



UNIVERSITY OF SOUTH CAROLINA

2018-2019 Insurance Information Sheet

- ☐ Athletic Scholarship Athlete
☐ Non-Scholarship Athlete

Sport: _____

Name: _____ Date of Birth: ____/____/____ Sex: ____

Last Name First Name Middle Name

Social Security # ____-____-____ Student's Cell Phone: _____

Home Address: _____

City: _____ State: _____ Zip Code: _____ Country: _____

Father: _____ Mother (include Maiden Name): _____

HMO/PPO Information - Primary Care Physician: _____ Phone: _____

MEDICAL INSURANCE: ☐ NO MEDICAL INSURANCE COVERAGE ☐ INTERNATIONAL STUDENT

Insurance Company: _____ Group #: _____ Policy #: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Insurance Co. Phone Number: _____

Employer/Group Name: _____

Subscriber: _____ Relationship to Athlete: _____

Subscriber's Date of Birth ____/____/____ Subscriber's SSN: XXX-XX-____ (Last four digits only)

CHAMPUS/TRI-CARE INFORMATION: (If Applicable)

Sponsor: _____ Relationship to Athlete: _____

Sponsor's SSN: XXX-XX-____ (Last four digits only) ID # from card: _____

Duty Station: _____ Effective Dates: ____/____/____ to ____/____/____

DENTAL INSURANCE:

Insurance Company: _____ Group #: _____ Policy #: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Insurance Co. Phone Number: _____

Employer/Group Name: _____

Subscriber: _____ Relationship to Athlete: _____

Subscriber's Date of Birth ____/____/____ Subscriber's SSN: XXX-XX-____ (Last four digits only)

PRESCRIPTION MEDICATION COVERAGE: Rx Bin # _____ PCN/GROUP _____

I acknowledge I have read the letter regarding medical information, understand and will assist in the filing of accident claims. I attest the insurance coverage submitted is a current, in force insurance policy for injuries that occur during my participation in intercollegiate athletics. **If there is a material change in coverage or expiration of coverage, I agree to notify the University of South Carolina Athletic Medicine staff of this development and update the insurance information I have on file with them.** I understand and agree that the University of South Carolina will assume responsibility for the payment of, or authorization to pay, medical expenses resulting in injuries that occur while participating in intercollegiate athletics at the University of South Carolina – **provided I follow policies outlined in the letter received.**

Athlete's Signature

Date: ____/____/____

Parent's/Guardian's Signature

Date: ____/____/____

Please return with a copy of the front AND back of insurance card.

STUDENT-ATHLETE CONSENT FORMS

Read the following three (3) consent forms carefully. If you have any questions about the consent forms, have them answered before signing. If you are under 18 years of age, your parents must also sign.

The basic content and purpose of each consent form is as follows:

- I. **Medical Consent:** Allows the University of South Carolina team physicians and athletic trainers to treat any injury you receive while at the University of South Carolina.
- II. **Authorization for Release of Information:** Allows medical staff to provide limited medical information to the Department of Athletics and associated agencies as listed below.
- III. **Shared Responsibility for Sport Safety:** Acknowledges that there are certain inherent risks involved in participating in intercollegiate athletics and that you are willing to assume responsibility for such risks.

PART I – MEDICAL CONSENT

I hereby grant permission to the University of South Carolina team physicians and/or their consulting physicians to render any treatment and medical or surgical care to me that they deem reasonably necessary for my health and well-being. I also hereby authorize the University of South Carolina athletic trainers who are under the direction and guidance of the University of South Carolina athletic team physicians to render any preventative, first aid, and rehabilitative or emergency treatment to me that they deem reasonably necessary for my health and well-being. Also, when necessary for executing such medical care, I grant permission to be hospitalized at any accredited hospital.

I understand that this consent expires automatically 380 days from the date of my signature below. I further understand that I have the right to revoke my consent at any time by sending written notification to the USC Athletics Department (send to John Kasik, Associate Athletic Director/Sports Medicine); however, I understand that a revocation is not effective as to any medical treatment rendered to me prior to the effective date of my revocation

Name of Athlete: _____ SSN/Student ID: _____

Signature of Athlete: _____ Date: _____

If athlete is under 18 years of age, signature of parent or guardian on behalf of the athlete is required.

