

2024 TOP-FIVE MARKS - MEN

100-METE	R DASH (Recoi	rd. 10 01 Anth	ony Greenhow	20241

Date	Meet	Athlete	Mark
3/23	Weems Baskin Invitational	Anthony Greenhow	10.01w (4.3) - P
3/23	Weems Baskin Invitational	Nyck Harbor	10.16 (0.5) - P
3/23	Weems Baskin Invitational	Nyck Harbor	10.24 (0.9) - F
3/23	Weems Baskin Invitational	Anthony Greenhow	10.28 (0.9) - F
4/6	Gamecock Invitational	Jasauna Dennis	10.30w (3.1) - P

200-METER DASH (Record: 20.00, Ncincilili Titi, 2018)

Date	Meet	Athlete	Mark
3/29	Florida Relays	Nyck Harbor	20.38w (3.3)
3/29	Florida Relays	Anthony Greenhow	20.65 (1.4)
4/12	Tom Jones Invitational	Nyck Harbor	20.68 (1.8)
3/16	Shamrock Invitational	Nyck Harbor	20.86w (2.8)
4/12	Tom Jones Invitational	Anthony Greenhow	21.08 (0.6)

400-METER DASH (Record: 44.53, Quincy Hall, 2019)

Date	Meet	Athlete	Mark	
3/30	Florida Relays	Jasauna Dennis	46.77	
4/13	Tom Jones Invitational	Jasauna Dennis	46.91	
3/23	Weems Baskin Invitational	Jayson Ward	47.31	
3/29	Florida Relays	Jayson Ward	47.44	
3/23	Weems Baskin Invitational	Jasauna Dennis	47.45	

800-METER DASH (Record: 1:44.47, Otukile Lekote, 2001)

Date	Meet	Athlete	Mark	
4/13	Tom Jones Invitational	Anass Essayi	1:47.28	
3/30	Florida Relays	Joshua Kosgei	1:49.14	
4/13	Tom Jones Invitational	Aidan Hatton	1:49.19	
4/13	Tom Jones Invitational	Joshua Kosgei	1:49.98	
3/23	Weems Baskin Invitational	Aidan Hatton	1:50.31	

1500-METER DASH (Record: 3:36.89, Anass Essayi, 2023)

Date	Meet	Athlete	Mark	
4/12	Tom Jones Invitational	Jaouad Khchina	3:41.63	
4/12	Tom Jones Invitational	Rogerio Amaral	3:43.30	
3/29	Florida Relays	Joshua Kosgei	3:46.28	
4/12	Tom Jones Invitational	Bradley Makuvire	3:50.82	
3/29	Florida Relays	Jackson Dawson	3:58.94	

10000-METER DASH (Record: 28:29.91, Bradley Makuvire, 2024)

Date	Meet	Athlete	Mark
3/28	Raleigh Relays	Bradley Makuvire	28:29.91
3/28	Raleigh Relays	Rogerio Amaral	28:41.31

110-METER HURDLES (Record: 13.19, Terrence Trammel, 2000)

Date	Meet	Athlete	Mark
3/23	Weems Baskin Invitational	David Warmington	13.79 (-0.5) - F
3/23	Weems Baskin Invitational	David Warmington	13.91w (4.9) - P
4/6	Gamecock Invitational	David Warmington	14.01w (3.1) - P
4/6	Gamecock Invitational	David Warmington	14.04 (1.9) - F
4/13	Tom Jones Invitational	David Warmington	14.07 (-0.4) - P

400-METER HURDLES (Record: 47.63, Johnny Dutch, 2010)

Date	Meet	Athlete	Mark
4/6	Gamecock Invitational	Josue Richardson Salazar	54.19
4/12	Tom Jones Invitational	Josue Richardson Salazar	54.75

4X100 RELAY (Record: 38.45, Crenshaw, Trammell, Hackley, Howard, 2000)

Date	Meet	Athletes	Mark
3/29	Florida Relays	Bond, Harbor	39.33 - P
		Jefferson, Greenhow	
4/6	Gamecock Invitational	Dennis, Harbor	39.49
		Jefferson, Greenhow	
3/30	Florida Relays	Dennis, Harbor	39.88 - F
		Jefferson, Greenhow	
4/13	Tom Jones Invitational	Dennis, Harbor	40.02
		Bond, Greenhow	
3/23	Weems Baskin Invitational	Bond, Greenhow	40.20
		Jefferson, Harbor	

4X400 RELAY (Record: 3:02.16, Law, Lekote, Harris, Fortenberry, 2002)

Date	Meet	Athletes	Mark
3/23	Weems Baskin Invitational	Ward, Dennis	3:13.77
		Hatton, Greenhow	
4/13	Tom Jones Invitational	Ward, Dennis	3:14.48
		Greenhow, Harbor	
3/16	Shamrock Invitational	Ward, Greenhow	3:15.82
		Dennis, Warmington	
3/30	Florida Relays	Dennis, Greenhow	3:19.27
		Hatton, Jefferson	
3/23	Weems Baskin Invitational	Richardson-Salazar, Kos	gei 3:20.16
		Mathis, Warmington	

4X800 RELAY (Record: 7:24.94, Sheley, J. Brown, D. Brown, Schaper, 1974)

Date	Meet	Athletes	Mark
3/15	Shamrock Invitational	Amaral, Makuvire	7:50.75
		Lanzagorta-Ruiz, Sande	ers

HIGH JUMP (Record: 2.25m | 7-4.5, Tye Williams, 2017)

Date	Meet	Athlete	Mark
3/16	Shamrock Invitational	Nate Figgers	2.14m 7-0.25
4/12	Tom Jones Invitational	Nate Figgers	2.12m 6-11.5
4/6	Gamecock Invitational	Channing Ferguson	2.11m 6-11
3/29	Florida Relays	Channing Ferguson	2.11m 6-11
3/22	Weems Baskin Invitational	Channing Ferguson	2.11m 6-11
3/22	Weems Baskin Invitational	Nate Figgers	2 11m 6-11

LONG JUMP (Record: 8.35m | 27-4.75w, Tony Allmond, 2004)

Date	Meet	Athlete	Mark
3/15	Shamrock Invitational	Channing Ferguson	7.77m 25-6w (3.0)
3/23	Weems Baskin Invitational	Channing Ferguson	7.63m 25-0.5w (2.6)
4/12	Tom Jones Invitational	Channing Ferguson	7.16m 23-6 (1.7)

TRIPLE JUMP (Record: 16.47m | 54-0.5, Michael Wamer, 2015)

		,	
Date	Meet	Athlete	Mark
4/13	Tom Jones Invitational	Theo Mudzengerere	14.89m 48-10.25 (1.4)

POLE VAULT (Record: 5.51m | 18-1, Marvin Reitze, 2012)

Date	Meet	Athlete	Mark
3/23	Weems Baskin Invitational	Dillon McCarthy	5.06m 16-7.25
3/30	Florida Relays	Dillon McCarthy	5.05m 16-6.75
3/16	Shamrock Invitational	Dillon McCarthy	5.01m 16-5.25
4/12	Tom Jones Invitational	Dillon McCarthy	5.00m 16-4.75
3/16	Shamrock Invitational	Conor Reilly	4.86m 15-11.25
3/16	Shamrock Invitational	Parker Samuelson	4.86m 15-11.25

SHOT PUT (Record: 20.77m | 68-1.75, Josh Awotunde, 2018)

Date	Meet	Athlete	Mark
4/12	Tom Jones Invitational	Dylan Targgart	20.45m 67-1.25
4/12	Tom Jones Invitational	CJ Licata	20.40m 66-11.25
3/30	Florida Relays	CJ Licata	20.00m 65-7.5
3/30	Florida Relays	Dylan Targgart	19.93m 65-4.75
4/6	Gamecock Invitational	Brandon Dennis	15.86m 52-0.5

DISCUS (Record: 60.01m | 196-10, Ryan Harrison, 1999)

Date	Meet	Athlete	Mark
3/23	Weems Baskin Invitational	Dylan Targgart	56.09m 184-0
4/6	Gamecock Invitational	Dylan Targgart	54.95m 180-3
4/12	Tom Jones Invitational	Dylan Targgart	52.87m 173-5

HAMMER (Record: 67.78m | 222-4, John Stoikos, 1995)

