

SOUTH CAROLINA



IA



Women's Team





First Row (L to R): Alexis Joyce, Kristi Etson, Cheryl Terrio, Marisa Garcia-Quintana, Jessica Sawers, Sally Irvin, Monica King, Erica Whipple, Mary Claire Utsey, Rachel Farabee, Katie Desin, Birgitta Cap, Tawana Watkins, Shay Shelton, Rhashida Abdul-Malik. Second Row (L to R): Keri Groover, Tristan Rackow, Ashley Cruse, Christine Mudd, Boikhutso Ramomene, Julie Reale, Kemesha Whitmire, Lauren Paige, Chelsea Kaczmarek, Chiquita Martin, Karen Wigal, Ronnetta Alexander, Shevon Stoddart, Reanna Townsend, Keli Walker, Tiffany Ross. Third Row (L to R): Mary Wright, Michelle Phillips, Jenny Lake, India Odum, Caroline Ruppert, Precious Akins, Nicole Kendrick, Monica Bozenski, Stephanie Smith, Khaliah Carpenter, Nicki Breves.

Geographical Roster

UNITED STATES (44)

SOUTH CAROLINA (12)

Anderson-Chiquita Martin
Florence-Cheryl Terrio
Greenville-Lauren Paige, Mary Wright
Hilton Head-Birgitta Cap
Mauldin-Marisa Garcia-Quintana
Mt. Pleasant-Mary Claire Utsey
Spartanburg-Sally Irvin, Kemesha Whitmire
Summerville-Precious Akins, Monica King
Sumter-Qualenda Washington

CALIFORNIA (2)

Oakland-Keli Walker
Palmdale-Lashinda Demus

COLORADO (1)

Denver-Alexis Joyce

CONNECTICUT (1)

Ridgefield-Nicki Breves

FLORIDA (2)

Riviera Beach-Keri Groover
West Palm Beach-Erica Whipple

GEORGIA (1)

Macon-Stephanie Smith

ILLINOIS (2)

Geneseo-Jenny Lake
LaGrange-Tristan Rackow

IOWA (2)

Davenport-Chelsea Kaczmarek
Tiffin-Caroline Ruppert

LOUISIANA (1)

Baton Rouge-Reanna Townsend

MICHIGAN (2)

Southgate-Monica Bozenski
Livonia-Michelle Phillips

MONTANA (1)

Billings-Katie Desin

NEW JERSEY (1)

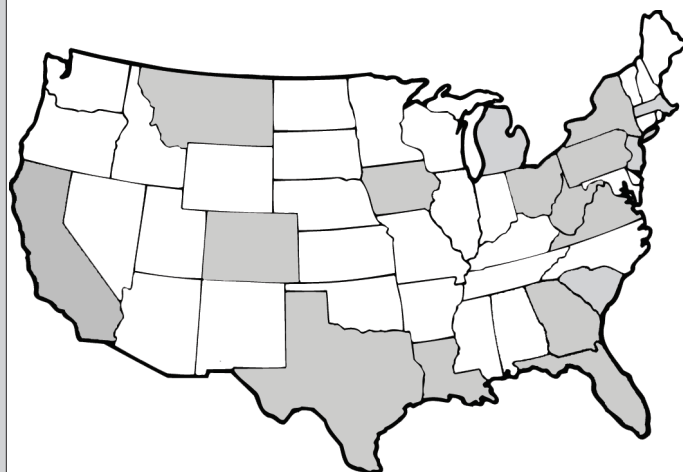
Newark-Tawana Watkins

NEW YORK (6)

Elmont-Chelsea Hammond
Flushing-Akilah Bates
Springfield Gardens-Rhashida Abdul-Malik
Uniondale-Shevon Stoddart
Wallkill-Julie Reale
Williamsville-Ronnetta Alexander

OHIO (5)

Centerville-Kristi Etson



Cincinnati-Ashley Cruse
Columbus-Khalilah Carpenter,
Christine Mudd
Lancaster-Nicole Kendrick

PENNSYLVANIA (1)

Butler-Rachel Farabee

TEXAS (1)

Mesquite-LaShay Shelton

VIRGINIA (2)

Alexandria-India Odum
Springfield-Jessica Sawers

WEST VIRGINIA (1)

Morgantown-Karen Wigal

INTERNATIONAL (1)

BOTSWANA

Gaborone-Boikutso Ramomene

2004 MEDIA GUIDE

WOMEN'S ROSTER

<u>Name</u>	<u>Class (I/O)</u>	<u>Height</u>	<u>Events</u>	<u>Hometown</u>	<u>High School/College</u>
Rashida Abdul-Malik	NE/Sr	5-5	Jumps	Springfield Gardens, N.Y.	Campus Magnet, CT
Precious Akins	Fr/Fr	5-10	Throws	Summerville, S.C.	Summerville
Ronnetta Alexander	Fr/Fr	5-6	Hurdles	Williamsville, N.Y.	Williamsville South
Akilah Bates	So/So	5-4	Mid-Distance	Flushing, N.Y.	A. Philip Randolph
Monica Bozenski	So/So	5-9	Jumps	Southgate, Mich.	Gabriel Richard
Nickie Breves	Fr/Fr	5-8	Distance	Ridgefield, Conn.	Ridgefield
Birgitta Cap	So/So	5-7	Distance	Hilton Head, S.C.	Hilton Head
Khalilah Carpenter	Jr/Jr	5-6	Sprints	Columbus, Ohio	Brookhaven
Ashley Cruse	Fr/Fr	5-10	Distance	Cincinnati, Ohio	Turpin
Katie Desin	So/So	5-7	Throws	Billings, Mont.	Billings
Lashinda Demus	Jr/Jr	5-7	Sprints, Hurdles	Palmdale, Calif.	Long Beach Wilson
Kristi Etson	Fr/Fr	5-5	Distance	Centerville, Ohio	Centerville
Rachel Farabee	Jr/Jr	5-9	Pole Vault	Butler, Pa.	Butler
Marisa Garcia-Quintana	Fr/Fr	5-6	Muti-Events	Mauldin, S.C.	Riverside
Keri Groover	Jr/Jr	5-11	Throws	Riviera Beach, Fla.	Palm Beach Lakes
Chelsea Hammond	Jr/Jr	5-9	Multi-Events	Elmont, N.Y.	Elmont Memorial
Sally Irvin	Sr/Sr	5-8	Distance	Spartanburg, S.C.	Dorman
Alexis Joyce	Jr/Jr	5-2	Sprints	Denver, Colo.	George Washington
Chelsea Kaczmarek	Fr/Fr	5-6	Distance	Davenport, Iowa	Assumption
Nicole Kendrick	So/So	5-8	Throws	Lancaster, Ohio	Lancaster/Syracuse
Monica King	Fr/Fr	5-3	Sprints	Summerville, S.C.	Fort Dorchester
Jenny Lake	Jr/Jr	5-8	Distance	Geneseo, Ill.	J.D. Darnall
Chiquita Martin	Fr/Fr	5-5	Sprints	Anderson, S.C.	Westside
Christine Mudd	Fr/Fr	5-10	Mid-Distance	Columbus, Ohio	Upper Arlington
India Odum	Sr/Sr	5-8	Throws	Alexandria, Va.	Hayfield Secondary
Lauren Paige	So/So	5-5	Distance	Greenville, S.C.	Greenville
Michelle Phillips	Fr/Fr	5-9	Distance	Livonia, Mich.	Livonia Churchill
Boikhutso Ramomene	So/So	5-8	Distance	Gaborone, Botswana	Maruatula Secondary
Tristan Rackow	Fr/Fr	5-6	Distance	LaGrange, Ill.	Lyons Township
Julie Reale	Fr/Fr	5-3	Distance	Wallkill, N.Y.	Wallkill
Caroline Ruppert	Fr/Fr	5-9	Throws	Tiffin, Iowa	Clear Creek Amana
Jessica Sawers	Fr/Fr	5-6	Throws	Springfield, Va.	Lake Braddock
Shay Shelton	Fr/Fr	5-4	Mid-Distance	Mesquite, Texas	Mesquite
Stephanie Smith	Fr/Fr	5-9	Sprints	Macon, Ga.	Northeast
Shevon Stoddart	Jr/Jr	5-5	Sprints/Hurdles	Uniondale, N.Y.	Uniondale
Cheryl Terrio	So/So	5-7	Pole Vault	Florence, S.C.	West Florence
Reanna Townsend	Fr/Fr	5-5	Hurdles/Jumps	Baton Rouge, La.	Magnet
Mary Claire Utsey	Jr/Jr	5-7	Distance	Mt. Pleasant, S.C.	Bishop England
Keli Walker	Jr/Jr	5-5	Sprints	Oakland, Calif.	Holy Names
Qualenda Washington	Jr/Jr	5-9	Throws	Sumter, S.C.	Sumter
Tawana Watkins	So/So	5-9	Sprints/Hurdles	Newark, N.J.	John F. Kennedy
Erica Whipple	So/So	5-2	Sprints	West Palm Beach, Fla.	Palm Beach Lakes
Kemesha Whitmire	So/So	5-5	Jumps	Spartanburg, S.C.	Spartanburg
Karen Wigal	Fr/Fr	5-8	Distance	Morgantown, W.Va.	Morgantown
Mary Wright	Sr/Sr	5-2	Distance	Greenville, S.C.	Mauldin



Lashinda Demus

Sprints/Hurdles

Jr./Jr. ■ 5-7

Palmdale, Calif. (Long Beach Wilson)

Retailing

6X ALL-AMERICAN



**5X NCAA Champion; 2X SEC Champion
2002 Track and Field News Athlete of the Year**

**2X World Junior Champion; American Jr. Champion
2X Junior All-American**

OUTLOOK: Will look to contend for NCAA and SEC Championships in the 400m and 400 hurdles after taking 400m NCAA Indoor title last season ... Should be a major contributor on 4x400 relay team ... Should be one of USC's top scorers.

2003: NCAA Indoor 400m Champion ... Started season off by winning the 400m dash at the George Mason Early Invitational ... At the Virginia Tech Invitational placed second in the 400m dash and third in the 60m hurdles ... Won the 60m hurdles and 400m dash and placed third in the 200m dash at the Four-Way SEC Meet ... Competed in the adidas Boston Indoor Games and finished third in the 400m dash ... Placed fifth in the 55m hurdles and sixth in the 400m dash at the Florida Invitational ... Finished fifth at the Meet of Champions in the 400m dash ... At SEC Championships, placed seventh in the 55m hurdles and second in the 400m dash ... Won the 400m dash at the NCAA Championships with a season-best time of 51.79 ... Finished second in the 100m hurdles and 400m hurdles at the Weems Baskin Relays ... Finished 16th in the 100m hurdles at the Florida Relays ... At the SEC Quad Meet, won the 100m hurdles with a season best time of 13.35 and won the 400m hurdles with a season best time of 56.33 in the 400m hurdles ... Finished third in the 400m dash at the Sea Ray Relays with a season best time of 53.50 ... Won the 400m hurdles at the Penn Relays ... Finished ninth in the 100m hurdles at the Orange & Purple Classic ... Did not compete at the SEC or NCAA Championships ... Participated in the United States Outdoor Championships.

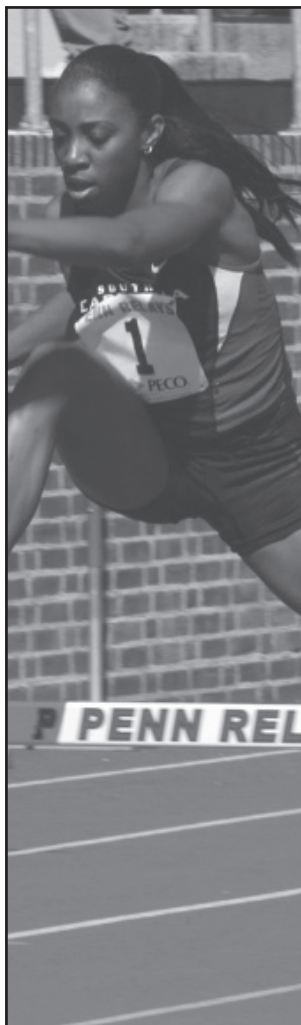
2002: Had a stellar freshman year capped by *Track and Field News* Female Athlete of the Year recognition ... Was also named the SEC Outdoor Female Athlete of the Year ... In addition, captured SEC Indoor and Outdoor Freshman of the Year honors ... Indoors, won the 55m hurdles at the USC Indoor Invitational and was second at the Virginia Tech Invitational in the same event ... Finished second in the 400m dash at the UNC Early Invitational, the Five Way SEC Meet and the Tyson Invitational ... Finished second in the 55m hurdles at the SEC Five Way Meet ... Won the 55m hurdles with a time of 7.80 at the USC Indoor Invitational ... Finished third in the 400m dash at the Meet of Champions ... Finished as the runner-up to teammate Demetria Washington in the 400m at the SEC Championships with a time of 52.57 ... Ran on USC's winning 4x400m relay at the SEC Championships ... Finished ninth in the 400m at the NCAA Indoor Championships ... Ran the anchor leg of USC's NCAA champion 4x400m relay at the national meet ... Finished the Indoor season on the following all-time USC lists: No. 3 in the 55m

and 60 hurdles; No. 3 in the 400m, No. 7 in the 800m and on the No. 2 4x400m relay ... Outdoors, won the 400m hurdles at the Weems Baskin Sprint Relays and the Florida Relays ... Won the 100m hurdles at the Miami Invitational ... Won the 400m dash at the Four Way SEC Meet ...

