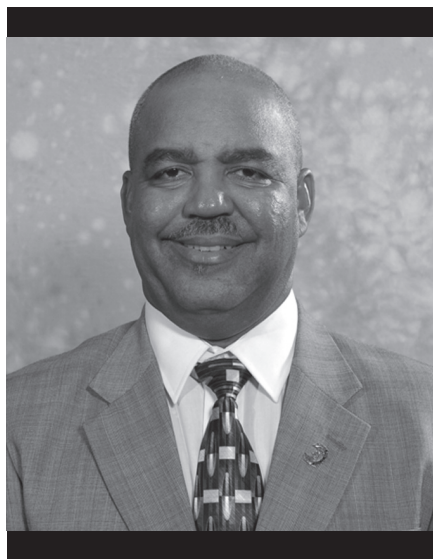




**THE
COACHING
STAFF**

CURTIS FRYE

HEAD COACH >>> 10TH SEASON AT SOUTH CAROLINA



Entering his 10th year as head cross country and track and field coach at South Carolina, Curtis Frye has established a program that is widely regarded as one of the nation's elite.

With the No. 2 (women) and No. 5 (men) ranked recruiting classes in 2005, Frye coached nine athletes, including four freshmen athletes Jason Richardson, Natasha Hastings, Amberly Nesbitt, and Shalonda Solomon to All-America honors at the NCAA Indoor Championship.

Hastings and Nesbitt's performances in the 400m and 60m, respectively, earned All-America honors, while Solomon finished fifth in the 200m and anchored the women's 4x400m relay to another national title. The women's team finished fifth overall. Leading the men to a 19th-place finish, Richardson, the 2004 Gatorade Athlete of the Year, earned third place in the 60m hurdles, while senior Rodney Martin broke the school indoor record in the 200m with a third-place finish.

Outdoors in 2005, Coach Frye led the women's team to the second-most successful outdoor season of his tenure at USC and the 10th consecutive top-10 outdoor finish. The women's team returned for the outdoor season with only one mission in mind -- to win the national championship. The Gamecocks first attracted the attention of many during the outdoor season with their back-to-back record-breaking performances at the Gatorade Classic and Sea Ray Relays, both in Knoxville, Tenn.

Coach Frye then led the Gamecocks to four relay titles, two individual titles and an Athlete of the Meet honor earned by Tiffany Ross-Williams at the 2005 Penn Relays. The Gamecocks won the Championship of America with one of the all-time greatest finishes by any program.

The Gamecocks went on to win the SEC Championship title for the first time since 2002 and the third time in the program's history. The Gamecocks continued on to New York where they claimed the NCAA East Regional Championship for the first time since the meet was established three years ago.

As one of the favorite contenders for the NCAA title, the Gamecocks battled it out with Texas and UCLA for the top spot finishing in a tie for second with UCLA behind the champion Longhorns. The men and women combined for 18 All-American honors, including a school record-breaking performance by senior Rodney Martin in the 200m and the first All-American honor in the 100m since Terrence Trammell in 1999, also earned by Martin.

Coach Frye was named SEC, USTCA Southeast District and East Region Women's Coach of the Year, while Ross-Williams was named USTCA Southeast District Athlete of the Year.

Also in 2005, Coach Frye coached nine athletes to the USATF Junior and Senior Championships, where two freshmen athletes, Hastings (400m champion) and Nesbitt (100m runner-up) made the Junior National Team and sophomore Stephanie Smith and freshman Shalonda Solomon were selected for the relay pools for the World Championship in Helsinki. Senior Shevon Stoddart made the Jamaican National Team and competed in Helsinki.

Frye also coached former Gamecock Lashinda Demus, ranked No.1 in the world and IAAF Champion, to a silver medal in the 400 IH, while other former Gamecocks earned three medals. Jamaica's Aleen Bailey earned a silver medal, while former teammate Lisa Barber won the gold in the 4x100m relay. Barber also finished seventh in the 100m dash. Tonique Williams-Darling won the gold in the 400m, becoming only one of three women to hold both the world and Olympic titles at the same time. Former Gamecock record holder and 2004 silver medalist Terrence Trammell was also a finalist at the World Championship.

In 2004, Coach Frye served as an assistant coach for the USA Olympic women's track and field team in Athens, Greece. His responsibilities included working with the sprinters and the relays. Nine Gamecocks, currently and formerly coached by Frye, were among the Olympians, three of whom won gold medals. Among the medalists were USC senior Otis Harris (USA) who



won a silver in the men's 400m and a gold as part of the 4x400m relay. Former athletes Aleen Bailey (Jamaica) and Tonique Williams-Darling (Bahamas) won gold medals in the 4x100m and 400m, respectively. Trammell also won his second consecutive silver Olympic medal in the 110m hurdles. USC seniors Adrian Durant (Virgin Islands), Shevon Stoddart (Jamaica) and Demus (USA) also represented USC track and field in Athens.

In 2004, Coach Frye and his staff hosted the second Spring Summit and the Nike Spring/Jump Clinic adding Ralph Mann, of Great Britain's spring staff, and Mike Holloway, University of Florida's head coach to the event.

During the 2004 season, USC athletes gathered 27 All-America honors, four NCAA runner-up finishes, a first-team Academic All-American and a second-team Academic All-American. The men's team finished 14th indoors while the women's highest finish was seventh outdoors. Tony Allmond and Lashinda Demus were both runner-ups in the long jump and 400m hurdles, respectively, at the NCAA Outdoor Championship.

During the 2003 indoor season, the Carolina women placed second at the NCAA Championships, finishing in the top-five for the fourth consecutive season. The Gamecock men's team finished fourth, their highest finish since its fourth-place finish in 1999.

Individually, Frye had three women win NCAA individual titles in 2003: Aleen Bailey in both the 100 and 200m outdoors and Lashinda Demus in the 400m indoor. A pair of USC athletes combined to collect three U.S. Junior Championships (Kenneth Ferguson 110m hurdles and 400m hurdles; Tawana Watkins 400m hurdles) and both represented Team USA in the Junior Pan American Games. Additionally, Bailey went on to earn SEC Outdoor Athlete of the Year while Ferguson was named the conference's Freshman of the Year.

Also in 2003, Coach Frye established a Nike Sprint/Jump Track and Field Coaches Clinic and a summit for sprint coach association.

Frye also coached athletes to international success in 2003 at the World Championships in Paris. Allen Johnson won an unprecedented fourth title in the 110m hurdles while USC alum Terrence Trammell placed second in the event. Former Gamecocks Lisa Barber and Demetria Washington helped Team USA claim the 4x400 relay crown.

