

SOUTH CAROLINA TRACK AND FIELD



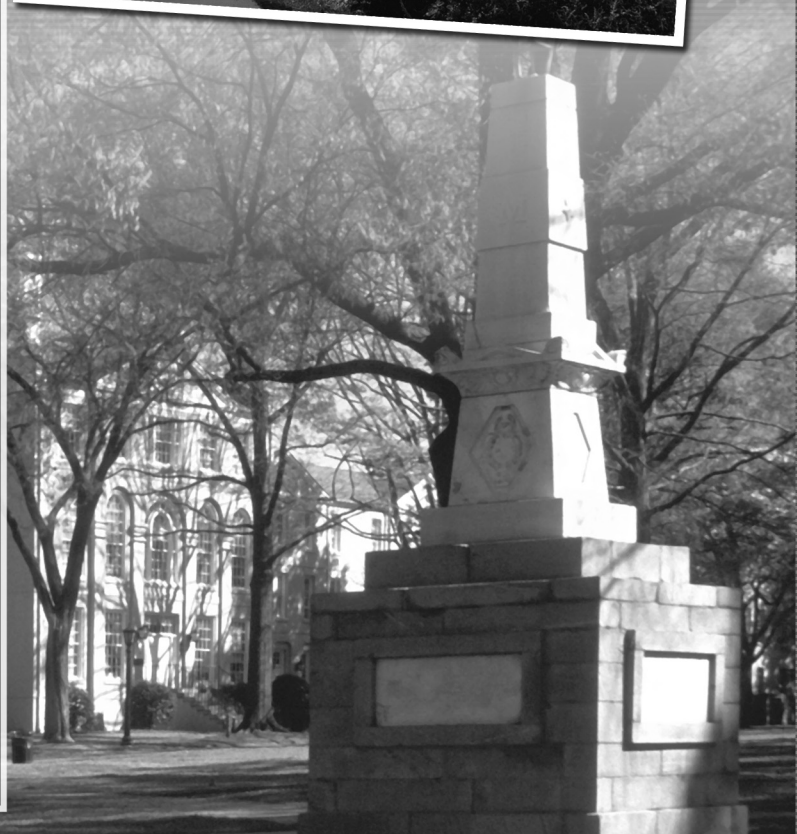
**WHY
CAROLINA?**

THE CAROLINA CAMPUS

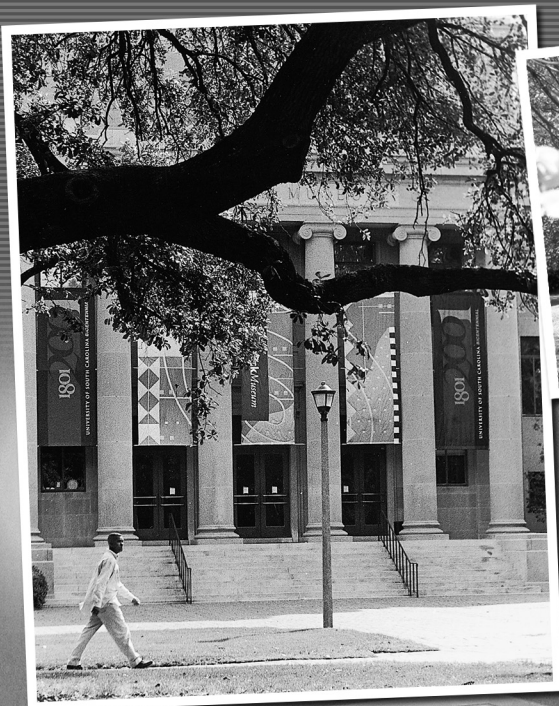
The University of South Carolina At A Glance...

- The University of South Carolina's graduate program in international business is the top-ranked public university program in the country and No. 2 among all institutions, according to U.S. News & World Report. The ranking marks the 16th consecutive year that the program at the Moore School of Business has been ranked either No. 1 or 2
- Dr. Larry Durstine, chairman of the department of exercise science at the University of South Carolina's Arnold School of Public Health, has been named president-elect of the American College of Sports Medicine. Durstine, who will become president in June 2006, is the third USC faculty member to be named to the prestigious post.
- A University of South Carolina cancer research team, headed by Dr. James Hebert, has been awarded a \$2.5 million grant from the National Institutes of Health as part of a \$95 million national effort to reduce cancer among minorities and the poor, who have higher rates of the disease. USC is one of 25 institutions that constitute the Community Networks Program that will address the incidence of cancer in various groups.
- The Greater Columbia Chamber of Commerce honored University of South Carolina President Andrew Sorensen with its 2005 Ambassador of the Year Award Thursday, April 21. Sorensen, who has been Carolina's president since July 2002, was honored for eliminating boundaries between the university and the city, his policies of inclusiveness and his steadfast support of economic development. Most significantly, Sorensen was cited for expanding the vision for the future of the university and the Columbia Riverbanks region.
- Three South Carolina Honors College students at the University of South Carolina were recently named 2005 Barry M. Goldwater scholars. Rita Czako of Columbia, Alisha Epps of Gilbert and Christopher Mitchell of Kingsport, Tenn., were among the 317 Goldwater scholars chosen from a pool of 1,091 applicants nationwide. Named for the late U.S. senator, the program is based on academic merit, with scholarships awarded for one or two years of study.
- The Amy V. Cockcroft Nursing Leadership Development Program, named for the first dean of USC's College of Nursing, was the first of its kind to focus on the need to prepare nurse leaders who could work in all types of healthcare settings and help shape healthcare policy. Now in its 10th year, the program has provided leadership training to 80 Cockcroft Fellows, including 16 nurses selected for the 2005 - 06 class. Graduates of the program are working in 10 states.
- The University of South Carolina's new outdoor wireless network, active as of March 1, allows users of properly outfitted laptop computers access to the Internet without cable connections at most outdoor locations on campus.
- Matthew Wilkinson of Aiken and Jeremy Wolfe of Danville, Ky., seniors in South Carolina Honors College at the University of South Carolina, were named to the *USA TODAY* All-USA academic teams.
- USC archaeologist Dr. Albert Goodyear has uncovered evidence along the Savannah River in Allendale County that suggests humans inhabited North America well before the last ice age more than 50,000 years ago. The findings have shaken all accepted theories about man's history on the continent.
- USC has one of the most comprehensive string music education programs in the country. The program's nationally lauded String Project, an effort for USC string-music education majors to teach area school children to play stringed instruments, has been featured in the *New York Times* and is the national model for similar programs at universities and colleges throughout the country.
- The university libraries house many comprehensive, valuable collections, including the papers and letters of Ernest Hemingway and related materials, Gen. William C. Westmoreland, the world's most comprehensive collection of F. Scott Fitzgerald research materials, the literary archive of writer Joseph Heller, the archive of James Elroy and a collection of books, stamps, letters and material associated with the Italian patriot Giuseppe Garibaldi.
- The university's West Quadrangle Living Learning Center, known as the "green dorm," is the largest green residential hall in the world. The residential hall, which includes a 9,000 square-foot Learning Center, opened last fall.
- The Strom Thurmond Wellness & Fitness Center is a world-class facility dedicated to healthy lifestyles and physical fitness and is one of the most comprehensive in the United States.
- University of South Carolina geographer Dr. Susan Cutter has been tapped by U.S. Secretary of Homeland Security Tom Ridge to co-lead a U.S.-sponsored social and behavioral research center dedicated to reducing worldwide terrorism.
- The McCutchen House - located on the historic Horseshoe - serves as food service laboratories for the School of Hotel, Restaurant, and Tourism Management. HRTM students prepare and serve a gourmet lunch buffet, which is open to the public during the fall and spring semesters.
- Alexis Bass, a University of South Carolina junior advertising major from Aiken, has been selected for an internship by The Advertising Club of New York. She will work with TargetCast TCM from early June to mid-August. TargetCast TCM specializes in communications planning, including Internet advertising and direct-response advertising. Bass was chosen from more than 200 students nationally.

