



2022 SPRINT, HURDLE, JUMP COACHES CLINIC

NOVEMBER 18-19, 2022 | COLUMBIA, SC

FEATURED SPEAKERS:



STEPHEN FRANCIS
COACH OF
MVP
JAMAICA



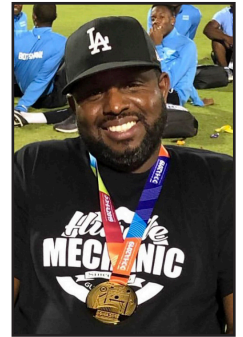
CURTIS FRYE
SOUTH CAROLINA
HEAD COACH
ASST. OLYMPIC
COACH



LONNIE GREENE
KENTUCKY HEAD
COACH



MIKE HOLLOWAY
FLORIDA HEAD
COACH
2020 OLYMPIC
HEAD COACH

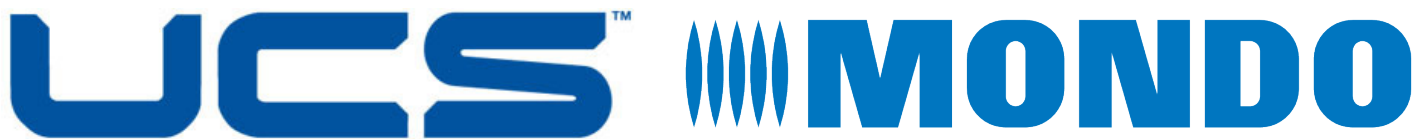


BOOGIE JOHNSON
FORMER
CLEMSON
HEAD COACH

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STEPHEN FRANCIS

When you think about great coaches in Track & Field, a few names come to mind. One of the first names that would come from the lips of many Jamaicans, given his distinguished contribution to the sport, is the soft-spoken Stephen Francis.

Not only has his influence advanced the sport on the island, but his guidance given to athletes such as Asafa Powell, Shelly-Ann Fraser-Pryce, Brigitte Foster-Hylton and Elaine Thompson-Herah just to name a few, has given him the reputation of being one of the most brilliant and successful minds in Track & Field history.

'Franno', as he is commonly known as, has a catalogue of athletes who, under his leadership, have etched their names in the history of the sport. Asafa Powell was a dominant force between 2005 and 2008 when he broke the 100m world record twice with times of 9.77s and 9.74s respectively. Shelly-Ann Fraser-Pryce, as we know, is highly regarded as one of the greatest sprinters of all time. Double Olympic gold medalist, four-time World Champion and the third fastest female sprinter ever are all achievements that can be traced back to the tutelage of Francis.

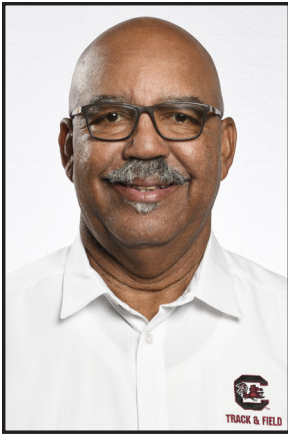
Jamaica owes so much to the man who helped to form one of the most renowned Track & Field clubs in the world. It is difficult to trace exactly how many medals Francis has directly contributed to since starting MVP (Maximising Velocity and Power) Track Club in 1999, such is his massive contribution to the sport on the island. However, his coaching has spanned across many disciplines, ranging from 100m, 200m, 400m, 100mh, 110mh, high jump and long jump.

There are also other legendary names who were developed under the guidance of Francis: Sherone Simpson, Kerron Stewart, Melaine Walker, Shericka Jackson, Michael Frater and Nesta Carter are some others who have played major roles in building and maintaining Jamaica's dominance on the track over the last two decades. Not to mention Elaine Thompson-Herah!

Elaine is one of the fastest women alive coming within 0.5s of a world record that has stood isolated since 1988, as well as also clinching the historical feat of becoming the first woman to win the Olympic double twice.

Stephen Francis has no doubt etched his name already in the history of world athletics. It is clear that he is an elite coach, who has helped to cultivate the careers of many great athletes.