Parent or Guardian: _____ Date: _____

PART II – AUTHORIZATION FOR RELEASE OF INFORMATION

The privacy of your medical information is protected by law. Except under certain circumstances, your medical information will not be disclosed without your consent. USC medical staff is committed to maintaining the privacy of your medical information. By signing this Authorization, you agree to allow USC medical staff, including team physicians, consulting physicians and athletic trainers, to disclose your medical information as follows:

- USC medical staff will share pertinent information about your medical condition with any outside provider (e.g., medical equipment vendors, medical specialists, surgeons, pharmacies, etc.) whose assistance is necessary for your continuing treatment. For example, if you are injured and require a brace, pertinent medical information will be shared with the brace fitter so that you may be properly fitted.
- USC medical staff will provide appropriate information about your medical condition to your insurance company and prescription drug benefits manager, to Department of Athletics insurance carriers and prescription drug benefit managers, and to appropriate Department of Athletics personnel who assist with filing insurance information, for payment to USC medical staff for the treatment provided to you. This type of sharing of medical information is common to most health care providers and may be a condition of treatment.
- USC medical staff will share pertinent information about your medical condition with other medical staff members and individuals who need to be informed of your condition for legitimate reasons such as continuing treatment or determining whether you are able to practice, play or attend class.
- USC medical staff will share information about your medical condition with your coach(s) and appropriate Department of Athletics officials in order to make informed decisions about your return to practice, competition or class.

- USC medical staff will share pertinent information about your medical condition with appropriate Department of Athletics personnel for required disclosure to external governing bodies, such as the NCAA or the SEC.
- USC medical staff will disclose general status information about your medical condition to appropriate Department of Athletics Media Relations personnel. For example, if you are injured during a game, USC medical staff will communicate general information about your injury and status to Media Relations. Media Relations, in turn, will disclose your general status information to various media outlets (e.g., newspapers, magazines, television, etc.). USC medical staff and/or coaching staff will not release specific information about your medical condition (e.g., details of injury, results of diagnostic testing, operations, rehabilitation plan and/or timing of return to play) without your prior approval.
- USC medical staff will not share your medical information with professional agents, professional athletic teams or leagues, attorneys, or unrelated third parties without your independently-provided written consent, separate from this document, unless required to do so by state or federal laws or regulations.
- USC Medical staff will obtain information regarding your participation and attendance in mental health treatment within the Athletics Department, USC Counseling and Psychiatry Department, or community providers. Information beyond participation/attendance will require an additional release of information.
- USC Medical staff will obtain the results of any lab testing that directly affects your health and wellbeing as a student athlete.

I understand that my medical information will be disclosed by USC medical staff to the individuals and entities described above, and I hereby consent to and authorize such disclosure of my medical information.

I understand that this consent expires automatically 380 days from the date of my signature below. I further understand that I have the right to revoke my consent at any time by sending written notification to the USC Athletics Department (send to John Kasik, Associate Athletic Director/Sports Medicine); however, I understand that a revocation is not effective as to any action or disclosure of information that occurs prior to the effective date of my revocation

Name of Athlete: _____ SSN/Student ID: _____

Signature of Athlete: _____ Date: _____

If athlete is under 18 years of age, signature of parent or guardian on behalf of the athlete is required.

Parent or Guardian: _____ Date: _____

PART III – SHARED RESPONSIBILITY FOR SPORTS SAFETY

Participation in intercollegiate athletics involves a risk of injury. Student-athletes have a right to assume that those who are responsible for the conduct of intercollegiate competition have taken reasonable precautions to minimize such risks and that their peers participating in the sport will not intentionally inflict injury upon them. Athletic trainers and physicians will periodically analyze injury patterns to refine rules and make safety decisions. However, the safety of student-athletes cannot be ensured solely by the existence of a rule book and equipment standards, or by officials responsible for enforcing compliance with such safety rules and guidelines. The safety of student-athletes requires a commitment by all student-athletes to share responsibility for complying with the intent and purpose of rules and guidelines designed to minimize the risks of injury. Even so, student-athletes participating in intercollegiate athletics are at risk of injury.

I have read the above shared responsibility statement. I understand that there are certain inherent risks involved in participating in intercollegiate athletics. I acknowledge the fact that these risks exist and I am willing to assume responsibility for such risks while participating in intercollegiate athletics at the University of South Carolina.

