

# 2007 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD TOP TIMES/MARKS

## 100-Meter Dash

Date	Athlete	Meet	Time
3/24	Nick Lytle	Jim Click Shootout	10.70

## 200-Meter Dash

Date	Athlete	Meet	Time
3/31	Nick Lytle	Weems Baskin Invitational	21.47

## 400-Meter Dash

Date	Athlete	Meet	Time
5/10-13	Ray Miley	SEC Championship	46.31
5/25-26	Jamil James	Regionals	46.50
5/10-13	Derron Flood	SEC Championship	46.53
3/24	Quentin Moore	Jim Click Shootout	47.01
4/6	Keith Hinnant	Florida Relays	47.22

## 800-Meter Run

Date	Athlete	Meet	Time
3/24	Ray Miley	Jim Click Shootout	1:50.00
3/31	Keith Hinnant	Weems Baskin Relay	1:51.76
5/10-13	Johnny Baez	SEC Championship (prelim)	1:52.10

## 1,500-Meter Run

Date	Athlete	Meet	Time
xx			

## 1,600-Meter Sprint Medley

Date	Team	Meet	Time
4/6	USC Team A	Florida Relays	11:58.21

## 3,200-Meter Run

Date	Athlete	Meet	Time
3/31	David Johannesmeyer	Weems Baskin Relay	10:16.07

## 5,000-Meter Run

Date	Athlete	Meet	Time
4/11	David Johannesmeyer	State USATF	15:59.00

## 3,000-Meter Steeplechase

Date	Athlete	Meet	Time
4/6	Daniel Williams	Florida Relays	9:46.14

## 110-Meter Hurdles

Date	Athlete	Meet	Time
3/31	Thomas Hilliard	Penn Relays	13.70

## 400-Meter Hurdles

Date	Athlete	Meet	Time
5/10-13	Thomas Hilliard	SEC Championship (prelim)	49.63
5/25-26	Jussi Heikkila	Regionals	50.28

## 4x100-Meter Relay

Date	Team	Meet	Time
4/21	USC A	NC A&T Invite	41.20
4/13	USC B	Spec Towns National Team Invite	43.22

## 4x400-Meter Relay

Date	Team	Meet	Time
5/10-13	USC Team A	SEC Championship	3:03.86
3/31	USC Team B	Weems Baskin Relay	3:15.13

## 4x800-Meter Relay

Date	Team	Meet	Time
7:38.91			

## High Jump

Date	Athlete	Meet	Mark
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## Pole Vault

Date	Athlete	Meet	Mark
5/10-13	Dan McKenzie	SEC Championship	16'6 3/4"
4/11	Curt McGill	State USATF	11' 3/4"

## Long Jump

Date	Athlete	Meet	Mark
3/31	Aaron Searles	Weems Baskin Relay	22'7 1/4"
3/31	Derek Pressley	Weems Baskin Relay	21'11 3/4"
4/13	Curt McGill	Spec Towns National Team Invite	21'6 3/4"

## Triple Jump

Date	Athlete	Meet	Mark
5/10-13	Derek Pressley	SEC Championship	51'10 1/2"
4/6	Scott Pierce	Florida Relays	46'11"

## Shot Put

Date	Athlete	Meet	Mark
3/15	David Zaycek	Jim Click Shootout	52'10 3/4"
3/15	Jim Mitchell	Hurricane Invite	51'3"

## Discus

Date	Athlete	Meet	Mark
5/25-26	Tyler Trout	Regionals	174'8"
3/31	Brook Antonio	Weems Baskin Relay	161'5 "
3/15	David Zaycek	Hurricane Invite	157'11"
3/31	Joe Schroeder	Weems Baskin Relay	153'3"

## Hammer

Date	Athlete	Meet	Distance
5/10-13	Tyler Trout	SEC Championship	210'10"
4/21	Anthony Faulkner	NC A&T Invite	146'

## Javelin

Date	Athlete	Meet	Distance
5/10-13	Erik Heymann	SEC Championship	223'7"
5/10-13	Joe Schroeder	SEC Championship	207' 6"

## 10,000-Meter Run

Date	Athlete	Meet	Points
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^ NCAA provisional time/mark

~ 200-meter flat track

All tracks are banked or over 200 meters unless denoted otherwise

2007 SOUTH CAROLINA MEN'S OUTDOOR  
TRACK & FIELD TOP TIMES/MARKS

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# 2007 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

## Johnny Baez • Sr. • 6-0 • Nyack, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	800m	7	1:53.96
3/31	Weems Baskin Relay	800m	3	1:54.20
4/6	Florida Relays	800m	1	1:54.13
4/13	Spec Towns National Invite	800m	3	1:54.18
5/10-13	SEC Championship (prelim)	800m	16	1:52.10

## Jason Cook • R-So. • 6-2 • Bristow, Va.

Date	Meet	Event	Finish	Time/Mark
3/31	Weems Baskin Relay	Shot Put	1	53'2 3/4"

## Anthony Faulkner • R-Sr. • 6-1 • Piedmont, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Discus	14	131'5"
3/15	Hurricane Invite	Hammer	11	150'1"
3/24	Jim Click Shootout	Hammer	6	148'6"
3/31	Weems Baskin Relay	Discus	13	122'10"
3/31	Weems Baskin Relay	Hammer	5	149'7"
4/7	Florida Relays	Hammer	10	148'11"
4/11	State USATF	Discus	5	120'7 1/4"
4/11	State USATF	Javelin	3	112'1 1/4"
4/21	NC A&T Invite	Hammer	2	146'
5/10-13	SEC Championship	Hammer	13	137'6"

