



Carolina Challenge

Jan. 19-20, 2024

FINAL SCHEDULE



FRIDAY, JAN. 19

FIELD EVENTS

Time	Gender	Event	Section
10:00 AM	W	Weight Throw	Open Final - 4 attempts
10:00 AM	M	Shot Put	Open Final - 4 attempts
10:00 AM	W	Long Jump	Open Final - 4 attempts
10:00 AM	M	Long Jump	Open Final - 4 attempts
10:00 AM	W	Pole Vault	Open Final
2:00 PM	M	Weight Throw	Open Final - 4 attempts
2:00 PM	W	Shot Put	Open Final - 4 attempts
3:00 PM	W	Pole Vault	Invite Final
4:00 PM	W	Triple Jump	Open Final - 4 attempts
4:00 PM	M	Triple Jump	Open Final - 4 attempts

TRACK EVENTS

Time	Gender	Event	Section
10:00 AM	M	5K	Finals Section 2
10:20 AM	M	60M	Prelims
10:40 AM	W	60M	Prelims
11:00 AM	W	60 MH	Prelims
11:15 AM	M	Mile	Finals Sections
11:35 AM	W	Mile	Finals Sections
11:55 AM	M	400	Finals Sections
12:15 PM	W	400	Finals Sections
12:35 PM	M	60M	Semifinals
12:45 PM	W	60M	Semifinals
12:55 PM	W	60 MH	Semifinals
1:05 PM	M	60 MH	Semifinals
1:15 PM	M	800M	Finals Sections
1:35 PM	W	800M	Finals Sections
1:55 PM	M	300	Final
2:10 PM	W	300	Final
2:25 PM	M	1000M	Final
2:35 PM	W	1000M	Final
2:45 PM	M	60M	Final
2:50 PM	W	60M	Final
2:55 PM	M	60MH	Final
3:00 PM	W	60MH	Final
3:05 PM	M	200	Finals Sections
3:35 PM	W	200	Finals Sections
4:05 PM	M	3K	Finals Sections
4:25 PM	W	3K	Finals Sections
4:50 PM	M	4 x 400	Finals Sections
5:10 PM	W	4 x 400	Finals Sections



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FINAL SCHEDULE



SATURDAY, JAN. 20

FIELD EVENTS

Time	Gender	Event	Section
11:00 AM	W	High Jump	Open Final
11:00 AM	M	High Jump	Open Final
12:00 PM	W	Weight Throw	Invite Final
12:00 PM	M	Shot Put	Invite Final
12:00 PM	M	Pole Vault	Open Final
12:00 PM	W	Long Jump	Invite Final
12:00 PM	M	Long Jump	Invite Final
2:00 PM	W	High Jump	Invite Final
2:00 PM	M	High Jump	Invite Final
2:00 PM	M	Weight Throw	Invite Final
2:00 PM	W	Shot Put	Invite Final
2:30 PM	W	Triple Jump	Invite Final
2:30 PM	M	Triple Jump	Invite Final
3:00 PM	M	Pole Vault	Invite Final

TRACK EVENTS

Time	Gender	Event	Section
1:00 PM	M	Mile	Final Sections 1-2
1:10 PM	W	Mile	Final Sections 1-2
1:20 PM	M	400	Final Sections 1-4
1:35 PM	W	400	Final Sections 1-4
1:50 PM	M	3K	Final Section 1
2:15 PM	W	3K	Final Section 1
2:30 PM	M	800M	Final Sections 1-2
2:40 PM	W	800M	Final Sections 1-2
2:50 PM	M	200	Final Sections 1-4
3:00 PM	W	200	Final Sections 1-4
3:10 PM	M	5K	Final Section 1
3:30 PM	W	5K	Final Section 1
3:50 PM	M	DMR	Final Section 1
4:05 PM	W	DMR	Final Section 1
4:20 PM	M	4 x 400	Final Sections 1-3
4:30 PM	W	4 x 400	Final Sections 1-3