

TABLE OF CONTENTS

INTRODUCTION

Table of Contents and Quick Facts.....	1
Media Information.....	2
Sandbagging in Iowa.....	3
Track Facilities.....	4

COACHES & STAFF

Head Coach Curtis Frye.....	6-8
Assistant Head Coach Delethea Quarles.....	9
Assistant Coach Lawrence Johnson.....	10
Assistant Coach Jackie Madison.....	11
Assistant Coach Stan Rosenthal.....	12
Assistant Coach Mike Sergent.....	13
Professional Staff.....	14-16

MEN'S TEAM

Roster Breakdown.....	18
Roster.....	19
Men's Qualifying Standards.....	20
All-American Aaron Anderson.....	21
All-American Johnny Dutch.....	22
All-American Quentin Moore.....	23
All-American Obakeng Ngwigwa.....	24
All-American Booker Nunley.....	25
All-American Marvin Reitze.....	26
All-American Antonio Sales.....	27
All-American Michael Zajac.....	28
Athlete Profiles.....	29-37

WOMEN'S TEAM

Roster Breakdown.....	37
Roster.....	38
Women's Qualifying Standards.....	39
All-American LaKya Brookins.....	40
All-American Porche' Byrd.....	41
All-American Brandi Cross.....	42
All-American Gabrielle Glenn.....	43
All-American Breehana Jacobs.....	44
All-American Shayla Mahan.....	45
Athlete Profiles.....	46-58

THE SEC

SEC and NCAA Honors.....	60
--------------------------	----

2009 REVIEW

Men's & Women's Highlights.....	62
2009 Track Banquet.....	63
Men's SEC and NCAA Results.....	64
Women's SEC and NCAA Results.....	65
Men's Top Times/Marks.....	66
Women's Top Times/Marks.....	67
2009 Cross Country Review.....	68

MEDIA GUIDE CREDITS

The 2010 South Carolina Track & Field Media Guide was created by Miquel Jacobs. Writing and editing were done by Jacobs with editorial assistance provided by Steve Fink. The covers were designed by Grant Hawkins. Photography by Allen Sharpe, Jason Ayer, Kirby Lee, Jake McDonald, Cheryl Treworgy, USC Instructional Services, Columbia Chamber of Commerce and South Carolina Department of Parks, Recreation and Tourism. The guide was printed by Service Printing in Columbia, S.C.

HISTORY & RECORDS

South Carolina Olympic Roster.....	70
2000 Olympic Games.....	71
2004 Olympic Games.....	72
2008 Olympic Games.....	73
Men's/Women's NCAA Champions.....	74-75
2002 NCAA Team Champions.....	76
Yearly Finishes.....	77
Men's/Women's All-Americans.....	78-81
Men's/Women's Conference Champions.....	82-84
Men's/Women's Conference Results.....	85-87
Men's/Women's SEC Scoring.....	88-91
Men's Indoor/Outdoor Records.....	92-93
Women's Indoor/Outdoor Records.....	94-95
Men's Top Times and Marks.....	96-97
Women's Top Times and Marks.....	98-99
Men's/Women's Letterwinners.....	100-102

THE UNIVERSITY

About the University.....	104-105
The City of Columbia.....	106
The State of South Carolina.....	107
President Dr. Harris Pastides.....	108
FAR Dr. Bill Bearden.....	108
Athletics Director Eric Hyman.....	109
Total Athletics Program.....	110-111
Academic Enrichment Center.....	112
Life Skills Academics.....	113
Team Gamecocks.....	114
Gamecock Athletics Total Care.....	115
Gamecock Traditions.....	116

SOUTHEASTERN CONFERENCE CONTACTS

Alabama

Rod Black - (205) 348-7476
rblack@ia.ua.edu

Arkansas

Molly O'Mara - (479) 575-3114
momara@uark.edu

Auburn

Brad Gust - (334) 844-9703
gustbra@auburn.edu

Florida

Sean Cartell - (352) 375-4683 ext. 6120
Seanca@gators.uua.ufl.edu

Georgia

Leland Barrow - (706) 542-1621
leland@sports.uga.edu

Kentucky

Jeremy Strachan - (859) 257-8431
jstrachan@uky.edu

LSU

Will Stafford - (252) 578-7947
wstaff2@lsu.edu

Ole Miss

Jay D'Abramo - (662) 915-7522
jdabramo@olemiss.edu

Mississippi State

Gregg Ellis - (662) 325-3595
gellis@athletics.msstate.edu

Tennessee

Eric Trainer - (865) 974-8173
etrainer@utk.edu

Vanderbilt

Larry Leathers - (615) 322-4121
larry.leathers@vanderbilt.edu

The SEC

Ayanna Wakefield - (205) 458-3000
awakefield@sec.org

QUICK FACTS

Location	Columbia, S.C.
Founded	1801 / 27,488
Colors	Garnet & Black
Nickname	Gamecocks
President	Dr. Harris Pastides
Athletics Director	Eric Hyman
Faculty Athletics Rep.	Dr. Bill Bearden
Head Coach	Curtis Frye
Coaches	Delethea Quarles, Kevin Brown ... Lawrence Johnson, Stan Rosenthal, Mike Sergent

