



## COACHING & SUPPORT STAFF



## SHELLEY SMITH

*Head Coach*

*Eighth Season at South Carolina*

*12th Season Overall*

*Vermont, 1993*



**Full Name:**

Shelley Addison Smith

**Hometown:**

Shaftsbury, Vt.

**Education:**

B.S. Nutritional Science, Univ. of Vermont 1993

**Playing Experience:**

Univ. of Vermont, 1990-93  
Sheffield United FC, 1994  
Boston Renegades, 1996-2000

**Coaching Experience:**

Dartmouth (Asst.), 1995-97  
Rhode Island, 1997-2000  
South Carolina, 2001-present

**Playing Honors:**

Two-time All-New England  
Three-time 1st Team All-North Atlantic Conf.  
Two-time NSCAA Northeast Region All-American  
Two-time NAC Academic Honor Roll  
Seventh on all-time career GWG list

**Coaching Honors:**

Atlantic 10 Coach of the Year, 1998  
Nation's Most Improved W-L, 1998  
NEWISA D1 Coach of the Year, 2000  
NSCAA Northeast Region Coach of the Year, 2000  
National Coach of the Year finalist, 2000  
U-14 National Camp Staff, 2003  
Vermont Athletic Hall of Fame, 2004  
USYSA Regional III ODP Staff

**Family:**

Husband, Jamie Smith  
Sons, Braden (4) and Evan (2)

Shelley Smith enters her eighth season at the helm of the USC women's soccer program and looks to continue building upon the success that she has brought to the program after putting the Gamecocks into the national spotlight last season.

Smith directed the 2007 Gamecocks to arguably the best season in school history, tying the school record with 14 victories and advancing to the NCAA Tournament for only the second time in program history. Carolina posted a 14-6-3 overall record including a 5-4-2 mark in the SEC after beginning the season by becoming the first team ever to knock off defending national champion and top-ranked North Carolina in a season opening game at Fetzer Field in Chapel Hill. The Gamecocks ran to a 7-0-0 start to the season – program bests for start to a season and winning streak – and peaked at No. 7 in the national polls. For the second consecutive season South Carolina advanced to the SEC Tournament semifinals after knocking off Tennessee for the first time in program history and earned the school's first bid to the NCAA Tournament since 1998. Defensively, Carolina recorded a program-best 12 shutouts while Laura Armstrong's 0.49 goals against average was first in the SEC and ninth nationally.

Four players earned All-SEC honors with Ashley Kirk and Blakely Mattern named to the first team, Darcel Mollon named to the second team and Brittney Rhoades named to the freshman team. Mattern became the first sophomore to ever earn SEC Defensive Player of the Year honors. In addition, Mattern and Mollon earned NSCAA second team All-Southeast Region selections, becoming the first Gamecocks honored by the association since 2002. Mattern, Kirk, Mollon and Rhoades also picked

up All-Region honors by Soccer Buzz with Rhoades becoming the second Freshman All-American under Smith at USC. Mattern was named a fourth team All-American, the first in South Carolina history.

Carolina's success in the classroom continued last season as her squad earned three Academic All-District honorees, the most at USC in a single season. Mattern, Annie Galloway and Erin Sullivan earned the honors while Sullivan was also named to the Academic All-America third team. It is the third straight season a Carolina player has earned Academic All-America honors, the longest active streak in the SEC. The team had a program-best 17 players named to the SEC Academic Honor Roll (Laura Armstrong, Shannon Bigbie, Kacie Brewer, Annie Galloway, Kimberly Gillespie, Monica Hogan, Leah Loguidice, Blakely Mattern, Kim Miller, Darcel Mollon, Kali Neumann, Mollie Patton, Aly Shattls, Lindsay Small, Erin Sullivan, Lindsay Thorstenson and Mary Worthen). In addition, all four returning sophomores made the SEC Freshman Honor Roll. Smith has coached 111 SEC Academic Honor Roll recipients since coming to USC in 2001.

Smith has coached several top student-athletes at Carolina including Ashley Kirk, USC's first four-time All-SEC honoree, and two-time All-SEC performers Melinda Carter, Jessica Julin, Sarah Lentz and Blakely Mattern. Julin is currently the captain of the Finland National Team and Carter played in the WUSA. The Gamecocks have had 17 players earn All-SEC selections in the last seven years.