Founded in 1801, the University of South Carolina campus is one of historic beauty and is alive with activity. From the Horseshoe, site of the original campus, to the new Strom Thurmond Wellness Center, the Carolina campus offers something for everyone.



A CLOSER LOOK



COLUMBIA, S.C.

Located in the heart of South Carolina, Columbia is a city that combines the graces of a rich past with the vibrance of the emerging Southeast. Columbia has become the commercial and governmental center for the state and has developed its banking, commerce, industry, government and education into one of the most diversified economies in the Southeast.



The City of Columbia, S.C. History Notes and Tidbits...

- Columbia was first incorporated in 1806 and was one of the first planned cities in the U.S.
- The capital city was named Columbia, a name derived from a poem by Phyllis Wheatley, a slave girl from Massachusetts. She used the name to describe the personality of the United States as a beautiful heroine.
- Columbia is a thriving community with an abundance of business opportunities after graduation.
- The S.C. College, known today as the University of South Carolina, was chartered in 1801.
- The Sixth National Cantonment, later named Camp Jackson and then Fort Jackson was established in 1917 to prepare soldiers for World War I.
- In 2004, Columbia was named the No. 1 Medium-Sized College City by www.ePodunk.com.



A GREAT PLACE TO LIVE

Weather High — Lows

Months	Highs	Lows
January	58°F	36° F
February.....	63°F	40° F
March	71°F	47° F
April.....	80°F	53° F
May	86°F	61° F
June	92°F	68° F
July.....	95°F	72° F
August.....	93°F	71° F
September	88°F	66° F
October	79°F	54° F
November	69°F	45° F
December.....	61°F	39° F



"Columbia is just the right size. There's plenty to do, yet it's not so big that it overwhelms you. I think Columbia is a great city and a great college town all in one. It's hard to beat that. A lot of players like to make Columbia their home once they finish their college career. I know I did."

• Todd Ellis

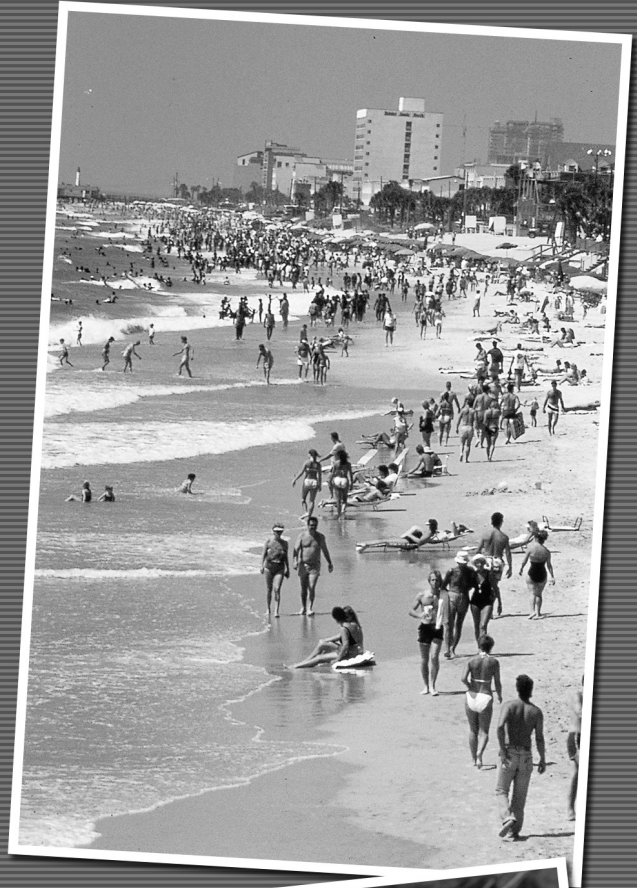
*Former Gamecock Quarterback
Attorney and Radio Voice of the Gamecocks*

SOUTH CAROLINA

Smiling Faces ... Beautiful Places ... That indeed describes the hospitality and beauty of South Carolina - The Palmetto State. From the Midlands to the beaches, to the mountains of the Upstate, South Carolina is certainly one of the most scenic and thriving states in all of America. South Carolina features it all - more than 60 miles of wide, white beaches stretching from Georgetown to the North Carolina border, which includes the popular resort of Myrtle Beach, to the foothills and mountains of the northwestern part of the state. All points are within a two-hour drive of Columbia, site of the University of South Carolina.

