  
Grayson, Ga.  
Loganville, Ga.

400m

## NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
400m (Q)	5/24	52.53	11th
400m (F)	5/25	52.04	10th

## NCAA CHAMPIONSHIPS CAREER

EVENT	DATE	MARK	NCAA FINISH
INDOORS			
4x400m	3/11/17	3:32.14	<b>9th</b>
OUTDOORS			
400m (Q)	6/9/16	52.33	<b>9th</b>
4x400m (Q)	6/9/16	3:30.44	5th
4x400m (F)	6/1/16	3:29.03	<b>3rd</b>

## 2018 SEC CHAMPIONSHIPS

• Did not compete

## 2018 400m PROGRESSIONS

MEET	DATE	MARK	FINISH
Black & Gold	3/17	52.90	1st
Weems	3/24	53.62	1st
Florida	3/30	52.91	7th
Gamecock	4/7	53.79	1st
Tennessee	4/13	52.78	1st
NCAA East	5/24	52.53	11th
NCAA East	5/25	52.04	10th



**JOSH  
AWOTUNDE**

JUNIOR  
Franklinville, N.J.  
Delsea Regional

Shot Put

## NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
Shot Put	5/26	67-4 3/4	1st

## NCAA CHAMPIONSHIPS CAREER

EVENT	DATE	MARK	NCAA FINISH
INDOORS			
Shot Put	3/10/17	64-6	5th
Shot Put	3/10/18	66-11 1/2	3rd
OUTDOORS			
Shot Put	6/8/16	63-9	7th
Shot Put	6/7/17	60-9 1/4	19th

## 2018 SEC CHAMPIONSHIPS

EVENT	DATE	MARK	SEC FINISH
Shot Put	5/12	68-1 3/4	2nd

## 2018 SHOT PUT PROGRESSIONS

MEET	DATE	MARK	FINISH
Florida	3/31	64-10 3/4	2nd
Tennessee	4/13	65-2 1/4	1st
USC Open	4/21	64-4	1st
Penn Relays	4/27	63-3	3rd
SEC Champ.	5/12	68-1 3/4	2nd
NCAA East	5/26	67-4 3/4	1st







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## LISSA LABICHE

R-SOPHOMORE  
Mahe, Seychelles  
Alliance Francaise

High Jump

### NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
High Jump	5/24	5-10 3/4	1st

### NCAA CHAMPIONSHIPS CAREER

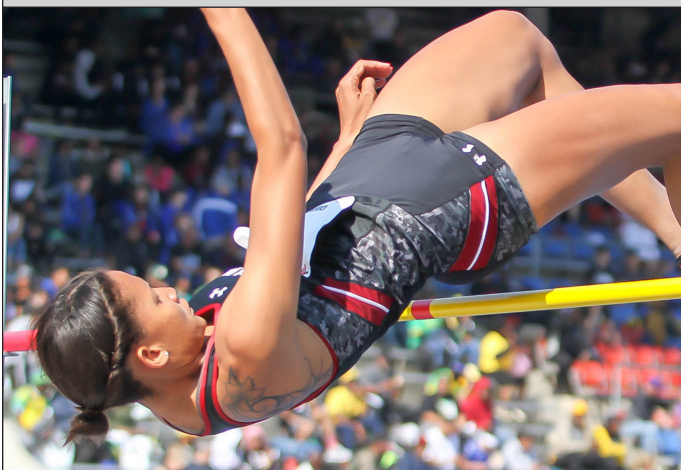
EVENT	DATE	MARK	NCAA FINISH
INDOORS			
High Jump	3/9/18	5-9 1/4	14th

### 2018 SEC CHAMPIONSHIPS

EVENT	DATE	MARK	SEC FINISH
High Jump	5/12	NH	---

### 2018 HIGH JUMP PROGRESSIONS

MEET	DATE	MARK	FINISH
Spec Towns	4/7	5-7 1/4	3rd
Tennessee	4/13	5-11 1/4	2nd
USC Open	4/21	5-10 1/2	1st
Penn Relays	4/28	5-11 1/2	1st
SEC Champ.	5/13	NH	---
NCAA East	5/24	5-10 3/4	1st



## YANN RANDRIANASOLO

SENIOR  
Toulouse, France  
Lycee Bellepierre

Long Jump

### NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
Long Jump	2/24	25-10 3/4	9th

### NCAA CHAMPIONSHIPS CAREER

EVENT	DATE	MARK	NCAA FINISH
INDOORS			
Long Jump	3/9/18	23-8	14th

### 2018 SEC CHAMPIONSHIPS

EVENT	DATE	MARK	SEC FINISH
Long Jump	2/24	25-10 3/4	2nd

### 2018 LONG JUMP PROGRESSIONS

MEET	DATE	MARK	FINISH
Weems	3/23	25-9 1/2	1st
Florida	3/30	F	---
Spec Towns	4/6	25-8 3/4	1st
Tennessee	4/13	26-2 3/4	1st
USC Open	4/21	24-5	1st
Penn Relays	4/27	25-11 1/4	1st
SEC Champ.	5/12	25-10 1/4	6th
NCAA East	5/24	25-8	3rd





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## ROUGUI SOW

**JUNIOR**  
Le Havre, France  
Lycee Porte Oceane

Long Jump

### NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
Long Jump	5/24	20-3 1/2	10th

### NCAA CHAMPIONSHIPS CAREER

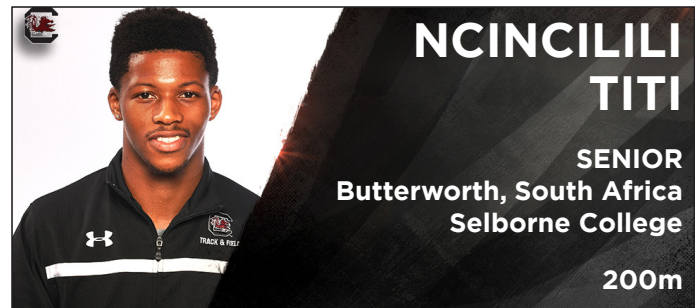
EVENT	DATE	MARK	NCAA FINISH
INDOORS			
Long Jump	3/10/17	21-2 1/2	6th
Long Jump	3/9/18	20-6 1/4	8th
OUTDOORS			
Long Jump	6/8/17	21-2	6th

### 2018 SEC CHAMPIONSHIPS

EVENT	DATE	MARK	SEC FINISH
Long Jump	5/12	21-6 3/4	4th

### 2018 LONG JUMP PROGRESSIONS

MEET	DATE	MARK	FINISH
Weems	3/23	20-10 3/4	1st
Spec Towns	4/6	21-6	4th
Tennessee	4/13	20-9	2nd
SEC Champ.	5/12	21-6 3/4	4th
NCAA East	5/24	20-3 1/2	10th



## NCINCILILI TITI

**SENIOR**  
Butterworth, South Africa  
Selborne College

200m

### NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
200m (Q)	5/25	20.41	14th
200m (F)	5/26	20.27	2nd

### NCAA CHAMPIONSHIPS CAREER

EVENT	DATE	MARK	NCAA FINISH
INDOORS			
200m (Q)	3/12/15	20.89	<b>9th</b>
200m (Q)	3/11/16	21.13	<b>12th</b>
200m (Q)	3/10/17	20.79	6th
200m (F)	3/11/17	21.03	<b>8th</b>
200m (Q)	3/9/18	20.77	7th
200m (F)	3/10/18	20.65	<b>5th</b>
OUTDOORS			
4x100m (Q)	6/8/16	DNF	---
200m (Q)	6/8/16	20.88	<b>16th</b>
4x100m (Q)	6/7/17	39.40	<b>15th</b>
200m (Q)	6/7/17	20.52	<b>11th</b>

### 2018 SEC CHAMPIONSHIPS

EVENT	DATE	TIME	SEC FINISH
200m (Q)	5/11	20.22	1st
200m (F)	5/13	20.42	4th

### 2018 200m PROGRESSIONS

MEET	DATE	TIME	FINISH
Florida	3/30	20.36	1st
Tennessee	4/13	20.59	1st
USC Open	4/21	20.00	1st
SEC Champ.	5/11	20.22	1st
SEC Champ.	5/13	20.42	4th
NCAA East	5/25	20.41	14th
NCAA East	5/26	20.27	2nd





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### WOMEN'S 4x100m

#### RELAY POOL

Aliyah Abrams | Maiya Dendy  
Stephanie Davis | Caitlyn Little  
Tatyana Mills | Milan Parks  
Amecia Pennamon | Makyla Stanley

#### NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
4x100m	5/26	44.02	8th

#### LAST 10 NCAA CHAMPIONSHIPS

YEAR	MARK	NCAA FINISH
2017	44.65	<b>14th</b>
2016 (Q)	44.70	<b>18th</b>
2015	Did not qualify	
2014 (Q)	44.54	<b>12th</b>
2013 (Q)	44.84	<b>11th</b>
2012 (Q)	45.48	<b>21st</b>
2011 (Q)	43.72	<b>10th</b>
2010 (Q)	44.52	<b>10th</b>
2009 (Q)	43.85	4th
2009 (F)	43.41	<b>3rd</b>
2008 (Q)	44.48	7th
2008 (F)	44.04	<b>4th</b>

#### 2018 4x100m RELAY PROGRESSIONS

MEET	DATE	TIME	FINISH
Black & Gold	3/17	44.90	2nd
Parks, Dendy, Stanley, Pennamon			
Weems	3/24	45.75	4th
Parks, Dendy, Stanley, Pennamon			
Weems	3/24	47.24	11th
Sow, Mills, Little, Oluwole			
Florida	3/31	45.69	18th
Little, Parks, Stanley, Pennamon			
Gamecock	4/7	46.26	2nd
Little, Parks, Stanley, Pennamon			
Tennessee	4/14	45.61	5th
Stanley, Pennamon, Parks, Mills			
USC Open	4/21	45.73	1st
Stanley, Dendy, Parks, Pennamon			
USC Open	4/21	46.33	2nd
Abrams, Davis, Little, Mills			
Penn Relays	4/26	45.95	14th
Abrams, Davis, Parks, Pennamon			
Penn Relays	4/27	46.04	4th
Davis, Mills, Parks, Pennamon			
SEC Champ.	5/13	44.49	8th
Dendy, Davis, Mills, Pennamon			
NCAA East	5/26	44.02	8th
Dendy, Davis, Parks, Stanley			



### WOMEN'S 4x400m

#### RELAY POOL

Aliyah Abrams | Stephanie Davis  
Jordan Fields | Briana Haith  
Precious Holmes | Tatyana Mills  
Amecia Pennamon

#### NCAA EAST REGIONAL RESULTS

EVENT	DATE	MARK	FINISH
4x400m	5/26	3:33.22	7th

#### LAST 10 NCAA CHAMPIONSHIPS

YEAR	MARK	NCAA FINISH
2017	Did not qualify	
2016 (Q)	3:30.44	5th
2016 (F)	3:29.03	<b>3rd</b>
2015	Did not qualify	
2014 (Q)	3:36.09	<b>16th</b>
2013	Did not qualify	
2012 (Q)	3:31.60	<b>10th</b>
2011 (Q)	3:36.57	<b>18th</b>
2010 (Q)	3:40.72	<b>18th</b>
2009 (Q)	3:33.98	6th
2009 (F)	3:34.70	<b>8th</b>
2008 (Q)	3:31.34	6th
2008 (F)	3:30.78	<b>3rd</b>

#### 2018 4x400m RELAY PROGRESSIONS

MEET	DATE	TIME	FINISH
Black & Gold	3/17	3:40.11	3rd
Holmes, Davis, Mills, Abrams			
Weems	3/24	3:39.95	1st
Abrams, Holmes, Davis, Mills			
Florida	3/31	3:47.17	7th
Abrams, Mills, Fields, Pennamon			
USC Open	4/21	3:52.00	1st
Davis, Holmes, Mills, Haith			
Penn Relays	4/26	3:45.89	13th
Holmes, Davis, Fields, Mills			
Penn Relays	4/27	3:37.30	1st
Davis, Holmes, Mills, Haith			
SEC Champ.	5/13	DQ	---
Davis, Holmes, Mills, Haith			
NCAA East	5/26	3:33.22	7th
Davis, Abrams, Mills Holmes			

# ALL-TIME SOUTH CAROLINA MEN'S RECORDS

## INDOOR

### 55-METER DASH

1.	Terrence Trammell.....	1999	6.12
2.	Corey Bridges.....	1998	6.15
3.	Adrian Durant.....	2004	6.23
4.	Damiere Byrd.....	2012	6.24
	Johnathan Hancock.....	2009	
6.	Clint Crenshaw.....	1999	6.26
7.	Andre Totton.....	2002	6.27
8.	Shamus Singletary.....	2001	6.28
9.	David Winters.....	2016	6.29
	Marcus Robinson.....	1996	
10.	<b>Ncincilili Titi.....</b>	<b>2016</b>	<b>6.30</b>
	Chris Royster.....	2012	
	Lamar Markett.....	2008	

### 60-METER DASH

(Started in 1996)

1.	Terrence Trammell.....	2000	6.54
2.	Corey Bridges.....	1997	6.61
3.	Johnathan Hancock.....	2009	6.63
4.	Kendall Kee.....	2014	6.65
5.	Damiere Byrd.....	2013	6.66
	David Winters.....	2016	6.66
7.	<b>Ncincilili Titi.....</b>	<b>2018</b>	<b>6.69</b>
8.	Duan Barrino.....	2002	6.71
	Pap Howard.....	2001	
10.	Corey Taylor.....	2003	6.72
	Marcus Robinson.....	1996	

### 200-METER DASH

1.	Rodney Martin.....	2005	20.38
2.	<b>Ncincilili Titi.....</b>	<b>2018</b>	<b>20.45</b>
3.	David Winters.....	2016	20.61
4.	Antonio Sales.....	2008	20.83
5.	Pap Howard.....	2001	20.84
6.	Andre Totton.....	2001	20.90
7.	Leroy Dixon.....	2006	21.01
8.	Marcus Robinson.....	1996	21.14
9.	Duan Barrino.....	2002	21.22
10.	James Law.....	2002	21.25

### 400-METER DASH

1.	Jonathan Fortenberry.....	2003	46.19
2.	Otis Harris.....	2002	46.28
3.	Jimmie Hackley.....	1999	46.49
4.	Obakeng Ngwigwa.....	2010	46.54
5.	Keith Hinnant.....	2006	46.76
6.	Clayton Gravesande.....	2013	46.81
7.	Jussi Heikkila.....	2008	47.09
8.	Tony Rambo.....	1979	47.14
9.	Ray Miley.....	2007	47.18
10.	Quentin Moore.....	2007	47.24

### 800-METER RUN

1.	Otukile Lekote.....	2001	1:46.13
2.	Marvin Watts.....	1997	1:47.73
3.	Adrian Bonner.....	1995	1:48.13
4.	<b>Otis Jones.....</b>	<b>2018</b>	<b>1:48.96</b>
5.	William Emase.....	2005	1:50.06
6.	Jim Schaper.....	1974	1:50.58
7.	Kevin Keating.....	2015	1:50.59
8.	Shawn Cunningham.....	2004	1:50.99
9.	Johnny Baez.....	2007	1:51.56
10.	Chris Swartz.....	1995	1:51.90

### 1,000-METER RUN

1.	Bob Kaczka.....	1969	2:25.00
2.	Jim Schaper.....	1974	2:26.85
3.	Drew Ricci.....	2014	2:27.65
4.	Kevin Keating.....	2015	2:28.27
5.	Tim Colas.....	1982	2:28.90
6.	LaMonte Pennington.....	1998	2:29.30
7.	Alex Sullivan.....	2015	2:29.39
8.	Adrian Bonner.....	1993	2:29.60
9.	Bob Crombie.....	1965	2:29.80
10.	Tom Cronin.....	1993	2:30.10

### MILE RUN

1.	Robert Razick.....	2013	4:06.47
2.	Tim Colas.....	1982	4:08.03
3.	Tom Cronin.....	1993	4:08.09
4.	Jim Schaper.....	1974	4:10.84
5.	William Emase.....	2004	4:12.38
6.	Bill Latham.....	1959	4:12.64
7.	Johnny Baez.....	2007	4:14.22
8.	Otukile Lekote.....	2001	4:15.04
9.	Keith Gorski.....	1992	4:16.01

### 3,000-METER RUN

1.	Robert Razick.....	2013	8:16.00
2.	Bob Day.....	1975	8:18.14
3.	Andy Foster.....	1989	8:22.46
4.	Mike Hedgecock.....	1990	8:23.75
5.	Tom Cronin.....	1992	8:25.71
6.	Paul Laymon.....	1993	8:27.14
7.	Steve Mance.....	2005	8:28.97
8.	Keith Gorski.....	1992	8:30.00

### 5,000-METER RUN

1.	Keith Gorski.....	1992	14:25.58
2.	Bob Day.....	1976	14:27.54
3.	Steve Mance.....	2005	14:36.36
4.	Drew Trusty.....	2016	14:43.24
5.	Paul Laymon.....	1992	14:50.15
6.	Mark Cruz.....	1994	14:53.64
7.	Eric Roschick.....	1995	15:04.13
8.	Daniel Smoak.....	2010	15:12.28
9.	Jerred Haag.....	1994	15:18.10
10.	<b>Carson Strom.....</b>	<b>2018</b>	<b>15:23.55</b>