In her first season as head coach at Carolina (2001), the Gamecocks were the third most improved team in the nation with an 8-7-3 overall record. Carolina also had one of the school's best home records, going 5-3 at Stone Stadium, allowing opponents to score only four goals in eight matches.

The success continued for USC in 2002 with 13 wins in Smith's second season. The year was highlighted with USC's first ever victories against Florida and Kentucky. Smith also led her team to ties against 2002 SEC champion Auburn and Eastern Division champion Tennessee.





Smith led the Gamecocks to another successful season in 2003 with 10 wins including a USC record eight-game unbeaten streak as well as a 6-2-1 record at home in Stone Stadium.

The 2004 season featured a win over No. 7 Clemson, the Gamecocks' first win over a ranked opponent since 1998, as well as a 6-3 mark in non-conference action. Ashley Kirk also became the first freshman soccer player in school history to be named SEC Freshman of the Year. In addition, South Carolina set a school record for a home game-winning streak with six consecutive victories.

Following an injury filled 2005 season, the program took a big step forward in 2006 as USC went undefeated at home for the first time in school history with an 8-0-3 mark at Stone Stadium. The team's cumulative goals against average of 0.69 was the lowest ever tallied at Carolina. The season culminated with the Gamecocks advancing to the SEC Tournament semifinals for the first time in Carolina history, as Blakely Mattern became the team's first Freshman All-America selection since 1998.

In 11 years as a head coach, Smith has compiled an overall record of 111-90-20. Besides her collegiate coaching, Smith was a member of the Region III ODP staff for the past five years, as well as an assistant for the '90 Regional Team. Smith also was a member of the 2003 U-14 National Camp staff for U.S. Soccer.

With a background in both semi-professional and collegiate soccer, Smith previously served as head coach at Rhode Island from 1997-2000. The 2000 NSCAA Northeast Region Coach of the Year, Smith rebuilt the URI women's soccer program, compiling a 41-35-2 overall record. Smith took a program that was 2-16 her first year to 12-7-1 in her second season, marking the eighth-most improved won-lost record for a team in NCAA history. In 2000, Smith coached URI to its best record ever of 15-4-1, while reaching the Atlantic 10 Semifinals, a first in URI history.

Smith was nominated for the 2000 National Coach of the Year. The New England Women's Soccer Intercollegiate Soccer Association (NEWISA) also named her its Division I Coach of the Year in 2000. She was the 1998 Atlantic 10 Coach of the Year as well.

In addition to her experience as a coach, Smith brings experience from the semi-professional level. From 1996-2000, Smith played for the Boston Renegades in the W-1 League. Smith was captain in 2000 as she led Boston to the semifinals in the W-1 Championship. The Renegades reached the finals in 1998. Smith also had the opportunity to play overseas in 1994 as a member of the Sheffield United Women's

Football Club in England.

Smith, a 1993 graduate of the University of Vermont with a degree in nutritional science, received her teacher's certificate from the same institution in 1995. Smith started all four years for the Catamounts. Her primary positions were center midfielder and central defender. She was a regional All-American in both 1992 and '93 in addition to being named First Team All-North Atlantic Conference each year from 1991-93. During her freshman year, the squad won the ECAC Tournament. Vermont was one of the first programs to offer women's soccer as a varsity sport and it competed on a national level. Smith was named to Vermont's Athletic Hall of Fame in the summer of 2004.

Smith worked as an assistant coach at Dartmouth College from 1995-97. The Big Green made the NCAA Tournament in her second season with the program.

Smith is married to USC associate head coach Jamie Smith, a 1994 graduate of Providence College. They are the proud parents of two sons, Braden James, born on Nov. 25, 2003 and Evan Addison born on Jan. 6, 2006. The family resides in Columbia, S.C.

Smith has her USSF B license and the NCAA Advanced National Diploma. She is currently a member of the USYSA Regional Olympic Development Staff.

A native of Shaftsbury, Vt., Smith graduated from Mount Anthony Union High School in 1989.