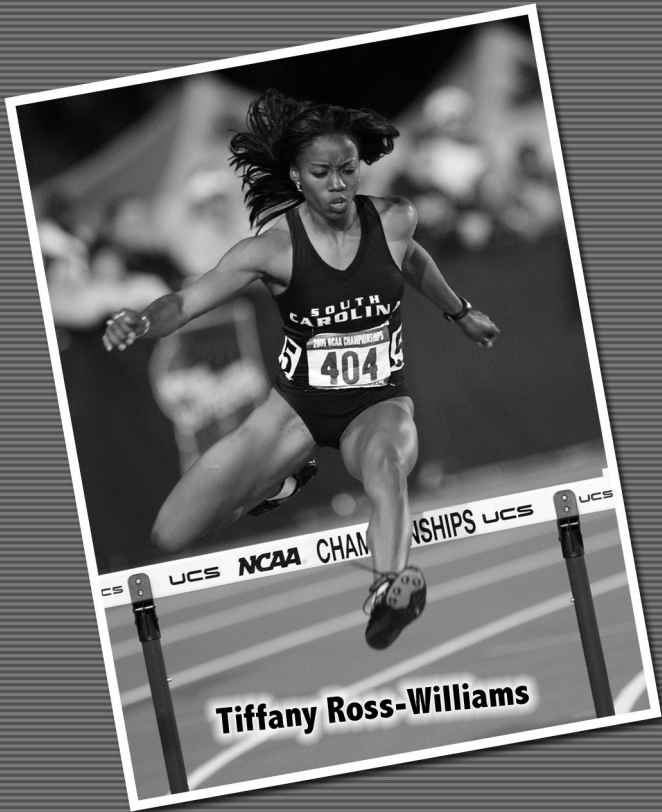


THE PALMETTO STATE



GAMECOCK ATHLETICS

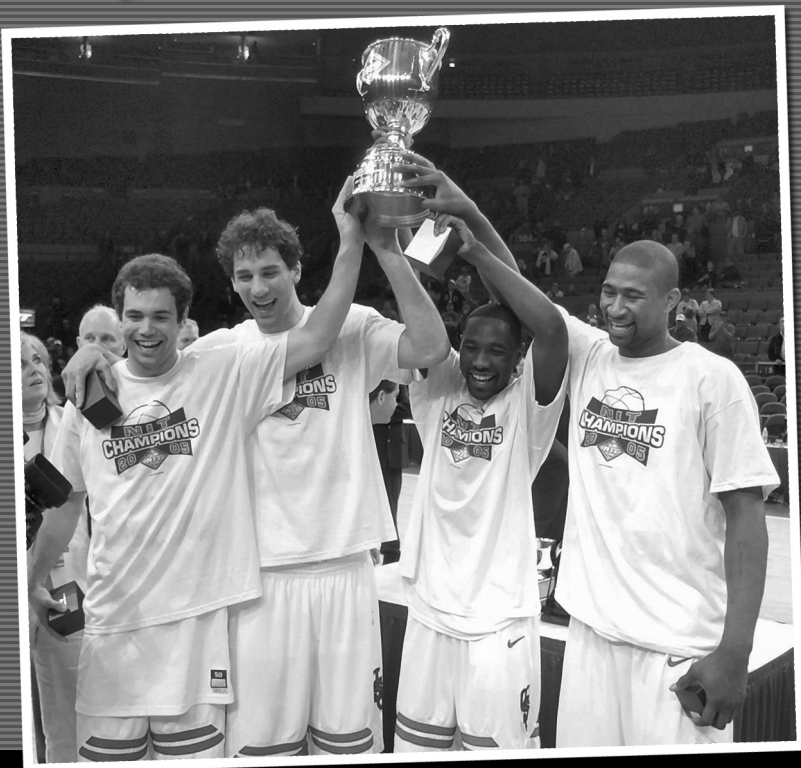
The University of South Carolina Athletics Department features a well-rounded sports program that is committed to excellence and has established goals of winning championships across the board. Featuring a coaching staff that includes five former National Coaches of the Year, the Gamecock leadership is dedicated to providing each and every student-athlete with the opportunity to reach his or her potential.



