

### **2023 TOP-FIVE MARKS - MEN**

#### 100-METER DASH (Record: 10.04, Terrence Trammel, 2000)

Date	Meet	Athlete	Mark
3/17	Island Relays Bahamas	Anthony Greenhow, Jr.	10.60 - P
3/25	Weems Baskin Relays	DJ Black	10.66 (0.7)
3/18	Island Relays Bahamas	Anthony Greenhow, Jr.	10.66 - F
3/17	Island Relays Bahamas	DJ Black	10.72 - P
3/24	Weems Baskin Relays	Prescott Jefferson	10.85 (-0.5)

### 200-METER DASH (Record: 20.00, Ncincilili Titi, 2018)

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Jackson Junkins	21.52 (0.7)
3/17	Island Relays Bahamas	Emory Floyd	22.09
3/25	Weems Baskin Relays	Prescott Jefferson	22.17 (0.6)
3/25	Weems Baskin Relays	Gatlin Lawson	22.28 (2.3)
3/17	Island Relays Bahamas	Jackson Junkins	22.38

### 400-METER RUN (Record: 44.53, Quincy Hall, 2019)

Date	Meet	Athlete	Mark	
3/25	Weems Baskin Relays	Evan Miller	45.60	
3/17	Island Relays Bahamas	EJ Richardson	47.01	
3/24	Weems Baskin Relays	Jack Mensch	48.50	
3/17	Island Relays Bahamas	Jackson Junkins	50.21	
3/24	Weems Baskin Relays	Ethan Mathis	53.45	

### 800-METER RUN (Record: 1:44.47, Otukile Lekote, 2001)

Date	Meet	Athlete	Mark	
3/25	Weems Baskin Relays	William Wright	1:53.27	
3/17	Island Relays Bahamas	Aidan Hatton	1:54.32	
3/17	Island Relays Bahamas	Jack Mensch	1:55.18	
3/25	Weems Baskin Relays	Jake Mangione	1:55.67	
3/17	Island Relays Bahamas	Will Wright	1:55.81	

### 1500-METER RUN (Record: 3:39.03, Anass Essayi, 2022)

Date	Meet	Athlete	Mark	
3/18	Island Relays Bahamas	Rogerio Amaral	3:54.80	
3/25	Weems Baskin Relays	Jackson Dawson	3:59.71	
3/25	Weems Baskin Relays	Alex Galbraith	4:04.88	
3/25	Weems Baskin Relays	Aidan Hatton	4:08.82	
3/25	Weems Baskin Relays	George Luke	4:10.56	

### 5000-METER RUN (Record: 14:03.16, Rogerio Amaral, 2023) Date Meet Athlete Mark

3/23	Raleigh Relays	Rogerio Amaral	14:03.16		
3/24	Weems Baskin Relays	Henry Wood	15:47.87		
110-ME	110-METER HURDLES (Record: 13.19, Terrence Trammel, 2000)				

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Filip Demsar	13.67 (1.1)
3/18	Island Relays Bahamas	Filip Demsar	14.15

### 4X100 RELAY (Record: 38.45, Crenshaw, Trammell, Hackley, Howard, 2000)

Date	Meet	Athletes	Mark	
3/25	Weems Baskin Relays	Greenhow, Miller	39.99	
		Lawson, Black		
3/18	Island Relays Bahamas	Brooks, Demsar	40.11	
		Floyd, Greenhow		

4X300	RELAY
Date	Meet

3/24

Meet	Athletes	Mark
Weems Baskin Relays	Junkins, Richardson	2:14.75
	Lawson, Spencer	

### 4X400 RELAY (Record: 3:02.16, Law, Lekote, Harris, Fortenberry, 2002)

Date	Meet	Athletes	Mark
3/25	Weems Baskin Relays	Junkins, Demsar	3:10.77
		E. Brooks, Miller	
3/18	Island Relays Bahamas	Demsar, Greenhow	3:11.58
		Junkins, Lawson	
3/25	Weems Baskin Relays	Wright, Hatton	3:22.96
		Reers, Mangione	

## 4X800 RELAY (Record: 7:24.94, Sheley, J. Brown, D. Brown, Schaper, 1974) Date Meet Athletes Mark

3/24	Weems Baskin Relays	Luke, Dawson	7:43.13
		Mangione, Galbraith	1
3/18	Island Relays Bahamas	Amaral, Hatton	7:53.21
		Mensch, Spencer	

Date	Meet	Athlete	Mark
3/18	Island Relays Bahamas	Kobe Franklin	2.00m   6-6.75
3/25	Weems Baskin Relavs	Kobe Franklin	1.98m   6-6

### LONG JUMP (Record: 8.35m | 27-4.75w, Tony Allmond, 2004)

Date	Meet	Athlete	Mark
3/18	Island Relays Bahamas	Blair Brooks	7.31m   23-11.75
3/24	Weems Baskin Relays	Blair Brooks	7.20m   23-7.5
3/18	Island Relays Bahamas	Kobe Franklin	6.28m   20-7.25
3/18	Island Relays Bahamas	DJ Black	6.21m   20-4.5

### TRIPLE JUMP (Record: 16.47m | 54-0.5, Michael Wamer, 2015)

	Date	Meet	Athlete	Mark
-	3/18	Island Relays Bahamas	Blair Brooks	14.59m   47-10.5
-				

### POLE VAULT (Record: 5.51m | 18-1, Marvin Reitze, 2012)

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Dillon McCarthy	4.77m   15-7.75

### SHOT PUT (Record: 20.77m | 68-1.75, Josh Awotunde, 2018)

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Dylan Targgart	19.42m   63-8.75
3/18	Island Relays Bahamas	Dylan Targgart	18.57m   60-11
3/18	Island Polays Bahamas	Elisha Brooks	11 / 2m   37-5 5

### DISCUS (Record: 60.01m | 196-10, Ryan Harrison, 1999)

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Dylan Targgart	51.78m   169-10
3/18	Island Relays Bahamas	Dylan Targgart	50.60m   166-0
3/25	Weems Baskin Relays	Elisha Brooks	35.40m   116-1
3/18	Island Relays Bahamas	Elisha Brooks	29.66m   97-4

