

2009 SEASON REVIEW

SOUTH CAROLINA



MEN'S HIGHLIGHTS

INDOOR

SEC Finish: T-4th
NCAA Finish: T-20th

SEC All-Freshman Team
 Marvin Reitze (Pole Vault)

All-SEC First Team
 Jason Richardson

All-SEC Second Team
 Aaron Anderson
 Jason Cook
 Johnny Dutch
 Quentin Moore
 Obakeng Ngwigwa
 Michael Zajac

NCAA Qualifiers
 Aaron Anderson (4x400)
 Jason Cook (Shot Put)
 Johnny Dutch (60mH, 4x400)
 Johnathan Hancock (60m)
 Quentin Moore (4x400)
 Obakeng Ngwigwa (4x400)
 Jason Richardson (60mH)
 Antonio Sales (200m)
 Michael Zajac (Weight)

All-Americans
 Aaron Anderson (4x400)
 Johnny Dutch (60mH, 4x400)
 Quentin Moore (4x400)
 Obakeng Ngwigwa (4x400)
 Michael Zajac (Weight)



Marvin Reitze was the top freshman pole vaulter in the SEC in 2009. He placed higher than any freshman in the league at the indoor and outdoor championships, and was an outdoor All-American.

OUTDOOR

SEC Finish: 4th
NCAA Finish: 6th

SEC All-Freshman Team
 Booker Nunley (110mH)
 Marvin Reitze (Pole Vault)

All-SEC First Team
 Jason Cook
 Johnny Dutch
 Quentin Moore
 Obakeng Ngwigwa
 Jason Richardson

All-SEC Second Team
 Elliott Haynie
 Booker Nunley

NCAA East Region Qualifiers
 Aaron Anderson (4x400)
 Jason Cook (Shot Put)
 Johnny Dutch (110mH, 400mH, 4x400)
 Johnathan Hancock (100m, 4x100)
 Elliott Haynie (Pole Vault)
 Erik Heymann (Javelin)
 Jeff Merkt (Discus)
 Quentin Moore (200m, 400m, 4x100)
 Obakeng Ngwigwa (200m, 400m, 4x100, 4x400)
 Booker Nunley (110mH)
 Marvin Reitze (Pole Vault)
 Jason Richardson (110mH, 4x400)
 Antonio Sales (100m, 200m, 4x100)
 Matt Shuler (Pole Vault)
 Michael Zajac (Hammer)

NCAA Participants
 Aaron Anderson (4x400m)
 Jason Cook (Shot Put)
 Johnny Dutch (400mH, 4x400)
 Johnathan Hancock (100m, 4x100)
 Elliott Haynie (Pole Vault)
 Erik Heymann (Javelin)
 Quentin Moore (4x100, 4x400)
 Obakeng Ngwigwa (4x100, 4x400)
 Booker Nunley (110mH)
 Marvin Reitze (Pole Vault)
 Jason Richardson (110mH)
 Antonio Sales (200m, 4x100)

All-Americans
 Aaron Anderson (4x400)
 Jason Cook (Shot Put)
 Johnny Dutch (400mH, 4x400)
 Johnathan Hancock (4x100)
 Quentin Moore (4x100, 4x400)
 Obakeng Ngwigwa (4x100, 4x400)
 Booker Nunley (110mH)
 Marvin Reitze (Pole Vault)
 Jason Richardson (110mH)
 Antonio Sales (200m, 4x100)

2009 HIGHLIGHTS
WOMEN'S HIGHLIGHTS

INDOOR

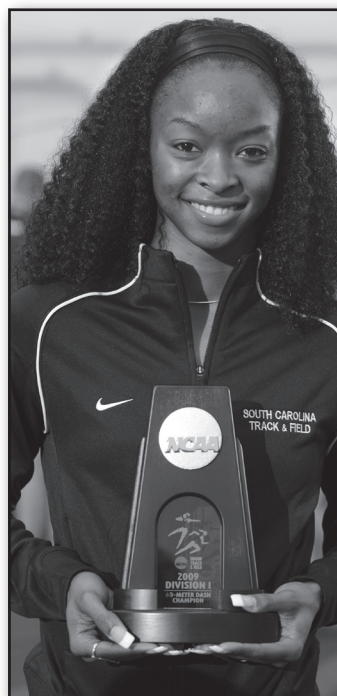
SEC Finish: 5th
NCAA Finish: T-12th

SEC All-Freshman Team
 Nadonnia Rodrigues (400m)

All-SEC First Team
 Porche Byrd
 Brandi Cross
 Breehana Jacobs
 Nadonnia Rodrigues

NCAA Qualifiers
 Ronnetta Alexander (60mH)
 LaKya Brookins (60m)
 Porche Byrd (4x400)
 Brandi Cross (400m, 4x400)
 Breehana Jacobs (4x400)
 Shayla Mahan (60m)
 Nadonnia Rodrigues (400m, 4x400)

All-Americans
 Ronnetta Alexander (60mH)
 LaKya Brookins (60m)**
 Porche Byrd (4x400)
 Brandi Cross (4x400)
 Gabrielle Glenn (4x400)
 Breehana Jacobs (4x400)



Sophomore LaKya Brookins became the school's first 60-meter dash national champion by taking the title at an NCAA-meet record 7.13. The time bested the previous school record by 0.08 seconds.

OUTDOOR

SEC Finish: 8th
NCAA Finish: 40th

SEC All-Freshman Team
 Stacey Roberts (Shot Put)

All-SEC Second Team
 LaKya Brookins
 Gabrielle Glenn
 Breehana Jacobs
 Shayla Mahan

NCAA East Region Qualifiers
 Janica Austin (100mH, 400mH, 4x400)
 Radiance Basden (400mH)
 Beatrice Biwott (3,000m Steeple)
 LaKya Brookins (100m, 4x100)
 Kettiany Clarke (100mH)
 Brandi Cross (400m, 4x400)
 Gabby Glenn (100m, 4x100, 4x400)
 Sallie Gurganus (Pole Vault)
 Breehana Jacobs (100m, 4x100, 4x400)
 Aimee Kodat (Discus)
 Shayla Mahan (100m, 200m, 4x100)
 Allie Nicosia (Pole Vault)
 Stacey Roberts (Shot Put)
 Nadonnia Rodrigues (400m)
 Vica Shobe (Pole Vault)
 Liza Todd (Pole Vault)