Continuing to build a program on the national and international level, Frye saw years of hard work pay off in 2002. The women carried home the national championship trophy from the NCAA Outdoor Championships, South Carolina's first national championship in any sport. The women also carried home the championship trophy from the 2002 SEC Outdoor Championships.

In 2002, the men were in the top 10 indoors and outdoors, finishing sixth in both. The two programs crowned three NCAA individual champions in Lashinda Demus (400m Hurdles) and Otukile Lekote (800m, Indoors and Outdoors); and also saw its women's 4x400m relay set the collegiate outdoor record with its national title victory. The women's 4x400m indoors relay team, the women's 4x100m relay team, and the men's 4x400m relay team also won national championships. The two teams combined to collect 52 All-American honors and put 33 on the SEC Academic Honor Roll.

Frye also earned 2002 National Coach of the Year and SEC Women's Outdoor Coach of the Year honors. In addition, Demetria Washington was named the National Indoor Female Athlete of the Year, while Track and Field News tabbed Lashinda Demus as its National Female Athlete of the Year. Otukile Lekote was named National Scholar Athlete of the Year.

Already recognized as one of the nation's top coaches, Frye and the elite athletes he coached in 2001 had an extraordinary year, which earned Frye the prestigious 2001 Nike Coach of the Year Award. Allen Johnson won his third World Championship gold medal in the 110m hurdles, his fourth U. S. Outdoor crown in this event, as Frye sent a total of 11 athletes to the 2001 World Championships. Adding more coaching honors to his distinguished list, Coach Frye was the men's coach for the United States at the 2001 Goodwill Games. He coached Johnson and Terrence Trammell to Championships in their respective events. Johnson won the 110m

CURTIS FRYE **ONE OF THE USA'S BEST COACHES**

- Named to USA's Olympic Track and Field staff for Athens 2004. Served as a USA Women's Assistant Coach for Sprints and Hurdles. Saw three former athletes win gold medals
- Head Coach of an NCAA champion team (2002 Gamecock Women)
- Head Coach of two SEC Championship Teams (1999 Women's Outdoor, 2002 Women's Outdoor)
- 1999, 2002 USTCA Women's Outdoor National Coach of the Year
- 1999 USTCA Men's National Indoor Coach of the Year
- 1999, 2002 SEC Women's Coach of the Year
- In 2002, coached athletes who won 7 NCAA titles and 4 gold and one silver medal at the World Junior Championships. In addition had 2 named National Athletes of the Year and 1 named Men's National Scholar-Athlete of the Year
- 2001 Nike Coach of the Year
- 2001 Goodwill Games U. S. Men's Head Coach
- 2000 USTCA Women's Region Outdoor Coach of the Year
- 1999 Assistant Coach for the USA at the World Track and Field Championships
- 1997 USOC Track and Field Coach of the Year
- 1980 North Carolina High School Coach of the Year
- Founder of Speed Elite, formerly South Carolina Elite, a track and field club for serious athletes with the goal of making the 2000 Sydney Olympics and the 2004 Athens Olympics
- Assistant Coach of 18 ACC Championship Teams
- Coached 9 Olympic medalists
- Coached 25 Olympians
- Coached over 50 NCAA Champions
- Coached over 300 NCAA All-Americans
- Coached over 75 SEC Champions
- Coached over 75 ACC Champions



hurdles, while Trammell won the 60m hurdles at the World Indoor Championships.

The 2000 season was another stellar year for Frye as the women's indoor team finished the season with an unprecedented second place finish at the NCAA Championships. The outdoor women's team finished second at the SEC meet and went on to finish sixth at the NCAA Championships. Indoors, the men behind Terrence Trammell's 20 points, finished eighth. The men's outdoor team finished the season with an 11th place showing at the NCAA Championships.

To conclude the 2000 season, USC standouts Terrence Trammell and Miki Barber were both named National Outdoor Track and Field Athlete of Year for 2000. For his efforts, Frye was named the women's regional Coach of the Year.

But, Frye wasn't done yet as he accompanied 12 current or former USC athletes and coaches to the Sydney Olympics. His athletes brought home four medals: a gold to volunteer coach Monique Hennagan (USA 4x400m relay); a silver for alum Charmaine Howell (Jamaica 4x400m relay); a silver for Terrence Trammell (USA 110m hurdles) and bronze for volunteer coach Melissa Morrison (USA 100m hurdles). In 1999, Frye took the Gamecocks to unprecedented success as the women won the SEC Outdoor Championship. The women were a school-best third at the SEC Indoor Championship. After finishing fourth indoors, the women were seventh at the NCAA Outdoors. The men finished in the top-six both indoors and outdoors. Bringing home a trophy for its fourth place finish at the NCAA Indoor Championships, the men finished sixth outdoors. The men finished a school-best second at the SEC Indoor Championships and were sixth outdoors.

The two programs combined to set 35 school records. The Gamecocks won three individual NCAA titles, an NCAA relay title, 14 SEC titles and crowned 29 All-Americans. USC also featured two Academic All-Americans in Keith Hall and Michelle Fournier. Hall, who went on to Emory Medical School, was a finalist for the SEC's Boyd McWhorter Scholar Athlete, winning a \$5000 postgraduate scholarship. Fournier was granted an NCAA Postgraduate scholarship. For the efforts of Frye and his staff in 1999, Frye was named the Men's Indoor National Coach of the Year and the Women's Outdoor National Coach of the Year. Frye was also named the SEC Women's



Coach Frye is pictured here with part of his family, including (from left) daughter Crystal F. Woodruff, wife Wilma Frye, granddaughter Tyler Woodruff and daughter Curtrell Frye. Coach Frye also has a son, C.J., who is not pictured.

The Curtis Frye File

Born: October 20, 1951 in Vass, N.C.
High School Education: Graduated from Union Pine in Cameron, N.C. in 1970
College Education: Bachelor of Science in Physical Education from East Carolina University in 1974
High School Athletics: Lettered in track, football and baseball
College Coaching Career: 1974-79, assistant coach, East Carolina University; 1984-88, assistant coach, N.C. State; 1988-92, assistant coach, University of Florida; 1992-96, assistant coach, University of North Carolina; 1996-present, head coach, University of South Carolina.
High School Coaching Career: 1979-84, Douglas Byrd High School
Wife: Wilma
Children: Daughters Crystal and Curtrell; Son Curtis II

Outdoor Coach of the Year. It is the first time in the history of the U.S.T.C.A. a coach has won the award indoors (men) and outdoors (women).

