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**SOUTH CAROLINA QUICK FACTS**

**UNIVERSITY INFORMATION**

Location..... Columbia, S.C.  
 Founded..... 1801  
 Enrollment..... 28,481  
 Affiliation..... NCAA Division I  
 Conference..... Southeastern  
 Colors..... Garnet (PMS 202) & Black  
 Nickname..... Gamecocks  
 President..... Dr. Harris Pastides  
 Athletics Director..... Eric Hyman  
 Deputy Athletics Director..... Marcy Girton  
 Executive Associate AD..... Kevin O'Connell  
 Senior Associate AD/SWA..... Judy Van Horn  
 Faculty Athletics Representative..... Dr. Zach Kelehear  
 Swimming/Diving Facility..... Carolina Natatorium (1,200)

**COACHING STAFF**

Head Swimming Coach..... McGee Moody - 4th Year (East Carolina, '98)  
 Head Diving Coach..... Todd Sherritt - 18th Year (Cincinnati '82)  
 Assistants..... Allison Brennan, Jason Memont, Abby Steketee, Steve Steketee

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**MEN'S TEAM INFORMATION**

2009-10 Dual Meet Record..... 4-6  
 SEC Dual Meet Record..... 1-3  
 Conference Finish..... 8th  
 NCAA Finish..... Competed/no score  
 Returners (Swimming)..... 18  
 Returners (Diving)..... 2  
 Newcomers (Swimming)..... 6  
 Newcomers (Diving)..... 1

**WOMEN'S TEAM INFORMATION**

2009-10 Dual Meet Record..... 3-8  
 SEC Dual Meet Record..... 1-4  
 Conference Finish..... 9th  
 NCAA Finish..... 39th  
 All-Americans..... 1  
 Returners (Swimming)..... 23  
 Returners (Diving)..... 3  
 Newcomers (Swimming)..... 10  
 Newcomers (Diving)..... 1

**MEDIA GUIDE CREDITS**

The 2010-11 South Carolina Swimming and Diving Media Guide is a publication of the South Carolina Athletic Media Relations Office. Design, writing and editing by Assistant Media Relations Director Wes Todd. Editorial assistance provided by Steve Fink and Andrew Kitick. Photography by Wes Todd, Jason Ayer, Willis Glasgow, Gregg Martin, Mike Ricke, Brad Robinson and Allen Sharpe.

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**The South Carolina Media Relations Office would like to thank you for your interest in Carolina Swimming & Diving. This guide has been prepared to assist you in your coverage of the team. If you have any questions or requests, please reach South Carolina swimming & diving contact Wes Todd at (803) 777-7872 or via e-mail - wtodd@sc.edu**

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**INTERVIEWS**

South Carolina head coach McGee Moody, head diving coach Todd Sherritt, staff and all Gamecock athletes are available for media interviews. Interviews can be conducted on before or after practice each day or at other times arranged by the Media Relations Office.

It is requested that all interviews be arranged through Wes Todd. Athletes and coaches have been instructed to not agree to interviews not arranged by the Media Relations Office.

**POST-MEET INTERVIEWS**

Post-game interviews are conducted on the pool deck or in the team meeting room at Blatt P.E. Center. After the athletes warm down, requested athletes will be available. The South Carolina locker room is closed to the media.

**MEDIA MEET DAY SERVICES**

At home and on the road, notes and statistics will be provided in the press box and on-line at [www.gamecocksonline.com](http://www.gamecocksonline.com). Complete results will be available shortly after each meet; hard copies can be obtained at home meets and an online version will be available from road meets. A post-meet story following each meet will be faxed and e-mailed to outlets requested. Scores will be reported to area broadcast outlets.

Wireless internet is available for use in the Blatt P.E. Center.

**CREDENTIALS**

No credentials are required to cover South Carolina home swimming & diving meets. All competitions at the Blatt P.E. Center are free and open to the public. Photographers should contact Wes Todd prior to covering a meet to ensure adequate deck space.

**PARKING**

Parking at the Blatt P.E. Center is subject to the rules and regulations of University of South Carolina Parking Services. There is very limited parking available in the Blatt P.E. Center lot, but other parking can be found within short walking distance.

**ON THE INTERNET**

Information on all of South Carolina's teams can be obtained through the official website of University of South Carolina athletics, [GamecocksOnline.com](http://GamecocksOnline.com). The site features all the information contained in this guide, plus links to the Southeastern Conference and other swimming & diving resources.

**DIRECTIONS TO BLATT P.E. CENTER**

Address: 1400 Wheat St., Columbia, SC 29201

**From Greenville/Spartanburg:** Follow I-26 East to I-126 toward downtown Columbia, then take the exit for Huger Street. Continue 1.5 miles, then turn left on Blossom Street. At the fourth light, take a right on Sumter St., then take the next left onto Wheat Street. The P.E. Center is on the right.

**From Augusta:** Follow I-20 East. Take exit 64A onto I-26 East, then follow the directions above.

**From Charlotte:** Follow I-77 South. Take exit 18 onto Hwy. 277, then continue onto Bull Street into downtown Columbia. Turn left at Gervais Street, then take the next right onto Pickens Street. Continue 0.7 miles, then turn right on Wheat Street. The P.E. Center is on the left.

**From Florence:** Follow I-20 West. Take exit 73 onto Hwy. 277, then follow the directions above.

**From Charleston:** Take exit 116 onto I-77 North. Continue to Exit 6 (Shop Road), then follow onto George Rogers Blvd. Turn right at Whaley Street, take the second left onto Sumter Street, then the next right onto Wheat Street. The P.E. Center is on the right.