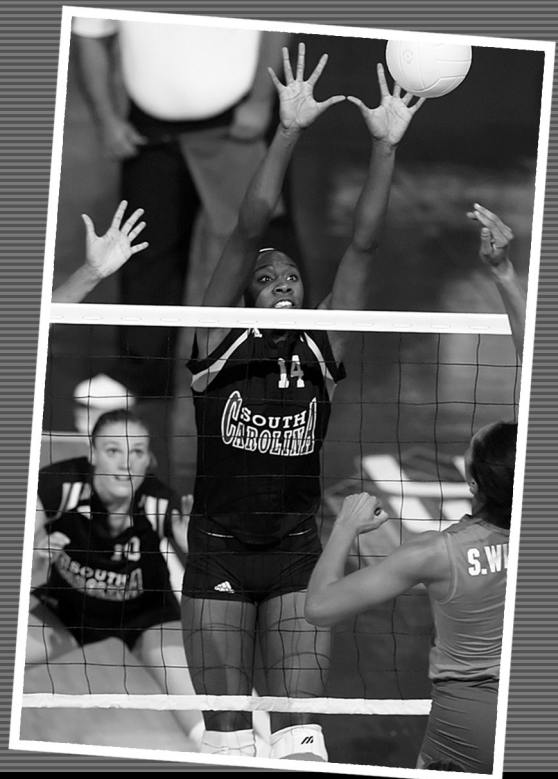
Tiffany Ross-Williams



2005 Equestrian National Team Champions



2005 NIT Basketball Champions



Shonda Cole

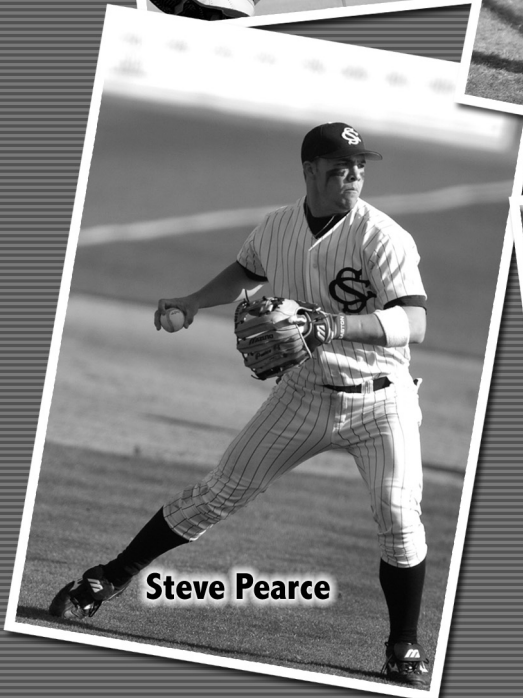
A CHAMPIONSHIP PROGRAM



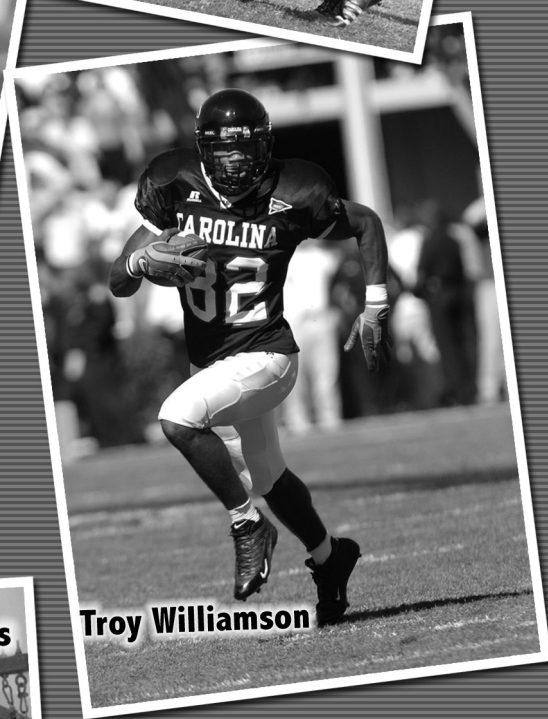
Mark Anderson



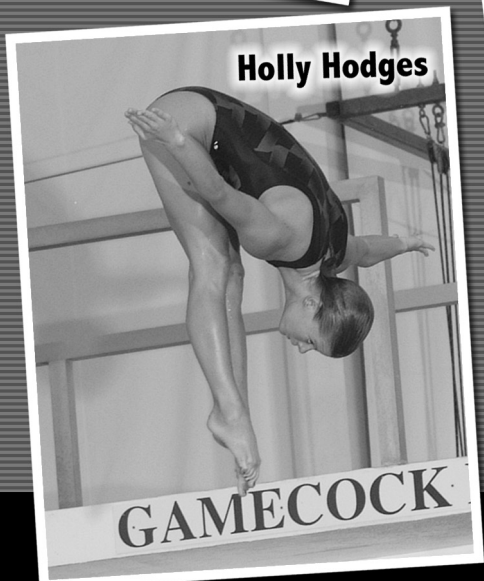
Brad Guzan



Steve Pearce



Troy Williamson



Holly Hodges

2004-05 HIGHLIGHTS

- Carolina graduates and volunteer coaches won a school-record seven medals at the 2004 Athens Olympics - including an SEC-best four gold medals.
- Diver Holly Hodges was awarded the 2004-05 Southeastern Conference Community Service Post-Graduate Scholarship, marking the second straight year a Carolina student-athlete has earned the honor. Hodges was awarded the \$5,000 scholarship based on her involvement in the community.
- The women's track and field team brought home the 2005 SEC Outdoor title and finished runner-up at the NCAA Outdoor meet. Hurdler Tiffany Ross-Williams earned USTCA Women's Outdoor Athlete of the Year honors and was named the Penn Relays Most Outstanding Athlete of the Meet.
- The Gamecock Equestrian team captured the 2005 National Varsity Equestrian title to win the school's second team national championship. Head coach Boo Duncan's team placed first in the Hunt Seat discipline and fifth in the Western discipline.
- Men's soccer goalkeeper Brad Guzan garnered second-team All-America honors and became the highest goalkeeper ever selected in the Major League Soccer SuperDraft. He was the No. 2 pick of expansion-club CD Chivas USA.
- Football wide receiver Troy Williamson was the No. 7 overall pick of the Minnesota Vikings in the 2005 NFL Draft and one of three Carolina football players chosen in the Draft.
- Gamecock first baseman Steve Pearce was named second-team All-American by Baseball America and earned National College Baseball Writers' Association District IV Player of the Year honors.
- Women's soccer player Ashley Kirk was recognized as the 2004 SEC Freshman of the Year.
- The South Carolina basketball team won the 2005 National Invitation Tournament title with a dramatic, buzzer-beating victory over Saint Joseph's at Madison Square Garden.
- Freshman golfer Mark Anderson was selected the SEC Freshman of the Year and earned third-team All-America honors from the Golf Coaches' Association of America.
- Diver Andy Bradley capped his Gamecock career by earning All-America honors on the three-meter board, making him a five-time All-American.

ACADEMIC SERVICES

The C.A.R.E.S. (Carolina Academic Resources & Enrichment Services) program employs a team of dedicated staff and tutors to work in a collaborative effort to assist student-athletes with day-to-day activities. It is the mission of the C.A.R.E.S. staff to provide the assistance needed to help all student-athletes realize their personal, academic, and athletic potential. The staff works closely with coaches, faculty, and University Administration to share resources and promote, as the primary goal, the development of each student-athlete at USC. The Athletics Department provides students with academic support in addition to that which they receive through other sectors of the University. The purpose of C.A.R.E.S. is to empower student-athletes to become more effective learners and to assist them in developing better academic, social, and cultural appreciation skills.

SERVICES & FEATURES OF THE ACADEMIC ENRICHMENT CENTER

Academic Advisement • Career Development Office

CHAMPS/Life Skills Office • NCAA Compliance

Computer Labs & Printing • Copying and Faxing (for academic purposes only)

Dietitian • Financial Aid and Scholarship Counseling

Multimedia Classroom • Student Athlete Advisory Committee Office

SEC Honor Room • Staff Psychologist

"Team Gamecocks" • Tutoring & Mentoring



THE C.A.R.E.S. PROGRAM

South Carolina Track and Field 2004-2005 SEC Academic Honor Roll



Precious Akins



Ronetta Alexander



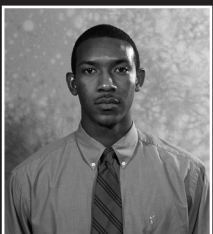
Brook Antonio



Nicole Breves



Khalilah Carpenter



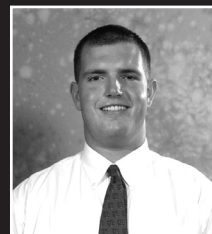
Greig Cryer



Ashley Cruse



Adrian Durant



Anthony Faulkner



Marisa Garcia-Quintana



Chelsea Hammond



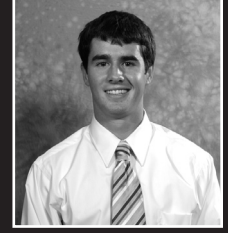
Chelsea Kaczmarek



Jenny Lake



Steve Mance



Dan McKenzie



Jacob Minksey



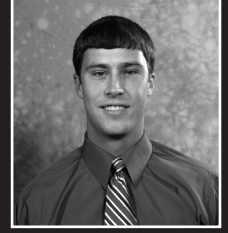
Christine Mudd



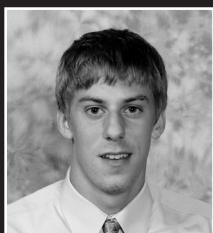
Tristan Rackow



Tiffany Ross-Williams



Greg Royster



Evan Slack



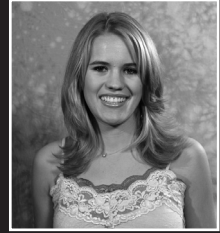
Shevon Stoddart



Cheryl Terrio



Tyler Trout

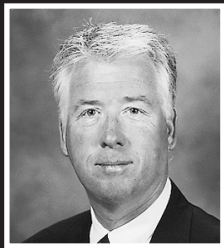


Karen Wigal

USC SPORTS MEDICINE

USC's student-athletes are offered excellent medical care, 24 hours a day, seven days a week. This includes daily medical clinics in the training room by team physicians specializing in Family and Preventative Medicine with additional certification in Sports Medicine. USC physicians include specialists in family medicine, orthopedics, optometry, and dentistry. The Gamecock training room features a full rehab facility along with a complete x-ray service. Under the direction of Dr. Rod Walters, head athletics trainer, there are 11 certified athletic trainers who serve the student-athletes during the year.