Date	Meet	Athlete	Mark
4/12	Tom Jones Invitational	Ridge Dowe	52.42m 172-0
4/6	Gamecock Invitational	Ridge Dowe	52.27m 171-6
3/14	Shamrock Invitational	Ridge Dowe	51.75m 169-9
3/22	Weems Baskin Invitatonal	Ridge Dowe	51.55m 169-1
3/29	Florida Relays	Ridge Dowe	50.85m 166-10

JAVELIN (Record: 72.71m | 238-6, Joshua Suttmeier, 2012)

Date	Meet	Athlete	Mark	
3/22	Weems Baskin Invitational	Luke Schuller	56.02m 183-9	

- P Prelminary Round
- S Semifinal Round
- F Final Round
- D Decathlon Competition



2024 OUTDOOR PROGRESSIONS - MEN

Time/Mark 20.00m | 65-7.5 20.40m | 66-11.25

28:29.91

4th

Date	O AMARAL • SO • COIMBRA, Meet	Event	Finish	Time/Mark	Date	Y GREENHOW • JR • POWHA Meet	Event	Finish	Time/Mark
1500m (PR: 3:43.30)				100m (PF	R: 10.28 / 10.01w)			
4/12	Tom Jones Invitational	1500m	5th	3:43.30	3/23	Weems Baskin Invitational	100m - P	1st	10.01w (4.3)
10000m	(PR: 28:41.31)				3/23	Weems Baskin Invitational	100m - F	2nd	10.28 (0.9)
3/28	Raleigh Relays	10000m	14th	28:41.31	3/30	Florida Relays	100m	12th	10.44 (0.7)
-					4/13	Tom Jones Invitational	100m	14th	10.39 (0.1)
ANDREV	V BOND • FR • LEXINGTON,	SOUTH CAROLINA				R: 20.60 / 20.57w)			
Date	Meet	Event	Finish	Time/Mark	3/29	Florida Relays	200m	9th	20.65 (1.4)
	R: 10.50 / 10.42w)	LVCIIC	1 1111311	Time, Flark	4/12	Tom Jones Invitational	200m	33rd	21.08 (0.6)
	•	100m C	1c+	10 50 (0.6)	4/ 12	Tom Solles Invitational	200111	331U	21.00 (0.0)
3/15	Shamrock Invitational	100m - S	1st	10.50 (0.6)	NIVOK IIA	DDOD ED WASHINGTON	D.C.		
3/16	Shamrock Invitational	100m - F	1st	10.42w (2.8)		RBOR • FR • WASHINGTON,			
					Date	Meet	Event	Finish	Time/Mark
JALEN C	CLARK • FR • SIMPSONVILLE,	SOUTH CAROLIN	A		100m (PF				
Date	Meet	Event	Finish	Time/Mark	3/23	Weems Baskin Invitational	100m - P	2nd	10.16 (0.5)
Long Jur	mp (PR:)				3/23	Weems Baskin Invitational	100m - F	1st	10.24 (0.9)
3/23	Weems Baskin Invitational	Long Jump		NM	4/13	Tom Jones Invitational	100m	8th	10.32 (-0.3)
4/6	Gamecock Invitational	Long Jump		NM	200m (Pl	R: 20.68 / 20.38w)			
		3			3/16	Shamrock Invitational	200m	1st	20.86w (2.8)
IVCKEU	N DAWSON • SO • FORT MIL	I SOUTH CAROL	INIA		3/29	Florida Relays	200m	2nd	20.38w (3.3)
				Times /Maule		<u> </u>			
Date	Meet	Event	Finish	Time/Mark	4/12	Tom Jones Invitational	200m	18th	20.68 (1.8)
-	PR: 1:55.77)								
3/22	Weems Baskin Invitational		6th	1:55.77		ATTON • JR • CHARLESTON,	SOUTH CAROLIN		
4/6	Gamecock Invitational	800m	5th	1:56.38	Date	Meet	Event	Finish	Time/Mark
1500m (PR: 3:53.36)				800m (Pl	R: 1:49.19)			
3/29	Florida Relays	1500m	17th	3:58.94	3/23	Weems Baskin Invitational	800m	1st	1:50.31
	-				3/30	Florida Relays	800m	29th	1:50.55
RRANDO	ON DENNIS • FR • AMITYVILL	E NEW YORK			4/13	Tom Jones Invitational	800m	23rd	1:49.19
Date	Meet	Event	Finish	Time/Mark	47 13	TOTAL SOLICE INVICATIONAL	000111	2510	1.43.13
	: (PR: 15.86m 52-0.5)	Event	FIIIISII	Time/ Hark	DDECCO	T JEFFERSON • JR • COLUM	IDIA COUTU CAD	OL INIA	
		Chart Dart	7	15 40 50 10			*		Time - /84
3/23	Weems Baskin Invitational		3rd	15.49m 50-10	Date	Meet	Event	Finish	Time/Mark
4/6	Gamecock Invitational	Shot Put	3rd	15.86m 52-0.5		R: 10.60 / 10.36w)			
Hammer	(PR:)				3/15	Shamrock Invitational	100m - S	3rd	10.64 (1.6)
4/6	Gamecock Invitational	Hammer		NM	3/16	Shamrock Invitational	100m - F	2nd	10.56w (2.8)
					3/23	Weems Baskin Invitational	100m - P	8th	10.36w (4.3)
JASAUN	A DENNIS • FR • JAMAICA				3/23	Weems Baskin Invitational	100m - F	6th	10.60 (0.9)
Date	Meet	Event	Finish	Time/Mark	4/13	Tom Jones Invitational	100m	39th	10.64 (-1.3)
	R: 10.32 / 10.30w)	Event	FIIIISII	Time/ Hark			100111	33111	10.04 (-1.3)
-					200m (Pl				
4/6	Gamecock Invitational	100m - P	5th	10.30w (3.1)	3/16	Shamrock Invitational	200m	7th	21.55w (2.8)
4/6	Gamecock Invitational	100m - F	3rd	10.32 (1.9)	3/23	Weems Baskin Invitational	200m	6th	21.19 (1.9)
400m (P	PR: 46.77)				3/29	Florida Relays	200m	32nd	21.60 (0.5)
3/23	Weems Baskin Invitational	400m	2nd	47.45	4/12	Tom Jones Invitational	200m	27th	21.86 (-2.1)
3/30	Florida Relays	400m	5th	46.77					
4/13	Tom Jones Invitational	400m	33rd	46.91	JAOUAD	KHCHINA • FR • MOROCCO			
.,					Date	Meet	Event	Finish	Time/Mark
DIDGE D	OWE • SO • BLUFFTON, SOL	ITH CAPOLINA				PR: 3:41.63)			
Date	Meet	Event	Finish	Time/Mark	4/12	Tom Jones Invitational	1500m	4th	3:41.63
	(PR: 53.78m 176-5)	Event	FIIIISII	Time/Mark	4/ 12	TOTTI JOHES ITIVITATIONAL	1300111	4111	3.41.03
3/14	Shamrock Invitational	Hammer	4th	51.75m 169-9		KOSGEI • FR • KENYA			
3/22	Weems Baskin Invitational	Hammer	5th	51.55m 169-1	Date	Meet	Event	Finish	Time/Mark
3/29	Florida Relays	Hammer	17th	50.85m 166-10	800m (Pl	R: 1:49.14)			
4/6	Gamecock Invitational	Hammer	1st	52.27m 171-6	3/23	Weems Baskin Invitational	800m	2nd	1:50.63
4/12	Tom Jones Invitational	Hammer	12th	52.42m 172-0	3/30	Florida Relays	800m	20th	1:49.14
				· · · · · · · · · · · · · · · · · · ·	4/13	Tom Jones Invitational	800m	29th	1:49.98
ANASSE	ESSAYI • JR • MOROCCO					PR: 3:46.28)	000	200	10.00
		Frank	Finish	Times /Maule		•	1500	Oth	7.40.00
Date	Meet	Event	Finish	Time/Mark	3/29	Florida Relays	1500m	8th	3:46.28
	PR: 1:47.28)								
4/13	Tom Jones Invitational	800m	5th	1:47.28	CARLOS	LANZAGORTA-RUIZ • FR • L	EXINGTON, SOUT	H CARO	
					Date	Meet	Event	Finish	Time/Mark
			OLINA		800m (Pl	R: 1:53.99)			
CHANNI	NG FERGUSON • JR • ROCK	HILL, SOUTH CAR			7/22	Weems Baskin Invitational		5th	1:55.39
CHANNI Date	NG FERGUSON • JR • ROCK	HILL, SOUTH CAR Event	Finish	Time/Mark	3/22	Weeliis Daskiii iiivitatioilai	800m	Jui	
Date				Time/Mark	3/30	Florida Relays	800m 800m	53rd	1:53.99
Date High Jun	Meet np (PR: 2.16m 7-1)	Event	Finish		3/30	Florida Relays			1:53.99
Date High Jun 3/22	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational	Event High Jump	Finish 1st	2.11m 6-11	3/30 Mile (PR:	Florida Relays 4:30.23)	800m	53rd	
Date High Jun 3/22 3/29	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays	Event High Jump High Jump	1st 5th	2.11m 6-11 2.11m 6-11	3/30	Florida Relays			1:53.99
Date High Jun 3/22 3/29 4/6	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational	Event High Jump High Jump High Jump	Finish 1st	2.11m 6-11	3/30 Mile (PR: 3/16	Florida Relays 4:30.23) Shamrock Invitational	800m Mile	53rd	