## Derron Flood • R-Jr. • 6-0 • Chesapeake, Va.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	400m	5	47.55
4/13	Spec Towns National Invite	400m	4	47.30
4/21	NC A&T Invite	400m	9	47.40
5/10-13	SEC Championship (prelim)	400m	8	46.77
5/10-13	SEC Championship	400m	8	46.53
5/25-26	Regionals (prelim)	400m	14	47.25

## Johnathan Hancock • So. • 6-2 • Charlotte, N.C.

Date	Meet	Event	Finish	Time/Mark
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## Jussi Heikkila • R-Jr. • 5-11 • Virrat, Finland

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	400m Hurdles	5	53.11
3/24	Jim Click Shootout	400m Hurdles	4	52.31
3/31	Weems Baskin Relay	400m Hurdles	2	52.37
4/6	Florida Relays	400m Hurdles	3	51.38
4/13	Spec Towns National Invite	400m	7	47.94
4/21	NC A&T Invite	400m Hurdles	7	51.67
4/26	Penn Relays	400m Hurdles	1	51.06
5/10-13	SEC Championship (prelim)	400m Hurdles	5	50.78
5/10-13	SEC Championship	400m Hurdles	5	50.35
5/25-26	Regionals (prelim)	400m Hurdles	4	50.80
5/25-26	Regionals	400m Hurdles	5	50.28

## Erik Heymann • R-Fr. • 5-11 • Westwood, N.J.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Shot Put	12	41'9 3/4"
3/24	Jim Click Shootout	Javelin	9	167'0"
4/26	Penn Relays	Javelin	2	212'1"
5/10-13	SEC Championship	Javelin	3	223'7"

## Thomas Hilliard, IV • R-Sr. • 6-1 • Raleigh, N.C.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	400m Hurdles	2	50.87
3/31	Weems Baskin Relay	100m Hurdles	1	14.18
3/31	Weems Baskin Relay	400m Hurdles	1	51.50
4/6	Florida Relays	110m Hurdles	8	13.94
4/6	Florida Relays	400m Hurdles	2	51.17
4/13	Spec Towns National Invite	400m Hurdles	3	50.71
4/21	NC A&T Invite	110m Hurdles	6	13.70
4/21	NC A&T Invite	400m Hurdles	3	50.49
4/26	Penn Relays	400m Hurdles	5	51.59
4/26	Penn Relays	100m Hurdles	2	13.74
5/10-13	SEC Championship (prelim)	110m Hurdles	4	13.73
5/10-13	SEC Championship	110m Hurdles	4	14.01
5/10-13	SEC Championship (prelim)	400m Hurdles	1	49.63
5/10-13	SEC Championship	400m Hurdles	3	49.89
5/25-26	Regionals (prelim)	110m Hurdles	2	13.97
5/25-26	Regionals	110m Hurdles	1	13.83
5/25-26	Regionals (prelim)	400m Hurdles	6	51.24
5/25-26	Regionals	400m Hurdles	2	49.83

## Keith Hinnant • Jr. • 5-10 • Bay Shore, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/31	Weems Baskin Relay	800m	1	1:51.76
4/6	Florida Relays	400m	7	47.22
4/13	Spec Towns National Invite	400m	6	47.91
5/10-13	SEC Championship (prelim)	400m	18	47.43

## Jamil James • Jr. • 6-0 • Marabella, Trinidad & Tobago

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	400m	4	47.55
3/31	Weems Baskin Relay	400m	1	46.93
4/6	Florida Relays	400m	8	47.52
4/13	Spec Towns National Invite	400m	3	47.28
5/10-13	SEC Championship (prelim)	400m	20	47.67
5/25-26	Regionals (prelim)	400m	6	46.50
5/25-26	Regionals	400m	5	46.28

## David Johannesmeyer • Jr. • 6-0 • Summerville, S.C.

Date	Meet	Event	Finish	Time/Mark
3/31	Weems Baskin Relay	3200m	2	10:16.07
4/11	State USATF	5000m	1	16:10.65

## Sean Leyh • R-Jr. • 6-1 • Stafford, Va.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	800m	28	1:59.69
4/13	Spec Towns National Invite	800m	4	1:55.65

## Jay Lucas, Jr. • Fr. • 5-10 • Florence, S.C.

Date	Meet	Event	Finish	Time/Mark
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## Nick Lytle • Jr. • 5-11 • Spartanburg, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	100m	6	10.72
3/24	Jim Click Shootout	100m	5	10.70
3/24	Jim Click Shootout	200m	6	21.75
3/31	Weems Baskin Relay	100m	3	10.85
3/31	Weems Baskin Relay	200m	2	21.47
4/11	State USATF	100m	1	10.76
4/13	Spec Towns National Invite	100m	3	10.83

# 2007 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

5/10-13 SEC Championship (prelim)	100m	20	10.80
5/10-13 SEC Championship (prelim)	200m	21	21.67

## Curt McGill • So. • 6-0 • Spartanburg, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Decathlon	11	5903
3/24	Jim Click Shootout	400m	13	50.03
3/24	Jim Click Shootout	110m Hurdles	14	15.63
3/24	Jim Click Shootout	Discus	14	119'9"
3/31	Weems Baskin Relay	100m Hurdles	4	15.31
3/31	Weems Baskin Relay	Pole Vault	9	12'5 1/2"
3/31	Weems Baskin Relay	Discus	16	155'
4/6	Florida Relays	110m Hurdles	29	15.40
4/7	Florida Relays	High Jump	--	NH
4/11	State USATF	Pole Vault	3	11'3/4"
4/11	State USATF	Discus	6	118'8"
4/13	Spec Towns National Invite	400m	16	53.79
4/13	Spec Towns National Invite	Javelin	-	Foul
4/13	Spec Towns National Invite	Long Jump	2	21'6 3/4"
4/21	NC A&T Invite	110m Hurdles	21	15.46
4/26	Penn Relays	High Jump	-	NH
4/26	Penn Relays	Shot Put	--	foul
5/10-13 SEC Championship	Decathlon	6	6440	