SOUTH CAROLINA SPORTS MEDICINE STAFF



Rod Walters, DA, ATC
Assistant AD for Sports
Medicine



Brainard Cooper, MS, ATC
Associate Athletic Trainer



Tara Lein, MS, ATC
Assistant Athletic Trainer



Jennifer Herod, MPH, ATC
Assistant Athletic Trainer



Bill Martin, MS, ATC
Assistant Athletic Trainer



Stephanie Rosehart, ATC
Assistant Athletic Trainer



Dennis Williams, MS, ATC
Assistant Athletic Trainer



Jeff Guy, MD
Dir. of Orthopedics and
Sports Medicine



Tom Armsey, MD
Team Physician



Christopher G. Mazoue, MD
Team Physician



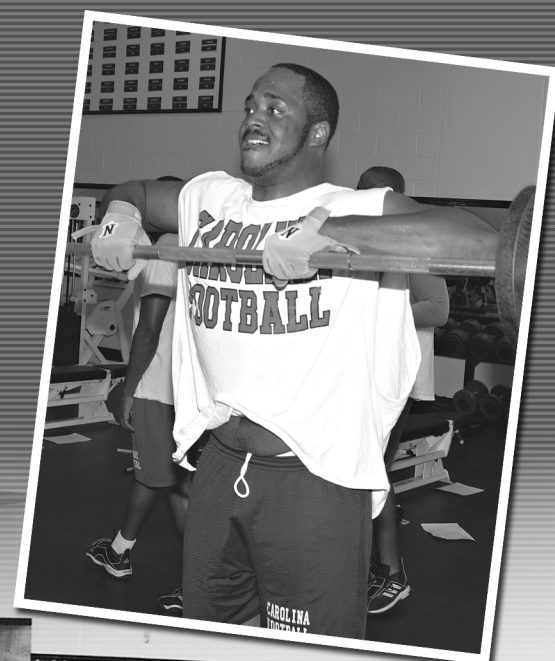
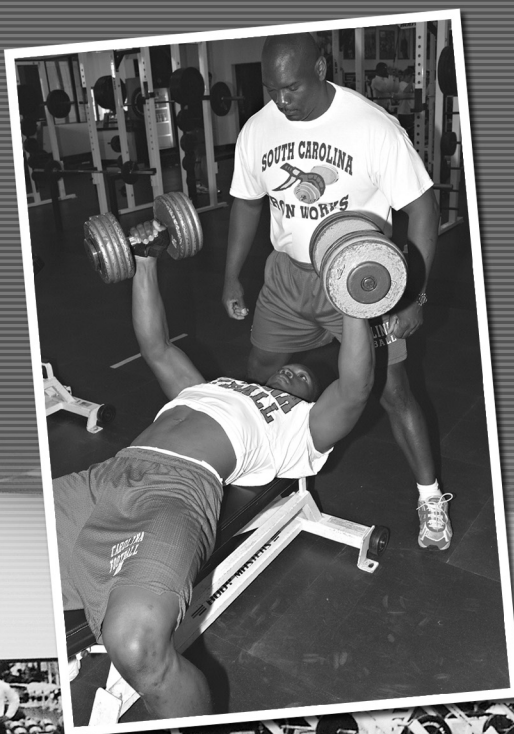
Jason Stacy, MD
Team Physician

KEEPING ATHLETES HEALTHY



BUILDING A CHAMPION

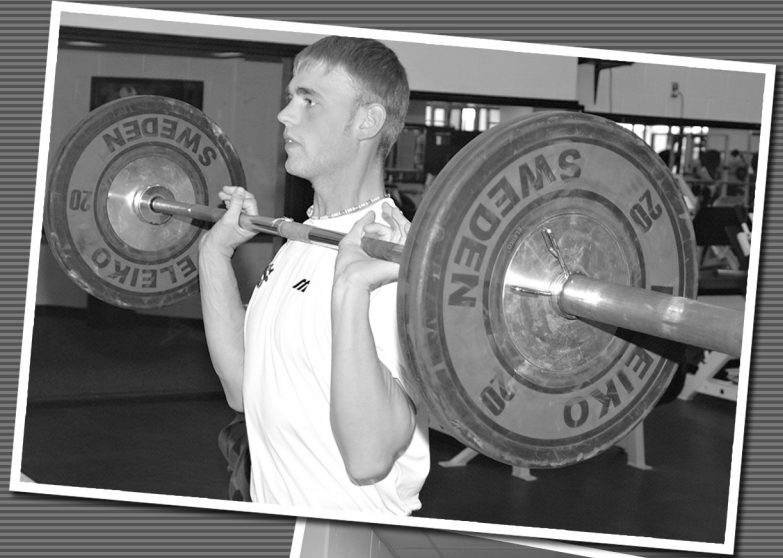
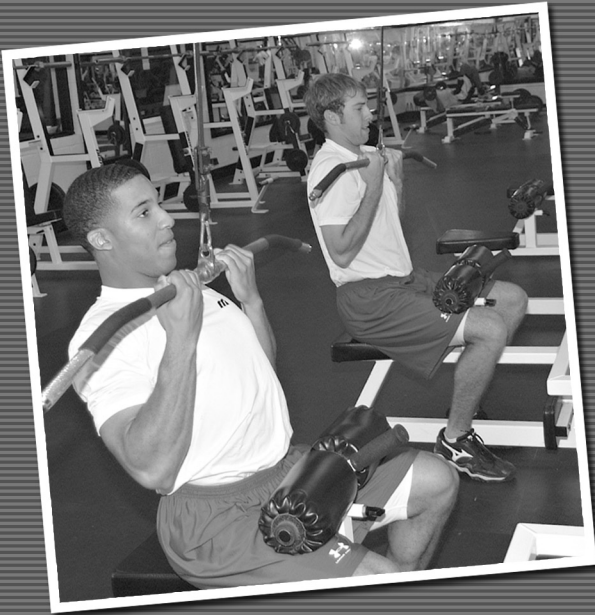
The process for a student-athlete to reach his or her maximum potential doesn't happen overnight. It continues year-round from preseason practices to off-season strength and conditioning workouts. Pat Moorer, Carolina's Director of Olympic Sports Strength and Conditioning, and his professional staff are committed to helping each individual develop into a top-notch and well-conditioned athlete.



"When you develop a sincere trust between each other, good things are going to happen. Our staff is dedicated to developing the best athletes, both physically and mentally. What makes our program unique is every athlete has his or her own program, so they can meet their own needs. Each athlete must be fully committed to improving themselves and becoming the best that they can be. In order to do this, we evaluate each individual and develop a program designed to meet their specific needs."

• Pat Moorer, Director of Olympic Sports Strength and Conditioning

CAROLINA STRENGTH PROGRAM



TEAM GAMECOCKS

Gamecock student-athletes take a great interest in Columbia and the community takes a great interest in the Carolina program. USC student-athletes make numerous public service appearances throughout the year at various functions around Columbia. From visiting elementary schools, to participating in reading programs, to speaking at banquets, to rebuilding homes, to visiting the Beth and Lou Holtz Winter Homeless Shelter, to spending time at local hospitals, "Team Gamecocks," the athletics department's community service program, makes a difference in the Midlands.



Team Gamecocks...Making a Difference

Team Gamecocks produced record numbers in community service during the 2004-05 school year. University of South Carolina student-athletes and coaches participated in 3,407 hours of community service. All told, since 2003, USC has participated in more than 9,300 hours of community service.

