



Faraign.Giles
All-American

Quentin.Moore

Erik.Heymann

Brandi.Cross
All-American

Trier.Young

NCAA[®] QUALIFIERS

Ray.Miley
All-American

Jussi.Heikkila

Ray.Miley
All-American

Jamil.James
All-American

Derron.Flood
All-American

2007 Review

INDOOR

SEC Finish: 10th

NCAA Finish: T-25th

NCAA Participants/All Americans

- Thomas Hilliard, AA - 60m Hurdles, 4x400m
- Keith Hinnant, AA - 4x400m
- Ray Miley, AA - 4x400m
- Quentin Moore, AA - 4x400m
- Jason Richardson

OUTDOOR

SEC Finish: 8th

NCAA East Regional Finish: 3rd

NCAA Championships Finish: 34th

NCAA East Regional Champions

- Thomas Hilliard, IV - 110m Hurdles

NCAA East Regional Qualifiers

- Derron Flood
- Jussi Heikkila
- Erik Heymann
- Thomas Hilliard
- Jamil James
- Nick Lytle
- Dan McKenzie
- Ray Miley
- Quentin Moore
- Derek Pressley
- Joe Schroeder
- Tyler Trout

NCAA Participants/All-Americans

- Derron Flood, AA - 4x400m
- Jussi Heikkila
- Erik Heymann
- Thomas Hilliard, AA - 110m, 400m Hurdles
- Jamil James, AA - 4x400m
- Ray Miley, AA - 4x400m
- Quentin Moore, AA 4x400m
- Tyler Trout

USA National Championship Qualifiers

- Thomas Hilliard, IV
- Ray Miley
- Jason Richardson

SEC Good Works Team

- Anthony Faulkner

ACADEMIC HONORS

USTFCCCA All-Academic Team

- Jussi Heikkila
- Thomas Hilliard, IV
- Dan McKenzie

CoSIDA Academic All-American

- Dan McKenzie

CoSIDA Academic All-District III First Team

- Dan McKenzie

CoSIDA Academic All-District III Second Team

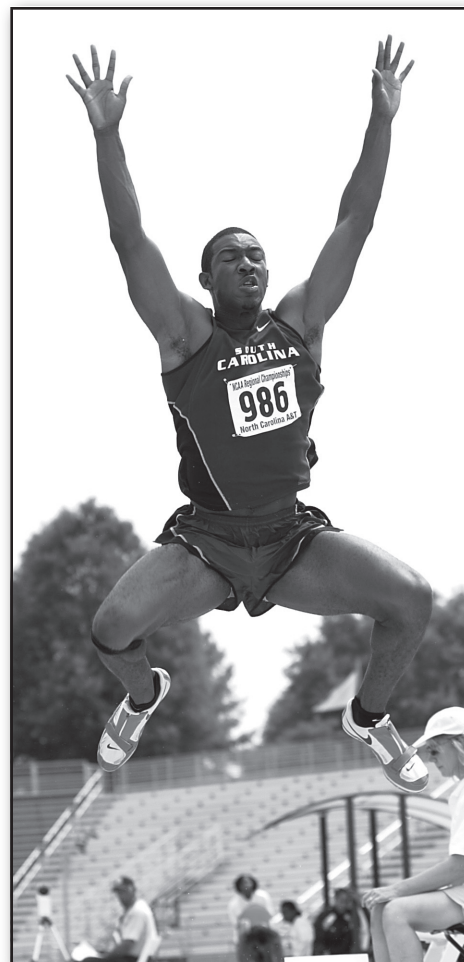
- Thomas Hilliard
- Jussi Heikkila

SEC Academic Honor Roll

- Anthony Faulkner
- Jussi Heikkila
- Thomas Hilliard
- David Johannesmeyer
- Nick Lytle
- Curt McGill
- Dan McKenzie
- James Mitchell
- Derek Pressley
- Jason Richardson
- Tyler Trout
- Daniel Williams



Jason Richardson was an All-American in the 60-meter hurdles for the third year in a row and did likewise in the 110-meter hurdles. Richardson made the CoSIDA Academic All-District Team as well.



Greig Cryer received three All-America awards in his final season, picking up two indoors for the long jump and triple jump and one during the outdoor campaign for the long jump.

INDOOR

SEC Finish: 5th

NCAA Finish: T-10th

SEC Champion

- Natasha Hastings - 400m

NCAA Champion

- Krystal Cantey - 4x400m
- Brandi Cross - 4x400m
- Natasha Hastings - 400m
- Stephanie Smith - 4x400m

NCAA Participants/All-Americans:

- Krystal Cantey, AA - 4x400m
- Brandi Cross, AA - 4x400m
- Natasha Hastings, AA - 4x400m, 400m
- Stephanie Smith, AA - 4x400m, 400m
- Shalonda Solomon, AA - 200m

SEC Indoor Athletes of the Week

- Precious Akins
- Natasha Hastings
- Shalonda Solomon (2x)

OUTDOOR

SEC Finish: 5th

NCAA Championships Finish: 12th

SEC Champions:

- Precious Akins - Discus
- Krystal Cantey - 4x400m
- Brandi Cross - 4x400m
- Faraig Giles - 4x100m, 4x400m
- Natasha Hastings - 4x100m, 4x400m, 400m
- Chiquita Martin - 4x100m
- Shalonda Solomon - 4x100m

