# South Carolina Track and Field

## Home of Champions

Under the guidance of head coach Curtis Frye, South Carolina's track and field program has solidified itself among the best in the nation.

In 2003, the Gamecock Track and Field program produced 41 All-Americans, 15 SEC Champions and 3 NCAA Champions. At the NCAA's, the women's team finished second indoors and third outdoors, becoming one of only three schools to have placed among the top-10 outdoors in each of the last eight seasons.

Over the past two seasons, USC has totaled 91 All-Americans, 33 SEC Champions, 21 NCAA Champions and won the Women's Outdoor National Championship.

Carolina looks to continue that trend in 2004 and make its mark on the SEC, NCAA and Internationally. The quest for excellence in Fayetteville, Austin and Athens, Greece, is underway.





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Assistant Coach Delethea Quarles
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Woman's Indoor SEC Championships Possilts

### On the Covers

Pictured on the front cover are USC's 2004 team captains, clockwise from upper left (L to R): India Odum, Otis Harris, Tony Allmond, Shevon Stoddart, Erica Whipple, Chris Steddum, Fred Townsend, Jenny Lake, Adam Bishop, Rhashida Abdul-Malik.

Pictured on the back are USC's Olympians, clockwise from upper left (L to R): Marvin Watts, Charmaine Howell, Miki Barber, Aleen Bailey, Michelle Fournier, Brad Snyder, Terrence Trammell, Otukile Lekote, Melissa Morrison, Allen Johnson, Dawn Ellerbe, Lisa Misipeka, Tonique Williams.

#### **Credits**

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## 2004 Media Guide

## QUICK FACTS & MEDIA OUTLETS

#### **UNIVERSITY FACTS**

Location: Columbia, SC (state capital, metropolitan population, 430,000)

Mailing Address: Rex Enright Athletic Center, 1300 Rosewood Drive, Columbia, SC 29208 Founded: 1801 (oldest fully state-supported institution of higher learning in the U.S. A.)

Enrollment: 23,700 Nickname: Gamecocks

Conference: Southeastern (Eastern Division)

Mascot: Cocky

Colors: Garnet (PMS 201) and Black Facility: Weems Baskin Track Facility (2,200)

President: Dr. Andrew Sorensen Faculty Representative: Dr. Russ Pate Athletics Director: Dr. Mike McGee

Senior Associate AD/Senior Women's

Administrator: Laurie Massa

Senior Associate AD/Ticket Operations: Chris

Massaro

Senior Associate AD/Administration: Sean Eichorst Senior Associate AD/Academics & Student

Services: Tom Perry

Sr. Associate AD/Business and Development: Brad Edwards

Associate AD/Gamecock Club Director: Jeff Barber Associate AD/Facilities: Jeff Davis

Associate AD/Media Relations & SID: Kerry Tharp Assistant AD/Event Management: Shawn Burke Assistant AD/Compliance: Marlynn Jones Assistant AD/Sports Medicine: Dr. Rod Walters Assistant AD/High School Football Relations: Clyde Wrenn

Assistant AD/Director of Planning and Special

**Projects:** Michelle Schmitt

Director of Strength and Conditioning: Pat Moorer Assistant SIDs: Cheryl Harden, Andrew Kittick,

Ayanna Wakefield

Publications Coordinator: Jeremy Noel Gamecock Historian: Tom Price

#### **TRACK & FIELD NOTES**

Affiliate: NCAA Division I Conference: Southeastern

**Head Coach:** 

Curtis Frye (East Carolina, 1974)

Years at School: Seven Years

**Assistant Coaches** 

Kevin Brown (North Carolina, 1996) Delethea Quarles (Liberty, 1989) Stan Rosenthal (Ind. Univ. of Penn., 1975) Mike Sergent (Virginia Tech. 1992)

**Volunteer Assistant Coaches** 

Dawn Ellerbe (South Carolina, 1997) Allen Johnson (North Carolina, 1993) Melissa Morrison (Appalachian St., 1993)