During the year, student-athletes, coaches and staff participated in over 160 different outreach events. The programs Team Gamecocks participated in included: *Rolling Readers, United Way Family Service Center, Richland County Public Library, Camp Kemo, The Animal Protection League, Harvest Hope Food Bank, Habitat for Humanity, Salvation Army-Kitchen, Communities in Schools Volunteer Mentoring, Home Works of SC, Children's CHANCE, Ronald McDonald House, Coaches vs. Cancer, Meals on Wheels, Palmetto Health Children's Hospital, Special Olympics, Relay for Life* and many more!

Holly Hodges, a senior diver, won the \$5,000 *Southeastern Conference Post-Graduate Community Service Scholarship* in 2005. It is the second year in a row a Gamecock student-athlete has won this prestigious award as basketball captain Mike Boynton, Jr. won the award in 2004.

Preston Thorne, a senior football player, was the winner of a \$2,000 post-graduate scholarship for outstanding community service from the SEC.

The Carolina Volleyball Team was the winner of the *Team Community Service Award*. They averaged 30 hours per teammate for the year.

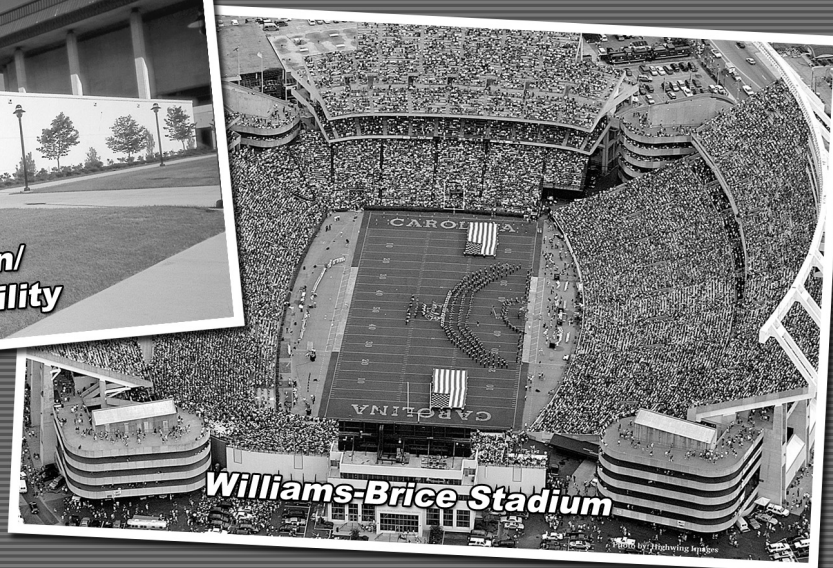


STUDENT-ATHLETES WHO CARE



GAMECOCK FACILITIES

More than \$118 million in athletic facilities improvements have taken place at the University of South Carolina over the past 11 years. These additions include improvements to Williams-Brice Stadium; enhancements to the Olympic sports facilities; and a new \$65 million basketball arena - The Colonial Center - which has emerged as one of the top sports and entertainment venues in all of college athletics.