NCAA Participants
 Janica Austin (4x400)
 LaKya Brookins (100m, 4x100)
 Porche Byrd (4x400)
 Brandi Cross (400m, 4x400)
 Gabby Glenn (100m, 4x100, 4x400)
 Breehana Jacobs (4x100, 4x400)
 Shayla Mahan (4x100)
 Kelsey McCorkle (4x400)
 Liza Todd (Pole Vault)

All-Americans
 LaKya Brookins (100m, 4x100)
 Porche Byrd (4x400)
 Brandi Cross (4x400)
 Gabby Glenn (4x100, 4x400)
 Breehana Jacobs (4x100, 4x400)
 Shayla Mahan (4x100m)

MEN'S SEASON AWARDS

INDOOR

ROOKIE OF THE YEAR - FIELD

Marvin Reitze

ROOKIE OF THE YEAR - TRACK

Obakeng Ngwigwa

MVP - FIELD

Michael Zajac

MVP - TRACK

Johnny Dutch

OUTSTANDING PERFORMANCE

Jason Richardson 60mH 7.58
NCAA Champion

MOST IMPROVED - FIELD

Scott Pierce

MOST IMPROVED - TRACK

Johnathan Hancock

OUTDOOR

ROOKIE OF THE YEAR - FIELD

Marvin Reitze

ROOKIE OF THE YEAR - TRACK

Booker Nunley

MVP - FIELD

Jason Cook

MVP - TRACK

Johnny Dutch

OUTSTANDING PERFORMANCE

Johnny Dutch 400mH 48.18
USA Outdoor Silver Medalist

MOST IMPROVED - FIELD

Elliott Haynie

MOST IMPROVED - TRACK

Antonio Sales

OVERALL

LEADERSHIP AWARD

Antonio Sales

COACHES AWARD

Jason Cook

WOMEN'S SEASON AWARDS

INDOOR

ROOKIE OF THE YEAR - TRACK

Dani Barnes

Nadonna Rodrigues

MVP - FIELD

Kayla Blake

MVP - TRACK

LaKya Brookins

OUTSTANDING PERFORMANCE

LaKya Brookins 60m 7.13
NCAA Champion

OUTDOOR

ROOKIE OF THE YEAR - FIELD

Stacey Roberts

ROOKIE OF THE YEAR - TRACK

Beatrice Biwott

Dani Barnes

MVP - FIELD

Liza Todd

MVP - TRACK

LaKya Brookins

OVERALL

LEADERSHIP AWARD

KeKe Clarke

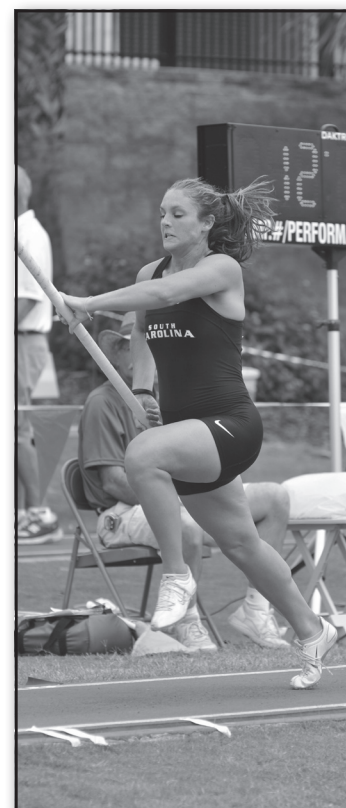
Liza Todd

MOST IMPROVED - FIELD

Liza Todd

MOST IMPROVED - TRACK

Janica Austin



Liza Todd was named the team's outdoor Field MVP after placing fifth at the NCAA East Regional and earning her first bid to the national championships. The Columbia-native also earned the 2009 Leadership Award and was named the Most Improved Women's Field Athlete.

COACHES AWARD

Brittney James

Aimee Kodat

COMEBACK AWARD

Ronnetta Alexander



Jason Cook was named the outdoor Field MVP for the men's team after earning the SEC Outdoor title in the shotput and claiming All-America honors for the first time in his career. The senior was also given the Coaches Award for the 2009 season.



South Carolina participated at the annual Penn Relays again in 2009. Women's athletes pictured are indoor & outdoor Rookie of the Year Dani Barnes, Leadership Award winner KeKe Clarke, Most Improved Track Athlete Janica Austin and freshman Kelsey McCorkle.

SEC INDOORSFeb. 27-Mar. 1 • Nutter Fieldhouse
Lexington, Ky.**Top Teams:** 1. Arkansas 130, 2. Florida 102, 3. Tennessee 78, T4. South Carolina 65, T4. Auburn 65, 6. LSU 64, 7. Kentucky 48, 8. Georgia 47, 9. Alabama, 10. Ole Miss**60-Meter Dash**

- | | |
|--------------------------------------|------|
| 1. Trindon Holliday, LSU | 6.58 |
| 6. Johnathan Hancock, South Carolina | 6.70 |

200-Meter Dash

- | | |
|----------------------------------|-------|
| 1. Torrin Lawrence, Georgia | 20.81 |
| 9. Antonio Sales, South Carolina | 21.26 |

400-Meter Dash

- | | |
|------------------------------------|-------|
| 1. Robert Simmons, LSU | 46.22 |
| 4. Obakeng Ngwigwa, South Carolina | 47.08 |

800-Meter Run

- | | |
|---------------------------|---------|
| 1. Alex McClary, Arkansas | 1:49.37 |
|---------------------------|---------|

Mile Run

- | | |
|---------------------------|---------|
| 1. Dorian Ulrey, Arkansas | 3:59.77 |
|---------------------------|---------|

3,000-Meter Run

- | | |
|---------------------------|---------|
| 1. Dorian Ulrey, Arkansas | 7:55.56 |
|---------------------------|---------|

5,000-Meter Run

- | | |
|-------------------------|----------|
| 1. Tyson David, Alabama | 13:46.19 |
|-------------------------|----------|

60-Meter Hurdles

- | | |
|-------------------------------------|---------------|
| 1. Jason Richardson, South Carolina | 7.72 |
| 6. Booker Nunley, South Carolina | 7.92 (7.9104) |
| 7. Johnny Dutch, South Carolina | 7.92 (7.9150) |

4x400-Meter Relay

- | | |
|-------------------|---------|
| 1. Florida | 3:05.82 |
| 2. South Carolina | 3:06.11 |

Distance Medley Relay

- | | |
|-------------|---------|
| 1. Arkansas | 9:47.31 |
|-------------|---------|