Recognized as one of the top sprint coaches in the country, Frye was an assistant coach for the United States at the 1999 World Track and Field Championships in Seville, Spain. In Spain, Frye assisted in coaching the sprinters and hurdlers.

In 1998, his second year at Carolina, Frye led the Gamecock men's and women's track and field programs to national prominence. Indoors, the Gamecock men were seventh and the women finished 11th at the NCAA Championships. Outdoors, the two teams flipped places as the women finished seventh and the men 11th at the NCAA Outdoor Championships. For his efforts he was named the Outdoor U.S.T.C.A. Region Coach of the Year in 1998. Individually, Carolina won four NCAA titles, 13 SEC titles and garnered 23 All-American honors indoors and outdoors.

In his first season at Carolina, 1997, Frye hit the ground running and the fruits of his labors paid off as the women's track and field team finished fourth at the NCAA Indoor Championships and fifth outdoors. The men also had an impressive track and field season, finishing seventh indoors with a team that had no seniors. Frye was named both the 1997 USATF and USOC Track and Field Coach of the Year.

Frye, who has coached or overseen over 50 NCAA National Champion student-athletes and over 328 NCAA All-Americans, was hired on July 29, 1996.

Frye and his wife, Wilma, have three children- Crystal Woodruff, C.J. and Curtell, a son-in-law Tarraz Woodruff, a USC graduate, and a granddaughter Taylor Woodruff.





DELETHEA QUARLES

ASSISTANT HEAD COACH >>> NINTH SEASON AT USC

Delethea Quarles is in her ninth year with the USC program and her 17th year as a collegiate coach. Promoted to Assistant Head Coach in 2005, her primary responsibilities include coaching the multi-event performers and the jumps. Quarles also oversees eligibility and is the academic liaison.

Coach Quarles ended the 2005 season as an assistant coach for Team USA at the Pan American Championship held in Windsor, Ontario, Canada. With her assistance, the USA team earned 57 medals, the second highest all-time.

Also in 2005, USC's men and women's jumps program experienced great success under Quarles guidance. While almost all of her jumpers improved their marks, jumpers Greig Cryer, All-American senior Chelsea Hammond and All-American junior Kemesha Whitmire proved that with Coach Dee's leadership the sky is the limit.

On the men's team, Cryer who struggled with a hamstring injury throughout the indoor season, returned outdoors, determined to fight through his injury. Under the guidance of Quarles, Cryer ended the year with his season best performance, claiming the NCAA East Regional long jump title. Also showing great improvements and qualifying for Junior National was freshman jumper Derrick Pressley.

Leading the women, Quarles coached Whitmire to the program's first SEC title at the conference outdoor championship in Nashville, Tenn. Whitmire's jump of 43-8 in the triple jump, just missed the school record of 44-2 set by Rodena Barr in 2000, but was enough to claim the No. 2 spot on the all-time list, claim the conference title, and contribute significantly to the Gamecocks' third SEC Championship title.

Senior All-American Chelsea Hammond also experienced great improvements. Hammond, who claimed her fourth consecutive Penn Relays long jump title, qualified for the NCAA Outdoor Championship in both the high and long jumps. Also stepping up was junior jumper Monica Bozenski, who showed great improvement in the high jump.

Coach Quarles led Cryer and Hammond to the NCAA Championship, where Hammond's points contributed to the women's NCAA runner-up finish.

In 2004, Fred Townsend and Tony Allmond were named regional indoor and outdoor Athletes of the Year, respectively. Allmond placed second in the NCAA outdoor championships with a jump of 27-4 in the long jump. Quarles coached Chelsea Hammond to a PR of 21-05 last season. She was appointed as coach for the 2005 Junior Pan-Am Games.

In 2003, Long Jumper Antoinette Wilks finished third in both the SEC Outdoor Championships and the NCAA Indoors. Wilks also finished second in the Pentathlon at the SEC Indoor Championships. In 2002, she was named the SEC MVP, finishing sixth in the long jump and 13th in the triple jump at the NCAA Championships. In 2001, Wilks led the SEC with a jump of 21'8. During the 2000 season Wilks placed third in the long jump at the USA Indoor Nationals and competed at the U.S. Olympic trials. She also competed at the Indoor and Outdoor NCAA Championships. Wilks also placed second in the long jump at the 2002 SEC Outdoor Championships. At the 2002 NCAA Outdoor Championships, Tacita Bass finished third in the heptathlon. Bass also won the heptathlon at the SEC Outdoor Championships. In 2000, Bass competed in the heptathlon and earned All-American honors in the 4x400m relay at the NCAA Championships. All-American Rodena Barr recorded a personal record of 44-2 in the triple jump, and competed at the NCAA Indoor and Outdoor Championships. Also in 2002, Fred Townsend finished third in the decathlon at the SEC Outdoor Championships.

At the 1999 SEC Championships, heptathlete Erin Narzinski won her second title in three years. Freshman Tacita Bass was the runner-up at the Penn Relays. Bass also scored in the heptathlon and the 400m hurdles at the SEC meet and ran a leg of the NCAA qualifying 4x400m relay.

In her first year, Quarles saw Narzinski shatter the school record in the heptathlon, finishing fifth at the NCAA Championships; second at the SEC Championships and eighth at the USATF's.

Prior to coming to South Carolina, Quarles was an assistant coach at her alma mater Liberty University for eight years. A three-time All-American, Quarles has a bachelor's degree in psychology. She is a native of Covington, Va.

The Delethea Quarles File

Born: February 2, 1966 in Clifton-Forge, Va.

High School Education: Allegheny HS, 1984

College Education: Bachelor of Science Degree in Psychology, Liberty, 1989

High School Athletics: Four-year letterwinner in track, band and basketball; Four-year state qualifier in track; First female in school history to score over 1,000 points in basketball

College Track: Three-year letterwinner at Liberty; Three-time All-American; Penn Relays champ in 1989; Team won six conference titles

Coaching Career: Assistant Coach, Liberty University, 1989-97; Assistant Coach, South Carolina, 1997-2005; 2005; Assistant Head Coach, South Carolina, 2005-present



MIKE SERGENT

ASSISTANT COACH >>> NINTH SEASON AT USC



Gamecocks, finished eighth with a throw of 173'3 in the hammer. Schroeder, who showed improvements in the javelin all season, finished sixth with a throw of 197.