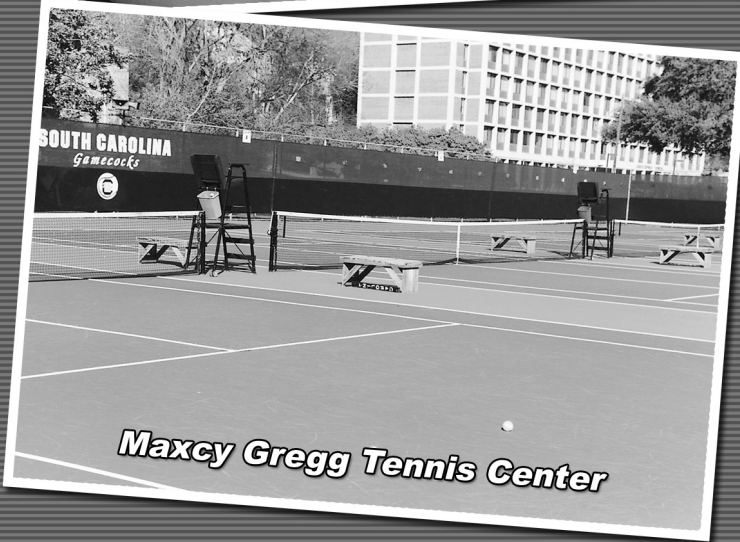
PREPARING A CHAMPION



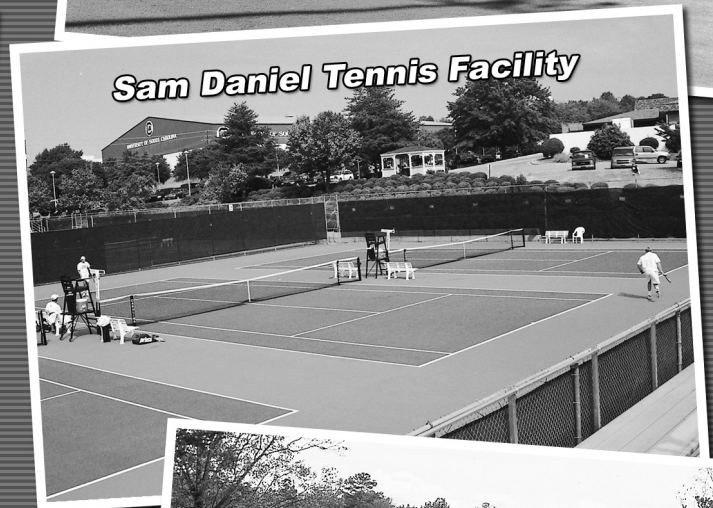
Sarge Frye Field



Beckham Softball Field



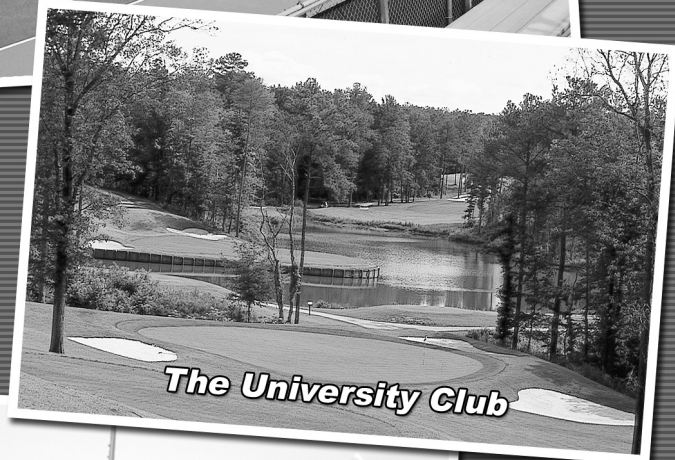
Maxcy Gregg Tennis Center



Sam Daniel Tennis Facility



Eugene E. Stone III Soccer Stadium



The University Club



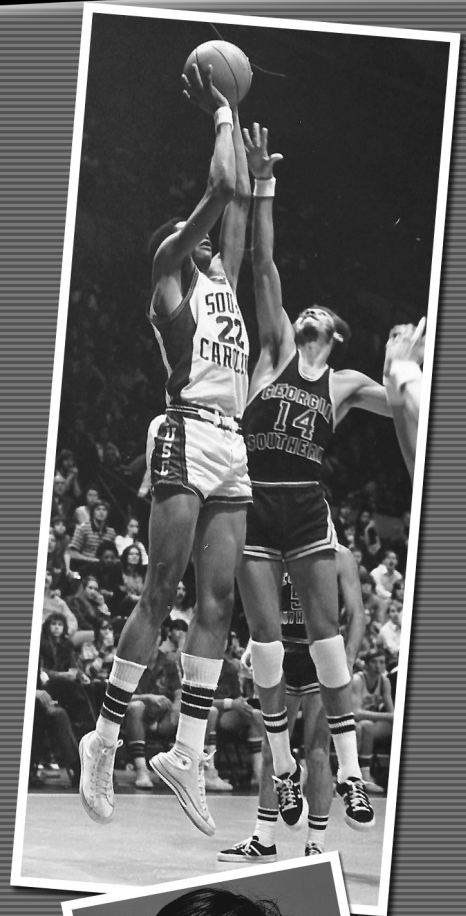
Weems Baskin Track & Field

SUCCESS AFTER COMPETITION



• **Hootie Johnson (left)**, who lettered in football at USC from 1950-52, is a successful banker and Chairman of the Augusta National Golf Club, host of the Master's.

• **Alex English (right)** is eighth on the NBA's all-time scoring list with 25,343 points. He was inducted into the Basketball Hall of Fame in 1997.



• **Current San Antonio Stars (WNBA) standout Shannon Johnson (above)** won an Olympic Gold Medal with the U.S. Women's Basketball Team in Athens in 2004.



• **Former five-time NCAA Champion Terrence Trammell (above)** won a silver medal at both the 2000 Sydney Olympics and the 2004 Athens Olympics.

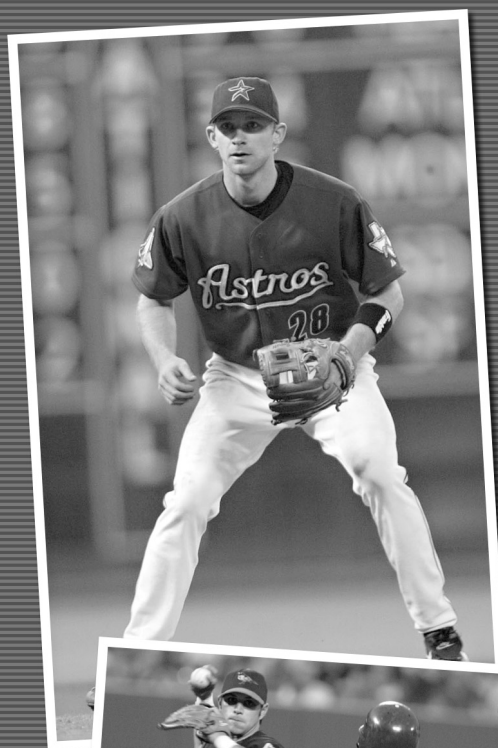
• **Former Gamecock golfer Siew Ai Lim (above right)** is one of three Gamecocks currently playing on the LPGA Tour.



• **The members of "Hootie and the Blowfish" (right)** attended USC, including Jim "Soni" Sonefeld, who played soccer for the Gamecocks. Hootie played an MTV Unplugged concert on the USC Horseshoe the week of Fairweather Johnson's release. The group won a number of Grammys with its *Cracked Rear View* album.

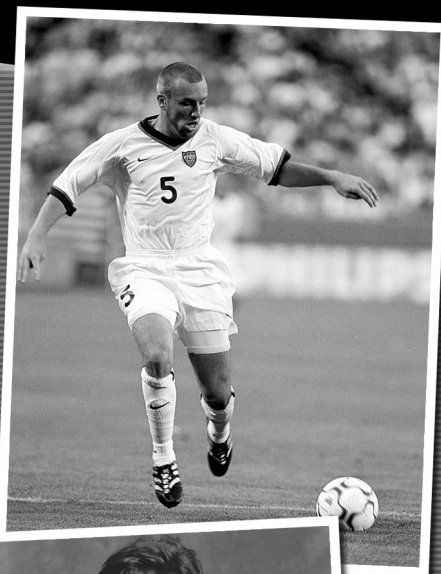


SUCCESS AFTER COMPETITION

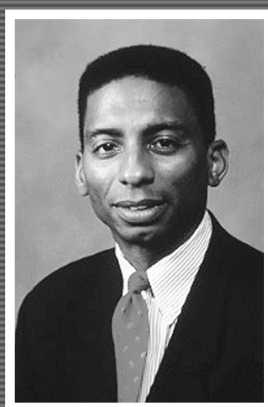


• Former All-American Adam Everett (left) won a gold medal with Team USA at the 2000 Sydney Olympics and now plays for the Houston Astros.

• Former All-American Clint Mathis (right) is one of the stars of the U.S. National Team and spent the 2004 season playing with Hannover 96 of the German Bundesliga. In 2005 he plays for the Major League Soccer's Real Salt Lake.



• Samuel Foster (below) ran track at USC from 1977-80 and is a member of the University's Board of Trustees.



• Brian Roberts (left) is in his fifth year as a member of the Baltimore Orioles. He is the starting second baseman for the 2005 Major League All-Star game.

• Martha Parker-Hester (right) who played basketball for USC from 1985-89, practices medicine in Columbia.

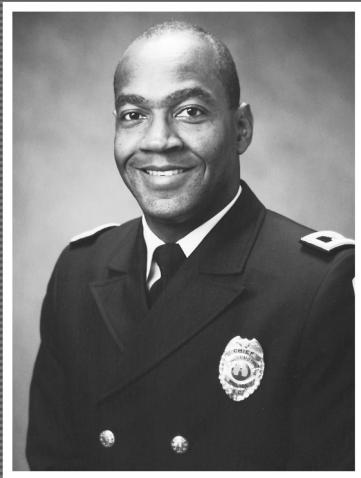


• With 57 All-America honors between them, Miki Barber, Demetria Washington and Lisa Barber (below left) have all gone on to run successfully as professionals. Lisa Barber won the 2005 USA Championships 100m, qualifying for World Championships.



• Former USC quarterbacks Tommy Suggs and Todd Ellis (below right) provide the radio call for the Gamecocks. Ellis graduated from USC's Law School and now practices law in Columbia at Smith, Ellis and Stuckey. Suggs has gone on to a highly successful career in business and investing.