NCAA Champions:

- Natasha Hastings - 400m

NCAA East Regional Champions

- Krystal Cantey - 4x400m
- Faraig Giles - 4x400m
- Natasha Hastings - 4x400m, 200m 400m
- Chiquita Martin - 4x400m

NCAA East Regional Qualifiers

- Precious Akins
- Ronnetta Alexander
- Krystal Cantey
- Brandi Cross
- Faraig Giles
- Natasha Hastings
- Brittney James
- Chiquita Martin
- Shalonda Solomon
- Trier Young
- Tawana Watkins

NCAA Participants/All-Americans

- Precious Akins
- Ronnetta Alexander
- Krystal Cantey, AA - 4x400m
- Brandi Cross
- Faraig Giles, AA - 4x400m
- Natasha Hastings, AA - 4x400m, 400m
- Brittney James
- Chiquita Martin, AA - 4x400m
- Shalonda Solomon
- Trier Young

USA National Championship Qualifiers

- Krystal Cantey
- Brandi Cross
- Natasha Hastings
- Chiquita Martin
- Shalonda Solomon

USATF Junior Championship Qualifier

- Brittney James

SEC Outdoor Athlete of the Week:

- Ronetta Alexander

NCAA Division I Track Athlete of the Year

- Natasha Hastings

ACADEMIC HONORS

USTFCCCA All-Academic Team

- Precious Akins
- Natasha Hastings
- Shalonda Solomon

CoSIDA Academic All-District III Second Team

- Natasha Hastings

SEC Co-Scholar Athlete of the Year

- Natasha Hastings

SEC Academic Honor Roll

- Precious Akins
- Ronnetta Alexander
- Nicki Breves
- Kelsey Bristol
- Rebecca Chain
- Danielle Franklin
- Natasha Hastings
- Chelsea Kaczmarek
- Christine Mudd
- Amberly Nesbitt
- CaAdrian Norman
- Emily Pease
- Anna Petrov
- Ashton Pratt
- Callie Rabun
- Laura Regensburg
- Megan Robers
- Alyse Shayer
- Vica Shobe
- Shalonda Solomon
- Terrilyn Stephens
- Liza Todd
- Karen Wigal
- Becky Woods

USTFCCCA XC All-Academic Team

- Amanda Barrett
- Nicki Breves
- Kelsey Bristol
- Katarina Cap
- Rebecca Chain
- Katie Daly
- Danielle Franklin
- Casey Gale
- Emily Hartley
- Lisa McKinney
- Christine Mudd
- Jessica Nichols
- Anna Petrov
- Callie Rabun
- Laura Regensburg
- Megan Robers
- Jessica Smith
- Alyse Shayer
- Theresa Verostek
- Jackie Vignos
- Karen Wigal
- Becky Woods



Karen Wigal graduated from South Carolina with a perfect 4.0 grade point average. An Honors College member, Wigal earned her degree in chemical engineering and was a consistent member of the cross country team.

SEC INDOOR

Feb. 23-25 • Nutter Field House
Lexington, Ky.

Top Teams: 1. Arkansas 126, 2. Tennessee 115.5, 3. Florida 93.5, 4. LSU 79.5, 5. Georgia 66 ... 10. South Carolina 23.5

60-Meter Dash	
1. Jeremy Hall, Florida	6.64
200-Meter Dash	
1. Ruben Williams, Tennessee	20.57
400-Meter Dash	
1. Reginald Dardar, LSU	46.11
7. Keith Hinnant, South Carolina	47.14
800-Meter Run	
1. Jamaal James, LSU	1:49.08
Mile Run	
1. Emmanuel Bor, Alabama	4:01.74
3,000-Meter Run	
1. Ian Burrell, Georgia	8:03.48
5,000-Meter Run	
1. Ian Burrell, Georgia	14:00.93
60-Meter Hurdles	
1. John Yarbrough, Mississippi	7.67
4x400-Meter Relay	
1. Kentucky	3:05.87
3. South Carolina	3:06.84
Distance Medley Relay	
1. Tennessee	9:43.78
7. South Carolina	10:02.98
High Jump	
1. Donald Thomas, Auburn	7-4 1/4
Pole Vault	
1. Michael Hogue, Tennessee	17-5 1/2
5. Dan McKenzie, South Carolina	16-2 3/4
Long Jump	
1. Michael Morrison, Florida	25-4 1/2
Triple Jump	
1. Nkosinza Balumbu, Arkansas	52-2
5. Derek Pressley, South Carolina	49-2 1/4
Shot Put	
1. Westley Stockbarger, Florida	63-9 1/2
35-Pound Weight	
1. Cory Martin, Auburn	76-5
7. Tyler Trout, South Carolina	61-2
Heptathlon	
1. Jangy Addy, Tennessee	5688
5. Curt McGill, South Carolina	4810

Note: Only USC athletes who scored are listed.

NCAA INDOOR

March 9-10 • Randal Tyson Indoor Track
Fayetteville, Ark.