High Jump

- | | |
|------------------------------|-------|
| 1. Brenard Wilson, Tennessee | 2.15m |
|------------------------------|-------|

Pole Vault

- | | |
|-----------------------------------|-------|
| 1. Joe Berry, Tennessee | 5.26m |
| 3. Marvin Reitze, South Carolina | 5.18m |
| 8. Kevin Brinkley, South Carolina | 5.00m |

Long Jump

- | | |
|------------------------------|-------|
| 1. Christian Taylor, Florida | 7.71m |
|------------------------------|-------|

Triple Jump

- | | |
|------------------------------|--------|
| 1. Christian Taylor, Florida | 16.11m |
|------------------------------|--------|

Shot Put

- | | |
|-------------------------------|--------|
| 1. Nick Panezich, Tennessee | 18.55m |
| 2. Jason Cook, South Carolina | 18.36m |

35-Pound Weight

- | | |
|-------------------------------|--------|
| 1. Walter Henning, LSU | 22.69m |
| 2. Mike Zajac, South Carolina | 20.76m |

Heptathlon

- | | |
|---------------------------------|-------|
| 1. Michael Ayers, Tennessee | 5,717 |
| 3. Scott Pierce, South Carolina | 5,325 |
| 4. Curt McGill, South Carolina | 5,292 |

NCAA INDOORSMarch 13-14 • McFerrin Complex
College Station, Texas**Top Teams:** 1. Oregon 54, 2. Florida 46, 3. Florida State 32, 4. LSU 29, T5. Arizona State, Baylor, Nebraska 25 ... 20. South Carolina 11**60-Meter Dash**

- | | |
|-------------------------|------|
| 1. Jacoby Ford, Clemson | 6.52 |
|-------------------------|------|

200-Meter Dash

- | | |
|-----------------------|-------|
| 1. Trey Harts, Baylor | 20.63 |
|-----------------------|-------|

400-Meter Dash

- | | |
|---------------------------------|-------|
| 1. Michael Bingham, Wake Forest | 45.69 |
|---------------------------------|-------|

800-Meter Run

- | | |
|---------------------------|---------|
| 1. Jacob Hernandez, Texas | 1:48.04 |
|---------------------------|---------|

Mile Run

- | | |
|----------------------------|---------|
| 1. Lee Emanuel, New Mexico | 4:00.36 |
|----------------------------|---------|

3,000-Meter Run

- | | |
|-----------------------|---------|
| 1. Galen Rupp, Oregon | 7:48.94 |
|-----------------------|---------|

5,000-Meter Run

- | | |
|-----------------------|----------|
| 1. Galen Rupp, Oregon | 13:41.45 |
|-----------------------|----------|

60-Meter Hurdles

- | | |
|-------------------------------------|------|
| 1. Ronnie Ash, Bethune-Cookman | 7.63 |
| 3. Jason Richardson, South Carolina | 7.71 |

4x400-Meter Relay

- | | |
|-------------------|---------|
| 1. Baylor | 3:05.81 |
| 4. South Carolina | 3:07.83 |

Distance Medley Relay

- | | |
|-----------|---------|
| 1. Oregon | 9:29.59 |
|-----------|---------|

High Jump

- | | |
|--------------------------------|-------|
| 1. Scott Sellers, Kansas State | 2.25m |
|--------------------------------|-------|

Pole Vault

- | | |
|------------------------|-------|
| 1. Jason Colwick, Rice | 5.60m |
|------------------------|-------|

Long Jump

- | | |
|------------------------------|-------|
| 1. Nicholas Gordon, Nebraska | 8.03m |
|------------------------------|-------|

Triple Jump

- | | |
|------------------------------|--------|
| 1. Christian Taylor, Florida | 16.98m |
|------------------------------|--------|

Shot Put

- | | |
|--------------------------------|--------|
| 1. Ryan Whiting, Arizona State | 20.16m |
|--------------------------------|--------|

35-Pound Weight

- | | |
|-------------------------------|--------|
| 1. Jason Lewis, Arizona State | 22.88m |
|-------------------------------|--------|

Heptathlon

- | | |
|-------------------------|-------|
| 1. Ashton Eaton, Oregon | 5,988 |
|-------------------------|-------|

SEC OUTDOORSMay 14-17 • Percy Beard Track
Gainesville, Fla.**Top Teams:** 1. Arkansas 141, 2. Florida 129, 3. LSU 98.50, 4. South Carolina 88, T5. Auburn 72, T5. Georgia 72, 7. Kentucky 55, 8. Tennessee 53, 9. Mississippi State 44.50, 10. Alabama 33.50, 11. Ole Miss 32.50**100-Meter Dash**

- | | |
|-------------------------------------|-------|
| 1. Trindon Holliday, LSU | 10.01 |
| 7. Johnathan Hancock South Carolina | 10.34 |

200-Meter Dash

- | | |
|----------------------------------|-------|
| 1. Jeremy Hall, Florida | 20.51 |
| 4. Antonio Sales, South Carolina | 20.78 |

400-Meter Dash

- | | |
|------------------------------------|-------|
| 1. Calvin Smith, Florida | 44.96 |
| 8. Obakeng Ngwigwa, South Carolina | 47.20 |

800-Meter Run

- | | |
|---------------------------|---------|
| 1. Alex McClary, Arkansas | 1:47.78 |
|---------------------------|---------|

1,500-Meter Run

- | | |
|---------------------------|---------|
| 1. Dorian Ulrey, Arkansas | 3:41.39 |
|---------------------------|---------|

5,000-Meter Run

- | | |
|----------------------------|----------|
| 1. Shawn Forrest, Arkansas | 13:43.51 |
|----------------------------|----------|

10,000-Meter Run

- | | |
|-------------------------|----------|
| 1. Tyson David, Alabama | 30:09.50 |
|-------------------------|----------|

110-Meter Hurdles

- | | |
|-------------------------------------|-------|
| 1. Jason Richardson, South Carolina | 13.29 |
| 2. Booker Nunley, South Carolina | 13.49 |
| 4. Johnny Dutch, South Carolina | 13.68 |

400-Meter Hurdles

- | | |
|---------------------------------|-------|
| 1. Johnny Dutch, South Carolina | 48.58 |
|---------------------------------|-------|

3,000-Meter Steeplechase

- | | |
|-------------------------------|---------|
| 1. Scott MacPherson, Arkansas | 8:44.08 |
|-------------------------------|---------|

4x100-Meter Relay

- | | |
|-------------------|-------|
| 1. Florida | 38.74 |
| 3. South Carolina | 39.41 |