**WOMEN**

Name	Event(s)	Year	Hometown (Previous School)
Aileen Atzhorn	Breast/IM	Jr.	Gulf Breeze, Fla. (Gulf Breeze)
Whitney Avers	Free/Fly/IM	So.	Arnold, Md. (Broadneck)
Allison Barr	Diving	Sr.	Orlando, Fla. (The First Academy)
Sarah Bartlett	Backstroke	Jr.	Fort Mill, S.C. (Fort Mill)
Maryn Bieganski	Free/Fly	Fr.	Solon, Ohio (Solon)
Shaylyn Blake	Free/Fly	Sr.	Davidson, N.C. (North Mecklenburg)
Blair Bowers	Freestyle	Sr.	Columbus, Ga. (Gardner-Webb)
Meghan Brockington	Free/Fly	So.	Courtice, Ontario (Clarington Central)
Mallory Cage	Breaststroke	Jr.	Waxhaw, N.C. (Weddington)
Courtney Forcucci	Diving	Jr.	Fort Mill, S.C. (Univ. of Houston)
Abby Galbreath	Distance Free/IM	Fr.	Kettering, Ohio (Kettering Fairmont)
Jordan Gibbs	Distance Free	So.	Severna Park, Md. (Severna Park)
Logan Griffith	Free/Breast/IM	So.	Destin, Fla. (Fort Walton Beach)
Lydia Hackert	Breast/Back	Jr.	Centerville, Ohio (Centerville)
Alina Hall	Freestyle/IM	Fr.	Alexandria, Va. (Bishop Ireton)
Bridget Halligan	Freestyle	Sr.	Paoli, Pa. (Villa Maria Academy)
Alyssa Hand	Breast/IM	Jr.	Hockessin, Del. (Saint Mark's)
Stephanie Hellenga	Freestyle	Sr.	LaPorte, Ind. (LaPorte)
Taylor Jossierand	Sprint Free	Fr.	Jacksonville, Fla. (Bolles)
Kelly Kirchler	Butterfly	Sr.	Auburn, Ala. (Auburn HS)
Chay Malvasio	Diving	So.	Columbia, S.C. (North Carolina)
Lindsey Olson	Free/Fly/IM	So.	Charleston, S.C. (First Baptist Church)
Jamie Osborn	Distance Free	Fr.	Greenville, S.C. (J.L. Mann)
Matea Peteh	Free/Back	So.	Rovinj, Croatia (Hrvatska Gimnazija)
Lauren Plowman	Breast/Fly	So.	Atlanta, Ga. (Marist School)
Lauren Raczkowski	Freestyle/IM	Fr.	Simpsonville, S.C. (Hillcrest)
Lauren Rosenberg	Backstroke/IM	Fr.	Powell, Ohio (Olentangy Liberty)
Amanda Rutqvist	Breaststroke	Fr.	Gothenburg, Sweden
Rachael Schaffer	Breaststroke/IM	Fr.	Baltimore, Md. (McDonogh)
Claire Shannon	Freestyle	So.	Cincinnati, Ohio (Turpin)
Megan Sparks	Backstroke	Sr.	Carmel, Ind. (Carmel)
Haley Staubach	Back/Fly	So.	Lilburn, Ga. (Parkview)
Kelly Tannhauser	Freestyle/IM	Fr.	Seattle, Wash. (Juanita)
Laura Thomas	Fly/Free	So.	Aiken, S.C. (South Aiken)
Elizabeth Wilner	Fly/IM	So.	Jacksonville, Fla. (Bolles)
Taryn Zack	Diving	Sr.	Stony Plain, Alberta (Vimy Ridge)

**MEN**

Name	Event(s)	Year	Hometown (Previous School)
Isaac Badillo	Free/Back/Fly	Jr.	Columbia, S.C. (Ridge View)
Tim Berens	Freestyle/IM	Fr.	Charlotte, N.C. (South Mecklenburg)
Robert Cave	Breaststroke	So.	Hertfordshire, England
Matthew Columbus	Free/IM	So.	Cincinnati, Ohio (St. Xavier)
Ryan Connolly	Breast/IM	Jr.	Zionsville, Ind. (Zionsville Community)
James Crawford	Free/Back/Fly/IM	Jr.	High Wycombe, England (John Hampelen)
Alex Fitton	IM/Back	So.	Monmouth Beach, N.J. (Christian Brothers)
Michael Flach	Free/Fly/IM	So.	Annandale, Va. (Bishop O'Connell)
Rory Grigull	Sprint Free	Jr.	Coral Springs, Fla. (M.S. Douglas)
Max Heinze	Sprint Free/Fly	So.	Berlin, Germany (Ouachita Baptist)
Andrew Helmich	Diving	Fr.	North Augusta, S.C. (Augusta Prep)
Dan Jackson	Freestyle	Jr.	Austin, Texas (A.N. McCallum)
Collin Kaden	IM/Breast/Fly	So.	Humble, Texas (Atascocita)
Chris Kelly	Fly/Back/IM	Jr.	Morristown, Tenn. (Morristown West)
John Metts	Freestyle	So.	Columbia, S.C. (A.C. Flora)
Matt Navata	Breaststroke/IM	Fr.	West Orange, N.J. (West Orange)
Rylan Ridenour	Diving	So.	Lebanon, Ind. (Lebanon)
Gerard Rodriguez	Sprint Free/IM	Fr.	Badalona, Spain
Brooks Ross	Distance Free	So.	Manakin-Sabot, Va. (Collegiate School)
Nicholas Sachs	Diving	So.	Giesshuebl, Austria (Sir-Kaul-Poppen)
Andrew Seiler	Breast/Free/IM	So.	Phoenixville, Pa. (Springford)
Garrett Snipes	Free/Fly/Back	So.	Greer, S.C. (Riverside)
Brett Sexton	Freestyle	Sr.	Wintson-Salem, N.C. (R.J. Reynolds)
Gray Tedder	Freestyle/Fly/IM	Jr.	Shelby, N.C. (Shelby)
Jay Warner	Backstroke/IM	Fr.	Moore, S.C. (Dorman)
Jake White	Freestyle	Fr.	Waxhaw, N.C. (Marvin Ridge)