### HAMMER (Record: 67.78m | 222-4, John Stoikos, 1995)

Date	Meet	Athlete	Mark
3/24	Weems Baskin Relays	Ridge Dowe	52.60m   172-7

### JAVELIN (NEW) (Record: 72.71m | 238-6, Joshua Suttmeier, 2012)

Date	Meet	Athlete	Mark
3/17	Island Relays Bahamas	Elisha Brooks	49.60m   162-9

### P - Prelminary Round

S - Semifinal Round

F - Final Round

D - Decathlon Competition



## **2023 OUTDOOR PROGRESSIONS - MEN**

	AMARAL • FR • COIMBRA,		<b>F</b> 1-1-1	Time /Marvil
Date 1500m (PR	Meet • 3-54 80)	Event	Finish	Time/Mark
3/18	Island Relays Bahamas	1500m	1st	3:54.80
- , -	R: 14:03.16)			2.5 100
	Raleigh Relays	5000m	31st	14:03.16
DJ BLACK	• FR • INMAN, SOUTH CAR	OLINA		
Date	Meet	Event	Finish	Time/Mark
00m (PR:		100 5		10.70
3/17 3/18	Island Relays Bahamas Island Relays Bahamas	100m - P 100m - F	5th 7th	10.72
3/25	Weems Baskin Relays	100m - F	5th	10.92
-	(PR: 6.21m   20-4.5)	100111	Jui	10.00 (0.7)
3/18	Island Relays Bahamas	Long Jump	6th	6.21m   20-4.5
BLAIR BRO	OKS • SO • CEDAR RAPID	S, IOWA		
Date	Meet	Event	Finish	Time/Mark
00m (PR:	10.89)			
	Weems Baskins Relays	100m	18th	11.18 (1.0)
200m (PR:				07.04
	Island Relays Bahamas	200m	21st	23.04
<b>.ong Jump</b> 8/18	(PR: 7.42m   24-4.25*) Island Relays Bahamas	Long Jump	3rd	7.31m   23-11.75
5/18 5/24	Weems Baskin Relays	Long Jump	1st	7.20m   23-7.5
-	p (PR: 14.59m   47-10.5)	Long sump	.sc	
3/18	Island Relays Bahamas	Triple Jump	2nd	14.59m   47-10.5
		1	-	
ELISHA BR	OOKS • JR • PHOENIX, AR	IZONA		
Date	Meet	Event	Finish	Time/Mark
	PR: 13.10m   42-11.75)			
	Island Relays Bahamas	Shot Put	8th	11.42m   37-5.5
	: 35.74m   117-3)	<b>D</b> .		00.00 L07.4
3/18	Island Relays Bahamas	Discus	13th	29.66m   97-4
3/25	Weems Baskin Relays 2: 49.60m   162-9)	Discus	30th	35.40m   116-1
	. 49.0011   102-9)			
3/17	Island Relays Bahamas	lavelin	6th	49 60m   162-9
Pole Vault 3/24	Island Relays Bahamas (PR: 4.30m   14-1.25) Weems Baskin Relays	Javelin Pole Vault	6th 	49.60m   162-9 NH
Pole Vault 3/24 JACKSON Date	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet	Pole Vault		
Pole Vault 3/24 JACKSON   Date I500m (PR	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet	Pole Vault L, SOUTH CAROL		NH
Pole Vault 3/24 JACKSON   Date I500m (PR	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILI Meet : 3:59.71)	Pole Vault L, SOUTH CAROL Event	 INA Finish	NH Time/Mark
Pole Vault 3/24 JACKSON   Date ISOOm (PR 3/25	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILI Meet : 3:59.71)	Pole Vault L, SOUTH CAROL Event	 INA Finish	NH Time/Mark
Pole Vault 3/24 JACKSON I Date 1500m (PR 3/25 FILIP DEMS Date	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILI Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet	Pole Vault L, SOUTH CAROL Event	 INA Finish	NH Time/Mark
Pole Vault 3/24 JACKSON I Date 1500m (PR 3/25 FILIP DEMS Date 110mH (PR:	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67)	Pole Vault L, SOUTH CAROL Event 1500m Event	 Finish 6th Finish	NH Time/Mark 3:59.71 Time/Mark
Pole Vault 3/24 JACKSON I Date 500m (PR 3/25 FILIP DEMS Date 10mH (PR: 3/18	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILI Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH	 Finish 6th Finish 1st	NH <b>Time/Mark</b> 3:59.71 <b>Time/Mark</b> 14.15
Pole Vault 3/24 JACKSON I Date 500m (PR 3/25 FILIP DEMS Date 10mH (PR: 3/18	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67)	Pole Vault L, SOUTH CAROL Event 1500m Event	 Finish 6th Finish	NH Time/Mark 3:59.71 Time/Mark
Pole Vault           3/24           JACKSON I           Date           500m (PR           3/25           FILIP DEMS           Date           10mH (PR:           3/18           3/25	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILI Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH	 Finish 6th Finish 1st	NH <b>Time/Mark</b> 3:59.71 <b>Time/Mark</b> 14.15
Pole Vault           \$/24           JACKSON           Date           500m (PR           \$/25           FILIP DEMS           Jate           10mH (PR:           \$/25           RIDGE DON	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH TH CAROLINA	 Finish 6th Finish 1st 1st	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1)
Pole Vault 3/24 JACKSON I Date 500m (PR 3/25 FILIP DEMS Date 10mH (PR: 3/18 3/25 RIDGE DO\ Date	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH	 Finish 6th Finish 1st	NH <b>Time/Mark</b> 3:59.71 <b>Time/Mark</b> 14.15
ole Vault 3/24 IACKSON I Date 500m (PR 3/25 TILIP DEMS Date 10mH (PR: 3/18 3/25 RIDGE DON Date Hammer (P	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7)	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH TH CAROLINA	 Finish 6th Finish 1st 1st	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1)
bole Vault 3/24 JACKSON   Date 500m (PR 3/25 TILIP DEMS Date 10mH (PR: 3/18 3/25 RIDGE DON Date Hammer (P	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH TH CAROLINA Event	 Finish 6th Finish 1st 1st Finish	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark
ole Vault 3/24 ACKSON   Date 500m (PR 3/25 FILIP DEMS Date 10mH (PR: 3/18 3/25 RIDGE DON Date 4ammer (P 3/24	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7)	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH TH CAROLINA Event Hammer	 Finish 6th Finish 1st 1st Finish	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark
Pole Vault           3/24           JACKSON I           Jate           500m (PR           5/25           FILIP DEMS           Date           10mH (PR:           3/25           RIDGE DON           Date           Hammer (PR:           3/24	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH TH CAROLINA Event Hammer	 Finish 6th Finish 1st 1st Finish	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark
A constraints of the second se	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEO Meet 10.86)	Pole Vault  L, SOUTH CAROL  Event  1500m  Event  110mH  110mH  TH CAROLINA Event  Hammer  DRGIA Event	 Finish 6th Finish 1st 1st Finish 5th Finish	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7
Pole Vault           \$/24           JACKSON             Jate           500m (PR           \$/25           FILIP DEMS           Date           10mH (PR:           \$/25           RIDGE DON           Date           Hammer (PS)           S/24           EMORY FLUDATE           Oate           00m (PR:           \$/17	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEO Meet 10.86 Island Relays Bahamas	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH TH CAROLINA Event Hammer DRGIA	 Finish 6th Finish 1st 1st Finish 5th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7
Pole Vault           3/24           IACKSON           Date           500m (PR           3/25           FILIP DEMS           Date           10mH (PR:           3/25           RIDGE DON           Date           Jammer (PR:           3/24           EMORY FL           Date           3/24           SOMY FL           Date           3/24           SOMY FL           Date           3/17           200m (PR:	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEG Meet 10.86) Island Relays Bahamas 22.09)	Pole Vault Event 1500m Event 110mH 110mH 110mH TH CAROLINA Event Hammer DRGIA Event 100m - P	 Finish 6th Finish 1st 1st 5th Finish 12th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86
Die Vault           3/24           JACKSON             Jackson             Soate           500m (PR           3/25           FILIP DEMS           Date           3/25           RIDGE DON           Date           Hammer (PR)           3/24           EMORY FLUDate           Doate           3/24           SOARY FLUDATE           Soate           3/24	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEO Meet 10.86 Island Relays Bahamas	Pole Vault  L, SOUTH CAROL  Event  1500m  Event  110mH  110mH  TH CAROLINA Event  Hammer  DRGIA Event	 Finish 6th Finish 1st 1st Finish 5th Finish	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark
Dele Vault           3/24           JACKSON I           Jate           500m (PR           3/25           FILIP DEMS           Date           10mH (PR:           3/25           RIDGE DOI           Date           Hammer (PR:           3/17           200m (PR:           3/17	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEO Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas	Pole Vault  L, SOUTH CAROL  Event  1500m  Event  110mH  110mH  TH CAROLINA Event  Hammer  DRGIA Event  100m - P  200m	 Finish 6th Finish 1st 1st 5th Finish 12th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86