## Dan McKenzie • Sr. • 5-11 • Salisbury, Md.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Pole Vault	1	16'6 3/4"
3/24	Jim Click Shootout	Pole Vault	1	16'6 3/4"
3/31	Weems Baskin Relay	Pole Vault	3	16'3/4"
4/7	Florida Relays	Pole Vault	--	NH
4/11	State USATF	Pole Vault	2	16'1"
4/13	Spec Towns National Invite	Pole Vault	3	15'7"
4/21	NC A&T Invite	Pole Vault	--	NH
4/26	Penn Relays	Pole Vault	--	NH
5/10-13 SEC Championship	Pole Vault	3	16'6 3/4"	
5/25-26 Regionals	Pole Vault	T8	16'6"	

## Ray Miley • Jr. • 6-0 • Brooklyn, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	400m	2	47.13
3/24	Jim Click Shootout	800m	4	1:53.11
3/31	Weems Baskin Relay	800m	2	1:53.30
4/6	Florida Relays	400m	12	48.12
4/13	Spec Towns National Invite	400m	5	47.39
5/10-13 SEC Championship (prelim)	400m	5	46.99	
5/10-13 SEC Championship	400m	6	46.31	
5/25-26 Regionals (prelim)	400m	9	46.98	

## Jim Mitchell • R-Sr. • 6-2 • Londonderry, N.H.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Shot Put	6	51'3"
3/24	Jim Click Shootout	Discus	13	144'9"
3/24	Jim Click Shootout	Shot Put	8	50' 3 1/2"
3/31	Weems Baskin Relay	Shot Put	—	Foul
4/11	State USATF	Shot Put	3	40'3/4"

## Quentin Moore • Fr. • 5-10 • Chesapeake, Va.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	400m	9	48.40
3/24	Jim Click Shootout	400m	3	47.36
3/31	Weems Baskin Relay	400m	2	47.32
4/6	Florida Relays	400m	3	47.22
4/11	State USATF	100m	4	11.08
5/10-13 SEC Championship (prelim)	400m	17	47.38	

## Scott Pierce • Fr. • 6-2 • Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Decathlon	12	5770
3/24	Jim Click Shootout	400m	11	49.45
3/24	Jim Click Shootout	110m Hurdles	16	17.09
3/24	Jim Click Shootout	Long Jump	10	20'6 1/4"
3/24	Jim Click Shootout	Triple Jump	6	43'10"
3/24	Jim Click Shootout	Discus	16	68'11"
3/31	Weems Baskin Relay	Pole Vault	--	NH
3/31	Weems Baskin Relay	Triple Jump	3	47'9"
4/7	Florida Relays	Triple Jump	1	46'3/4"
4/11	State USATF	Pole Vault	4	10'1/4"
4/11	State USATF	Discus	7	84'7"
4/11	State USATF	Javelin	4	85'10 3/4"
4/13	Spec Towns National Invite	400m	11	50.06
4/13	Spec Towns National Invite	Javelin	10	122'7"
4/13	Spec Towns National Invite	Triple Jump	2	47'5"
4/21	NC A&T Invite	400m	18	50.19
4/21	NC A&T Invite	110m Hurdles	23	16.88
4/21	NC A&T Invite	Triple Jump	6	46'10 1/4"
5/10-13 SEC Championship	Triple Jump	13	45' 1"	

## Derek Pressley • Jr. • 5-8 • Easley, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Long Jump	15	21'3 1/4"
3/15	Hurricane Invite	Triple Jump	8	47'3"
3/24	Jim Click Shootout	Long Jump	---	foul
3/24	Jim Click Shootout	Triple Jump	2	48'11 1/2"
3/31	Weems Baskin Relay	Long Jump	3	21'9"
3/31	Weems Baskin Relay	Triple Jump	2	47'9"
4/7	Florida Relays	Triple Jump	5	46'3/4"
4/13	Spec Towns National Invite	Triple Jump	1	48'5 1/4"
4/21	NC A&T Invite	Triple Jump	3	46'03 3/4"
4/26	Penn Relays	Long Jump	14	21'8 3/4"
4/26	Penn Relays	Triple Jump	10	48' 9"
5/10-13 SEC Championship	Long Jump	--	Foul	
5/10-13 SEC Championship	Triple Jump	2	51' 10 1/2"	
5/25-26 Regionals	Triple Jump	12	49'9"	

## Jason Richardson • Jr. • 6-1 • Cedar Hill, Texas

Date	Meet	Event	Finish	Time/Mark
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## Joe Schroeder • R-Jr. • 6-4 • Simpsonville, S.C.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	Discus	11	149'11"
3/24	Jim Click Shootout	Javelin	7	187'7 3/4"
3/31	Weems Baskin Relay	Discus	5	153'3"
4/26	Penn Relays	Discus	-	foul
5/10-13 SEC Championship	Javelin	6	207' 6"	

## 2007 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

### Aaron Searles • Fr. • 5-11 • Charlotte, N.C.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	Long Jump	8	21'4 1/4"
3/31	Weems Baskin Relay	Long Jump	2	22'7 1/4"
4/7	Florida Relays	Triple Jump	6	44'6 3/4"
4/11	State USATF	Long Jump	1	21'9"
4/13	Spec Towns National Invite	Long Jump	1	22'1 3/4"
4/13	Spec Towns National Invite	Triple Jump	-	NW!
5/10-13	SEC Championship	Long Jump	14	21' 5 1/4"