Top Teams: 1. Wisconsin 40, 2. Florida State 35, 3. Texas 34, 4. Stanford 28, 5. Auburn 25

60-Meter Dash	
1. Travis Padgett, Clemson	6.56
200-Meter Dash	
1. Walter Dix, Florida State	20.32
400-Meter Dash	
1. Richardo Chambers, Florida State	45.65
800-Meter Run	
1. Ryan Brown, Washington	1:48.40
Mile Run	
1. Leonel Manzano, Texas	3:59.90
3,000-Meter Run	
1. Lopez Lomong, Northern Arizona	7:49.74
5,000-Meter Run	
1. Chris Solinsky, Wisconsin	13:38.61
60-Meter Hurdles	
1. Jeff Porter, Michigan	7.64
4x400-Meter Relay	
1. Baylor	3:04.24
3. South Carolina	3:06.93
Distance Medley Relay	
1. Stanford	9:33.64
High Jump	
1. Donald Thomas, Auburn	7-7 3/4
Pole Vault	
1. Brad Gebauer, McNese State	18-0 1/2
Long Jump	
1. Tone Belt, Louisville	26-1 3/4
Triple Jump	
1. Andre Black, Louisville	53-5 1/2
Shot Put	
1. Noah Bryant, Southern California	67-5 1/4
35-Pound Weight	
1. Egor Agafonov, Kansas	77-5 1/4
Heptathlon	
1. Donovan Kilmartin, Texas	5,998

SEC OUTDOOR

May 11-13 • Sam Bailey Stadium
Tuscaloosa, Ala.

Top Teams: 1. Tennessee 129.50, 2. LSU 122, 3. Arkansas 100, 4. Georgia 78, 5. Florida 75.50 ... 8. South Carolina 62

100-Meter Dash	
1. Trindon Holliday, LSU	10.08
200-Meter Dash	
1. Ruben Williams, Tennessee	20.60
400-Meter Dash	
1. Calvin Smith, Florida	45.74
6. Ray Miley, South Carolina	46.31
8. Derron Flood, South Carolina	46.53
800-Meter Run	
1. Jamaal James, LSU	1:47.00
1,500-Meter Run	
1. John Richardson, Kentucky	3:43.02
5,000-Meter Run	
1. Barnabas Kirui, Mississippi	14:06.94
10,000-Meter Run	
1. Barnabas Kirui, Mississippi	30:07.05
110-Meter Hurdles	
1. Ty Akins, Auburn	13.62
4. Thomas Hilliard, South Carolina	14.01
400-Meter Hurdles	
1. Justin Gaymon, Georgia	49.25
3. Thomas Hilliard, South Carolina	49.89
5. Jussi Heikkila, South Carolina	50.35
3,000-Meter Steeplechase	
1. Barnabas Kirui, Mississippi	8:33.59
4x100-Meter Relay	
1. Tennessee	38.91
4x400-Meter Relay	
1. LSU	3:03.62
2. South Carolina	3:03.86
High Jump	
1. Donald Thomas, Auburn	7-6
Pole Vault	
1. Michael Hogue, Tennessee	17-1 3/4
3. Dan McKenzie, South Carolina	16-6 3/4
Long Jump	
1. Charles Bailey, Ole Miss	25-7 1/2
Triple Jump	
1. Nkosinza Balumbu, Arkansas	52-10 3/4
2. Derek Pressley, South Carolina	51-10 1/2
Shot Put	
1. Cory Martin, Auburn	64-5
Discus	
1. Westley Stockbarger, Florida	199-5
8. Tyler Trout, South Carolina	173-5
Javelin	
1. Chad Radgowski, LSU	239-8
3. Erik Heymann, South Carolina	223-7
Hammer	
1. Cory Martin, Auburn	234-4
4. Tyler Trout, South Carolina	202-10
Decathlon	
1. Jangy Addy, Tennessee	7,461
6. Curt McGill, South Carolina	6,440

NCAA OUTDOOR

June 7-10 • Alex G. Spanos Sports Complex
Sacramento, Calif.

Top Teams: 1. Florida State 54, 2. LSU 48, 3. Auburn 34, 4. Tennessee 29, 5. Southern California 27 ... 32. South Carolina 9

100-Meter Dash	
1. Walter Dix, Florida State	9.93
200-Meter Dash	
1. Walter Dix, Florida State	20.32
400-Meter Dash	
1. Ricardo Chambers, Florida State	44.66
800-Meter Run	
1. Andrew Ellerton, Michigan	1:47.48
1,500-Meter Run	
1. Lopez Lomong, Northern Arizona	3:37.07
5,000-Meter Run	
1. Chris Solinsky, Wisconsin	13:35.12
10,000-Meter Run	
1. Josphat Boit, Arkansas	28:37.64
110-Meter Hurdles	
1. Tyron Akins, Auburn	13.42
6. Thomas Hilliard, South Carolina	13.83
400-Meter Hurdles	
1. Isa Phillips, LSU	48.51
5. Thomas Hilliard, South Carolina	49.93
3,000-Meter Steeplechase	
1. Barnabas Kirui, Mississippi	8:20.36
4x100-Meter Relay	
1. Florida State	38.60
4x400-Meter Relay	
1. Baylor	3:00.04
7. South Carolina	3:05.03
High Jump	
1. Scott Sellers, Kansas State	7-7 1/4
Pole Vault	
1. Thomas Skipper, Oregon	18-0 1/2
Long Jump	
1. Dashalle Andrews, Northridge	25-2 1/2
Triple Jump	
1. Ray Taylor, Cornell	53-8 1.2
Shot Put	
1. Noah Bryant, Southern California	65-9
Discus	
1. Niklas Arrhenius, BYU	206-2
Javelin	
1. Justin Ryncavage, North Carolina	241-5
Hammer	
1. Jake Dunkleberger, Auburn	235-9
Decathlon	
1. Jake Arnold, Arizona	8,215

SEC INDOOR

Feb. 23-25 • Nutter Field House
Lexington, Ky.