Pole Vault           \$/24           JACKSON             Jate           500m (PR           \$/25           Pillip DEMS           Date           10mH (PR:           \$/25           RIDGE DON           Date           Hammer (PR:           \$/24           EMORY FL(           Date           00m (PR:           \$/17           COOm (PR:           \$/17           COBE FRA	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEO Meet 10.86) Island Relays Bahamas 22.09 Island Relays Bahamas NKLIN • SR • WOODBRIDG	Pole Vault  L, SOUTH CAROL Event  1500m  Event  110mH  110mH  110mH  TH CAROLINA Event Hammer  DRGIA Event  100m - P  200m  E, VIRGINIA	 Finish 6th Finish 1st 1st 5th Finish 12th 14th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09
Pole Vault           3/24           JACKSON             Jace           500m (PR           3/25           FILIP DEMS           Joate           10mH (PR:           3/25           RIDGE DON           Jate           Hammer (PS)           3/24           EMORY FLI           Joate           Oom (PR:           3/17           COBE FRA           COBE FRA	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEG Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet	Pole Vault  L, SOUTH CAROL  Event  1500m  Event  110mH  110mH  TH CAROLINA Event  Hammer  DRGIA Event  100m - P  200m	 Finish 6th Finish 1st 1st 5th Finish 12th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86
Pole Vault           3/24           JACKSON I           Jate           500m (PR           3/25           FILIP DEMS           Date           10mH (PR:           3/25           RIDGE DOV           Date           Hammer (PR:           3/24           EMORY FL/           Date           00m (PR:           3/17           COBE FRA           Date           200m (PR:           3/17	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays NE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEC Meet 10.860 Island Relays Bahamas 22.09) Island Relays Bahamas 22.09 Island Relays Bahamas 22.09 Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48)	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH 110mH TH CAROLINA Event Hammer DRGIA Event 100m - P 200m E, VIRGINIA Event	 Finish 6th Ist 1st 5th 5th 12th 12th 14th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark
Pole Vault           3/24           JACKSON I           Jate           500m (PR           3/25           FILIP DEMS           Jate           10mH (PR:           3/25           RIDGE DON           Date           Jammer (PR:           3/24           EMORY FLU           Date           00m (PR:           3/17           COBE FRAI           Date           200m (PR:           3/17	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEC Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas	Pole Vault  L, SOUTH CAROL Event  1500m  Event  110mH  110mH  110mH  TH CAROLINA Event Hammer  DRGIA Event  100m - P  200m  E, VIRGINIA	 Finish 6th Finish 1st 1st 5th Finish 12th 14th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09
Pole Vault 3/24 JACKSON   Date 500m (PR 3/25 FILIP DEMS Date 10mH (PR: 3/18 3/25 RIDGE DO\ Date Hammer (P 3/24 EMORY FLC Date 100m (PR: 3/17 COBE FRAI Date 200m (PR: 3/17 COBE FRAI Date 200m (PR: 3/17 COBE JUMP	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEC Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas (PR: 6.28m   20-7.25)	Pole Vault  Event  1500m  Event  100mH  10mH  10mH  TH CAROLINA Event  100m - P  200m  E, VIRGINIA Event  200m	 Finish 6th Finish 1st 1st 5th 5th 12th 14th 14th 25th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark
Pole Vault 3/24 JACKSON   Date 1500m (PR 3/25 FILIP DEMS Date 110mH (PR: 3/18 3/25 RIDGE DO\ Date Hammer (P 3/24 EMORY FLC Date 100m (PR: 3/17 COBE FRAI Date 200m (PR: 3/17 COBE FRAI Date 200m (PR: 3/17	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEC Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas	Pole Vault L, SOUTH CAROL Event 1500m Event 110mH 110mH 110mH TH CAROLINA Event Hammer DRGIA Event 100m - P 200m E, VIRGINIA Event	 Finish 6th Ist 1st 5th 5th 12th 12th 14th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48
Pole Vault 3/24 JACKSON   JACKSON   Date 500m (PR 3/25 FILIP DEMS Date 10mH (PR: 3/18 3/25 RIDGE DO\ Date Hammer (P 3/24 EMORY FLC Date 100m (PR: 3/17 COBE FRAI Date 200m (PR: 3/17 COBE FRAI COBE F	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEG Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas (PR: 6.28m   20-7.25) Island Relays Bahamas	Pole Vault  Event  1500m  Event  100mH  10mH  10mH  TH CAROLINA Event  100m - P  200m  E, VIRGINIA Event  200m	 Finish 6th Finish 1st 1st 5th 5th 12th 14th 14th 25th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48
3/24 JACKSON I Date JJACKSON (PR 3/25 FILIP DEMS Date IIOmH (PR: 3/18 3/25 RIDGE DO\ Date Hammer (P 3/24 EMORY FLC Date IOOm (PR: 3/17 COBE FRA Date 200m (PR: 3/17 COBE FRA Date 200m (PR: 3/17	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEG Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas (PR: 6.28m   20-7.25) Island Relays Bahamas (PR: 2.07m   6-9.5)	Pole Vault  L, SOUTH CAROL Event  1500m  Event  110mH  110mH  110mH  TH CAROLINA Event  100m - P  200m  E, VIRGINIA Event  200m Long Jump	 Finish 6th Finish 1st 5th Finish 12th 14th 14th 25th 5th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48 6.28m   20-7.25
Pole Vault 3/24 JACKSON I Date 1500m (PR 3/25 FILIP DEMS Date 110mH (PR: 3/18 3/25 RIDGE DO\ Date Hammer (P 3/24 EMORY FLC Date 100m (PR: 3/17 200m (PR: 3/17 KOBE FRA Date 200m (PR: 3/17 KOBE FRA 2/18 2/17 KOBE FRA 2/17 KOBE FRA 2/18 KOBE FRA 2/18	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays NE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEC Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas 22.09 Island Relays Bahamas (PR: 2.07m   20-7.25) Island Relays Bahamas (PR: 2.07m   6-9.5) Island Relays Bahamas	Pole Vault  L, SOUTH CAROL Event  1500m  Event  110mH  110mH  TH CAROLINA Event  Hammer  DRGIA Event  100m - P  200m  E, VIRGINIA Event  200m Long Jump  High Jump	 Finish 6th 1st 1st 5th 5th 12th 12th 14th 14th 25th 2sth 5th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48 6.28m   20-7.25 2.00m   6-6.75
Pole Vault           3/24           JACKSON I           Jate           500m (PR           3/25           RIDGE DON           Date           Hammer (PR:           3/17           200m (PR:           3/17           COBE FRA           200m (PR:           3/17           cong Jump           3/18           3/25	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet PR: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEC Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas (PR: 6.28m   20-7.25) Island Relays Bahamas (PR: 2.07m   6-9.5) Island Relays Bahamas Weems Baskin Relays Bahatth • JR • CINCINNATI	Pole Vault  Event  1500m  Event  100mH  100mH  100mH  TH CAROLINA Event  Ammer  DRGIA Event  200m  E, VIRGINIA Event  200m Long Jump High Jump High Jump , OHIO	Finish 6th Finish 1st 1st 5th 12th 14th 14th 25th 5th 2nd 4th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48 6.28m   20-7.25 2.00m   6-6.75 1.98m   6-6
bole Vault Vaul	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEG Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas (PR: 6.28m   20-7.25) Island Relays Bahamas (PR: 2.07m   6-9.5) Island Relays Bahamas (PR: 2.07m   6-9.5) Island Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays BRAITH • JR • CINCINNATI Meet	Pole Vault  Event  1500m  Event  100mH  100mH  100mH  TH CAROLINA Event  100m - P  200m  E, VIRGINIA Event  200m  Long Jump  High Jump	 Finish 6th 1st 1st 5th 5th 12th 12th 14th 14th 25th 2sth 5th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48 6.28m   20-7.25 2.00m   6-6.75
ole Vault           >>>>>>>>>>>>>>>>>>>>>>>>>>>>	(PR: 4.30m   14-1.25) Weems Baskin Relays DAWSON • FR • FORT MILL Meet : 3:59.71) Weems Baskin Relays SAR • JR • SLOVENIA Meet : 13.67) Island Relays Bahamas Weems Baskin Relays WE • FR • BLUFFTON, SOU Meet R: 52.60m   172-7) Weems Baskin Relays OYD • FR • MARIETTA, GEG Meet 10.86) Island Relays Bahamas 22.09) Island Relays Bahamas NKLIN • SR • WOODBRIDG Meet 23.48) Island Relays Bahamas (PR: 6.28m   20-7.25) Island Relays Bahamas (PR: 2.07m   6-9.5) Island Relays Bahamas (PR: 2.07m   6-9.5) Island Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays Bahamas Weems Baskin Relays BRAITH • JR • CINCINNATI Meet	Pole Vault  Event  1500m  Event  100mH  100mH  100mH  TH CAROLINA Event  Ammer  DRGIA Event  200m  E, VIRGINIA Event  200m Long Jump High Jump High Jump , OHIO	Finish 6th Finish 1st 1st 5th 12th 14th 14th 25th 5th 2nd 4th	NH Time/Mark 3:59.71 Time/Mark 14.15 13.67 (1.1) Time/Mark 52.60m   172-7 Time/Mark 10.86 22.09 Time/Mark 23.48 6.28m   20-7.25 2.00m   6-6.75 1.98m   6-6