Team Manager: Mechelle Lewis Administrative Assistant: Annette Hass Academic Counselor: William Gill Strength Coach: Billy Anderson **Trainers:** Brainard Cooper Track SID: David Brauer Brauer e-mail: brauerd@gwm.sc.edu

2003 SEC Finishes:

Men's Indoors/Outdoors: 3/6 Women's Indoors/Outdoors: 2/4

2003 NCAA Finishes:

Men's Indoors/Outdoors: 3/10 Women's Indoors/Outdoors: 2/4

### **KEY PHONE NUMBERS**

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Athletic Director's Office	777-8881
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Coach Brown's Office	777-8383
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Coach Rosenthal's Office	777-7925
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### **RADIO**

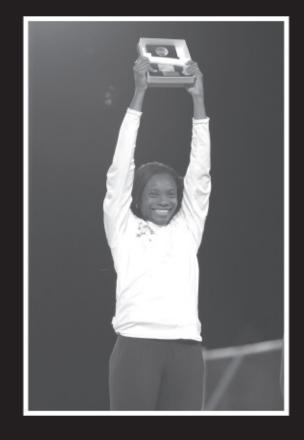
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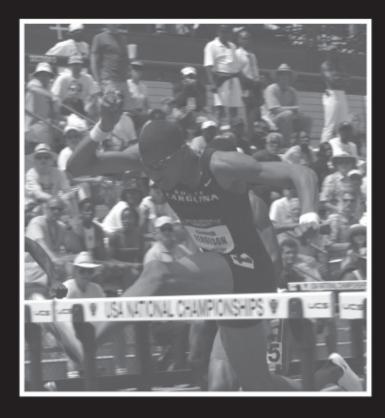
### SPECIALTY OUTLETS

Dexter Hudson (spursusc@aol.com), Spurs & Feathers, P.O. Box 8055, Columbia, SC 29202 (803) 256-1789 256-1789 Track & Field News, 2570 El Camino Real, Suite 606, Mountain View, CA 94040 (415) 948-8188 948-9445



Aleen Bailey (left & below) became the first woman since 1998 to win both the 100m & 200m titles at the NCAA Outdoor Championships. She was also named SEC Female Athlete of the Year for the outdoor season.

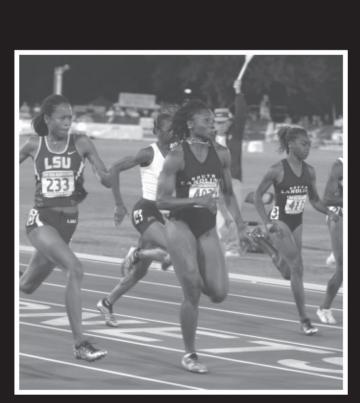


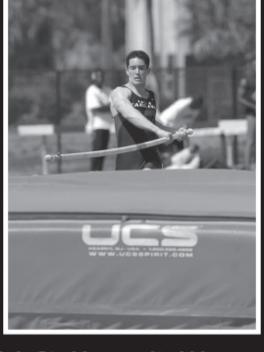


Kenneth Ferguson (left) swept the 110m & 400m hurdle crowns at the U.S. Junior Championships in Palo Alto, Calif.



Kenneth Ferguson earned SEC Freshman of the Year honors for his outdoor performances.





Chris Steddum vaulted his way to SEC Athlete of the Week honors on May 14 after setting a meet record at the Orange & Purple Classic at Clemson.

Aleen Bailey twice won SEC Athlete of the Week honors, once indoors on Jan. 15, and once outdoors on April 16.



Lashinda Demus won the NCAA Indoor 400m Championship with a season-best time in Fayetteville, Ark.

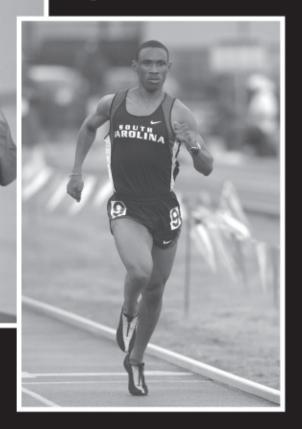


Tawana Watkins took home the 400m hurdles title at the U.S. Junior Championships in June.