FAMOUS ALUMNI



Charles Austin

*First Assistant City Manager,
Dept. of Public Safety*



Andrew Card

*President George W. Bush's
Chief of Staff*

Other Notable Alumni

Mike Dunleavy - NBA Head Coach, Portland Trail Blazers, Milwaukee Bucks, Los Angeles Lakers, Los Angeles Clippers

Charles Frazier - Novelist Cold Mountain

Dick Riley - Former S.C. Governor; former U.S. Secretary of Education

Sterling Sharpe - Former NFL Pro Bowler, Host of ESPN NFL Game Day

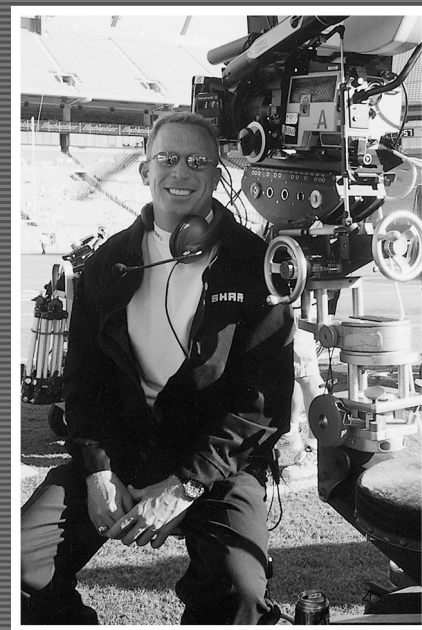
John Swearingen - Retired Chairman, Standard Oil Co.

Jean Toal - Chief Justice, S.C. Supreme Court



Rita Cosby

*Senior Correspondent,
Fox News*



Mark Ellis

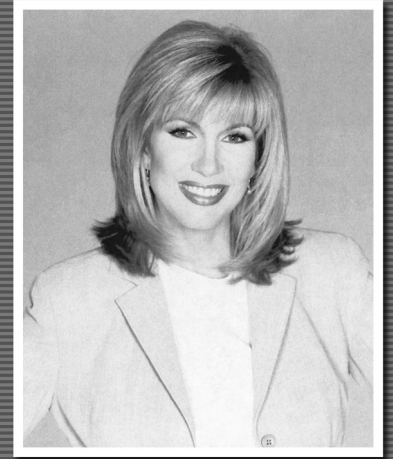
*Film & Television Action Coordinator/
Director (movies include Jerry McGuire,
Any Given Sunday, The Waterboy, The
Rookie, Hard Ball, The Junction Boys)*

FAMOUS ALUMNI



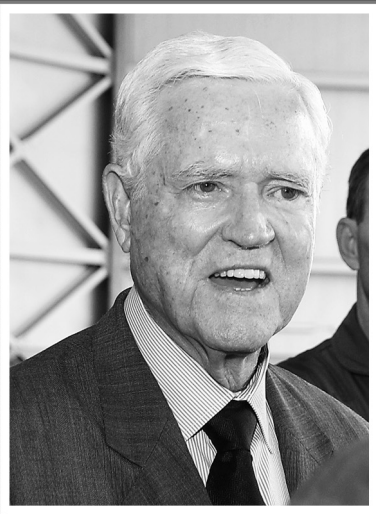
Alex English

*Former NBA All-Star,
NBA Hall of Famer*



Leeza Gibbons

Former syndicated talk show host

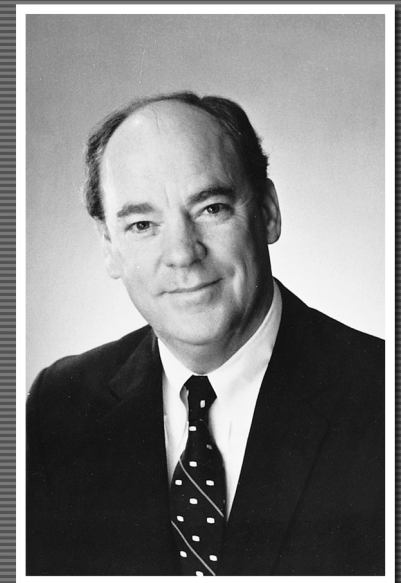


Fritz Hollings

Former U.S. Senator and Governor

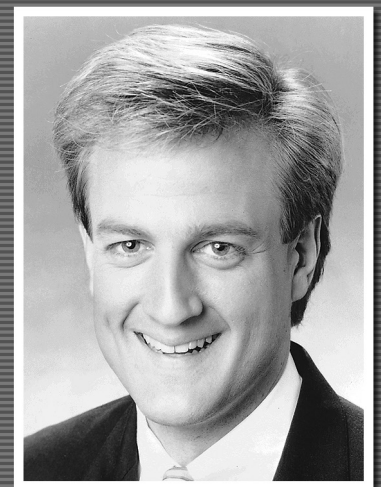
Robert McNair

Owner, NFL's Houston Texans



Darla Moore

*Wall Street financier; donated
largest gift to any university in
the state to USC Business School*



Van Earl Wright

TV sports anchor, Fox Sports

GAMECOCK TRADITIONS

Nickname

The University of South Carolina is the only major college athletic program in the country that uses "Fighting Gamecocks" as its official nickname and mascot. The University's athletic teams have been known as Gamecocks for almost 100 years.

At the turn of the century, after struggling for more than a decade under numerous nicknames, the school's football team was first referred to unofficially as "Game Cocks."

In 1903, Columbia's morning newspaper, *The State*, shortened the name to one word and South Carolina teams have been Gamecocks ever since.

Those early teams must have been a feisty and spirited group. A gamecock, of course, is a fighting rooster known for its spirit and courage. A cock fight, which was a popular sport throughout the United States in the 19th century, would last until the death of one of the combatants. Cock fighting has been outlawed by most states for humanitarian reasons, but it is still held surreptitiously in many areas.

The state of South Carolina has long been closely connected with the breeding and training of fighting gamecocks. General Thomas Sumter, famed guerilla fighter of the Revolutionary War, was known as "The Fighting Gamecock."

School Colors

Garnet and Black were adopted near the turn of the century as the official colors of the University of South Carolina athletic teams.

The colors are dominant ones on the gamecock, which is the University's official mascot for its athletic teams.

"2001"

The University of South Carolina Gamecocks feature perhaps the most unique and electrifying pregame entry in all of college football. In fact, *The Sporting News* rated USC's "2001" as the most exciting pregame entry in all of college football. As the minutes wind down on the game clock prior to the opening kickoff, the Gamecocks leave the locker room following final pregame instruction from their coaching staff and assemble in the tunnel in the southwest corner of Williams-Brice Stadium. Then, as the crowd of more than 82,000 begins its roar of anticipation, the first notes of the theme song from "2001 — A Space Odyssey" blare over the stadium sound system. As the music continues, the enthusiasm of the crowd is feverish. Finally, at just the exact moment, in perfect coordination with the music, the Gamecocks hit the field running, and the stadium goes wild.

This magical moment has been captured by national television, including ESPN, CBS, ABC, Jefferson-Pilot, ESPN-2 and WTBS, during those networks' telecasts of games at Williams-Brice Stadium. It is indeed one of the special traditions in college football.

The theme "2001" corresponds with the University's Bicentennial, which was celebrated five years ago.