Date High Jun 3/22 3/29 4/6 Long Jur	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7	High Jump High Jump High Jump 7m 25-6w)	1st 5th 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11	3/30 Mile (PR: 3/16	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW .	800m Mile JERSEY	53rd 13th	4:30.23
Date High Jun 3/22 3/29 4/6 Long Jun 3/15	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational	Event High Jump High Jump High Jump	1st 5th	2.11m 6-11 2.11m 6-11	3/30 Mile (PR: 3/16 CJ LICAT Date	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet	800m Mile	53rd	
Date High Jun 3/22 3/29 4/6 Long Jun 3/15	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7	High Jump High Jump High Jump 7m 25-6w) Long Jump	1st 5th 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11	3/30 Mile (PR: 3/16 CJ LICAT Date	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW .	800m Mile JERSEY	53rd 13th	4:30.23
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7 Shamrock Invitational Weems Baskin Invitational	High Jump High Jump High Jump 7m 25-6w) Long Jump	1st 5th 1st 1st 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25)	800m Mile JERSEY Event	53rd 13th Finish	4:30.23 Time/Mark
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.73 Shamrock Invitational	High Jump High Jump High Jump 7m 25-6w) Long Jump Long Jump	1st 5th 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25) Florida Relays	800m Mile JERSEY Event Shot Put	53rd 13th Finish	4:30.23 Time/Mark 20.00m 65-7.
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.73 Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational	High Jump High Jump High Jump 7m 25-6w) Long Jump Long Jump Long Jump	1st 5th 1st 1st 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25)	800m Mile JERSEY Event	53rd 13th Finish	4:30.23 Time/Mark
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7: Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational	High Jump High Jump High Jump 7m 25-6w) Long Jump Long Jump Long Jump	1st 5th 1st 1st 1st 1th	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6) 7.16m 23-6 (1.7)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30 4/12	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25) Florida Relays Tom Jones Invitational	Mile JERSEY Event Shot Put Shot Put	53rd 13th Finish	4:30.23 Time/Mark 20.00m 65-7.
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12 NATE Flo	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7: Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational GGERS • FR • BRYAN, TEXAS Meet	High Jump High Jump High Jump 7m 25-6w) Long Jump Long Jump Long Jump	1st 5th 1st 1st 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30 4/12 BRADLEN	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25) Florida Relays Tom Jones Invitational	Mile JERSEY Event Shot Put Shot Put VANE, ZIMBABWE	53rd 13th Finish 1st 2nd	4:30.23 Time/Mark 20.00m 65-7. 20.40m 66-11.
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12 NATE Fl	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7 Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational GGERS • FR • BRYAN, TEXAS Meet np (PR: 2.14m 7-0.25)	High Jump High Jump High Jump 7m 25-6w) Long Jump Long Jump Long Jump Eng Jump	1st 5th 1st 1st 1st 1st 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6) 7.16m 23-6 (1.7)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30 4/12 BRADLEY Date	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW · Meet (PR: 20.40m 66-11.25) Florida Relays Tom Jones Invitational (MAKUVIRE • GR • ZVISHAV Meet	Mile JERSEY Event Shot Put Shot Put	53rd 13th Finish	4:30.23 Time/Mark 20.00m 65-7.
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12 NATE Fir Date High Jun 3/16	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7 Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational GGERS • FR • BRYAN, TEXAS Meet np (PR: 2.14m 7-0.25) Shamrock Invitational	High Jump High Jump High Jump Tom 25-6w) Long Jump Long Jump Long Jump Long Jump High Jump	1st 5th 1st 1st 1st 1st 1st 1th	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6) 7.16m 23-6 (1.7) Time/Mark	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30 4/12 BRADLEY Date 1500m (F	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25) Florida Relays Tom Jones Invitational (MAKUVIRE • GR • ZVISHAV Meet PR: 3:50.82)	Mile JERSEY Event Shot Put Shot Put 'ANE, ZIMBABWE Event	53rd 13th Finish 1st 2nd	4:30.23 Time/Mark 20.00m 65-7. 20.40m 66-11.
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12 NATE Fir Date High Jun 3/16	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7 Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational GGERS • FR • BRYAN, TEXAS Meet np (PR: 2.14m 7-0.25)	High Jump High Jump High Jump Tom 25-6w) Long Jump Long Jump Long Jump Long Jump High Jump	1st 5th 1st 1st 1st 1st 1st	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6) 7.16m 23-6 (1.7)	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30 4/12 BRADLEY Date	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW · Meet (PR: 20.40m 66-11.25) Florida Relays Tom Jones Invitational (MAKUVIRE • GR • ZVISHAV Meet	Mile JERSEY Event Shot Put Shot Put VANE, ZIMBABWE	53rd 13th Finish 1st 2nd	4:30.23 Time/Mark 20.00m 65-7. 20.40m 66-11.
Date High Jun 3/22 3/29 4/6 Long Jun 3/15 3/23 4/12 NATE Flo	Meet np (PR: 2.16m 7-1) Weems Baskin Invitational Florida Relays Gamecock Invitational mp (PR: 7.61m 24-11.75 / 7.7 Shamrock Invitational Weems Baskin Invitational Tom Jones Invitational GGERS • FR • BRYAN, TEXAS Meet np (PR: 2.14m 7-0.25) Shamrock Invitational	High Jump High Jump High Jump Tom 25-6w) Long Jump Long Jump Long Jump Long Jump High Jump	1st 5th 1st 1st 1st 1st 1st 1th	2.11m 6-11 2.11m 6-11 2.11m 6-11 7.77m 25-6w (3.0) 7.63m 25-0.5w (2.6) 7.16m 23-6 (1.7) Time/Mark	3/30 Mile (PR: 3/16 CJ LICAT Date Shot Put 3/30 4/12 BRADLEY Date 1500m (F4/12	Florida Relays 4:30.23) Shamrock Invitational A • JR • GLADSTONE, NEW . Meet (PR: 20.40m 66-11.25) Florida Relays Tom Jones Invitational (MAKUVIRE • GR • ZVISHAV Meet PR: 3:50.82)	Mile JERSEY Event Shot Put Shot Put 'ANE, ZIMBABWE Event	53rd 13th Finish 1st 2nd	4:30.23 Time/Mark 20.00m 65-7. 20.40m 66-11.

