



# CAROLINA CROSS COUNTRY

## 2022 SEASON SCHEDULE/RESULTS

<b>Date</b>	<b>Meet</b>	<b>Location</b>	<b>Finish</b>	<b>Points</b>	<b>Top Finisher</b>
9/3	Carolina Challenge	Camden, S.C.	1st	22	Ella Zeigler (2nd)
9/17	Winthrop Invitational	Rock Hill, S.C.	1st	15	Gabby Gait-Smith (1st)
10/1	Live in Lou Classic	Louisville, Ky.	17th	502	Hope Dominique (86th)



# CAROLINA CROSS COUNTRY

## 2022 MEET RESULTS

### Carolina Challenge Top 5 Teams

Team	Points	Scoring Order	Total
<b>South Carolina</b>	<b>22</b>	<b>2-3-4-5-8 (10) (11)</b>	<b>1:36:04</b>
SCAD Savannah	68	6-9-15-18-20 (23) (27)	1:43:25
Coastal Carolina	77	1-7-12-22-35 (41)	1:44:35
Columbia (S.C.)	116	14-17-26-28-31 (34) (36)	1:50:41
Gardner-Webb	121	13-21-24-30-33 (37)	1:51:14

### Carolina Challenge Gamecock Finishers

Name	Time	Place	Score
Ella Zeigler	18:53.3	2nd	2
Anna Boyd	18:55.4	3rd	3
Hope Dominique	19:12.5	4th	4
Hayden Withers	19:19.5	5th	5
Lily Weeks	19:42.7	8th	8
Emily Smith	20:11.2	10th	10
Katerina Hendrix	20:19.2	11th	11
Ally Wilson	20:25.0	13th	--
Jenna Pellizzari	20:25.8	14th	--
Brooke Donoghue	20:27.7	15th	--
Sarah Neville	21:06.9	21st	--



# CAROLINA CROSS COUNTRY

## 2022 MEET RESULTS

### Winthrop Invitational Top 5 Teams

Team	Points	Scoring Order	Total
<b>South Carolina</b>	<b>15</b>	<b>1-2-3-4-5 (6) (8)</b>	<b>1:34:10</b>
UNC Asheville	64	10-11-13-14-16 (22) (25)	1:43.23
Gardner-Webb	92	9-18-20-21-24 (27)	1:47.46
The Citadel	99	7-15-19-26-32 (33)	1:49.39
Winthrop	109	12-17-23-28-29 (30) (31)	1:52.12

### Winthrop Invitational Gamecock Finishers

Name	Time	Place	Score
Gaby Gait-Smith	18:37.2	1st	1
Hope Dominique	18:40.7	2nd	2
Hayden Withers	18:45.3	3rd	3
Ella Zeigler	19:02.3	4th	4
Anna Boyd	19:03.9	5th	5
Katerina Hendrix	19:12.0	6th	6
Lily Weeks	19:23.7	8th	8
Emily Smith	19:51.4	10th	--
Ally Wilson	20:03.4	12th	--
Brooke Donoghue	20:08.2	13th	--
Molly Joseph	20:11.1	14th	--
Emily Pierontoni	20:31.2	16th	--
Savannah Bowers	20:41.7	17th	--
Sarah Neville	20:45.1	18th	--



# CAROLINA CROSS COUNTRY

## 2022 MEET RESULTS

### Live in Lou Classic Top 5 Teams

<b>Team</b>	<b>Points</b>	<b>Scoring Order</b>	<b>Total</b>
Furman	44	2-5-10-11-16	1:24.32
West Virginia	92	1-4-14-27-46	1:25.08
Grand Valley State	132	6-13-35-38-40	1:26.12
UC Colorado Springs	198	17-24-34-58-65	1:27.15
Auburn	251	7-25-28-84-107	1:27.30

### Live in Lou Classic Gamecock Finishers

<b>Name</b>	<b>Time</b>	<b>Place</b>	<b>Score</b>
Hope Dominique	17:59.0	86th (Gold)	83
Svenja Sommer	18:04.2	98th (Gold)	95
Anna Boyd	18:07.5	106th (Gold)	103
Ella Zeigler	18:12.3	112th (Gold)	109
Hayden Withers	18:14.0	116th (Gold)	112
Gaby Gait-Smith	18:15.2	122nd (Gold)	116
Katerina Hendrix	19:11.5	261st (Gold)	235
Lily Weeks	19:07.5	97th (Blue)	95
Molly Joseph	19:21.9	119th (Blue)	115
Brooke Donoghue	19:29.1	137th (Blue)	132
Emily Smith	19:30.1	140th (Blue)	135
Emily Pierontoni	19:35.8	150th (Blue)	145
Savannah Bowers	19:57.8	196th (Blue)	188
Ally Wilson	20:12.4	228th (Blue)	215