**HEAD SWIMMING COACH** • McGee Moody • 4th Year (East Carolina, '98)

**HEAD DIVING COACH** • Todd Sherritt • 18th Year (Cincinnati, '82)

**ASSISTANT COACHES** • Jason Memont, Steve Steketee, Abby Steketee, Allison Brennan



## Men's Schedule/Results

Date	Opponent	Location	Time/Result
Sat., Oct. 16	Western Kentucky	Nashville, Tenn.	W 203-97
<b>Fri., Oct. 29</b>	<b>CLEMSON</b>	<b>Columbia, S.C.</b>	<b>W 169.5-125.5</b>
Fri., Nov. 5	Missouri	Fayetteville, Ark.	W 181.5-118.5
Thu., Nov. 18 - Sat. Nov. 20	Nike Cup Invitational	Chapel Hill, N.C.	3rd of 9
Mon., Jan. 3 - Tues., Jan. 4	Tennessee Diving Invitational	Knoxville, Tenn.	N/A
<b>Fri., Jan. 7</b>	<b>KENTUCKY *</b> <b>COLLEGE OF CHARLESTON</b>	<b>Columbia, S.C.</b>	<b>W 180.5-118.5</b> <b>W 251-47</b>
Sat., Jan. 15	Duke	Durham, N.C.	W 165-135
Fri., Jan. 21	Queens University (N.C.)	Greenville, N.C.	W 247-41
Sat., Jan. 22	East Carolina	Wilmington, N.C.	W 163.5-128.5
<b>Sat., Jan. 29</b>	<b>GEORGIA *</b> <b>ALABAMA *</b>	<b>Columbia, S.C.</b>	<b>L 117.5-180.5</b> <b>W 160-140</b>
Fri., Feb. 11- Sun., Feb. 13	SEC Diving Championships	Gainesville, Fla.	All Day
Wed., Feb. 16 - Sat., Feb. 19	SEC Swimming Championships	Gainesville, Fla.	All Day
Thu., Mar. 10 - Sat., Mar. 12	NCAA Zone B Diving	Athens, Ga.	All Day
Thu., March 24 - Sat., March 26	NCAA Men's Championships	Minneapolis, Minn.	All Day

## Women's Schedule/Results

Date	Opponent	Location	Time/Result
Sat., Oct. 16	Vanderbilt *	Nashville, Tenn.	W 252-43
<b>Fri., Oct. 29</b>	Western Kentucky	<b>Columbia, S.C.</b>	W 195-104 <b>W 167-133</b>
Fri., Nov. 5	Arkansas *	Fayetteville, Ark.	L 106-194 L 124-176
Thu., Nov. 18 - Sat. Nov. 20	Missouri	Chapel Hill, N.C.	3rd of 9
Mon., Jan. 3 - Tues., Jan. 4	Nike Cup Invitational	Chapel Hill, N.C.	3rd of 9
Fri., Jan. 7	Tennessee Diving Invitational	Knoxville, Tenn.	N/A
<b>Fri., Jan. 7</b>	<b>KENTUCKY *</b> <b>COLLEGE OF CHARLESTON</b>	<b>Columbia, S.C.</b>	<b>L 137-144</b> <b>W 236-57</b>
Sat., Jan. 15	Duke	Durham, N.C.	L 140-160
Fri., Jan. 21	Queens University (N.C.)	Greenville, N.C.	W 249-24
Sat., Jan. 22	East Carolina	Wilmington, N.C.	W 168-128
<b>Sat., Jan. 29</b>	<b>UNC-Wilmington</b> <b>GEORGIA *</b> <b>ALABAMA *</b>	<b>Columbia, S.C.</b>	L 140-155 <b>L 119.5-178.5</b> <b>W 158-142</b>
Fri., Feb. 11- Sun., Feb. 13	SEC Diving Championships	Gainesville, Fla.	All Day
Wed., Feb. 16 - Sat., Feb. 19	SEC Swimming Championships	Gainesville, Fla.	All Day
Thu., Mar. 10 - Sat., Mar. 12	NCAA Zone B Diving	Athens, Ga.	All Day
Thu., March 17 - Sat., March 19	NCAA Women's Championships	Austin, Texas	All Day



## MEN'S 2010-11 NCAA DIVISION I QUALIFYING STANDARDS

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Freestyle	:19.35	:20.31	:21.60	:22.67	:22.51	:23.62
100 Freestyle	:42.26	:44.37	:47.17	:49.53	:48.97	:51.42
200 Freestyle	1:33.61	1:38.29	1:44.48	1:49.70	1:48.22	1:53.64
500 Freestyle	4:15.68	4:28.46	3:43.70	3:54.88	3:51.39	4:02.95
1,650 Freestyle	14:51.15	15:35.70	14:48.49	15:32.91	15:23.48	16:09.64
100 Butterfly	:46.04	:48.34	:51.39	:53.96	:53.05	:55.70
200 Butterfly	1:42.95	1:48.09	1:54.90	2:00.64	1:58.88	2:04.82
100 Backstroke	:46.28	:48.59	:52.11	:54.72	:55.92	:58.71
200 Backstroke	1:41.53	1:46.60	1:53.32	1:58.98	1:59.59	2:05.57
100 Breaststroke	:52.87	:55.51	:59.01	1:01.96	1:01.77	1:04.85
200 Breaststroke	1:54.25	1:59.96	2:07.52	2:13.89	2:13.16	2:19.82
200 Individual Medley	1:44.05	1:49.25	1:56.22	2:02.03	2:01.51	2:07.58
400 Individual Medley	3:43.68	3:54.86	4:10.99	4:23.53	4:19.98	4:32.98
200 Freestyle Relay	1:17.69	1:21.57	1:26.71	1:31.04	1:30.34	1:34.85
400 Freestyle Relay	2:52.47	3:01.09	3:12.49	3:22.12	3:19.85	3:29.84
800 Freestyle Relay	6:23.26	6:42.42	7:07.75	7:29.14	7:22.06	7:44.16
200 Medley Relay	1:25.66	1:29.94	1:35.61	1:40.39	1:39.84	1:44.83
400 Medley Relay	3:08.22	3:17.63	3:30.07	3:40.58	3:39.89	3:50.88

1-Meter Diving Points—Dual 290\*/300\*\*\*

3-Meter Diving Points—Dual 310\*/320\*\*\*

Platform Diving Points—Dual 290\*/300\*\*\*

\* qualifying point total when using a 1 voluntary + 5 optional Dual Meet list

\*\*\*qualifying point total when using six optional dives with standard D.D.