**The Smith Family**  
Jamie, Shelley, Braden and Evan

## Smith's Career Record

Year	Record	School
1997	2-16	Rhode Island
1998	12-7-1	Rhode Island
1999	12-8	Rhode Island
2000	15-4-1	Rhode Island
2001	8-7-3	South Carolina
2002	13-6-2	South Carolina
2003	10-8-3	South Carolina
2004	8-10-2	South Carolina
2005	6-12	South Carolina
2006	11-6-5	South Carolina
2007	14-6-3	South Carolina
<b>Totals</b>	<b>111-90-20</b>	
	<b>41-35-2</b>	<b>Rhode Island</b>
	<b>70-55-18</b>	<b>South Carolina</b>

## Coaching Honor Roll

All-SEC Players	Team
2001	Jessica Julin 1st
	Melinda Carter 2nd
2002	Melinda Carter 2nd
	Alison Jarrow 2nd
2003	Sarah Lentz 2nd
2004	Sarah Lentz 1st
2005	Ashley Kirk 2nd
2006	Courtney Cobbs 2nd
	Ashley Kirk 2nd
2007	Ashley Kirk 1st
	Blakely Mattern 1st
	Darcel Mollon 2nd

## All-SEC Freshman Team

2003	M.A. Foster
	Shelley Hoddeson
2004	Ashley Kirk*
2006	Blakely Mattern
2007	Brittany Rhoades

\*SEC Co-Freshman of the Year

## All-Southeast Region

2001	Melinda Carter	NSCAA-3
2002	Melinda Carter	NSCAA-3
		S.B.-3
2006	Courtney Cobbs	S.B.-3
	Ashley Kirk	S.B.-3
	Blakely Mattern	S.B.-3
		S.B.-Fr.
2007	Blakely Mattern	S.B.-1
		NSCAA-2
	Darcel Mollon	NSCAA-2
		S.B.-3
	Ashley Kirk	S.B.-3
	Brittany Rhoades	S.B.-Fr.

## All-America Honors

2003	Kanika McAlpine	Acad.
2005	Kimmy Criss	Acad.
2006	Annie Galloway	Acad.
	Blakely Mattern	Frosh
2007	Blakely Mattern	S.B.-4
	Brittany Rhoades	Frosh
	Erin Sullivan	Acad.



## JAMIE SMITH

*Associate Head Coach  
Eighth Season at South Carolina  
Providence, 1994*



**Full Name:**  
James Smith

**Hometown:**  
South Burlington, Vt.

**Education:**  
B.S., Providence 1994

**Playing Experience:**  
Providence College, 1990-93  
New Hampshire Phantoms,  
1995-96  
Vermont Wanderers, 1997  
Vermont Voltage, 1998

**Coaching Experience:**  
Upper Valley Lightning SC,  
1996-98  
Vermont (Asst.), 1994-95  
Vermont (Interim HC), 1996  
Dartmouth (Men's Asst.),  
1996-99  
Brown (Men's Asst.), 1999-2000  
South Carolina (Asst.), 2001-2003  
South Carolina (Assoc.),  
2003-present

**Playing Honors:**  
Graduated as PCs career saves  
leader

**Coaching Honors:**  
AFLAC Asst. Coach of the Year,  
2003  
U.S. U20 Team Camp Assistant,  
2008

**Family:**  
Wife, Shelley Smith  
Sons, Braden (4) and Evan (2)

Jamie Smith enters his eighth season with the University of South Carolina women's soccer program and his sixth year as associate head coach. In his first two years at USC, Smith was an assistant coach for the Gamecocks before being promoted to associate head coach in April 2003.

"Jamie and I have a unique and exciting relationship being a husband-wife team," said USC head coach Shelley Smith. "We work together extremely well and devote a lot of our time to our players. The dynamics create a tremendous environment for our players as they have responded very well to the style of our coaching staff. I am lucky to have such a talented, dedicated and hard working person to share the coaching duties with. I couldn't find a more loyal assistant."

A top recruiter and evaluator of talent, Smith earned his first collegiate coaching award in the Fall of 2003 when he was selected as one of the AFLAC Assistant Coaches of the Year.