Top Teams: 1. Tennessee 120, 2. Georgia 103, 3. LSU 101, 4. Arkansas 83, 5. South Carolina 52

60-Meter Dash	
1. Kerron Stewart, Auburn	7.14
4. Shalonda Solomon, South Carolina	7.36
200-Meter Dash	
1. Kerron Stewart, Auburn	22.46
2. Shalonda Solomon, South Carolina	23.02
400-Meter Dash	
1. Natasha Hastings, South Carolina	51.38
800-Meter Run	
1. LaTavia Thomas, LSU	2:05.76
Mile Run	
1. Sarah Bowman, Tennessee	4:44.47
3,000-Meter Run	
1. Sarah Bowman, Tennessee	9:20.43
5,000-Meter Run	
1. Jill Steffens, Georgia	16:37.99
60-Meter Hurdles	
1. Jessica Ohanaja, LSU	8.03
4x400-Meter Relay	
1. LSU	3:29.86
2. South Carolina	3:30.03
Distance Medley Relay	
1. Tennessee	11:24.35
High Jump	
1. Patricia Sylvester, Georgia	6-0 1/2
Pole Vault	
1. Natalie Moser, Florida	13-8 1/4
Long Jump	
1. Brittney Reese, Mississippi	21-9 1/2
Triple Jump	
1. Michelle Vaughn, Auburn	43-8 1/2
Shot Put	
1. Ashley Muffet, Kentucky	56-8 1/2
3. Precious Akins, South Carolina	50-9 1/2
20-Pound Weight	
1. Jenny Dahlgren, Georgia	72-2 1/4
Pentathlon	
1. Shaunette Davidson, LSU	3,896
6. Kettiany Clarke, South Carolina	3,653
8. Reanna Townsend, South Carolina	3,434

Note: Only USC athletes who scored are listed.

NCAA INDOOR

March 9-10 • Randal Tyson Indoor Track
Fayetteville, Ark.

Top Teams: 1. Arizona State 38, 2. LSU 33, 3. Tennessee 30, 4. Georgia 28, 5. Auburn 26 ... T-10. South Carolina 20

60-Meter Dash	
1. Kerron Stewart, Auburn	7.15
200-Meter Dash	
1. Kerron Stewart, Auburn	22.58
400-Meter Dash	
1. Natasha Hastings, South Carolina	50.80
800-Meter Run	
1. Alysia Johnson, California	2:03.47
Mile Run	
1. Shannon Rowbury, Duke	4:42.17
3,000-Meter Run	
1. Sally Kipyego, Texas Tech	9:02.05
5,000-Meter Run	
1. Sally Kipyego, Texas Tech	15:27.42
60-Meter Hurdles	
1. Shantia Moss, Georgia Tech	7.98
4x400-Meter Relay	
1. South Carolina	3:29.57
Distance Medley Relay	
1. North Carolina	10:59.46
High Jump	
1. Patty Sylvester, Georgia	6-2 1/4
Pole Vault	
1. Elouise Rudy, Montana State	14-1 1/4
Long Jump	
1. Rhonda Watkins, UCLA	21-6 3/4
Triple Jump	
1. Erica McLain, Stanford	45-7 3/4
Shot Put	
1. Sarah Stevens, Arizona State	59-7
20-Pound Weight	
1. Brittany Riley, Southern Illinois	83-10 1/4
Pentathlon	
1. Jacquelyn Johnson, Arizona State	4,393

SEC OUTDOOR

May 11-13 • Sam Bailey Stadium
Tuscaloosa, Ala.

Top Teams: 1. LSU 139.5, 2. Arkansas 110, 3. Georgia 106, 4. Tennessee 89, 5. South Carolina 84

100-Meter Dash	
1. Kerron Stewart, Auburn	11.10
3. Shalonda Solomon, South Carolina	11.49
200-Meter Dash	
1. Kerron Stewart, Auburn	22.52
3. Shalonda Solomon, South Carolina	22.88
4. Natasha Hastings, South Carolina	22.92
400-Meter Dash	
1. Natasha Hastings, South Carolina	50.84
800-Meter Run	
1. LaTavia Thomas, LSU	2:05.07
1,500-Meter Run	
1. Dacia Barr, Arkansas	4:14.97
5,000-Meter Run	
1. Jill Steffens, Georgia	16:23.80
10,000-Meter Run	
1. Jill Steffens, Georgia	35:45.48
100-Meter Hurdles	
1. Jessica Ohanaja, LSU	13.10
4. Chiquita Martin, South Carolina	13.44
8. Ronetta Alexander, South Carolina	13.84
400-Meter Hurdles	
1. Nickiesha Wilson, LSU	55.77
2. Krystal Cantey, South Carolina	57.05
3. Chiquita Martin, South Carolina	58.01
5. Trier Young, South Carolina	1:00.08
8. Tawana Watkins, South Carolina	1:01.37
3,000-Meter Steeplechase	
1. Sarah Madebach, Georgia	10:13.73
4x100-Meter Relay	
1. South Carolina	43.33
4x400-Meter Relay	
1. South Carolina	3:28.44
High Jump	
1. Levern Spencer, Georgia	6-1 1/4
Pole Vault	
1. Jodi Unger, Arkansas	13-6 1/4
Long Jump	
1. Brittney Reese, Mississippi	21-11 3/4
7. Brittney James, South Carolina	19-11
Triple Jump	
1. Andrea Linton, LSU	44-1 1/4
Shot Put	
1. Mariam Kevkhishvili, Florida	55-11 1/4
Discus	
1. Precious Akins, South Carolina	167-11
Javelin	
1. Krista Woodward, Georgia	169-4
Hammer	
1. Jenny Dahlgren, Georgia	227-0
Heptathlon	
1. Nia Ali, Tennessee	5,490