Date	Meet	Event	Finish	Time/Mark
100m (PR:	-	100	1+	10.00
3/17 3/18	Island Relays Bahamas Island Relays Bahamas	100m - P 100m - F	1st 1st	10.60
5/10	Isiana Relays Danamas		131	10.00
AIDAN HA	TTON • SO • CHARLESTO	N, SOUTH CAR	OLINA	
Date	Meet	Event	Finish	Time/Mark
800m (PR:		800m	and	1.54.70
3/17 <b>1500m (PE</b>	Island Relays Bahamas R: 4:08.82)	800m	2nd	1:54.32
3/25	Weems Baskin Relays	1500m	13th	4:08.82
	JEFFERSON • SO • COLU			
Date	Meet	Event	Finish	Time/Mark
<b>100m (PR:</b> 3/24	Weems Baskins Relays	100m	2nd	10.85 (-0.5)
200m (PR:		100111	2110	10.03 ( 0.3)
3/25	Weems Baskin Relays	200m	39th	22.17 (0.6)
	JUNKINS • SR • PAWLEY			
Date	Meet	Event	Finish	Time/Mark
200m (PR: 3/17	Island Relays Bahamas	200m	17th	22.38
3/25	Weems Baskin Relays	200m	10th	21.52 (0.7)
400m (PR				
3/17	Island Relays Bahamas	400m	9th	50.21
			. –	
	AWSON • JR • LUGOFF, S Meet			Time /Mark
Date 00m (PR:		Event	Finish	Time/Mark
5/17	Island Relays Bahamas	100m - P	14th	11.32
3/25	Weems Baskin Relays	100m	17th	10.96 (0.7)
200m (PR:	: 22.28)			
3/17	Island Relays Bahamas	200m	19th	22.51
3/25	Weems Baskin Relays	200m	44th	22.28 (2.3)
		DKANGAG		
CARSON L	ENSER • SO • VILONIA, A Meet	Event	Finish	Time/Mark
200m (PR:		LYCIIL	1 111311	Anne/ Plark
3/17	Island Relays Bahamas	200m	23rd	23.26
	(PR: 5.25m   17-2.75)			
5/18	Island Relays Bahamas	Pole Vault		NH
GEORGE L Date	UKE • SO • CLINTON, CO		Einich	Timo/Mark
	Meet	Event	Finish	Time/Mark
	2: 4:10.56)			110 50
	R: 4:10.56) Weems Baskin Relays	1500m	14th	4:10.56
500m (PF	<b>R: 4:10.56)</b> Weems Baskin Relays	1500m	14th	4:10.56
<b>500m (PF</b> 5/25				4:10.56
500m (PF 3/25 JAKE MAN Date	Weems Baskin Relays			4:10.56 Time/Mark
500m (PF 3/25 JAKE MAN Date 300m (PR	Weems Baskin Relays IGIONE • SO • LEXINGTO Meet : 1:55.67)	N, SOUTH CARC Event	DLINA Finish	Time/Mark
500m (PF 3/25 JAKE MAN Date 300m (PR	Weems Baskin Relays	N, SOUTH CARC	LINA	
500m (PF 3/25 JAKE MAN Date 300m (PR: 3/25	Weems Baskin Relays IGIONE • SO • LEXINGTO Meet : 1:55.67)	N, SOUTH CARC Event 800m	DLINA Finish 8th	Time/Mark
500m (PF 3/25 DAKE MAN Date 800m (PR: 3/25 ETHAN MA	Weems Baskin Relays IGIONE • SO • LEXINGTOR Meet 1:55.67) Weems Baskin Relays	N, SOUTH CARC Event 800m	DLINA Finish 8th	Time/Mark
500m (PF 3/25 DAKE MAN Date 800m (PR: 3/25 ETHAN MA Date	Weems Baskin Relays IGIONE • SO • LEXINGTOR Meet 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet	N, SOUTH CARC Event 800m , NORTH CARO	DLINA Finish 8th	<b>Time/Mark</b> 1:55.67
500m (PF 3/25 JAKE MAN Date 300m (PR 3/25 ETHAN MA Date 400m (PR	Weems Baskin Relays IGIONE • SO • LEXINGTOR Meet 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet	N, SOUTH CARC Event 800m , NORTH CARO	DLINA Finish 8th	<b>Time/Mark</b> 1:55.67
500m (PR 3/25 AKE MAN Date 3/25 THAN MA Date 100m (PR 3/24	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet : 1:55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays	N, SOUTH CARC Event 800m , NORTH CARO Event 400m	DLINA Finish 8th LINA Finish 45th	Time/Mark 1:55.67 Time/Mark 53.45
500m (PF 3/25 DAKE MAN Date 300m (PR 3/25 THAN MA Date 400m (PR 3/24 DILLON Ma	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet 1:55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F	N, SOUTH CARC Event 800m , NORTH CARO Event 400m PLEASANT, SOU	DLINA Finish 8th LINA Finish 45th TH CAROLII	Time/Mark 1:55.67 Time/Mark 53.45
500m (PF 3/25 JAKE MAN Date 300m (PR 3/25 ETHAN MA Date 400m (PR 3/24 DILLON Mo Date	Weems Baskin Relays IGIONE • SO • LEXINGTOD Meet 1:55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet 1:53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet	N, SOUTH CARC Event 800m , NORTH CARO Event 400m	DLINA Finish 8th LINA Finish 45th	Time/Mark 1:55.67 Time/Mark 53.45
500m (PR 3/25 JAKE MAN Date 300m (PR 3/25 ETHAN MA Date 400m (PR 3/24 DILLON Ma Date Pole Vault	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet 1:55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F	N, SOUTH CARC Event 800m , NORTH CARO Event 400m PLEASANT, SOU	DLINA Finish 8th LINA Finish 45th TH CAROLII	Time/Mark 1:55.67 Time/Mark 53.45
500m (PF /25 AKE MAN Date 000m (PR /25 THAN MA Date 000m (PR /24 DILLON MA Date 00e Vault /18	Weems Baskin Relays IGIONE • SO • LEXINGTOI Meet 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet 1:53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75)	N, SOUTH CARC Event 800m , NORTH CARO Event 400m LEASANT, SOU Event	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark
500m (PF \$/25 HAKE MAN Date 500m (PR \$/25 ETHAN MA Date DOLLON MA Date DOLLON MA Date Dole Vault \$/18	Weems Baskin Relays IGIONE • SO • LEXINGTOD Meet ::55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas	N, SOUTH CARC Event 800m , NORTH CARO Event 400m PLEASANT, SOU Event Pole Vault	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish 	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH
500m (PF /25 AKE MAN bate 000m (PR /25 THAN MA bate 000m (PR /24 000m (PR /24 001 (PR /24 001 (PR /24 001 (PR /24 000 (PR /24 000 (PR /24 000 (PR /25) 000 (PR /25)	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet 1:55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH	N, SOUTH CARC Event 800m , NORTH CARO Event 400m CEASANT, SOU Event Pole Vault Pole Vault CAROLINA	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.79
500m (PF /25 AKE MAN bate 100m (PR /25 THAN MA bate 100m (PR /24 101LON M bate 100m (PR /24 101LON M 102 102 102 102 102 102 102 102	Weems Baskin Relays IGIONE • SO • LEXINGTOI Meet ::55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet :53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet	N, SOUTH CARC Event 800m , NORTH CARO Event 400m *LEASANT, SOU Event Pole Vault Pole Vault	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish 	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH
500m (PF 5/25 IAKE MAN Date 100m (PR 5/25 ETHAN MA Date 100m (PR 5/24 DILLON MA Date 100 Vault 5/18 5/25 IACK MEN Date 100m (PR 100m (PR) (PR) (PR) (PR) (PR) (PR) (PR) (PR)	Weems Baskin Relays IGIONE • SO • LEXINGTOD Meet ::55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet :53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay Island Relays Bahamas Weems Baskin Relay Island Relays Bahamas Weems Baskin Relay Island Relays Bahamas Weems Baskin Relay	N, SOUTH CARC Event 800m , NORTH CARO Event 400m PLEASANT, SOU Event Pole Vault Pole Vault CAROLINA Event	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th Finish	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.72 Time/Mark
500m (PF 5/25 1AKE MAN Date 1000m (PR: 5/25 1000m (PR: 5/24 1000m (PR: 5/24 1000m (PR: 5/25 1000m (PR: 5/25	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet : 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays cCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet : 48.50) Weems Baskin Relays	N, SOUTH CARC Event 800m , NORTH CARO Event 400m CEASANT, SOU Event Pole Vault Pole Vault CAROLINA	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.79
500m (PF 3/25 IAKE MAN Date 300m (PR 3/25 ETHAN MA Date 100m (PR 3/24 DILLON M Date 100e Vault 3/12 100e Vault 3/12 100m (PR 3/24 100m (PR 3/25 100m (PR	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet : 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays cCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet : 48.50) Weems Baskin Relays : 1:52.01)	N, SOUTH CARC Event 800m , NORTH CARO Event 400m *LEASANT, SOU Event Pole Vault Pole Vault CAROLINA Event 400m	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th Finish 2nd	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.73 Time/Mark 48.50
500m (PR 3/25 JAKE MAN Date 300m (PR 3/25 500m (PR 3/24 501LLON Mo Date 500e Vault 5/18 500m (PR 5/24 500m (PR 5/24	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet : 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays cCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet : 48.50) Weems Baskin Relays	N, SOUTH CARC Event 800m , NORTH CARO Event 400m PLEASANT, SOU Event Pole Vault Pole Vault CAROLINA Event	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th Finish	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.72 Time/Mark
500m (PF /25 AKE MAN bate 000m (PR /25 THAN MA bate 000m (PR /24 001LLON M /24 001E Vault //8 /25 ACK MEN Date 000m (PR /24 000m (PR /24 000m (PR /24 000m (PR /24 000m (PR /25 000m (PR /24 000m (PR /25 000m (PR /25) 000m	Weems Baskin Relays IGIONE • SO • LEXINGTOO Meet 1:55.67) Weems Baskin Relays ATHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet : 48.50) Weems Baskin Relays : 1:52.01) Island Relays Bahamas	N, SOUTH CARC Event 800m , NORTH CARO Event 400m *LEASANT, SOU Event Pole Vault Pole Vault CAROLINA Event 400m	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th Finish 2nd	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.73 Time/Mark 48.50
500m (PF /25 AKE MAN Date 000m (PR: /25 500m (PR /24 00lLON M/ Date 00lLON M/ Date 000m (PR: //17 500m (PF)	Weems Baskin Relays IGIONE • SO • LEXINGTOI Meet : 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relays SCH • JR • IRMO, SOUTH Meet : 48.50) Weems Baskin Relays : 1:52.01) Island Relays Bahamas R: 3:57.46) Weems Baskin Relays	N, SOUTH CARC Event 800m , NORTH CARO Event 400m VLEASANT, SOU Event Pole Vault Pole Vault Pole Vault CAROLINA Event 400m 800m 1500m	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th Finish 2nd 4th	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.79 Time/Mark 48.50 1:55.18
500m (PF /25 AKE MAN bate 000m (PR /25 THAN MA bate 000m (PR /24 00le Vault /18 /25 ACK MEN bate 000m (PR /24 000m (PR /24 000m (PR /24 000m (PR /24 000m (PR /24 000m (PR	Weems Baskin Relays IGIONE • SO • LEXINGTON Meet : 1:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet : 53.45) Weems Baskin Relays cCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet : 48.50) Weems Baskin Relays : 1:52.01) Island Relays Bahamas R: 3:57.46) Weems Baskin Relays : 3:57.46) Weems Baskin Relays	N, SOUTH CARC Event 800m , NORTH CARO Event 400m *LEASANT, SOU Event Pole Vault Pole Vault Pole Vault CAROLINA Event 400m 800m 1500m FLORIDA	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th  6th 2nd 4th 15th	Time/Mark  1:55.67  Time/Mark  53.45  NA Time/Mark  NH  4.77m   15-7.72  Time/Mark  48.50  1:55.18  4:13.05
500m (PR 3/25 JAKE MAN Date 300m (PR 3/25 500m (PR 3/24 501LLON M 5/24 500e Vault 5/25 500m (PR 5/25 500m (PR 5/25) 500m (PR 5/25) 5/25) 5/25	Weems Baskin Relays IGIONE • SO • LEXINGTOI Meet T:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet S3.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet SCH • SCH	N, SOUTH CARC Event 800m , NORTH CARO Event 400m VLEASANT, SOU Event Pole Vault Pole Vault Pole Vault CAROLINA Event 400m 800m 1500m	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th Finish 2nd 4th	Time/Mark 1:55.67 Time/Mark 53.45 NA Time/Mark NH 4.77m   15-7.79 Time/Mark 48.50 1:55.18
500m (PF 3/25 JAKE MAN Date 300m (PR: 3/25 ETHAN MA Date 400m (PR 3/24 DilLON M. Date 00le Vault 3/18 3/25 JACK MEN Date 400m (PR 3/24 3/17 1500m (PR 3/25	Weems Baskin Relays IGIONE • SO • LEXINGTOI Meet T:55.67) Weems Baskin Relays XTHIS • FR • CHAPEL HILL Meet S3.45) Weems Baskin Relays CCARTHY • JR • MOUNT F Meet (PR: 5.15m   16-10.75) Island Relays Bahamas Weems Baskin Relay ISCH • JR • IRMO, SOUTH Meet SCH • SCH	N, SOUTH CARC Event 800m , NORTH CARO Event 400m *LEASANT, SOU Event Pole Vault Pole Vault Pole Vault CAROLINA Event 400m 800m 1500m FLORIDA	DLINA Finish 8th LINA Finish 45th TH CAROLII Finish  6th  6th 2nd 4th 15th	Time/Mark  1:55.67  Time/Mark  53.45  NA Time/Mark  NH  4.77m   15-7.72  Time/Mark  48.50  1:55.18  4:13.05