I understand that this consent expires automatically 380 days from the date of my signature below. I further understand that I have the right to revoke my consent at any time by sending written notification to the USC Athletics Department (send to John Kasik, Associate Athletic Director/Sports Medicine); however, I understand that a revocation is not effective as to any action that occurs prior to the effective date of my revocation.

Name of Athlete: _____ SSN/Student ID: _____

Signature of Athlete: _____ Date: _____

If athlete is under 18 years of age, signature of parent or guardian on behalf of the athlete is required.

Parent or Guardian: _____ Date: _____

UNIVERSITY OF SOUTH CAROLINA ATHLETIC TRAINING MEDICAL INFORMATION PACK

Name of Athlete: _____
Print

Date of Exam: _____



Athletic Training Staff Note:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Student Athlete's Name _____ Date of Birth ____/____/____
LAST FIRST MIDDLE MONTH DAY YEAR

Sport(s) _____ Gender _____ Academic Year _____ (i.e. 2016-17)

Banner ID _____ Social Security # ____--____--____ ☐ Freshman ☐ Sophomore ☐ Junior ☐ Senior ☐ 5th

Permanent Address: _____ City _____ State ____ Zip _____ Country _____

School Address: _____ City: _____ State ____ Zip _____

Student Cell Phone # _____ Parent's Phone Number _____

Student Email Address _____ Team Status ☐ Scholarship ☐ Walk-On ☐ Practice Player

IN CASE OF EMERGENCY

Name _____ Relationship _____ Cell Phone _____ Home Phone _____

Do you have ALLERGIES to the following?

Do you have ALLERGIES to the following?		
Food	<input type="checkbox"/> YES <input type="checkbox"/> NO	Specify:
Insect or Animals	<input type="checkbox"/> YES <input type="checkbox"/> NO	Specify:
Latex, Iodine, Tape or Other Allergies	<input type="checkbox"/> YES <input type="checkbox"/> NO	Specify:
Over-the-Counter and/or Prescription Medications	<input type="checkbox"/> YES <input type="checkbox"/> NO	Specify:
Plants, grasses, pollens, dust or environmental factors	<input type="checkbox"/> YES <input type="checkbox"/> NO	Specify:
Other	<input type="checkbox"/> YES <input type="checkbox"/> NO	Specify:

FAMILY MEDICAL HISTORY

For each full-blooded relative listed, indicate if they have a history of the following (Do not include adoptive, step-, or foster relatives).

If yes, specify relationship

☐ Check if you are adopted.

Relationship	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO
High Blood Pressure	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Has anyone in the family dies of a heart related problem before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Has anyone in the family suffered a disability related to Heart disease before the age of 50:	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Pacemaker or Implanted Defibrillator	<input type="checkbox"/> YES <input type="checkbox"/> NO	
High Blood Cholesterol	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Other Heart Problems	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Unexplained Fainting, Unexplained seizures, or Near Drowning?	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Asthma	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Stroke	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Kidney Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Diabetes	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Hemophilia / Blood Clotting Disorder	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Does anyone have a specific heart condition (such as Marfan's Syndrome, Hypertrophic Cardiomyopathy (HCM), Arrhythmogenic Right Ventricular Cardiomyopathy (ARVD), Long QT or Short QT syndrome, Brugada Syndrome, or Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)?	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Sickle Cell Trait / Disorder	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Tuberculosis	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Gout	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Cancer	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Epilepsy	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Mental Illness	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Drug and/or Alcohol Dependency	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Additional Family Medical Issues	<input type="checkbox"/> YES <input type="checkbox"/> NO	

Do you have any personal beliefs that would prevent you from seeing a physician or taking medications?

<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
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GENERAL MEDICAL

Has a physician ever told you that you had any of the following medical problems, and/or symptoms?