2009 Men's/Women's Results

SEC Indoor	T-4th/5th
NCAA Indoor	T-20th/T-12th
SEC Outdoor	T-4th/8th
NCAA Outdoor	6th/40th
Media Relations Contact	Miquel Jacobs
Jacobs's Phone	(803) 777-1516
Jacobs's Email	jacobsm2@mailbox.sc.edu
Media Relations Director	Steve Fink
Website	www.GamecocksOnline.com

INTRODUCTION

NOTE TO THE MEDIA: The South Carolina athletics media relations office is ready to assist members of the media in their coverage of Gamecock athletics. Any questions concerning South Carolina track and field should be directed to Miquel Jacobs at (803) 777-1516. Interviews, statistical or general information concerning student-athletes or coach Curtis Frye and his staff should be handled through the media relations office. Thank you for your interest in South Carolina track and field.

MEDIA RELATIONS CONTACT INFORMATION:

Miquel Jacobs, Media Relations Assistant

Jacobs's Office Phone: (803) 777-1516

Jacobs's Cell Phone: (803) 530-5727

Jacobs's E-Mail: jacobsm2@mailbox.sc.edu

Office Fax: (803) 777-2967

Mailing and Shipping Address

ATTN: Media Relations

1125 George Rogers Blvd.

Williams-Brice Stadium

Columbia, SC 29201

(803) 777-5204

ON THE INTERNET: Members of the media can find updated top times, weekly notes and press releases at www.GamecocksOnline.com, the online home of the University of South Carolina athletics department and its 20 varsity sports.

MEDIA SERVICES: The media relations office utilizes Sports Systems to disseminate information to the media via fax and e-mail. If you are interested in being added to one of the distribution lists for a particular sport or would like to receive all releases contact Miquel Jacobs.

GAMECOCK INVITATIONAL: Members of the media and media relations contacts for competing universities at the Gamecock Invitational (February 20), the Weems Baskin Relays (March 27) and the State USATF meet (April 7) should contact Miquel Jacobs with requests for final results to be sent via fax or e-mail.

MEDIA INFORMATION

MEDIA RELATIONS STAFF



Steve Fink
Director



Emily Feeney
Assistant Director



Matt Freed
Assistant Director



Andrew Kitick
Assistant Director



Diana Koval
Assistant Director



Koby Padgett
Assistant Director



Wes Todd
Assistant Director



Miquel Jacobs
Assistant
Track Contact



Cory Burkarth
Graduate Assistant

MEDIA OUTLETS

PRINT

Associated Press, 1311 Marion Street, Columbia, SC 29201, (O): 803-799-5510, (F): 803-252-2913, Pete Iacobelli (piacobelli@ap.org)

The Gamecock, 1400 Greene Street, Columbia, SC 29208, (O): 803-777-7182, (F): 803-777-6482, gamecocksports@mailbox.sc.edu

Charleston Post & Courier, 134 Columbus Street, Charleston, SC 29403, (O): 843-937-5598, (F): 843-937-5579, Travis Haney (thaney@postandcourier.com)

Greenville News, Box 1688, Greenville, SC 29602, (O): 864-298-4239, (F): 864-298-4395, Bart Wright (rbwright@greenvillenews.com)

Rock Hill Herald-Journal, Box 11707, Rock Hill, SC 29731, (O): 803-329-4074, (F): 803-329-4021, Barry Byers (bbyers@heraldonline.com)

Spartanburg Herald-Journal, Box 1657, Spartanburg, SC 29304, (O): 864-582-4511, (F): 803-594-6350, Burke Noel (burke.noel@shj.com)

Spurs & Feathers, Box 8055, Columbia, SC 29202, (O): 803-256-1789, (F): 803-256-1789, Dexter Hudson (spursusc@aol.com)

The State, Box 1333, Columbia, SC 29202, (O): 803-771-8470, (F): 803-771-8613, Joe Person (jpersion@thestate.com)

RADIO

ESPN (93.1 FM), 1900 Pineview Drive, Columbia, SC 29209, (O): 803-695-8600, (F): 803-695-8605