### 55-METER HURDLES

1.	Terrence Trammell.....	1999	6.94
2.	Stanislavs Olijars.....	1999	7.18
	Jason Richardson.....	2007,08	
4.	Thomas Hilliard, IV.....	2007	7.23
5.	Corey Taylor.....	2003	7.24
6.	Terry Winston.....	1994	7.27
7.	Frank Mensah.....	1995	7.30
	Kenneth Ferguson.....	2003	
	Fred Townsend.....	2004	
10.	Johnny Dutch.....	2010	7.31

### 60-METER HURDLES

(Started in 1996)

1.	Terrence Trammell.....	1999	7.52
2.	Jason Richardson.....	2008	7.53
3.	Booker Nunley.....	2010	7.58
4.	Stanislavs Olijars.....	1999	7.65
5.	Kenneth Ferguson.....	2003	7.67
	Corey Taylor.....	2003	
7.	Dondre Echols.....	2016	7.69
8.	Johnny Dutch.....	2009	7.71
9.	Thomas Hilliard.....	2007	7.74
10.	Jermaine Collier.....	2015	7.76

### HIGH JUMP

1.	<b>Tye Williams.....</b>	<b>2018</b>	<b>7-2 1/2</b>
2.	David Wilkins.....	2011	7-2 1/4
3.	Paul Wichern.....	1989	7-2
4.	Fred Townsend.....	2004	7-1
5.	Steve Wilson.....	1976	7-0
6.	Steve Owens.....	1992	6-11
7.	Art Henson.....	1992	6-11

### POLE VAULT

1.	Marvin Reitze.....	2012	18-0 1/2
	Chris Streddum.....	2004	
3.	Elliott Haynie.....	2010	17-7 3/4
4.	Patrick Tvarkunas.....	2000	17-7
5.	Matt Shuler.....	2011	17-6 1/2
6.	Dan McKenzie.....	2007	17-0 3/4
	Simon Gyllensten.....	2016	17-0 3/4
8.	Dale Gerek.....	1989	17-0
9.	Jared Farabee.....	2002	16-10 3/4
	Armand Woodley.....	2018	16-10 3/4
10.	Greg Royster.....	2003	16-8 3/4

### LONG JUMP

1.	Tony Allmond.....	2004	26-6 1/4
2.	Phillipe Williams.....	1990	26-3
3.	Jarrod Hutchen.....	2012	26-1 3/4
4.	Greig Cryer.....	2006	26-0
5.	<b>Yann Randrianasolo.....</b>	<b>2018</b>	<b>25-10 3/4</b>
6.	Michael Wamer.....	2016	24-4 1/4
7.	Isaiah Moore.....	2015	24-2 1/2
8.	Fred Townsend.....	2004	24-0
9.	Titus Briggs.....	1976	23-9 1/4
10.	Alexandre Asselin.....	2014	23-9

### TRIPLE JUMP

1.	Greig Cryer.....	2006	52-5 1/4
2.	Michael Wamer.....	2017	52-1
3.	Lincoln Carr.....	2011	51-5
4.	Marcus Sutton.....	1993	51-4 1/2
5.	Dorian Johnson.....	2012	49-11
6.	Derek Pressley.....	2008	49-10
7.	Ron Adams.....	1976	
8.	Tony Allmond.....	2003	49-7 1/4
9.	Roderic Dubose.....	1992	48-5 1/2

### SHOT PUT

1.	<b>Josh Awotunde.....</b>	<b>2018</b>	<b>69-11 3/4</b>
2.	Brad Snyder.....	1998	66-8
3.	Kevin Mannon.....	1997	63-7 1/2
4.	Jason Cook.....	2009	61-11
5.	Jeff Shalayda.....	1997	60-8 1/2

### 35-POUND WEIGHT

1.	Ryan Harrison.....	1999	73-6
2.	Ron Willis.....	1994	72-1 1/4
3.	Bert Sorin.....	1999	72-1
4.	Brett Murray.....	1994	69-10 3/4
5.	Michael Zajac.....	2011	69-9 1/2
6.	Kevin Mannon.....	1997	69-6 3/4
7.	Brook Antonio.....	2006	68-2 1/2

### 4X400-METER RELAY

1.	Fortenberry, Lekote, Harris, Pressley.....	2002	3:05.90
2.	Moore, Dutch, Ngwigwa, Anderson.....	2009	3:06.11
3.	Howard, Lekote, Harris, Pressley.....	2001	3:06.43
4.	Hinnant, Hilliard, Miley, Moore.....	2007	3:06.84
5.	Hinnant, James, Luster, Richardson.....	2005	3:06.87

### DISTANCE MEDLEY RELAY

1.	Bonner, Swartz, Towle, Cronin.....	1995	9:43.26
2.	Hoffman, Hilliard, Cunningham, Emase.....	2005	9:56.46
3.	DePiano, Walker, Gaither, Razick.....	2012	9:59.81
4.	Swartz, Watts, Towle, Cronin.....	1995	10:00.59
5.	Johnson, Coleman, Drosky, Murphy.....	1984	10:01.60
6.	Leyh, James, Fortenberry, Baez.....	2007	10:02.98

### HEPTATHLON (Since 2002)\*

1.	Fred Townsend.....	2004	5,581
2.	Markus Leemet.....	2015	5,459
3.	Scott Pierce.....	2009	5,325
4.	Greg Royster.....	2004	5,293
5.	Curt McGill.....	2009	5,292
6.	Alexandre Asselin.....	2016	5,273
7.	<b>Simon Gyllensten.....</b>	<b>2018</b>	<b>5,155</b>
8.	Eddie Stoudenmire.....	2009	5,016
9.	Jerry Thompson III.....	2011	4,968
10.	Chris Sharp.....	2012	4,944

- Denotes current student-athlete(s)
- Marks set in 2018 are *Italicized*
- \* - Mark Set in International Competition

# ALL-TIME SOUTH CAROLINA MEN'S RECORDS

## OUTDOOR

### 100-METER DASH

1.	Terrence Trammell	2000	10.04
2.	Andre Totton	2001	10.12w
3.	Corey Bridges	1996	10.13
4.	<b>Ncincilili Titi</b>	<b>2018</b>	<b>10.16w</b>
5.	Chris Royster	2013	10.17w
6.	Leroy Dixon	2005	10.19
7.	David Winters	2017	10.20
8.	Marcus Robinson	1996	10.21
9.	Rodney Martin	2005	10.25
10.	Pap Howard	2001	10.27

### 200-METER DASH

1.	<b>Ncincilili Titi</b>	<b>2018</b>	<b>20.00</b>
2.	Rodney Martin	2005	20.34
3.	Leroy Dixon	2006	20.44
4.	Terrence Trammell	1999	20.45
5.	Pap Howard	2001	20.47
6.	David Winters	2017	20.53
7.	Antonio Sales	2010	20.54
8.	Obakeng Ngwigwa	2010	20.56
9.	Andre Totton	2001	20.58
10.	Marcus Robinson	1996	20.63

### 400-METER DASH

1.	Otis Harris	2003	44.57
2.	Jimmie Hackley	2000	45.64
3.	Jonathan Fortenberry	2002	45.67
4.	Clayton Gravesande	2012	45.93
5.	Obakeng Ngwigwa	2010	46.09
6.	Otukile Lekote	2001	46.12
7.	Quentin Moore	2008	46.18
8.	Jamil James	2007	46.28
9.	Ray Miley	2007	46.31
10.	Eddie Miller	1988	46.35

### 800-METER RUN

1.	Otukile Lekote	2001	1:44.47
2.	Marvin Watts	1998	1:47.74
3.	<b>Otis Jones</b>	<b>2018</b>	<b>1:47.83</b>
4.	Bob Kaczka	1970	1:48.01
5.	Adrian Booner	1995	1:48.13
6.	William Emase	2005	1:48.23
7.	Jim Schaper	1972	1:48.71
8.	John Brown	1974	1:49.94
9.	Johnny Baez	2006	1:50.03
10.	Chris Swartz	1993	1:50.29

### 1,500-METER RUN

1.	Jim Schaper	1974	3:42.48
2.	Tim Colas	1982	3:44.79
3.	Alan Drosky	1984	3:45.79
4.	Halston Taylor	1976	3:47.14
5.	Bob Crumbie	1965	3:48.24
6.	Tom Howe	1987	3:48.90
7.	William Emase	2003	3:49.07
8.	Tom Cronin	1993	3:49.12
9.	Robert Razick	2012	3:49.84
10.	Frank Murno	1978	3:50.24