## WOMEN'S 2010-11 NCAA DIVISION I QUALIFYING STANDARDS

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Freestyle	:21.93	:23.02	:24.48	:25.70	:25.18	:26.44
100 Freestyle	:47.84	:50.23	:53.40	:56.07	:54.74	:57.48
200 Freestyle	1:44.02	1:49.22	1:56.10	2:01.90	1:59.02	2:04.97
500 Freestyle	4:38.46	4:52.41	4:03.63	4:15.83	4:10.42	4:22.96
1,650 Freestyle	15:53.38	16:41.04	15:50.53	16:38.05	16:17.83	17:06.71
100 Butterfly	:52.02	:54.62	:58.06	1:00.97	:59.32	1:02.29
200 Butterfly	1:54.95	2:00.69	2:08.30	2:14.70	2:10.48	2:17.00
100 Backstroke	:52.55	:55.17	:59.17	1:02.13	1:02.15	1:05.26
200 Backstroke	1:53.37	1:59.24	2:06.53	2:13.09	2:12.29	2:19.14
100 Breaststroke	:59.99	1:02.98	1:06.96	1:10.30	1:08.96	1:12.40
200 Breaststroke	2:09.72	2:16.20	2:25.45	2:32.72	2:28.43	2:35.85
200 Individual Medley	1:56.13	2:01.93	2:09.61	2:16.09	2:13.95	2:20.64
400 Individual Medley	4:07.33	4:19.69	4:36.04	4:49.84	4:42.35	4:56.46
200 Freestyle Relay	1:28.35	1:32.76	1:38.61	1:43.53	1:41.44	1:46.50
400 Freestyle Relay	3:14.93	3:24.67	3:37.56	3:48.43	3:43.04	3:54.18
800 Freestyle Relay	7:02.07	7:23.17	7:51.07	8:14.62	8:02.92	8:27.07
200 Medley Relay	1:37.81	1:42.70	1:49.17	1:54.63	1:52.56	1:58.19
400 Medley Relay	3:32.56	3:43.18	3:57.24	4:09.09	4:03.21	4:17.13

1-Meter Diving Points—Dual 255\*/265\*\*\*

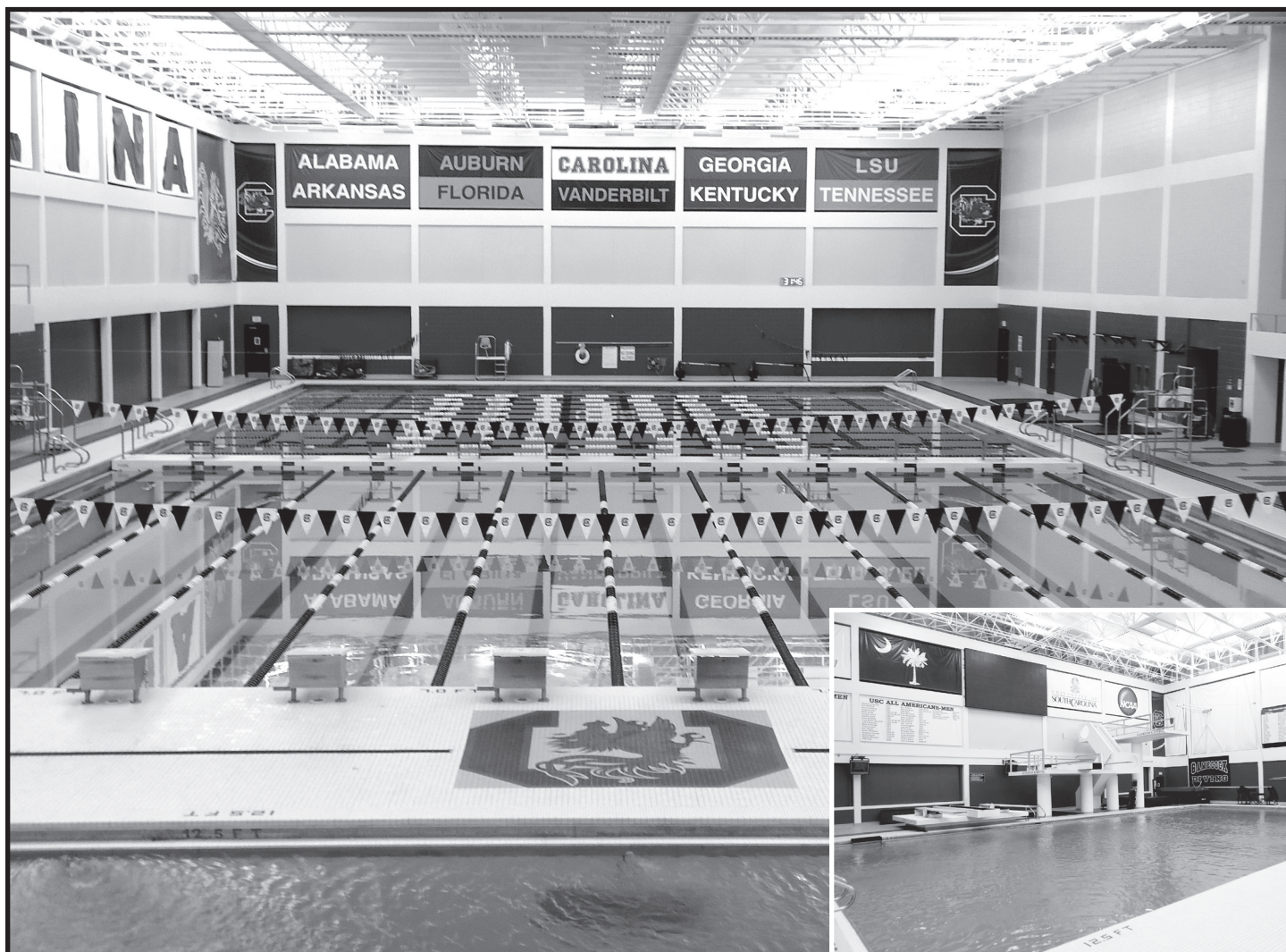
3-Meter Diving Points—Dual 270\*/280\*\*\*

Platform Diving Points—Dual 260\*/225###

\* qualifying point total when using a 1 voluntary + 5 optional dual meet list

\*\*\*qualifying point total when using six optional dives with standard D.D.