### Eddie Stoudemire • Fr. • 6-3 • Wellington, Fla.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	800m	42	2:07.28
3/24	Jim Click Shootout	100m	49.98	49.98
3/24	Jim Click Shootout	110m Hurdles	15	16.14
3/24	Jim Click Shootout	Long Jump	7	21'9"
3/24	Jim Click Shootout	Discus	15	103'3"
3/31	Weems Baskin Relay	200m	12	22.90
3/31	Weems Baskin Relay	100m Hurdles	5	15.63
3/31	Weems Baskin Relay	Pole Vault	NH	NH
3/31	Weems Baskin Relay	Discus	20	123'7"
4/6	Florida Relays	110m Hurdles	23	15.22
4/7	Florida Relays	High Jump	--	NH
4/11	State USATF	Pole Vault	5	10'1/4"
4/11	State USATF	Long Jump	2	21'6"
4/11	State USATF	Javelin	1	143'2 1/4"
4/13	Spec Towns National Invite	110M Hurdles	9	16.02
4/13	Spec Towns National Invite	Javelin	7	144'7"
4/21	NC A&T Invite	110m Hurdles	22	15.94
4/26	Penn Relays	Long Jump	15	21' 3 1/2"

### Tyler Trout • R-Sr. • 6-5 • Goose Creek, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Discus	2	161'5"
3/15	Hurricane Invite	Hammer	3	192'11"
3/24	Jim Click Shootout	Discus	5	168'10"
3/24	Jim Click Shootout	Hammer	2	192'2"
3/31	Weems Baskin Relay	Discus	2	164'2"
3/31	Weems Baskin Relay	Hammer	3	188'7"
4/6	Florida Relays	Discus	2	164'10"
4/7	Florida Relays	Hammer	2	192'4"
4/11	State USATF	Discus	1	163'7 3/4"
4/11	State USATF	Hammer	2	195'8"
4/11	State USATF	Shot Put	2	49'8 1/2"
4/13	Spec Towns National Invite	Hammer	5	190'06"
4/13	Spec Towns National Invite	Discus	4	170'1"
4/26	Penn Relays	Discus	5	164' 10"
4/26	Penn Relays	Hammer	14	182' 10"
5/10-13	SEC Championship	Discus	8	173' 5"
5/10-13	SEC Championship	Hammer	4	202'10"
5/25-26	Regionals	Discus	7	174'8"
5/25-26	Regionals	Hammer	5	204'2"

### Daniel Williams • R-So. • 6-2 • Mechanicsville, Va.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	Steeplechase	7	10:03.96
3/31	Weems Baskin Relay	800m	9	2:00.21
3/31	Weems Baskin Relay	Steeplechase	1	9:53.95
4/7	Florida Relays	Steeplechase	10	9:46.14
4/13	Spec Towns National Invite	Steeplechase	6	9:58.02
5/10-13	SEC Championship	Steeplechase	14	9:54.56

### David Zaycek • R-So. • 6-1 • Manasquan, N.J..

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Shot Put	4	52'10 3/4"
3/15	Hurricane Invite	Discus	6	157'11"
3/15	Hurricane Invite	Hammer	14	145'10"
3/24	Jim Click Shootout	Shot Put	4	53'5 1/2"
3/24	Jim Click Shootout	Discus	9	162'7"
3/24	Jim Click Shootout	Hammer	7	146'10"
3/31	Weems Baskin Relay	Shot Pul	5	50'10 1/4"
3/31	Weems Baskin Relay	Discus	6	150'8"
4/6	Florida Relays	Discus	12	142'4"
4/11	State USATF	Shot Put	1	50'7 1/2"
4/11	State USATF	Discus	4	148'1/2"
4/13	Spec Towns National Invite	Shot Put	3	52'7 1/4"
4/13	Spec Towns National Invite	Discus	11	129'1"
4/26	Penn Relays	Shot Put	9	51' 10 1/2"
4/26	Penn Relays	Discus	22	137' 3"
5/10-13	SEC Championship	Shot Put	13	51'8 1/2"
5/10-13	SEC Championship	Discus	13	146' 3"

# 2007 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD TOP TIMES/MARKS

## 100-Meter

Date	Athlete	Meet	Time
4/21	Shalonda Solomon	NC A&T Invite	11.33
4/11	Sharee Howze	State USATF	12.31

## 200-Meter Dash

Date	Athlete	Meet	Time
5/25-26	Natasha Hastings	Regionals	22.61
5/10-13	Shalonda Solomon	SEC Championship (prelim)	22.74
3/24	Faraign Giles	Jim Click Shootout	24.43
3/31	Brandi Cross	Weems Baskin Relay	24.66

## 400-Meter Dash

Date	Athlete	Meet	Time
3/31	Natasha Hastings	Weems Baskin Relay	50.55
5/10-13	Krystal Cantey	SEC Championship (prelim)	52.80
3/24	Stephanie Smith	Jim Click Shootout	53.00
4/11	Faraign Giles	State USATF	53.87
3/15	Brandi Cross	Florida Relays	53.78

## 800-Meter Run

Date	Athlete	Meet	Time
3/31	Jessica Nichols	Weems Baskin Relay	2:21.69
3/31	Nikeshia Brown	Weems Baskin Relay	2:24.03

## 1,500-Meter Run

Date	Athlete	Meet	Time
5/10-13	Rebecca Chain	SEC Championship	4:39.22
3/15	Kelsey Bristol	Spec Towns National Team Invite	4:46.70

## Mile Run

Date	Athlete	Meet	Time
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## 3,000-Meter Run