Head coach Curtis Frye, pictured here with Bill Cosby in Philadelphia, wore the "yellow hat" as one of five honorary referees at the Penn Relays.

The United States Track Coaches Association named Jonathan Fortenberry (above left) and Otukile Lekote (below left) the co-Southeast Region Athletes of the Year during the indoor season





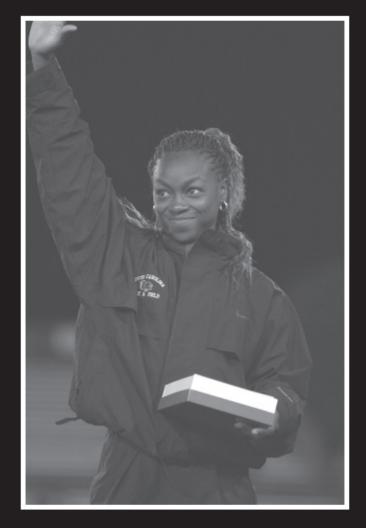
Kenneth Ferguson was named Mondo Southeast District Athlete of the Year for his sensational outdoor season.



With help from senior Miki Barber, USC's women's team ended the indoor season atop the U.S. Track Coaches Association "Team Power Rankings" for their first ever poll title.



Otis Harris (left) broke his own 400m school record on three occasions, including his SEC Championship run and a second-place finish at the NCAA Outdoor Championships.

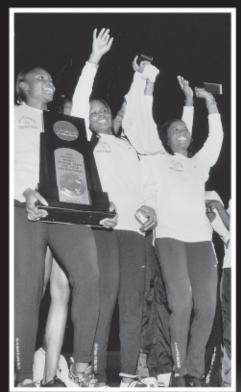


Erica Whipple won the 200m title at the SEC Championship and earned the Commissioner's Trophy as the meet's top scorer.



Tiffany Ross won her second consecutive SEC 400m hurdles Outdoor Championship with her best time of the season.

## 2002 NGAA GHAMPIONS



South Carolina's women's track & field team captured the 2002 NCAA Outdoor Championship, becoming the first Gamecock team in any sport to win an NCAA title.





## 2002 NGAA CHAMPIONS

The Gamecocks were invited to Washington, D.C. to meet President George W. Bush and enjoy a whirlwind tour of the Nation's Capital. The team also enjoyed a visit with former South Carolina Senator Strom Thurmond.



## 2002 A YEAR TO REMEMBER

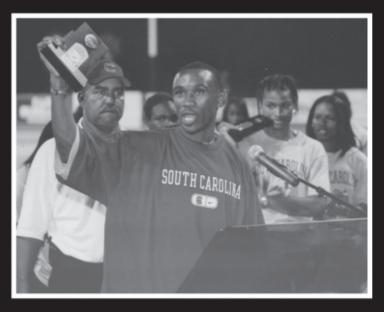
## 2002, A STORYBOOK SEASON!

The women were fourth indoors and won the NCAA title outdoors. The men's team was sixth indoors and outdoors. All told the two teams won/set or were honored as:

- 7 medals at the World Junior Championships
  - 1 World Junior Record
- 3 USATF Junior Champions
- 3 NCAA individual champions
  - 4 NCAA relays champions
    - 52 All-Americans
    - 1 NCAA Record
  - 4 SEC individual champions
    - 3 SEC relay champions
      - 5 SEC Records
    - South Carolina NCAA Woman of the Year
      - National Male

Scholar-Athlete of the Year

- USTCA Indoor Female Athlete of the Year
- •Track and Field News Female Athlete of the Year
  - USATCA Outdoor Male Region Athlete of the Year
    - SEC Female Outdoor Athlete of the Year
  - SEC Indoor and Outdoor Freshman of the Year
    - USTCA National Outdoor Coach of the Year
      - SEC Outdoor Women's Coach of the Year



Otukile Lekote added to his collection of NCAA titles in 2002, winning the 800m indoors and outdoors. He also ran the second leg of USC's SEC and NCAA title-winning 4x400m relay, helping set the SEC record. In addition, Lekote was named the USTCA Outdoor Region Athlete of the Year and the National Male Scholar-Athlete of the Year.