WCOS-AM (1400 AM), Box 21567, Columbia, SC 29204, (O): 803-772-5600, (F): 803-779-7572, Teddy Heffner (teddy@1400theteam.com)

WNKT (107.5 FM), 1801 Charleston Highway, Suite J, Cayce, SC 29033, (O): 803-796-7600, Tommy Moody (tommy@1075thegame.com)

WISW-AM (1320 AM), 3710 Landmark Drive, Suite 100, Columbia, SC 29204, (O): 803-790-4305, (F): 803-790-4309, Phil Kornblut (philtalk@live.com)

WVOC (560 AM), Box 21567, Columbia, SC 29221, (O): 803-343-1100, (F): 803-798-5255, Christopher Thompson (sports@wvoc.com)

TELEVISION

WIS-TV (Channel 10), 1111 Bull Street, Columbia, SC 29202, (O): 803-758-1288, (F): 803-758-1278, Rick Henry (rhenry@wistv.com)

WLTX-TV (Channel 19), 6027 Garners Ferry Road, Columbia, SC 29205, (O): 803-647-0233, (F): 803-776-1791, Bob Shields (bobshields@wltx.com)

WOLO-TV (Channel 25), Box 4217, Columbia, SC 29204, (O): 803-754-7525, (F): 803-691-4015, Tim Hill (timhill@abccolumbia.com)

INDOOR SCHEDULE

January 15-16	Virginia Tech Hokie Invite	Blacksburg, Va.
January 22-23	Virginia Tech Invite	Blacksburg, Va.
January 29-30	Texas A&M Challenge	College Station, Texas
February 5-6	New Balance Collegiate	New York City, N.Y.
February 12-13	Tiger Paw Invitational	Clemson, S.C.
February 12-13	Tyson Invitational	Fayetteville, Ark.
February 20	Gamecock Invitational	Columbia, S.C.
February 26-28	SEC Indoor Championship	Fayetteville, Ark.
March 6	Last Chance Meets	TBD
March 12-13	NCAA Indoor Championship	Fayetteville, Ark.

OUTDOOR SCHEDULE

March 19-20	Shamrock Invitational	Conway, S.C.
March 27	Weems Baskin Relays	Columbia, S.C.
April 2-3	Tiger Track Classic	Auburn, Ala.
April 7	Gamecock Open	Columbia, S.C.
April 9-10	Spec Towns Invite	Athens, Ga.
April 16-17	Friendship & Freedom Games	Greensboro, N.C.
April 22-24	Penn Relays	Philadelphia, Pa.
May 8	UNC Elite Meet	Chapel Hill, N.C.
March 13-16	SEC Outdoor Championship	Knoxville, Tenn.
March 27-29	NCAA Preliminary Round	Greensboro, N.C.
June 9-12	NCAA Outdoor Championship	Eugene, Ore.

ABOUT THE FACILITIES

The outdoor track, named in honor of legendary Gamecock coach Weems Baskin, features a 400-meter, eight-lane track with multi-directional sprint straightaways. The Erotan "S" Synthetic track surface is made by Southwest Recreational Industries, Inc.

Inside the track are two multi-directional long and triple jump runways that include four pits. There also is a multi-directional vault area, and the high jump apron was expanded during the 1997 surfacing project.

The world-class Lynx timing system, used indoors and outdoors, allows for rapid and accurate computerized fully automatic times.

The outdoor track also features world-class throwing facilities. The hammer and discus circles are surrounded by a 20-foot high cage that meets NCAA and international standards. There also are two shot put rings, a javelin runway and an additional ring with a cage.

The outdoor track has seating to accommodate 2,200 spectators. This season, the Gamecocks will host one indoor meet and two outdoor meets. The outdoor track also plays host to a number of youth and high school competitions, including the state high school championships and the Coaches Classic High School meet.

The indoor track features a 250m, three-lane track and separate vault facility. The infield is carpeted with artificial turf. The throws area features separate shot put and weight-throw circles. The landing area is artificial turf, and there is ample space in the facility for practicing either indoor or outdoor events.

The Gamecocks' cross country courses are Owens Field and Hilton Field at Fort Jackson, the site of the 1997 and 2005 SEC Cross Country Championships, the 1999 South Carolina Collegiate Championship and the annual Gamecock Invitational. The all-grass course has rolling hilly terrain and a grandstand that seats 3,000 fans.

ABOUT WEEMS BASKIN



The outdoor track is dedicated in honor of former coach Weems O. Baskin, Jr. After his death in 1993, the All-Comers Meet was renamed in his honor, the Weems Baskin Memorial Meet.