Rheumatic Fever	<input type="checkbox"/> YES <input type="checkbox"/> NO	Ear Infection	<input type="checkbox"/> YES <input type="checkbox"/> NO
Rheumatic Heart Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Muscular Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO
Pericarditis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Birth Defects	<input type="checkbox"/> YES <input type="checkbox"/> NO
Any Heart Disease?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Appendicitis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Tumor, Growth, Cyst	<input type="checkbox"/> YES <input type="checkbox"/> NO	Injury to the Spleen	<input type="checkbox"/> YES <input type="checkbox"/> NO
Cancer	<input type="checkbox"/> YES <input type="checkbox"/> NO	Stomach or Intestinal Ulcer	<input type="checkbox"/> YES <input type="checkbox"/> NO
Any Ruptured Organs?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Colitis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Frequent Respiratory Infections	<input type="checkbox"/> YES <input type="checkbox"/> NO	Bowel Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO
Gout	<input type="checkbox"/> YES <input type="checkbox"/> NO	Irregular Bowels	<input type="checkbox"/> YES <input type="checkbox"/> NO
Pleurisy	<input type="checkbox"/> YES <input type="checkbox"/> NO	Bloody, Clay Colored Stools	<input type="checkbox"/> YES <input type="checkbox"/> NO
Pneumonia	<input type="checkbox"/> YES <input type="checkbox"/> NO	Frequent Heartburn	<input type="checkbox"/> YES <input type="checkbox"/> NO
Pneumothorax	<input type="checkbox"/> YES <input type="checkbox"/> NO	Frequent Diarrhea	<input type="checkbox"/> YES <input type="checkbox"/> NO
Polio	<input type="checkbox"/> YES <input type="checkbox"/> NO	Frequent Indigestion	<input type="checkbox"/> YES <input type="checkbox"/> NO
Bronchitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Constipation	<input type="checkbox"/> YES <input type="checkbox"/> NO
Jaundice/Hepatitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Frequent Headaches/Migraines	<input type="checkbox"/> YES <input type="checkbox"/> NO
Tuberculosis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Neuritis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Malaria	<input type="checkbox"/> YES <input type="checkbox"/> NO	Nervousness	<input type="checkbox"/> YES <input type="checkbox"/> NO
Mumps	<input type="checkbox"/> YES <input type="checkbox"/> NO	Frequent Nose Bleeds	<input type="checkbox"/> YES <input type="checkbox"/> NO
Mononucleosis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Difficulty Swallowing	<input type="checkbox"/> YES <input type="checkbox"/> NO
Measles	<input type="checkbox"/> YES <input type="checkbox"/> NO	Swollen Feet/Ankles	<input type="checkbox"/> YES <input type="checkbox"/> NO
Rubella	<input type="checkbox"/> YES <input type="checkbox"/> NO	Chronic Cough	<input type="checkbox"/> YES <input type="checkbox"/> NO
Chicken Pox	<input type="checkbox"/> YES <input type="checkbox"/> NO	Unexplained Weight Loss	<input type="checkbox"/> YES <input type="checkbox"/> NO
Asthma	<input type="checkbox"/> YES <input type="checkbox"/> NO	Paralysis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Exercised Induced Asthma	<input type="checkbox"/> YES <input type="checkbox"/> NO	Poor Appetite	<input type="checkbox"/> YES <input type="checkbox"/> NO
Recurrent Sinusitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Dizziness	<input type="checkbox"/> YES <input type="checkbox"/> NO
Sinus Infection	<input type="checkbox"/> YES <input type="checkbox"/> NO	Memory Loss	<input type="checkbox"/> YES <input type="checkbox"/> NO
Whooping Cough	<input type="checkbox"/> YES <input type="checkbox"/> NO	Loss of Consciousness	<input type="checkbox"/> YES <input type="checkbox"/> NO
Nasal Polyps	<input type="checkbox"/> YES <input type="checkbox"/> NO	Hepatitis and/or HIV	<input type="checkbox"/> YES <input type="checkbox"/> NO
Nose Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Amnesia	<input type="checkbox"/> YES <input type="checkbox"/> NO
ADD/ADHD	<input type="checkbox"/> YES <input type="checkbox"/> NO	Meningitis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Skin Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Diphtheria	<input type="checkbox"/> YES <input type="checkbox"/> NO
Diabetes	<input type="checkbox"/> YES <input type="checkbox"/> NO	Typhoid Fever	<input type="checkbox"/> YES <input type="checkbox"/> NO
Sickle Cell Anemia/Trait	<input type="checkbox"/> YES <input type="checkbox"/> NO	Hemophilia	<input type="checkbox"/> YES <input type="checkbox"/> NO
Anemia	<input type="checkbox"/> YES <input type="checkbox"/> NO	Seizure Disorder	<input type="checkbox"/> YES <input type="checkbox"/> NO
Abnormal Bruising	<input type="checkbox"/> YES <input type="checkbox"/> NO	Thyroid Disease / Goiter	<input type="checkbox"/> YES <input type="checkbox"/> NO
Abnormal Bleeding	<input type="checkbox"/> YES <input type="checkbox"/> NO	Hemorrhoids	<input type="checkbox"/> YES <input type="checkbox"/> NO
Blood Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Hernia	<input type="checkbox"/> YES <input type="checkbox"/> NO
Blood Clot or Embolisms	<input type="checkbox"/> YES <input type="checkbox"/> NO	Arthritis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Kidney Injury/Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Joint Inflammation	<input type="checkbox"/> YES <input type="checkbox"/> NO
Kidney Stones	<input type="checkbox"/> YES <input type="checkbox"/> NO	Fever Blister	<input type="checkbox"/> YES <input type="checkbox"/> NO
Blood in Urine	<input type="checkbox"/> YES <input type="checkbox"/> NO	Sexually Transmitted Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO
Frequent Urinary Infections	<input type="checkbox"/> YES <input type="checkbox"/> NO	Car or Air Sickness	<input type="checkbox"/> YES <input type="checkbox"/> NO
Gall Bladder Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Hives	<input type="checkbox"/> YES <input type="checkbox"/> NO
Liver Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Heat Illness (Cramps, Exhaustion, Stroke)	<input type="checkbox"/> YES <input type="checkbox"/> NO
Hearing Loss	<input type="checkbox"/> YES <input type="checkbox"/> NO		