Finished second in the 400m hurdles at the SEC Championships to teammate Tiffany Ross - who went on to set the SEC record ... Won the 400m hurdles at the NCAA Outdoor Championships, shattering the world junior record (54.85) ... Was third in the 400m at the NCAA meet where USC went 2-3-4 in that event (Lisa Barber was second, Demetria Washington was fourth) ... Ran anchor on the 4x400m relay team that set a collegiate record and won at the NCAA Championships ... Collected three All-American honors outdoors as she scored more points than any other female at the NCAA Outdoor Championships ... The following week was named the USATF Athlete of the Week - the first collegiate athlete to receive the honor in 2002 ... Won the 400m hurdles at the USATF Junior Outdoor Championships ... Qualified for the World Junior Championships in the 400m hurdles and as a member of the 4x400m relay ... At the World Junior Championships she collected two golds - Resetting her own world junior record and also aiding the USA's efforts in the 4x400m relay as they set an American Junior record ... Ran a time of 54.70 to win the 400m hurdles, crushing the field ... Ran the anchor leg of the USA's 4x400m relay that captured gold ... Finished the outdoor season in the following spots on USC's all-time lists: No. 1 in the 400m hurdles, No. 4 in the 400m and No. 1 in the 4x400m relay.

HIGH SCHOOL: Two-time *Track and Field News* High School Athlete of the Year ... 2001 *Track and Field News* 5-time All-American (100 hurdles, 300 hurdles, 4x1, 4x4, sprint medley) ... Attended L.B. Wilson High in Long Beach, Calif. ... Lettered four years for coaches Terry Kennedy and Earl Maccollough ... Was school's "Athlete of the Year" twice ... Set national record in 300m hurdles ... Pan-American champion in 400m hurdles ... Finished fifth in 400m hurdles at USATF Outdoor Nationals in Oregon ... University Games competitor as a high school senior ... Member of high school's team's 4x400m relay that set national record her freshman and senior seasons ... Won state titles as a senior in the 100m hurdles and the 4x100m relay after running around a hurdle and not qualifying for the state championships in the 300m hurdles ... Competed at the World University Games.

PERSONAL: Majoring in Retailing ... Born March 10, 1983, in Inglewood, Calif. ... Daughter of Duaine and Yolanda Demus ... Chose USC to run for Coach Frye.





Chelsea Hammond

Multi-Event

Jr./Jr. • 5-9

Elmont, N.Y. (Memorial)

Liberal Arts

ALL-AMERICAN



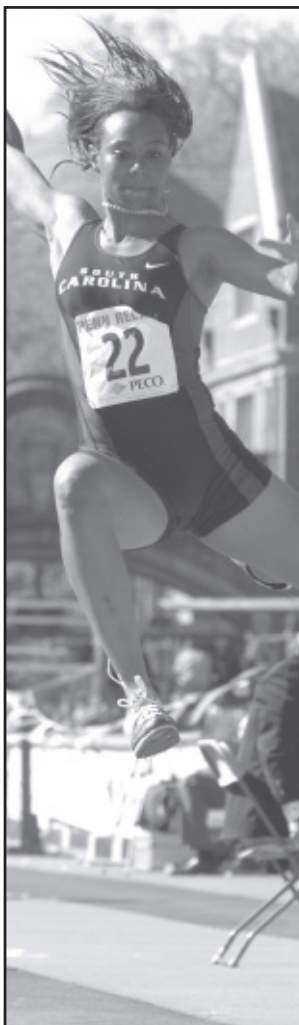
Junior All-American

Penn Relays College Division Champion

OUTLOOK: Looks to build on successful 2003 season that culminated in All-American honors during outdoor season ... Will be team's top long jumper, high jumper and heptathlon athlete ... Should contend for SEC Championships and a repeat of All-American status.

2003: Indoors, placed third in high jump at the George Mason Early Invitational ... Was runner up in high jump and third in the pentathlon at the Virginia Tech Invitational ... At the Four-Way SEC Meet tied for second in the high jump and placed third in the long jump ... Won the high jump at the Meet of Champions with a jump of 5'8.75 ... *Finished sixth in the pentathlon and seventh in the long jump at the SEC Championships* ... Outdoors, finished eighth in the 100m hurdles and second in the long jump at the Weems Baskin Relays ... Set a season best mark of 5'8.75 in the high jump to finish second ... At the Florida Relays, finished seventh in the heptathlon with 4,826 points ... At the SEC Quad Meet, was the runner-up in the long jump ... Won the long jump at the Sea Ray Relays with a season best jump of 20'7.25 ... Also at the Sea Ray Relays, placed fourth in the high jump ... Set a season best mark in the 100m hurdles as she placed 14th with a time of 14.38 and also placed seventh at the Orange & Purple Classic ... *At the SEC Championships, finished eighth in the long jump and fourth in the heptathlon with a season best mark of 5,022 points* ... *Finished seventh in the long jump at the NCAA East Regional with a mark of 6.15m/20'2.25* ... *Earned first All-American honors of career at NCAA Outdoor Championships, placing 10th in the long jump.*

2002: Team's Rookie of the Year during freshman campaign ... During Indoor season, won the high jump at the UNC Early Invitational ... Placed second at the UNC Early Invitational in the long jump ... Also won the high jump at the USC Indoor Invitational ... Finished second and recorded the teams' best mark in the high jump for the season at the Five Way SEC Meet with a mark of 1.73m ... *Placed 12th in the High Jump, eighth in the long jump at the SEC Championships and 11th in the pentathlon at her first SEC Championships* ... Was



fifth on USC's all-time long jump list with a mark of 19'9 ... Outdoors, was the runner up in the high jump at the Miami Invitational ... Won the high jump at the Weems Baskin Sprint Relays ... Won the College Division long jump at the Penn Relays ... Placed third in the high jump at the Spec Town Relays ... *At the SEC Championships, finished fifth in the heptathlon with 5009 points - a personal best* ... Placed fourth in the long jump at the USATF Outdoor Junior Championships ... Finished outdoor season at No. 2 on the all-time list for the long jump and broke the school record in the high jump at 5' 9 1/2.

HIGH SCHOOL: Attended Elmont Memorial High School in Elmont, NY ... Lettered in track for five years and basketball for three years ... Team won the 4x400m relay at the AAU Championships and was seventh in the same event at the Junior Olympics ... Fifth in the pentathlon at the National Scholastic Championships and fifth in the 100m at the AAU meet ... State champion in the long jump.

PERSONAL: Studying in the College of Liberal Arts ... Her biggest influence is her older sister, Janice ... Chose USC because of the excellent coaching staff and warm weather... Goals this year include competing at the NCAA Championships in the heptathlon, long jump and high jump ... Daughter of Earl and Linda Hammond ... Born in Aug.2, 1983, in New York.

Top Marks/Times- Heptathlon: 5,022 pts.; High Jump: 5'9.75"; Long Jump: 20'7.25"; 100m H: 14.38



Alexis Joyce

Sprints

Jr./Jr. • 5-2

Denver, Colo. (George Washington)

Liberal Arts

ALL-AMERICAN



Junior All-American

OUTLOOK: Will play a key role in the 4x100 relay team and should make a splash in the 60, 100 and 200m individually ... Has potential to be a scorer in individual sprints.

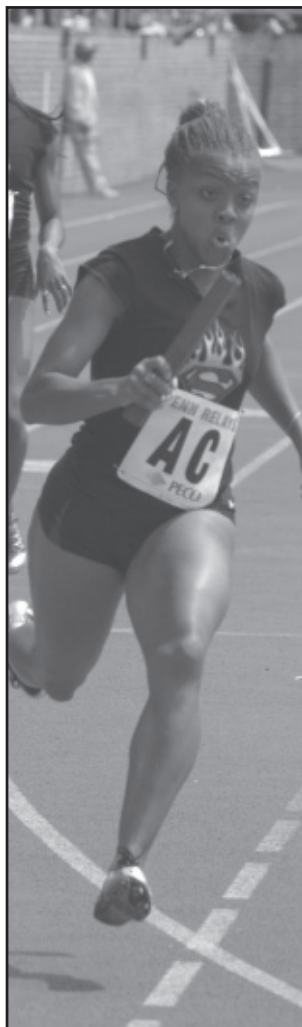
2003: Indoors, finished ninth at the Virginia Tech Invitational in the 60m dash ... Placed 11th in the 200m dash at the Four-Way SEC Invitational ... At the UNC Invitational received tenth place in the 60m and 200m dashes ... Finished fourth at the USC Invitational in the 55m dash ... *Placed 13th in the long jump at the SEC Championships* ... Outdoors, finished fourth in the 100m dash and sixth in the 200m dash with a season best mark of 24.32 at the SEC Quad Meet ... At the Sea Ray Relays, placed 12th in the 100m dash and 20th in the 200m dash ... Finished fifth in the 100m dash with a season best time of 11.76 at the Orange & Purple Classic *At the SEC Championships, finished fourth in her heat of the 100m dash and fifth in her heat of the 200m dash, as well as running the third leg of the 4x100m relay team that finished second with a time of 43.53 ... Ran the third leg of the 4x100m relay at the NCAA East Regional at George Mason that won with a season best time of 43.26 ... Helped establish new school record in the women's 4x100 by teaming with Tiffany Ross, Erica Whipple and Aleen Bailey, for a time of 42.83 at the NCAA Outdoor Championships ... Earned her first All-American honor as part of the 4x100 team that was national runner-up.*

2002: During the Indoor season, finished fourth in the 200m dash at the UNC Early Invitational ... Placed fourth in the 55m dash at the USC Indoor Invitational ... Placed fifth in the 60m dash at the Meet of Champions ... Placed in the top 10 in four of the six 60m dash competitions she ran in ... Finished eighth in the 55m dash at Five Way SEC Meet ... finished No. 7 on USC's all-time list in the 60m at 7.47 ... *Ran a 24.52 in the 200m dash at*

the SEC Championships ... Outdoors, was runner-up in the 100m dash at the Miami Invitational ... Placed fourth in the 200m dash at the Miami Invitational ... Finished third in the 100m dash at the South Carolina State Championships ... At the Four Way SEC Meet, placed seventh in the 200m dash and sixth in the 100m dash ... Finished ninth in the 100m dash at the Florida Relays ... *Competed at the SEC Championships in the 100m and 200m dash ... Was an alternate for the NCAA champion 4x100m relay at the NCAA Championships.*

HIGH SCHOOL: Attended George Washington High School ... Ran track under the tutelage of coach Tony Wells ... Four-time track letterwinner ... Team won two state championships ... Was a three-time Colorado Sport Women's Award winner ... Ran 100m PR in 2001 with a time of 11.45 ... Best long jump mark of 19 feet, set in 1999 ... Turned in 23.43 time in 200m senior year.

PERSONAL: Daughter of Dwight and Novia Joyce ... Born September 15, 1983, in Colorado ... Has one sister, Tiffany ... Lists running third best all-time Nike 60m (7.29) during her sophomore year as her greatest athletic thrill ... Chose USC for its positive education and athletic atmosphere ... Goal for season is to stay healthy and contribute on another Gamecock SEC and NCAA Championship team.



Top Times/Marks- 60m: 7.47; 100m: 11.45; 200m: 23.43; Long Jump: 19'0"



Tiffany Ross

Sprints/Hurdles

Jr./Jr. • 5-3

Opa-Locka, Fla. (Miami-Northwestern)

Hotel, Restaurant and Tourism Management

9X ALL-AMERICAN



**NCAA Champion; 2003 NCAA East Regional Champion
3X SEC Champion**

**World Junior Champion; American Junior Champion
2X Junior All-American**

OUTLOOK : Will be redshirted in 2004.

2003: Indoors, opened season with runner-up finish in the 400m at the George Mason Early Invitational ... Also placed fourth in the 60m hurdles at George Mason ... Was runner up in the 60m hurdles at the Virginia Tech Invitational ... Placed third in both the 60m and 60m hurdles and was seventh in the 400m at the SEC Four-Way Meet ... Finished seventh in the 55m hurdles at the Florida Invitational ... Won 60m hurdles heat and placed sixth in the event final at the Meet of Champions ... Topped the 55m hurdles field at the USC Invitational with a time of 7.89 ... Placed third in the 55m hurdles with a time of 7.63 and fifth in the 400m with a time of 54.15 at the SEC Indoor Championships ... Earned All-American honors as part of 4x400 relay team at NCAA Indoor Championships ... Teamed with Miki Barber, Demetria Washington and Lashinda Demus to establish a new school record in the 4x400 with a time of 3:28.25, finishing second to Texas in the race ... Outdoors, won the 100m hurdles and the 400m hurdles at the Weems Baskin Relays ... Finished third in the 100m hurdles at the Florida Relays with a season best time of 13.35 ... Also at the Florida Relays, won the 400m dash ... Finished third in the 100m hurdles and the 400m hurdles at the Penn Relays ... Placed second in the 100m hurdles at the Orange & Purple Classic ... At the SEC Championships, won her heat of the 400m hurdles then won her second straight 400m hurdles title as she ran a season best time of 57.13 in the finals ... Also at the SEC Championships, ran the third leg of the 4x400m relay team that placed third ... Won four out of four races on the final day of the NCAA East Regional at George Mason University in what is easily proclaimed as her best meet of the year ... In the 100m hurdles, ran a winning time of 13.12, by far a season best for her as well as the top mark set by a Gamecock this year ... In the 400m hurdles, won with a time of 55.89, once again, by far a season best for her and another top mark set by a Gamecock during year ... Ran the opening leg of the winning 4x100m relay, which won with a season best time of 43.26 ... Also ran in the 4x400m relay as the second leg, which won with a time of 3:35.45 ... Teamed with Erica Whipple, Alexis Joyce and Aleen Bailey to post a school-record time of 42.83 in the 4x100 relay for a second-place finish in the NCAA final ... Part of 4x400 relay team that placed third at NCAA's ... Finished third in the 400m hurdles and ninth in the 100m hurdles at the NCAA Outdoor Championships and totaled four All-American honors ... Ran in 10 races at NCAA's ... Participated in the United States Outdoor Championships.