NCAA OUTDOOR

June 6-9 • Alex G. Spanos Sports Complex
Sacramento, Calif.

Top Teams: 1. Arizona State 60, 2. LSU 49, 3. Michigan 36, 4. Texas A&M 34, 5. UCLA 30 ... 11. South Carolina 22

100-Meter Dash	
1. Sherry Fletcher, LSU	11.20
200-Meter Dash	
1. Kerron Stewart, Auburn	22.42
400-Meter Dash	
1. Natasha Hastings, South Carolina	50.15
800-Meter Run	
1. Alysia Johnson, California	1:59.29
1,500-Meter Run	
1. Brie Feltnagle, North Carolina	4:09.93
5,000-Meter Run	
1. Michelle Sikes, Wake Forest	15:16.76
10,000-Meter Run	
1. Victoria Jackson, Arizona State	32:54.72
100-Meter Hurdles	
1. Tiffany Ofili, Michigan	12.80
400-Meter Hurdles	
1. Nicole Leach, UCLA	54.32
3,000-Meter Steeplechase	
1. Anna Willard, Michigan	9:38.08
4x100-Meter Relay	
1. Texas A&M	43.05
4x400-Meter Relay	
1. LSU	3:28.07
2. South Carolina	3:28.48
High Jump	
1. Destinee Hooker, Texas	6-3 1/2
Pole Vault	
1. April Kubishta, Arizona State	13-11 1/4
Long Jump	
1. Brittney Reese, Mississippi	21-3 3/4
Triple Jump	
1. Yvette Lewis, Hampton	45-0 1/2
Shot Put	
1. Jessica Pressley, Arizona State	59-0 3/4
Discus	
1. Kelechi Anyanwu, California	188-11
Javelin	
1. Lindsey Blaine, Purdue	182-3
Hammer	
1. Jenny Dahlgren, Georgia	232-00
Heptathlon	
1. Jacquelyn Johnson, Arizona State	5,984

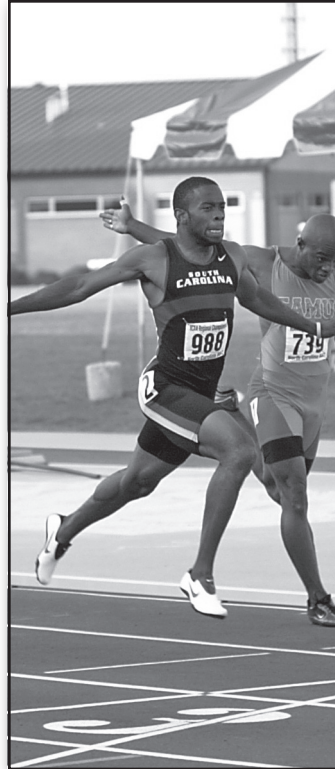
INDOOR

60-METER DASH			
1. Nick Lytle	2/2		6.86
2. Johnathan Hancock	2/24		6.94
200-METER DASH			
1. Nick Lytle	1/20		21.79
2. Quentin Moore	2/10		21.88
3. Jamil James	2/10		22.24
4. Johnathan Hancock	2/24		22.51
400-METER DASH			
1. Keith Hinnant	2/24		46.97
2. Ray Miley	3/3		47.18
3. Quentin Moore	2/24		47.24
4. Jamil James	3/3		48.08
5. Johnathan Fortenberry	2/24		48.21
800-METER RUN			
1. Johnny Baez	2/24		1:51.56
2. Ray Miley	2/24		1:52.31
3. Keith Hinnant	1/20		1:53.32
4. Sean Leyh	1/27		1:57.95
MILE RUN			
1. Johnny Baez	1/20		4:14.22
2. Dan Williams	2/24		4:24.12
3,000-METER RUN			
1. Dan Williams	2/10		8:55.27
55-METER HURDLES			
1. Jason Richardson	1/27		7.18
2. Thomas Hilliard	3/3		7.23
3. Eddi Stoudemire	2/17		7.73
4. Curt McGill	1/12		7.85