In 2004, Sergent Akins improved her discus best by 25 feet and made a significant impact at the SEC (4th) and NCAA Eastern Region Championships (2nd). She was the US Junior leader in the discus and had the top throw for a freshman in the NCAA. Adam Bishop, Brook Antonio, and India Odum were all NCAA qualifiers and Katie Desin had a personal best in the javelin throw at the SEC Championships to win a bronze medal.

In 2002, India Odum placed third at the SEC Championships in the shot put and Mamee Groves was 19th in the weight throw nationally. Freshman Keri Groover threw a personal best at the SEC Championships to place fifth and move her to number three on the all-time list at Carolina. On the professional level, Sergent continued working with Dawn Ellerbe. She was the USATF National runner-up in both the weight and hammer throws. She finished her year ranked seventh in the world in the hammer and also ranked eighth nationally in the discus throw.

In 2001, Sergent coached Lynette Keepler to an SEC Championship in the shot put. Alana Robinson was the SEC runner-up in the discus. Also in 2001, two of Sergent's former athletes (Brad Snyder and Lisa Misipeka), along with USC Volunteer Assistant Dawn Ellerbe, traveled to Edmonton, Canada for the 2001 World Championships.

In 2000, Sergent coached Candy Mitchell, Bert Sorin, and Ryan Harrison through the U.S. Olympic Trials. At the 2000 Olympic Games in Sydney, Australia, the Gamecocks were represented by Brad Snyder, Lisa Misipeka, and Michelle Fournier.

In 1999, Sergent's athletes won four SEC titles, with Brad Snyder winning the NCAA indoor shot put title, finishing as the runner-up outdoors. Fournier, an Academic All-American and NCAA runner-up, was awarded an NCAA Post-Graduate Scholarship. Misipeka also won a bronze medal at the 1999 World Championships — the school's first in a major international meet.

In his first year at USC, Snyder and Misipeka led the way, each winning two NCAA titles. The USC throwers also accounted for 10 All-American honors and seven SEC champions in 1998.

Prior to coaching at USC, Sergent was an assistant coach at his alma mater Virginia Tech for five years. At Tech he assisted in one Metro and four Atlantic 10 Conference championship teams from 1993 to 1997. Sergent was a 1992 All-American and Olympic Trials qualifier in the hammer.

Sergent holds a bachelor's degree in Exercise Physiology and a master's degree in Sports Management from Virginia Tech.

The Mike Sergent File

Born: September 5, 1969 in Alexandria, Va.

High School Education: Brentsville HS, Nokesville, Va.

College Education: Bachelor of Science in Exercise Science, Virginia Tech, 1992; Master of Science in Sport Management, Virginia Tech, 1994

High School Athletics: Lettered in track & field and football three times; Lettered in wrestling twice; Three-time State Champion in the discus (2) and shot put (1); Still holds district and region discus records; All-District and All-County in football

College Track: Lettered in track & field four years at Virginia Tech; All-American in the hammer; Won Metro Conference titles in the discus and hammer in 1992; 1992 U.S. Olympic Trials participant (hammer)

Coaching Career: Assistant Coach, Virginia Tech, 1992-97, Assistant Coach, South Carolina, 1997-Present

Wife: Karen

Child: Kelsey (14)



STAN ROSENTHAL

ASSISTANT COACH >>> FIFTH SEASON AT USC



As cross country coach, Stan Rosenthal enters his fifth year at Carolina, looking to continue building upon the success he began in 2001.

Rosenthal also coaches the distance runners during track and field season and was instrumental in coaching the South Carolina's women's team to their 10th consecutive NCAA outdoor top 10-finish in 2005.

In 2005, Coach Rosenthal coached senior Jenny Lake to a record-breaking 3,000m performance at the SEC Indoor Championship. Lake, who ran 9:41, broke the school indoor record she set in 2003 of 9:44, with a fourth place finish. Rosenthal also coached the DMR to a second place finish with the second fastest time in school history of 11.42.

With Rosenthal's assistance, the women's team finished fifth indoors at the SEC and NCAA Championships, while capturing the SEC Outdoor title, NCAA East Regional Championship title and finishing runner-up at the NCAA Outdoor Championship.

In 2002, South Carolina's women finished fourth at the NCAA Indoor Championships and won the SEC Outdoors and NCAA Outdoor Championships, giving the Gamecocks their first national title in any sport. He coached Otukile Lekote to two NCAA titles (800m indoors and outdoors) and on the second leg of USC's NCAA champion 4x400m relay team.

Prior to coming to USC, Rosenthal was the head men's and women's cross country and track and field coach at UNC-Asheville. During his seven-year tenure, the women won four Big South Conference Cross Country Championships. In the three years the women did not win, they finished as the runner-up. The men's cross country teams were Big South Conference runners-up in three of his last four years.

Coach Rosenthal's runners have achieved success from the conference level to the world championship level. Two of his freshmen runners earned spots on the USA Junior team and competed in the IAAF World Cross Country Championships, where they placed 40th and 43rd. Two other runners competed in the USA Olympic Trials. Several of his runners have qualified for the NCAA Track and Field Championships, while numerous runners won individual conference championships. During his seven years as a high school coach in Virginia, two runners qualified for the Kinney/Foot Locker National Cross Country Championships.

Rosenthal has served on several USA International coaching staffs. He coached on three USA staffs for the IAAF World Cross Country Championships. He also was a coach at the USA Olympic Festival. In 2001, he was appointed to the NCAA Track and Field Committee. As a member of the Executive Committee for the Women's Cross Country Coaches Association, Rosenthal also served as the Southeast Region Representative. He earned the USA Track and Field Level I and II certification for the endurance events.

Academic success is very important to Rosenthal. His athletes have achieved individually and as a team. Last year Rosenthal's cross country team placed four runners on the SEC Academic Honor Roll and three on the President's List. The 2005 cross country team had a cumulative GPA of 3.58. Also in 2005, senior Jenny Lake was named USC Scholar Athlete of the Year, a McWhorter Scholar and the recipient of a NCAA Postgraduate Scholarship. The first team Academic All-American graduated with a 4.0 GPA in mathematics, with honors from South Carolina's Honor College.

Two of the women's cross country teams coached by Rosenthal were ranked in the NCAA Division I Top 20, posting a 3.46 GPA. Seven athletes were selected as Conference Scholar-Athletes of the Year. During his coaching career, 90% of the athletes he has recruited and coached have graduated. Many later earned graduate level degrees, including three who are currently in medical school.