### 5,000-METER RUN

1.	Tom Howe	1987	14:06.54
2.	Ken Castello	1987	14:13.24
3.	Bob Day	1975	14:16.14
4.	Paul Laymon	1992	14:29.40
5.	Jim Carey	1978	14:30.24
6.	Tim Colas	1983	14:32.54
7.	Mike Hedgecock	1990	14:33.20
8.	Keith Gorski	1993	14:35.40
9.	Rob Devlin	1986	14:41.74
10.	Jim Karcanes	1991	14:41.90

### 10,000-METER RUN

1.	Rob Devlin	1986	30:05.24
2.	Leon Cook	1976	30:12.86
3.	Keith Gorski	1992	30:23.88
4.	Mark Cruz	1994	30:29.89
5.	Paul Laymon	1989	30:52.20
6.	Andy Bredfield	1990	31:09.05
7.	Ted Fort	1990	31:17.70
8.	<b>Carson Strom</b>	<b>2018</b>	<b>31:21.30</b>
9.	Greg Wimer	1985	31:26.24
10.	Mike Hedgecock	1991	31:27.50

### 110-METER HURDLES

1.	Terrence Trammell	2000	13.19
2.	Jason Richardson	2008	13.21
3.	Johnny Dutch	2010	13.30w
4.	Booker Nunley	2009	13.32
5.	Dondre Echols	2016	13.35w
6.	<b>Isaiah Moore</b>	<b>2017</b>	<b>13.47</b>
7.	Kenneth Ferguson	2003	13.53
8.	Jermaine Collier	2016	13.61
9.	Thomas Hilliard	2007	13.70
10.	Corey Taylor	2003	13.72

### 400-METER HURDLES

1.	Johnny Dutch	2010	47.63
2.	Kenneth Ferguson	2003	48.79
3.	Tony Rambo	1982	48.90
4.	Jussi Heikkila	2008	49.39
5.	Thomas Hilliard	2007	49.63
6.	Jussi Kanervo	2015	49.66*
7.	Jason Richardson	2006	49.82
8.	Anthony Bennon	1987	50.04
9.	David Arnold	1990	50.80
10.	Jermaine Collier	2014	50.96

### 3,000-METER STEEPLECHASE

1.	Andy Foster	1988	8:57.96
2.	Tom Cronin	1995	9:00.58
3.	Leon Cook	1977	9:01.44
4.	Mike Hedgecock	1989	9:03.79
5.	Brad Herbster	1991	9:08.57
6.	Paul Laymon	1993	9:10.90
7.	Max Minter	1981	9:13.04
8.	Mike Costello	1985	9:14.11
9.	Jered Haag	1994	9:16.97
10.	Steve Mance	2005	9:24.07

### 4X100-METER RELAY

1.	Crenshaw, Trammell	2000	38.45
	Hackley, Howard		
2.	Crenshaw, Trammell	1999	38.92
	Mays, Price		
3.	Kee, Royster	2014	38.98
	Winfrey, Sanders		
4.	Barrino, Law	2002	39.01
	Totton, Taylor		
5.	Carter, Sales	2010	39.07
	Moore, Ngwigwa		
6.	Trammell, Bridges	1998	39.08
	Dempers, Price		
7.	Hancock, Sales	2009	39.09
	Moore, Ngwigwa		
8.	<b>Lewis, Winters</b>	<b>2017</b>	<b>39.12</b>
	<b>Bermudez, Titi</b>		
9.	Totton, Howard	2001	39.19
	Crenshaw, Taylor		
10.	Trammell, Price	1998	39.27
	Dempers, Williams		
	Hancock, Sales	2008	39.37
	Moore, Markett		

### 4X200-METER RELAY

1.	Ngwigwa, Sales	2009	1:21.60
	Moore, Anderson		
2.	<b>Bermudez, Collier</b>	<b>2016</b>	<b>1:21.93</b>
	<b>Titi, Winters</b>		
3.	USC A	1999	1:21.94
4.	<b>Singleton, Winters</b>	<b>2017</b>	<b>1:22.01</b>
	<b>Bermudez, Titi</b>		
5.	<b>Winters, Lewis</b>	<b>2016</b>	<b>1:22.38</b>
	<b>Titi, Bermudez</b>		
6.	<b>Singleton, Winters</b>	<b>2017</b>	<b>1:22.48</b>
	<b>Lewis, Titi</b>		
7.	Ngwigwa, Sales	2010	1:22.69
	Carter, Dutch		
8.	Carter, Royster	2012	1:22.76
	Winfrey, Gravesande		
9.	Walker, Echols	2015	1:22.80
	Lewis, Chiles		
10.	Royster, Sales	2011	1:22.83
	Gravesande, Maxwell		

### 4X400-METER RELAY

1.	Law, Lekote	2002	3:02.16
	Harris, Fortenberry		
2.	Ferguson, Lekote	2003	3:02.86
	Fortenberry, Harris		
3.	Dutch, Ngwigwa	2009	3:02.88
	Anderson, Moore		
4.	Gravesande, Echols	2015	3:03.13
	Winfrey, Bermudez		
5.	Ngwigwa, Dutch	2010	3:03.58
	Anderson, Moore		
6.	Moore, Hilliard	2007	3:03.86
	James, Miley		
7.	Ngwigwa, Richardson	2009	3:03.89
	Dutch, Anderson		
8.	Law, Howard	2001	3:04.36
	Lekote, Harris		
9.	Ngwigwa, Dutch	2009	3:04.49
	Moore, Richardson		
10.	Hinnant, Hilliard	2006	3:04.62
	James, Richardson		

### 4X800-METER RELAY

1.	Sheley, J. Brown	1974	7:24.94
	D. Brown, J. Schaper		
2.	Towle, Watts	1995	7:26.41
	Cronin, Bonner		
3.	Towle, Swaetz	1994	7:28.50
	Goodwin, Bonner		
4.	Cronin, Kerns	1993	7:32.69
	Swartz, Bonner		
5.	Howe, Peddie	1968	7:34.74
	Kaczka, Eidson		

### 4X1500-METER RELAY

1.	Bahura, Haire	1987	15:56.35
	Foster, Howe		
2.	Cronin, Robinson	1991	15:57.99
	Karcanes, Herbster		
3.	Robinson, Hart	1989	15:59.61
	Hedgecock, Foster		
4.	Karcanes, Herbster	1991	16:00.90
	Robinson, Hedgecock		
5.	Hart, Laymon	1989	16:01.03
	Hedgecock, Foster		

# ALL-TIME SOUTH CAROLINA MEN'S RECORDS

## SPRINT MEDLEY RELAY

1.	Price, Trammell.....	1998	3:13.00
	Dempers, Watts		
2.	USC A - Lekote.....	2001	3:13.58
3.	Barrino, Harris.....	2002	3:16.25
	Pressley, Lekote		
4.	Durant, Martin.....	2005	3:19.15
	Richardson, Emase		
5.	USC A - Lekote.....	2003	3:19.82
6.	Small, Eidson.....	1974	3:20.04
	Harris, Kaczka		
7.	Robinson, Williams.....	1997	3:20.18
	Price, Watts		
8.	Griddine, Coleman.....	1984	3:20.89
	Rhodes, Drosky		
9.	Bennon, Taylor.....	1986	3:21.24
	Patterson, Taylor		
10.	<b>Singleton, Howard.....</b>	<b>2018</b>	<b>3:21.84</b>
	<b>Robbins, Jones</b>		

## DISTANCE MEDLEY RELAY

1.	D. Brown, Reid.....	1974	9:39.34
	J. Brown, Schaper		
2.	Cronin, Wats.....	1995	9:46.01
	Bonner, Towle		
3.	Bonner, Kerns.....	1993	9:52.91
	Swartz, Cronin		
4.	USC.....	1976	9:59.50
5.	Towle, Goodwin.....	1994	10:04.20
	Swartz, Cronin		
6.	Kerns, Love.....	1991	10:12.02
	Bonner, Cronin		

## SHUTTLE HURDLE RELAY

1.	Taylor, Townsend.....	2003	53.94
	Ryan, Ferguson		
2.	Dutch, Nunley.....	2009	55.47
	Stoudemire, Richardson		
3.	<b>Echols, Collier.....</b>	<b>2015</b>	<b>55.53</b>
	<b>Kanervo, Moore</b>		
4.	Anderson, Johnson.....	2000	56.28
	Taylor, Trammell		
5.	Mensah, Owens.....	1993	56.31
	Phillips, Winston		
6.	Mensah, Winston.....	1994	56.59
	Phillips, Owens		
7.	<b>Echols, Collier.....</b>	<b>2016</b>	<b>56.63</b>
	<b>Moore, Asselin</b>		