60-METER HURDLES			
1. Thomas Hilliard	3/9		7.74
2. Jason Richardson	2/2		7.79
3. Eddi Stoudemire	2/24		8.31
4. Curt McGill	1/27		8.71
4x400-METER RELAY			
1. South Carolina	2/25		3:06.84
2. South Carolina	2/9		3:08.22
3. South Carolina	2/3		3:09.10
4. South Carolina	1/27		3:10.57
DISTANCE MEDLEY			
1. South Carolina	2/25		7:51.24
HIGH JUMP			
1. Curt McGill	2/23		6-2
2. Eddie Stoudemire	2/23		5-10 1/2
POLE VAULT			
1. Dan McKenzie	1/20		17-0 3/4
2. Jay Lucas	2/2		14-3 1/4
LONG JUMP			
1. Eddie Stoudemire	2/23		23-0 3/4
2. Derek Pressley	2/24		22-10
3. Aaron Searles	2/9		22-1 1/2
4. Curt McGill	2/23		21-4 1/4
TRIPLE JUMP			
1. Derek Pressley	1/19		49-7 1/4
2. Aaron Searles	2/10		43-4 1/4
SHOT PUT			
1. Jim Mitchell	1/20		54-5 1/4
2. Jason Cook	2/17		54-6 1/2
35-POUND WEIGHT			
1. Tyler Trout	2/25		61-2 1/4
2. Jason Cook	2/25		59-0 3/4
3. Anthony Faulkner	2/25		54-11 1/4
HEPTATHLON			
1. Curt McGill	2/24		4,810

OUTDOOR

100-METER DASH			
1. Nick Lytle	3/24		10.70
200-METER DASH			
1. Nick Lytle	3/31		21.47
400-METER DASH			
1. Ray Miley	5/13		46.31
2. Jamil James	5/26		46.50
3. Derron Flood	5/13		46.53
4. Quentin Moore	3/24		47.01
5. Keith Hinnant	4/6		47.22
800-METER RUN			
1. Ray Miley	3/24		1:50.00
2. Keith Hinnant	3/31		1:51.76
3. Johnny Baez	5/10		1:52.10
5,000-METER RUN			
1. David Johannesmeyer	4/11		15:59.00
110-METER HURDLES			
1. Thomas Hilliard	3/31		13.70
400-METER HURDLES			
1. Thomas Hilliard	5/11		49.63
2. Jussi Heikkila	5/26		50.28
3,000-METER STEEPLECHASE			
1. Daniel Williams	4/6		9:46.14



Leroy Dixon was South Carolina's top short sprinter in 2006. He earned his second consecutive All-America certificate in the 100m as a senior.

4x100-METER RELAY			
1. South Carolina	4/21		41.20
2. South Carolina	4/13		43.22
4x400-METER RELAY			
1. South Carolina	5/13		3:03.86
2. South Carolina	3/31		3:15.13
1,600-METER SPRINT MEDLEY RELAY			
1. South Carolina	4/6		11:58.21
HIGH JUMP			
1. Greg Royster	4/8		6-4
POLE VAULT			
1. Dan McKenzie	5/13		16-6 3/4
2. Curt McGill	4/11		11-0 3/4
LONG JUMP			
1. Aaron Searles	3/31		227-0 1/4
2. Derek Pressley	3/31		21-11 3/4
3. Curt McGill	4/13		21-6 3/4
TRIPLE JUMP			
1. Derek Pressley	5/13		51-10 1/2
2. Scott Pierce	4/6		46-11
SHOT PUT			
1. David Zaycek	3/15		52-10 3/4
2. Jim Mitchell	3/15		51-3
DISCUS			
1. Tyler Trout	5/26		174-8
2. Brook Antonio	3/31		161-5
3. David Zaycek	3/15		157-11
4. Joe Schroeder	3/31		153-3
HAMMER			
1. Tyler Trout	5/13		210-10
2. Anthony Faulkner	4/21		146-0

JAVELIN

1. Erik Heymann	5/13		223-7
2. Joe Schroeder	5/13		207-6

2007 SCHEDULE

January

12-13	Virginia Tech Inv.	Blacksburg, Va.
19-20	Rod McCravy Mem.	Lexington, Ky.
27	Diet Pepsi Invit.	Gainesville, Fla.

February

2-3	Armory Invitational	New York, N.Y.
9-10	Tyson Invitational	Fayetteville, Ark.
17	Gamecock Inv.	Columbia, S.C.
23-25	SEC Chmp.	Gainesville, Fla.

March

2-3	Last Chance Meet	Blacksburg, Va.
9-10	NCAA Chmp.	Fayetteville, Ark.
15-17	Hurrican3 Invitational	Miami, Fla.
24	Jim Click Shoot-Out	Tucson, Ariz.
31	Weems Baskin	Columbia, S.C.

April

6-7	Pepsi Florida Relay	Gainesville, Fla.
11	S.C. State Meet	Columbia, S.C.
13-14	Spec Town Relays	Athens, Ga.
21	N.C. A&T Inv.	Greensboro, N.C.
26-28	Penn Relays	Philadelphia, Pa.

May

11-13	SEC Chmp.	Tuscaloosa, Ala.
25-26	NCAA Regional	Gainesville, Fla.

June

6-9	NCAA Chmp.	Sacramento, Calif.
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Jim Mitchell had the top marks for South Carolina in the shot put during the indoor season (52-10) as well as outdoors (57-7).