In addition, to his coaching stint at UNC-Asheville, Rosenthal coached at Long Beach State, Georgia, South Alabama and was a graduate assistant coach at Tennessee. He also coached at Albemarle High School in Charlottesville, Va., and Spotsylvania, Va., where he started his coaching career in 1976. Coach Rosenthal earned his master's degree in education from the University of Tennessee in 1983. His undergraduate degree came from Indiana University of Pennsylvania in 1975, where he majored in history and elementary education. While at IUP, he was a four-year varsity letter winner. In 1973 he competed in the six-miler run at Nationals. He was a member of two national qualifying cross country teams for IUP, in 1970 and 1972.

The Stan Rosenthal File

Born: Feb. 21, 1952 in Philadelphia, Pa.

High School Education: Pennsbury HS, Levittown, Pa.

College Education: Bachelor of Arts in History and Elementary Education, Indiana University of Pennsylvania, 1975; Master's in Education, University of Tennessee, 1983

High School Athletics: Lettered in track and cross country for two years

College Track: Four-year letterwinner; Competed in six-mile race at Nationals in 1973; Member of the two-time qualifying cross country team in 1970 and 1972

Coaching Career: Graduate Assistant, Tennessee, 1982-83; Head men's and women's track & field and cross country coach, South Alabama, 1984-87; Assistant Coach for cross country and track & field, Georgia, 1988-89; Cross Country coach, assistant track & field, Long Beach State, 1990-91; Head cross country and track & field coach, UNC Asheville, 1993-2000; Assistant Coach, South Carolina, 2001-Present

Wife: Gayle



JEFF McCAULEY

ASSISTANT COACH >>> SECOND SEASON AT USC



Jeff McCauley enters his second year as part of the Gamecock coaching staff. During his first year at South Carolina, McCauley experienced great success on both the men's and women's teams.

Under Coach McCauley's direction, senior Rodney Martin broke the school's indoor 200m record with a third place finish at the NCAA Indoor Championship. Outdoors, the Gamecock women's 4x100m relay, coached by McCauley and consisting of All-Americans senior Khalilah Carpenter, freshman Shalonda Solomon, senior Alexis Joyce and freshman Amberly Nesbitt, broke a seven-year Gatorade Classic record with a first place finish time of 43.58, the eighth fastest outdoor time in school history.

Just a week later, McCauley coached senior All-American Rodney Martin and junior transfer Leroy Dixon and to their best performances of the season at the Tennessee Sea Ray Relays when the two ran 10.30 and 10.25, respectively, in the 100m final, earning third and first places. Dixon returned later in the season to run 10.19 at the East Regional in New York.

McCauley led the women's 4x100m relay, which was ranked No. 2 in the nation throughout the outdoor season, to a Penn Relays title, SEC title, NCAA East Regional title and a runner-up finish at the NCAA Outdoor Championship.

For the men, Martin became the first Gamecock to earn All-American honors in the 100m dash since Terrence Trammell in 1999, while also breaking the school's 200m record with a time of 20.43 in the 200m semifinal at the NCAA Championship.

Before joining the staff at South Carolina McCauley coached at Penn State University. Prior to working with the Penn State women's program the past two years, he was at Cal State Northridge, his alma mater, where he served as an assistant coach for seven seasons.

While at PSU, McCauley coached a number of student-athletes including Consuella Moore, a 2004 Olympian, and Chi-Chi Aduba - one of the top jumpers in the country - a five-time All-American, three-time Big Ten champion and holder of all the Nittany Lion school records.

McCauley coached the sprints, hurdles and horizontal jump events for both men and women at Northridge from 1996-2002. At Northridge, McCauley guided his athletes to 89 individual conference championships, 42 NCAA national qualifying marks, 43 indoor and outdoor school records and 21 Big Sky Conference records. Some of his more prominent Matador athletes included All-American sprinter Joe Criner, who ran a national best of 20.14 in the 200m in 1998, nine-time Big Sky champion Brandi Preieto, multi-talented Clinte Motley, the most prolific scoring athlete in Big Sky history, 15-time conference champion sprinter Annetta Wells, All-American hurdler and 800m runner Races Santin, All-American triple jumper Dee Scott, NCAA hurdler and two-time conference champion Heather Heron, conference champion Lashaunda Fowler and the 2002 USATF National Junior champion at 100m, Rashaad Allen.

His coaching resume includes 1999 national champion heptathlete Shelia Burrell, world class hurdler Dominique Arnold, NCAA triple jump runner-up Brandi Prieto, USATF 400m finalist Andre Ammons, and Avery Anderson, a first-year decathlete who placed sixth at the 2000 US Olympic trials.

Prior to coming to Northridge, McCauley served as a coach both privately and on the prep level. He was head track and field coach at Alemany High School from 1989-91, where his cross country teams were undefeated in dual meets both years. He also was an assistant track and field coach and cross country coach at Alta Loma High School from 1992-1995, where both the track and cross country teams were undefeated in dual meets.

McCauley and his wife, Lolita, the Northridge school record holder in the triple jump, have five children - Mariah (9), Jordan (7), Calah (4), Nehemiah (3) and Keziah (2).

The Jeff McCauley File

Born: September 7, 1967

High School: Diamond Bar, Diamond Bar, Calif.

High School Athletics: track and field and basketball

College Education: Mt. San Antonio College, Cal-State Northridge

College Athletics: Track and Field

Coaching Career: Head coach, Alemany High School, 1989-91; assistant coach, Alta Loma High School, 1992-95; assistant coach, Cal State Northridge, 1996-2002; assistant coach, Penn State, 2003-2004, assistant coach, South Carolina, 2004-present.

Wife: Lolita

Children: Mariah (9), Jordan (8), Calah (4), Nehemiah (3), Keziah (2)





RUSTY SHEALY

ASSISTANT COACH >>> SECOND SEASON AT USC

Rusty Shealy enters his second year as pole vault coach with USC's track & field program and his ninth year coaching pole vaulters. His primary responsibility is focused on developing vaulters.

Under Shealy's guidance in 2005, sophomore Dan McKenzie vaulted a personal best of 16-5.25 for a third-place finish at the SEC Indoor Championship, while sophomore Trey Bell finished sixth with a height of 15-11.25.

During the outdoor season, McKenzie earned SEC Athlete of the Week honors by leaping another personal best height of 16-6.75 for first place and a regional qualifying mark at the Orange and Purple Classic in Clemson. Bell also had a regional qualifying mark and personal best of 16-6.75 opening the outdoor season at the Weems Baskins Relays.