2002: During the Indoor season, won the 60m hurdles at the UNC Early Invitational ... Finished second in the 55m hurdles at the USC Indoor Invitational ... Finished fourth at the Virginia Tech Invitational in the 60m hurdles ... Finished fifth at the USC Indoor Open in the 400m dash ... Placed fifth at the SEC Championships in the 60m hurdles ... Was a member of USC's 4x400m relay



that won the SEC title indoors ... Was 11th in the 60m hurdles at the NCAA Championships, garnering All-American honors ... Outdoors, was runner up in the 400m hurdles at the Weems Baskin Sprint Relays and at the Florida Relays ... Finished third in the 100m hurdles at the Sea Ray Relays and at the Penn Relays ... Finished third in the 400m hurdles at the Penn Relays ... Won the 100m hurdles at the Four Way SEC Meet ... Won the 400m hurdles at the Four Way SEC Meet, at the Sea Ray Relays ... Broke the SEC record (55.78: Tonya Lee, UT, 1991), running a 55.75 to win her first individual SEC title at the SEC Championships ... Was runner up in the 400m hurdles at the NCAA Championships - finishing second to teammate Lashinda Demus, who ran a 54.85 to break the World Junior record ... Was just off the World Junior record as well, hitting 55.22 (the record was 55.20) ... All-American in the 100m hurdles when she finished seventh ... Ran on USC's 4x400m relay that broke the NCAA and collegiate relay with a time of 3:26 ... Won the 100m hurdles at the USATF Outdoor Championships with a meet record and personal best time of 13.01 ... Finished second in the 400m hurdles at the USATF Outdoor Championships ... Qualified for the World Junior Championships in both the 100m hurdles and the 400m hurdles ... Overcoming an injury to her quad in training, she made the finals of 400m hurdles at Worlds, finishing fourth ... Won a gold medal with the USA's 4x400m relay which clinched the gold medal with an American record ... Finished the year on USC's all-time top times list at No. 2 in the 400m hurdles, No. 2 in the 100m hurdles and as a member of USC's best ever 4x400m relay.

HIGH SCHOOL: 2001 Track & Field News All-American ... Attended Northwestern High School in Miami, FL ... Lettered in track and field for four years ... Named 2000 Track & Field News All-American in 300/400 h, 2000 All-American in 400 h, 2001 All-American in 400m hurdles and 100m hurdles, named four time All-County in 300 h, four time All-County in 4 x 400 m relay ... Was named team MVP in 1999, 2000, and 2001 ... Was State Champion in 100 h, 300 h, and 4x400m in 2000 and 2001 ... Named 2001 Female Track Athlete of the Year for the State of Florida ... 2001 Miami Herald Female Athlete of the Year ... 2001 Miami Northwestern High Track Athlete of the Year ... All-American at National Scholastic outdoors in triple jump ... Currently holds 400m h record in the National Jr. Olympics and 300 h for the State of Florida ... Was runner-up at National Scholastic Meet in 100m and 400m hurdles ... Team won state championship in 1999 and 2001.

PERSONAL : Majoring in Hotel, Restaurant and Tourism Management ... Nickname is Thick Tiff ... Would like to own her own company one day ... Chose USC because of the excellent coaching staff and track program ... Daughter of Ricky and Louise Smith and Karl Ross ... Born on Feb 5, 1983, in Miami, Fla.

Top Times/Marks- 55m H: 7.63; 100m H: 13.01; 400m H: 55.22; Long Jump: 19'2"; Triple Jump: 40'11"



Shevon Stoddart

Sprints/Hurdles

Jr./Jr. • 5-5

Uniondale, N.Y. (Uniondale)

Advertising

4X ALL-AMERICAN

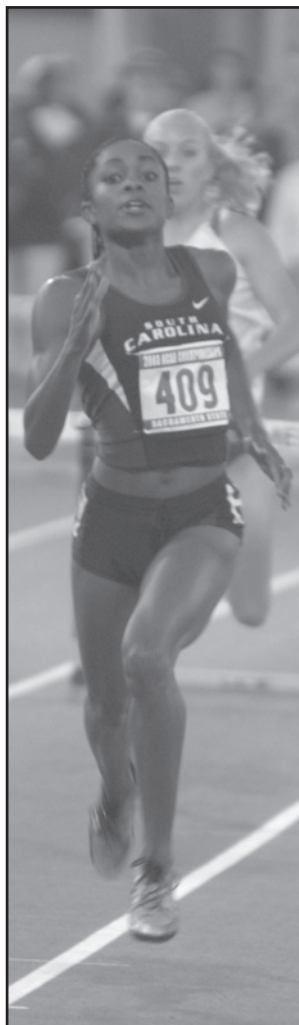


Team Captain
NCAA Champion

7X Junior All-American

OUTLOOK: Will play a key role on relay teams and has the potential to make an impact in individual events ... Expected to be a scorer in 400m and 400 hurdles and could contend for high placing at SEC's and NCAA's.

2003: Indoors, placed sixth in 400m and eighth in 60m hurdles at George Mason Early Invitational ... Finished eighth in both the 400m and 60m hurdles at Virginia Tech Invitational ... Placed sixth in both the 400m and 60m hurdles at the SEC Four-Way Meet ... Won 60m hurdles heat and finished third overall while also claiming eighth place in the 200m at UNC Invitational ... Took ninth place in the 55m hurdles and 400m at the Florida Invitational ... Finished second in the 55m hurdles at the USC Invitational ... *Placed seventh in the 400m and ninth in the 55m hurdles at the SEC Championships* ... Outdoors, finished fifth in the 100m hurdles and the 400m hurdles at the Weems Baskin Relays ... Placed 18th in the 100m hurdles and 4th in the 400m hurdles at the Florida Relays ... At the SEC Quad Meet, finished fourth in the 100m hurdles and third in the 400m hurdles ... Finished eighth in the 100m hurdles at the Sea Ray Relays with a season best time of 13.92 ... Also at the Sea Ray Relays, placed seventh in the 400m hurdles ... Placed 11th in the 400m hurdles at the Penn Relays ... Finished third in the 400m dash at the Orange & Purple Classic ... *At the SEC Championships, finished second in her heat of the 400m dash then set a season best and personal record mark in the 400m dash finals, running 53.54 to finish fifth overall* ... Also at the SEC Championships, placed second in the 400m hurdles in her preliminary heat, running a season best time of 57.88 then finished fourth in the finals of the 400m hurdles ... *Ran the first leg of the 4x400m relay at the SEC Championships which finished third with a time of 3:35.86* ... Finished 10th in the 400m hurdles at the NCAA East Regional final after winning her heat in the preliminaries ... Also ran in the 4x400m relay, leading off with the opening leg, as that team won with a time of 3:35.45 ... *Earned All-American honors at NCAA Outdoor Championships as part of 4x400 relay team that finished third.*



2002: During indoor season, won the 200m dash at the UNC Early Invitational ... Placed fourth in the 400m dash at the Virginia Tech Invitational, at the Five Way SEC Meet and at the USC Indoor Open ... Placed third in the 55m hurdles at the Five Way SEC Meet ... *Placed eighth at the SEC Championships in the 400m dash and sixth in the 60m hurdles* ... *Finished fifth at the NCAA Championships in the 400m dash* ... *Ran a leg of USC's NCAA champion 4x400m relay - running the third fastest time in NCAA history* ... Outdoors, was runner up in the 100m hurdles at the Four Way SEC Meet ... Runner-up in the 400m hurdles at the Sea Ray Relays ... Placed third in the 400m hurdles at the Weems Baskin Sprint Relays, at the Florida Relays, at the Four Way SEC Meet and at the Georgia Tech Invitational ... Placed fifth in the 100m hurdles at the Florida Relays and at the Sea Ray Relays ... Finished fifth in the 400m hurdles at the Penn Relays ... *Finished fifth in the 400m hurdles at the SEC Championships* ... *Ran the 400m dash at the SEC Championships* ... *All-American in the 400m hurdles when she finished sixth in the 400m hurdles in the NCAA Championships.*

HIGH SCHOOL : 2001 Track & Field News All-American (400 hurdles) ... Attended Uniondale High School for three years ... Was all-American seven times... Was State Champion in 2001 in 400m hurdles ... Won state titles with the 4x100m relay (1999) and the 4x400m relay (2000) ... National Honor Society member ... Sang the national anthem at the Indoor National Championships at the Armory ... Was runner-up indoors in the 300m in 2000 ... Team won state titles outdoors in 1999 and 2000 ... Placed fourth twice at the National Junior championship in the 400m hurdles ... Made the student honor roll every semester.

PERSONAL: Majoring in Advertising ... Chose USC because of the track program, the weather, the coaching staff, and the business school ... Loves to sing and spend time with family and friends ... Favorite athlete is Michael Johnson ... Daughter of Yvonne Glenn ... Born on Nov. 21, 1982, in Jamaica.

Top Times- 55m H: 7.83; 100m H: 13.67; 200m: 24.01; 400m: 53.54; 400m H: 57.54



Tawana Watkins

Sprints/Hurdles

So./So. ■ 5-9

Newark, N.J. (John F. Kennedy)

Liberal Arts

ALL-AMERICAN

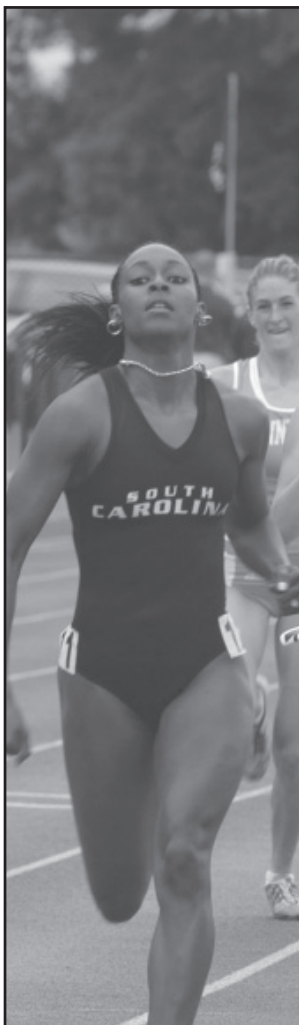


2003 USA Junior 400m Hurdles Champion

Junior All-American

OUTLOOK : Looking to build on outstanding freshman season that showed better results as the year progressed ... Will be a key contributor in 400m and 400 hurdles and could contend for a high-finish at the SEC's ... Also will play a key role on relay teams, where she earned All-American status last season.

2003: Indoors, began collegiate career with third-place finish in 400m at George Mason Early Invitational ... Placed eighth in the 400m at the SEC Four-Way Meet ... Finished 10th in the 400m at the Florida Invitational ... Won first meet of collegiate career by running time of 59.42 to claim 400m final at USC Invitational ... Outdoors, finished fourth in the 400m hurdles at the Weems Baskin Relays ... At the Florida Relays, finished eighth in the 400m hurdles with a season best time of 1:00.13 ... Won the 800m run at the SEC Quad Meet with a season best time of 2:11.79 ... Placed 13th in the 400m hurdles at the Sea Ray Relays ... At the Penn Relays, finished 20th in the 400m hurdles ... Was the third place finisher in the 400m hurdles at the Orange & Purple Classic ... At the SEC Championships, finished second in her heat of the 400m dash, setting a season best and personal record time of 53.95 then ran a 55.02 in the finals to finish sixth overall ... In the 400m hurdles at the SEC Championships, finished fourth in the preliminary heats then finished eighth overall in the finals ... Placed sixth in her heat of the 400m hurdles at the NCAA East Regional ... Set a personal best split time of 52.6 as the third leg of the 4x400m relay team that won with a time of 3:35.45, leading the comeback as she took the baton in fifth place and handed off the baton to teammate Aleen Bailey for the final leg in the lead ... Also at the NCAA East Regional, ran a personal and season best time of 54.97 in the 400m dash ... Earned first All-American honors of her collegiate career as part of third-place 4x400 relay team at the NCAA Outdoor Championships ... Capped outdoor season with U.S. Junior National Championship in 400m hurdles ... Member of Team USA for the Junior Pan American Games in Barbados.



HIGH SCHOOL: Attended John F. Kennedy High School ... Coached by Kenneth Samra ... Lettered in track and field (1999-02) and band (1999-02) ... Watkins was county, league and state champion all four years ... Watkins won national championship in 2002 in 400m hurdles.

PERSONAL: Studies in the College of Liberal Arts ... Her favorite professional athlete is Marion Jones ... Favorite book is True to the Game ... Her career goal is to be a teacher ... She admires her mother the most ... Enjoys dancing and sewing ... Chose USC because of the excellent athletics and academics ... Daughter of Melissa Taylor ... Born March 27, 1984, in Delaware.

Top Times- 200m: 24.3; 400m: 54.97; 400m H: 57.4; 800m: 2:08



Erica Whipple

Sprints

So./So. • 5-2

West Palm Beach, Fla. (Palm Beach Lakes)

Liberal Arts

6X ALL-AMERICAN



Team Captain

2003 SEC Commissioner's Trophy Winner

2X SEC Champion; NCAA Champion

4X Junior All-American

OUTLOOK: Should be a title contender in the 60m, 100m and 200m on both the national and conference level ... Expected to lead the team's sprinters ... Will aim to break school records that she set in 2003 ... Also will compete as a key member of 4x100 relay team.