## **UPDATED 3/27/23**

\* Denotes mark set at previous school | ^ Denotes mark set in international competition | w - Denotes aided by wind

400m

1st

45.60

Weems Baskin Relays

3/25



## **2023 OUTDOOR PROGRESSIONS - MEN**

KYLE RE Date	Meet	Event	Finish	Time/	Mark
	R: 1:54.76)	Event	FINISH	Time/	Mark
3/25	Weems Baskin Relays	800m	9th	1:56.4	6
E.J. RICH Date	ARDSON • JR • HAMPTON Meet	, VIRGINIA Event	Finish	Time/	Mark
	R: 47.01)	Lvent	1 11131	Time/	TICIK
3/17	Island Relays Bahamas	400m	1st	47.01	
	SPENCER, JR. • SR • HENF		Finish	Times	Maule
Date 400mH (	Meet (PR: 49.56)	Event	Finish	Time/	Mark
3/18	Island Relays Bahamas	400mH		DNF	
TVI ED S	TARGEL • FR • DAYTON, O	но			
Date	Meet	Event	Finish	Time/	'Mark
200m (P	R: 23.91)			-	
3/25	Weems Baskin Relays	200m	81st	23.91	(2.1)
OYLAN T	ARGGART • SO • COLDWA	TER. MICHIGAN			
Date	Meet	Event	Finish	Time/	'Mark
	(PR: 19.42m   63-8.75)				
3/18	Island Relays Bahamas	Shot Put	3rd		n   60-11
3/25	Weems Baskin Relays	Shot Put	1st	19.42r	n   63-8.75
	PR: 52.70m   172-10)	Discus	4+6	FOCO	m   160 0
3/18 3/25	Island Relays Bahamas Weems Baskin Relays	Discus Discus	4th 3rd		m   166-0 n   169-10
J/ ZJ	weens baskin Reidys	Discus	JIU	51.701	1103-10
JONATH	AN TOGAMI • JR • MOUNT	PLEASANT, SOUTI	H CARO	LINA	
Date	Meet	Event	Finish	Time/	'Mark
<b>Pole Vau</b> 3/25	It (PR: 4.75m   15-7) Weems Baskin Relays	Pole Vault		NH	
HENRY V Date 5000m (	NOOD • SO • CHARLESTON Meet PR: 15:47.87)	Event	Finish		
HENRY V Date 5000m (	NOOD • SO • CHARLESTON Meet			<b>Time/</b> 15:47.8	
HENRY V Date 5000m ( 3/24 WILLIAM	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO	Event 5000m N, SOUTH CAROLI	Finish 17th NA	15:47.8	37
HENRY V Date 5000m ( 3/24 WILLIAM Date	VOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays	Event 5000m	<b>Finish</b> 17th	15:47.8	37
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17	VOOD • SO • CHARLESTON Meet PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet	Event 5000m N, SOUTH CAROLI	Finish 17th NA	15:47.8	37 ' <b>Mark</b>
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17	VOOD • SO • CHARLESTON Meet PR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 1:53.27)	Event 5000m N, SOUTH CAROLI Event	Finish 17th NA Finish	15:47.8 Time/	37 <b>'Mark</b>
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m	Finish 17th NA Finish 5th	15:47.8 <b>Time/</b> 1:55.81	37 <b>'Mark</b>
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m	Finish 17th NA Finish 5th	15:47.8 <b>Time/</b> 1:55.81	37 <b>'Mark</b>
HENRY V Date 5000m ( 3/24 WILLIAN Date 800m (P 3/17 3/25 4X100M Date	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 153.27) Island Relays Bahamas Weems Baskin Relays RELAY	Event 5000m N, SOUTH CAROLI Event 800m 800m	Finish 17th NA Finish 5th 4th	15:47.8 <b>Time/</b> 1:55.81 1:53.27	37 / <b>Mark</b>   7
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18	WOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.21 Finish 3rd	37 /Mark 1 7 Time 40.11
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18	VOOD • SO • CHARLESTON Meet PR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow Greenhow, Miller	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.27 Finish	37 /Mark
HENRY V Date 5000m ( 3/24 WILLIAN Date 800m (P 3/17 3/25 4X100M Date 3/18	WOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.21 Finish 3rd	37 /Mark 1 7 Time 40.11
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY RELAY	Event 5000m N, SOUTH CAROLI Event 800m 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black	Finish 17th NA Finish 5th 4th	15:47.8 <b>Time/</b> 1:55.8 1:53.2 <b>Finish</b> 3rd 1st	37 /Mark ////////////////////////////////////
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/18 3/25	WOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.22 Finish 3rd 1st Finish	37 /Mark 1 7 Time 40.11 39.99 Time
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/18 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY RELAY	Event 5000m N, SOUTH CAROLI Event 800m B. Brooks, Dems Floyd, Greenhow, Greenhow, Miller Lawson, Black Team Junkins, Richard	Finish 17th NA Finish 5th 4th	15:47.8 <b>Time/</b> 1:55.8 1:53.2 <b>Finish</b> 3rd 1st	37 /Mark ////////////////////////////////////
HENRY V Date 5000m ( 3/24 WILLIAN Date 800m (P 3/17 3/25 4X100M Date	WOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.22 Finish 3rd 1st Finish	37 /Mark 1 7 Time 40.11 39.99 Time
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/18 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m B. Brooks, Dems Floyd, Greenhow, Greenhow, Miller Lawson, Black Team Junkins, Richard	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.22 Finish 3rd 1st Finish	37 /Mark 1 7 Time 40.11 39.99 Time
HENRY V Date 5000m ( 3/24 WILLIAP Date 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X300M	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m B. Brooks, Dems Floyd, Greenhow, Greenhow, Miller Lawson, Black Team Junkins, Richard	Finish 17th NA Finish 5th 4th	15:47.8 Time/ 1:55.81 1:53.22 Finish 3rd 1st Finish	37 Mark 7 Time 40.11 39.99 Time
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/18 3/25 4X300M Date 3/24 4X400M Date	WOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenhow	Finish 17th NA Finish 5th 4th ar v r	15:47.8           Time/           1:55.8           1:55.8           1:53.2           Finish           3rd           1st           Finish           1st	37 /Mark 7 7 40.11 39.99 Time 2:14.75
HENRY V Date 5000M ( 3/24 WILLIAM Date 800M (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/24	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet Island Relays Bahamas	Event 5000m N, SOUTH CAROLI Event 800m 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson	Finish 17th NA Finish 5th 4th	15:47.8           Time/           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           Finish           2nd	37 /Mark 1 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/24	VOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet	Event 5000m N, SOUTH CAROLI Event 800m 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson Junkins, Lawson	Finish 17th NA Finish 5th 4th	15:47.8           Time/           1:55.81           1:55.82           Finish           3rd           1st           Finish           1st           Finish           Tst           Finish           Tst	37 Mark 7 Time 40.11 39.99 Time 2:14.75 Time
HENRY V Date 5000m ( 3/24 WILLIAN Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/18 3/25	WOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson Junkins, Demsar E. Brooks, Miller	Finish 17th NA Finish 5th 4th	15:47.8           Time/           1:55.8           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           Pinish           2nd           2nd	37 /Mark 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58 3:10.77
HENRY V Date 5000m ( 3/24 WILLIAN Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/18 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays I WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet Weems Baskin Relays RELAY Meet Island Relays Bahamas	Event 5000m N, SOUTH CAROLI Event 800m 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson Junkins, Lawson	Finish 17th NA Finish 4th ar y r	15:47.8           Time/           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           Finish           2nd	37 /Mark 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58 3:10.77
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/24 3/25 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m B00m Team B. Brooks, Dems Floyd, Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson Junkins, Demsar E. Brooks, Miller Wright, Hatton	Finish 17th NA Finish 4th ar y r	15:47.8           Time/           1:55.8           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           Pinish           2nd           2nd	37 /Mark 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58 3:10.77
HENRY V Date 5000m ( 3/24 WILLIAP Date 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/25 4X400M Date 3/18 3/25 3/25 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m 800m Team B. Brooks, Dems Floyd, Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenha Junkins, Lawson Junkins, Demsar E. Brooks, Miller Wright, Hatton Reers, Mangione	Finish 17th NA Finish 4th ar y r	15:47.8           Time/           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           2nd           2nd           10th	37 /Mark 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58 3:10.77 3:22.96
HENRY V Date 5000m ( 3/24 WILLIAN Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/25 3/25 3/25 3/25	VOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Meet	Event 5000m N, SOUTH CAROLI Event 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson Junkins, Demsar E. Brooks, Miller Wright, Hatton Reers, Mangione Team	Finish 17th NA Finish 4th ar y r	15:47.8           Time/           1:55.8           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           Pinish           2nd           2nd           10th           Finish	37 /Mark 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58 3:10.77 3:22.96 Time
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/24 4X400M Date 3/24 3/25 3/25	WOOD • SO • CHARLESTON Meet IPR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays	Event 5000m N, SOUTH CAROLI Event 800m B00m Team B. Brooks, Dems Floyd, Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Demsar E. Brooks, Miller Wright, Hatton Reers, Mangione Team Amaral, Hatton	Finish 17th NA Finish 4th ar y r	15:47.8           Time/           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           2nd           2nd           10th	37 /Mark 1 7 Time 40.11 39.99 Time 2:14.75 Time 3:11.58 3:10.77 3:22.96
HENRY V Date 5000m ( 3/24 WILLIAM Date 800m (P 3/17 3/25 4X100M Date 3/18 3/25 4X300M Date 3/25 4X300M Date 3/25 3/25 3/25 3/25 3/25	VOOD • SO • CHARLESTON Meet (PR: 15:47.87) Weems Baskin Relays 1 WRIGHT • FR • ANDERSO Meet R: 1:53.27) Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays RELAY Meet Meet	Event 5000m N, SOUTH CAROLI Event 800m B. Brooks, Dems Floyd, Greenhow Greenhow, Miller Lawson, Black Team Junkins, Richard Lawson, Spence Team Demsar, Greenho Junkins, Lawson Junkins, Demsar E. Brooks, Miller Wright, Hatton Reers, Mangione Team	Finish 17th NA Finish 4th ar y r	15:47.8           Time/           1:55.8           1:55.8           1:53.21           Finish           3rd           1st           Finish           1st           Pinish           2nd           2nd           10th           Finish	37 /Mark Time 40.11 39.99 Time 2:14.75 Xill.58 3:10.77 3:22.96 Time



### **2023 TOP-FIVE MARKS - WOMEN**

#### 100-METER DASH (Record: 11.02w, LaKya Brookins, 2011)

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Jayla Jamison	11.44 (1.2)
3/25	Weems Baskin Relays	Anastasia Sumpter	11.88 (1.2)
3/17	Island Relays Bahamas	Anastasia Sumpter	12.22 - P
3/17	Island Relays Bahamas	Makayla Grant	12.30 - P
3/25	Weems Baskin Relays	Makayla Grant	12.34 (1.5)

### 200-METER DASH (Record: 22.36, Shalonda Solomon, 2006)

Date	Meet	Athlete	Mark
3/17	Island Relays Bahamas	Jayla Jamison	23.28
3/25	Weems Baskin Relays	Jahnile Registre	23.76 (1.5)
3/25	Weems Baskin Relays	Anastasia Sumpter	24.90 (2.4)
3/17	Island Relays Bahamas	Makayla Grant	25.25
3/25	Weems Baskin Relays	Makayla Grant	25.30 (0.3)

### 400-METER RUN (Record: 49.60, Wadeline Jonathas, 2019)

Date	Meet	Athlete	Mark	
3/17	Island Relays Bahamas	Jahnile Registre	53.28	
3/17	Island Relays Bahamas	Aalliyah Francis	53.29	
3/25	Weems Baskin Relays	Sylvia Chelangat	54.30	
3/17	Island Relays Bahamas	Alysia Johnson	54.99	

### 800-METER RUN (Record: 2:02.91, Charmaine Howell, 1998)

Date	Meet	Athlete	Mark
3/17	Island Relays Bahamas	Sylvia Chelangat	2:05.99
3/25	Weems Baskin Relays	Kieley Gayle	2:12.52
3/17	Island Relays Bahamas	Kieley Gayle	2:13.91
3/25	Weems Baskin Relays	Svenja Sommer	2:13.93
3/17	Island Relays Bahamas	Grace Zamrowski	2:13.93

### 1500-METER RUN (Record: 4:25.74, Anna Kathryn Stoddard, 2021)

Date	Meet	Athlete	Mark
3/18	Island Relays Bahamas	Svenja Sommer	4:35.25
3/25	Weems Baskin Relays	Brooke Donoghue	4:41.72
3/18	Island Relays Bahamas	Alex Costantino	4:44.16
3/25	Weems Baskin Relays	Alex Costantino	4:45.53
3/25	Weems Baskin Relays	Emily Pierontoni	4:45.98

### 3000-METER RUN (Record: 9:29.76., Anna Kathryn Stoddard, 2021)

Date	Meet	Athlete	Mark
3/25	Weems Baskin Relays	Gabriella Gait-Smith	10:02.23
3/25	Weems Baskin Relays	Ella Zeigler	10:17.95
3/18	Island Relays Bahamas	Hayden Withers	10:28.39
3/18	Island Relays Bahamas	Anna Boyd	10:40.47
3/25	Weems Baskin Relays	Claudia Satzke	11:04.10

5000-METER RUN (Record: 16:12.77., Anna Kathryn Stoddard, 2021)						
Date	Meet	Athlete	Mark			
3/24	Weems Baskin Relays	Hayden Withers	17:57.78			

3/24	Weems Baskin Relays	Lilly Weeks	18:16.69	
3/24	Weems Baskin Relays	Anna Boyd	18:28.12	
3/24	Weems Baskin Relays	Molly Joseph	20:00.36	

### 400-METER HURDLES (Record: 53.43, Lashinda Demus, 2004)

Date	Meet	Athlete	Mark	
3/17	Island Relays Bahamas	Elena Kelety	58.19	
3/25	Weems Baskin Relays	Elena Kelety	58.71	

4X100	4X100 RELAY (Record: 42.83, Ross, Whipple, Joyce, Bailey, 2003)					
Date	Meet	Athletes	Mark			
3/25	Weems Baskin Relays	Francis, Jamison	44.17			
		Johnson, Sumpter				
3/18	Island Relays Bahamas	Francis, Grant	44.95			

### 4X400 RELAY (Record: 3:25.45, Davis, Dunmore, Frank, Registre, 2022)

Date	Meet	Athletes	Mark
3/25	Weems Baskin Relays	Registre, Jamison	3:37.57
		Chelangat, Gayle	
3/25	Weems Baskin Relays	Sumpter, Sommer	3:59.08
		McMichael, Grant	

Jamison, Johnson

#### 4X800 RELAY (Record: 8:45.44, Demus, Shelton, Watkins, Ramonene, 2004)

Date	Meet	Athletes	Mark	
3/18	Island Relays Bahamas	Kelety, Chelangat	8:56.91	
		Gayle, Zamrowski		
3/24	Weems Baskin Relays	Bowers, Pierontoni	9:18.26	
		Smith Wilson		

### HIGH JUMP (Record: 1.96m | 6-5, Jeannelle Scheper, 2015)

Date	meet	Athlete	Mark	
3/25	Weems Baskin Relays	Markia Anderson	1.43m   4-8.25	

### SHOT PUT (Record: 17.28m | 56-8.5, Crystal Brownlee, 1997)

Date	Meet	Athlete	Mark
3/18	Island Relays Bahamas	KD Young	15.77m   51-8.75

### HAMMER THROW (Record: 65.01m | 213-3, Lisa Misipeka, 1998)

Date	Meet	Athlete	Mark
3/17	Island Relays Bahamas	KD Young	55.23m   181-2
3/24	Weems Baskin Relays	Cailyn Scharneck	42.72m   140-2