4x400-Meter Relay

- | | |
|-------------------|---------|
| 1. South Carolina | 3:04.49 |
|-------------------|---------|

High Jump

- | | |
|---------------------------|-------|
| 1. Alain Bailey, Arkansas | 2.17m |
|---------------------------|-------|

Pole Vault

- | | |
|-----------------------------------|-------|
| 1. Joseph Berry, Tennessee | 5.38m |
| 2. Elliott Haynie, South Carolina | 5.33m |
| 5. Marvin Reitze, South Carolina | 5.15m |

Long Jump

- | | |
|---------------------------|-------|
| 1. Alain Bailey, Arkansas | 7.84m |
|---------------------------|-------|

Triple Jump

- | | |
|-------------------------------|--------|
| 1. Wale Odetunde, Mississippi | 15.76m |
|-------------------------------|--------|

Shot Put

- | | |
|-------------------------------|--------|
| 1. Jason Cook, South Carolina | 19.32m |
|-------------------------------|--------|

Discus

- | | |
|----------------------------|--------|
| 1. Rashaud Scott, Kentucky | 59.23m |
|----------------------------|--------|

Javelin

- | | |
|---------------------------------|--------|
| 1. Chris Hill, Georgia | 79.65m |
| 3. Erik Heymann, South Carolina | 67.08m |

Hammer

- | | |
|----------------------------------|--------|
| 1. Walter Henning, LSU | 69.93m |
| 6. Michael Zajac, South Carolina | 62.15m |

Decathlon

- | | |
|-----------------------|-------|
| 1. Gray Horn, Florida | 7,389 |
|-----------------------|-------|

NCAA OUTDOORSJune 10-13 • John McDonnell Field
Fayetteville, Ark.**Top Teams:** 1. Texas A&M 48, T2. Oregon, Florida, Florida State 46, 5. LSU 37, 6. South Carolina 33.50**100-Meter Dash**

- | | |
|--------------------------|-------|
| 1. Trindon Holliday, LSU | 10.00 |
|--------------------------|-------|

200-Meter Dash

- | | |
|-----------------------|-------|
| 1. Charles Clark, FSU | 20.55 |
|-----------------------|-------|

400-Meter Dash

- | | |
|-------------------------|-------|
| 1. Jonathan Borlee, FSU | 44.78 |
|-------------------------|-------|

800-Meter Run

- | | |
|-----------------------------|---------|
| 1. Andrew Wheatling, Oregon | 1:46.21 |
|-----------------------------|---------|

1,500-Meter Run

- | | |
|-------------------------------------|---------|
| 1. German Fernandez, Oklahoma State | 3:39.00 |
|-------------------------------------|---------|

5,000-Meter Run

- | | |
|-----------------------|----------|
| 1. Galen Rupp, Oregon | 14:04.12 |
|-----------------------|----------|

10,000-Meter Run

- | | |
|-----------------------|----------|
| 1. Galen Rupp, Oregon | 28:21.45 |
|-----------------------|----------|

110-Meter Hurdles

- | | |
|-------------------------------------|-------|
| 1. Ronnie Ash, Bethune-Cookman | 13.27 |
| 2. Jason Richardson, South Carolina | 13.49 |
| 6. Booker Nunley, South Carolina | 13.84 |

400-Meter Hurdles

- | | |
|--------------------------------------|-------|
| 1. Jeshua Anderson, Washington State | 48.47 |
| 2. Johnny Dutch, South Carolina | 48.62 |

3,000-Meter Steeplechase

- | | |
|--------------------|---------|
| 1. Kyle Perry, BYU | 8:29.24 |
|--------------------|---------|

4x100-Meter Relay

- | | |
|-------------------|-------|
| 1. Florida | 38.58 |
| 5. South Carolina | 39.09 |

4x400-Meter Relay

- | | |
|-------------------|---------|
| 1. Florida State | 2:59.99 |
| 5. South Carolina | 3:02.88 |

High Jump

- | | |
|--------------------------------|-------|
| 1. Scott Sellers, Kansas State | 2.26m |
|--------------------------------|-------|

Pole Vault

- | | |
|-----------------------------------|-------|
| 1. Jason Colwick, Rice | 5.70m |
| T4. Marvin Reitze, South Carolina | 5.35m |

Long Jump

- | | |
|---------------------------------------|-------|
| 1. Ngonidzashe Makusha, Florida State | 8.11m |
|---------------------------------------|-------|

Triple Jump

- | | |
|-------------------------|--------|
| 1. Will Claye, Oklahoma | 17.24m |
|-------------------------|--------|

Shot Put

- | | |
|--------------------------------|--------|
| 1. Ryan Whiting, Arizona State | 20.11m |
| 7. Jason Cook, South Carolina | 18.44 |

Discus

- | | |
|-----------------------------|--------|
| 1. Martin Maric, California | 59.82m |
|-----------------------------|--------|

Javelin

- | | |
|------------------------|--------|
| 1. Chris Hill, Georgia | 81.80m |
|------------------------|--------|

Hammer

- | | |
|-----------------------------------|--------|
| 1. Marcel Lomnický, Virginia Tech | 71.78m |
|-----------------------------------|--------|

Decathlon

- | | |
|-------------------------|-------|
| 1. Ashton Eaton, Oregon | 8,241 |
|-------------------------|-------|

Note: Only USC athletes who scored are listed.

2009 WOMEN'S SEC & NCAA RESULTS

2009 REVIEW

SEC INDOORS

Feb. 27-Mar. 1 • Nutter Fieldhouse
Lexington, Ky.

