Advancing a student-athlete also includes advancing him to the designation of redshirt freshman redshirt sophomore, etc. The SEC student-athlete classification subgroup recommended that schools advance student-athletes forward on their rosters as usual, adding a year at the end of their eligibility. This more closely mirrors academic progress and is also consistent with criteria for a number of awards. Advancing a student-athlete also includes advancing him to the designation of redshirt freshman redshirt sophomore, etc.