\_ \_ . . \_

P - Prelminary Round S - Semifinal Round

F - Final Round

H - Heptathlon Competition



## **2023 OUTDOOR PROGRESSIONS - WOMEN**

Meet	Event	Finish	Time/Mark
	-		
Weems Baskin Relays	3000m	16th	11:46.76
			Time/Mark
	Event	Fillişli	Time/ Plark
	High Jump	2nd	1.43m   4-8.25
			Time/Mark
	Event	Fillish	Time/ Plark
	1500m	3rd	4:46.34
		Finish	Time/Mark
	Licit	1 111511	rinc, riark
Island Relays Bahamas	3000m	7th	10:40.47
Weems Baskin Relays	5000m	5th	18:28.12
HELANGAT • FR • KENYA			
Meet	Event	Finish	Time/Mark
· · · · ·			5 4 70
	400m	3rd	54.30
	800m	1st	2:05.99
Meet	Event	Finish	Time/Mark
	1500m	5tb	4:33.52
			4:33.52
serve _ contrology			
Meet	Event	Finish	Time/Mark
R: 4:41.72) Weems Baskin Relays	1500m	1st	4:41.72
VVEEUUS DOSKIU KEIdVS			+.+1./∠
	1500111	ISL	
ELLISON • FR • WALTERE			
ELLISON • FR • WALTERE Meet			Time/Mark
ELLISON • FR • WALTERE Meet 13.73)	SORO, SOUTH CA Event	ROLINA Finish	
ELLISON • FR • WALTERE Meet	BORO, SOUTH CA	ROLINA	<b>Time/Mark</b> 13.73 (0.5)
ELLISON • FR • WALTERE Meet 13.73)	BORO, SOUTH CA Event 100m	ROLINA Finish 40th	
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays	BORO, SOUTH CA Event 100m	ROLINA Finish 40th	
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29)	SORO, SOUTH CA Event 100m ORELAND, JAMA Event	ROLINA Finish 40th ICA Finish	13.73 (0.5) Time/Mark
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet	BORO, SOUTH CA Event 100m ORELAND, JAMA	ROLINA Finish 40th	13.73 (0.5)
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m	ROLINA Finish 40th ICA Finish 3rd	13.73 (0.5) Time/Mark 53.29
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29)	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m	ROLINA Finish 40th ICA Finish 3rd	13.73 (0.5) Time/Mark 53.29
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC	13.73 (0.5) Time/Mark 53.29
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC	13.73 (0.5) Time/Mark 53.29
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish	13.73 (0.5) Time/Mark 53.29 A Time/Mark
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY,	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish	13.73 (0.5) Time/Mark 53.29 A Time/Mark
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92)	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 800m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays Weems Baskin Relays	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 800m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th 1st	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays GRANT • FR • IRMO, SOU	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 800m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays Weems Baskin Relays	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 800m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th 1st	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet 12:10.92) Island Relays Bahamas Weems Baskin Relays GRANT • FR • IRMO, SOU Meet 12.30)	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m HANNESBURG, SC Event 3000m GEORGIA Event 800m 800m JTH CAROLINA Event	ROLINA Finish 40th JICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th 1st	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays • GRANT • FR • IRMO, SOU Meet 12.30) Island Relays Bahamas Weems Baskin Relays : 25.25)	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 3000m JTH CAROLINA Event 100m - P 100m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th 1st Finish 1st	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5)
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet 12:10.92) Island Relays Bahamas Weems Baskin Relays GRANT • FR • IRMO, SOU Meet 12:30) Island Relays Bahamas Weems Baskin Relays 125.25) Island Relays Bahamas	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m JANNESBURG, SC Event 3000m GEORGIA Event 800m 800m JTH CAROLINA Event 100m - P 100m 200m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th 1st Finish 10th 16th	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5) 25.25
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays • GRANT • FR • IRMO, SOU Meet 12.30) Island Relays Bahamas Weems Baskin Relays : 25.25)	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 3000m JTH CAROLINA Event 100m - P 100m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd Finish 5th 1st Finish 1st	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5)
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays • GRANT • FR • IRMO, SOU Meet : 12.30) Island Relays Bahamas Weems Baskin Relays : 25.25) Island Relays Bahamas Weems Baskin Relays : 25.25)	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 900m JTH CAROLINA Event 100m - P 100m 200m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd 2nd Finish 1st Finish 1st 10th 16th 16th 14th 25th	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5) 25.25
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet 12:10.92) Island Relays Bahamas Weems Baskin Relays GRANT • FR • IRMO, SOU Meet 12:30) Island Relays Bahamas Weems Baskin Relays 125.25) Island Relays Bahamas	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 900m JTH CAROLINA Event 100m - P 100m 200m	ROLINA Finish 40th ICA Finish 3rd DUTH AFRIC Finish 2nd 2nd Finish 1st Finish 1st 10th 16th 16th 14th 25th	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5) 25.25
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet : 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet : 2:10.92) Island Relays Bahamas Weems Baskin Relays • GRANT • FR • IRMO, SOU Meet : 12.30) Island Relays Bahamas Weems Baskin Relays : 25.25) Island Relays Bahamas Weems Baskin Relays Mison • SO • WEST COLU	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 800m JTH CAROLINA Event 100m - P 100m 200m 200m	ROLINA Finish 40th ICA Finish 3rd OUTH AFRIC Finish 2nd Finish 2nd Finish 1st Finish 1st 10th 16th 16th 16th 14th 25th AROLINA	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5) 25.25 25.30 (0.3)
ELLISON • FR • WALTERE Meet 13.73) Weems Baskin Relays I FRANCIS • SO • WESTM Meet 53.29) Island Relays Bahamas A GAIT-SMITH • FR • JOH Meet R: 10:02.23) Weems Baskin Relays AYLE • SO • UNION CITY, Meet 12:10.92) Island Relays Bahamas Weems Baskin Relays GRANT • FR • IRMO, SOU Meet 12:30) Island Relays Bahamas Weems Baskin Relays : 25.25) Island Relays Bahamas Weems Baskin Relays : 25.25) Island Relays Bahamas Weems Baskin Relays : 25.25) Island Relays Bahamas Weems Baskin Relays Mison • SO • WEST COLU	BORO, SOUTH CA Event 100m ORELAND, JAMA Event 400m IANNESBURG, SC Event 3000m GEORGIA Event 800m 900m JTH CAROLINA Event 100m - P 100m 200m 200m	ROLINA Finish 40th ICA Finish 3rd OUTH AFRIC Finish 2nd Finish 2nd Finish 1st Finish 1st 10th 16th 16th 16th 14th 25th AROLINA	13.73 (0.5) Time/Mark 53.29 A Time/Mark 10:02.23 Time/Mark 2:13.91 2:12.52 Time/Mark 12.30 12.34 (1.5) 25.25 25.30 (0.3)
	R: 11:13.34) Weems Baskin Relays Meet O (PR: 1.43m   4-8.25) Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays YD • FR • ATTLEBORO, M Meet R: 10:40.47) Island Relays Bahamas R: 18:28.12) Weems Baskin Relays HELANGAT • FR • KENYA Meet I: 54.30) Weems Baskin Relays : 2:05.99) Island Relays Bahamas STANTINO • SO • NORTH Meet R: 4:33.52) Island Relays Bahamas Weems Baskin Relays	R: 11:13.34)         Weems Baskin Relays       3000m         INDERSON • FR • SPARTANBURG, SOUTH         Meet       Event         0 (PR: 1.43m   4-8.25)         Weems Baskin Relays       High Jump         INDERSON • FR • VIRGINIA BEACH, VIRG         Meet       Event         R: 4:45.84)       Weems Baskin Relays         Weems Baskin Relays       1500m         YD • FR • ATTLEBORO, MASSACHUSETTS         Meet       Event         R: 10:40.47)       Island Relays Bahamas       3000m         Island Relays Bahamas       3000m         R: 18:28.12)       Weems Baskin Relays       5000m         Weems Baskin Relays       5000m         HELANGAT • FR • KENYA       Meet       Event         :: 54.30)       Weems Baskin Relays       400m         :: 2:05.99)       Island Relays Bahamas       800m         STANTINO • SO • NORTH ANDOVER, MASS       Meet       Event         R: 4:33.52)       Island Relays Bahamas       1500m         Weems Baskin Relays       1500m       Weems Baskin Relays       1500m         OONOGHUE • SO • PHOENIXVILLE, PENNS       Meet       Event       Event         R: 4:41.72)       Event       Event       Event<	R: 11:13.34)       Weems Baskin Relays       3000m       16th         NDERSON • FR • SPARTANBURG, SOUTH CAROLINA       Meet       Event       Finish         0 (PR: 1.43m   4-8.25)       Weems Baskin Relays       High Jump       2nd         Weems Baskin Relays       1500m       3rd         YD • FR • ATTLEBORO, MASSACHUSETTS       Meet       Event       Finish         R: 10:40.47)       Island Relays Bahamas       3000m       7th         R: 18:28.12)       Weems Baskin Relays       5000m       5th         HELANGAT • FR • KENYA       Meet       Event       Finish         t: 54.30)       Weems Baskin Relays       400m       3rd         Weems Baskin Relays       400m       3rd       15t         STANTINO • SO • NORTH ANDOVER, MASSACHUSETTS       Meet       Event       Finish         R: 4:33.52)       Island Relays Bahamas       1500m       5th         Island Relays Bahamas       1500m       5th       Weems Baskin Relays       1500m       6th         ONOGHUE • SO • PHOENIXVILLE, PENNSYLVANIA       Meet