The definition of a great Track & Field coach varies depending on who you ask. For many Jamaicans, it is believed that Stephen Francis' contribution to the sport and to the nation is immeasurable and makes him deserving of the title of greatest.



CURTIS FRYE

Curtis Frye will enter his 27th year at the helm of the South Carolina track and field and cross country programs in 2022-23 following a successful 2021-22 year. Over that time, Frye has established a program that is regarded as one of the nation's elite. Frye has coached or overseen over 60 NCAA champions, 122 SEC champions, 21 Academic All-Americans and more than 500 NCAA All-Americans.

During the 2021-22 campaign, the Gamecocks secured 13 All-SEC honors in addition to eight NCAA All-American recipients and one Academic All-American winner.

The 2021-22 season saw the emergence of a pair of freshmen in Anass Essayi and Jayla Jamison. Essayi won the SEC Indoor Mile en route to claiming All-SEC honors and Jamison captured a pair of All-SEC Freshman awards after posting four top-three finishes in the 200m. Essayi and Jamison joined an already veteran core with Jackson Marsielle, Rachel Glenn and others to make up a strong build for the Gamecocks.

Frye is no stranger to South Carolina, having coached for the Gamecocks since July 29, 1996. Frye was hired as the first African American Head Coach in South Carolina history and it did not take long for him to leave his mark. In 2002, Coach Frye led the women's track & field team to claiming the NCAA Outdoor Championship, the first national championship in program history and in the history of South Carolina Athletics.

During his tenure with the Gamecocks, Coach Frye has overseen the establishment of the Sheila & Morris Cregger Track, a world-class outdoor facility featuring a Mondo surface, nine lanes and separate areas for throws, jumps and pole vaulting. His vision became a reality in 2017 and elevated the program to new heights.

Two years later, Frye's long-held dream of a world-class indoor track also became a reality. The Gamecocks hosted three home meets at the newly-renovated Carolina Indoor Track & Field Facility with nearly 40 student-athletes from over two dozen schools achieving their national qualifying marks.

During his time in Columbia, Frye has coached 14 SEC Athletes of the Year and five national athletes of the year. He has led the women to 10 different finishes inside the Top-10 nationally.

Frye has also coached 28 Olympians who have garnered 14 medals at the Olympic Games. Nine of his former student-athletes competed at the 2008 Olympic Games in Beijing, six of them as first-time Olympians. Natasha Hastings earned a gold medal as a member of the USA 4x400m relay team in Beijing and repeated as a gold medalist at the 2016 Rio Games. In addition to 2016, Frye served as an assistant coach for the 2004 USA Olympic women's track team, working primarily with the sprinters and the relays.



LONNIE GREENE

Lonnie Greene has coached the University of Kentucky track & field and cross country programs to sustained success, including school-record points finishes and two podium places at the 2022 NCAA Indoor and Outdoor Championships.

Since taking over as the head coach before the 2018-19 season, Greene has brought elite accomplishments and unparalleled character to the program. Wildcats have earned more than 150 All-America honors and dozens more All-Academic honors, to go along plenty of individual Southeastern Conference gold medals, more than a dozen NCAA individual medals and other elite performances.

As a team, both the men's and women's track and field teams have entrenched themselves as elite teams at the NCAA and SEC Championships

level.

In 2022, the women's track and field team earned a school-record 44 points and third place as a team at the 2022 NCAA Indoor Track and Field Championships, equaling the best team finish at the competition in school history. Then outdoors, the UK women's team earned a top-four (trophy) team finish at the Outdoor NCAA Championships for the fourth time ever. UK scored its most points at the NCAA Outdoor Championships since tallying 50 in a national runner-up finish in 2015.

UK's men's team has also earned multiple top 25 finishes at NAAs during Greene's tenure.

At the 2022 SEC Indoor Championships, the women's team finished third with 79 points, equaling the best finish in program history, and scoring the program's most points at the SEC Indoor Championships since 1989 when the team finished third with 92 points.

The men's team finished fourth with 64 points, improving their place by three spots and 17 points from a year ago. The men's team earned its best SEC Indoor finish since placing third in 1995 and 1996.