## HIGH JUMP

1.	<b>Tye Williams.....</b>	<b>2017</b>	<b>7-4 1/2</b>
2.	Paul Wiechern.....	1988	7-3 1/4
3.	Gus Kirkland.....	1981	7-2 3/4
4.	Steve Wilson.....	1977	7-1 3/4
5.	Marve Johnson.....	1983	7-1
6.	Fred Townsend.....	2001	7-1
7.	David Wilkins.....	2011	7-0 1/2
8.	Lee Hughes.....	1999	7-0 1/4
9.	Art Henson.....	1992	6-11
10.	Steve Owens.....	1991	6-10 3/4
	Phillipe Williams	1991	

## POLE VAULT

1.	Marvin Reitze.....	2012	18-1
2.	Elliott Haynie.....	2009	17-10 1/2
3.	Chris Steddum.....	2002	17-7 3/4
4.	Dale Gerke.....	1988	17-5 1/2
5.	<b>Armand Woodley.....</b>	<b>2018</b>	<b>17-4 1/2</b>
	Matt Shuler	2011	17-4 1/2
7.	Darren Davis.....	1988	17-1 3/4
8.	Dan McKenzie.....	2006	17-0 3/4
9.	Jarad Farabee.....	2002	16-11
10.	Patrick Tvarkunas.....	1999	16-10 3/4

## LONG JUMP

1.	Tony Allmond.....	2004	27-4 3/4w
2.	<b>Yann Randrianasolo.....</b>	<b>2018</b>	<b>26-2 3/4</b>
3.	Jarrod Hutchen.....	2012	26-1 3/4w
4.	Greig Cryer.....	2006	25-9 1/4
5.	Rolando Adams.....	1979	25-7
6.	Phillipe Williams.....	1991	25-2
7.	Peter Edeh.....	1984	25-1
	Sam Scott.....	1982	
9.	Anthony Wood.....	1982	24-9 3/4
10.	Ronn Adams.....	1976	24-8 1/2

## TRIPLE JUMP

1.	Michael Wamer.....	2015	54-0 1/2
2.	Ron Adams.....	1975	52-2
3.	Derek Pressley.....	2007	51-10 1/2
4.	Lincoln Carr.....	2011	51-4 1/2
5.	Marcus Sutton.....	1993	51-4 1/4
6.	Greig Cryer.....	2006	51-4
7.	Berle Stocks.....	1976	50-9
8.	James Wilson.....	1982	50-8
9.	Wade Brantley.....	1988	50-6 1/2
10.	Dorian Johnson.....	2012	50-6

## SHOT PUT

1.	<b>Josh Awotunde.....</b>	<b>2018</b>	<b>68-1 3/4</b>
2.	Brad Snyder.....	1999	67-3 1/2
3.	Jason Cook.....	2009	63-7 1/2
4.	Kevin Mannon.....	1997	62-6 3/4
5.	<b>Ben Bonhurst.....</b>	<b>2017</b>	<b>61-7</b>
6.	<b>Eric Favors.....</b>	<b>2018</b>	<b>61-5 1/2</b>
7.	Ron Yarab.....	1981	61-2 1/2
8.	Ron Willis.....	1994	61-0 3/4
9.	Jeff Shalayda.....	1996	60-7 3/4
10.	Jim Mitchell.....	2006	57-7

## DISCUS

1.	Ryan Harrison.....	1999	196-10
2.	Brett Murray.....	1994	194-11
3.	Brad Snyder.....	1999	192-7
4.	Art Swartz.....	1966	192-3
5.	<b>Josh Awotunde.....</b>	<b>2017</b>	<b>191-11</b>
6.	Chad Moreau.....	1995	189-0
7.	Kevin Mannon.....	1997	188-4
8.	Ron Willis.....	1994	187-3
9.	Brook Antonio.....	2006	183-4
10.	Jeff Merkt.....	2009	176-8

## HAMMER

1.	John Stoikos.....	1995	222-4
2.	Clarence Gallop.....	2017	220-11
3.	Bert Sorin.....	1999	219-10
4.	Kevin Mannon.....	1997	217-1
5.	Ron Willis.....	1994	214-11
6.	Michael Zajac.....	2010	211-0
7.	Brett Murray.....	1995	209-3
8.	Ryan Harrison.....	1999	208-6
9.	Mattias Ohlsson.....	1997	208-1
10.	Tyler Trout.....	2007	204-2

## JAVELIN (OLD)

1.	Lou DeChicchio.....	1975	242-5
2.	Tom Chapman.....	1974	226-6
3.	Ron Yarab.....	1981	224-0
4.	Dick Bartulski.....	1956	217-8
5.	John Madden.....	1981	216-0
6.	Mike Cauley.....	1971	212-6
7.	Don Brown.....	1965	209-9
8.	James Jenkins.....	1967	202-10
9.	Eric Eversole.....	1983	185-0

## JAVELIN (NEW)

1.	Joshua Suttmeier.....	2012	238-6
2.	Jason LaBarbera.....	1997	237-4
3.	Kaleb Zuidema.....	2016	233-2
4.	Erik Heymann.....	2007	223-7
5.	Derek McMillian.....	1994	215-11
6.	Patrick Keegan.....	1988	212-8
7.	Joe Schroeder.....	2007	207-6
8.	Scott Alsup.....	2003	206-2
9.	Garry Martin.....	2003	199-6
10.	Phillipe Williams.....	1990	198-10

## DECATHLON

1.	<b>Markus Leemet.....</b>	<b>2017</b>	<b>7,720</b>
2.	Phillipe Williams.....	1990	7,598
3.	Wade Brantley.....	1988	7,406
4.	Fred Townsend.....	2003	7,345
5.	Alexandre Asselin.....	2016	7,219
6.	Scott Pierce.....	2010	7,056
7.	Steve Owens.....	1995	7,051
8.	Eddie Stoudemire.....	2010	6,858
9.	CJ Anderson.....	2000	6,817
10.	Greg Royster.....	2006	6,776

- Denotes current student-athlete(s)
- Marks set in 2018 are *Italicized*
- \* - Mark Set in International Competition
- w - Wind-aided mark



# ALL-TIME SOUTH CAROLINA WOMEN'S RECORDS

## INDOOR

### 55-METER DASH

1. Amberly Nesbitt.....	2006	6.72
2. Shalonda Solomon.....	2006	6.73
3. LaKya Brookins.....	2009	6.76
4. Miki Barber.....	2003	6.82
5. Shayla Mahan.....	2009	6.83
Aleen Bailey.....	2002	
Erica Whipple.....	2002	
8. Mechelle Lewis.....	2000	6.84
9. Tatianna Fisher.....	2010	6.89
Gabby Glenn.....	2010	

### 60-METER DASH

1. LaKya Brookins.....	2011	7.09
2. Amberly Nesbitt.....	2006	7.21
Shalonda Solomon.....	2006	
4. Shayla Mahan.....	2009	7.23
Aleen Bailey.....	2003	
6. Lisa Barber.....	2000	7.28
7. Gabrielle Glenn.....	2008	7.32
8. Khalilah Carpenter.....	2005	7.33
Mechelle Lewis.....	2000	
10. Kanisa Williams.....	2001	7.34

### 200-METER DASH

1. Shalonda Solomon.....	2006	22.57
2. Aleen Bailey.....	2003	23.03
3. Miki Barber.....	2000	23.06
4. Lisa Barber.....	2002	23.08
5. Erica Whipple.....	2002	23.13
6. Khalilah Carpenter.....	2005	23.29
7. Demetria Washington.....	2001	23.33
8. Natasha Hastings.....	2007	23.39
9. Stephanie Smith.....	2004	23.41
10. Amberly Nesbitt.....	2006	23.43

### 400-METER DASH

1. Natasha Hastings.....	2007	50.80
2. Lashinda Demus.....	2004	51.59
3. Miki Barber.....	2000	51.92
4. Demetria Washington.....	2001	52.06
5. Brandi Cross.....	2008	52.12
6. Erika Rucker.....	2013	52.22
7. Briana Haith.....	2016	52.34
8. Tiffany Ross.....	2005	52.43
9. Stephanie Smith.....	2004	52.44
10. Shevon Stoddart.....	2005	52.55

### 800-METER RUN

1. Shay Shelton.....	2006	2:06.05
2. Charmaine Howell.....	1998	2:06.13
3. Tawana Watkins.....	2003	2:08.27
4. Kristina Brown.....	1999	2:08.77
5. Shannon Wyont.....	1990	2:09.30
6. Andrea Hallmon.....	2001	2:10.39
7. Anna Todd.....	2013	2:10.61
8. Boikhutso Ramomene.....	2004	2:10.71
9. Lisa Zimmer.....	2013	2:11.00
10. Tracey Capper.....	1996	2:11.25