	DHNSON • JR • DURHAM,			<b>T</b> luce (14 1
Date 200m (PR	Meet	Event	Finish	Time/Mark
3/25	Weems Baskin Relays	200m		DNF
400m (PR				
3/17	Island Relays Bahamas	400m	6th	54.99
	SEPH • SO • AUGUSTA, G	EORGIA		
	Meet	Event	Finish	Time/Mark
	R: 20:00.36)			
5/24	Weems Baskin Relays	5000m	17th	20:00.36
ELENA KE	LETY • FR • FRANKFURT,	GERMANY		
Date	Meet	Event	Finish	Time/Mark
400mH (F		100 11	-	50.10
3/17 3/25	Island Relays Bahamas Weems Baskin Relays	400mH 400mH	3rd 2nd	58.19 58.71
5/25	Weenis Baskin Keldys	4001111	2110	30.71
MARIA LO	MBARDI • FR • NEWARK,	DELAWARE		
Date	Meet	Event	Finish	Time/Mark
	R: 5:03.09) Weems Baskin Relays	1500m	29th	5:03.09
-,			2001	5.00.00
	MICHAEL • SO • SUWAN			
	Meet	Event	Finish	Time/Mark
1 <b>00m (PR</b> : 3/25	: <b>12.32)</b> Weems Baskin Relays	100m	23rd	12.50 (1.5)
3/23 200m (PR		100111	2010	12.30 (1.3)
3/25	Weems Baskin Relays	200m	46th	25.83 (1.5)
CADA!! ***			U CAROL	NA
SARAH NI Date	EVILLE • SO • HILTON HE Meet	AD ISLAND, SOUT Event	Finish	NA Time/Mark
	R: 5:06.72)			
3/25	Weems Baskin Relays	1500m	38th	5:11.19
JENNA PE Date	LLIZZARI • JR • WILMING Meet	Event	ROLINA Finish	Time/Mark
	R: 4:57.85)			
3/25	Weems Baskin Relays	1500m	22nd	4:57.85
				EV
EMILY PIE Date	RONTONI • SO • WOOLW Meet	Event	NEW JERS Finish	Time/Mark
	Heet	Lvent	1 1111311	Time/ Plank
1500m (Pl	R: 4:45.07)			
	R: 4:45.07) Weems Baskin Relays	1500m	7th	4:45.98
3/25	Weems Baskin Relays		7th	4:45.98
3/25	Weems Baskin Relays	ILLINOIS		
3/25 ISABELLA Date	Weems Baskin Relays		7th Finish	4:45.98 Time/Mark
3/25 ISABELLA Date 1500m (Pl	Weems Baskin Relays PISANI • JR • HINSDALE, Meet	ILLINOIS		
3/25 ISABELLA Date 1500m (Pl 3/25	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays	ILLINOIS Event 1500m	Finish	Time/Mark
3/25 ISABELLA Date ISOOm (Pl 3/25 JAHNILE I	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND	ILLINOIS Event 1500m	Finish 33rd	<b>Time/Mark</b> 5:05.83
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet	ILLINOIS Event 1500m	Finish	Time/Mark
3/25 ISABELLA Date I500m (Pl 3/25 JAHNILE I Date 200m (PR 3/25	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays	ILLINOIS Event 1500m	Finish 33rd	<b>Time/Mark</b> 5:05.83
3/25 ISABELLA Date I500m (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28)	ILLINOIS Event 1500m PO, FLORIDA Event 200m	Finish 33rd Finish 1st	Time/Mark 5:05.83 Time/Mark 23.76 (1.5)
3/25 ISABELLA Date 1500m (Pl 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays	ILLINOIS Event 1500m PO, FLORIDA Event	Finish 33rd Finish	Time/Mark 5:05.83 Time/Mark
3/25 ISABELLA Date I500m (Pl 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28)	ILLINOIS         Event         1500m         O, FLORIDA         Event         200m         400m	Finish 33rd Finish 1st	Time/Mark 5:05.83 Time/Mark 23.76 (1.5)
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANK Meet	ILLINOIS         Event         1500m         O, FLORIDA         Event         200m         400m	Finish 33rd Finish 1st	Time/Mark 5:05.83 Time/Mark 23.76 (1.5)
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/17 CLAUDIA Date 3000m (P	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANK Meet R: 11:04.10)	ILLINOIS         Event         1500m         OO, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event	Finish 33rd Finish 1st 2nd Finish	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/17 CLAUDIA Date 3000m (P	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANK Meet	ILLINOIS         Event         1500m         DO, FLORIDA         Event         200m         400m         X, NEW JERSEY	Finish 33rd Finish 1st 2nd	Time/Mark 5:05.83 Time/Mark 23.76 (1.5) 53.28
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date 3/000m (P 3/25	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANK Meet R: 11:04.10)	ILLINOIS         Event         1500m         O, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m	Finish 33rd Finish 1st 2nd Finish 14th	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/17 CLAUDIA Date 3000m (PR 3/17 CLAUDIA Date CLAUDIA CLAU	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet 23.76) Weems Baskin Relays Island Relays Bahamas SATZKE • SO • RED BANH Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet	ILLINOIS         Event         1500m         O, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m	Finish 33rd Finish 1st 2nd Finish 14th	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date 3000m (PR 3/25 CLAUDIA Date CALLYN SC Date Hammer (	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANK Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2)	ILLINOIS         Event         1500m         00, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark           11:04.10           Time/Mark
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/25 CAUDIA Date 3000m (PR 3/17 CLAUDIA Date 3000m (PR 3/25 CAILYN SC Date Hammer (	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet 23.76) Weems Baskin Relays Island Relays Bahamas SATZKE • SO • RED BANH Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet	ILLINOIS         Event         1500m         ISO, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU	Finish 33rd Finish 1st 2nd Finish 14th SETTS	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark           11:04.10
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/17 CLAUDIA Date 3/00m (PR 3/17 CLAUDIA Date CLAUDIA Date CAILYN SC Date Hammer ( 3/24	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANK Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2)	ILLINOIS Event 1500m O, FLORIDA Event 200m 400m C, NEW JERSEY Event 3000m HILL, MASSACHU Event Hammer	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark           11:04.10           Time/Mark
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date 3000m (P 3/25 CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA CLAUDIA Date CLAUDIA	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANH Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays	ILLINOIS Event 1500m O, FLORIDA Event 200m 400m C, NEW JERSEY Event 3000m HILL, MASSACHU Event Hammer	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish	Time/Mark           5:05.83           Time/Mark           23.76 (1.5)           53.28           Time/Mark           11:04.10           Time/Mark
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date 3000m (PR 3/25 CLAUDIA Date CLAUDIA Date CLAUDIA Date Hammer ( 3/24 EMILY SM Date ISOOm (PI	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays SATZKE • SO • RED BANK Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41)	ILLINOIS         Event         1500m         O, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         Hammer         NSYLVANIA	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th Finish	Time/Mark 5:05.83 Time/Mark 23.76 (1.5) 53.28 Time/Mark 11:04.10 Time/Mark 42.72m   140-2
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date 3000m (PR 3/25 CAILYN Sr Date Hammer ( 3/24 EMILY SM Date 1500m (PI	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays Island Relays Bahamas SATZKE • SO • RED BANK Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet	ILLINOIS         Event         1500m         O, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         Hammer         NSYLVANIA	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th	Time/Mark 5:05.83 Time/Mark 23.76 (1.5) 53.28 Time/Mark 11:04.10 Time/Mark 42.72m   140-2
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/25 CLAUDIA Date 3/00m (PR 3/17 CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date SOOM (PI 3/25 CAILYN SI Date Hammer ( 3/24 EMILY SM Date 1500m (PI 3/24	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays Island Relays Bahamas SATZKE • SO • RED BANH Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41) Weems Baskin Relays	ILLINOIS         Event         1500m         PO, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         Hammer         NSYLVANIA         Event         1500m	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th Finish	Time/Mark 5:05.83 Time/Mark 23.76 (1.5) 53.28 Time/Mark 11:04.10 Time/Mark 42.72m   140-2 Time/Mark
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 400m (PR 3/17 CLAUDIA Date 3/17 CLAUDIA Date 3/25 CAILYN SI Date Hammer ( 3/24 EMILY SM Date 1500m (PI 3/25 SVENJA S	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet 23.76) Weems Baskin Relays SATZKE • SO • RED BANK Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41)	ILLINOIS         Event         1500m         PO, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         Hammer         NSYLVANIA         Event         1500m	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th Finish	Time/Mark 5:05.83 Time/Mark 23.76 (1.5) 53.28 Time/Mark 11:04.10 Time/Mark 42.72m   140-2 Time/Mark
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 4000m (PR 3/17 CLAUDIA Date 3000m (PR 3/25 CAILYN SI Date EMILY SM Date EMILY SM Date ISOOm (PI 3/25 SVENJA S Date	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays Island Relays Bahamas SATZKE • SO • RED BANK Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41) Weems Baskin Relays	ILLINOIS         Event         1500m         90, FLORIDA         Event         200m         400m         X, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         HAmmer         NSYLVANIA         Event         1500m         RT, GERMANY	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th Finish 5th	Time/Mark         5:05.83         Time/Mark         23.76 (1.5)         53.28         Time/Mark         11:04.10         Time/Mark         42.72m   140-2         Time/Mark         42.72m   140-2         Time/Mark         4:50.41
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/25 CLAUDIA Date CLAUDIA Date CLAUDIA CLAUDIA Date CLAUDIA CLAUDIA Date CAILYN SC CAILYN SC CAILYN SC CAILYN SC CAILYN SC Date EMILY SM Date SVENJA S Date 800m (PR 3/25	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet 23.76) Weems Baskin Relays SATZKE • SO • RED BANF Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41) Weems Baskin Relays OMMER • FR • FRANKFUE Meet 2:13.93) Weems Baskin Relays	ILLINOIS         Event         1500m         90, FLORIDA         Event         200m         400m         X, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         HAmmer         NSYLVANIA         Event         1500m         RT, GERMANY	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th Finish 5th	Time/Mark         5:05.83         Time/Mark         23.76 (1.5)         53.28         Time/Mark         11:04.10         Time/Mark         42.72m   140-2         Time/Mark         42.72m   140-2         Time/Mark         4:50.41
3/25 ISABELLA Date ISOOM (PI 3/25 JAHNILE I Date 200m (PR 3/25 CLAUDIA Date 3/25 CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date CLAUDIA Date SOOM (PI 3/25 CAILYN SI Date EMILY SM Date EMILY SM Date SVENJA S Date BOOM (PR 3/25 SVENJA S Date 15000 (PR 3/25 SVENJA S Date 15000 (PR 3/25 SVENJA S Date 15000 (PR 3/25 SVENJA S Date 15000 (PR 3/25 SVENJA S 15000 (PR 15000 (PR	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet : 23.76) Weems Baskin Relays : 53.28) Island Relays Bahamas SATZKE • SO • RED BANH Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41) Weems Baskin Relays OMMER • FR • FRANKFUE Meet : 2:13.93) Weems Baskin Relays R: 4:35.25)	ILLINOIS         Event         1500m         PO, FLORIDA         Event         200m         400m         K, NEW JERSEY         Event         3000m         HILL, MASSACHU         Event         Hammer         NSYLVANIA         Event         1500m         RT, GERMANY         B00m	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th 5th 5th Finish 2nd	Time/Mark         5:05.83         Time/Mark         23.76 (1.5)         53.28         Time/Mark         11:04.10         Time/Mark         42.72m   140-2         Time/Mark         4:50.41         Time/Mark         2:13.93
3/25 ISABELLA Date ISOOm (PI 3/25 JAHNILE I Date 200m (PR 3/25 CLAUDIA Date 200m (PR 3/25 CAILYN Sr Date Hammer ( 3/24 EMILY SM Date EMILY SM Date SVENJA S Date 800m (PR 3/25	Weems Baskin Relays PISANI • JR • HINSDALE, Meet R: 4:43.83) Weems Baskin Relays REGISTRE • SO • ORLAND Meet 23.76) Weems Baskin Relays SATZKE • SO • RED BANF Meet R: 11:04.10) Weems Baskin Relays CHARNECK • FR • WARD Meet PR: 42.72m   140-2) Weems Baskin Relays ITH • JR • LIMERICK, PENI Meet R: 4:50.41) Weems Baskin Relays OMMER • FR • FRANKFUE Meet 2:13.93) Weems Baskin Relays	ILLINOIS Event 1500m O, FLORIDA Event 200m 400m 400m 400m 400m 400m 400m 400m HILL, MASSACHU Event Hammer NSYLVANIA Event 1500m RT, GERMANY Event	Finish 33rd Finish 1st 2nd Finish 14th SETTS Finish 16th Finish 5th Finish	Time/Mark 5:05.83 Time/Mark 23.76 (1.5) 53.28 Time/Mark 11:04.10 Time/Mark 42.72m   140-2 Time/Mark 4:50.41 Time/Mark