During his brilliant coaching career at South Carolina from 1949 to 1969, Baskin won 90 dual meets and lost 47. He later held the position of administrative assistant to the athletic director before retiring in 1972.

The only breaks in his coaching career that began in 1930 were during World War II when Baskin served as a Naval officer, in 1946 and 1947 as a businessman in Athens, Ga., and 1951 when South Carolina did not field a team due to the Korean War.

Originally from Carrollton, Ga., Baskin was a four-sport athlete at Carrollton High School. He enrolled at Auburn in 1923 and by his senior year was playing tight end on the football team and winning the national championship in the 110-meter high hurdles. Baskin also ran the low hurdles and competed in the shot put, discus, javelin and high jump. He won the Southern Conference title three straight years in the high hurdles and was a national AAU indoor champion in 1928.

WEEMS BASKIN TRACK

After receiving a degree in education, Baskin ran for the New York Athletic Club for two winters and wrote for various publications. He began his coaching career as an assistant football coach at Auburn in 1930 and assisted with the track team. He went to Georgia in 1931 to become the head track coach while serving as an assistant to football. Baskin served in the same capacity at Mississippi from 1938 to 1943 before joining the Naval Reserve during WWII.

Baskin, a former president of the National Track and Field Coaches Association and chairman of the NCAA Track and Field Rules Committee, is a member of the Helms Foundation Track and Field Hall of Fame. He also was elected to the South Carolina and Georgia Track and Field Halls of Fame.

WEEMS BASKIN RECORDS

MEN'S RECORDS

100m	9.90 • Harvey Glance, Auburn, 1976
200m	20.29 • Justin Gatlin, Tennessee, 2001
400m	44.78 • Avard Moncur, Auburn, 2001
800m	1:45.36 • Otukile Lekote, South Carolina, 2001
1,500m	3:42.85 • Gary Cobb, Virginia Tech, 1987
5,000m	13:57.53 • David Kimani, Alabama, 2001
10,000m	29:47.24 • David Keen, Florida State, 1989
110m Hurdles	13.48 • Terrence Trammell, South Carolina, 1999
400m Hurdles	49.65 • Ricky Harris, Florida, 2001
3,000m Steeple	8:44.94 • Daniel Lincoln, Arkansas, 2001
4x100m Relay	39.37 • South Carolina, 1999
4x400m Relay	3:03.63 • LSU, 2001
High Jump	7-5 • James Barrineau, Georgia, 1977
Pole Vault	17-5 1/2 • Dale Gerke, South Carolina, 1988
Long Jump	26-9 1/4 • Walter Davis, LSU, 2001
Triple Jump	55-11 • Walter Davis, LSU, 2001
Shot Put	66-11 1/4 • Brad Snyder, South Carolina, 1998
Discus	205-5 • Gabor Mate, Auburn, 2001
Hammer	246-0 • Tomas Sjostrom, Unattached, 1996
Javelin	244-2 • Erin Bevans, Unattached, 1997
Decathlon	8,024 Points • Claston Bernard, LSU, 2001

WOMEN'S RECORDS

100m	11.28 • Muna Lee, LSU, 2001
200m	22.99 • Miki Barber, South Carolina, 2001
400m	50.63 • Miki Barber, South Carolina, 2001
800m	2:06.47 • Nona Allen, Florida, 2001
1,500m	4:20.89 • Tracy Robinson, Arkansas, 2001
5,000m	16:16.36 • Amy Yoder-Begley, Arkansas, 2001
10,000m	35:23.40 • Amy Yoder-Begley, Arkansas, 2001
100m Hurdles	12.95 • Melissa Morrison, Unattached, 1998
400m Hurdles	55.60 • Lashinda Demus, South Carolina, 2003
3,000m Steeple	10:13.89 • Lilli Kleinmann, Arkansas, 2001
4x100m Relay	43.48 • South Carolina, 2001
4x400m Relay	3:31.24 • South Carolina, 2001
High Jump	5-10 1/2 • Laffiah Long, Georgia, 2001
Pole Vault	12-10 3/4 • Megan Westfall, Florida, 2001
Long Jump	20-7 3/4 • Myra Combs, LSU, 2001
Triple Jump	43-4 1/2 • Shelly-Ann Gallimore, Auburn, 2001
Shot Put	55-7 3/4 • Crystal Brownlee, S. Carolina, 1997
Discus	191-11 • Dawn Ellerbe, N.Y. Athletic Club, 2002
Hammer	220-4 • Dawn Ellerbe, N.Y. Athletic Club, 2002
Javelin	156-5 • Beth Obruba, Unattached, 1999
Heptathlon	5,704 Points • GiGi Miller, Arkansas, 2001