Date	Athlete	Meet	Time
3/15	Casey Gale	Hurricane Invite	10:15.67

## 5,000-Meter Run

Date	Athlete	Meet	Time
3/15	Megan Robers	State USATF	19:23.88

## 3,000-Meter Steeplechase

Date	Athlete	Meet	Time
xx			

## 100-Meter Hurdles

Date	Athlete	Meet	Time
4/21	Chiquita Martin	NC A&T Invite	13.28
3/31	Ronnetta Alexander	Weems Baskin Relay	13.52
4/11	Trier Young	State USATF	13.68
4/13	Brittney James	Spec Towns National Team Invite	13.73

## 400-Meter Hurdles

Date	Athlete	Meet	Time
5/25-26	Krystal Cantey	Regionals	56.21
5/10-13	Chiquita Martin	SEC Championship (prelim)	57.96
5/10-13	Trier Young	SEC Championship (prelim)	1:00.03
5/10-13	Tawana Watkins	SEC Championship (prelim)	1:00.16

## 4x100-Meter Relay

Date	Team	Meet	Time
3/31	USC-Team A	Weems Baskin Relay	43.25
4/11	USC-Team B	State USATF	56.79

## 4x200-Meter Relay

Date	Team	Meet	Time
3/31	USC-Team A	Florida Relays	1:32.16

## 4x400-Meter Relay

Date	Team	Meet	Time
5/10-13	USC Team A	SEC Championship (prelim)	3:28.44
4/7	USC Team B	Florida Relays	3:31.64
3/15	South Carolina	Hurricane Invite	3:37.73

## 1,600- Sprint Medley

Date	Team	Meet	Time
4/7	USC Team A	Florida Relays	3:55.99

## High Jump

Date	Athlete	Meet	Mark
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## Pole Vault

Date	Athlete	Meet	Mark
3/24	Liza Todd	Jim Click Shootout	12'1 3/4
3/15	Sallie Gurganus	Hurricane Invite	12'1 1/2"
4/21	CaAdrian Norman	NC A&T Invite	10'11 3/4"
3/15	Emily Pease	Hurricane Invite	10'8"

## Long Jump

Date	Athlete	Meet	Mark
5/10-13	Brittney James	SEC Championship (prelim)	19'11

## Triple Jump

Date	Athlete	Meet	Mark
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## Shot Put

Date	Athlete	Meet	Mark
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## Discus

Date	Athlete	Meet	Mark
4/13	Precious Atkins	Spec Towns National Team Invite	170'2

## Hammer

Date	Athlete	Meet	Time
xx			

## Javelin

Date	Athlete	Meet	Mark
3/31	Brittney James	Weems Baskin Relay	103'10"

## 10,000-Meter Run

Date	Athlete	Meet	Points
xx			

## 2007 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD TOP TIMES/MARKS

### Heptathalon

Date	Athlete	Meet	Points
3/15	Reanna Townsend	Hurricane International	4586

^ NCAA provisional time/mark

\* NCAA automatic time/mark

~ 200-meter flat track

All tracks are banked or over 200 meters unless denoted otherwise



## 2007 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

### Precious Akins • Sr. • 5-10 • Summerville, S.C.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	Discus	5	160'2"
3/31	Weems Baskin Relay	Discus	1	164'10 3/4"
4/13	Spec Towns National Invite	Discus	1	170'2"
4/26	Penn Relays	Discus	-	--
5/10-13	SEC Championship (prelim)	Discus	1	51.18
5/25-26	Regionals	Discus	4	169' 3/4"

### Ronnetta Alexander • Sr. • 5-7 • Williamsville, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	100m Hurdles	3	13.66
3/31	Weems Baskin Relay	100m Hurdles	3	13.52
4/6	Florida Relays	100m Hurdles	4	13.57
4/11	State USATF	100m Hurdles	1	13.65
4/13	Spec Towns National Invite	100m Hurdles	4	14.22
5/10-13	SEC Championship (prelim)	100m Hurdles	8	13.54
5/10-13	SEC Championship	100m Hurdles	8	13.84

### Kelsey Bristol • So. • 5-8 • Brandville, Mich.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	1500m	6	4:49.36
3/24	Jim Click Shootout	1500m	10	4:52.97
3/31	Weems Baskin Relay	800m	7	2:26.15
3/31	Weems Baskin Relay	1500m	1	4:52.11
4/6	Florida Relays	1500m	21	4:49.17
4/13	Spec Towns National Invite	1500m	6	4:46.70
5/10-13	SEC Championship (prelim)	1500m	18	4:52.79

### Nikeshia Brown • Jr. • 5-9 • Hempstead, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	200m	42	26.27
3/15	Hurricane Invite	400m	26	57.98
3/24	Jim Click Shootout	200m	15	25.79
3/24	Jim Click Shootout	200m	18	27.79
3/24	Jim Click Shootout	800m	13	2:23.29
3/31	Weems Baskin Relay	800m	4	2:24.03
4/13	Spec Towns National Invite	800m	12	2:18.58
4/21	NC A&T Invite	400m	13	57.74
5/10-13	SEC Championship (prelim)	400m	--	DNF
5/10-13	SEC Championship (prelim)	800m	21	2:21.74

### Krystal Cantey • Fr. • 5-10 • Winslow Township, N.J.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Hurdles	1	58.35
3/24	Jim Click Shootout	400m Hurdles	1	57.91
3/31	Weems Baskin Relay	100m Hurdles	8	14.89
3/31	Weems Baskin Relay	400m Hurdles	1	57.74
4/6	Florida Relays	400m Hurdles	1	57.40
4/13	Spec Towns National Invite	400m	1	54.13
4/26	Penn Relays	400m Hurdles	2	57.88
5/10-13	SEC Championship (prelim)	400m	6	52.80
5/10-13	SEC Championship	400m	--	FS
5/10-13	SEC Championship (prelim)	400m Hurdles	3	58.59
5/10-13	SEC Championship	400m Hurdles	2	57.05
5/25-26	Regionals (prelim)	400m Hurdles	5	58.90
5/25-26	Regionals	400m Hurdles	2	56.21