Top Teams: 1. Tennessee 111, 2. LSU 105, 3. Arkansas 97, 4. Florida 84, 5. South Carolina 57, 6. Auburn 54, 7. Kentucky 49.50, 8. Ole Miss 32, 9. Mississippi State 28, 10. Alabama 26.50, 11. Georgia 14, 12. Vanderbilt

60-Meter Dash

1. Samantha Henry, LSU	7.21
3. LaKya Brookins, South Carolina	7.24
6. Shayla Mahan, South Carolina	7.35
7. Gabrielle Glenn, South Carolina	7.47

200-Meter Dash

1. Samantha Henry, LSU	23.45
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400-Meter Dash

1. Joanna Atkins, Auburn	52.61
5. Brandi Cross, South Carolina	53.99
7. Porche Byrd, South Carolina	54.58
8. Breehana Jacobs, South Carolina	55.14

800-Meter Run

1. Phoebe Wright, Tennessee	2:02.39
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Mile Run

1. Sarah Bowman, Tennessee	4:41.35
5. Dani Barnes, South Carolina	4:47.19

3,000-Meter Run

1. Sarah Bowman, Tennessee	9:21.66
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5,000-Meter Run

1. Christine Kalmer, Arkansas	16:20.06
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60-Meter Hurdles

1. Celrice Law, Tennessee	8.16
3. Ronnetta Alexander, South Carolina	8.20 (8.19)
6. Janica Austin, South Carolina	8.43

4x400-Meter Relay

1. South Carolina	3:33.50
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Distance Medley Relay

1. Tennessee	11:23.43
8. South Carolina	11:53.75

High Jump

1. Raevan Harris, Auburn	1.85m
4. Kayla Blake, South Carolina	1.71m
T7. Staley Foster, South Carolina	1.66m

Pole Vault

1. Rachel Laurent, LSU	4.28m
T6. Liza Todd, South Carolina	4.00m

Long Jump

1. Peter-Gaye Beckford, Arkansas	6.33m
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Triple Jump

1. Shara Proctor, Florida	13.31m
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Shot Put

1. Mariam Kevkhishvili, Florida	17.94m
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20-Pound Weight

1. Juliana Smith, Mississippi	18.97m
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Pentathlon

1. Ashley Trimble, Kentucky	3,991
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NCAA INDOORS

March 13-14 • McFerrin Complex
College Station, Texas

Top Teams: 1. Tennessee 42, 2. Texas A&M 37, 3. BYU 33, 4. Texas 31, 5. Arizona State 30 ... T12. South Carolina 14

60-Meter Dash

1. LaKya Brookins, South Carolina	7.13
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200-Meter Dash

1. Murielle Ahoure, Miami	22.80
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400-Meter Dash

1. Francena McCorory	51.55
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800-Meter Run

1. Lacey Cramer, BYU	2:04.27
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Mile Run

1. Sarah Bowman, Tennessee	4:29.72
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3,000-Meter Run

1. Jenny Barringer, Colorado	8:42.03
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5,000-Meter Run

1. Sally Kipyego, Texas Tech	15:51.14
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60-Meter Hurdles

1. Tiffany Ofili, Michigan	8.00
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4x400-Meter Relay

1. Texas A&M	3:32.51
5. South Carolina	3:36.61

Distance Medley Relay

1. Tennessee	10:50.98
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High Jump

1. Destinee Hooker, Texas	1.98m
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Pole Vault

1. Kylie Hutson, Indiana State	4.35m
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Long Jump

1. Eleni Kafourou, Boise State	6.53m
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Triple Jump

1. Kimberly Williams, Florida State	13.81m
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Shot Put

1. Mariam Kevkhishvili, Florida	17.84m
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20-Pound Weight

1. D'Ana McCarty, Louisville	22.09m
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Pentathlon

1. Amy Menlove, BYU	4,365
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SEC OUTDOORS

May 14-17 • Percy Beard Track
Gainesville, Fla.

Top Teams: 1. Florida 135.50, 2. LSU 113, 3. Tennessee 106, 4. Arkansas 96.50, 5. Auburn 76, 6. Kentucky 56, 7. Alabama 52.50, 8. South Carolina 51, 9. Georgia 45.50, 10. Ole Miss 44, 11. Mississippi State 42

100-Meter Dash

1. Kenyanna Wilson, LSU	11.32
3. LaKya Brookins, South Carolina	11.36
5. Shayla Mahan, South Carolina	11.55
7. Gabrielle Glenn, South Carolina	11.58

200-Meter Dash

1. Samantha Henry, LSU	23.36
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400-Meter Dash

1. LaJada Baldwin, Mississippi	51.95
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800-Meter Run

1. Phoebe Wright, Tennessee	2:02.15
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1,500-Meter Run

1. Sarah Bowman, Tennessee	4:15.03
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5,000-Meter Run

1. Catherine White, Arkansas	16:29.72
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10,000-Meter Run

1. Catherine White, Arkansas	35:07.50
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100-Meter Hurdles

1. Celrice Law, Tennessee	13.22
5. Janica Austin, South Carolina	13.55

400-Meter Hurdles

1. Danielle Gilchrist, Auburn	57.83
3. Janica Austin, South Carolina	58.06

3,000-Meter Steeplechase

1. Genevieve LaCaze, Florida	10:26.92
4. Beatrice Biwott, South Carolina	10:48.77

4x100-Meter Relay

1. Auburn	44.11
2. South Carolina	44.37

4x400-Meter Relay

1. LSU	3:34.11
3. South Carolina	3:37.79

High Jump

1. Raevan Harris, Auburn	1.82m
T6. Cory Bowen, South Carolina	1.65m
T8. Staley Foster, South Carolina	1.65m

Pole Vault

1. Katie Stripling, Arkansas	4.40m
7. Sallie Gurganus, South Carolina	4.00m

Long Jump

1. Shara Proctor, Florida	6.44m
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Triple Jump

1. Shara Proctor, Florida	13.43m
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Shot Put

1. Mariam Kevkhishvili, Florida	18.05m
8. Stacey Roberts, South Carolina	14.51m

Discus

1. Ashley Muffett, Kentucky	55.47m
7. Aimee Kodat, South Carolina	47.03m

Javelin

1. Evelien Dekkers, Florida	53.02m
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Hammer

1. Angelica Howard, Alabama	59.69m
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Heptathlon

1. Etienne Chaplin, Arkansas	5,594
7. Kettiany Clarke, South Carolina	5,181

NCAA OUTDOORS

June 10-13 • John McDonnell Field
Fayetteville, Ark.