VISION HISTORY

Have you ever been to an eye doctor?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Physician:
Have you had an eye injury?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:	
Do you wear glasses or contacts when you train or compete?	<input type="checkbox"/> YES <input type="checkbox"/> NO		
If yes, include your current prescription			
Are you legally blind in either eye?	<input type="checkbox"/> YES <input type="checkbox"/> NO		
Do you have a color vision deficiency?	<input type="checkbox"/> YES <input type="checkbox"/> NO		
Have you had any other problems with your eyes and/or vision?	<input type="checkbox"/> YES <input type="checkbox"/> NO		

DENTAL HISTORY

Do you have a bridge or false teeth?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Comments:
Have you ever fractured a tooth?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Comments:
Have you ever had a tooth knocked out?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Comments:
Do you wear orthodontic appliances?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Comments:

INTERNAL MEDICAL HISTORY

Were you born with a complete and functional set of paired organs? (Eyes, ears, kidneys, ovaries/testicles, lungs)	<input type="checkbox"/> YES <input type="checkbox"/> NO	If not, which organs were involved?		
Have you ever had surgery to repair or remove any organ? (Hernia, tonsils, appendix, spleen, etc.)	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, which organ?	Repaired?	Removed?
		Date:	Physician	Physician's Address

CARDIAC MEDICAL HISTORY

Have you ever felt dizzy or light-headed during exercise, not related to heat?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever had chest pain while exercising?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever had irregular heartbeats or heart palpitations during exercise?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever been told you have a heart murmur	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever been seen by a heart specialist (Cardiologist)?	<input type="checkbox"/> YES <input type="checkbox"/> NO
If yes, Physician Name:	DATE:
Have you ever had an EKG or Echocardiogram?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever had a Stress (Heart) Exam?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever had a Syncope (Fainting) event during exercise?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever had unexplained shortness of breath during exercise?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever been restricted from participation in sports?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever been told you have high blood pressure?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Has a doctor ever told you that you have any heart problems	<input type="checkbox"/> YES <input type="checkbox"/> NO
If so, check all that apply:	<input type="checkbox"/> High Blood Pressure <input type="checkbox"/> High Cholesterol <input type="checkbox"/> Kawasaki Disease <input type="checkbox"/> A Heart Infection
	<input type="checkbox"/> Other: _____