2.06m | 6-9

2.12m | 6-11.5

2nd

3rd

3/28

Raleigh Relays

Gamecock Invitational

High Jump

High Jump

4/6

10000m



2024 OUTDOOR PROGRESSIONS - MEN

EIHANI	MA I HIS • 50	• CHAPEL HILL, NORTH CAROLINA	
Date	Moot	Event	

Date	Meet	Event	Finish	Time/Mark
800m (PR:)			
3/23	Weems Baskin Invitational	800m		DNF

DILLON McCARTHY • SR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault	(PR: 5.30m 17-4.5)			
3/16	Shamrock Invitational	Pole Vault	1st	5.01m 16-5.25
3/23	Weems Baskin Invitational	Pole Vault	1st	5.06m 16-7.25
3/30	Florida Relays	Pole Vault	5th	5.05m 16-6.75
4/6	Gamecock Invitational	Pole Vault		NH
4/12	Tom Jones Invitational	Pole Vault	13th	5.00m 16-4.75

THEO MUDZENGERERE • SO • HARARE, ZIMBABWE

Date	Meet	Event	Finish	Time/Mark
Triple Jum	np (PR: 16.02m 52-6.75)			
4/13	Tom Jones Invitational	Triple Jump	12th	14.98m 48-10.25 (1.4)
100m (PR	: 10.70 / 10.68w)			
4/6	Gamecock Invitational	100m - P	9th	10.68w (3.1)
4/6	Gamecock Invitational	100m - F	9th	10.70 (1.9)

CONOR REILLY • SO • SCOTCH PLAINS, NEW YORK

Date	Meet	Event	Finish	Time/Mark
Pole Vault	(PR: 4.90m 16-0.75)			
3/16	Shamrock Invitational	Pole Vault	2nd	4.86m 15-11.25

JOSUE RICHARDSON SALAZAR • FR • CHARLESTON, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
400m Hu	rdles (PR: 54.19)			
4/6	Gamecock Invitational	400mH	3rd	54.19
4/12	Tom Jones Invitational	400mH	17th	54.75

PARKER SAMUELSON • SO • HOUSTON, TEXAS

Date	Meet	Event	Finish	Time/Mark
Pole Vaul	t (PR: 4.86m 15-11.25)			
3/16	Shamrock Invitational	Pole Vault	3rd	4.86m 15-11.25
3/23	Weems Baskin Invitational	Pole Vault		NH
3/30	Florida Relays	Pole Vault	13th	4.60m 15-1
4/6	Gamecock Invitational	Pole Vault	2nd	4.75m 15-7
4/12	Tom Jones Invitational	Pole Vault	9th	4.83m 15-10

LUKE SCHULLER • FR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark	
Javelin (PR: 56.02m 183-9)					
3/22	Weems Baskin Invitational	Javelin	4th	56.02m 183-9	
				· · · · · · · · · · · · · · · · · · ·	

TYLER STARGEL • SO • DAYTON, OHIO

Date	Meet	Event	Finish	Time/Mark
800m (PR:	2:14.76)			
3/23	Weems Baskin Invitational	800m	43rd	2:14.76

DYLAN TARGGART • JR • COLDWATER, MICHIGAN

Date	Meet	Event	Finish	Time/Mark		
Shot Put (PR: 20.45m 67-1.25)						
3/30	Florida Relays	Shot Put	2nd	19.93m 65-4.75		
4/12	Tom Jones Invitational	Shot Put	1st	20.45m 67-1.25		
Discus (PR	Discus (PR: 56.09m 184-0)					
3/23	Weems Baskin Invitational	Discus	1st	56.09m 184-0		
4/6	Gamecock Invitational	Discus	1st	54.95m 180-3		
4/13	Tom Jones Invitational	Discus	10th	52.87m 173-5		

JAYSON WARD • FR • MIDLOTHIAN, VIRGINIA

Date	Meet	Event	Finish	Time/Mark		
200m (PR	200m (PR: 21.68)					
3/23	Weems Baskin Invitational	200m	13th	21.68		
400m (PR	: 47.31)					
3/23	Weems Baskin Invitational	400m	1st	47.31		
3/30	Florida Relays	400m	16th	47.44		
4/13	Tom Jones Invitational	400m	45th	47.69		

DAVID WARMINGTON • SO • WASHINGTON, D.C.

Date	Meet	Event	Finish	Time/Mark
110m Hu	rdles (PR: 13.79)			
3/15	Shamrock Invitational	110mH - S	1st	14.11 (0.9)
3/16	Shamrock Invitational	110mH - F	1st	14.12 (-1.9)
3/23	Weems Baskin Invitational	110mH - P	1st	13.91w (4.9)
3/23	Weems Baskin Invitational	110mH - F	1st	13.79 (-0.5)
3/30	Florida Relays	110mH - P	10th	14.25 (1.5)
4/6	Gamecock Invitational	110mH - P	1st	14.01w (3.1)
4/13	Tom Jones Invitational	110mH - P	22nd	14.07 (-0.4)
4/6	Gamecock Invitational	110mH - F	2nd	14.04 (1.9)
200m (P	PR: 22.09 / 22.04w)			
3/16	Shamrock Invitational	200m	16th	22.04w (2.5)
4/6	Gamecock Invitational	200m	15th	22.09

4X100M RELAY

Date	Meet	Team	Finish	Time
3/23	Weems Baskin Invitational	Bond, Greenhow	1st	40.20
		Jefferson, Harbor		
3/23	Weems Baskin Invitational	Samuelson, Figgers	13th	44.02
		Clark, Ferguson		
3/29	Florida Relays	Bond, Harbor	5th	39.33
		Jefferson, Greenhow		
3/30	Florida Relays	Dennis, Harbor	5th	39.88
		Jefferson, Greenhow		
4/6	Gamecock Invitational	Dennis, Harbor	1st	39.49
		Jefferson, Greenhow		
4/6	Gamecock Invitational	Mudzengerere, Figgers	9th	42.47
		Clark, Ferguson		
4/12	Tom Jones Invitational	Dennis, Harbor	15th	40.02
		Bond, Greenhow		

4X400M RELAY

474001	IKELAI			
Date	Meet	Team	Finish	Time
3/16	Shamrock Invitational	Ward, Greenhow	1st	3:15.82
		Dennis, Warmington		
3/23	Weems Baskin Invitational	Ward, Dennis	5th	3:13.77
		Hatton, Greenhow		
3/23	Weems Baskin Invitational	Richardson-Salazar, Kosge	i 10th	3:20.16
		Mathis, Warmington		
3/30	Florida Relays	Dennis, Greenhow	8th	3:19.27
		Hatton, Jefferson		
4/13	Tom Jones Invitational	Ward, Dennis	28th	3:14.48
		Greenhow, Harbor		

4X800M RELAY

Date	Meet	Team	Finish	Time
3/15	Shamrock Invitational	Amaral, Makuvire	1st	7:50.75
		Lanzagorta-Puiz Sanders		

UPDATED 4/15/24



2024 TOP-FIVE MARKS - WOMEN

Shamrock Invitational

Tom Jones Invitational

Date

3/15

4/12

Meet

100-METER DAS	(Record: 11.01,	Cynteria James	,2024)
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Date	Meet	Athlete	Mark
3/23	Weems Baskin Invitational	Cynteria James	11.01 (1.7) - F
4/13	Tom Jones Invitational	Cynteria James	11.25 (1.6)
3/23	Weems Baskin Invitational	Zaya Akins	11.26 (1.7) - F
3/23	Weems Baskin Invitational	Cynteria James	11.32w (3.1) - P
3/23	Weems Baskin Invitational	Zaya Akins	11.35w (4.2) - P

200-METER DASH (Record: 22.36, Shalonda Solomon, 2006)

Date	Meet	Athlete	Mark
3/29	Florida Relays	JaMeesia Ford	22.37 (0.9)
4/12	Tom Jones Invitational	JaMeesia Ford	22.41w (4.1)
3/29	Florida Relays	Jayla Jamison	22.58 (0.9)
4/12	Tom Jones Invitational	Aalliyah Francis	22.82w (3.1)
3/23	Weems Baskin Invitational	Aalliyah Francis	22.92w (2.4)

400-METER RUN (Record: 49.60, Wadeline Jonathas, 2019)

Date	Meet	Athlete	Mark
4/13	Tom Jones Invitational	JaMeesia Ford	50.81
3/23	Weems Baskin Invitational	JaMeesia Ford	51.16
4/13	Tom Jones Invitational	Zaya Akins	52.14
4/13	Tom Jones Invitational	Jahnile Registre	52.35
3/30	Florida Relays	Aalliyah Francis	52.99

800-METER RUN (Record: 2:01.66, Judy Kosgei, 2024)

Date	Meet	Athlete	Mark	
3/30	Florida Relays	Judy Kosgei	2:01.66	
4/13	Tom Jones Invitational	Judy Kosgei	2:03.51	
3/30	Florida Relays	Sylvia Chelangat	2:06.64	
4/13	Tom Jones Invitational	Sylvia Chelangat	2:06.81	
3/30	Florida Relavs	Ally Wilson	2:11.54	

1500-METER RUN (Record: 4:12.11, Silan Ayyildiz, 2023)

Date	Meet	Athlete	Mark
3/29	Florida Relays	Judy Kosgei	4:14.22
3/22	Weems Baskin Invitational	Ally Wilson	4:35.03
4/12	Tom Jones Invitational	Teresa Cherotich	4:36.19
3/29	Florida Relays	Emily Pierontoni	4:37.05
3/29	Florida Relays	Claudia Satzke	4:42.40