Another of Shealy's pupils, junior Cheryl Terrio, showed significant improvements during the outdoor season. Terrio leaped 13-3.50 for a third-place finish, contributing major points towards the SEC Championship title and earning a trip to the NCAA East Regional in New York. Terrio improved her height to 13-3.75 at regionals, finishing in third place and qualifying for the NCAA Championship.

Shealy coached Spencer Stephens to a second-place finish in the 2004 NCAA Eastern Regional, qualifying for NCAA Championships, and had a season best vault of 17-8.50. Stephens also finished 10th at 2003 NCAA Indoors with a season best of 17-9.75. Chase Shealy was the No. 1-ranked USA Junior vaulter in 2004, No. 7 World Junior, and No. 1-ranked junior college vaulter, with a season best of 17-7.

In 2004, Mitch Greeley vaulted 16-9 for the No. 2 high school vault nationally. Greeley was also a member of the 2003 World Youth Championship, "Team USA". This was his second vaulter in a many years to make the World Youth team. USC vaulter Trey Bell was on the 2001 World Youth Championship "Team USA".

Prior to USC (1998-2004), Coach Shealy had great success as the pole vault coach at Brookland-Cayce High School in Cayce, S.C., and director of Carolina Extreme Pole Vault. In eight years, 45 athletes qualified for the USATF National Junior Olympic Championships. Awards included four National Champions, three silver medalist and three bronze medalists, with 15 All-Americans and 20 "Top Ten" finishes.

In 2003, Shealy coached the USA Junior National second-place finisher and World Junior "Team USA" Pan American Junior Championships qualifier at 17-0.75 Shealy also coached the Adidas Outdoor Championships pole vault champion with a national meet record vault of 17-0.25 and the Nike Indoor Championships second place finisher at 17-0.75, which tied the national meet record at the time.

Over eight years, Shealy has coached 32 South Carolina High School League State Champion pole vaulters, including numerous boys and girls state and school record holders with a girls best of 12-8 and a boys best of 17-1. Coach Shealy has also coached the only three South Carolina high school vaulters to clear 15-0 as sophomores. Two achieved the rarity of jumping their age, which only a few people worldwide do each year. One vaulted 15-0 as a 15-year-old, and the other 15-0 at 15 years, 16-0 at 16, and then 17-0 at 17 years of age.

Shealy and his wife Midgett have four children: Chase (20), Conrad (17), Caitlyn (13) and Colton (10).

The Rusty Shealy File

Born: July 6, 1960; Columbia, S.C.

High School: Brookland-Cayce High School, Cayce, S.C.

High School Athletics: Lettered in track and played soccer

College Education: University of South Carolina, 1980-81

College Athletics: Track and field

Coaching Career: Volunteer coach at Brookland-Cayce High School, 1998-2004; Director/Head Coach of Carolina Extreme; 1998-present, South Carolina assistant coach, 2004-present

Wife: Midgett

Children: Chase, Conrad, Caitlyn, Colton





Raylene Ross
Administrative Aide

Raylene Ross is in her second season on the South Carolina Staff as an administrative aide. Over the past year, Raylene has been a major contributor to the staff assisting with the daily operations of the team. Ross has served as an assistant to the Athletic Academic Advisor, athlete-mentor, mentor, and a tutor. With her

assistance, the men and women's team posted their highest GPA in Carolina's history (Fall 2005).

Ross joined the Gamecocks after serving as a graduate assistant coach at Northwest Missouri State University (NWMSU) from 2003-2004, where she coached the men and women's jumpers, sprinters, and hurdlers. In her brief stint at NWMSU, she coached seven Division II NCAA qualifiers and All-American Alisha Samuel.

Prior to NWMSU, Ross worked as an Assistant Cross Country and Track and Field Coach at Swarthmore College in Pennsylvania from 2000-2001, where she received a bachelor's degree in Sociology and Anthropology in 2000.

Following Swarthmore, Raylene earned a master's degree in Psychology with a concentration in Athletic Counseling in 2003. While at Springfield, she worked as an Athletic Counselor with the men's basketball, football, and wrestling teams as well as the New England Junior Coyote Hockey Team in Connecticut. Ross also worked as an assistant track and field coach at Westfield State College in Westfield, Massachusetts from 2002-2003.

Currently, Ross is pursuing a doctorate degree in Physical Education with a concentration in Sports Psychology and Developmental Foundations. She is also a graduate teaching assistant in the Physical Education Department where she *teaches physical activity classes*.

Ross is a certified USATF Level I and Level II (Combined Events, Jumps, Sprints, Hurdles, and Relays) coach as well as a USATF Level I instructor.



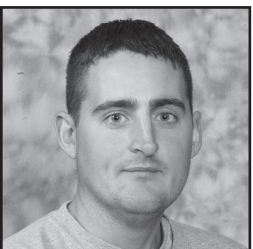
Annette Hunt
Administrative Assistant

Annette Hunt is in her 10th year at USC as the administrative assistant with the South Carolina track and field program. Her primary responsibilities include all clerical work, administrative meet management and assisting with home meets.

Hunt has worked at USC for 30 years with 27 of those years in the athletics department. A dedicated employee, she began working at the University in 1975. She was born and raised in Columbia, S.C.

Hunt has two sons: Keith and Kevin. Both are married, and she has three grandsons (Devin, Brandon and Kristofer) and one granddaughter (Miranda).

Recently remarried; Hunt, her husband, Todd, and stepson, Dylan reside in West Columbia.



Lance Greenwald
Athletic Trainer

Lance Greenwald is in his first year as an athletic trainer for the South Carolina track and field teams. He is currently pursuing a master's degree in athletic training from USC.

A graduate of Western Michigan, Greenwald earned his bachelor's degree in athletic training. While at WMU, he worked with womens' track and cross country, football, men's soccer and hockey.



Anna Volpe
Athletic Trainer

Anna Volpe is in her first year working with the Gamecock track and field program. Raised in Stamford, Conn., she earned a bachelor's degree from Quinnipiac University in Hamden, Conn. While at Quinnipiac, Volpe worked with field hockey, softball, men's lacrosse and the Yale football team and graduated in 2005

with a bachelor's degree in athletic training.

Currently, Volpe resides in Columbia, S.C. and is pursuing a master's degree in physical education with a concentration in athletic training at USC.



Travis Boyd
Academic Advisor

Travis Boyd serves as the academic advisor for the Gamecock men's and women's track and field team. He joined the academic support staff at South Carolina in June, 2004. In addition to track and field, Boyd has also worked with the USC football and baseball teams.