NUTRITIONAL HISTORY

How many meals a day do you eat?	
How many times do you snack during the day?	
Do you consciously watch your weight?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Do you restrict your food intake to be at your competitive weight?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Have you ever purged (vomited, used laxatives, and/or diuretics) to control your weight?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Are there certain foods or food groups that you forbid yourself to eat?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Have you ever dieted?	<input type="checkbox"/> YES <input type="checkbox"/> NO If yes, what age did you start dieting?
Are you a vegetarian or vegan?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Do you eat red meat?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Do you take an Iron, Calcium, and/or a Vitamin D supplement?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Do you have a Gluten allergy or intolerance?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:
Do you have, or have you ever, been diagnosed and/or treated with an eating disorder?	<input type="checkbox"/> YES <input type="checkbox"/> NO Explain:

HEALTH & WELLNESS

Have you ever...?	
Had psychological testing for ADD/ADHD?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Had trouble sleeping	<input type="checkbox"/> YES <input type="checkbox"/> NO
Felt sad or depressed	<input type="checkbox"/> YES <input type="checkbox"/> NO
Felt anxious and nervous much of the time	<input type="checkbox"/> YES <input type="checkbox"/> NO
Bled excessively after injury	<input type="checkbox"/> YES <input type="checkbox"/> NO
Had pins, staples, wires in body	<input type="checkbox"/> YES <input type="checkbox"/> NO
Worn Hearing Aids	<input type="checkbox"/> YES <input type="checkbox"/> NO
Been advised to have any operation	<input type="checkbox"/> YES <input type="checkbox"/> NO
Been prescribed medication for ADD/ADHD?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Attempted or thought about hurting yourself or others?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Seen a counselor, psychiatrist or psychologist for any reason or been hospitalized for any mental health reason?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Coughed up blood	<input type="checkbox"/> YES <input type="checkbox"/> NO
Had any other illness than those already noted	<input type="checkbox"/> YES <input type="checkbox"/> NO

HEALTH & WELLNESS cont.

Do you take or use any of the following?	Never	Occasionally	Frequently
Diet Pills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping Pills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Laxatives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anti-Histamines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anti-Inflammatories	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco (Dip, Snuff, Cigarettes, Cigars, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight Gain, Weight Loss, or Performance Enhancement Supplements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other Diet, Nutritional, or Performance Enhancing Supplements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Over-the-Counter Medications	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Are you presently taking any **PRESCRIBED** or over-the-counter medications? (Include Birth Control pills, Insulin, Allergy shots/pills, Asthma Inhalers, Anti-Depressants, Anti-Inflammatories including Aspirin, Medications for ADD/ADHD.

Name	Dose (Strength)	How many times daily and/or weekly	Reason

MEN'S MEDICAL HISTORY

Do you feel pain or burning with urination?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Any blood in your urine?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Has the force of your urine decreased?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Have you had any kidney, bladder, or prostate infections with the last 12 months?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Do you have any problems emptying your bladder completely?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Any testicular torsion, pain, or swelling?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:

WOMEN'S MEDICAL HISTORY

Have you ever had a menstrual period?	<input type="checkbox"/> YES <input type="checkbox"/> NO	
At what age did your menstrual cycle start?		Any problems?
When was your most recent menstrual cycle?	Date:	Any problems?
On an average, how long has each period lasted?	Days:	Week
How many periods have you had in the past 12 months?		
Are you currently taking any female hormones, such as estrogen, progesterone, birth control for regulating your period?	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, explain:
When was your last pelvic exam and pap smear?	Date:	Results:
Trouble with heavy menstrual bleeding?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Bleeding between periods?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Menstrual cramps/pain which affected you school or athletic performance?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Have you ever gone more than 3 months between periods?	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, explain:
Have you ever seen a Medical Clinician/Physician because of irregular periods?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:

HEAD AND NEUROLOGICAL MEDICAL HISTORY

Head Concussion	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, how many times?
Knocked Unconscious	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, how many times and for how long?
Has anyone ever used the word "Dinged" to describe a head injury?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Long-term problems due to head injury, such as memory loss, headaches, dizziness, mood swings, and/or nausea?	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, Explain:
Have you had numbness, tingling, or weakness in the following areas: <ul style="list-style-type: none"> • Shoulder • Buttocks • Legs and/or Feet 	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, Explain:
Seizure or epilepsy	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Migraine headaches	<input type="checkbox"/> YES <input type="checkbox"/> NO	Explain:
Have you ever taken a baseline Neuro-Psych test?	<input type="checkbox"/> YES <input type="checkbox"/> NO	If yes, which one? (i.e. Axon, ImPact, Headminder, etc.)
If YES, please include a copy of the test results.		
Have you ever been told to refrain from sport participation due to concussion(s)?	<input type="checkbox"/> YES <input type="checkbox"/> NO	

ORTHOPEDIC MEDICAL HISTORY

Please Check if you have or had any of the below injuries. If your injury is not listed, indicate in the OTHER box.