###qualifying point total when using five optional dives with standard D.D.



Housed in the Sol Blatt P.E. Center, the Carolina Natatorium serves as the home to South Carolina swimming and diving.

Extending 50 meters in length and 25 yards in width, the pool meets all structural requirements for SEC and NCAA competition. One of the more convenient aspects of the pool is its ability to transform from an Olympic size pool to a recreational training facility. A moveable bulkhead - newly installed in 2009 - allows the length of the pool to be set at 25 yards, 25 meters or 50 meters, allowing the Gamecocks to train for various meets.

Having undergone several renovations, the Natatorium can also become a semi-open air facility. Featuring 12 solid electronic moveable doors throughout the natatorium, the doors allow Gamecock swimmers the opportunity to practice under simulated natural conditions. The doors also open to a beautiful sun deck that allows athletes to take full advantage of the warm South Carolina sunshine. The renovation of 2000 included new coaches' offices and meeting rooms, and a fresher look that includes banners of every SEC team, and plaques of every Gamecock All-America swimming and diving selection in school history. This "Wall of Fame" is located in the spectator seating area, which provides a spectacular "birds eye" view of the pool area for fans to view exciting SEC action.

Carolina Natatorium underwent another extensive renovation during the summer of 2010 when a new pool deck and an upgraded new lighting system were installed. In addition, the walls were painted garnet to give the nearly 35-year-old facility a brand new look as it continues to be one of the top swimming and diving facilities in this part of the country.

The Natatorium is also home to a quality diving venue. Featuring two one-meter and three-meter boards and a five-meter diving platform, the natatorium's diving area presents student-athletes with a first-rate training and meet facility. The diving area is 25 yards by 35 feet with depth slopes of 12-14 feet. A state-of-the-art DVR system provides valuable training equipment with both a side view and an underwater camera.

Carolina's swimming facility also features a state-of-the-art Colorado Timing system. It has a 10-lane readout for spectators and swimmers. The seating area features 800 permanent seats with movable seating to accommodate up to 400 more spectators.

The site of the 1995 SEC Championships, the Natatorium served as a training site for the 1996 Russian Olympic Team in June of 1996. The Natatorium was also the site of the mens USA-Russia Dual Meet, nationally televised in April 1995. The New Zealand team also came to USC prior to the Olympics for a meet. The Natatorium also hosts the South Carolina State High School Swimming Championships and the Columbia city championships every year.



# McGee Moody

**Head Swimming Coach**  
**Fourth Year at South Carolina**

A proven leader in the coaching profession, McGee Moody is in his fourth season as the head swimming coach at the University of South Carolina. He and his staff continue to build the South Carolina program and strive toward the elite level of the sport through effective training methods and tireless recruiting efforts.

In his four seasons at the helm, Moody has overseen a successful stretch for the Carolina swimming and diving program. This season, the Gamecock men equaled the school record for wins in a single season, finishing with a 10-1 dual-meet record. The Carolina women also finished with a winning record for the first time since 2002, posting a 7-6 dual-meet mark.

His first three seasons saw gradual improvements. The 2009-10 season was a bit of a rebuilding year, but highlights included freshman Michael Flach's bronze-medal performance in the 500 freestyle at the SEC Championships. In 2008-09, the Gamecock women finished with a .500 dual meet record for the first time since 2005 and won five meets for the first time since 2002. The women also earned their highest SEC Championships finish in three years. The Carolina men, meanwhile, sent two swimmers - Nick Walkotten and Kyle Cormier - to the NCAA Championships and earned a 29th-place national finish, the best for a Carolina squad since 2005. Combined, the Carolina men and women turned in 23 NCAA provisional qualifying times and broke 14 school records.

It wasn't an easy beginning for the East Carolina graduate, but Moody made great strides with the South Carolina program in his initial season on the Horseshoe. Despite arriving on campus only a month before the start of the 2007-08 season, Moody oversaw a successful transition as Carolina sent three swimmers to the NCAA Championships. Walkotten and Dominique Lendjel represented the Gamecock men while Christy Williams swam for the women.

Moody spent three years at William & Mary, where his teams achieved 559 lifetime best swims, 301 all-time Tribe top-10 performances, 46 school records and 18 gold medals at the Colonial Athletic Association Championships. The Tribe swimming program also excelled academically. The women received Academic All-America honors in each semester under Moody's tutelage.

In 2007, Moody earned the conference's Coach of the Year honor after leading his women's team (8-4, 6-2 CAA) to the first Colonial Athletic Association Championship in the program's 80-year history with a record-tying 12 gold medals. In doing so, the squad swept the conference awards by winning Performer of the Meet, Swimmer of the Year and Rookie of the Year. The men's program finished with a winning record (6-3-1, 5-2-1 CAA) for the first time since 1998-99, and finished fourth at the conference meet behind a pair of runner-up performances and a host of bronze medals.

In 2005-06, the Tribe women's team improved upon its fourth-place conference finish in 2005 by taking second, passing George Mason on the final day of the CAA Championships. During the season, the women were even more impressive, posting a 10-4 ledger (8-1 CAA), to set the school record for conference wins in a season. In the conference, their only blemish was against eventual champion UNC Wilmington. The men also experienced improvement, achieving five dual-meet wins for the first time since 1999 and posting a .500 mark (4-4) in the conference. They also improved on their result at the conference championship, riding a bevy of personal records in the last two days to a fifth-place finish.

