

« If it's to Be »... It's up to Me! « Who Can »... I Can!! « What's to Do »... Let's Do It!!!

DOWN BY THE SUMMER



07/08 - 07/10  
2022

## Track & Field Camp



**GET REGISTERED BY CLICKING THE LINKS BELOW**

1)

[REGISTER NOW](#)

2) [SC Track Camp Medical Release and History Form](#)

### Who Can Enroll

THIS CAMP IS OPEN TO ANY AND ALL ENTRANTS (LIMITED ONLY BY NUMBER, AGE, GRADE LEVEL AND /OR GENDER.) BOYS AND GIRLS OF ALL AGES THROUGH ARE ELIGIBLE AS WELL AS COACHES. INDIVIDUALIZED INSTRUCTION WILL BE AVAILABLE FOR VARIOUS AGE DIVISIONS. APPLICATIONS ARE ACCEPTED ON A FIRST-COME BASIS.

### Location

THE CAMP IS LOCATED IN COLUMBIA SOUTH CAROLINA ON THE CAMPUS OF THE UNIVERSITY OF SOUTH CAROLINA. THE BRAND NEW CREGGER TRACK FACILITY WILL PLAY HOST TO THE CAMP ACTIVITIES.

### H.S. Coach Training

COACHES WILL BE PERMITTED TO WATCH AND PARTICIPATE BY PAYING THE COACHES REGISTRATION FEE. FOR USE OF PERSONAL VIDEO CAMERAS, PHONES, OR OTHER MEDIA RECORDING DEVICES, COACHES MUST PAY AN ADDITIONAL FEE. ALL RIGHTS RESERVED TO THE CAMP AND ONLY AUTHORIZED FOR LIMITED, AND NON-DUPLICATION OR REPRODUCTION PURPOSES BY COACHES WHO HAVE FULLY PAID USING CAMERA COST: \$175 1 DAY NO CAMERA COST: WITH CAMERA 1 DAY \$225 2 DAYS \$350, 3 DAYS \$420 COST: \$350 2 DAYS WITH CAMERA

**All Events of Track and Field will be covered except Hammer. Throwers should bring their own implements. Pole vaulters should bring their own poles.**

Fax Number: 803-777-6439  
Email: [sctrackcamp@live.com](mailto:sctrackcamp@live.com)  
Questions call: 803-777-6487 or 803-543-7649

### Day Camp

THE SOUTH CAROLINA TRACK AND FIELD CAMP IS A DAY CAMP ONLY. PARTICIPANTS CAN SIGN UP FOR EACH SESSION INDIVIDUALLY OR FOR MULTIPLE SESSIONS. LUNCH WILL BE PROVIDED ON JUNE 28TH ONLY FOR ALL PARTICIPANTS ENROLLED. CAMPERS WILL RECEIVE A CAMP T-SHIRT UPON CHECK-IN ALONG WITH WORLD CLASS INSTRUCTION FROM THE COACHING STAFF OF THE UNIVERSITY OF SOUTH CAROLINA TRACK AND FIELD TEAM.

### Cost

JULY 08- CHECK-IN 2PM-3:00PM  
CAMP SESSION 3:30PM-6:30PM  
TUITION: \$150.00

JULY 09-CHECK-IN 8AM-9AM  
CAMP SESSION 9AM-12PM, 2PM-5PM  
TUITION: \$225.00

JULY 10- CHECK-IN 8AM-9AM  
CAMP SESSION 9AM-12PM  
TUITION: \$150.00

ALL THREE SESSIONS TUITION: \$395.00

### DISCOUNTS

WILL BE GIVEN TO ANY ONE THAT REGISTERS 8 OR MORE PARTICIPANTS FOR ANY SESSION. \$15 DOLLARS WILL BE DEDUCTED FROM EACH PARTICIPANTS FEE.

### Refunds

CANCELATIONS MUST BE MADE ONE WEEK PRIOR TO THE BEGINNING OF CAMP TO RECEIVE A REFUND OF CAMP FEE MINUS THE \$50.00 NON-REFUNDABLE DEPOSIT.

### Camp Staff

THE STAFF WILL BE THE TRACK AND FIELD COACHES AT THE UNIVERSITY OF SOUTH CAROLINA.

[CURTIS FRYE](#)  
[DELETHEA QUARLES](#)  
[ANDREW ALLDEN](#)  
[MIKE SERGENT](#)  
[KEVIN BROWN](#)  
[KARIM ABDEL WAHAB](#)

### Camp

THE SC TRACK CAMP IS AN EXPERIENCED STAFF OF PROVEN INSTRUCTORS FROM COACHING AND PERFORMANCE WHO CAN PROVIDE HANDS ON GUIDANCE FOR EACH SKILL. EACH SESSION BEGINS WITH DEMONSTRATIONS ON INDIVIDUAL SKILLS, FOLLOWED BY GROUP COACHING IN EVENT SPECIALITY AREAS. SESSIONS END WITH CAMPERS ENGAGING IN FULL EXECUTION OF COACHED EXERCISES AND DRILLS.

### Supervision, Discipline and Safety

PARTICIPANTS WILL BE SUPERVISED AT ALL TIMES WHILE AT THE CAMP. ALL STUDENTS MUST CONFORM TO RULES OF CONDUCT AND BEHAVIOR. DISRUPTIVE BEHAVIOR MAY RESULT IN DISMISSAL FROM CAMP.

### Medical Attention

A FULL-TIME TRAINER WILL BE ON STANDBY TO ADMINISTER TO MINOR INJURIES AND AILMENT. HOSPITALS ARE SECONDS AWAY FOR ANY MAJOR ISSUES. NO CAMPER WILL BE ALLOWED TO PARTICIPATE WITHOUT A COMPLETED APPLICATION AND CONSENT FORMS. YOUR PERSONAL INSURANCE WILL BE USED AS THE PRIMARY COVERAGE.