Top Teams: 1. Texas A&M 50, 2. Oregon 43, 3. Arizona State 41, 4. Florida State 40, 5. Texas 36 ... 40. South Carolina 7

100-Meter Dash

1. Alexandria Anderson, Texas	11.20
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200-Meter Dash

1. Porscha Lucas, Texas A&M	22.81
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400-Meter Dash

1. Joana Atkins, Auburn	50.39
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800-Meter Run

1. Geena Gall, Michigan	2:00.80
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1,500-Meter Run

1. Susan Kuijken, Florida State	4:13.05
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5,000-Meter Run

1. Angela Bizzarri, Illinois	16:17.94
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10,000-Meter Run

1. Danette Doetzel, Providence	33:25.71
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100-Meter Hurdles

1. Tiffany Ofili, Michigan	12.96
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400-Meter Hurdles

1. Nicole Leach, UCLA	55.39
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3,000-Meter Steeplechase

1. Jenny Barringer, Colorado	9:25.54
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4x100-Meter Relay

1. Texas A&M	42.36
3. South Carolina	43.41

4x400-Meter Relay

1. Texas	3:28.51
8. South Carolina	3:34.70

High Jump

1. Destinee Hooker, Texas	1.95m
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Pole Vault

1. Kylie Hutson, Indiana State	4.40m
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Long Jump

1. Kimberly Williams, Florida State	6.54m
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Triple Jump

1. Kimberly Williams, Florida State	14.38m
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Shot Put

1. Mariam Kevkhishvili, Florida	17.79m
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Discus

1. D'Andra Carter, Texas Tech	55.62m
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Javelin

1. Rachel Yurkovich, Oregon	59.62m
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Hammer

1. Stevi Large, Akron	68.08m
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Heptathlon

1. Brianne Theisen, Oregon	6,086
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Note: Only USC athletes who scored are listed.

INDOOR TOP TIMES

60-Meter Dash

1. Johnathan Hancock	3/8	6.63
2. Lamar Markett	1/17	6.80
3. Antonio Sales	1/17	6.82
4. Bryce Sherman	2/28	6.89
5. Eddie Stoudemire	2/27	6.92

200-Meter Dash

1. Antonio Sales	3/6	20.89
2. Obakeng Ngwigwa	2/13	21.59
3. Jason Richardson	1/17	21.64
4. Lamar Markett	2/13	21.66

400-Meter Dash

1. Obakeng Ngwigwa	3/1	47.08
2. Quentin Moore	1/24	47.49
3. Johnny Dutch	3/8	47.57
4. Aaron Anderson	2/28	48.11
5. Scott Pierce	1/24	49.35

800-Meter Dash

1. Scott Pierce	2/13	1:53.87
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3,000-Meter Run

1. Daniel Smoak	2/21	9:15.41
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5,000-Meter Run

1. Daniel Smoak	2/13	16:11.43
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60-Meter Hurdles

1. Jason Richardson	1/17	7.58
2. Johnny Dutch	3/14	7.71
3. Booker Nunley	3/8	7.86
4. Eddie Stoudemire	1/24	8.21
5. Curt McGill	2/28	8.21

4x400-Meter Relay

1. Moore, Dutch Ngwigwa, Anderson	3/1	3:06.11
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4x200-Meter Relay

1. Markett, Sherman Nunley, Stoudemire	2/7	1:27.95
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High Jump

1. Scott Pierce	2/27	6-6 3/4
2. Curt McGill	2/27	6-3 1/4
3. Jarrett Gerald	2/21	5-10 3/4

Pole Vault

1. Marvin Reitze	3/1	17-0
2. Kevin Brinkley	3/8	16-6
3. Matt Shuler	1/24	16-0 3/4
4. Jerry Thompson III	1/24	14-5 1/4

Long Jump

1. Curt McGill	3/8	23-6 1/4
2. Eddie Stoudemire	2/6	23-1 1/4
3. Scott Pierce	2/13	22-0 3/4
4. Aaron Searles	2/13	21-10 3/4
5. Jarrett Gerald	2/13	21-8

Triple Jump

1. Aaron Searles	1/24	44-11
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Shot Put

1. Jason Cook	3/8	61-11
2. David Zaycek	2/28	52-2 3/4
3. Jeff Merk	2/21	47-1 1/4
4. Curt McGill	2/21	46-10 1/4

35-Pound Weight

1. Michael Zajac	3/8	68-5 1/4
2. Jeff Merk	3/1	57-0 3/4
3. David Zaycek	3/1	53-4 1/2

Heptathlon

1. Scott Pierce	2/28	5,325
2. Curt McGill	2/28	5,292
3. Eddie Stoudemire	1/31	5,016

OUTDOOR TOP TIMES

100-Meter Dash

1. Johnathan Hancock	6/10	10.31
2. Antonio Sales	5/16	10.42
3. Bryce Sherman	3/20	10.73
4. Eddie Stoudemire	3/20	10.85

200-Meter Dash

1. Antonio Sales	4/18	20.72
2. Obakeng Ngwigwa	4/18	20.84
3. Quentin Moore	4/18	21.00
4. Bryce Sherman	4/11	21.85
5. Eddie Stoudemire	5/15	21.97

2009 MEN'S TOP TIMES

Pole Vault

1. Elliott Haynie	4/4	17-10 1/2
2. Marvin Reitze	6/12	17-6 1/2
3. Matt Shuler	4/4	16-6 3/4
4. Kevin Brinkley	5/16	16-0 3/4

Long Jump

1. Aaron Searles	3/21	22-6 1/4
2. Jarrett Gerald	5/16	22-4 1/4
3. Curt McGill	5/14	21-11 3/4
4. Eddie Stoudemire	4/8	20-6 1/4
5. Jerry Thompson III	5/14	20-7 3/4

Triple Jump

1. Aaron Searles	3/21	47-7
2. Jarrett Gerald	5/17	43-10

Shot Put

1. Jason Cook	4/11	63-7 1/2
2. David Zaycek	3/21	52-6 3/4

Hammer

1. Michael Zajac	4/3	209-7
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Discus

1. Jeff Merk	4/24	176-8
2. Jason Cook	5/8	168-10
3. David Zaycek	4/11	167-1
4. Michael Zajac	4/11	165-1

Javelin

1. Erik Heymann	5/16	220-1
2. Andrew Vaughan	5/16	188-2

Decathlon

1. Jerry Thompson III	5/15	5,752
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Obakeng Ngwigwa earned three All-America citations in his first season as a Gamecock. The transfer was potent in relays and the 400-meter dash.