Moody spent four seasons as an assistant men's swimming coach at the United States Naval Academy. During his tenure at Navy, Moody coached the Midshipmen's first NCAA automatic qualifier since 1996 in addition to guiding numerous NCAA, Senior National and Olympic Trial qualifiers. His 200 and 400 freestyle relay teams finished the season ranked in the top 25 of the world. Moody also made an impact in the Navy record book, with his athletes setting all of the top-10 fastest times in school history in both the 50 and 100 freestyles. Building his athletes into academic success stories as well, Navy's men's swimming team was awarded Academic All-America honors all three seasons from 2001-2004 under Moody's direction.

Moody got his coaching start at his alma mater, East Carolina University. He was the top assistant swim coach for both men and women for the Pirates from 1996-2000. While working in nearly every facet of the program at East Carolina, Moody coached over 25 varsity record holders.

A 1998 graduate of East Carolina, Moody swam on the Pirates' varsity squad for four seasons, setting several freshman records and captaining the team his junior and senior years. Moody was also an Olympic Trials qualifier in the 200 freestyle in 1992.

Moody, who earned both a bachelor's degree in psychology and master's in sports administration from ECU, is an active professional in the swimming community. He also served in the United States Navy, attaining the rank of Lieutenant. A member of both the American Swimming Coaches Association and the College Swimming Coaches Association of America, he has served as the chair of the latter's Media Relations Committee since 2001. He and his wife, Monica, have four daughters: Sydney (10), Olivia (7), Lily (4) and Whitney (2).

## The Moody File

**Full Name:** Patrick McGee Moody  
**Hometown:** Albertville, Ala.  
**Wife:** Monica  
**Children:** Lily, Olivia, Sydney, Whitney  
**Alma Mater:** East Carolina (1998)

### Coaching Career:

- East Carolina Assistant Coach (1996-2000)
- United States Naval Academy Assistant Coach (2001-04)
- William & Mary Head Coach (2005-07)
- South Carolina Head Coach (2007-Present)

### WOMEN'S ANNUAL REVIEW

Year (School)	W-L	Conf. W-L	Conf. Finish
2004-05 (W&M)	6-5	5-3	4th
2005-06 (W&M)	10-4	8-1	2nd
2006-07 (W&M)	8-4	6-2	1st
2007-08 (SC)	4-6	1-4	9th
2008-09 (SC)	5-5	1-3	7th
2009-10 (SC)	3-8	1-4	9th
2010-11 (SC)	7-6	2-3	
<b>Totals</b>	<b>43-38</b>	<b>24-21</b>	

### MEN'S ANNUAL REVIEW

Year (School)	W-L	Conf. W-L	Conf. Finish
2004-05 (W&M)	3-7	3-5	6th
2005-06 (W&M)	5-7	4-4	5th
2006-07 (W&M)	6-3-1	5-2-1	4th
2007-08 (SC)	2-8	0-5	8th
2008-09 (SC)	3-6	0-3	8th
2009-10 (SC)	4-6	1-3	8th
2010-11 (SC)	10-1	2-1	
<b>Totals</b>	<b>33-38-1</b>	<b>15-23-1</b>	

Aside from NCAA competition, Moody saw even more success as nine Gamecock swimmers competed in the Olympic Trials. One swimmer, then-sophomore Shantelle McLean, represented her home country of Trinidad & Tobago in the 2008 Summer Olympics in Beijing. In addition, then-rising senior Nicholas Walkotten competed at the Short Course World Championships.



*The Moody Family: Olivia, Whitney, McGee, Sydney, Lily and Monica*



# Todd Sherritt

**Head Diving Coach**  
**18th Year at South Carolina**

Success and Todd Sherritt go hand in hand. In his 18th season as the head diving coach for South Carolina, Sherritt continues to set new standards for Gamecock diving and has established the program as one of the best in the country.

One of the most influential diving coaches in the country, Sherritt has coached 35 NCAA All-Americans, 15 U.S. Diving National Champions, three Olympians, eight SEC Champions and one NCAA Champion. In 1999, he was named SEC Diving Coach of the Year and, in 1997, he was named USOC Developmental Diving Coach of the Year. Sherritt is also a 10-time World Team Coach for Team USA, including during 2007.

Sherritt has continued to produce greats in the Garnet and Black, most recently Taryn Zack, who earned the 35th All-America honor for South Carolina's prestigious diving program in 2010. As a junior, Zack finished seventh at the NCAA Championships in the three-meter event to earn her third All-America honor. She earned her first All-America honor in 2008 as a freshman as she took eighth place on the three-meter board. In addition, an 11th-place finish in the one-meter event that season earned her a nod for Honorable Mention All-American.

In her sophomore season, Zack continued her incredible success by winning her first conference title, taking the gold medal in the 1-meter competition at the SEC Championship. Also in 2009, another pupil of Sherritt's, current Gamecock assistant coach Allison Brennan, captured gold at the USA Diving Grand Prix in the 3-meter event, beating out a pair of 2008 Olympic medalists to take top honors.

Recently under Sherritt's guidance, former Gamecock All-American Allison Brennan finished sixth in the world at the World Championships held in Australia in 2007. She also won the 3-meter title at the 2006 U.S. National Championships and placed seventh at the 2006 World Cup in Chengshu, China that same year. Brennan joins Sherritt this year as an assistant coach after a third-place finish at the 2008 Olympic Trials. Brennan was the 2004 NCAA Champion on the one-meter board, the first individual national champion for the South Carolina swimming and diving program. She also was the 2006 SEC Champion on the one-meter and three-meter boards, and set the school record on the three-meter.