NECK AND BACK MEDICAL HISTORY

Facet Disorder or Disc Disease/Injury	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Traumatic or Stress Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Whiplash Injury	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Rib Injury	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Burner or Stinger	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Congenital Deformity	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Back Pain or Stiffness	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Spondylosis/Spondylolisthesis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Herniated Disc	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Sacroiliac Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Sciatica	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Scoliosis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Epidural(s)	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

SHOULDER GIRDLE, CLAVICLE AND UPPER ARM MEDICAL HISTORY

Traumatic or Stress Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Subluxation or Dislocation	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Muscle Strain or Ligament Sprain	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Labrum Injury or Tear	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Tendonitis or Bursitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Impingement	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Rotator Cuff Injury	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Acromioclavicular (AC) Sprain or Instability	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Shoulder Joint Instability	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Injection(s)	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

ELBOW, FOREARM, HAND, WRIST AND FINGER MEDICAL HISTORY			
Traumatic or Stress Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Subluxation or Dislocation	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Muscle Strain or Ligament Sprain	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Tendonitis or Bursitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Elbow Joint Instability	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Numbness/Tingling/Weakness of Forearm and/or Hand	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Injections	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

PELVIS, HIP AND THIGH MEDICAL HISTORY			
Traumatic or Stress Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Subluxation or Dislocation	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Sprain or Strain of Muscle (Groin, Hamstring, Quad)	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Tendonitis or Bursitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Severe Contusion or Hip Pointer	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Athletic Pubalgia/Sports Hernia/Core Injury	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Calcium Deposits	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Injections	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

KNEE MEDICAL HISTORY			
ACL, MCL, PCL, LCL Tear or Repair/Reconstruction	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Meniscus Injury, Repair or Meniscectomy	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Patellar Dislocation	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Patellar Femoral Syndrome	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Chondromalacia	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Tendonitis or Bursitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
IT Band Syndrome	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Locking or Instability (giving away)	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Osgood Schlatter's	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Injections	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

LOWER LEG OR ANKLE MEDICAL HISTORY			
Traumatic or Stress Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Subluxation or Dislocation	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Muscle Strain or Ligament Sprain	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Re-occurring Sprain	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
High Ankle (Syndesmosis) Sprain	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Tendonitis or Bursitis (Achilles)	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Chronic Instability	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Shin Splints	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Compartment Syndrome	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Bone Chip or Bone Spur in joint	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Injections	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

FOOT OR TOE MEDICAL HISTORY			
Traumatic or Stress Fracture	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Subluxation or Dislocation	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Muscle Strain or Ligament Sprain	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Tendonitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Instability	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Bone Chip or Bone Spur in joint	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Plantar Fasciitis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Turf Toe	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Sesmoiditis	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Injection(s)	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Surgery	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:
Other, pain or swelling	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:	Explain:

Have you had or do you have now any medical problems or injuries not listed on this form?	<input type="checkbox"/> YES <input type="checkbox"/> NO
If yes, Explain:	
Do you have any medical or health problems in which you are currently receiving medical treatment?	<input type="checkbox"/> YES <input type="checkbox"/> NO
If yes, Explain:	
Is there any reason that you are not able to participate in athletics?	<input type="checkbox"/> YES <input type="checkbox"/> NO
If yes, Explain:	
Are there any additional health problems you would prefer to discuss privately with our team physician?	<input type="checkbox"/> YES <input type="checkbox"/> NO

Do you wear any special protective or corrective equipment or devices to participate in your sport? (i.e. braces, goggles, etc.)