Smith graduated with a Bachelor of Science degree from Providence College in 1994. While at PC, Smith was a three-year starter for the Friars' varsity team. Upon graduating, Smith held the Providence record for career saves and currently is second on the list at 263. Since graduating, he has served as assistant coach for three universities, including Brown where he held the position from 1999 to 2001.

At Brown, Smith's responsibilities included evaluating and recruiting players, scouting of opponents, and developing playing strategies. In addition, Smith was responsible for all aspects of fund-raising efforts including the Brown Youth Futbol School of Excellence, Spring Break Camp, and Youth Indoor Tournament.

Smith further cultivated his coaching talents assisting for three years at Dartmouth College and as assistant and Interim Head Coach at Vermont.

In addition to his collegiate coaching experience, Smith has held various positions with the Upper Valley Lightning Soccer Club in Hanover, N.H. from 1996 to 1998. The club

is one of the largest in New Hampshire with over 2500 youth participants. Smith is also the Co-owner/Director of the World Class Soccer School in Shaftsbury, Vt. a youth summer day camp he established, developed and has operated from 1995 to the present. He also currently coordinates numerous camps in South Carolina.

Upon graduating from Providence, Smith played professionally in the United States Inter-regional Soccer League with the New Hampshire Phantoms in 1995 and 1996, the Vermont Wanderers in 1997, and the Vermont Voltage in 1998. Smith also trained and played with the Montreal Impact in 1997 and 1998. Smith has a National, Advanced National and Goalkeeping License from the National Soccer Coaches Association of America. Smith graduated as a double-major in marketing and management from Providence and holds a United States Soccer Federation B License.





# MAT COSGRIFF

*Assistant Coach  
Sixth Season at South Carolina  
Maine, 2002*



Mat Cosgriff begins his sixth season with the University of South Carolina women's soccer program. Cosgriff works with the goalkeepers and assists in all aspect of the program.

Under Cosgriff's tutelage, South Carolina has earned four SEC Defensive Player of the Week honors, an SEC All-Tournament selection and two Top Drawer Soccer Team of the Season selections at goalkeeper. In 2007, Laura Armstrong tied the South Carolina single-season and career records in a season for shutouts, posting seven on the season and 15 in her career to tie Elise Matthews' numbers set in Cosgriff's first season with the program.

Cosgriff's goalkeepers have posted three of the lowest five goals against averages in Carolina history, led by the school-record 0.69 set in 2006. Armstrong posted a 0.49 GAA in the 2007 season, setting the USC individual record with a mark that led the Southeastern Conference and was ninth nationally. She finished her career third on the All-Time SEC list with a 0.82 GAA from 2004-07 after coming to USC with only two years' experience at the position.

Goalkeeper Lindsay Thorstenson became the first USC player to earn NSCAA and Soccer America National Player of the Week honors after becoming the first keeper to ever shut-out perennial power North Carolina in a home opener. Thorstenson's effort in 2007 ended a 27 game Tar Heel winning streak and a 54 game UNC streak without being shutout.

Cosgriff came to USC after serving one year as the men's soccer assistant coach at the University of Maine. His duties at Maine included goalkeepers coach, recruiting coordinator, analyzing game film, scheduling, organizing road trips, organizing high school and alumni tournaments and providing nutrition and exercise assistance to players.

Upon serving as assistant coach for the University of Maine, Cosgriff was a four-year letterwinner for the Black Bears. He earned All-New England honors and assumed numerous academic awards, including being a three-time UMaine scholar-athlete. Cosgriff was a four-year member of the America East Academic Honor Roll, receiving the Commissioner's Hon-

or Roll recognition (3.5 GPA or higher) his junior and senior years. In 2002, Cosgriff graduated with a bachelor of arts degree in sociology.

A native of Lebanon, N.H., Cosgriff also played for the Vermont Voltage of the Premier Development League (PDL).