The 2003-04 season was a stellar year for Gamecock diving as USC took four divers to the NCAA Championships, and in addition to Brennan, Andy Bradley recorded his second consecutive national runner-up performance on the one-meter board at the NCAA Championships. In 2003, Bradley was the runner-up at the U.S. Championships as well. Internationally, Tracey Richardson found success as she earned a spot at the 2004 Olympics on the Great Britain National Team and competed on the three-meter board. Brennan and Bradley qualified for the U.S. Olympic Trials. Other standouts

included All-Americans Lauren King (2003-05) and Holly Hodges (2001-05).

Sherritt's international coaching stints include serving as the head coach for Team USA in the 2000 FINA World Grand Prix in Rodstock, Germany. In 1999, he was selected as the World Cup coach for the United States in Wellington, New Zealand, and he was a World University coach for the U.S. in Mallarco, Spain in July of the same year. Most recently, he served as the team leader for Team USA at the China Open in 2008.

In 1998-99, Sherritt helped lead one of South Carolina's most decorated divers, Michelle Davison, to new heights. Davison won two SEC titles and was named SEC Diver of the Year, en route to finishing fourth and fifth on the one- and three-meter boards respectively at the NCAA Championships. That year, Sherritt was named SEC Women's Diving Coach of the Year.

Sherritt's first Olympic opportunity came in 1995 with Gamecock standout Vivian Alberty. The 1995 one-meter SEC Champion finished her career at USC as a four-time All-American and in 1996 competed for Puerto Rico at the Olympics in Atlanta.

In addition to athletics, Sherritt's divers have excelled outside of the pool as well. Holly Hodges was a recipient of the SEC Community Service Post-Graduate Scholarship in 2004-05. Cheryl Lemon was named USC's Female Student Athlete of the Year in 2000, while Chad Sheldon and Lemon were named to the SEC Honor Roll in 1998. Brandon Hulko was named USC Male Student-Athlete of the Year in 2002. In all, Sherritt has had 31 divers named to the SEC Honor Roll.

A native of Cincinnati, Ohio, Sherritt founded South Carolina Divers in 1982, a University of South Carolina based age group diving team. Sherritt received a B.S. degree in physical education from the University of Cincinnati in 1982.

Sherritt has two daughters, 20-year-old Amber and 2-year-old Hannah. His wife's name is Kara.

## The Sherritt File

**Full Name:** William Todd Sherritt

**Hometown:** Cincinnati, Ohio

**Wife:** Kara

**Children:** Amber, Hannah

**Alma Mater:** Cincinnati (1982)

### Coaching Career:

- South Carolina Head Coach (1993-present)
- South Carolina Divers, founder and coach (1982-present)

### Sherritt's Accomplishments:

- 1999 SEC Diving Coach of the Year
- 1997 USOC Developmental Diving Coach of the Year
- 10-Time World Team Coach
- One NCAA Champion  
*Allison Brennan, 2004, 1-meter*
- 35 NCAA All-Americans
- Three Olympians
- 15 U.S. Diving National Champions
- One U.S. Grand Prix Gold Medalist
- Nine SEC Champions



**The Sherritt Family: Todd, Kara, Hannah and Amber**





# Allison Brennan

**Assistant Diving Coach**  
**Third Year at South Carolina**

South Carolina swimming and diving welcomed one of its most celebrated athletes back into the fold with the hiring of Allison Brennan as assistant coach. Brennan, who competed for the Gamecocks from 2001-2006, assists Todd Sherritt in coaching the Gamecock diving team.

Brennan won the first and only NCAA Championship by a South Carolina individual as she captured the 2004 NCAA crown in the one-meter event. A South Carolina Hall-of-Famer, she earned four All-America certificates in her Carolina career, which ranks her among the university's most decorated athletes.

Most recently, Brennan became the first American woman in more than a decade to win a gold medal in an international grand prix event, taking first place at the U.S. Grand Prix in May of 2009. She beat out a pair of 2008 Olympic medalists to take gold in the 3-meter event, showing that she remains a force at the international level.

Brennan finished third at the 2008 Olympic Trials and was an alternate for the United States Olympic Team for the 2008 Olympic Games in Beijing. A force at the national and international level, she finished fourth at the U.S. Diving Grand Prix in the three-meter event, third at U.S. Nationals in three-meter, and sixth at the 2007 World Championships in the one-meter. She has also recorded several other top finishes internationally, including top 10 efforts at the China Grand Prix and the Rome Grand Prix.

## The Brennan File

**Hometown:** Huntington Beach, Calif.  
**Alma Mater:** South Carolina (2006)

### Competition Career:

- University of South Carolina (2001-06)
  - NCAA Champion, 2004 (1-meter)
  - Four-time All-American
  - Two-time SEC Champion
  - SEC Diver of the Year (2006)
  - USC Athletics Hall of Fame
- USA Diving
  - 2009 USA Diving Grand Prix (1st)
  - 2008 U.S. Olympic Trials (3rd)
  - 2008 USA Diving Grand Prix (4th)
  - 2008 U.S. Nationals (3rd)
  - 2007 World Championships (6th)
  - 2004 U.S. Nationals (1st)

### Coaching Career:

- South Carolina assistant coach (2008-present)
- South Carolina Divers (2006-present)

An experimental psychology graduate from Huntington Beach, Calif., Brennan was named the University of South Carolina Female Athlete of the Year in 2006 after capturing runner-up honors at the NCAA Championships in the one-meter competition. She was also named SEC Diver of the Year that season after winning the conference title in both the one- and three-meter events.

The 2004 season was a banner year for Brennan. Not only did she capture South Carolina's first NCAA Championship in the sport, she also won the U.S. Diving National Championship in the three-meter competition. She was a finalist at the SEC Championships each year from 2002-2004.

Prior to her time at South Carolina, she was a high school All-American at Edison High School in California where she won two straight California Interscholastic Federation championships.

Brennan has coached alongside another Gamecock All-American, Brandon Hulko, for the South Carolina Divers club team for the last three years. She also served as a volunteer coach for her high school team after graduation.