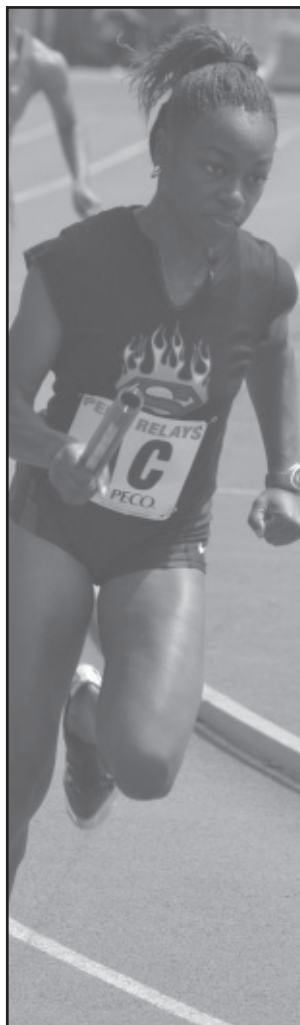
2003: Indoors, placed third in 60m and fourth in 200m at SEC Four-Way Meet ... Finished third in 60m at UNC Invitational ... Placed third in the 200m and sixth in 55m at Florida Invitational ... Finished fifth in both the 60m and 200m at Meet of Champions ... Placed third in the 55m at USC Invitational ... *Finished sixth in the 200m at the SEC Indoor Championships ... Placed seventh in the 200m at NCAA Indoor Championships to earn All-American status ...* Outdoors, finished second in both the 100m and 200m dashes at the SEC Quad Meet ... At the Sea Ray Relays, once again placed second in the 100m and 200m dashes ... Won the 200m dash at the Orange & Purple Classic ... *At the SEC Championships, won her heat of the 100m dash with a personal best mark of 11.25 then topped that mark with another personal best and a school record in the finals, placing second with a time of 11.15 ... Set another personal record in the finals of the 200m dash with a time of 22.82 and won her 200m dash heat with a time of 23.43 ... Ran the opening leg of the 4x100m relay team that placed second with a time of 43.54 ... Was the third leg of the 4x400m relay team that finished third with a time of 3:35.86 ... Also at the SEC Championships, won the Commissioner's Trophy as the highest point scorer in the meet, the second straight year a Gamecock has won the SEC women's Commissioner's Trophy ... Ran the second leg on the winning 4x100m relay team at the NCAA East Regional at George Mason, winning with a season best time of 43.26 ... Also finished fourth in the 100m dash and third at the 200m dash on the final day of the NCAA East Regional ... In the preliminary heats of the NCAA East Regional, won her heat in both the 100m and 200m dashes as well as running the second leg of the 4x100m relay team that won in the preliminary heat race ... Earned three All-American honors (4x100 relay, 100m and 200m) at NCAA Outdoor Championships ... Ran on second-place 4x100 relay team and finished fifth in the 200 and sixth in the 100 ... Teamed with Tiffany Ross, Alexis*

Joyce and Aleen Bailey to establish a new school-record 4x100 time of 42.83 ... Participated at U.S. Outdoor Championships.

2002: During Indoor season, won the 400m dash at the UNC Early Invitational ... At the Virginia Tech Invitational, she placed third in the 200m dash and fourth in the 60m dash ... Finished fifth in the 200m and sixth in the 400m dash at the Five Way SEC Meet ... Placed fourth in the 200m at the NCAA Championships ... Placed third at the Meet of Champions in the 60m and 200m dash ... Set the school record in the 55m dash indoors, running a 6.83 ... No. 4 on the all-time 200m indoor list ... Outdoors, won the 100m dash at the Georgia Tech Invitational ... Battled the injury bug outdoors ... Won the 400m dash at the Four Way SEC Meet ... Finished seventh in the 100m dash and 11th in the 200m dash at the SEC Championships ... Placed 10th in the 400m dash at the Sea Ray Relays ... Ran on the NCAA champion 4x100m relay at the NCAA Championships ... Placed ninth in the 200m dash at the USATF Outdoor Championships.

HIGH SCHOOL: 2001 Track & Field News All-American (100m) ... Was four time All-American, four time All-County, and four time state champion (Florida) throughout high school ... Won four varsity letters in Track and Field ... Team won County Championships, City Championships, Conference Championships, Regional Championships, and District Championships all four years ... Won the team state title in 1999 ... Was two time Nike Scholastic Indoor Champion ... Was named the first-ever Flo Jo award winner ... Gatorade Athlete of the Year winner ... Arcadia Outdoor Champion ... Florida Relays Champion ... Placed fourth in preliminary Olympic team trials in 2000 ... Was the 2001 National Scholastic Outdoor Champion ... Top time nationally in the 100m.

PERSONAL: Liberal Arts Major ... Nickname is Nikkie ... Hobbies include reading and playing with her sister ... Favorite food is chicken ... Career goal is to be a registered nurse ... Chose USC because of excellent track and field team and proximity to home ... Parents are Margaret Dent and Eric Whipple ... Born on Dec. 4, 1982, in West Palm Beach, Fla.



Rhashida Abdul-Malik

Jumps
NE/Sr. ■ 5-5

Springfield Gardens, N.Y.
(Campus Magnet, CT)
History



Team Captain

OUTLOOK: Will add scoring depth in jumps while looking to contend for an SEC title ... Looking for her to be one of the top SEC triple jumpers and long jumpers.

2003: Indoors, finished fourth at the UNC Invitational in triple jump and placed 10th in the long jump ... Finished third in triple jump at the Four-Way SEC Meet ... Placed ninth at the Meet of Champions in triple jump ... Was fourth in long jump and second in triple jump with a jump of 41'2.25 in the Last Chance Meet ... Outdoors, finished eighth in the long jump and won the triple jump with a season best mark of 41'2.5 at the Weems Baskin Relays ... Finished 16th in the long jump and 10th in the triple jump at the Florida Relays ... At the SEC Quad Meet, placed third in the triple jump and finished fourth in the long jump with a season best mark of 19'5.5 ... *Placed 34th in the triple jump at the NCAA East Regional Championships with a mark of 11.61m/38'1.25 ... Placed 33rd in the long jump also at the NCAA East Regional.*

2002: Indoors, finished first at UNC Early Invitational in the long jump and triple jump ... Finished third at SEC Five Way in the triple jump ... Placed fifth at Meet of Champions in the triple jump ... Finished second in triple jump at the USC Indoor Invitational ... Was eighth in the triple jump at the SEC Championships with a jump of 41'1 ... Finished the Indoor season at No. 3 all-time in the triple jump (41'1) ... Outdoors, won the triple jump at the Florida Relays ... Was runner-up in the triple jump at the Four Way SEC Meet ... Was runner-up in the triple jump at the Weems Baskin Relays ... Was sixth in the long jump at Sea Ray Relays, hitting 19'7 ... Finished ninth in the long jump at 10th in the triple jump at the Penn Relays ... Finished fifth in the triple jump at the SEC Championships with a jump of 41'5 ... Finished the outdoor season at No. 3 on the all-time triple jump list (41'5).



CONNECTICUT: Transferred to USC from the University of Connecticut ... NE champs in 2000 and 2001 ... Was fifth in the triple jump and seventh in the long jump at the Big East Championships in 2001 ... Was third in the long jump and the triple jump two years straight at the New England Championships.

HIGH SCHOOL: Attended Campus Magnet High School in Cambria Heights, NY ... Lettered in Cross Country 1995-1998 and then indoors and outdoors all four years ... Was All-City, All-Conference, All-State and All Eastern State ... Was city champion five times ... Served as student government president 1996-99 and senior class president in 1999 ... Member of Who's Who Among American High School Students.

PERSONAL: Majoring in History with a minor in Business Administration ... Transferred from the University of Connecticut ... Enjoys reading, writing poetry, and shopping ... Collects rocks and novels ... Favorite food is anything served at Thanksgiving dinner ... Would like to be an entertainment and sports lawyer ... Chose USC because of the complete and well-rounded academic/athletic/social program ... Plays the trombone ... Born on Oct. 3, 1981, in New York.

Top Marks- Triple Jump: 41'5"; Long Jump: 19'7"

Precious Akins

Throws
Fr./Fr. ■ 5-10
Summerville, S.C.
(Summerville)
Nursing



OUTLOOK: Could make immediate impact, especially in the discus ... Will provide depth among throwers.

HIGH SCHOOL: Prepped at Summerville High ... Three-time track team MVP ... Was South Carolina's 2003 state discus champion ... Also set state record discus mark with throw of 151'11.5" at the regional meet as a senior ... Adidas All-America honoree for discus ... Posted personal best shot put with a mark of 38'3" as a senior ... Was an academic letterman ... Earned three letters in basketball and one for cheerleading.

PERSONAL: Nursing major ... Born May 18, 1985 in Wahiawa, Hawaii ... Daughter of Alvin and Sarah Akins ... Has two brothers and two sisters ... Lists Atlanta Falcons quarterback Michael Vick as favorite athlete.

Top Marks- Discus: 151'11.5"; Shot Put: 38'3"

MEET THE GAMECOCKS

2004 MEDIA GUIDE

Ronnetta Alexander



Hurdles
Fr./Fr. ■ 5-6
Williamsville, N.Y.
(Williamsville South)
Pharmacy



OUTLOOK: Highly-touted hurdler who should make immediate impact during freshman season ... One of the nation's top incoming freshman women ... Will add to group of outstanding hurdlers.

HIGH SCHOOL: Was two-time indoor 55m hurdles champion and two-time outdoor 100m hurdles champion ... Owns Western New York record in 100m hurdles ... Is state and federation record holder in 100m hurdles ... National Scholastic indoor 60m hurdles champion and record holder with a time of 8.33 ... Was youth national champion in 100m hurdles ... Also owns title of Junior Olympic 100m hurdle champion with a time of 13.49 ... Is a two-time Empire State Games 100m hurdles champion ... Selected to USA Today's All-American team ... Holds Dartmouth Relays record for 55m hurdles ... Was team captain in 2003 ... Earned induction into Williamsville South High Athletic Hall of Fame ... Named to indoor and outdoor scholastic academic teams in all four years of high school ... Member of National Honor Society.

PERSONAL: Majoring in pharmacy ... Born on May 8, 1985 in Buffalo ... Has one younger sister ... Grandmother, Lois Alexander, is her most admired person ... Lists American track star Gail Devers as favorite athlete ... Career goal is to begin a private pharmacy company.

Top Times- 100H: 13.49; 60H: 8.33; 55H: 7.90

Akilah Bates



Mid-Distance
So./So. ■ 5-4
Flushing, N.Y.
(A. Philip Randolph)
Biology
Honors College



OUTLOOK: Talented individual with promising potential ... Could contribute in the 800m and the 1500m at the SEC level.

2003: Did not compete during track season.

2002 CROSS COUNTRY: Teamed with Mary Wright to place eighth at the Charlotte Relay Invitational.

HIGH SCHOOL: Coached by Phyllis Anderson at A. Philip Randolph High School ... Ran on National Champion 4x800m Relay team ... Team also won the City Championships ... Lettered in track for four years (1999-02) ... Also lettered in Cross Country (1999-01) and Swimming (1998) ... Named to school's Arista Honor Society.

PERSONAL: Majoring in Biology and a member of USC's prestigious Honors College ... Enjoys reading and watching television ... Favorite book is Pride and Prejudice ... Chose USC because of the excellent track program and the coaches ... Her mother is her biggest influence ... Cousin Franco Lafontaine also runs track ... Favorite movie is Coming to America ... Is a USC Cooper Scholar ... Daughter of Theresa Bates and Richard Davis ... Born on Feb. 8, 1984, in San Jose, Calif.

Top Times- 800m: 2:14; 1500m: 4:46

Monica Bozenski



Jumps
So./So. ■ 5-9
Southgate, Mich.
(Gabriel Richard)
Civil Engineering



OUTLOOK: Looks to improve on solid freshman season ... will add quality depth and scoring potential to the high jump this year.

2003: Indoors, tied for sixth place in the high jump at the Virginia Tech Invitational ... Finished seventh in the high jump at the UNC Invitational ... Won the high jump with a jump of 5'3.75 at the USC Invitational ... Outdoors, placed fifth in the high jump at the Weems Baskin Relays ... Finished 16th at the Florida Relays in the long jump ... At the Sea Ray Relays, set a season best mark of 5'5.75 as she finished 13th in the high jump.



2004 MEDIA GUIDE

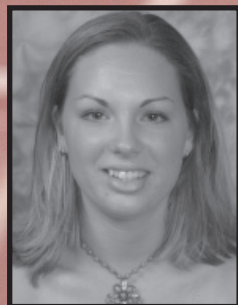
MEET THE GAMECOCKS

HIGH SCHOOL: Attended Gabriel Richard High School in Riverview, Mich. ... Coached by Claire Girard ... Lettered in Track and Field (1999-02) and Competitive Cheer (1999-2001) ... Team was two-year Catholic League and Conference Champions (2001-02).

PERSONAL: Majoring in Civil Engineering ... Was a competitive cheerleader for seven years ... Chose USC because of the excellent track program and warm weather ... Daughter of Mark and Robin Bozenski ... Born on Jan. 12, 1984, in Wyondette, Mich.

Top Marks- High Jump: 5'7"

Nicki Breves



Distance
Fr./Fr. ■ 5-8
Ridgefield, Conn.
(Ridgefield)
Exercise Science



OUTLOOK: Could contribute in distance races ... Ran Cross Country in the fall and was number three runner at most meets.

2003 CROSS COUNTRY: Competed in five meets for USC as a freshman ... Ran a 5K season best 20:04 and placed 16th at the USC Invitational ... Crossed the line in 27th place at the Clemson Invitational.