Boyd earned his bachelor's degree in psychology from Albion College (Mich.) in 2003. He competed in football and track as an undergraduate. Boyd also owns a master's degree in psychology with a concentration in athletic counseling from Springfield College (Mass.).

Originally from Saginaw, Mich., Boyd lives in Columbia.



Aaron Aviani
Massage Therapist

Aaron Aviani is in his seventh year working with the Gamecock student-athletes. The native of San Mateo, Calif., runs his own professional massage clinic, Top Performance Therapy, in Columbia, S.C.

Aviani attended the National Holistic Institute from 1996-98 where he received his massage therapy training. He is certified in massage therapy and as an athletic trainer.

In 1995, Aviani received an associate degree in Liberal Arts from Canada College in Redwood City, Calif. He also earned a bachelor of science in physical education at the University of South Carolina in 2000. While at USC he earned a NASPE scholarship.

Aviani is single and resides in Columbia, S.C.





DR. ANDREW SORENSEN

UNIVERSITY PRESIDENT

The University of South Carolina has a proud tradition of service to the people and state of South Carolina.

Scholarships and Research Productivity

With every new class, USC's student body grows in academic excellence. This year's freshman class promises to be the most talented academically in the history of the university. And they're joining an impressive group of students. Last year, University students won 28 national awards, earning more than \$1.1 million for advanced academic study. Winners included a Mellon Scholar, a Udall Scholar, a US Department of Homeland Security Fellow, three Fulbright Fellows, four National Science Foundation Research Fellows, three Goldwater Scholars, two EPA GRO Fellows, two Knowles Science Teaching Fellows, two Gilman Scholars, three Rotary International Scholars, a National Security Education Program Scholar, a Tau Beta Pi Scholar, a Target Scholar, a USA Today All-USA Academic Team Member, an Alpha Lambda Delta Scholar, and a Soros Fellowship Finalist.

As Carolina builds its research campus, faculty are garnering prestigious grants to conduct research in areas that have real-world applications for our state and our nation. Most recently, USC signed agreements with two leading research institutes in Korea and in Germany to share research and faculty in an area of immense importance to the world – next energy, specifically hydrogen fuel cells and other alternative energy sources. USC researchers also are directing their efforts toward the environment, biomedical science, and nanotechnology.

Selected Program Rankings

The University of South Carolina's capstone program for seniors and the undergraduate international business program at the Moore School of Business are among the nation's best, according to the 2005 "America's Best Colleges Guide," published by U.S. News & World Report.

USC's Moore School of Business is ranked No. 1 for undergraduate international business education -- a ranking that USC has held since 1995 -- and No. 8 for its undergraduate insurance program. USC's programs for first-year and senior students are cited among the nation's best by the magazine in its "Programs to Look For" section, which lists colleges and universities with outstanding programs that lead to student success.

USC's University 401 program was listed among 15 colleges and universities whose "Senior Capstone" programs enable students at the end of their college careers to make a smooth transition to the workplace or graduate school.

USC libraries rank in the top 50 for overall size of collections among more than 3,000 college and university libraries in the United States and Canada, according to the Association of Research Libraries' report.

Dr. Andrew A. Sorensen

Andrew A. Sorensen came to USC after serving as president of the University of Alabama (1996-2002) and provost and vice president for academic affairs at the University of Florida (1990-1996). Dr. Sorensen also has been executive director of the AIDS Institute at the Johns Hopkins Medical Institutions and director of the School of Public Health at the University of Massachusetts at Amherst. He was a faculty member at Lincoln University, the University of Rochester, and Cornell University, and has been a visiting faculty member at the Harvard University School

of Medicine and at the University of Cambridge School of Medicine.

Author or editor of seven books and more than 100 articles, he is professor of epidemiology and biostatistics in USC's Arnold School of Public Health. He holds a bachelor's degree in ethics and master's and doctoral degrees in medical sociology from Yale University. He also earned a B.A. in history from the University of Illinois and a master of public health degree from the University of Michigan.

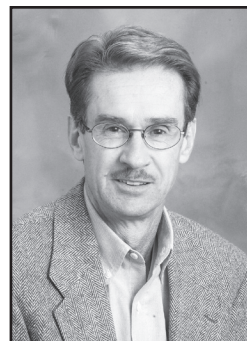
Currently, he is vice president of the Southeastern Conference, past president of the Southern University Conference, past chair of the Southern Universities Research Association Council of Presidents, and a trustee of the Universities Research Association. He was a member of the Education Advisory Committee for President Bush's Transition Team during 2000-2001, and was appointed in 2005 to the NIH National Science Advisory Board for Biosecurity. He is active in community affairs, serving as Honorary Chairman of the Board of Big Brothers/Big Sisters.

Donna Sorensen

Donna Ingemie Sorensen holds a baccalaureate degree in chemistry from Wheaton College (Massachusetts) and master's degrees in nutrition from Cornell University and in chemistry from Wesleyan University. Shortly after arriving at USC, Mrs. Sorensen was appointed by S. C. Department of Education Superintendent Inez Tennenbaum to serve on the S. C. Department of Education Task Force on Nutrition and Health in Our Youth, an effort that examined the problem of childhood obesity. She is president of the board of the Girl Scout Council of the Congaree Area and serves on the boards of the S. C. Arts Foundation, the USC Board of Dance, McKissick Museum Advisory Council, and the Ex Libris Society Executive Committee. She also serves on the national board of Associated Marine Institutes.

RUSS PATE

FACULTY ATHLETICS REPRESENTATIVE



In 2002, the University of South Carolina named Dr. Russ Pate as its faculty athletics representative to the Southeastern Conference and the National Collegiate Athletic Association.

Pate, a professor and former chairman of the department of exercise science at the Arnold School of Public Health, is internationally recognized for his research on the link between physical activity and health. He is a former president of the American College of Sports Medicine.

His duties include advising USC President Andrew Sorensen on matters related to the athletics program and working with Dr. Sorensen to determine the university's position on NCAA legislation. Pate also will review the eligibility, admission and progress of student-athletes. He also assists in evaluating compliance with NCAA regulations, attends SEC and NCAA meetings, serves as the university's voting delegate at the NCAA's annual meetings and participates in the organization's certification program.

Pate's research has been supported by the National Institutes of Health, the Centers for Disease Control and Prevention, the American Heart Association and the U.S. Olympic Committee.