# Jason Memont

**Assistant Swimming Coach**  
**Fourth Year at South Carolina**

Jason Memont is in his fourth season as an assistant coach at South Carolina. He joined the Gamecock coaching staff in September of 2007 after spending the previous three seasons in the same capacity at William and Mary alongside head coach McGee Moody.

Memont is primarily in charge of the distance swimmers, which have been a key component of South Carolina's success in his tenure. In 2010, he saw freshman Michael Flach win the bronze medal at the SEC Championships in the 500 freestyle, qualifying for the NCAA Championships.

During his time with the Tribe, Memont helped produce eight Colonial Athletic Association champions, 80 school top-10 times, 10 school records, and 293 lifetime-best swims. The 2005-06 women's swimming team set school records for wins in a season, conference wins in a season, conference winning percentage, and highest place at the CAA meet; the men's team posted the most wins in the past seven years.

Memont was directly responsible for many of the top performances during his time at William and Mary. Memont also proved himself as a dedicated coach and recruiter for the Tribe. As head recruiter, he oversaw the two fastest classes in William and Mary history. The '09 and '10 classes accounted for 72% of the teams points at CAA Championships.

Memont joined the Tribe after spending the previous two-and-a-half years as head coach of the YMCA North Shore swim team in Ipswich, Mass. Overseeing all swimmers age five-18, 20 of his swimmers went on to Division I programs under his guidance. He also coached five YMCA qualifiers during his tenure.

## The Memont File

**Hometown:** Groveland, Mass.  
**Alma Mater:** Rochester Institute of Technology (2001)

### Competition Career:

- Rochester Inst. of Technology (1996-2001)
  - Empire 8 Conference Champion (200 breast)
  - Two-year captain
  - Also served as assistant coach
  - Played on RIT water polo team

### Coaching Career:

- William and Mary assistant coach (2005-07)
- South Carolina assistant coach (2007-present)

An accomplished collegiate swimmer at Rochester Institute of Technology from 1996-2001, Memont won the Empire 8 conference title in the 200 breaststroke his senior season. He also counted two third-place finishes at conferences among his accomplishments, in the 200 IM as a junior and in the 100 breast as a senior. He raced to NCAA provisional marks in the 200 IM and 400 IM and holds five school records (200 IM and all four relays). Named varsity captain in 1999 and 2001, Memont also served as an assistant coach in his final two seasons, helping three national qualifiers. He was also a five-year member and assistant coach of RIT's nationally ranked club water polo team and made the Dean's List four times during his collegiate career.

Memont, who holds a B.S. in information technology from RIT, spent three years as a high school technology teacher at Haverhill High School in Haverhill, Mass. While there, he also served as the men's varsity tennis coach for two seasons.



# Abby Stekete

**Assistant Swimming Coach  
Fourth Year at South Carolina**

Abby Stekete is in her third season as assistant coach for the University of South Carolina and coaches the individual medley swimmers. Stekete previously served as a volunteer coach with the Carolina men's and women's swimming squad, assisting with pool and dryland workouts and helping coordinate academic services for student-athletes. She now coaches the stroke groups.

Before coming to Carolina, she was a graduate assistant at West Virginia University. Aside from assisting with workouts, she served as academic counselor for student-athletes and assisted with administrative duties, which included newsletter production and travel coordination.

In addition to swimming, she also has volunteered her time in service in the community. While in Morgantown, Stekete was involved with the American Cancer Society as chairman of the Relay for Life Luminaria Community. She also volunteered at Ruby Memorial Hospital.

## The Stekete File

**Hometown:** Danville, Va.  
**Husband:** Steve  
**Alma Mater:** Northwestern (2003)

**Competition Career:**

- Northwestern Rowing (2000-03)  
--Most Valuable Rower, three years  
--Team captain

**Coaching Career:**

- West Virginia graduate assistant (2005-07)
- South Carolina volunteer assistant (2007-08)
- South Carolina assistant coach (2008-present)

Stekete graduated from Northwestern University magna cum laude with a degree in human development and psychological services in 2003. At Northwestern, she participated on the crew team. She was selected as Most Valuable Rower three consecutive years and served as varsity captain. While in Evanston, Stekete also served with the Northwestern Aquatic Swim Association, serving as head development coach for a 150-member youth swim team.

She received a master's degree in public health from West Virginia University. She is married to Steve Stekete, who is also an assistant coach on the South Carolina staff.



# Steve Stekete

**Assistant Swimming Coach  
Fourth Year at South Carolina**

Steve Stekete is in his fourth season as an assistant coach at South Carolina. He was hired in September of 2007 after spending the previous three seasons in the same capacity at West Virginia University. Steve is primarily responsible for coaching the freestyle sprinters.

In 2007, the WVU men's swimming and diving team was ranked as high as 17th in the CSCAA Dual Meet Poll and finished 20th at the NCAA Championships. During his time at WVU, Stekete helped guide nine swimmers to numerous All-American awards.

Before coaching at WVU, Stekete spent one season at the University of Denver where his responsibilities included workout design and implementation, stroke analysis, recruiting, and organizing the inaugural swim camp.

Stekete graduated from Northwestern University in 2001 with a B.A. in political science and philosophy. Swimming for the Wildcats, Stekete was a Big Ten champion and All-American Honorable Mention in the 200 freestyle. He was also a three-year captain and 2000 Olympic Trials qualifier. He is married to the former Abby Meadema, also an assistant coach for the Gamecocks.

## The Stekete File

**Hometown:** Golden, Colo.  
**Wife:** Abby  
**Alma Mater:** Northwestern (2001)

**Competition Career:**

- Northwestern (1996-01)  
--Big Ten Champion  
--Honorable Mention All-American  
--Three-year team captain  
--2000 Olympic Trials qualifier

**Coaching Career:**

- Denver assistant coach (2004-05)
- West Virginia assistant coach (2005-07)
- South Carolina assistant coach (2007-present)



**Steve and Abby Stekete**