INDOOR

55-METER DASH

1. Shalonda Solomon	2/17	6.78
2. Ronnetta Alexander	1/12	7.33
3. Dishari'ck Howzee	2/17	7.39
4. CaAdrian Norman	2/17	7.39

60-METER DASH

1. Shalonda Solomon	2/24	7.36
2. Dishari'ck Howzee	2/24	7.96

200-METER DASH

1. Shalonda Solomon	2/10	22.85
2. Natasha Hastings	2/10	23.39
3. Chiquita Martin	2/10	24.01
4. Stephanie Smith	1/20	24.12

400-METER DASH

1. Natasha Hastings	3/10	50.80
2. Stephanie Smith	3/3	53.33
3. Krystal Cantey	2/24	54.21
4. Brandi Cross	3/3	54.37
5. Faraign Giles	2/2	54.46

800-METER RUN

1. Kettiany Clarke	2/23	2:31.67
2. Reanna Townsend	2/23	2:43.65

MILE RUN

1. Casey Gale	2/10	5:02.49
2. Rebecca Chain	2/3	5:06.24
3. Kelsey Bristol	2/10	5:14.91
4. Anna Petrov	1/27	5:27.81

3,000-METER RUN

1. Rebecca Chain	2/24	10:01.45
2. Casey Gale	2/3	10:06.89
3. Lisa McKinney	1/27	10:52.69
4. Callie Rabun	1/27	10:59.05

5-METER HURDLES

1. Chiquita Martin	3/3	7.76
2. Ronnetta Alexander	2/17	7.89
3. Brittney James	3/3	7.92
4. Trier Young	2/17	7.96
5. Kettiany Clarke	1/12	8.07

60-METER HURDLES

1. Ronnetta Alexander	2/25	8.27
2. Chiquita Martin	2/24	8.33
3. Brittney James	2/24	8.39
4. Trier Young	2/2	8.47
5. Kettiany Clarke	1/20	8.50

4x400-METER RELAY

1. South Carolina	3/10	3:29.57
2. South Carolina	2/3	3:30.95
3. South Carolina	2/9	3:31.85
4. South Carolina	1/20	3:36.44

DISTANCE MEDLEY RELAY

1. South Carolina	2/25	12:01.50
2. South Carolina	2/3	12:03.18
3. South Carolina	1/27	12:19.46
4. South Carolina	2/9	12:24.32

HIGH JUMP

1. Kettiany Clarke	2/23	5-5 3/4
2. Reanna Townsend	1/26	5-2 1/2

POLE VAULT

1. Sallie Gurganus	3/3	12-8 1/4
2. Liza Todd	2/9	11-11 3/4
3. Emily Pease	1/12	11-0 1/4
4. CaAdrian Norman	2/17	10-6 1/4



Cheryl Terrio rewrote the school's records book in the pole vault her senior year. Her top marks were 13-6 1/4 indoors and 13-5 3/4 outdoors.

LONG JUMP

1. Brittney James	3/3	20-2 1/2
2. Kettiany Clarke	1/26	18-7 1/4
3. Reanna Townsend	2/2	17-10 3/4

TRIPLE JUMP

1. Reanna Townsend	2/25	37-1 3/4
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SHOT PUT

1. Precious Akins	2/24	50-9 1/2
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20-POUND WEIGHT

1. Precious Akins	1/17	62-10
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PENTATHLON

1. Kettiany Clarke	1/26	3,713
2. Reanna Townsend	2/23	3,434

OUTDOOR

100-METER DASH

1. Shalonda Solomon	4/21	11.33
2. Sharee Howzee	4/11	12.31

200-METER DASH

1. Natasha Hastings	5/26	22.61
2. Shalonda Solomon	5/10	22.74
3. Faraign Giles	3/24	24.43
4. Brandi Cross	3/31	24.66

400-METER DASH

1. Natasha Hastings	3/31	50.55
2. Krystal Cantey	5/10	52.80
3. Stephanie Smith	3/24	53.00
4. Faraign Giles	4/11	53.87
5. Brandi Cross	3/15	53.78

800-METER DASH

1. Jessica Nichols	3/31	2:21.69
2. Nikeshia Brown	3/31	2:24.03

1,500-METER RUN

1. Rebecca Chain	5/13	4:39.22
2. Kelsey Bristol	3/15	4:46.70

5,000-METER RUN

1. Megan Robers	3/15	19:23.88
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100-METER HURDLES

1. Chiquita Martin	4/21	13.28
2. Ronnetta Alexander	3/31	13.52
3. Trier Young	4/11	13.68
4. Brittney James	4/13	13.73

400-METER HURDLES

1. Krystal Cantey	5/26	56.21
2. Chiquita Martin	5/10	57.96
3. Trier Young	5/10	1:00.03
4. Tawana Watkins	5/10	1:00.16

4x100-METER RELAY

1. South Carolina	3/31	43.25
2. South Carolina	5/13	43.33
3. South Carolina	4/26	43.80
4. South Carolina	5/26	44.35
5. South Carolina	4/26	44.35

4x200-METER RELAY

1. South Carolina	4/26	1:31.56
2. South Carolina	3/31	1:32.16
3. South Carolina	4/26	1:33.86

4x400-METER RELAY

1. South Carolina	5/10	3:28.44
2. South Carolina	4/26	3:29.78
3. South Carolina	5/26	3:30.25
4. South Carolina	3/31	3:30.98
5. South Carolina	4/7	3:31.58