400-Meter Dash

1. Obakeng Ngwigwa	5/16	46.47
2. Quentin Moore	4/4	46.59
3. Aaron Anderson	4/18	47.35
4. Eddie Stoudemire	5/16	48.24
5. Michael Varner	4/18	50.26

800-Meter Dash

1. Johnny Dutch	4/8	1:59.07
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110-Meter Hurdles

1. Jason Richardson	5/17	13.29
2. Booker Nunley	5/17	13.49
3. Johnny Dutch	5/17	13.68
4. Eddie Stoudemire	3/20	14.78

400-Meter Hurdles

1. Johnny Dutch	5/17	48.58
2. Michael Varner	5/8	53.90
3. Booker Nunley	3/28	54.18
4. Keith Romero	5/15	54.91

5,000-Meter Run

1. Daniel Smoak	3/20	15:34.59
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4x100-Meter Relay

1. Hancock, Sales Moore, Ngwigwa	6/12	39.09
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4x200-Meter Relay

1. Ngwigwa, Sales Moore, Anderson	4/25	1:21.60
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4x400-Meter Relay

1. Ngwigwa, Dutch Anderson, Moore	6/13	3:02.88
2. Ngwigwa, Richardson Dutch, Anderson	4/25	3:03.89
3. Ngwigwa, Dutch Moore, Richardson	5/17	3:04.49
4. Anderson, Dutch Ngwigwa, Moore	4/4	3:04.53

High Jump

1. Scott Pierce	3/21	6-4 3/4
2. Jarrett Gerald	3/21	5-10 3/4
3. Curt McGill	5/14	5-10 3/4
4. Jerry Thompson III	5/14	5-10 3/4



Elliott Haynie set a new school record in the pole vault in just his third competition as a Gamecock by clearing 17-10.50 (5.45m) at the Pepsi Florida Relays. He placed second at the SEC Outdoor Championships.

2009 SCHEDULE

Indoor Schedule

January		
16-17	Kentucky Invitational	Lexington, Ky.
24	Tom Jones Memorial	Gainesville, Fla.
30	Millrose Games	New York, N.Y.

February

7-8	New Balance Invite	New York, N.Y.
13-14	Tyson Invitational	Fayetteville, Ark.
13-14	Tiger Invitational	Clemson, S.C.
21	Gamecock Invitational	Columbia, S.C.
27-1	SEC Indoors	Lexington, Ky.

March

7	Last Chance Meet	Blacksburg, Va.
13-14	NCAA Indoors	College Station, Texas

Outdoor Schedule

March

20-21	Coastal Carolina	Conway, S.C.
28	Weems Baskin Relays	Columbia, S.C.

April

3-4	Pepsi Florida Relays	Gainesville, Fla.
8	State USATF Meet	Columbia, S.C.
10-11	Spec Town Relays	Athens, Ga.
17-18	Friendship & Freedom	Greensboro, N.C.
23-25	Penn Relays	Philadelphia, Pa.

May

8	UNC Elite Meet	Chapel Hill, N.C.
14-17	SEC Outdoors	Fayetteville, Ark.
29-30	NCAA East Regional	Greensboro, N.C.

April

10-13	NCAA Outdoors	Des Moines, Iowa
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2009 WOMEN'S TOP TIMES

INDOOR TOP TIMES

60-Meter Dash

1.	LaKya Brookins	3/14	7.13
2.	Shayla Mahan	2/28	7.23
3.	Gabrielle Glenn	2/13	7.41
4.	Breehana Jacobs	2/13	7.56
5.	Kelsey McCorkle	1/17	7.78

200-Meter Dash

1.	Shayla Mahan	2/28	24.02
2.	Gabrielle Glenn	2/14	24.25
3.	Breehana Jacobs	2/28	24.33
4.	Kelsey McCorkle	3/8	25.12
5.	Sade-Shari St. Louis	2/14	25.55

400-Meter Dash

1.	Nadonna Rodrigues	3/1	53.41
2.	Brandi Cross	3/7	53.47
3.	Porche Byrd	2/13	54.49
4.	Breehana Jacobs	3/1	55.14
5.	Kelsey McCorkle	3/8	56.62

800-Meter Run

1.	Dani Barnes	3/7	2:13.18
2.	Erin Fedewa	2/28	2:16.74
3.	Laura Pramstaller	2/28	2:19.34

Mile Run

1.	Dani Barnes	3/1	4:47.19
2.	Beatrice Biwott	3/8	5:07.61

3000-Meter Run

1.	Dani Barnes	1/24	9:44.55
2.	Beatrice Biwott	2/14	10:02.74

60-Meter Hurdles

1.	Ronnetta Alexander	3/8	8.18
2.	Kettiany Clarke	2/14	8.41
3.	Janica Austin	3/1	8.43
4.	Trier Young	2/28	8.49

4x400-Meter Relay

1.	Cross, Rodrigues Jacobs, Byrd	3/1	3:33.50
2.	Cross, Glenn Jacobs, Byrd	3/14	3:36.61
3.	McCorkle, Cross Glenn, Rodrigues	1/24	3:40.41
4.	Cross, Jacobs McCorkle, Rodrigues	1/17	3:40.56



Aimee Kodat threw a personal best 161-8 (49.28m) in the discus throw prior to scoring at the SEC meet for the second consecutive year.

Distance Medley Relay

1.	Barnes, McCorkle Fedewa, Biwott	3/1	11:53.75
2.	Barnes, Jacobs Pramstaller, Biwott	2/6	11:54.37

High Jump

1.	Kayla Blake	3/1	5-7 1/4
2.	Kettiany Clarke	2/27	5-5 3/4
3.	Cory Bowen	2/7	5-5 1/4
4.	Staley Foster	3/1	5-5 1/4

Pole Vault

1.	Sallie Gurganus	3/8	13-2 1/4
2.	Liza Todd	2/28	13-1 1/2
3.	Vica Shobe	3/8	12-8 1/4
4.	Allie Nicosia	3/8	12-2 1/2

Long Jump

1.	Kettiany Clarke	2/6	17-4 1/4
2.	Radiance Basden	1/17	16-10
3.	Searra Jones	1/24	16-2 1/2

Triple Jump

1.	Radiance Basden	2/7	38-11 3/4
2.	Searra Jones	3/1	36-2

Shot Put

1.	Aimee Kodat	3/1	42-5 1/4
2.	Shantelle Patterson	1/24	39-8 1/2
3.	Kettiany Clarke	2/27	36-6 3/4

20-Pound Weight

1.	Shantelle Patterson	2/7	51-2 3/4
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Pentathlon

1.	Kettiany Clarke	1/30	3,750
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OUTDOOR TOP TIMES

100-Meter Dash

1.	LaKya Brookins	6/10	11.20
2.	Shayla Mahan	5/17	11.55
3.	Gabrielle Glenn	5/16	11.57
4.	Breehana Jacobs	4/11	11.74

200-Meter Dash

1.	Shayla Mahan	5/8	23.86
2.	Breehana Jacobs	4/11	24.06
3.	Gabrielle Glenn	5/8	24.10
4.	Kelsey McCorkle	5/8	24.66
5.	Kettiany Clarke	5/14	25.36