ERIC HYMAN

**DIRECTOR OF ATHLETICS >>>
FIRST YEAR AT USC**

Eric Hyman, named Director of Athletics for the University of South Carolina on April 16, 2005, comes from Texas Christian University in Fort Worth, Texas, where he served as the athletics director for over seven years. He officially began his duties at Carolina on July 1, 2005. At TCU, Hyman

worked to solidify a national reputation as an architect of championship programs, as an advocate for academic success and as a skilled administrator. For his success, Hyman was named the 2003-2004 *Street and Smith's Business Journal* National Athletics Director of the Year and was also chosen as the Division I-A West Regional Athletics Director of the Year by the National Association of Collegiate Directors of Athletics (NACDA). The 2004-05 school year produced three conference championships, seven second-place finishes and the C-USA Male and Female Athlete of the Year in All-American Lance Broadway and Sandora Irvin.

Under his leadership, TCU teams recorded 32 conference titles and consistently posted a graduation percentage rate higher than that of the overall TCU student body. Hyman was instrumental in orchestrating TCU's invitation to join Conference USA in July 2001 and spearheaded the effort for TCU to join the Mountain West Conference in July 2005, moving the program up from the Western Athletic Conference it was in when Hyman arrived.

In the 2000-2001 school year, TCU teams turned in the best athletics record in school history when the Horned Frogs registered a school record eight WAC championships and had seven teams nationally ranked. TCU was one of only four schools to record 10 victories in football and 20 wins in both men's and women's basketball, while setting a school record for football season tickets sold.

TCU turned in the most successful overall season of any Conference USA member in 2001-02. The Horned Frogs' debut campaign in the league featured nine NCAA appearances, five tournament championships and one regular season title. In 2003-04, TCU captured four Conference USA crowns along with nine second-place finishes. The conference titles in women's swimming and women's indoor track & field were the first in school history for those programs, while the baseball team reached the NCAA Tournament for just the third time ever. In addition, the football team was ranked as high as sixth in the BCS polls during the season. The 2004-05 school year produced three conference championships and seven second-place finishes. During Hyman's tenure, the football team went to six bowl games in seven seasons, the women's basketball team went to five straight NCAA Tournaments and the baseball team earned back-to-back regional appearances for the first time in school history.

As TCU's Athletics Director, Hyman worked diligently to improve athletic facilities. The first phase of a building plan he put in place included the construction of a soccer stadium, a track complex and football practice fields. Phase two included renovations to TCU's coliseum and the construction of an athletics center housing the football offices and meeting rooms, an academic center, athletic administration offices and an athletics heritage area. The third phase of the building plan included the construction of a baseball stadium, basketball practice complex, tennis offices and locker room building, an all-weather football practice field and a volleyball gymnasium.

During the TCU years, Hyman negotiated an innovative marketing partnership for TCU Athletics with ESPN Regional, the most extensive agreement of its kind between ESPN and a university. Hyman also hired a number of coaches of national prominence, including football coach Dennis Franchione and former USC assistant basketball coach Neil Dougherty, bringing recognition and success to the school and placing TCU on the national scene in athletics.

No stranger to the Carolinas, Hyman coached football for nine years under Art Baker and Dick Sheridan, and was an associate athletics director for two years at Furman University, where he earned a master's degree in educational

administration (1975). He and his wife, Pauline, coached the women's basketball team at North Greenville College in Tigerville, South Carolina, leading the team to national rankings.

Hyman played football at the University of North Carolina at Chapel Hill where he was an all-ACC football player, on the Dean's list and selected for the Hula Bowl. He also served as the Executive Associate Athletics Director at North Carolina State University in Raleigh.

Before joining TCU, Hyman was the athletics director at Miami University in Oxford, Ohio. During his tenure, Miami had the fifth highest student-athlete graduation rate among all NCAA Division I schools in the country. His last two years at Miami brought home 10 conference championships. Hyman also served as athletics director at VMI in Lexington, Virginia, in the 1980s.

His wife, Pauline, is a native of North Carolina and also graduated from the University of North Carolina at Chapel Hill. Prior to her arrival at UNC, she played and later coached women's college basketball, taught sociology and psychology as well as serving as a college administrator. Pauline developed and taught the NCAA CHAMPS Life Skills course and various seminars for student-athletes at both Miami University and TCU.

The Hymans have two adult children: Ryan, who graduated from TCU in 2001 and Corrine, a 2004 graduate of TCU. Ryan works for L.T. Barton Insurance Company in Fort Worth and Corrine is a realtor with Williams Trew Real Estate in Fort Worth.



CHARLES WADDELL

ASSOCIATE ATHLETICS DIRECTOR

Charles Waddell joined the USC staff as an Associate Athletic Director in February, 2006. Prior to his appointment, Waddell served as Vice Chancellor of Institutional Advancement at Fayetteville State University.

Waddell oversees the athletic department's policies and procedures, travel and the sports medicine program and will coordinate special projects. He also serves as an administrator to several sports including women's basketball, track & field and swimming & diving.

Waddell, a former three-sport standout at the University of North Carolina, boasts an impressive and wide-ranging resume. At Fayetteville State, he was been responsible for all development and fundraising-related matters and for the planning and organization of university relations and public affairs programs. He worked in close partnership with the chancellor and members of the Board of Trustees on all development efforts, including the cultivation of individual donors, foundations and corporate sponsors.

Waddell spent nearly 10 years of his professional career as the Director of Marketing and Sponsorships for Richardson Sports in Charlotte, where he was responsible for the advertising and corporate sponsorships for the Carolina Panthers Football Club. He helped generate over \$100 million of revenue for the 1995 through the 2002 NFL seasons.

Prior to joining the Carolina Panthers, Waddell was the president and co-owner of Waddell Distributors, Inc., where he managed and funded a bottle water franchise for a three-year period.

Waddell served as an assistant commissioner for the Big Ten Conference from December 1990 to July 1994, where he created and supervised Big Ten Conference marketing and licensing programs. He also served as a representative to the Big Ten Conference compliance committee, minority advisory commission, sports medicine committee and the promotions & public relations committee. He served as the Conference liaison to athletics directors, head football coaches and track & field coaches.

Waddell is a 1975 graduate of the University of North Carolina at Chapel Hill with a bachelor's degree in industrial relations. He is the last three-sport letterman at UNC, earning letters in football (1972-74), track (1973) and basketball (1973-74). He was an all-ACC football player and earned The All-America honors from *The Sporting News* in 1974. He also received The Patterson Medal in 1975, which is the highest athletic award at UNC. Waddell played professional football with the Tampa Bay Buccaneers, Seattle Seahawks and San Diego Chargers. He earned his Master's degree in business from UNC in 1984.

Waddell and his wife, Sandra, have three grown children, Christa, Cassandra and Cortez.