### 1,000-METER RUN

1. Anna Todd.....	2015	2:50.51
2. Irene Vian.....	2016	2:51.52
3. <b>Allie Mueller.....</b>	<b>2018</b>	<b>2:57.67</b>
4. Scolastica Jpngetich.....	2011	2:57.81
5. Liz Figlar.....	1993	2:57.84
6. Tracey Capper.....	1993	2:58.90
7. Dana Purser.....	1990	3:00.34
8. Marielle Bertrand.....	1993	3:00.40
9. Kristina Brown.....	2000	3:00.60
10. Laura Pramstaller.....	2011	3:01.57

### MILE RUN

1. Tracey Capper.....	1996	4:43.90
2. Dani Barnes.....	2009	4:47.19
3. Anna Todd.....	2015	4:49.46
4. <b>Allie Mueller.....</b>	<b>2018</b>	<b>4:52.45</b>
5. Meredith Mill.....	2012	4:54.73
6. Jenny Lake.....	2003	4:55.10
7. Sue McGhie.....	1992	4:56.89
8. Danielle Adams.....	1992	4:57.10
9. Liz Figlar.....	1995	4:57.59
10. Ivana Skadana.....	1998	4:58.37

### 3,000-METER RUN

1. Beatrice Biwott.....	2011	9:39.97
2. Jenny Lake.....	2005	9:41.35
3. Dani Barnes.....	2009	9:44.55
4. Anna Todd.....	2015	9:53.82
5. Sue McGhie.....	1992	9:54.72
6. Tracy Capper.....	1994	9:56.09
7. Chelsea France.....	2013	9:55.90
8. Liz Figlar.....	1995	9:56.13
9. Lisa Monti.....	1994	9:58.19
10. Danielle Adams.....	1992	9:58.60

### 5,000-METER RUN

1. Kayla Lampe.....	2013	16:19.02
2. Sue McGhie.....	1992	16:54.61
3. Jenny Lake.....	2004	17:03.45
4. Mary Reiser.....	2014	17:07.81
5. Beatrice Biwott.....	2010	17:13.30
6. Mary Fouse.....	2013	17:14.85
7. <b>Colleen Openshaw.....</b>	<b>2018</b>	<b>17:27.66</b>
8. Danielle Adams.....	1994	17:29.47
9. Wilma DePiere.....	1991	17:29.94
10. <b>Kaylee Wessel.....</b>	<b>2018</b>	<b>17:31.78</b>

### 55-METER HURDLES

1. Kierre Beckles.....	2012	7.55
2. Ronnetta Alexander.....	2006	7.60
Jackie Madison.....	1998	
4. Tiffany Ross.....	2003	7.63
5. Lashinda Demus.....	2004	7.64
6. Ellakisha Williamson.....	2000	7.66
7. Chiquita Martin.....	2007	7.76
8. Taranisha Taylor.....	2016	7.79
9. Kettiany Clarke.....	2006	7.80
Janica Austin.....	2010	

### 60-METER HURDLES

1. Kierre Beckles.....	2012	8.11
Lashinda Demus.....	2004	
3. Ellakisha Williamson.....	2000	8.15
4. Jackie Madison.....	2001	8.16
5. Ronnetta Alexander.....	2006	8.17
6. Taranisha Taylor.....	2017	8.25
7. Tiffany Ross.....	2005	8.29
8. <b>Milan Parks.....</b>	<b>2018</b>	<b>8.31</b>
9. Chiquita Martin.....	2007	8.33
Chalese Davis.....	2015	8.33

### 4X400-METER RELAY

1. Ross, Barber.....	2003	3:28.25
Washington, Demus.....		
2. Smith, Stoddart.....	2004	3:29.53
Watkins, Demus.....		
3. Smith, Cantey.....	2007	3:29.57
Cross, Hastings.....		
4. Ross, Stoddart.....	2005	3:30.01
Smith, Solomon.....		
5. Ross, Stoddart.....	2005	3:30.07
Smith, Hastings.....		
6. Bass, M. Barber.....	2001	3:30.08
Griffin, Washington.....		
7. Stoddart, Washington.....	2002	3:30.36
Bass, Demus.....		
8. Cantey, Cross.....	2007	3:30.95
Giles, Hastings.....		
9. Smith, Solomon.....	2007	3:31.85
Cross, Hastings.....		
10. Hastings, Martin.....	2006	3:31.86
Shelton, Solomon.....		

### 4X800-METER RELAY

1. Singletary, Capper.....	1993	9:13.20
Figlar, Bertrand.....		
2. Evans, Todd.....	2015	9:15.76
Sprague, Miller.....		
3. Watkins, Chain.....	2005	9:23.58
Lake, Shelton.....		
4. <b>Mueller, Vian.....</b>	<b>2016</b>	<b>9:27.69</b>
Evans, Heneage.....		
5. Bertrand, Fife.....	1990	9:28.34
Purser, St. Peter.....		
6. <b>Crouse, Evans.....</b>	<b>2017</b>	<b>9:28.95</b>
Beaubien, Stoddard.....		
7. Bertrand, St. Peter.....	1991	9:29.22
Adams, McGhie.....		

### DISTANCE MEDLEY RELAY

1. Ramomene, Stoddart.....	2003	11:30.72
Watkins, Lake.....		
2. Chain, Martin.....	2005	11:42.73
Watkins, Lake.....		
3. Ramonene, Martin.....	2004	11:44.30
Shelton, Rackow.....		
4. Locke, Allen.....	2011	11:46.13
Henderson, Biwott.....		
5. Shelton, Giles.....	2005	11:46.23
Watkins, Lake.....		
6. Zimmer, Harris.....	2013	11:49.79
Higgins, Todd.....		
7. Todd, Brockington.....	2014	11:50.80
Evans, McCoy.....		
8. Brown, Bass.....	1999	11:52.12
Hallmon, Davis.....		
9. Barnes, McCorkle.....	2009	11:53.75
Fedewa, Biwott.....		
10. Barnes, Jacobs.....	2009	11:54.37
Pramstaller, Biwott.....		

### HIGH JUMP

1. Jeannelle Scheper.....	2013	6-3 1/4
2. <b>Jordan Fields.....</b>	<b>2018</b>	<b>6-0 3/4</b>
<b>Lissa Labiche.....</b>	<b>2018</b>	<b>6-0 3/4</b>
4. Nakita Gray.....	2016	5-11 1/2
5. <b>Hanifab Abdulqadir.....</b>	<b>2018</b>	<b>5-10 3/4</b>
6. Sarah Graham.....	2014	5-10 1/2
Chelsea Hammond.....	2004	
8. Erin Narzinski.....	1999	5-8
Kayla Blake.....	2008	
10. Julie Symonds.....	1995	5-7 1/4

# ALL-TIME SOUTH CAROLINA WOMEN'S RECORDS

## POLE VAULT

1.	Vica Shobe	2010	13-11 3/4
2.	Petra Olsen	2013	13-11
3.	Cheryl Terrio	2006	13-6 1/4
4.	<b>Hailey Sweatman</b>	<b>2018</b>	<b>13-5 1/4</b>
5.	Sallie Gurganus	2009	13-2 1/4
6.	Allie Nicosia	2010	13-1 1/2
	Liza Todd	2009	
7.	Angie Rummans	2011	12-11 1/2
9.	Kylene Nixon	1999	12-7 1/2
	Megan Wall	2014	12-7 1/2

## LONG JUMP

1.	Antoinette Wilks	2001	21-8
2.	Chelsea Hammond	2006	21-4 3/4
3.	<b>Rougui Sow</b>	<b>2017</b>	<b>21-2 1/2</b>
4.	Erin Narzinski	1998	20-10
5.	Kemesha Whitmire	2003	20-5 3/4
6.	Brittney James	2008	20-5
7.	Alexis Murphy	2015	20-2 1/4
8.	Tacita Bass	2002	20-0 3/4
9.	<b>Makyla Stanley</b>	<b>2017</b>	<b>19-10 1/4</b>
10.	Rodena Barr	2000	19-8 3/4

## TRIPLE JUMP

1.	Natasha Dicks	2017	44-2 1/2
2.	LeAnna Morrison	2015	43-5 1/4
3.	<b>Hanifah Abdulqadir</b>	<b>2018</b>	<b>43-4 1/4</b>
4.	Rodena Barr	2000	42-11 1/2
5.	Kemesha Whitmire	2006	42-9
6.	Radiance Basden	2012	42-3 1/4
7.	Antoinette Wilks	2001	41-7 1/4
8.	Rashida Abdul-Malik	2003	41-2 1/4
9.	<b>Funlayo Oluwole</b>	<b>2017</b>	<b>39-8 3/4</b>
10.	Ceci Kryst	2013	38-4 1/4