HIGH SCHOOL: Lettered three years in cross country and four years in track and field at Ridgefield High ... High school cross country and track accolades include: All-American, two-time New England, eight-time all-state and eight-time all-county ... Holds school records in 5K (19:20) and 4K (15:31) ... Ran anchor leg in 4x800 relay team that finished sixth at the high school national, to earn All-American honors.

PERSONAL: Chose USC over Maryland, Delaware and Rutgers ... Has one brother, Jason ... Born on November 8, 1985 in Greenwich, Conn. ... Parents are Pamela and Peter Breves.

Top Times- 800m: 2:16; 1000m: 3:01; Mile: 5:17

Birgitta Cap



Distance
So./So. ■ 5-7
Hilton Head Island, S.C.
(Hilton Head)
International Business



OUTLOOK: Provides depth in the distance races ... Will contribute in 3,000m and 5,000m runs.

2003: Did not compete during track or cross country season.

2002 CROSS COUNTRY: Did not compete.

2002: Redshirted indoors and outdoors.

HIGH SCHOOL: Attended Hilton Head High School in Hilton Head, S.C. for three years (skipped her junior year) ... Lettered in cross country and track all three years ... Was named team captain her senior year ... Won the Seahawk Award twice was named Best Long Distance Runner her senior year ... Was a 4.0 scholar, SAT scholar, and graduated with an enhanced diploma.

PERSONAL: Double Major in International Business and Political Science ... Hobbies include tennis, swimming, and cycling ... Enjoys Mexican and Italian foods ... Favorite athlete is Derek Jeter ... Received a Life Academic Scholarship ... Would like to be an international business lawyer one day ... Chose USC because of the excellent track team and renowned business and law schools ... Daughter of Louie and Helma Cap ... Born on March 13, 1984, in Hilton Head, S.C.

MEET THE GAMECOCKS

2004 MEDIA GUIDE

Khaliah Carpenter

Sprints
Jr./Jr. ■ 5-6
Columbus, Ohio
(Brookhaven)
Business



Junior All-American

OUTLOOK: Expected to contribute on an individual basis in the 200m ... Should be a scorer with potential to compete for high-placing at SEC's.

2003: Indoors, finished second in the 60m dash at the George Mason Early Invitational ... Placed eight at the Virginia Tech Invitational in the 60m dash ... At the Four-Way SEC Meet finished sixth in the 60m dash and fifth in the 200m dash ... finished ninth in the 400m dash at the UNC Invitational ... Outdoors, finished fifth in the 200m dash with a season best time of 24.29 at the SEC Quad Meet ... Also at the SEC Quad Meet, placed fifth in the 400m dash ... Won the 400m dash at the South Carolina State Championships with a season best mark of 57.14 ... At the Sea Ray Relays, finished seventh in the 100m dash with a season best time of 11.84 and placed 13th in the 200m dash with a time of 24.44.



2002: During the Indoor season, won the 55m dash at the USC Indoor Open with a time of 7.20 ... Finished third in the 55m dash at the USC Indoor Invitational ... Finished fourth at the UNC Early Invitational in the 60m dash and fifth in the 200m dash ... Times indoors put her at No. 9 all-time in the 55m (7.04) and the 60m (7.50) ... Outdoors, won the 100m dash at the South Carolina State Championships ... Placed second in the 200m dash and third in the 100m dash at the Four Way SEC Meet ... Finished second at the Miami (Fla.) Invitational in the 200m dash ... *Placed 13th in the 100m dash and 14th in the 200m dash at the SEC Championships ... Alternate for the NCAA champion 4x100 relay at the NCAA Championships ...* Times outdoors put her at No. 7 all-time in the 100m (11.58) and No. 9 all-time in the 200m (23.96).

HIGH SCHOOL: Attended Brookhaven High School in Columbus, Ohio ... Was named All-American in 2000 ... Lettered in track and field all four years, basketball in 1998 and 1999 ... Named to Super Honor Roll all four years ... Graduated fifth in class of 172 ... Track team won the state title in 1998 ... Team was runner-up her sophomore year ... Was a member of the USA's World Junior

Championship team that competed in Chile in 2000 ... Won individual Junior Nationals in 100m and 200m in June, 2000.

PERSONAL: Majoring in Business ... Favorite athlete is Marion Jones ... Her parents are her biggest influence ... Enjoys spending her free time shopping ... Chose USC because she liked the coaching staff and was impressed with the business program ... Daughter of Tim and Nadine Carpenter ... Born on Jan. 27, 1983, in Danville, Va.

**Top Times- 55m: 7.04; 60m: 7.50;
100m: 11.39; 200m: 23.16**

Ashley Cruse

Distance
Fr./Fr. ■ 5-10
Cincinnati, Ohio
(Turpin)
Pharmacy



OUTLOOK: May be a contributor in distance races ... Ran cross country during the fall.

2003 CROSS COUNTRY: Ran a season best 5K at the Clemson Invitational with a time of 20:37 ... Also competed in the Bulldog Stampede.

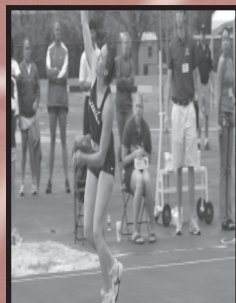
HIGH SCHOOL: Member of Ohio's state championship cross country team in 2001 and runner-up in 2002 ... Named All-Ohio Academic runner ... named all-league in track and cross country ... Was a member of the Eastside Pride cross country national championship team ... Honored as the outstanding female of the class of 2003 at her high school ... Received the Principal's Award ... Named first-team all-league in swimming.

PERSONAL: Is a McKissick Scholar ... Chose USC over Kentucky, Butler and Ohio Northern ... Lists seafood as her favorite food ... Favorite actor is Adam Sandler ... Born September 15, 1985 in Cincinnati, Ohio ... Daughter of Laurie and Mark Cruse.

Top Times- 800m: 2:23; 1600m: 5:23; 5000m: 20:07

Katie Desin

Throws
So./So. ■ 5-7
Billings, Mont.
(Billings)
Business



OUTLOOK: Has SEC scoring potential in the Javelin and has also spent time learning the hammer throw ... Looks to build on freshman experience.

2003: Indoors, did not compete ... Outdoors, won the javelin at the Weems Baskin Relays with a mark of 126'1.5 ... At the Florida Relays, finished 10th in the javelin ... Placed fourth in the javelin at the SEC Quad Meet ... Was the third place finisher in the javelin at the South Carolina State Championships ... Runner-up in the javelin at the Orange & Purple Classic ... *At the SEC Championships, finished ninth in the javelin with a season best mark of 126'2.*

HIGH SCHOOL: Attended Billings Senior High School ... Lettered in track (2000-02) and basketball (2001-02) ... Named captain of team Senior year ... Finished 6th at State in Javelin sophomore year ... Named Most Outstanding Sophomore Field Competitor in 2000 ... Track team finished second at state in 2001 and 2002 ... Named Academic All-State in 2000-02.

PERSONAL: Majoring in Business ... Favorite movie is Legally Blonde ... Her parents are her biggest influence ... Enjoys playing sports and shopping ... Chose USC because of the excellent academics within the School of Business, as well as the warm weather and the well-coached track program ... Is a McKissick Scholar ... Daughter of Jody and Cyndy Desin ... Born on March 26, 1984, in Billings, Mont.

Top Marks- Javelin: 130'0"



Kristi Etson

Distance
Fr./Fr. ■ 5-5
Centerville, Ohio
(Centerville)
Biology
Honors College



OUTLOOK: May contribute in distance races after seeing action during cross country season last fall.

2003 CROSS COUNTRY: Received a medical redshirt.

HIGH SCHOOL: Lettered two years in cross country and track for the Centerville High Elks ... Advanced to regionals in both cross country and track ... Ran in Ohio's first ever steeplechase race, finishing second ... Participated in the team cross country state meet in 2001 ... Coached by David Dodson.

PERSONAL: Chose USC over Furman, Dayton and Case Western Reserve University ... Favorite athlete is Great Britain runner Paula Radcliffe ... Favorite movie is Austin Powers ... Born on May 23, 1985 in Centerville, Ohio ... Parent are Marge and Bill Etson.

Rachel Farabee

Pole Vault
Jr./Jr. ■ 5-9
Butler, Pa.
(Butler)
Advertising



OUTLOOK : Potential to be a scorer in the pole vault ... Will be one of team leaders in that event .

2003: Indoors, tied for sixth at the George Mason Early Invitational for pole vault ... Tied for ninth at pole vault in the Virginia Tech Invitational

MEET THE GAMECOCKS

2004 MEDIA GUIDE

... At the Four-Way SEC Meet and the UNC Invitational finished 20th at pole vault ... Placed 19th at the Florida Invitational in pole vault ... Finished second in pole vault with a jump of 10'6 at the USC Invitational ... Outdoors, finished second in the pole vault at the Weems Baskin Relays with a season best vault of 10'11.75 ... At the Florida Relays, placed 16th in the pole vault with a height of 10'8.25 ... Was the fifth place finisher in the pole vault at the SEC Quad Meet ... At the Sea Ray Relays, placed 21st with a vault of 10'2.5.

2002: Indoors, finished 10th in the pole vault at the Virginia Tech Invitational ... Outdoors, finished second in the pole vault at Jackson State meet, with teammates Lori Tvarkunas and Karlee Butler teaming with her to sweep the top three spots ... Finished 15th in the pole vault at the SEC Quad Meet ... Finished 16th in the pole vault at the Sea Ray Relays ... Placed eighth in the pole vault in the Spec Town Relays ... Finished second in the pole vault at the Weems Baskin Sprint Relays.

HIGH SCHOOL: Attended Butler High School in Butler, Pa. ... Lettered in track and field all four years of high school ... Lettered in basketball for three years ('98-'99 to '00-'01) ... Was All-Conference in basketball in 2001 ... High school team won Regional title in track and field in 1999, 2000 and 2001 ... Was on Honor Roll all four years ... Won the National Student-Athlete Award in 2001 ... Placed fourth at state meet in the pole vault in 2001 ... School record holder indoors (9' 6) and outdoors (11').

PERSONAL: Majoring in Advertising ... Enjoys playing basketball, the piano and the guitar ... Brother Jared Farabee, a former USC pole vaulter, is her biggest influence ... Chose USC because of the diversity of athletes on the team as well as the opportunity to contribute to a possible national championship team ... Daughter of Mark and Laura Farabee ... Born on July 17, 1982, in Butler, Pa.



HIGH SCHOOL: Was high school team MVP for field events in three consecutive seasons ... All-region and all-county selection as a senior ... Was state runner-up as a senior ... Also competed in swimming and volleyball ... Named to South Carolina's all-state leadership team as a senior ... LIFE Scholarship honoree as a senior.

PERSONAL: Majoring in biology ... Born July 2, 1985 in Arlington, Va. ... Daughter of Roan and Cheryl Garcia-Quintana ... Career aspiration is to become a successful pediatrician ... lists father as biggest influence and person most admired.

Top Marks/Times- Pole Vault: 10'3"; 100m: 12.37

Keri Groover



Throws
Jr./Jr. ■ 5-11
Riviera Beach, Fla.
(Palm Beach Lakes)
Sport & Entertainment
Management



OUTLOOK: Is one of the team's top shot putters ... Looks to make continued improvement in 2004.

2003: Indoors, finished fourth in shot put and second in weight throw at the George Mason Early Invitational ... Placed eighth in shot put and 10th at weight throw in the Virginia Tech Invitational ... At the Four-Way SEC Meet finished fifth in shot put ... Placed sixth in weight throw and 11th in shot put at the Meet of Champions ... Outdoors, finished seventh in the discus at the Florida Relays ... At the SEC Quad Meet, was the fourth place finisher in the discus and notched a 14th placing in the hammer ... Was the runner-up in the discus and placed seventh in the hammer at the South Carolina State Championships ... Was the 15th place finisher in the discus at the Sea Ray Relays ... At the Penn Relays, finished second in the discus with a season best mark of 159'5 ... Finished eighth in the discus and ninth in the hammer at the Orange & Purple Classic ... *At the SEC Championships, finished 14th in the discus and placed 25th in the hammer with a season best and personal best mark of 147'5 ... Competed at the NCAA East Regional Championships at George Mason.*

2002: During the Indoor season, placed fourth in the shot put at the USC Indoor Invitational ... Placed fifth in the shot put at the UNC Early Invitational ... Finished 10th at the Five Way SEC Meet in the shot put ... had her longest throw in the weight throw, and the fourth best throw of the year for USC, at the USC Indoor Invitational with a

Marisa Garcia-Quintana

Pole Vault
Fr./Fr. ■ 5-6
Mauldin, S.C.
(Riverside)
Biology



OUTLOOK: May be a redshirt candidate in 2004 ... Will provide depth in the pole vault.

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mark of 50' 10 1/4 ... Outdoors, finished third in the Discus at the Miami Invitational and second in the discus at the Weems Baskin Sprint Relays ... Placed 13th in the Shot Put and 10th in the Discus at the Penn Relays ... Finished third in the Shot Put at the Spec Town Relays and fifth in the Discus ... Placed sixth in the Shot Put at the Four Way SEC Meet and the Sea Ray Relays ... Finished ninth in the Discus at the Sea Ray Relays ... *At the SEC Outdoor Championships, finished fifth in the discus with a toss of 168' 7 ... Placed 12th in the Shot Put at the USATF Outdoor Junior Championships ... Finished the year No. 3 on USC's all-time list for the discus, hitting 168'7 at SEC's.*

HIGH SCHOOL: Attended Palm Beach Lakes High School where she was coached by her father, Jerome Groover ... Personal bests of 160' 2 (discus) and 38' 6 (shot) set in 2001.