**Full Name:**  
Mat Cosgriff

**Hometown:**  
Lebanon, N.H.

**Education:**  
B.S. Sociology, Maine 2002

**Playing Experience:**  
Maine, 1998-2001  
Vermont Voltage, 2000-01

**Coaching Experience:**  
Maine (Men's Asst.), 2002  
Black Bear United YSC (Asst.), 2003  
South Carolina (Asst.), 2003-present

**Playing Honors:**  
Three-time UMaine Scholar Athlete  
Four-time America East Honor Roll  
Two-time Commissioner's Honor Roll  
All-New England honors

**Coaching Honors:**  
Four SEC Defensive POW  
Two Top Drawer Team of the Season  
One SEC All-Tournament Team  
NSCAA National Player of the Week  
Soccer America Player of the Week  
Three-time Soccer Buzz Team of Week



## DAWN ELLERBE

*Marketing  
South Carolina, 1996*

Dawn Ellerbe is in her fourth year as marketing director for varsity sports, directly overseeing the promotional efforts of women's basketball, volleyball, softball and men's and women's soccer.

Prior to joining the athletics department, Ellerbe worked at South Carolina's Colonial Center in marketing and public relations. An alumna of South Carolina and 2000 Olympian, Ellerbe was a volunteer assistant track and field coach for the Gamecocks from 2001 to 2004. A four-time NCAA champion, six-time All-American and five-time SEC champion, Ellerbe received her bachelor's degree in journalism from South Carolina in 1996. She earned her master's in communication from Wyoming, where she spent three years as an assistant track and field coach. At Wyoming, she coached in six NCAA Championships and developed eight All-Americans and three Mountain West Conference champions.

A native of Long Island, N.Y., Ellerbe is a member of the South Carolina Athletics Hall of Fame and is on the Board of Directors for the United Way of the Midlands.



## MARCI GIRTON

*Deputy AD/Administration  
Taylor (Ind.), 1981*

Marcy Girton is in her first year as Associate Athletics Director for Administration, serving as sport supervisor for women's soccer.

Girton comes to South Carolina after a nine-year stint at TCU where she served as Associate Director of Athletics/Senior Woman Administrator. She was responsible for overseeing the athletics compliance program and departmental policies, as well as athletics financial aid, and the Student Athlete Advisory Council. She also supervised the sports of women's basketball, soccer and men's and women's tennis.

Girton has a broad background in intercollegiate athletics as an athlete, coach and administrator. Since joining TCU in 1999, she was involved in all phases of sports programs, from marketing and promotions, to fund raising, personnel management and broadcasting. She was named the TCU Athletics Department "Team-mate of the Year" following the 2000-01 school year.

A native of Reelsville, Ind., Girton began her administrative career at Western Carolina in 1996, supervising 11 sports and overseeing academic support services, the Life Skills program, and the Student-Athlete Council. In addition, Girton handled personnel management, budget preparation, event scheduling and operations, marketing and promotions, and fund raising, along with community and alumni outreach activities.

A 1981 graduate of Taylor (Ind.) University, Girton earned a master's degree from Ball State in 1982 and received a second master's from Indiana State in 1983.



## MIQUEL JACOBS

*Media Relations  
South Carolina, 2007*

Miquel Jacobs is in his second year as media relations graduate assistant working at South Carolina. He is the primary contact for women's soccer, equestrian and track & field.

Jacobs previously served as a student assistant for two years at USC, coordinating publicity efforts for cross country and women's golf in 2006. His responsibilities also included game day duties for football, volleyball, men's and women's basketball, baseball, softball and soccer. Prior to working in media relations, Jacobs worked as a sports staff writer at *The Daily Gamecock* newspaper, serving as beat writer for women's soccer, volleyball and women's basketball.

A native of Columbia, S.C., and a member of CoSIDA, Jacobs graduated with a Bachelor of Arts degree in public relations in May 2007 and is pursuing a master's degree in sport management.



## KELLY LEWIS

*Event Management  
USC-Aiken, 1982*

Kelly Lewis is in her 15th year with Gamecock athletics. Lewis manages event operations for women's soccer, volleyball as well as several other sports at South Carolina.

Lewis was the event coordinator for the 1999 NCAA Women's Golf East Regional and served as the Gamecocks' coordinator for the 1997-2001 SEC women's basketball tournaments. She also worked as an event coordinator for the 1997 NCAA Women's Basketball East Regional held at the Carolina Coliseum. Lewis earned her master's degree in sports administration at Eastern Kentucky in 1994. During graduate school, Lewis worked as a sports administration intern, a teaching graduate assistant in the physical education department and worked as an assistant coach with the volleyball team. Prior to graduate school, Lewis taught physical education in Aiken and Kershaw counties.