# CAROLINA CROSS COUNTRY

## 2022 TOP 10 PERFORMANCES

### 5,000 Meters

<b>Name</b>	<b>Time</b>	<b>Meet</b>
Hope Dominique	17:59.0	Live in Lou Classic
Svenja Sommer	18:04.2	Live in Lou Classic
Anna Boyd	18:07.5	Live in Lou Classic
Ella Zeigler	18:12.3	Live in Lou Classic
Hayden Withers	18:14.0	Live in Lou Classic
Gaby Gait-Smith	18:15.2	Live in Lou Classic
Gaby Gait-Smith	18:37.2	Winthrop Invitational
Hope Dominique	18:40.7	Winthrop Invitational
Hayden Withers	18:45.3	Winthrop Invitational
Ella Zeigler	18:53.3	Carolina Challenge



# CAROLINA CROSS COUNTRY

## 2022 PROGRESSIONS

### SAVANNAH BOWERS • SR • VIRGINIA BEACH, VIRGINIA

PRs: 5K - 18:54.1, 6K - 23:14.1

Date	Meet	Event	Finish	Time/Mark
9/17	Winthrop Invitational	5K	17th	20:41.7
10/1	Live in Lou Classic	5K	196th	19:57.8

### ANNA BOYD • FR • ATTLEBORO, MASSACHUSETTS

PRs: 5K - 18:07.5

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	3rd	18:55.4
9/17	Winthrop Invitational	5K	5th	19:03.9
10/1	Live in Lou Classic	5K	106th	18:07.5

### HOPE DOMINIQUE • JR • WAKE FOREST, NORTH CAROLINA

PRs: 5K - 17:59.0, 6K - 21:46.1

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	4th	19:12.5
9/17	Winthrop Invitational	5K	2nd	18:40.7
10/1	Live in Lou Classic	5K	86th	17:59.0

### BROOKE DONOGHUE • SO • PHOENIXVILLE, PENNSYLVANIA

PRs: 5K - 19:29.1

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	15th	20:27.7
9/17	Winthrop Invitational	5K	13th	20:08.2
10/1	Live in Lou Classic	5K	137th	19:29.1

### GABY GAIT-SMITH • FR • JOHANNESBURG, SOUTH AFRICA

PRs: 5K - 18:15.2

Date	Meet	Event	Finish	Time/Mark
9/17	Winthrop Invitational	5K	1st	18:37.2
10/1	Live in Lou Classic	5K	122nd	18:15.2

### KATERINA HENDRIX • JR • SPARTANBURG, SOUTH CAROLINA

PRs: 5K - 19:11.5, 6K - 23:12.0

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	11th	20:19.2
9/17	Winthrop Invitational	5K	6th	19:12.0
10/1	Live in Lou Classic	5K	261st	19:11.5

### MOLLY JOSEPH • SR • AUGUSTA, GEORGIA

PRs: 5K - 19:21.9

Date	Meet	Event	Finish	Time/Mark
9/17	Winthrop Invitational	5K	14th	20:11.1
10/1	Live in Lou Classic	5K	119th	19:21.9

### SARAH NEVILLE • SO • HILTON HEAD ISLAND, SOUTH CAROLINA

PRs: 5K - 20:45.1

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	21st	21:06.9
9/17	Winthrop Invitational	5K	18th	20:45.1

### JENNA PELLIZZARI • JR • WILMINGTON, NORTH CAROLINA

PRs: 5K - 20:25.8, 6K - 24:25.7

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	14th	20:25.8

### EMILY PIERONTONI • JR • WOOLWICH TOWNSHIP, NEW JERSEY

PRs: 5K - 19:35.8

Date	Meet	Event	Finish	Time/Mark
9/17	Winthrop Invitational	5K	16th	20:31.2
10/1	Live in Lou Classic	5K	150th	19:35.8

### EMILY SMITH • JR • LIMERICK, PENNSYLVANIA

PRs: 5K - 19:30.1, 6K - 25:38.4

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	10th	20:11.2
9/17	Winthrop Invitational	5K	10th	19:51.4
10/1	Live in Lou Classic	5K	140th	19:30.1

### SVENJA SOMMER • JR • FRANKFURT, GERMANY

PRs: 5K - 18:04.2

Date	Meet	Event	Finish	Time/Mark
10/1	Live in Lou Classic	5K	98th	18:04.2

### LILY WEEKS • SO • MANSFIELD, OHIO

PRs: 5K - 18:52.2, 6K - 22:30.9

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	8th	19:42.7
9/17	Winthrop Invitational	5K	8th	19:23.7
10/1	Live in Lou Classic	5K	97th	19:07.5

### ALLY WILSON • SO • CENTRAL, SOUTH CAROLINA

PRs: 5K - 20:03.4

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	13th	20:25.0
9/17	Winthrop Invitational	5K	12th	20:03.4
10/1	Live in Lou Classic	5K	228th	20:12.4

### HAYDEN WITHERS • FR • CINCINNATI, OHIO

PRs: 5K - 18:14.0

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	5th	19:19.5
9/17	Winthrop Invitational	5K	3rd	18:45.3
10/1	Live in Lou Classic	5K	116th	18:14.0

### ELLA ZEIGLER • FR • OLNEY, MARYLAND

PRs: 5K - 18:12.3

Date	Meet	Event	Finish	Time/Mark
9/3	Carolina Challenge	5K	2nd	18:53.3
9/17	Winthrop Invitational	5K	4th	19:02.3
10/1	Live in Lou Classic	5K	112th	18:12.3