



# South Carolina Invite

Feb. 2-3, 2024

## MEET INFO



### TEAM ENTRY INFORMATION

- Entries open 1/15/24
- Entry Deadline 1/30/24 @ 3:00pm
- Entries: <https://www.directathletics.com>
- Entries should abide by current NCAA rules.
- Only invited college teams and approved unattached athletes will be allowed to enter.
- Per school, limit of 3 entries per field event, 3 per running event, and up to 2 relays teams. If you have additional requests, please send to Maurice Campbell at: [theemeetdirector@gmail.com](mailto:theemeetdirector@gmail.com)
- Meet management will limit total entries per event to manage field sizes and time schedule. (For instance, we will keep all field events to 2 or 3 flights. Running events TBD)
- Accepted entries will be posted Wednesday January 31<sup>st</sup>.

### UNATTACHED ATHLETES & CLUB ENTRIES

- Unattached athletes and clubs will be allowed at the discretion of Head Coach Tim Hall. For all inquiries, please contact Maurice Campbell at: [theemeetdirector@gmail.com](mailto:theemeetdirector@gmail.com)
- **No high school athletes**
- Unattached athletes and clubs must provide a verifiable 2023 or 2024 performance. When making request to enter, please provide: Name, gender, and event(s) along with verifiable performance.

### ENTRY FEES & PAYMENT

- Entries and payment will be online at Direct Athletics.
- Collegiate Teams (14 or more): \$1,200 per gender
- Collegiate Teams (13 or less): \$85 per individual
- Unattached athletes (not active on a collegiate roster): \$50
- No cash. No checks.
- Late entries and late entry fees will not be accepted. All payments must be made at the time of entry.

### RESULTS

- All results will be available at AdkinsTrak Timing Associates (<https://results.adkinstrak.com/>)

### PACKET PICK UP

- Thursday, Feb. 1 @ 5-7pm; Friday, Feb. 2 @ 8am-10am & 6:30-8:30pm; Sat Feb 3 @ 8am-10am

### PRACTICE

- Thursday, Feb. 1 @ 5:00 – 7:00pm (Indoor Track) & Friday Feb 2 6:30-8:30pm
- All spikes must be checked, and zip tied before practicing in the facility.



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### BUILDING ENTRY

- Look for the tents located in the parking lot off Marion and Whaley Streets. Packet Pick Up and Spike Check will take place under these tents.
- All visiting athletes and staff enter through the double grey doors facing Whaley Street at the end of the walkway. Do not enter through the glass doors. Student-Athletes and Coaches must have wristbands to enter.

### SPIKE POLICY & SPIKE CHECK

- Athletes will not be allowed to compete if they do not have the approved spike. No refunds or provisions will be made for athletes not in compliance.
- **1/4" pyramid spikes ONLY. This will be strictly enforced.**
- Not Allowed: Permanent spikes, Omni-light spikes, "Christmas Trees," Needles, Pins
- Spike Check will be located outside near the entrance doors in the tent at the top of the walkway.
- Spikes will be tagged and checked each day, with a different color tag each day. Athletes must have the correct tag to compete.



### COACHES, FIELD EVENT CREDENTIALS & COACHING BOXES

- Coaches will be able to coach from areas around the track and from designated coaching boxes
- Horizontals, High Jump, and throws will have coaching boxes
- No more than 2 coaches per school per coaching box. Coaches must have the correct wristband.
- Athletes are not allowed to wait between attempts or spectate from the coaching boxes.
  - ***Coaches: We ask your help with this! Coaches and athletes who do not oblige will be in jeopardy of not being invited back in the future.***

### NOTE ON TEAM CAMPS

- No team may occupy more than one set of bleachers.



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#### PARKING & TEAM DROP OFF

- Buses/vans drop off on the eastern side of the Indoor Track and Field Complex located on Bull Street.
- Additional information for parking will be made closer to the day of competition.

#### SPORTS MEDICINE

- If you are unable to bring an athletic trainer, please contact Kelsey Chambers ([kstranc@mailbox.sc.edu](mailto:kstranc@mailbox.sc.edu)). Please contact in advance if your team has any specific needs. If you require taping, please provide your own supplies.
- USC staff will provide ice and emergency medical assistance.
- Water stations will be at various locations around the facility. We encourage you to use your own re-usable water bottles.
- Teams will not have a designated Athletic Training area and should set up near their team camp.
- The USC athletic training area will be located outside Turn 2 and the back stretch.
- Ice and emergency medical equipment (AED & splint bag) will also be available in this area.
- EMS will be located outside Turn 1 on the track near the large garage door.
- A USC team physician will be present or on-call during competition.
- Contact Kelsey Chambers ([kstranc@mailbox.sc.edu](mailto:kstranc@mailbox.sc.edu)) for any questions regarding medical needs.

#### CHECK IN FOR RUNNING EVENTS

- **Athletes will check in ONE TIME - 30 minutes prior to their events scheduled start time.**
- Athletes should report race ready. They will collect their hip numbers at this check-in.

#### CHECK IN FOR FIELD EVENTS

- **All field event athletes must be checked in 30 minutes prior to their event.**
- Pole-vaulters may begin check-in 90 minutes before the event (runway will open for warm-ups).
- Other field event athletes may check-in with officials up to 60 minutes before the scheduled start.
- Long jump, triple jump and high jump check in at clerk table, **not at event**, and will be escorted to the infield.
- At the clerk's check-in tent, each horizontal jumps flight will be given a return report time to be escorted to the event.
- Pole Vault and Throwing events will check-in at the event area.
- There will be no general warm up for field events. Flight specific warm up time will typically be 15min but may be adjusted based on flight size.
- Do not enter the infield until your flight is called. Leave the infield (or throw competition area) once your flight is completed.



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#### **WEIGH IN**

Weigh-in will be conducted Friday 9:00 AM to 1:30 PM Friday & Saturday. Implements should be checked-in no later than 1 hour before the event start.

#### **RESTROOMS**

Portable toilets are located outside the rear of building, next to clerking, on the finish line end. These are marked by school logo. Restrooms located near the main entrance are not for visiting team or coach use.

#### **FOOD DELIVERY**

- Delivery address is 184 Marion Street Columbia, SC 29205
- Teams having food delivered should instruct drivers they will have to meet them outside the building in the lower parking lot. Drivers will be instructed by event parking staff to pull up in this lot. Teams are responsible for having a food contact assigned and for picking up their deliveries in a timely manner.