PERSONAL: Born Feb. 4, 1984, in Riviera Beach, Fla. ... Daughter of Jerome and Kathy Groover ... Chose USC for great coaching staff and major.

**Top Marks- Shot Put: 47'8"; Discus: 168'7";
Weight: 54'2"; Hammer: 144'9"**

Sally Irvin



**Distance
Sr./Sr. ■ 5-8
Spartanburg, S.C.
(Dorman/
Spartanburg CC)
Sociology**



OUTLOOK: Will see time in the distance events ... Could be one of team's 5000m contributors.

2003 CROSS COUNTRY: Competed in the Clemson and USC Invitionals

2003: Did not compete.

2002 CROSS COUNTRY: Paired with Jennifer Shepard to place 12th at the Charlotte Relay Invitational ... Competed in all the meets for the Gamecocks ... Competed at the SEC Championships.

HIGH SCHOOL: Attended Dorman High School ... Did not compete in track in high school.

PERSONAL: Majoring in Sociology ... Enjoys mountain hiking and swimming in her spare time ... Favorite professional athlete is Michael Jordan ... Her parents are her biggest influence ... Chose USC because of the great atmosphere around campus ... Daughter of Larry and Deborah Irvin ... Born Aug. 22, 1981, in Spartanburg, S.C.

Chelsea Kaczmarek



**Mid-Distance
Fr./Fr. ■ 5-6
Davenport, Iowa
(Assumption)
Sport & Entertainment
Management**



OUTLOOK: Will run the 800m during track season ... Member of cross country team in the fall but did not compete.

HIGH SCHOOL: Attended Assumption High in Davenport, Iowa ... Was state runner-up in 200m ... Two-time state runner-up in the 400m ... First-team all-state honoree in 400m ... Was twice named as Elite all-state track and field honoree ... Earned academic all-state selection for track and field ... Nominated for High School Heisman Award by her school ... Also lettered in volleyball, basketball and softball.

PERSONAL: Cooper Scholar ... Sport and Entertainment Management major ... Born Aug. 31, 1985 in Beatrice, Neb. ... Parents are Mark and Kathy Kaczmarek ... Lists parents as biggest influence ... Favorite athlete is Michael Jordan.

**Top Times- 1500m: 5:13; 800m: 2:19;
400m: 56.99; 200m: 24.9; 100m: 12.1**

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Nicole Kendrick



Throws
Jr./Jr. ■ 5-8
Lancaster, Ohio
(Lancaster/
Syracuse Univ.)
Retail Merchandising



OUTLOOK: Looking to build on solid indoor season during her first year at USC ... Will be a scorer at the conference meet and has potential to make an impact at the NCAA Championship.

2003: Indoors, won the shut put at the George Mason Early Invitational ... Tied for runner-up in shpt put and placed fifth in weight throw at the Virginia Tech Invitational ... Won the shot put and placed third in weight throw at the Four-Way SEC Invitational ... Finished third in shot put at the UNC Invitational ... Was runner-up in shot put at the Florida Invitational ... Placed third at the Meet of Champions in shot put ... At the USC Invitational won the shot put and placed fifth at the weight throw ... *In SEC Championships was runner-up in shot put* ... Won shot put in the Last Chance Meet ... *Finished 13th in shot put at the NCAA Championships* ... Did not compete during outdoor season.

SYRACUSE: Had a big freshman year which culminated in her making the USA World Junior Championship team which traveled to Jamaica ... Threw the discus at World Championships ... Won the collegiate discus at Penn Relays ... Big East Conference scorer in all the throws ... Finished 2002 with a personal best of 172' 4, ranking her 22nd best in the NCAA.

HIGH SCHOOL: Attended Lancaster High School ... Coached by Doug Henwood ... Lettered in track and field for four years (1998-2001) ... Also lettered in volleyball for two years (1999-2000) and basketball (1998-1999) ... State Champion in Shot Put (2000, 2001) ... NOC All-American in Indoors (2001) and Outdoors (2000, 2001) ... Team Captain in 2000 and 2001 ... Team was District Champs all four years (1998-2001) ... Team was Regional Champs in 2000 and 2002 ... Jr. National Runner up in Shot Put in 2002 ... World Junior Team Member in 2002 ... School record holder in the shot put and discus ... Named one of the Most Accomplished Women in the history of her high school.

PERSONAL: Majoring in Retail Merchandising ... Enjoys listening to music and spending time with friends ... Favorite athlete is former USC competitor and Olympic medalist Dawn Ellerbe ... Biggest influence is her father ... Greatest athletic thrill is winning back to back state high school championships ... Favorite movies are A Time to Kill and The Emperor's New Groove ... Daughter of Karen Kendrick ... Born April 2, 1983, in Columbus, Ohio.

Top Marks- Shot Put: 53'7.75"; Discus: 172'4"; Weight: 60'1"; Hammer: 161'4"

Monica King



Sprints
Fr./Fr. ■ 5-3
Summerville, S.C.
(Fort Dorchester)
Biology



OUTLOOK: Will provide depth in the sprints during first collegiate season.

HIGH SCHOOL: Lettered in track all four years at Fort Dorchester High in North Charleston, S.C. ... Was MVP of track team ... Earned the Patriot Award Set personal-best 400m time of 57.00 as a junior ... Member of the National Honor Society.

PERSONAL: Biology major ... Born June 16, 1984 in Charleston, S.C. ... Daughter of Sanford and Janice King ... Has one older brother and one younger sister ... Aspires to be a doctor or work in the medial field.

Top Times- 400:57.00; 100: 12.04

Jenny Lake



Distance
Jr./Jr. ■ 5-8
Geneseo, Ill.
(J.D. Darnall)
Mathematics/Pre-Med
Honors College



Team Captain

OUTLOOK: Team's top distance runner ... Will be focusing on mile/1500m, 3000m and 5000m runs during track season ... Should be a scorer at SEC's in the mile and 3,000m ... Will anchor DMR.

2003 CROSS COUNTRY: Placed 7th at the SEC Championships in Athens, Ga. ... Her seventh place finish is the best ever by a USC runner ... Earned first-

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team All-SEC ... Was the top finisher for USC in every meet during the year ... Was the individual champion in three meets during the year: USC Invitational, Great American Cross Country Festival and Clemson Invitational ... *Placed 17th at the Southeast Regional ... Ran 17:18 at Regional to earn NCAA All-Regional honors.*

2003: Indoors, placed ninth in the 1 mile run and third in the 3000m run at the George Mason Early Invitational ... Finished eighth in the 1 mile run at the Virginia Tech Invitational ... Won the 3000m run at the East Tennessee State Invitational ... Placed fifth in the 1 mile run with a time of 4:55.10 at the Florida Invitational ... At the Meet of Champions placed fifth in the 3000m run ... *Finished sixth in the 3000m run at SEC Championships ... Anchored DMR to second-place finish at SEC's with school-record time of 9:44, a NCAA qualifying mark ...* Outdoors, finished third in the 1500m run at the Weems Baskin Relays ... Placed 13th in the 1500m run at the Florida Relays ... At the SEC Quad Meet, finished fifth in the 1500m run and second in the 5000m run ... Finished 19th in the 1500m run at the Sea Ray Relays with a season best time of 4:35.20 ... At the Penn Relays, finished 16th in the 5000m run with a season best mark of 17:01.41 ... Finished eighth in the 1500m run at the Orange & Purple Classic ... *At the SEC Championships, finished 12th in the 5000.*

2002 CROSS COUNTRY: Co-Captain ... Finished first at the College of Charleston Invitational and set a course record of 19:05 ... Set a new course record at The Citadel Invitational with a time of 18:55, winning her second meet in a row ... Finished first with a new course record of 22:42 at the Clemson Invitational, winning her third straight meet ... Earned the SEC Female Cross Country Athlete of the Week award ... Placed third at the Winthrop University Fall Classic ... *Finished 24th at the SEC Championships with a time of 22:43.85 (6K).*

2002: Member of the President's List (4.0) both semesters ... During the Indoor season, finished third in the mile run and in the 800m run at the UNC Early Invitational ... *Placed 10th in the mile run at the SEC Championships with a time of 5:00.65, the fastest time on the team and No. 6 on the USC all-time mile list ...* Finished seventh in the 3000m run at the Five Way SEC Meet and placed sixth in the mile run ... Outdoors, won the 1,500m run at the Weems Baskin Sprint Relays ... Finished second in the 1,500m run at the Four Way SEC Meet ... Was runner up in the 3,000m run at the Sea Ray Relays and ran a personal best of 4:35 in the 1,500m ... *Competed in the 1500m and 5000m at the SEC Championships ... Finished the year at No. 6 on the all-time 3,000m list at 9:55.49.*

2001 CROSS COUNTRY: Finished first at both Clemson Invitational and Western Carolina Invitational ... Season best time in the 5k run came at the Gamecock Invitational, running to a 17:49 finish, placing second ... *Ran in six meets throughout the year, including the SEC Championships, where she had a season's best time in a 6k run at 20:47 for 21st place.*

HIGH SCHOOL: Lettered in cross country (four years), track (three years), and soccer (one year) ... Was named All-Conference, All-Regional, All-Sectional, and All-State in cross country ... Was all-state in the mile ... Was two-time MVP of her track team and four-time MVP of her cross country team ... Was track captain senior year and cross country captain junior and senior years ... Was named All-NCIC Academic ... Was MVP of her soccer team her freshman year.

PERSONAL: Majoring in Mathematics and is Pre-Med ... Is in the Honors College ... Received the McNair Scholarship ... Enjoys watching movies, playing the piano, and spending time with friends ... Favorite athlete is Mia Hamm ... Chose USC because "the university made me feel welcome and important." Also cited the excellent track program and scholarships opportunities as reasons for choosing USC ... Daughter of Ray and Julie Lake ... Born on Nov. 3, 1982, in Winfield, Ill.

**Top Times- 800m: 2:16.70; 1500m: 4:35.07;
3000m: 9:44; 5000m: 17:01**



Chiquita Martin



Sprints
Fr./Fr. ■ 5-5
Anderson, S.C.
(Westside)
Business and
Management



OUTLOOK: Should contribute to team during freshman season ... Will provide depth at sprints and hurdles.

HIGH SCHOOL: Named South Carolina's AAAA Athlete of the Year as a senior ... Was state's 100 hurdles and 400 hurdles champion in 2003 ... Earned All-American, all-state and all-region honors ... Won team MVP award three out of four years ... Was runner-up in the 100 hurdles and 400 hurdles at the 2003 AAU Championships ... Also claimed second in the 400 indoor as a junior ... Was two-time All-American in the shuttle hurdle relay at the Nike Indoor Nationals ... Set personal best time in the 400m hurdles with mark of 1:01.23 as a senior ... Also posted personal bests in the 200m with a time of 24.5 and the 400m with a time of 53.7 during senior season ... Best 100m hurdles time of 14.2 came during junior year.

PERSONAL: Majoring in business and management ... Born Feb. 17, 1985 in Hartwell, Ga. ... Daughter of Regina Hall ... Has three siblings ... Lists favorite athlete as American track star Gail Devers.

**Top Times- 400H: 1:01.235; 400: 53.7;
200: 24.5; 100H: 14.2**

Christine Mudd



Mid-Distance
Fr./Fr. ■ 5-10
Columbus, Ohio
(Upper Arlington)
Business



2003 CROSS COUNTRY: Ran a 5K season best time of 19:44 at the Clemson Invitational ... Gained valuable experience by

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competed in the Southeast Regional Championships and SEC Championships as a freshman.

HIGH SCHOOL: State qualifier in track and cross country ... Ran the 300 m hurdles and 400 m during track ... Placed second at state in the 4x400m ... Will be a steeplechaser for USC.

PERSONAL: Is a McKissick Scholar ... Chose USC over Miami (Ohio), Wittenburg and Kentucky ... Has one brother and one sister ... Born July 26, 1985 ... Parents are Debrah and Mike Mudd.

Top Times- 400m: 58.2; 300mH: 46.7

India Odum



Throws
Sr./Sr. ■ 5-8
Alexandria, Va.
(Hayfield Secondary)
Broadcast Journalism



Team Captain

OUTLOOK: Has great throwing potential in multiple events ... Made significant improvements in all events, particularly weight throw, hammer and discus ... Solid, all-around thrower that should be able to contribute at the SEC level in all events and qualify for NCAAs in the shot put.

2003: Indoors, won weight throw and was runner-up in shot put in the George Mason Early Invitational ... Finished seventh in shot put at the Virginia Tech Invitational ... At the Four-Way SEC Meet placed fourth in shot put ... Placed tenth in weight throw and 11th in shot put at the Florida Invitational ... Placed ninth at the Meet of Champions in shot put ... Finished third in shot put and ninth in weight throw at the USC Invitational ... *At the SEC Championships placed sixth in shot put ...* Finished second in shot put at the Last Chance Meet ... Outdoors, won the shot put, finished third in the discus and placed fourth in the hammer at the Weems Baskin Relays ... At the Florida Relays, placed 12th in the hammer and won the shot put with a season best and personal best mark of 50'9.5 ... Was the fourth place finisher in the shot put, finished seventh in the discus and ninth in the hammer at the SEC Quad Meet ... Finished fourth in the discus and second in the hammer at the South Carolina State Championships ... At the Sea Ray Relays, finished seventh in the shot put, 20th in the hammer throw, and placed 12th in the discus with a season best throw of 150'6 ... Finished eighth in the shot put at the Penn Relays ... Was the runner-up in the shot put and



finished sixth in the discus at the Orange & Purple Classic ... *At the SEC Championships, finished sixth in the shot put and 17th in the discus while setting a season best throw of 28.27m/125'10.5 as well as finished 12th in the shot put with a mark of 14.81m/48'7.25.*

2002: During the indoor season, placed third in the weight throw at the UNC Early Invitational ... Finished fifth in the shot put at the Five Way SEC Meet ... Placed sixth at the Meet of Champions in the Shot Put and placed 11th in the weight throw ... *Placed third in shot put at the SEC Championships (49'6) ...* Outdoors, finished eighth in the discus and hammer at the Miami Invitational ... Placed eighth in the shot put at the Penn Relays and SEC Championships ... Finished fourth in the shot put at the Sea Ray Relays and the Four Way SEC Meet ... Placed sixth in the shot put at the Georgia Tech Invitational ... Finished sixth in the discus at the Four Way SEC Meet ... *Was eighth in the shot put at the SEC Outdoor meet, heaving it 46'9 1/2.*

2001: Indoors, competed in various weight throwing events, earning a second place finish twice in the shot put ... Threw a season's best of 50' 2 3/4 at Virginia Tech Invitational ... *Paced fifth at SEC Indoor Championships ... Also participated in 20lb. weight throw, hammer and discus throws ...* Outdoors, competed in hammer throw, discus and shot put ... Had six top 10 finishes in the shot put, placing as high as second at Weems Baskin Sprint Relays, Duke Invitational and South Carolina State Championships ... Best throw in the shot put came at the Duke Invitational, where she recorded a throw of 48' 2 ... Finished third in discus at South Carolina State Championships with a throw of 142' 4.