\* Denotes mark set at previous school | ^ Denotes mark set in international competition | w - Denotes aided by wind

1st

23.28

200m

Island Relays Bahamas

3/17

### 1st 4:35.25 **UPDATED 3/27/23**



## **2023 OUTDOOR PROGRESSIONS - WOMEN**

	TONE • FR • WAXHAW, NO	RTH CAROLINA		
Date	Meet	Event	Finish	Time/Mark
Pole Vau 3/18	ult (PR:) Island Relays Bahamas	Pole Vault		NH
ANASTA Date	ASIA SUMPTER • JR • CAMD Meet	EN, SOUTH CAROLI Event	NA Finish	Time/Mark
	PR: 11.82)	Licit	1 111511	Thine, Thank
3/17	Island Relays Bahamas	100m - P	6th	12.22
3/18	Island Relays Bahamas	100m - F	5th	12.46
3/25	Weems Baskin Relays	100m	4th	11.88 (1.2)
200m (F 3/17	PR: 24.90) Island Relays Bahamas	200m	17th	25.53
3/25	Weems Baskin Relays	200m	11th	24.90 (2.4)
RACHEL Date	. VALENTINE • FR • MARIET Meet	Event	Finish	Time/Mark
	ult (PR:)	Lvent	1 111311	Time/ Plank
3/25	Weems Baskin Relays	Pole Vault		NH
LILLY W Date	/EEKS • SO • MANSFIELD, O Meet		Finish	Time/Mark
	(PR: 18:16.69)	Event	CHIISN	rime/ Mark
3/24	Weems Baskin Relays	5000m	4th	18:16.69
ALLY W Date	ILSON • SO • CENTRAL, SO Meet	UTH CAROLINA Event	Finish	Time/Mark
	(PR: 4:48.48)	Event	-111511	rine/ ridik
3/25	Weems Baskin Relays	1500m	4th	4:48.48
	N WITHERS • FR • CINCINNA Mont		Einich	Time/Mark
	Meet (PR: 10:28.39)	Event	Finish	nine/Mark
3/18	Island Relays Bahamas	3000m	6th	10:28.39
	(PR: 17:57.78)			
3/24	Weems Baskin Relays	5000m	2nd	17:57.78
		Ne		
KD YOU Date	NG • SR • DECATUR, ILLINC Meet	DIS Event	Finish	Time/Mark
	t (PR: 16.23m   53-3)	-YCIIL		TIME/ PIGER
3/18	Island Relays Bahamas	Shot Put	5th	15.77m   51-8.75
	r Throw (PR: 62.23m   204-2			
3/17	Island Relays Bahamas	Hammer	4th	55.23m   181-2
CDACE				
GRACE -	ZAMROWSKI • SO • GARNE	T VALLEY. PENNSY	LVANIA	
	ZAMROWSKI • SO • GARNE Meet	T VALLEY, PENNSY Event	LVANIA Finish	Time/Mark
Date 800m (F	Meet PR: 2:12.17)	Event	Finish	Time/Mark
Date 800m (F	Meet			
<b>Date 800m (F</b> 3/17	Meet PR: 2:12.17) Island Relays Bahamas	Event 800m	Finish	Time/Mark
Date 800m (F 3/17 ELLA ZE	Meet PR: 2:12.17) Island Relays Bahamas	Event 800m /LAND	Finish	Time/Mark
Date 800m (F 3/17 ELLA ZE Date	Meet PR: 2:12.17) Island Relays Bahamas	Event 800m	Finish 6th	Time/Mark 2:13.93
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas	Event 800m /LAND	Finish 6th	Time/Mark 2:13.93
Date BOOm (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m (	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95)	Event 800m /LAND Event 1500m	Finish 6th Finish 7th	Time/Mark           2:13.93           Time/Mark           4:48.89
Date BOOm (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m (	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas	Event 800m /LAND Event	Finish 6th Finish	Time/Mark 2:13.93 Time/Mark
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m ( 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays	Event 800m /LAND Event 1500m	Finish 6th Finish 7th	Time/Mark           2:13.93           Time/Mark           4:48.89
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m ( 3/25 4X100M	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays	Event 800m /LAND Event 1500m	Finish 6th Finish 7th 3rd	Time/Mark           2:13.93           Time/Mark           4:48.89
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m ( 3/25 4X100M Date	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays RELAY	Event 800m /LAND Event 1500m 3000m Team Francis, Grant	Finish 6th Finish 7th 3rd Finish 4	Time/Mark 2:13.93 Time/Mark 4:48.89 10:17.95
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m ( 3/25 4X100M Date 3/18	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor	Finish 6th Finish 7th 3rd Finish 4	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m ( 3/25 4X100M Date 3/18	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet	Event 800m <sup>/</sup> LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison	Finish 6th Finish 7th 3rd Finish 4 3rd	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3000m ( 3/25 4X100M Date 3/18	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor	Finish 6th Finish 7th 3rd Finish 4 3rd	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95
Date 800m (F 3/17 ELLA ZE Date 5500m ( 3/18 8000m ( 3/25 4X100M Date 3/18 3/25 3/18 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas	Event 800m <sup>/</sup> LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison	Finish 6th Finish 7th 3rd Finish 4 3rd	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95
Date BOOM (F 3/17 ELLA ZE Date 1500M ( 3/18 3/25 4X100M Date 3/25 4X400M Date	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas Weems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnson Francis, Jamison Johnson, Sumpte Team	Finish 6th 7th 3rd Finish 7th 1sr Finish 7th 1sr Finish	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/25 4X400M Date 4X400M Date	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays I RELAY Meet Island Relays Bahamas Weems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamison	Finish 6th 7th 3rd Finish 7th 3rd 1s r Finish 7th 7th 7th 7th 7th 7th 7th 7th 7th 7t	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95           t         44.17           inish         Time
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/18 3/25 4X400M Date 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays IRELAY Meet Weems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle	Finish 6th 7th 3rd Finish 7th 3rd 1s r Finish 7th 7th 7th 7th 7th 7th 7th 7th 7th 7t	Time/Mark       2:13.93       Time/Mark       4:48.89       10:17.95       10:17.95       inish     Time       th     44.95       th     44.17       inish     Time       th     3:37.57
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/18 3/25 4X400M Date 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas Weems Baskin Relays 4 RELAY Meet	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle Sumpter, Somme	Finish           6th           Finish           7th           3rd           Fr           a           f           sr           r           sr           f           sr           sr           sr           sr           sr           sr           sr           state           state           state           state	Time/Mark       2:13.93       Time/Mark       4:48.89       10:17.95       inish     Time       th     44.95       t     44.17       inish     Time
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/18 3/25 4X100M Date 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays IRELAY Meet Weems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle	Finish           6th           Finish           7th           3rd           Fr           a           f           sr           r           sr           f           sr           sr           sr           sr           sr           sr           sr           state           state           state           state	Time/Mark       2:13.93       Time/Mark       4:48.89       10:17.95       10:17.95       inish     Time       th     44.95       th     44.17       inish     Time       th     3:37.57
Date BOOM (F 3/17 ELLA ZE Date 1500M ( 3/18 3/25 4X100M Date 3/18 3/25 4X400M Date 3/25 3/25 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays IRELAY Meet Weems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle Sumpter, Somme	Finish           6th           Finish           7th           3rd           Fr           a           f           sr           r           sr           f           sr           sr           sr           sr           sr           sr           sr           state           state           state           state	Time/Mark       2:13.93       Time/Mark       4:48.89       10:17.95       10:17.95       inish     Time       th     44.95       th     44.17       inish     Time       th     3:37.57
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/25 4X400M Date 3/25 4X400M Date 3/25 4X400M	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas Weems Baskin Relays IRELAY Meet Weems Baskin Relays Weems Baskin Relays Weems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle Sumpter, Somme	Finish           6th           7th           3rd           Fr           4           1s           r           1s           r           1s           r	Time/Mark       2:13.93       Time/Mark       4:48.89       10:17.95       10:17.95       inish     Time       th     44.95       th     44.17       inish     Time       th     3:37.57
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/25 4X400P Date 3/25 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays IRELAY Meet Island Relays Bahamas Weems Baskin Relays IRELAY Meet Weems Baskin Relays Veems Baskin Relays IRELAY Meet ISland Relays Bahamas IRELAY Meet ISLAY	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle Sumpter, Somme McMichael, Grant Team Kelety, Chelangat	Finish           6th           Finish           7th           3rd           Finish           3rd           r           1s           r	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           inish         Time           th         44.95           t         44.17           inish         Time           t         3:37.57           Dth         3:59.08           inish         Time
Date 800m (F 3/17 ELLA ZE Date 1500m ( 3/18 3/25 4X100M Date 3/25 4X400M Date 3/25 4X400M Date 3/25 4X400M Date 3/25	Meet PR: 2:12.17) Island Relays Bahamas EIGLER • FR • OLNEY, MARY Meet (PR: 4:48.89) Island Relays Bahamas (PR: 10:17.95) Weems Baskin Relays RELAY Meet Island Relays Bahamas Weems Baskin Relays Veems Baskin Relays Veems Baskin Relays Weems Baskin Relays Weems Baskin Relays I RELAY Meet Veems Baskin Relays Veems Baskin Relays	Event 800m /LAND Event 1500m 3000m Team Francis, Grant Jamison, Johnsor Francis, Jamison Johnson, Sumpte Team Registre, Jamisor Chelangat, Gayle Sumpter, Somme McMichael, Grant	Finish 6th 7th 3rd Finish 7th 13rd 15 r 10 15 r 10 15 r	Time/Mark           2:13.93           Time/Mark           4:48.89           10:17.95           10:17.95           inish         Time           th         44.95           t         4:48.89           inish         Time           th         3:57           th         3:59.08           inish         Time           t         8:56.91

## **UPDATED 3/27/23**