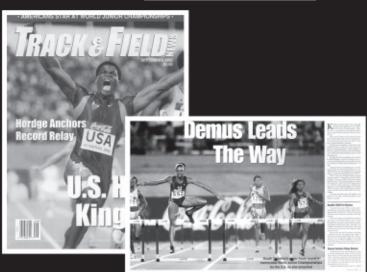


This Gamecock threesome collected 21 points in the 400m at the NCAA Championships, with Lisa Barber finishing as the runner-up, Lashinda Demus finishing third and Demetria Washington, last year's runner-up, finishing fourth.

## NATIONAL EXPOSURE

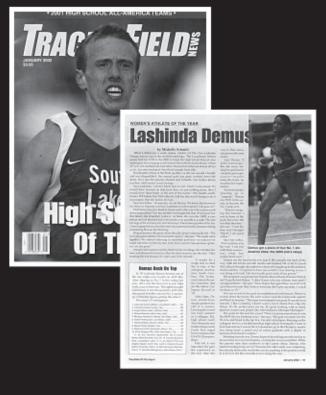
The University of South Carolina receives more than its share of national recognition, due to the successes of both the men's and women's track and field teams.







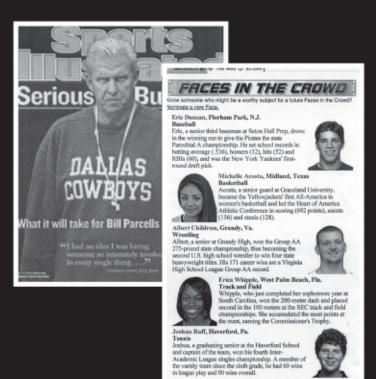




In recent years, Gamecock track and field has been featured in USA Today, Sports Illustrated, Track & Field News, SI for Women, Sweet16.com, Link, Women & Sports Fitness Magazine and on ABC Sports, CBS Sports, NBC Sports, ESPN, ESPN2, the Oxygen Network, Trackwire.com and numerous other media outlets.









## FRCES IN THE CROWD

aninate a new Face.

## Kenneth Ferguson, Detroit Track and Field

Triack and reent Ferguson, a sophornore sprinter and hurdler at South Carolina, ran a meet-record 13,60 to win the 110-meter hurdles at the Junior Pan American Games in Bridgetown, Barbados. He also won gold in the 400-meter hurdles and the 4x400 relay.



Jennifer Marcus, Miami

Batton Twitting

Marcus helped her team, Encore, win a gold medal for the U.S. at the 2003 World Batton Twitting
Championships on Sunday. A junior at Florida State she also wen titles in sole, two batten and three battor she also won titles in solo, two baton and to at the U.S. Twirling Association champion

Clay Millican, Drummonds, Tenn Drag Bacing Millican, 37, mood to his 26th career victory at the International Hot Red Association Northern Nation in Martin, Mich., but week, breaking the record for top-fuel wins held by Don (Big Daddy) Garlia.





## Kim Richards, Johnson City, N.Y.

Kim Richards, Johnson Cary, ...

Powerlifting
Richards, 21, won gold medals in the female deadlift, bench press and combination bench press/deadlift at the 2003 Special Olympics World Summer Games. She was named 2003 Special Olympics New York female adulete of the year.

Ali Anissipour, Seattle
Karate
Anissipour, a senior at the University of Washington,
won gold medals in the men's knowle #86kg and
open knowle classes at the USA National Karate-do
Federation's Champisconships. He also won the gold in
the knowle #80 at the 2003 USA Open.