Device:	Explain:
Device:	Explain:

The undersigned, herewith,

- Certifies that the answers to these questions are correct and true;
- Understands that his/her having passed the physician examination does not necessarily mean that he/she is physically qualified to engage in athletics, but only that the examiner did not find a medical reason to disqualify him/her; and
- Fully realizes that the University of South Carolina Athletics Department cannot be held responsible for any previous medical condition(s), or for any current medical conditions that he/she has, that may or may not have been previously diagnosed or disclosed to the University of South Carolina

Signature of Student Athlete _____ Date _____

PRINT Full name of Parent/Guardian or Legal Representative* _____

Capacity of Legal Representative*
(if applicable): _____

Signature of Parent/Guardian _____ Date _____
or Legal Representative*
(if student-athlete is under 18 years of age)

May be requested to provide verification of representative status

Upon completion of this Medical History, it will be reviewed and signed by a Staff Athletic Trainer

Signature of USC Athletic Trainer _____ Date _____

Pre-participation Physical Examination Form

Name: _____

Date of Birth ____/____/____

Physician Reminders

1. Do you feel stressed on more sensitive issues?
2. Do you feel safe at your home or residence?
3. Have you ever tried cigarettes, chewing tobacco, snuff, or dip?
4. During the last 30 days, did you use chewing tobacco, snuff, or dip?
5. Do you drink alcohol or use any other drugs?
6. Have you ever taken anabolic steroids or used any other performance supplement?
7. Have you ever taken any supplements to help you gain or lose weight or improve your performance?
8. Do you wear a seat belt, use a helmet, and use condoms?

EXAMINATION		
Height	Weight	<input type="checkbox"/> Male <input type="checkbox"/> Female
BP / (/)	Pulse	Vision Rt. 20 / Lt. 20 / Corrected <input type="checkbox"/> Yes <input type="checkbox"/> No
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency)		
Eyes/Ears/Nose/Throat Pupils Equal Hearing		
Lymph Nodes		
Heart Murmurs (auscultation standing, standing, +/- Valsalva) Location of point of maximal impulse (PMI)		
Pulses Simultaneous femoral and radial pulses		
Lungs		
Abdomen		
Genitourinary (Males Only)		
Skin HSV, lesions suggestive of MRSA, tinea corporis		
Neurologic		
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS
Neck		
Back		
Shoulder/Arm		
Elbow/Forearm		
Wrist/Hand/Fingers		
Hip/Thigh		
Knee		
Leg/Ankle		
Foot/Toes		
Functional Duck walk, single leg hop		

Consider reviewing questions on cardiovascular symptoms (History questions 5-14)

Consider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion.

EKG Completed ☐ Reviewed by _____ MD or DO

ECHO Performed ☐

☐ Cleared for all sports without restriction

☐ Cleared for all sports without restriction with recommendations for further evaluation or treatment for _____

☐ Not Cleared

☐ Pending further evaluation

☐ Medical Disqualification

Reason _____

Recommendations _____

I have examined the above-named athlete and completed the pre-participation physical evaluation. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

Name of Physician (Print/type) _____ Date ____/____/____

Signature of Physician _____ MD or DO

This image shows a single page of white paper with horizontal black lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

UNIVERSITY OF SOUTH CAROLINA – ATHLETICS DEPARTMENT

WAIVER AND RELEASE OF LIABILITY

I, _____, in consideration of being permitted to engage in a tryout, and to participate in athletic games and workouts for the purpose of showing my athletic skills and abilities at the University of South Carolina, do for myself, my heirs, executors, administrators and assigns, hereby waive, release, and forever discharge the University of South Carolina, its officials, agents and employees, from any and every claim, demand, action or right of action, of whatever kind or nature which I now have or may hereafter acquire, arising from or by reason of any and all injury, including bodily injury or death, as well as any property damage, which may occur in connection with a tryout and participation in athletic games and workouts at the University of South Carolina athletic facilities, whether by negligence or not, to the extent permitted by law.

I understand and acknowledge that engaging in a try out, and participation in athletic games and workouts in the athletic facilities of the University of South Carolina, is voluntary and is solely at my own risk, and I assume full responsibility therefore. I am knowledgeable about the sport for which I am trying out; I have previously participated in the sport, and I am aware of the potential for injury while participating. I hereby further declare that I am physically sound, healthy and able to tryout and to participate in athletic activities.

I further state that I have carefully read the foregoing Waiver and Release of Liability, that I understand the contents hereof, and that I have executed this Release voluntarily.

Print Participant Name: _____

Participant Signature: _____

Date: _____

If Participant is under age 18:

Print Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____