Greene's ability to build an elite program in which athletic performance meets exceptional character is perhaps best exemplified by the team's stewardship of Abby Steiner, who in her four years at UK won three NCAA 200-meter championships, set collegiate records in the 200m indoors and out and ran a blistering fast split on the collegiate-record, NCAA Championship 4x400m relay, three SEC titles, broke the American, collegiate and SEC records, earned 14 All-America honors all while excelling academically to the tune of Academic All-America status and the honor of being named SEC Indoor Track Scholar-Athlete of the Year.

Steiner represents just one example in a program full of outstanding student-athletes who combine elite athletic accomplishments with stalwarts of character such as selfless community outreach, academic success and uncommon leadership qualities.



MIKE HOLLOWAY

Mike Holloway is the Head Men's and Women's Track and Field and Cross Country Coach at the University of Florida.

He was named the first head coach of the combined men's and women's track and field program on June 19, 2007 following five seasons as the men's track and field head coach.

Holloway enters his 20th season as the men's head coach and 15th season as the women's coach in 2022.

He has won 12 NCAA Championships with Florida, his most recent coming in June of 2022 when the Gators won the NCAA Men's and Women's Outdoor Championships.

The Gators swept the team titles in the 2022 outdoor season, the first team to do so since Oregon in 2015.

Florida's women completed the sweep of the team titles with the men adding one giving the Gators 3-of-4 titles in the 2022 calendar year.

Of the 38 contested NCAA Men's NCAA Championships during his 20 years at the helm, the Gators have finished in the top-5 on 28 different occasions.

He has won the Men's National Championship over 25 percent (11/38) of the time it has been contested in the past 20 years.

Holloway is one of six coaches in Division I history to win at least 10 NCAA Track and Field Team Championships. He is also just one of four to win at least six since 1980 and is one of four in history (along with Ted Banks, John McDonnell and Robert Johnson) to win at least four titles both indoors and outdoors.

His victory at the 2022 NCAA Indoor National Championships made him one of just two black coaches in Division I history to win ten team titles, regardless of sport.

During his time as the head coach of Florida, the Gators have 57 individual NCAA Championships on the men's side and 27 on the women's side.

Of Florida's 133 all-time event national championships, 84 have come in the past 20 years with Holloway as the head coach.

There have been four sweeps of the men's 110-meter and 400-meter hurdles at the NCAA Outdoor Championships. Florida owns three of them, doing so in 2004, 2005, and 2017. And only the 2017 Gators nabbed the 60-meter hurdles title that same year.

Holloway has been named USTFCCA National Coach of the Year 12 times during his career.



BOOGIE JOHNSON

Lawrence Johnson affectionately known as “Boogie” is regarded as one of the world’s best sprint and hurdle coaches. Some of his most recent coaching accomplishments include being selected to the USATF’s 2014 World Indoor Championship coaching staff and being selected as the 2013 United States of America Track & Field National Coach Of The Year. Johnson guided Briana Rollins to a U.S. 100 meter American hurdle record and gold medal in the 2013 World Championships in Russia.

Before coaching professional athletes, Johnson spent five years as Clemson’s Director of Track and Field / Cross Country programs.

Under his leadership the men’s and women’s teams have blossomed into one of the nation’s elite-level programs in the NCAA. In just four years at Clemson, Johnson coached 82 All-Americans and 48 ACC Champions. His athletes have been named ACC Most Valuable Performers on 11 different occasions, and four have been named the ACC’s Athlete of the Year. Three of the athletes he coached at Clemson competed in the 2012 London Olympics-Warren Fraser of the Bahamas in the 100 meter dash, Marlena Wesh of Haiti in the 400 meter dash, and Patricia Mamona of Portugal in the triple jump.

In 2019, Johnson was named 2019 Nike Coach of the Year by USA Track & Field. That season, Johnson coached Dalilah Muhammad to a 400m hurdles World Championship gold medal in Doha, clocking a time of 52.16 to break her own world record of 52.20. In addition to Muhammad, he led Olympic champion Brianna McNeal to a top-15 world ranking as an IAAF World Championship finalist and a Toyota USATF Outdoor bronze in the 100m hurdles.

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