### Rebecca Chain • Jr. • 5-6 • Ridgefield, Conn.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	1500m	11	4:57.43
4/6	Florida Relays	1500m	16	4:43.54
4/13	Spec Towns National Invite	1500m	5	4:41.06
5/10-13	SEC Championship (prelim)	1500m	11	4:37.18
5/10-13	SEC Championship	1500m	12	4:39.22

### Kettiany Clarke • So. • 5-7 • West Palm Beach, Fla.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	800m	38	2:28.97
3/24	Jim Click Shootout	800m	14	2:24.84

### Brandi Cross • Fr. • 5-6 • Missouri City, Texas

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	400m	1	54.11
3/24	Jim Click Shootout	400m	8	54.56
3/31	Weems Baskin Relay	200m	4	24.66
3/31	Weems Baskin Relay	400m	3	54.80
4/6	Florida Relays	400m	8	53.78
4/21	NC A&T Invite	400m	6	55.17
5/10-13	SEC Championship (prelim)	400m	11	54.31

### Casey Gale • R-Fr. • 5-3 • Pickens, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	3000m	3	10:15.67
3/24	Jim Click Shootout	3000m	7	10:34.54
3/31	Weems Baskin Relay	3200m	1	11:05.36
4/7	Florida Relays	5000m	6	17:42.07
4/13	Spec Towns National Invite	5000m	7	17:58.99
4/26	Penn Relays	5000m	26	17:32.19
5/10-13	SEC Championship (prelim)	10000m	--	DNF

### Faraigh Giles • Jr. • 5-5 • Virginia Beach, Va.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	400m	2	54.11
3/24	Jim Click Shootout	200m	7	24.43
3/24	Jim Click Shootout	400m	7	54.52
4/6	Florida Relays	400m	11	54.70
4/11	State USATF	400m	1	53.87
4/13	Spec Towns National Invite	400m	2	54.91
4/21	NC A&T Invite	400m	3	53.94
5/10-13	SEC Championship (prelim)	400m	16	55.57

### Sallie Gurganus • Fr. • 5-8 • Todd, N.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Pole Vault	2	12'1 3/4"
3/24	Jim Click Shootout	Pole Vault	T9	11'7 3/4"
3/31	Weems Baskin Relay	Pole Vault	7	11'11 3/4"
4/11	State USATF	Pole Vault	1	11'5 3/4"
4/13	Spec Towns National Invite	Pole Vault	2	11'11 3/4"
4/21	NC A&T Invite	Pole Vault	1	11'11 1/4"
4/26	Penn Relays	Pole Vault	--	NH
5/10-13	SEC Championship	Pole Vault	T9	11'7 3/4"



# 2007 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

## Natasha Hastings • Jr. • 5-8 • Rosedale, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	200m	1	23.01
3/24	Jim Click Shootout	400m	1	51.02
3/31	Weems Baskin Relay	400m	1	50.55
5/10-13	SEC Championship (prelim)	200m	2	22.78
5/10-13	SEC Championship	200m	4	22.92
5/10-13	SEC Championship (prelim)	400m	1	51.10
5/10-13	SEC Championship	400m	1	50.84
5/25-56	Regionals (prelim)	200m	1	22.61
5/25-56	Regionals	200m	1	22.62
5/25-56	Regionals (prelim)	400m	4	53.14
5/25-56	Regionals	400m	1	50.23

## Dishari'ck Howze • Jr. • 5-3 • Rock Hill, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	100m	19	12.38
3/24	Jim Click Shootout	100m	8	12.47
3/31	Weems Baskin Relay	100m	8	12.45
4/11	State USATF	100m	1	12.31
4/13	Spec Towns National Invite	100m	3	12.33
4/13	Spec Towns National Invite	200m	7	25.81
4/21	NC A&T Invite	100m	20	12.61
5/10-13	SEC Championship (prelim)	100m	24	12.49
5/10-13	SEC Championship (prelim)	200m	27	25.73

## Brittney James • So. • 5-9 • Columbia, Sd.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Hurdles	9	14.44
3/15	Hurricane Invite	Long Jump	36	
3/24	Jim Click Shootout	200m	19	30.39
3/24	Jim Click Shootout	100m Hurdles	6	14.09
3/24	Jim Click Shootout	Long Jump	5	
3/31	Weems Baskin Relay	100m Hurdles	6	14.40
3/31	Weems Baskin Relay	Long Jump	1	
4/6	Florida Relays	Long Jump	7	19.69
4/6	Florida Relays	100m Hurdles	8	13.84
4/11	State USATF	100m Hurdles	2	13.68
4/11	State USATF	Long Jump	2	13'9"
4/13	Spec Towns National Invite	100m Hurdles	2	13.73
4/26	Penn Relays	Long Jump	4	19'9" 1/2"
5/10-13	SEC Championship (prelim)	100m Hurdles	13	13.96
5/10-13	SEC Championship	Long Jump	7	19'11"
5/25-26	Regionals (prelim)	100m Hurdles	14	13.79
5/25-26	Regionals	Long Jump	6	20'6"

## Chelsea Kaczmarek • Sr. • 5-6 • Davenport, Iowa

Date	Meet	Event	Finish	Time/Mark
4/11	State USATF	Javelin	1	103'10"