3000-METER RUN (Record: 9:29.76., Anna Kathryn Stoddard, 2021)

Date	Meet	Athlete	Mark	
3/16	Shamrock Invitational	Hope Dominique	10:20.86	
3/16	Shamrock Invitational	Ella Zeigler	10:52.23	

5000-METER RUN (Record: 16:12.77., Anna Kathryn Stoddard, 2021)

Date	Meet	Athlete	Mark
4/12	Tom Jones Invitational	Teresa Cherotich	17:00.08
4/6	Gamecock Invitational	Gabriella Gait-Smith	17:24.18
4/12	Tom Jones Invitational	Anya Arroyo	17:28.26
3/22	Weems Baskin Invitational	Gabriella Gait-Smith	17:28.98
3/22	Weems Baskin Invitational	Hope Dominique	17:43.78

4X100 RELAY (Record: 42.83, Ross, Whipple, Joyce, Bailey, 2003)

Date	Meet	Athletes	Mark	
4/13	Tom Jones Invitational	Jamison, James	43.25	
		Akins, Ford		
3/30	Florida Relays	Jamison, James	43.34	
		Akins, Ford		
3/29	Florida Relays	Jamison, James	43.36	
		Akins, Ford		
4/6	Gamecock Invitational	Jamison, James	43.94	
		Akins, Registre		

4X400 RELAY (Record: 3:25.45, Davis, Dunmore, Frank, Registre, 2022)

Date	meet	Atnietes	Mark
3/30	Florida Relays	Francis, Jamison	3:28.57
		Chelangat, Ford	
4/13	Tom Jones Invitational	Akins, Jamison	3:32.69
		Chelangat, Registre	
3/23	Weems Baskin Invitational	Ford, Akins	3:34.80
		Chelangat, Francis	
3/16	Shamrock Invitational	Francis, Kosgei	3:46.29
		James, Chelangat	

4X800 RELAY (Record: 8:40.20	, Gayle, Kelety,	Costantino, Ayyildiz, 2023)
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		Wilson, Weeks			
3000	3000-METER STEEPLECHASE (Record: 10:13.81, Beatrice Biwott, 2012)				
Date	Meet	Athlete	Mark		

Athletes

Chelangat, Kosgei

Claudia Satzke

Mark

8.5816

11:25.48

IGH ILIMD (Pacard: 1 96m | 6-5 | Jaannalla Schanar 2015)

HIGH JOHF (Record. 1.9011 0-3, Jeannelle Scheper, 2013)					
Date	Meet	Athlete	Mark		
3/22	Weems Baskin Invitational	Markia Anderson	141m 4-75		

LONG JUMP (Record: 6.72m | 22-0.75, Rougui Sow, 2017)

Date	Meet	Athlete	Mark
4/6	Gamecock Invitational	Prommyse Hoosier	6.13m 20-1.5 (1.5)
4/12	Tom Jones Invitational	Prommyse Hoosier	6.06m 19-10.75 (1.7)
3/23	Weems Baskin Invitational	Prommyse Hoosier	6.06m 19-10.75w (2.2)
3/29	Florida Relays	Prommyse Hoosier	5.98m 19-7.5 (0.0)
3/23	Weems Baskin Invitational	Madison Childress	5.56m 18-3w (2.3)

POLE VAULT (Record: 4.26m | 13-11.75, Petra Olsen, 2014)

Date	Meet	Athlete	Mark
3/29	Florida Relays	Hannah Togami	4.10m 13-5.25
4/6	Gamecock Invitational	Hannah Togami	3.85m 12-7.5
3/23	Weems Baskin Invitational	Hannah Togami	3.85m 12-7.5
3/29	Florida Relays	Lena Richardson	3.80m 12-5.5
3/16	Shamrock Invitational	Lena Richardson	3.80m 12-5.5
3/16	Shamrock Invitational	Hannah Togami	3.80m 12-5.5

DISCUS THROW (Record: 56.63m | 185-9, Precious Akins, 2006)

Date	Meet	Athlete	Mark
3/16	Shamrock Invitational	Ella Lucas	53.35m 175-0
4/6	Gamecock Invitational	Ella Lucas	46.78m 153-5
3/30	Florida Relays	Ella Lucas	46.57m 152-9
4/13	Tom Jones Invitational	Ella Lucas	42.83m 140-6

JAVELIN (Record: 53.25m | 174-8, Candy Mitchell, 2000)

Date	Meet	Athlete	Mark
4/6	Gamecock Invitational	Macey Dowe	39.37m 129-2
3/22	Weems Baskin Invitational	Macey Dowe	37.98m 124-7
3/22	Weems Baskin Invitational	Hailey Sharkey	36.69m 120-4
4/6	Gamecock Invitational	Hailey Sharkey	34.90m 114-6
4/6	Gamecock Invitational	Sienna Lydon	34.60m 113-6

- P Prelminary Round
- S Semifinal Round
- F Final Round
- H Heptathlon Competition