HIGH SCHOOL: Attended Hayfield Secondary School ... Coached by Doug Schuch and Phill Saunders ... Lettered in basketball one year and track four years ... Indoor and Outdoor State Champion in the shot put as a senior ... Three-time All-Metropolitan Area Athlete for Throws ... Held Virginia indoor state shot put record of 45' 6 1/4 for one year.

PERSONAL: Broadcast Journalism major ... Chose USC because of the emphasis on academics and USC's reputation for producing Olympic level throwers ... Full name is India Elizabeth Courtney Odum ... Nickname is Odie ... Daughter of Juan and Lori Odum ... Has two sisters named Lanai and Asia ... Born on April 30, 1982, in Biloxi Miss.

Top Marks- Shot Put: 50'9.5"; Discus: 154'6"; Weight: 55'0.75"; Hammer: 165'5"

Lauren Paige



Distance
So./So. ■ 5-5
Greenville, S.C.
(Greenville)
Business



OUTLOOK: 5,000m and 3000m steeplechase runner ... Will focus on the longer outdoor races ... Could place at the SEC Outdoor meet.

2003 CROSS COUNTRY: Teamed with Mary Wright at the Charlotte Invitational to place 17th ... Also competed in the USC Invitational, Winthrop Invitational and Clemson Invitational ... Placed 26th at the USC Invitational.

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2003: Indoors, was runner-up in the 3000m with a time of 10:37.10 at the USC Invitational ... Outdoors, finished third in the 5000m run at the Weems Baskin Relays ... At the SEC Quad Meet, placed fifth in the 3000m Steeplechase ... Finished fourth in the 3000m Steeplechase with a season best time of 12:25.58.

2002 CROSS COUNTRY: Finished first at the Charlotte Relay Invitational with teammate Jenny Lake ... Placed 18th at The Citadel Invitational ... Ran at the Clemson Invitational and at the Winthrop University Fall Classic ... Competed at the SEC Championships.

HIGH SCHOOL: Attended Greenville High School ... Coached by Beau Lyons ... Lettered in cross country and track (1998-02) ... Was cross country individual state champion in 1998 ... Named Greenville High School Female Athlete of the Year (1999-02) ... Was a member of the 4x800m state relay champions in 1999 and 2002 ... Team was state runner-up for cross country in 2000 and 2001.

PERSONAL: Majoring in Business ... Biggest influence is Pat Rhode ... Would like to own her own business one day ... Admires her mother the most ... Chose USC because of the excellent track and growing cross country program ... Also chose USC for the excellent business program ... Daughter of Jan Paige ... Born on April 5, 1984, in Greenville, S.C.



Top Times- Mile: 5:16

Boikhutso Ramomene

**Distance
So./So. ■ 5-8
Gaborne, Botswana
(Maruatula Secondary)
Economics**



OUTLOOK : Former African Zone 2 Cross Country Champion, should play key role for team in longer distances ... Potential to be a scorer in DMR, 800m, and 1,500m ... From same country as former USC five-time NCAA champion Otukile Lekote.

2003 CROSS COUNTRY: Teamed with Lashay Shelton during her lone competition of the year and finished 28th at the Charlotte Invitational.

2003: Indoors, placed fourth in the 880m with a time of 2:12.12 at the SEC Four-Way Meet ... Was runner-up in the mile run with a time of 5:12.10 on Feb. 1 ... Placed 14th in the 880m with a time of 2:16.14 at the Florida Invitational ... Outdoors, won the 800m run at the Weems Baskin Relays ... Finished 11th in the 1500m run at the Florida Relays with a season best time of 4:39.75 ... Finished seventh in both the 800m and 1500m runs at the SEC Quad Meet ... At the Sea Ray Relays, finished 25th in the 800m run ... Placed third in the 800m



run at the Orange & Purple Classic ... At the SEC Championships, finished ninth in the preliminary heats of the 800m run then ran a season best and NCAA qualifying mark of 2:10.20 in the finals, finishing ninth ... Also at the SEC Championships, placed 16th in the 1500m run ... Finished 16th in the preliminary race of the 800m run with a time of 2:10.03, a season best time.

HIGH SCHOOL: Attended Maruatula Secondary ... Attended Maru-A-Pula School in Gaborone, Africa ... Named Sports Person

Top Times- 1600m: 5:25; 3200m: 11:50; 5000m: 19:25

Michelle Phillips

**Distance
Fr./Fr. ■ 5-9
Livonia, Mich.
(Livonia Churchill)
Liberal Arts**



OUTLOOK: May be a redshirt candidate ... Member of cross country team but did not compete during 2003 season.

HIGH SCHOOL: Participated in the state tournament in cross country and track ... All-tournament in cross country and track ... All-state three times ... Placed fourth in the 800m.

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of the Year in 1997 ... Competed in track and field (1997-2002) ... Finished second in Jr. Nationals ... Won bronze medal at the African Championships in 1997.

PERSONAL: Majoring in Economics ... Mother is her biggest influence ... Favorite hobby is netball ... Daughter of Mokgalagadi Ramomene ... Born April 1, 1982.

Top Times- 800m: 2:09

Tristan Rackow



Distance
Fr./Fr. ■ 5-6
LaGrange, Ill.
(Lyons Township)
Civil Engineering



OUTLOOK: May contribute in distance races after strong cross country showing as a freshman.

2003 CROSS COUNTRY: Placed an impressive 12th at the USC Invitational guided the Gamecocks to the meet championship ... Placed 16th at the Clemson Invitational as USC claimed the South Carolina Collegiate Championship ... Competed at both the SEC and Regional Championships.

HIGH SCHOOL: State qualifier in both cross country and track ... Lettered four years in both cross country and track ... Team finished third at the state cross country meet ... Anchored the 4x800m state championship relay team ... Named student-athlete of the month.

PERSONAL: McKissick Scholar ... Chose USC over Purdue and Illinois ... "Back to the Future" is her favorite movie ... Has three brothers Jeffery, William and Robert ... Born on December 4, 1985 ... Parents are Allyson and Robert Rackow.

Top Marks- 800m: 2:16

Julie Reale



Distance
Fr./Fr. ■ 5-3
Wallkill, N.Y.
(Wallkill)
Criminal Justice



OUTLOOK: Candidate to see time in distance races for track team ... Had solid freshman season in cross country.

2003 CROSS COUNTRY: Competed at both the SEC and Regional Championships ... Placed 26th at the Winthrop Invitational and was placed in the lineup for the remainder of the season ... Placed 36th at the Clemson Invitational.

HIGH SCHOOL: Qualified for state in cross country and track ... All-state member in 2002 ... Earned all-state recognition in nordic skiing and placed fourth in the state meet.

PERSONAL: Born July 29, 1985 ... Daughter of Michelle Reale.

Top Times- 5000m: 19:03; 1500m: 5:13

Caroline Ruppert



Throws
So./So. ■ 5-9
Tiffin, Iowa
(Clear Creek Amana)
Biology



OUTLOOK: Ready to contribute after redshirting last season ... Will compete in hammer and weight throws ... Adds depth to shot put, discus, hammer and weight throw.

2003: Redshirted during freshman season.

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HIGH SCHOOL: Attended Clear Creek Amana High School ... Lettered in track for four years (1999-02) ... Also lettered in volleyball for three years (1999-01), softball for three years (1999-01) and basketball for two years (1999-00) ... Two-time state champion in discus (2001-02) and four-time state qualifier (1999-02) ... Was state runner-up in discus in 2000 ... School record holder in both discus and shot put ... Three year qualifier in the Drake Relays (2000-02) ... Three year state qualifier in shot put ... Track team was district and conference champs all four years ... Was a member of the National Honor Society and graduated with honors.

PERSONAL: Majoring in Biology ... Enjoys playing racquet all and volleyball ... Favorite book is The Count of Monte Cristo ... Her biggest influence is her sister ... Favorite movie is Empire Records ... Chose USC because of the beautiful campus and the warm weather ... Also chose USC because of the camaraderie among teammates and academic reputation ... Daughter of William and Karen Ruppert ... Born Jan. 28, 1984, in Iowa City, Iowa.

Top Marks- Discus: 144'2"; Shot Put: 38'7.5"

Jessica Sawers



Throws
Fr./Fr. ■ 5-6
Springfield, Va.
(Lake Braddock)
Business Admin./
Finance



OUTLOOK: May be a redshirt candidate in 2004 to adjust to collegiate competition ... Provides depth among throwers.

HIGH SCHOOL: Prepped at Lake Braddock High in Burke, Va. ... Was state runner-up in the discus ... Was regional champion and three-time district champion in the discus ... Team won state title in 2000 ... Two-time national participant ... Was part of district and regional champion all four years in high school ... Set personal best throws in the hammer (145'7"), discus (134'7") during senior season ... Recorded personal best javelin throw of 100'9" as a freshman ... McKissick Scholarship.

PERSONAL: Majoring in business administration/finance ... Born Sept. 8, 1985 in Berkley, Calif. ... Daughter of Toli and Evelyn ... Step-brother is a thrower on Stanford's track and field team.

Top Marks- Hammer: 145'7"; Discus: 134'7"; Javelin: 100'9"; Weight: 40'9"; Shot Put: 34'7"

Shay Shelton



Mid-Distance
Fr./Fr. ■ 5-4
Mesquite, Texas
(Mesquite)
Sport & Entertainment
Management



2002 Junior 800m Champion

OUTLOOK: Has ability to contribute in DMR, 4x400m relay and should be a competitive 800m runner ... Could be a scorer at the SEC and NCAA Championships.

2003 CROSS COUNTRY: Teamed with Boikhutso Ramomene and finished 28th at the Charlotte Invitational. ... Competed in the Gamecock Invitational where she placed 49th with a time of 20:02.

2003: Redshirted during freshman season.

2002 CROSS COUNTRY: Placed 14th at the College of Charleston Invitational ... Combined with Kinsey Eschenburg to take fourth place at the Charlotte Relay Invitational ... Ran at the Winthrop University Fall Classic ... Competed at the SEC Championships.

HIGH SCHOOL: Attended Mesquite High School ... Coached by Guy Miller ... Lettered in track (2000-2002), soccer (1999-2000) and basketball (1999) ... Texas Region 12 Champion ... 2001 Runner-up in Jr. Olympics ... Junior National Champion in 2002 ... All-American Indoors in the 800m run in 2002.

PERSONAL: Majoring in Sport and Entertainment Management ... Favorite professional athlete is Michael Jordan ... Admires her mother the most ... Greatest athletic thrill was winning Junior Nationals in 2002 ... Favorite movie is Love and Basketball ... Chose USC because of the excellent academics and the chance to become a better athlete ... Daughter of Gwendolyn Shelton and Jonathan Shelton ... Born on Dec. 26, 1984 in Jackson, Miss.

Top Times- 400m: 55.80; 800m: 2:09.00

MEET THE GAMECOCKS

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Stephanie Smith



Sprints
Fr./Fr. ■ 5-9
Macon, Ga.
(Northeast)
Criminal Justice



2003 U.S. Junior 400m Champion

OUTLOOK: Should make an immediate impact in sprints ... Highly-touted recruit who looks to translate success on the national track scene into SEC and NCAA meets.

HIGH SCHOOL: Prepped at Northeast High in Macon, Ga. ... Listed in Who's Who of American Athletes ... Posted personal-best and leading national time of 52.04 to win U.S. Junior Women's 400m Championship in June of 2003 ... Placed fifth in the U.S. Junior Women's 200m final ... Ran personal best 100m time of 11.6 as a senior ... Posted personal best 200m time of 23.46 as a sophomore ... Helped lead high school team to state title three consecutive years.

PERSONAL: Majoring in criminal justice ... Born June, 27, 1985 in Macon, Ga. ... Daughter of Bernard and Angela Smith ... Lists former U.S. track star Florence Griffith-Joyner as favorite athlete.

Top Times- 400: 52.04; 200: 23.46; 100: 11.60

Cheryl Terrio



Pole Vault
So./So. ■ 5-7
Florence, S.C.
(West Florence)
Exercise Science



OUTLOOK: Will be one of team's leading pole vaulters ... Looks to follow solid freshman season by contending as a high-scorer at SEC's with potential to be a national qualifier.