## SHOT PUT

1.	Crystal Brownlee	1998	56-0
2.	Breanna Radford	2013	54-0 1/2
3.	Nicole Kendrick	2003	53-7 3/4
4.	Dawn Ellerbe	1997	53-6
5.	Lisa Misipeka	1997	52-8
6.	India Odum	2004	52-3 3/4
7.	<b>KD Young</b>	<b>2018</b>	<b>52-3 1/4</b>
8.	Lynette Keppler	2001	52-2 3/4
8.	Precious Akins	2007	50-9 1/2
10.	<b>Alycia Springs</b>	<b>2018</b>	<b>50-8</b>

## 20-POUND WEIGHT

1.	Dawn Ellerbe	1997	71-3 3/4
2.	Lisa Misipeka	1998	70-9 3/4
3.	Michelle Fournier	1999	64-5 3/4
4.	Mamee Groves	2002	64-4 1/4
5.	Precious Akins	2007	62-10
6.	Crystal Brownlee	1997	62-5 3/4
7.	Loren Thouvenot	1998	59-0 3/4
8.	Nicole Kendrick	2003	58-10
9.	Breanna Radford	2013	57-7 3/4
10.	<b>KD Young</b>	<b>2018</b>	<b>57-5 1/2</b>

## PENTATHLON (Since 2002)

1.	Chelsea Hammond	2004	4,133
2.	Sarah Graham	2014	4,107
3.	Antoinette Wilks	2003	4,066
4.	Kettiany Clarke	2010	4,064
5.	<b>Jordan Fields</b>	<b>2018</b>	<b>3,967</b>
6.	Chalese Davis	2016	3,931
7.	Tacita Bass	2002	3,723
8.	Kara Lyles	2017	3,564
9.	Reanna Townsend	2007	3,434
10.	Chelsea Kaczmarek	2006	3,229

- Denotes current student-athlete(s)
- Marks set in 2018 are *italicized*
- \* - Mark Set in International Competition

# OUTDOOR

## 100-METER DASH

1.	LaKya Brookins	2011	11.02w
2.	Shalonda Solomon	2006	11.07
3.	Erica Whipple	2003	11.15
4.	Aleen Bailey	2003	11.17
5.	Amberly Nesbitt	2006	11.18
6.	Shayla Mahan	2011	11.20
7.	Lisa Barber	2002	11.35
8.	Gabrielle Glenn	2011	11.41
9.	Khalilah Carpenter	2005	11.44
10.	Rodena Barr	2000	11.45

## 200-METER DASH

1.	Shalonda Solomon	2006	22.36
2.	Aleen Bailey	2002	22.54
3.	Natasha Hastings	2007	22.61
4.	Miki Barber	2001	22.71
5.	Erica Whipple	2003	22.82
6.	Demetria Washington	2001	22.87
7.	Lisa Barber	2002	23.01
8.	Khalilah Carpenter	2005	23.32
9.	Stephanie Smith	2005	23.34
10.	Amberly Nesbitt	2006	23.36

## 400-METER DASH

1.	Natasha Hastings	2007	49.84
2.	Miki Barber	2001	50.63
3.	Lisa Barber	2002	50.87
4.	Stephanie Smith	2005	50.93
5.	Demetria Washington	2001	51.23
6.	Lashinda Demus	2002	51.24
7.	Brandi Cross	2008	51.63
8.	Tonique Williams	1998	51.99
9.	<b>Aliyah Abrams</b>	<b>2018</b>	<b>52.04</b>
10.	Erika Rucker	2013	52.07

## 800-METER RUN

1.	Charmaine Howell	1998	2:02.91
2.	Shay Shelton	2005	2:06.30
3.	Erika Rucker	2013	2:07.27
4.	Andrea Hallmon	1999	2:07.29
5.	Kristina Brown	1999	2:07.47
6.	Tracey Capper	1996	2:07.90
7.	Lashinda Demus	2004	2:09.16
8.	Deanna Smith	1997	2:09.35
9.	Shannon Wyont	1990	2:09.39
10.	Tawana Watkins	2004	2:09.68

## 1,500-METER RUN

1.	Tracey Capper	1996	4:26.36
2.	Anna Todd	2014	4:26.51
3.	Shannon Wyont	1990	4:28.46
4.	Charmaine Howell	1998	4:29.35
5.	Jenny Lake	2005	4:29.91
6.	Ivana Skladana	1997	4:31.03
7.	<b>Allie Mueller</b>	<b>2017</b>	<b>4:31.35</b>
8.	Tanya Povey	1998	4:31.45
9.	Liz Figlar	1996	4:34.41
10.	Joyce Peebles	2000	4:34.94

## 3,000-METER RUN

1.	Tracey Capper	1994	9:43.62
2.	Ivana Skaldana	1997	9:45.42
3.	Liz Figlar	1996	9:46.95
4.	Dani Barnes	2009	9:49.64
5.	Tanya Povey	1998	9:53.10
6.	Sue McGhie	1993	9:54.10
7.	Jenny Lake	2002	9:55.49
8.	Christine Kent	2016	9:55.92
9.	Mary Reiser	2016	9:56.49
10.	Joyce Peebles	1998	9:57.12

## 5,000-METER RUN

1.	Sue McGhie	1994	16:42.83
2.	Mary Reiser	2016	16:47.24
3.	Jenny Lake	2004	16:49.43
4.	Kayla Lampe	2014	16:55.06
5.	Tanya Povey	1998	16:58.87
6.	Christine Kent	2016	16:59.40
7.	Alexis Fife	1991	17:11.50
8.	Beatrice Biwott	2011	17:14.33
9.	Monica York	2016	17:15.11
10.	Mary Fouse	2013	17:19.54

## 10,000-METER RUN

1.	Kayla Lampe	2013	33:43.95
2.	Tanya Povey	1998	34:31.41
3.	Mary Reiser	2014	35:41.08
4.	Lisa Monti	1995	36:07.90
5.	Sue McGhie	1994	36:11.80
6.	Christine Kent	2016	36:38.20
7.	Penny Boswell	2012	36:53.83
8.	Jill Savege	1994	37:02.40
9.	Hannah Giangaspro	2015	37:07.02
10.	Katie England	1999	37:09.24

## 100-METER HURDLES

1.	Ellakisha Williamson	2000	12.81
2.	Jackie Madison	2000	12.92
3.	Tiffany Ross	2005	12.99
	Lashinda Demus	2004	
5.	Kierre Beckles	2011	13.01
6.	Ronnetta Alexander	2006	13.08
7.	<b>Caitlyn Little</b>	<b>2018</b>	<b>13.10</b>
8.	Kettiany Clarke	2010	13.20
9.	<b>Milan Parks</b>	<b>2018</b>	<b>13.24</b>
10.	Chiquita Martin	2007	13.28

## 400-METER HURDLES

1.	Lashinda Demus	2004	53.43
2.	Shevon Stoddart	2005	54.47
3.	Tiffany Ross	2005	54.56
4.	Tyler Brockington	2017	55.97
5.	Krystal Cantey	2007	56.21
6.	Tacita Bass	2001	57.31
7.	Ellakisha Williamson	1999	57.32
8.	Tawana Watkins	2005	57.33
9.	Chiquita Martin	2006	57.78
10.	Char Foster	1999	57.89

## 3,000-METER STEEPLECHASE

1.	Beatrice Biwott	2012	10:13.81
2.	Chelsea France	2013	10:42.93
3.	Sarah Falta	2014	11:17.78
4.	Allie Whitley	2015	11:35.13
5.	Lisa McKinney	2008	11:46.99
6.	Meredith Mill	2012	11:50.79
7.	Kinsey Eschenburg	2002	12:03.35
8.	Jessica Smith	2006	12:04.71
9.	<b>Sarah Taylor</b>	<b>2015</b>	<b>12:19.59</b>
10.	Kesley Bristol	2009	12:20.45

# ALL-TIME SOUTH CAROLINA WOMEN'S RECORDS

## 4X100-METER RELAY

1.	Ross, Whipple	2003	42.83
	Joyce, Bailey		
2.	Ross, Whipple	2005	43.00
	Joyce, Solomon		
3.	Hastings, Nesbitt	2006	43.09
	Giles, Solomon		
4.	Whipple, Washington	2002	43.12
	L. Barber, Bailey		
5.	USC-A	2007	43.25
6.	Nesbitt, Whipple	2005	43.40
	Joyce, Solomon		
7.	Brookins, Mahan	2009	43.41
	Glenn, Jacobs		
8.	M. Barber, L. Barber	1999	43.44
	Washington, Williamson		
9.	Williams, Washington	2001	43.48
	M. Barber, L. Barber		
10.	Carpenter, Whipple	2005	43.58
	Joyce, Solomon		
	Joyce, Demus	2004	
	Carpenter, Whipple		