2024 OUTDOOR PROGRESSIONS - WOMEN

	KINS • FR • RAYTOWN, MISSO		F21 :	Times /M !-		DONOGHUE • JR • PHOENIX			
Date	Meet PR: 11.26)	Event	Finish	Time/Mark	Date	Meet R: 2:23.60)	Event	Finish	Ti
3/23	Weems Baskin Invitational	100m - P	2nd	11.35w (4.2)	4/6	Gamecock Invitational	800m	11th	2:
3/23	Weems Baskin Invitational	100m - F	2nd	11.26 (1.7)		PR: 4:38.22)			
	PR: 23.30 / 23.15w)				3/22	Weems Baskin Invitational	1500m	10th	4:
3/16	Shamrock Invitational	200m	1st	23.15w (3.2)	4/6	Gamecock Invitational	1500m	4th	4:
3/29 4/12	Florida Relays	200m 200m	9th 17th	23.30 (0.9)	MAGEVE		ITII 64 BOLINIA		
	Tom Jones Invitational PR: 52.14)	200111	17111	23.20w (3.5)	Date	OOWE • FR • BLUFFTON, SO Meet	Event	Finish	Ti
4/13	Tom Jones Invitational	400m	14th	52.14		PR: 39.37m 129-2)	Lvent	1 1111311	
					3/22	Weems Baskin Invitational	Javelin	5th	37
	ANDERSON • SO • SPARTAN	IBURG, SOUTH C			4/6	Gamecock Invitational	Javelin	2nd	39
Date	Meet	Event	Finish	Time/Mark					
_	mp (PR: 1.45m 4-9)	High Jump	10+h	1.41m 4.7E		A FORD • FR • FAYETTEVILL	*		-
3/22	Weems Baskin Invitational	High Jump	19th	1.41m 4-7.5	Date	Meet R: 22.37)	Event	Finish	Ti
ANYA A	RROYO • FR • HILTON HEAD,	SOUTH CAROLI	NA		3/29	Florida Relays	200m	1st	22
Date	Meet	Event	Finish	Time/Mark	4/12	Tom Jones Invitational	200m	2nd	22
800m (F	PR: 2:30.05)				400m (P	R: 50.81)			
3/16	Shamrock Invitational	800m	22nd	2:30.05	3/23	Weems Baskin Invitational	400m	1st	51
	: 5:17.30)			51770	4/13	Tom Jones Invitational	400m	5th	50
3/16	Shamrock Invitational	Mile	5th	5:17.30		U EDANGIS ID WESTMON			
4/6	(PR: 4:44.29) Gamecock Invitational	1500m	1st	4:44.29	Date	H FRANCIS • JR • WESTMOI Meet	EVENT	A Finish	Ti
	(PR: 17:28.26)	1500111	130	4.44.23		R: 22.82w)	Event	FIIIISII	-"
3/22	Weems Baskin Invitational	5000m	3rd	17:44.14	3/23	Weems Baskin Invitational	200m	1st	22
4/12	Tom Jones Invitational	5000m	2nd	17:28.26	4/12	Tom Jones Invitational	200m	10th	22
					400m (P	R: 52.99)			
	OYD • SO • ATTLEBORO, MA				3/16	Shamrock Invitational	400m	1st	54
Date	Meet	Event	Finish	Time/Mark	3/30	Florida Relays	400m	5th	52
	(PR: 18:28.12)	F000		DNE	4/13	Tom Jones Invitational	400m	39th	56
3/22 4/6	Weems Baskin Invitational Gamecock Invitational	5000m 5000m	4th	DNF 18:29.65	CARDIEI	I A GAIT SMITH A SO A IOHA	NNESDUDG SOU	TU AEDIC	۰,
4/0	Garriecock invitational	3000111	4111	10.29.03	Date	.LA GAIT-SMITH • SO • JOHA Meet	Event	Finish	CA Tii
SYLVIA	CHELANGAT • SO • KENYA					PR: 17:10.71)	Event	FIIIISII	
Date	Meet	Event	Finish	Time/Mark	3/22	Weems Baskin Invitational	5000m	1st	17:
	PR: 54.30)				4/6	Gamecock Invitational	5000m	1st	17
3/23	Weems Baskin Invitational	400m	5th	54.87					
800m (F	PR: 2:02.58)				CAITLIN	GEMMILL • FR • LEXINGTON	, SOUTH CAROLI	NA	
3/30	Florida Relays	800m	14th	2:06.64	Date	Meet	Event	Finish	Ti
4/13	Tom Jones Invitational	800m	21st	2:06.81		PR: 18:14.98)			
TEDECA	CHEROTICH - ED - KENVA				3/22	Weems Baskin Invitational		11th	18:
TERESA Date	CHEROTICH • FR • KENYA Meet	Event	Finish	Time/Mark	4/6	Gamecock Invitational	5000m	3rd	18
	PR: 4:36.19)	Event	FIIIISII	Time/ Mark	KATERIN	IA HENDRIX • JR • SPARTAN	BURG SOUTH CA	APOLINA	
4/12	Tom Jones Invitational	1500m	40th	4:36.19	Date	Meet	Event	Finish	Ti
	(PR: 17:00.08)					PR: 18:17.00)			
									19
	Tom Jones Invitational	5000m	1st	17:00.08	3/22	Weems Baskin Invitational	5000m	13th	
	•	5000m	1st	17:00.08	3/22 4/6	•	5000m 5000m	13th 5th	18
4/12	•			17:00.08		Weems Baskin Invitational			18
4/12 MADISO Date	Tom Jones Invitational ON CHILDRESS • FR • JOHNS (Meet			17:00.08 Time/Mark	4/6 PROMMY	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA	5000m POLIS, INDIANA	5th	
4/12 MADISO Date Long Ju	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w)	CREEK, GEORGIA Event	Finish	Time/Mark	4/6 PROMMY	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet	5000m POLIS, INDIANA Event		18 Ti
4/12 MADISO Date Long Ju 3/23	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational	CREEK, GEORGIA Event Long Jump	Finish 7th	Time/Mark 5.56m 18-3w (2.3)	PROMMY Date Long Jur	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet np (PR: 6.29m 20-7.75 / 6.3	5000m POLIS, INDIANA Event 3m 20-9.25w)	5th Finish	Ti
MADISO Date Long Ju 3/23 4/6	Tom Jones Invitational ON CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational	CREEK, GEORGIA Event	Finish	Time/Mark	PROMMY Date Long Jur 3/23	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet np (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational	POLIS, INDIANA Event 3m 20-9.25w) Long Jump	5th Finish 2nd	Ti
4/12 MADISO Date Long Ju 3/23 4/6 100m (P	Tom Jones Invitational ON CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17)	CREEK, GEORGIA Event Long Jump Long Jump	Finish 7th 4th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0)	PROMMY Date Long Jur 3/23 3/29	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet np (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays	POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump	5th Finish 2nd 9th	Ti 6.0
MADISO Date Long Ju 3/23 4/6 100m (P 3/15	Tom Jones Invitational ON CHILDRESS • FR • JOHNS (Meet Imp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational OR: 12.17) Shamrock Invitational	CREEK, GEORGIA Event Long Jump Long Jump 100m - S	Finish 7th 4th 7th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet mp (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational	POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump	5th Finish 2nd 9th 1st	6.0 5.9 6.1
MADISO Date Long Ju 3/23 4/6 100m (P 3/15 3/16	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational Shamrock Invitational	CREEK, GEORGIA Event Long Jump Long Jump	Finish 7th 4th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet np (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational	POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump	5th Finish 2nd 9th	Ti 6.0
MADISO Date Long Ju 3/23 4/6 100m (P 3/15 3/16 200m (F	Tom Jones Invitational ON CHILDRESS • FR • JOHNS (Meet Imp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational OR: 12.17) Shamrock Invitational	CREEK, GEORGIA Event Long Jump Long Jump 100m - S	Finish 7th 4th 7th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet np (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational	POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump	5th Finish 2nd 9th 1st	6.0 5.9 6.1
MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 200m (F	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational Shamrock Invitational PR: 24.80 / 24.65w)	Long Jump Long Jump Long Jump 100m - S 100m - F	Finish 7th 4th 7th 6th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33)	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump	Finish 2nd 9th 1st 8th	6.0 5.9 6.1 6.0
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 200m (F 3/16 3/23	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet Mee	Long Jump Long Jump Long Jump 100m - S 100m - F	Finish 7th 4th 7th 6th 5th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33)	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump Long Jump 100m - S	Finish 2nd 9th 1st 8th	6.0 5.9 6.1 6.0
MADISO Date Long Ju 3/23 4/6 100m (F 3/16 200m (F 3/16 3/23 4/6	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet Imp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Gamecock Invitational	Long Jump Long Jump 100m - S 100m - F 200m 200m 200m	Finish 7th 4th 7th 6th 5th 12th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INP (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump Long Jump 100m - S	Finish 2nd 9th 1st 8th	6.0 5.9 6.1 6.0
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 200m (F 3/16 3/16 3/16 3/16 3/16 3/16 SARAH	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational Gamecock Invitational	Long Jump Long Jump Long Jump 100m - S 100m - F 200m 200m 200m ASSACHUSETTS	Finish 7th 4th 7th 6th 5th 12th 8th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2)	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INP (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational IA JAMES • FR • MIAMI, FLOR Meet R: 11.01)	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump 100m - S RIDA Event	Finish 2nd 9th 1st 8th 15th	6.0 5.9 6.1 6.0
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 200m (F 3/16 3/23 4/6 SARAH Date	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet Meet Mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Gamecock Invitational Weems Baskin Invitational Divasta • FR • PEABODY, Manuel	Long Jump Long Jump 100m - S 100m - F 200m 200m 200m	Finish 7th 4th 7th 6th 5th 12th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1)	4/6 PROMM\ Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl 3/23	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational INDIANA R: 12.33) Shamrock Invitational INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Weems Baskin Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P	Finish 2nd 9th 1st 8th 15th Finish	6.0 6.0 6.12. Till 11