2003: Indoors, tied for 15th in the pole vault in first collegiate meet at Virginia Tech Invitational ... Placed 21st in the pole vault at SEC Four-Way Meet ... Finished 17th in the pole vault at UNC Invitational ... Recorded best indoor mark of the season with vault of 11' 5.75" for 10th place at the Florida Invitational ... Won her first pole vault title with mark of 11'0.25" at USC Invitational ... Outdoors, won the pole vault at the Weems Baskin Relays ... Finished fifth in the pole vault at the Florida Relays ... At the SEC Quad Meet, finished third in the pole vault ... Placed eighth in the pole vault at the Sea Ray Relays ... At the SEC Championships, finished ninth in the pole vault with a season best vault of 12'0 ... Placed ninth at the NCAA East Regional in the pole vault with a mark of 3.67m/12'0.5, setting a new season high.

HIGH SCHOOL: Attended West Florence High School ... Coached by Joe Alsberry ... Lettered in track (2000-02), cross country (1998,

2002) and soccer (2000-01) ... Named MVP in track in 2001-02 and in cross country in 2002.

PERSONAL: Majoring in Exercise Science ... Enjoys horseback riding and swimming ... Favorite movie is Ferris Bueller's Day Off ... Career goal is to be an athletic trainer ... Biggest influence is her high school coach, Joe Alsberry ... Chose USC because of its proximity to home and the quality track program ... Daughter of Ed and Ruth Terrio ... Born on May 6, 1984 in Florence, S.C.

Top Times/Marks: 800m: 2:18; Pole Vault: 12'0.5"

Reanna Townsend



Hurdles/Jumps
Fr./Fr. ■ 5-5
Baton Rouge, La.
(Magnet)
Hotel, Restaurant, &
Tourism Management



OUTLOOK: Could make impact in hurdles and jumps ... Familiar with USC program as younger sister of current Gamecock athlete Fred Townsend.

HIGH SCHOOL: Was Louisiana's state champion in the 100m

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hurdles, 55m hurdles and high jump ... Set personal best 55m hurdles time of 8.21 and 60m hurdles time of 9.01 during senior season ... Posted personal best marks in the long jump (17'10") and high jump (5'6") as a senior ... Personal best 100m hurdle time of 14.2 and best triple jump mark of 36'1" came during junior year ... Lettered all four years in track ... Helped high school team win indoor state title all four years .. Team was outdoor state champions three years and was runner-up the other year.


PERSONAL: Hotel, Restaurant and Tourism Management major ... Born Oct. 14, 1985 in Baton Rouge, La. ... Daughter of Fred, Sr., and Denise Townsend ... Older brother, Fred, is a senior on USC's men's track and field team ... Lists American track star Gail Devers as favorite athlete ... Aspires to become a professional chef.

Top Times/Marks- 100m H-14.2; 60m H-9.01; 55m H-8.21; Triple Jump-36'1"; Long Jump-17'10"; High Jump-5'6"

Mary Claire Utsey



Distance
Jr./Jr. ■ 5-7
Mt. Pleasant, S.C.
(Bishop England)
Hotel, Restaurant, &
Tourism Management



OUTLOOK: Will run 800m and 1,500m ... Provides depth on 4x800m relay and DMR.

2003 CROSS COUNTRY: Teamed with Nicki Breves to finish 16th at the Charlotte Invitational ... Competed in the Southeast Regional Championships and SEC Championships ... Finished 31st at the Clemson Invitational with a season best time of 19:36.

2003: Did not compete.

2002 CROSS COUNTRY: Placed 22nd at the College of Charleston Invitational ... Finished 13th at The Citadel Invitational ... Placed 26th at the Clemson Invitational ... Placed 25th at the Winthrop University Fall Classic ... Competed at the SEC Championships.

2002: During indoor season, finished fifth in the mile run at the UNC Early Invitational and fourth in the 800m run ... Finished third in the 800m run at the USC Indoor Invitational ... Finished 11th in the 800m run at the Weems Baskin Sprint Relays ... Placed 22nd in the 800m run at the Miami Invitational.

2001 CROSS COUNTRY: Competed in Great American Festival at Winthrop and NCAA Regionals at Furman.

HIGH SCHOOL: Attended Bishop England High School in Charleston, SC ... Lettered in track (four years), swimming (two years),

cross country (two years), and cheerleading (two years) ... Named All-State in cross country twice, All-State in track twice and All-Low country in track four straight years ... Was named track athlete of the year at her high school her senior year and was a team captain ... Won the Post and Courier Athlete of the Year Award and the Sports Report AA Athlete of the Year Award, both in track.

PERSONAL: Studies in the College of Hotel, Retail, and Sport Management ... Enjoys relaxing at the beach, shopping, and playing ultimate Frisbee ... Greatest athletic thrill was winning three gold medals at the state competition her senior year of high school ... Chose USC because of the track program, the beautiful campus, and excellent business school ... Daughter of Tom and Janet Utsey ... Born on Aug. 2, 1983, in Charleston, S.C.

Top Times- 5000m: 19:36

Keli Walker



Sprints
Jr./Jr. ■ 5-5
Oakland, Calif.
(Holy Names)
Advertising



OUTLOOK: Gives team depth, especially in relays ... USC looks for her to make a contribution in individual races this year.

2003: Indoors, recorded heat times of 7.42 and 7.51 at USC Invitational.

2002: During Indoor season, finished fourth in the 200m dash at the UNC Early Invitational ... Placed fifth in the 55m dash at the USC Indoor Invitational ... Outdoors finished 14th in the 200m dash at the Miami Invitational ... Competed in the 100m dash and 200m dash at the Florida Relays and the Sea Ray Relays ... Finished 11th in the 100m dash and 200m dash at the Four Way SEC Meet ... Placed 10th in the 100m dash at the Miami Invitational ... Ran the 100m and 200m at the Penn Relays ... Also ran the 100m and 200m at the SEC Championships.

HIGH SCHOOL: Attended Holy Names High School in Oakland, CA ... Lettered in track for four years ... Won the English Honors Award in 2000 ... Fifth fastest indoor time in 4x200m relay ... Ran state finals in 2000 and 2001 for 4x100m relay.

PERSONAL: Majoring in Advertising ... Enjoys acting ... Favorite food is ice cream ... Favorite athlete is Marion Jones ... Would like to own her own business someday ... Biggest influence is her mother ... Chose USC because of the excellent track program and advertising department ... Daughter to Kenny and Lydia Walker ... Born on May 22, 1983, in Oakland, Calif.

**Top Times- 55m: 7.36; 60m: 8.00;
100m: 12.10; 200m: 22.50**

Qualenda Washington



Throws
Jr./Jr. ■ 5-9
Sumter, S.C.
(Sumter)
Pharmacy



OUTLOOK: Hard worker who will add depth to the team's throwers.

2003: Indoors, finished sixth in weight throw with mark of 41'10.5" at George Mason Early Invitational ... Recorded best weight throw of indoor season with a mark of 43'1" to place 11th at the USC Invitational ... Did not compete during outdoor season.

2002: During indoor season, finished seventh in the weight throw at the UNC Early Invitational ... *Placed 26th at the SEC Championships in the Weight Throw* ... Outdoors, at the South Carolina State Championships, finished third in the discus, fourth in the hammer throw and fifth in the shot put ... Finished ninth in the hammer and 10th in the discus at the Spec Town Relays ... Finished 11th in the discus and hammer throw at the Weems Baskin Sprint Relays ... Placed 15th in the discus and hammer throw at the Miami Invitational ... Finished 23rd in the hammer throw at the SEC Championships and at the Georgia Tech Invitational.

HIGH SCHOOL: Set personal bests in 2001 in discus (131'9) and shot put (37'6) ... Attended Sumter High School where she was coached by Carl Baker ... Greatest athletic thrill was breaking Sumter's school record in the discus ... Four-year letterwinner in basketball and track and field ... Three year letterwinner in volleyball ... Holds Sumter High School's sophomore, junior and senior records with the discus ... Team captain of volleyball, basketball and track and field teams her senior year.

PERSONAL: Major is Pharmacy ... Nicknamed "Q" ... Born Dec. 1, 1982, in Hiedleburg, Germany ... Daughter of Quanette Washington and Charles L. Washington ... Chose USC to be close to home and for its great atmosphere.

**Top Marks- Discus: 134'2"; Weight: 47'9.25";
Hammer: 150'7"**

Kemesha Whitmire



Jumps
So./So. ■ 5-5
Spartanburg, S.C.
(Spartanburg)
Business



OUTLOOK: Had excellent freshman season and will look to be a conference scorer and national qualifier ... Will be one of team's top long jumpers and should make key contributions in the triple jump.

2003: Indoors, made collegiate debut with fifth-place finish in the triple jump at George Mason Early Invitational ... Finished seventh in the long jump at Virginia Tech Invitational ... Placed fifth in both the long jump and triple jump at SEC Four-Way Meet ... Finished third in the long jump and 10th in the triple jump at the Meet of Champions ... Won the 400m with a time of 59.42 and placed eighth in the 55m at the USC Invitational ... *Finished fifth in the long jump and eighth in the triple jump at the SEC Indoor Championships* ... Outdoors, finished fourth in the long jump and was the runner-up in the triple jump at the Weems Baskin Relays ... At

the Florida Relays, placed fourth in the long jump and 12th in the triple jump ... Ran a season best time of 1:00.79 in the 400m dash at the SEC Quad Meet ... Also at the SEC Quad Meet, placed third in the long jump and fourth in the triple jump ... Was the runner-up in the long jump at the Sea Ray Relays with a season best and personal best jump of 20'7 ... At the Penn Relays, finished fifth in the long jump and 12th in the triple jump ... Placed second in the long jump and third in the triple jump, recording a personal best mark of 40'11.5 at the Orange & Purple Classic ... *At the SEC Championships, finished 14th in the long jump and ninth in the triple jump* ... *Finished ninth in the long jump and 19th in the triple jump at the NCAA East Regional at George Mason* ... Placed third in the women's long jump with a mark of 19'11.5" at U.S. Junior Outdoor Championships and became first alternate for Team USA's Junior Pan American squad.

HIGH SCHOOL: Attended Spartanburg High School ... Coached by Glover Smiley and Shay Rice ... Named prep All-American in 2000 and 2002, winning the National Championship in the long jump in 2002 ... Named All-State in 2001 and 2002 ... All-Region 1998-2002 ... Finished in sixth place at the World Junior Olympics in Hungary ... High school team won state in track three years in a row (2000-2002) ... At Junior Nationals, finished second in 2001 and third in 2002 in the long jump.

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PERSONAL: Majoring in Business ... Hobbies include playing soccer, dancing, and bowling ... Favorite professional athlete is Marion Jones ... Chose USC because of the excellent coaching staff and has been a regular at the summer track camps in years past ... Daughter of Curtis and Sherrell Whitmire ... Born on Oct. 26, 1984, in Spartanburg, S.C.

**Top Times/Marks- 100m: 12.0; 200m: 24.9;
400m: 57.0; Long Jump: 20'7"; Triple Jump: 40'11.5"**

Karen Wigal



**Distance
Fr./Fr. ■ 5-8
Morgantown, W.Va.
(Morgantown)
Chemical Engineering
Honors College**



OUTLOOK: Could contribute in distance races ... May be a redshirt candidate.

2003 CROSS COUNTRY: Was the most consistent new comer for USC as she placed second behind standout Jenny Lake in every meet ... Best 5K time of the year was 19:05 with a 15th place finish at the Clemson Invitational helping the Gamecocks capture the South Carolina Collegiate Championship ... Best finish of the year was fifth at the USC Invitational with a 5K time of 19:06 ... Placed 46th at the SEC Championships and 112th at the Southeast Regional.

HIGH SCHOOL: Prepped for the Morgantown High Mohigans ... As a senior she won the West Virginia large school cross country championship ... 2003 State track runner-up in one mile and two mile ... Senior class valedictorian ... 2003 state champion in the 3200.

PERSONAL: Is a McNair Scholar and part of the Honors College ... Chose USC over Maryland, Virginia, Ohio State and Duke ... Favorite athlete is Allen Iverson ... Brother, Mark, is a member of the Duke football team ... Born May 25, 1985 in Boulder, Colo. ... Parents are Grace and Gary Wigal.

Top Marks- 3200m: 11:30; 1600m: 5:20; 5000m: 19:05

Mary Wright



**Distance
Sr./Sr. ■ 5-2
Greenville, S.C.
(Mauldin)
Business**



Also competed in both the Clemson Invitational, Winthrop University Fall Classic and the SEC Championships.

2002: Outdoors, finished fourth in the 5,000m run at the South Carolina State Championships ... Placed 12th in the 3,000m run at the Four Way SEC Meet ... Finished fifth in the 5,000m run at the Weems Baskin Relays.

2001 CROSS COUNTRY: Ran in six meets during season where her best finish was 17th at the Western Carolina Invitational ... Ran in both SEC Championships and NCAA Regionals.

2001: Indoors, best finish came in 3000m run at Gamecock Indoor Invitational, where she placed second ... Outdoors, competed in 3000m and 5000m runs, finishing in the top 10 all four times she competed ... Best finish in both events was fourth ... In cross country, WICCCA All-Academic Team Honoree ... Placed 18th at the Gamecock Invitational ... Had season best time of 20:28.91 at the Auburn Bank Invitational.

HIGH SCHOOL: Attended Mauldin High School ... Coached by Delmer Howell (cross country) and Fred Miller (track) ... Lettered in cross country and track for four years ... Tenth at 1997 CC state championship ... All-State cross country in 1996 and 1997 ... All-region and all-county in cross country from 1996-99.

PERSONAL: Studying in the College of Business ... Daughter of Mike and Kathy Wright ... Born Sept. 24, 1982, in Greenville, S.C.

Top Times- 3000m: 11:35.71; 5000m: 19.50