400-Meter Dash

1.	Brandi Cross	4/4	52.73
2.	Nadonna Rodrigues	4/18	54.32
3.	Porche Byrd	5/8	54.98
4.	Kelsey McCorkle	4/18	56.58
5.	Breehana Jacobs	5/16	57.37

800-Meter Dash

1.	Dani Barnes	4/11	2:12.66
2.	Sara Hartley	4/4	2:17.75
3.	Erin Fedewa	4/11	2:18.48
4.	Nadonna Rodrigues	4/8	2:21.53
5.	Tara Lindeman	3/28	2:24.12

1,500-Meter Run

1.	Dani Barnes	5/16	4:35.10
2.	Beatrice Biwott	5/8	4:49.32
3.	Laura Pramstaller	3/28	4:50.68

3,000-Meter Run

1.	Dani Barnes	3/21	9:49.64
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5,000-Meter Run

1.	Beatrice Biwott	4/11	17:47.21
2.	Lisa McKinney	3/20	19:07.03

3,000-Meter Steeplechase

1.	Beatrice Biwott	5/16	10:48.77
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100-Meter Hurdles

1.	Janica Austin	5/17	13.55
2.	Kettiany Clarke	5/14	13.55

400-Meter Hurdles

1.	Janica Austin	5/17	58.06
2.	Radiance Basden	4/18	1:00.49
3.	Kettiany Clarke	4/23	1:02.67

4x100-Meter Relay

1.	Brookins, Mahan Glenn, Jacobs	6/12	43.41
2.	Brookins, Glenn Cross, Jacobs	4/24	44.82
3.	Brookins, Jacobs McCorkle, Glenn	3/21	46.35

4x200-Meter Relay

1.	Cross, Byrd Jacobs, Glenn	4/4	1:33.97
2.	Glenn, Jacobs Cross, McCorkle	4/24	1:35.39
3.	Cross, Byrd McCorkle, Glenn	3/20	1:37.63

4x400-Meter Relay

1.	Byrd, Cross Jacobs, Glenn	5/30	3:33.92
2.	Cross, Jacobs Austin, Glenn	4/25	3:36.71
3.	Byrd, Austin Jacobs, Glenn	5/17	3:37.79
4.	Cross, Glenn Rodrigues, Byrd	4/23	3:45.08

High Jump

1.	Cory Bowen	5/8	5-7
2.	Staley Foster	4/23	5-6
3.	Kayla Blake	4/8	5-5
4.	Kettiany Clarke	5/17	5-5

Pole Vault

1.	Liza Todd	5/29	13-1 3/4
2.	Sallie Gurganus	4/4	13-1 1/2
3.	Allie Nicosia	4/4	12-7 1/2
4.	Vica Shobe	5/17	12-7 1/2
5.	CaAdrian Norman Jocelyn Henline	5/8	11-1 3/4 11-1 3/4

Long Jump

1.	Kettiany Clarke	5/8	18-2 1/2
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Triple Jump

1.	Radiance Basden	4/4	38-6
2.	Searra Jones	3/21	35-0 1/2

Shot Put

1.	Stacey Roberts	5/17	47-7 1/4
2.	Katie Vuckovich	4/8	44-7
3.	Aimee Kodat	5/17	43-2 1/2
4.	Shantelle Patterson	5/17	41-5 1/4

Discus

1.	Aimee Kodat	4/11	161-8
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Hammer

1.	Shantelle Patterson	5/15	167-2
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Heptathlon

1.	Kettiany Clarke	5/15	5,181
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2009 REVIEW

2009 SCHEDULE

Indoor Schedule

January		
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Nadonna Rodrigues was named SEC Indoor Freshman of the Year after posting one of the top times in the nation in the 400-meter dash.

2009 CROSS COUNTRY SCHEDULE

Date	Event (Site)	Distance
Fri., Aug. 29	Gamecock Invitational (Columbia, S.C.)	5K
Sat., Sept. 6	at Eye Opener (Spartanburg, S.C.)	5K
Sat., Sept. 20	at Asics/Winthrop Invitational (Rock Hill, S.C.)	5K
Sat., Oct. 11	at Disney World Invitational (Orlando, Fla.)	5K
Fri., Oct. 18	at Pre-NCAA (Terre Haute, Ind.)	6K
Mon., Nov. 3	at SEC Championship (Starkville, Miss.)	6K
Sat., Nov. 15	at NCAA Southeast Regional (Clemmons, N.C.)	6K
Mon., Nov. 24	at NCAA Championship (Terre Haute, Ind.)	6K

The South Carolina cross country team had its best finish at the NCAA Southeast Regional Championships since 1995 in the final race of the season Saturday on the campus of the University of Louisville. Showing that their season-long ranking in the top 15 was deserved, the women placed 14th out of 35 teams competing, an improvement of nine spots from last season's 23rd place finish.

Sophomore Beatrice Biwott overcame having to cross train for two weeks, due to a calf strain, to lead the team with a 57th place finish out of 237 racers, an individual improvement of over 20 spots from her freshman season. Freshman Tatum Tyler had her best race of the season and finished as South Carolina's second scorer in 79th. Tyler and junior captain Ashley Evens worked together moving through the massive field of racers the entire race. Evens placed 90th her highest ever placing in the NCAA race.

Senior Dani Barnes, who also missed the past several weeks of running due to sore shins, went out with the second pack. At halfway, her time away from running caught up with her and she slowly faded back in the tough field of racers at 123rd. Freshman Sara Hartley raced well from the back passing over 30 runners the last half of the race to finish just behind Barnes at 126th.

During the regular season, the Gamecock cross country team had a 30-4 record against NCAA Division I teams. They won two invitational meets, earning the team titles at South Carolina and at Winthrop. They also placed second at the Princeton Invitational and fourth at the Charlotte Invitational.



2009 GAMECOCK CROSS COUNTRY TEAM

Front Row, l to r: Sierra Henderson, Manager Sarah Mahoney, Beatrice Biwott, Dani Barnes, Ellyn Quigg, Tatum Tyler, Chelsea Leroux, Laura Beggs; **Middle Row, l to r:** Sarah Hartley, Caitlin Williams, Liz Meier, Jessica Hartman, Nicole Rheinlander, Lisa McKinney, Amanda Smith, Amanda Barrett; **Back Row, l to r:** Head Coach Stan Rosenthal, Tara Lindeman, Erin Fedewa, Shannon Walls, Patrice Frierson, Ashley Evens, Laura Pramstaller, Ashby Gaines