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 3/16 3/23 4/6 SARAH Date 1500m (F	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet PR: 5:00.10)	Long Jump Long Jump 100m - S 100m - F 200m 200m 200m ASSACHUSETTS Event	Finish 7th 4th 7th 6th 5th 12th 8th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl 3/23 3/23	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INP (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational IA JAMES • FR • MIAMI, FLOI Meet R: 11.01) Weems Baskin Invitational Weems Baskin Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F	Finish 2nd 9th 1st 8th 15th Finish 1st	Til. 6.0. 5.9. 6.1. 12. Til. 11 11
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/16 2/00m (F 3/16 3/23 4/6 SARAH Date 1500m (F 3/23)	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet Meet Meens Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet PR: 5:00.10) Weems Baskin Invitational	Long Jump Long Jump 100m - S 100m - F 200m 200m ASSACHUSETTS Event	Finish 7th 4th 7th 6th 5th 12th 8th Finish	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl 3/23 3/23 4/13	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INP (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational IA JAMES • FR • MIAMI, FLOI Meet R: 11.01) Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P	Finish 2nd 9th 1st 8th 15th Finish	6.6.6.5.9 6.7.12 Til. 11.
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/16 3/16 3/16 3/23 4/6 SARAH Date 11500m (3/23 4/6	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet IPR: 5:00.10) Weems Baskin Invitational Gamecock Invitational	Long Jump Long Jump 100m - S 100m - F 200m 200m 200m ASSACHUSETTS Event	Finish 7th 4th 7th 6th 5th 12th 8th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl 3/23 3/23 4/13 200m (P	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INP (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational IA JAMES • FR • MIAMI, FLOI Meet R: 11.01) Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational Tom Jones Invitational Tom Jones Invitational R: 23.28 / 22.99w)	SOOOM POLIS, INDIANA Event Jamp Long Jump Long Long Long Long Long Long Long Long	Finish 2nd 9th 1st 8th 15th Finish 1st st st st	Ti: 6.0 5.9 6.1 12 Ti: 11. 11.
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/16 3/16 3/23 4/6 SARAH Date 13/23 4/6 5000m	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet PR: 5:00.10) Weems Baskin Invitational Gamecock Invitational	Long Jump Long Jump Long Jump 100m - S 100m - F 200m 200m 200m ASSACHUSETTS Event 1500m	Finish 7th 4th 7th 6th 5th 12th 8th Finish	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01 5:00.10	4/6 PROMM\() Date Long Jur 3/23 3/29 4/6 4/12 100m (Pi 3/15 CYNTER Date 100m (Pi 3/23 3/23 4/13 200m (Pi 3/16	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational INDIANA R: 12.33) Shamrock Invitational INDIANA Meet INDIANA R: 11.01) Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational INDIANA Meet INDIANA R: 23.28 / 22.99w) Shamrock Invitational INDIANA Shamrock Invitational INDIANA Shamrock Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F 100m 200m	Finish 2nd 9th 1st 8th 15th Finish 1st 1st 2nd 2nd 2nd 2nd	Ti: 6.00 5.9 6.1 12 Ti: 11. 11. 11. 23
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/16 3/16 3/23 4/6 SARAH Date 13/23 4/6 5000m	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational PR: 12.17) Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet IPR: 5:00.10) Weems Baskin Invitational Gamecock Invitational	Long Jump Long Jump 100m - S 100m - F 200m 200m ASSACHUSETTS Event	Finish 7th 4th 7th 6th 5th 12th 8th Finish	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01	PROMM\) Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl 3/23 3/23 4/13 200m (Pl 3/16 3/29	Weems Baskin Invitational Gamecock Invitational YEE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational INDIANA MEET ILOID Weems Baskin Invitational Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational Tom Jones Invitational Re: 23.28 / 22.99w) Shamrock Invitational Florida Relays	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F 100m 200m	Finish 2nd 9th 1st 8th 15th Finish 1st 1st 2nd 7th	Tin 6.0.0 5.9.0 6.10 11 11 11 23 23 23
4/12 MADISO Date Long Ju 3/23 4/6 100m (P 3/15 3/16 3/23 4/6 SARAH Date 1500m (3/23 4/6 55000m 4/6	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet PR: 5:00.10) Weems Baskin Invitational Gamecock Invitational	Long Jump Long Jump Long Jump 100m - S 100m - F 200m 200m 200m TSASACHUSETTS Event 1500m 5000m	Finish 7th 4th 7th 6th 12th 8th Finish 11th 8th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01 5:00.10	4/6 PROMM\() Date Long Jur 3/23 3/29 4/6 4/12 100m (Pi 3/15 CYNTER Date 100m (Pi 3/23 3/23 4/13 200m (Pi 3/16	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational INDIANA R: 12.33) Shamrock Invitational INDIANA Meet INDIANA R: 11.01) Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational INDIANA Meet INDIANA R: 23.28 / 22.99w) Shamrock Invitational INDIANA Shamrock Invitational INDIANA Shamrock Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F 100m 200m	Finish 2nd 9th 1st 8th 15th Finish 1st 1st 2nd 2nd 2nd 2nd	Tii 6.0.0 5.9.0 6.1 12.1 Tii 11 11 11 233
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 3/16 3/23 4/6 SARAH Date 1500m (3/23 4/6 HOPE D	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet Mee	Long Jump Long Jump Long Jump 100m - S 100m - F 200m 200m 200m TSASACHUSETTS Event 1500m 5000m	Finish 7th 4th 7th 6th 12th 8th Finish 11th 8th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01 5:00.10	4/6 PROMMY Date Long Jur 3/23 3/29 4/6 4/12 100m (Pl 3/15 CYNTER Date 100m (Pl 3/23 3/23 4/13 200m (Pl 3/16 3/29 4/12	Weems Baskin Invitational Gamecock Invitational YEE HOOSIER • JR • INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meet INDIANA Meems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational INDIANA MEET ILOID Weems Baskin Invitational Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational Tom Jones Invitational Re: 23.28 / 22.99w) Shamrock Invitational Florida Relays	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F 100m 200m 200m 200m	Finish 2nd 9th 1st 8th 15th Finish 1st 1st 1st 1st 1st 1st 1st 1st 1st 1s	Tin 6.0.0 5.9.0 6.10 11 11 11 23 23 23
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/16 3/16 3/23 4/6 SARAH Date 1500m (3/23 4/6 5000m 4/6 HOPE D Date 3000m	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational DIVASTA • FR • PEABODY, M/ Meet PR: 5:00.10) Weems Baskin Invitational Gamecock Invitational OMINIQUE • SO • WAKE FOR Meet (PR: 10:08.92)	Long Jump Long Jump Long Jump 100m - S 100m - F 200m 200m 200m 1500m 1500m 1500m EST, NORTH CAREVENT	Finish 7th 4th 7th 6th 12th 8th Finish 11th 8th POLINA Finish	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01 5:00.10 DNF	## A ##	Weems Baskin Invitational Gamecock Invitational (SE HOOSIER • JR • INDIANA Meet IND (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational IA JAMES • FR • MIAMI, FLOI Meet R: 11.01) Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational R: 23.28 / 22.99w) Shamrock Invitational Florida Relays Tom Jones Invitational Florida Relays Tom Jones Invitational AMISON • JR • WEST COLUM Meet	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F 100m 200m 200m 200m	Finish 2nd 9th 1st 8th 15th Finish 1st 1st 1st 1st 1st 1st 1st 1st 1st 1s	Tin 6.0.0 5.9.0 6.10 11 11 11 23 23 23
4/12 MADISO Date Long Ju 3/23 4/6 100m (F 3/15 3/16 200m (F 3/23 4/6 SARAH Date 1500m (A) 5/23 4/6 HOPE D Date 3/200m 3/16	Tom Jones Invitational N CHILDRESS • FR • JOHNS (Meet mp (PR: 5.56m 18-3w) Weems Baskin Invitational Gamecock Invitational Shamrock Invitational PR: 24.80 / 24.65w) Shamrock Invitational Weems Baskin Invitational Weems Baskin Invitational Gamecock Invitational DIVASTA • FR • PEABODY, M/ Meet PR: 5:00.10) Weems Baskin Invitational Gamecock Invitational Gamecock Invitational Gamecock Invitational OMINIQUE • SO • WAKE FOR Meet	Long Jump Long Jump Long Jump 100m - S 100m - F 200m 200m 200m 1500m 1500m 5000m	Finish 7th 4th 7th 6th 12th 8th Finish 11th 8th	Time/Mark 5.56m 18-3w (2.3) 5.40m 17-8.75 (2.0) 12.25 (1.3) 12.17 (2.0) 25.08w (3.2) 24.80 (1.1) 24.65w (2.2) Time/Mark 5:04.01 5:00.10 DNF	## A ##	Weems Baskin Invitational Gamecock Invitational Gamecock Invitational Weet Inp (PR: 6.29m 20-7.75 / 6.3 Weems Baskin Invitational Florida Relays Gamecock Invitational Tom Jones Invitational R: 12.33) Shamrock Invitational IA JAMES • FR • MIAMI, FLOI Meet R: 11.01) Weems Baskin Invitational Weems Baskin Invitational Tom Jones Invitational R: 23.28 / 22.99w) Shamrock Invitational Florida Relays Tom Jones Invitational	SOOOM POLIS, INDIANA Event 3m 20-9.25w) Long Jump Long Jump Long Jump 100m - S RIDA Event 100m - P 100m - F 100m 200m 200m 200m	Finish 2nd 9th 1st 8th 15th Finish 1st 1st 1st 1st 1st 1st 1st 1st 1st 2nd 7th 14th 20LINA	Ti 6.0 5.9 6.1 12 Ti 11. 11. 23 22 22