## Chiquita Martin • Sr. • 5-5 • Anderson, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	100m Hurdles	4	13.78
3/15	Hurricane Invite	400m Hurdles	3	59.49
3/24	Jim Click Shootout	100m Hurdles	1	13.35
3/24	Jim Click Shootout	400m Hurdles	2	59.25
3/31	Weems Baskin Relay	100m Hurdles	2	13.42
3/31	Weems Baskin Relay	400m Hurdles	4	59.38
4/6	Florida Relays	100m Hurdles	2	13.37
4/13	Spec Towns National Invite	100m Hurdles	1	13.51
4/13	Spec Towns National Invite	400m Hurdles	1	58.64
4/21	NC A&T Invite	100m Hurdles	2	13.28
4/26	Penn Relays	400m Hurdles	3	58.33
5/10-13	SEC Championship (prelim)	100m Hurdles	6	13.60
5/10-13	SEC Championship	100m Hurdles	4	13.44
5/10-13	SEC Championship (prelim)	400m Hurdles	2	57.96
5/10-13	SEC Championship	400m Hurdles	3	58.01
5/25-26	Regionals (prelim)	100m Hurdles	8	13.48
5/25-26	Regionals	100m Hurdles	3	13.14
5/25-26	Regionals (prelim)	400m Hurdles	8	58.90
5/25-26	Regionals	400m Hurdles	6	58.31

## Lisa McKinney • Fr. • 5-4 • Dowington, Pa.

Date	Meet	Event	Finish	Time/Mark
xx				

## Christine Mudd • R-Jr. • 5-10 • Columbus, Ohio

Date	Meet	Event	Finish	Time/Mark
4/11	State USATF	Javelin	2	88'6"
4/13	Spec Towns National Invite	Javelin	7	90'2"
4/21	NC A&T Invite	Javelin	4	81'2"

## Jessica Nichols • Fr. • 5-3 • Moncks Corner, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	800m	27	2:24.87
3/31	Weems Baskin Relay	800m	2	2:21.69

## CaAdrian Norman • R-Fr. • 5-4 • Arlington, Tenn.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Pole Vault	T8	10'8"
3/24	Jim Click Shootout	Pole Vault	15	10'8"
3/31	Weems Baskin Relay	Pole Vault	11	11'0"
4/7	Florida Relays	Pole Vault	10	11'0"
4/11	State USATF	Pole Vault	4	10'0"
4/13	Spec Towns National Invite	Pole Vault	8	10'0"
4/21	NC A&T Invite	Pole Vault	T2	10'11 3/4"
5/10-13	SEC Championship	Pole Vault	--	NH

## Emily Pease • R-So. • 5-7 • Moon Township, Pa.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Pole Vault	T10	10'8"
3/24	Jim Click Shootout	Pole Vault	14	10'8"
3/31	Weems Baskin Relay	Pole Vault	9	11'0"
4/7	Florida Relays	Pole Vault	5	11'0"
4/11	State USATF	Pole Vault	--	NH
4/13	Spec Towns National Invite	Pole vault	7	10'11 3/4"
5/10-13	SEC Championship	Pole Vault	--	NH

## Anna Petrov • R-So. • 5-7 • Albuquerque, N.M.

Date	Meet	Event	Finish	Time/Mark
xx				

# 2007 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

## Callie Rabun • R-So. • 5-5 • Alpharetta, Ga.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	3000m	13	11:09.46
3/31	Weems Baskin Relay	1500m	7	5:05.95
4/7	Florida Relays	5000m	13	18:15.34
4/13	Spec Towns National Invite	5000m	11	18:41.59
5/10-13	SEC Championship (prelim)	10000	--	DNF

## Megan Robers • R-Fr. • 5-3 • Cincinnati, Ohio

Date	Meet	Event	Finish	Time/Mark
3/31	Weems Baskin Relay	3200m	7	12:53.83
4/11	State USATF	5000m	3	19:23.88

## Stephanie Smith • Sr. • 5-9 • Macon, Ga.

Date	Meet	Event	Finish	Time/Mark
3/24	Jim Click Shootout	400m	3	53.00
4/6	Florida Relays	400m	4	53.17

## Shalonda Solomon • Jr. • 5-6 • Inglewood, Calif.

Date	Meet	Event	Finish	Time/Mark
4/13	Spec Towns National Invite	200m	1	23.09
4/21	NC A&T Invite	100m	1	11.33
5/10-13	SEC Championship (prelim)	100m	5	11.43
5/10-13	SEC Championship	100m	1	11.40
5/10-13	SEC Championship (prelim)	200m	1	22.74
5/10-13	SEC Championship	200m	3	22.88
5/25-26	Regional	100m	11	11.70

## Liza Todd • So. • 5-6 • Columbia, S.C.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Pole Vault	T4	11'7 3/4"
3/24	Jim Click Shootout	Pole Vault	T6	12'1 3/4"
3/31	Weems Baskin Relay	Pole Vault	5	11'11 3/4"
4/6	Florida Relays	Pole Vault	9	11'0"
4/11	State USATF	Pole Vault	2	10'11 3/4"
4/13	Spec Towns National Invite	Pole Vault	3	11' 5 3/4"
4/21	NC A&T Invite	Pole Vault	T2	10'11 3/4"
4/26	Penn Relays	Pole Vault	4	11'05 3/4"
5/10-13	SEC Championship	Pole Vault	11	11" 7 3/4"