## 4X200-METER RELAY

1.	Bailey, M. Barber	2003	1:30.73
	Joyce, Whipple		
2.	M. Barber, L. Barber	2000	1:30.99
	Lewis, Washington		
3.	Smith, Whipple	2005	1:31.56
	Carpenter, Solomon		
4.	Martin, Hastings	2005	1:31.57
	Giles, Solomon		
5.	Martin, Giles	2007	1:32.00
	Cross, Hastings		

## 4X400-METER RELAY

1.	Washington, Ross	2002	3:26.46
	Bass, Demus		
2.	Demus, Stoddart	2004	3:27.19
	Watkins, Smith		
3.	Stoddart, Hastings	2005	3:27.22
	Ross, Smith		
4.	Washington, Ross	2002	3:28.06
	Stoddart, Demus		
5.	Ross, Stoddart	2003	3:28.25
	Watkins, Bailey		
6.	L. Barber, M. Barber	2001	3:28.34
	Bass, Washington		
7.	Cantey, Giles	2007	3:28.44
	Cross, Hastings		
8.	Abrams, Rucker	2016	3:28.53
	Brockington, Holmes		
9.	L. Barber, Washington	2000	3:28.64
	Williamson, M. Barber		
10.	Bass, Demus	2002	3:29.10
	L. Barber, Washington		

## 4X800-METER RELAY

1.	Demus, Shelton	2004	8:45.44
	Watkins, Ramonene		
2.	Hallmon, Williams	1998	8:56.46
	Howell, Brown		
3.	Locke, Jepngetich	2011	8:56.61
	O'Reilly, Henderson		
4.	Evans, Harding	2015	8:57.85
	M. McCoy, Miller		
5.	Brown, Hallmon	1999	8:59.16
	Peebles, Davis		
6.	USC	2004	9:02.21
7.	Mueller, Vian	2016	9:03.91
	Evans, Miller		
8.	Skladana, Brown	1998	9:05.26
	Howell, Hallmon		
9.	Henderson, Basden	2011	9:06.13
	Jepngetich, Biwott		
10.	Evans, Beauvien	2017	9:08.93
	Stoddard, Mueller		

## DISTANCE MEDLEY RELAY

1.	Capper, Figlar	1996	11:40.52
	Grey, Smith		
2.	Zimmer, Allen	2013	11:47.93
	Todd, Mill		
3.	Eschenburg, Carpenter	2002	11:53.28
	Lewis, Lake		
4.	Ramonene, King	2004	11:53.77
	Shelton, Rackow		
5.	Figlar, Ferguson	1993	11:54.11
	Capper, McGhie		
6.	Bristol, Young	2007	11:58.00
	Brown, Chain		

## SPRINT MEDLEY RELAY

1.	Joyce, Carpenter	2005	3:46.44
	Martin, Shelton		
2.	Howze, Brown	2006	3:49.86
	Smith, Shelton		
3.	Holmes, Dendy	2016	3:58.39
	Evans, Mueller		
4.	Little, Oluwole	2018	4:04.08
	Haitb, Mueller		
5.	Davis, Hubbard	2015	4:07.24
	Evans, Miller		

## 4X1500-METER RELAY

1.	Purser, Wyont	1990	19:00.20
	Fife, Adams		
2.	Skladana, Brown	1998	19:17.55
	Peebles, Davis		
3.	Adams, McGhie	1994	19:22.56
	Monti, Capper		

## HIGH JUMP

1.	Jeannelle Scheper	2015	6-5
2.	Lissa Labiche	2018	5-11 1/2
	Chelsea Hammond	2005	5-11 1/2
	Nakita Gray	2017	5-11 1/2
5.	Sarah Graham	2016	5-10
6.	Hanifab Abdulqadir	2018	5-8 3/4
7.	Jordan Fields	2018	5-8 1/2
8.	Julie Symonds	1994	5-8
9.	Monica Bozenski	2006	5-7 1/4
10.	Kayla Blake	2010	5-7
	Four others at 5-7		

## POLE VAULT

1.	Petra Olsen	2014	13-11 3/4
2.	Hailey Sweetman	2018	13-9 1/4
3.	Vica Shobe	2010	13-6 1/2
4.	Cheryl Terrio	2006	13-5 3/4
5.	Liza Todd	2009	13-1 3/4
6.	Angie Rummans	2011	13-1 1/2
	Sallie Gurganus	2009	
8.	Adele Blalock	2018	12-11 1/2
9.	Kylene Nixon	1998	12-8 1/4
10.	Megan Wall	2014	12-7 1/2
	Allie Nicosia	2009	

## LONG JUMP

1.	Rouguy Sow	2017	22-0 3/4
2.	Chelsea Hammond	2004	21-6 3/4
3.	Antoinette Wilks	2003	21-4 3/4
4.	Kemesha Whitmire	2004	20-9 1/4
	Brittney James	2008	
6.	Alexis Murphy	2014	20-5
7.	Erin Narzinski	1998	20-1 1/2
8.	Rashida Abdul-Malik	2002	20-0 1/2
9.	Natasha Dicks	2016	20-0 1/4
10.	Makyla Stanley	2018	19-11 3/4

## TRIPLE JUMP

1.	Natasha Dicks	2016	44-7 1/2
2.	Rodena Barr	2000	44-2
3.	Hanifab Abdulqadir	2018	43-7 3/4
4.	Kemesha Whitmire	2005	43-7
5.	Rhashida Abdul-Malik	2004	42-6
6.	Radiance Basden	2012	42-5 1/4
7.	Antoinette Wilks	2002	42-4 1/4
8.	Dee Dee Fortman	1996	40-6 1/4
9.	Ceci Kryst	2013	40-2 1/4
10.	Funlayo Oluwole	2017	38-6 3/4

## SHOT PUT

1.	Crystal Brownlee	1997	56-8 1/2
2.	Dawn Ellerbe	1997	54-9 1/2
3.	Breanna Radford	2013	54-4
4.	Precious Akins	2006	53-0
5.	Lisa Misipeka	1997	52-6 1/2
6.	KD Young	2018	52-4 1/2
7.	Alycia Springs	2018	52-2
7.	India Odum	2004	52-0
9.	Stacey Roberts	2011	50-2 3/4
10.	Katie Vuckovich	2011	50-2 1/2

## DISCUS

1.	Precious Akins	2006	185-9
2.	Dawn Ellerbe	1997	183-8
3.	Lisa Misipeka	1996	171-1
4.	Keri Groover	2002	168-7
5.	Alana Robinson	2000	168-6
6.	Michelle Fournier	1999	167-2
7.	Aimee Kodat	2011	164-5
8.	Leslie Coons	1994	160-10
9.	Kaysee Sullivan	2014	157-9
10.	India Odum	2002	154-6

## HAMMER

1.	Lisa Misipeka	1998	213-3
2.	Dawn Ellerbe	1997	210-2
3.	Michelle Fournier	1999	206-3
4.	Loren Thouvenot	1997	177-7
5.	Candy Mitchell	1997	177-3
6.	Precious Akins	2006	177-0
7.	Amanda Murphy	2018	175-5
8.	KD Young	2018	174-10
9.	Kierstin Williams	2017	174-3
10.	Breanna Radford	2013	174-2

## JAVELIN (OLD)

1.	Candy Mitchell	1997	178-4
2.	Leslie Coons	1994	168-1
3.	Marcia Chmura	1996	167-5
4.	Erin Narzinski	1997	152-10
5.	Loren Thouvenot	1997	127-11

## JAVELIN (NEW)

1.	Candy Mitchell	2000	174-8
2.	Shelby Freedman	2016	168-0
3.	Olivia Hassler	2015	151-2
4.	Amy Suttmeier	2016	148-4
5.	Emily Laurence	2012	143-8
6.	Erin Narzinski	1999	134-0
7.	Katie Desin	2004	129-0
8.	Heather Nisbit	2002	124-11
9.	Chelsea Kaczmarek	2005	117-0
10.	Jemekia Wilson	2013	111-11

## HEPTATHLON

1.	Erin Narzinski	1998	5,664
2.	Tacita Bass	2001	5,634
3.	Sarah Graham	2016	5,423
4.	Chelsea Hammond	2004	5,405
5.	Antoinette Wilks	2003	5,337
6.	Kettiany Clarke	2010	5,258
7.	Jordan Fields	2018	4,769
8.	Reanna Townsend	2006	4,618
9.	Chelsea Kaczmarek	2006	4,466
10.	Ceci Kryst	2011	4,096

- Denotes current student-athlete(s)
- Marks set in 2018 are *italicized*
- w - Wind-aided mark