1600-METER SPRINT MEDLEY RELAY

1. South Carolina	4/29	3:55.99
2. South Carolina	4/26	4:06.26

DISTANCE MEDLEY

1. South Carolina	4/7	11:58.21
2. South Carolina	4/26	12:30.27

POLE VAULT

1. Liza Todd	3/24	12-1 3/4
2. Sallie Gurganus	3/15	12-1 1/2
3. CaAdrian Norman	4/21	10-11 3/4
4. Emily Pease	3/15	10-8

LONG JUMP

1. Brittney James	5/10	19-11
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DISCUS

1. Precious Akins	4/13	170-2
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JAVELIN

1. Brittney James	3/31	103-10
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HEPTATHLON

1. Reanna Townsend	3/15	4,586
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April

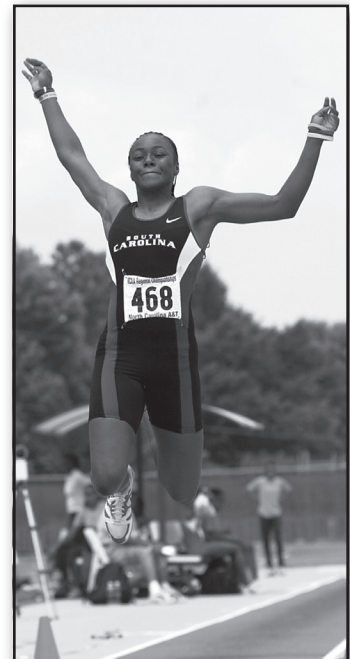
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Kemesha Whitmire was South Carolina's best performer in the triple jump. She recorded top marks of 42-8 3/4 indoors and 42-2 outdoors.

The South Carolina cross country had a successful 2007 season as it made its first appearance in the NCAA Division I cross country regional rankings. After their outstanding performance at the Charlotte Invitational, the Gamecocks received a 15th-place ranking in the Southeast Region ranking.

As team captain Casey Gale was unable to race for a majority of the season, due to an injury, other runners had to step up to help lead the team. Senior Rebecca Chain finished first for the Gamecocks in the first five races of the season. She also led the Gamecocks in the final race of the season at the Southeast Regionals, claiming a top-100 finish. Ashley Evens stepped up as a freshman, finishing second for South Carolina in the first five races. She also claimed the top spot for the Gamecocks at the SEC Championships.

Other key runners for the Gamecocks including freshmen Cassity Brewer and Courtney Bowen. Sophomore Kelsey Bristol and juniors Callie Rabun and Megan Robers contributed throughout the season.

The Gamecocks claimed two second-place finishes at both the Asics-Winthrop Invitational and the Charlotte Invitational. In addition they claimed a third place finish at the Gamecock Invitational to finish ahead of Clemson. The Gamecocks finished 11th at the SEC Championships and 25th at the NCAA Southeast Regionals.



2007 Cross Country Roster

Julie Baldwin	Fr.	Greer, S.C.
Amanda Barrett	R-Fr.	New Orleans, La.
Courtney Bowen	Fr.	Winston-Salem, N.C.
Cassity Brewer	Fr.	Columbia, S.C.
Kelsey Bristol	So.	Grandville, Mich.
Kate Caffrey	Fr.	Columbia, Md.
Katarina Cap	So.	Hilton Head, S.C.
Rebecca Chain	Sr.	Ridgefield, Conn.
Katie Daly	So.	Tampa, Fla.
Ashley Evens	Fr.	Maumee, Ohio
Daneille Franklin	Jr.	Greer, S.C.
Casey Gale	Jr.	Pickens, S.C.
Andrea Houston	Fr.	Richfield, Ohio
Lauren Jaynes	R-Jr.	Summerville, S.C.
Sarah Langdon	Fr.	Troy, Ohio
Chelsea Leroux	Fr.	West Barnstable, Mass.
Katie McEvoy	Fr.	Downington, Pa.
Lisa McKinney	So.	Downington, Pa.
Laura Pramstaller	Fr.	Fairfax, Va.
Callie Rabun	R-Jr.	Alpharetta, Ga.
Laura Regensburg	Jr.	Alexandria, Va.
Megan Robers	Jr.	Cincinnati, Ohio
Alyse Shayer	Jr.	Bakersfield, Calif.
Tara Tae	Fr.	Oak Ridge, Tenn.
Becky Woods	Jr.	Galway, N.Y.



2007 GAMECOCK CROSS COUNTRY TEAM

Front Row (L-R): Casey Gale, Megan Robers, Laura Regensburg, Lauren Jaynes, Courtney Bowen, Sarah Langdon, Katie McEvoy, Chelsea Leroux, Kate Caffrey;
Middle Row (L-R): Rebecca Chain, Callie Rabun, Katie Daly, Tara Tae, Lisa McKinney, Danielle Franklin, Alyse Shayer, Becky Woods, Amanda Barrett; **Back Row (L-R):** Katarina Cap, Julie Baldwin, Cassity Brewer, Andrea Houston, Kelsey Bristol, Ashley Evens, Graduate Assistant Grace Wetzel, Coach Stan Rosenthal