## Reanna Townsend • Sr. • 5-5 • Baton Rouge, La.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	Heptathlon	1	4586
3/24	Jim Click Shootout	100m Hurdles	11	14.58
3/24	Jim Click Shootout	High Jump	9	5'1"
3/24	Jim Click Shootout	Long Jump	10	17'11 1/4"
3/31	Weems Baskin Relay	100m Hurdles	10	15.06
3/31	Weems Baskin Relay	High Jump	6	5'1"
4/6	Florida Relays	100m Hurdles	17	14.40
4/7	Florida Relays	Javelin	13	98'8"
4/13	Spec Towns National Invite	100m Hurdles	9	15.04
4/13	Spec Towns National Invite	Javelin	6	100'1"
4/13	Spec Towns National Invite	Long Jump	9	18'1'2"
4/13	Spec Towns National Invite	Triple Jump	11	35'7 1/4"
4/21	NC A&T Invite	100m Hurdles	9	14.45
4/26	Penn Relays	Long Jump	16	17' 6 3/4"

## Tawana Watkins • R-Sr. • 5-6 • Newark, N.J.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	400m Hurdles	6	1:02.30
3/24	Jim Click Shootout	400m Hurdles	4	1:01.041
3/31	Weems Baskin Relay	100m Hurdles	12	15.98
3/31	Weems Baskin Relay	400m Hurdles	7	1:01.98
4/11	State USATF	400m	2	54.87
4/13	Spec Towns National Invite	400m Hurdles	2	1:00.51
4/26	Penn Relays	400m Hurdles	17	1:01.17
5/10-13	SEC Championship (prelim)	400m	15	55.48
5/10-13	SEC Championship (prelim)	400m Hurdles	7	1:00.16
5/10-13	SEC Championship	400m Hurdles	8	1:01.37

## Becky Woods • R-Fr. • 5-5 • Galway, N.Y.

Date	Meet	Event	Finish	Time/Mark
3/31	Weems Baskin Relay	3200m	7	12:39.37

## Trier Young • So. • 5-6 • Neptune, N.J.

Date	Meet	Event	Finish	Time/Mark
3/15	Hurricane Invite	100m Hurdles	5	13.81
3/15	Hurricane Invite	400m Hurdles	5	1:01.87
3/24	Jim Click Shootout	100m Hurdles	7	14.19
3/31	Weems Baskin Relay	100m Hurdles	4	13.72
3/31	Weems Baskin Relay	400m Hurdles	6	1:01.79
4/6	Florida Relays	400m Hurdles	9	1:01.68
4/11	State USATF	100m Hurdles	2	13.68
4/11	State USATF	400m Hurdles	2	1:02.23
4/13	Spec Towns National Invite	400m Hurdles	--	DNF
4/21	NC A&T Invite	100m Hurdles	7	13.94
4/21	NC A&T Invite	400m Hurdles	5	1:00.96
4/26	Penn Relays	400m Hurdles	25	1:02.03
5/10-13	SEC Championship (prelim)	100m Hurdles	17	14.07
5/10-13	SEC Championship (prelim)	400m Hurdles	6	1:00.03
5/10-13	SEC Championship	400m Hurdles	5	1:00.08
5/25-26	Regionals (prelim)	100m Hurdles	22	14.03

## 4x100-Meter Relay

Date	Meet	Team	Finish	Time
3/15	Hurricane Invite	USC- A	3	45.24
3/24	Jim Click Shootout	USC-B	---	DNF
3/24	Jim Click Shootout	USC-A	3	45.77
3/31	Weems Baskin Relay	USC-A	1	43.25
3/31	Weems Baskin Relay	USC-B	7	48.33
4/7	Florida Relays	USC-A	1	53.87
4/11	State USATF	USC-A	1	47.61
4/11	State USATF	USC-B	2	56.79
4/13	Spec Towns National Invite	USC-A	1	46.36
4/13	Spec Towns National Invite	USC-B	4	47.05
4/21	NC A&T Invite	USC A	3	44.35
4/26	Penn Relays	USC-A	2	44.71
4/26	Penn Relays	USC	2	43.80
5/10-13	SEC Championship		1	43.33
5/25-26	Regionals (prelim)	USCA	3	44.63
5/25-26	Regionals	USC-A	3	44.35

## 4x200-Meter Relay

Date	Meet	Team	Finish	Time
4/6	Florida Relays	USC A	1	1:32.16
4/26	Penn Relays	USC	3	1:33.86
4/26	Penn Relays	USC	q	1:31.56

## 2007 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

### 4x400-Meter Relay

Date	Meet	Team	Finish	Time
3/15	Hurricane Invite	USC A	1	3:37.73
3/24	Jim Click Shootout	USC-A	1	3:33.89
3/24	Jim Click Shootout	USC-B	6	3:57.91
3/31	Weems Baskin Relay	USC-A	1	3:30.98
3/31	Weems Baskin Relay	USC-C	4	3:42.36
3/31	Weems Baskin Relay	USC-B	6	3:52.71
4/7	Florida Relays	USC A	1	3:31.58
4/7	Florida Relays	USC-B	2	3:37.64
4/13	Spec Towns National Invite	USC-A	1	3:40.66
4/13	Spec Towns National Invite	USC-B	9	4:30.54
4/26	Penn Relays	USC-A	6	3:38.32
4/26	Penn Relays	USC	1	3"29.78
5/10-13	SEC Championship		1	3:38.44
5/25-26	Regionals	USC-A	1	3:30.25

### 1600 Sprint Medley

Date	Meet	Team	Finish	Time
4/7	Florida Relays	USC-A	4	3:55.99
4/26	Penn Relays	USC	27	4:06.26

### Distance Medley Relay

Date	Meet	Team	Finish	Time
4/7	Florida Relays	USC-A	4	11:58.21
4/26	Penn Relays	USC-A	15	12:30.27

^ NCAA provisional time/mark

\* NCAA automatic time/mark~ 200-meter flat track

All tracks are banked or over 200 meters unless denoted otherwise