A native of Aiken, S.C., Lewis received a Bachelor of Science in physical education in 1982 from USC-Aiken, where she also coached volleyball and basketball.



## EARLEEN MICHELS

*Academic Advisor  
Purdue*

Earleen Michels joined the South Carolina athletics department in July 2003. She is the academic counselor for volleyball, women's basketball and equestrian, and performs other C.A.R.E.S. (Carolina Academic Resources & Enrichment Services) duties assigned to the academic counseling staff.

Prior to South Carolina, Michels taught for 10 years in the Midlands/Greater Columbia area and worked in the state office of Fellowship of Christian Athletes, a non-profit organization interfacing with South Carolina public and private middle schools, high schools and colleges. She also worked overseas one year with KMAG, the Military Advisory Group to the Korean Army. In Skaneateles, N. Y., Michels worked as an EMT with the all-volunteer ambulance team, SAVES.

The Indiana native graduated from Purdue with a Bachelor of Arts in elementary education. After two years of field experience, Michels returned to Purdue and received a Master of Science in education. Michels has a daughter, Christina, and a son, Doran.



## STEPHANIE ROSEHART

*Athletic Training  
Southern Mississippi, 1995*

Stephanie Rosehart is in her fifth year with the University of South Carolina athletic training staff and her third season overseeing athletic training for the women's soccer squad. She also works with the men's and women's swimming and diving teams.

Rosehart came to USC from the University of Southern Mississippi where she served as associate athletic trainer and provided athletic training for women's basketball and volleyball. Rosehart graduated with a bachelor of science degree in human performance from Southern Mississippi in 1995. While at Southern Miss, she worked with the Eagles' football and women's basketball teams in addition to working at Hattiesburg High School. Rosehart received an MAED in school health from Eastern Kentucky University in 1996. While at ECU, she worked football, women's basketball and softball as well as coverage for Madison Southern High School.



## VAL SHELEY

*Associate AD/SWA  
Murray State*

Val Sheley, who has experience as a former student-athlete, coach, athletics director and several other administrative areas, including compliance, academics and student-athlete development, is in her fourth year as senior associate athletics director and senior woman administrator. Her many responsibilities include administration of eight sports and the NCAA compliance office.

Her athletics career started in 1988 when she served as head of men's and women's track and field, then added the responsibilities of assistant athletics director/senior woman administrator at UNC Asheville. From there, she went to the NCAA office working as a legislative assistant for the national organization. Sheley is in her second stint with South Carolina during her college athletics career, having served as an associate athletics director for NCAA compliance at the school from 1995 to 2000.

In 2000, she left the Gamecocks to become athletics director at Presbyterian College, where she oversaw the school's 13 athletics programs and facility improvements for three years. During 2003-04, Sheley served as the interim associate athletics director for academic support and career development at Maryland before returning to South Carolina.

Sheley has a bachelor's degree from Murray State, where she excelled as a track and field athlete. She earned a master's from Houston and is a graduate of the Sports Management Institute.



## ANDREA TYNDALL

*Strength and Conditioning  
Oregon, 1996*

Andrea Tyndall joined the Gamecock Strength and Conditioning staff in the fall of 2007 to work with women's soccer, equestrian, and the swimming and diving programs.

Tyndall most recently worked as a high school strength and conditioning coach at Queen Creek High School (Ariz.) following stints at Arizona State, Wisconsin-Madison and the University of Iowa.

At Arizona State, Tyndall worked with softball, women's soccer and both tennis programs while assisting with both basketball programs, baseball, gymnastics and men's golf. Prior to Arizona State, Tyndall spent three years at the University of Wisconsin-Madison where she worked with women's volleyball, men's soccer, tennis, women's track and field and men's and women's diving. Tyndall also was a graduate assistant at the University of Iowa working with the tennis, cross country and track and field teams.

Tyndall holds a bachelor's degree in exercise and movement science from the University of Oregon and a master's in physical education from Arizona State (2004). She has held certifications through the National Strength & Conditioning Association, Collegiate Strength & Conditioning Coaches Association and USA Weightlifting.



# MEET THE GAMECOCKS