UPDATED 4/15/24

19th

Time/Mark 2:23.60 4:50.56 4:48.49

Time/Mark 37.98m | 124-7 39.37m | 129-2

Time/Mark 22.37 (0.9) 22.41w (4.1)

Time/Mark 22.92w (2.4) 22.82w (3.1) 54 74 52.99 56.24

Time/Mark 17.28 98 17:24.18

Time/Mark 18:31.55 18:14.98

Time/Mark 19:02.84 18:43.31

Time/Mark

12.46 (0.2)

Time/Mark 11.32w (3.1) 11.01 (1.7) 11.25 (1.6) 23.60w (3.2) 23.28 (0.8) 22.99w (3.1)

Time/Mark

22.58 (0.9)

23.26w (4.1)

6.06m | 19-10.75w (2.2) 5.98m | 19-7.5 (0.0) 6.13m | 20-1.5 (1.5) 6.06m | 19-10.75 (1.7)

51.16 50.81

5000m

5000m (PR: 17:13.19)

Weems Baskin Invitational 5000m

Gamecock Invitational

3/22

4/6

2nd

2nd

17:43.78

17:55.42

3/29

4/12

Florida Relays

Tom Jones Invitational

200m

200m



2024 OUTDOOR PROGRESSIONS - WOMEN

Time/Mark

3.40m | 11-1.75

3.35m | 10-11.75

11th

5th

Date	PH • SO • NORTH AUGUST/ Meet	Event	Finish	Time/Mark	Date	REGISTRE • JR • ORLANDO, Meet	Event	Finish	Time/Mark
	(PR: 3.40m 11-1.75)	Lvent	1 1111311	Time/ Mark		2: 23.76 / 23.73w)	Lvent	1 1111311	Time, Flark
3/15	Shamrock Invitational	Pole Vault	3rd	3.35m 10-11.75	3/23	Weems Baskin Invitational	200m	3rd	23.73w (2.4)
3/23	Weems Baskin Invitational			NH	4/6	Gamecock Invitational	200m	11th	25.06 (1.7)
4/6	Gamecock Invitational	Pole Vault		NH	400m (PF	₹: 52.35)			
					3/23	Weems Baskin Invitational	400m	3rd	54.27
JUDY KOS	GEI • FR • KENYA				4/6	Gamecock Invitational	400m	3rd	53.99
Date	Meet	Event	Finish	Time/Mark	4/13	Tom Jones Invitational	400m	18th	52.35
800m (PR									
3/30	Florida Relays	800m	3rd	2:01.66	_	HARDSON • FR • CARY, NO		El-J-b	Thus - /84l.
4/13	Tom Jones Invitational R: 4:14.22)	800m	7th	2:03.51	Date Date Vaul	Meet : (PR: 3.80m 12-5.5)	Event	Finish	Time/Mark
3/29	Florida Relays	1500m	1st	4:14.22	3/16	Shamrock Invitational	Pole Vault	1st	3.80m 12-5.5
5/25	1 lorida itelays	1500111	130	7.17.22	3/23	Weems Baskin Invitational			NH
SOFIE KU	RZAWA • FR • GREENVILLI	, SOUTH CAROL	INA		3/29	Florida Relays	Pole Vault	14th	3.80m 12-5.5
Date	Meet	Event	Finish	Time/Mark	4/6	Gamecock Invitational	Pole Vault		NH
800m (PR	2: 2:18.50)				4/13	Tom Jones Invitational	Pole Vault	6th	3.74m 12-3.25
3/22	Weems Baskin Invitational	800m	5th	2:18.50	_				
4/6	Gamecock Invitational	800m	4th	2:19.08	CLAUDIA	SATZKE • JR • RED BANK,	NEW JERSEY		
5000m (P					Date	Meet	Event	Finish	Time/Mark
3/22	Weems Baskin Invitational			DNF		R: 4:42.40)	1500	1011	4.52.00
4/6	Gamecock Invitational	5000m		DNF	- 3/22	Weems Baskin Invitational		12th	4:52.06
ASHTON	LINDLEY • SO • SMYRNA, GI	EODGIA			3/29 Steenlech	Florida Relays ase (PR: 11:25.48)	1500m	20th	4:42.40
Date	Meet	Event	Finish	Time/Mark	3/22	Weems Baskin Invitational	Steenlechase		DNF
400m (PR		Lvent	1 1111311	Time/ Mark	- 3/22 4/12	Tom Jones Invitational	Steeplechase	7th	11:25.48
4/6	Gamecock Invitational	400m	7th	57.70	-1/ 1.2	Tom Comes invitational	Ottoopiooridoo	7 (11	11120110
					HAILEY S	HARKEY • FR • COLLEGEVII	LLE, PENNSYLVAI	NIA	
MARIA LO	MBARDI • SO • NEWARK, D	ELAWARE			Date	Meet	Event	Finish	Time/Mark
Date	Meet	Event	Finish	Time/Mark	Javelin (P	R: 36.69m 120-4)			
800m (PR					3/22	Weems Baskin Invitational		6th	36.69m 120-4
3/16	Shamrock Invitational	800m	6th	2:18.90	4/6	Gamecock Invitational	Javelin	7th	34.90m 114-6
Mile (PR: !									
3/16	Shamrock Invitational	Mile	3rd	5:11.68	_	MITH • FR • ROCK HILL, SO			_
	R: 4:46.93)	1500	01	4:46.07	Date	Meet	Event	Finish	Time/Mark
4/6	Gamecock Invitational PR: 18:03.77)	1500m	2nd	4:46.93	_ 800m (PF 4/6	Gamecock Invitational	800m	15th	2:30.16
3/22	Weems Baskin Invitational	5000m	7th	18:03.77	4/0	Garriecock irivitational	800111	13(11	2.30.10
4/12	Tom Jones Invitational	5000m	8th	18:34.92	EMMA ST	ONE • SO • WAXHAW, NOR	TH CAROLINA		
-7					Date	Meet	Event	Finish	Time/Mark
ELLA LUC	AS • FR • LITITZ, PENNSYL	VANIA			Pole Vaul	(PR:)			-
Date	Meet	Event	Finish	Time/Mark	3/23	Weems Baskin Invitational	Pole Vault		NH
Discus (PF	R: 53.35m 175-0)				3/29	Florida Relays	Pole Vault		NH
3/16	Shamrock Invitational	Discus	1st	53.35m 175-0	4/6	Gamecock Invitational	Pole Vault		NH
3/30	Florida Relays	Discus	13th	46.57m 152-9					
4/6	Gamecock Invitational	Discus	1st	46.78m 153-5	_	IA SUMPTER • SR • CAMDE	•		/
4/13	Tom Jones Invitational	Discus	11th	42.83m 140-6	Date	Meet	Event	Finish	Time/Mark
CIENNIA IN	YDON • FR • FORT MILL, SC	NITH CAROLINA			3/23	: 11.69 / 11.53w) Weems Baskin Invitational	100m D	5th	11.89w (3.9)
Date	Meet	Event	Finish	Time/Mark	3/23	Weems Baskin Invitational		4th	11.69 (1.7)
	R: 34.60m 113-6)	Lvent	1 1111311	Time/ Mark	- 3/23 4/6	Gamecock Invitational	100m - P	7th	11.72 (1.7)
3/22	Weems Baskin Invitational	Javelin	11th	33.72m 110-7	4/6	Gamecock Invitational	100m - F	8th	11.81 (2.0)
4/6	Gamecock Invitational	Javelin	8th	34.60m 113-6		2: 24.88 / 24.72w)			
					3/23	Weems Baskin Invitational	200m	10th	24.72w (2.4)
JULIA McI	BRIDE • FR • ORELAND, PE	NNSYLVANIA							
Date	Meet	Event	Finish	Time/Mark	HANNAH	TOGAMI • FR • MOUNT PLE	ASANT, SOUTH C	AROLINA	A .
	(PR: 3.35m 10-11.75)				Date	Meet	Event	Finish	Time/Mark
3/23	Weems Baskin Invitational		15th	3.25m 10-8	_	(PR: 4.10m 13-5.25)	D I W "		700 155 5
4/6	Gamecock Invitational	Pole Vault	6th	3.35m 10-11.75	_ 3/16	Shamrock Invitational	Pole Vault	2nd	3.80m 12-5.5
CADALLA	EVILLE • JR • HILTON HEAD	ISLAND COUT	CARCLU	MA.	3/23	Weems Baskin Invitational		2nd 5th	3.85m 12-7.5
Date	EVILLE • JR • HILTON HEAD Meet		Finish	NA Time/Mark	3/29 4/6	Florida Relays Gamecock Invitational	Pole Vault Pole Vault	5th	4.10m 13-5.25 3.85m 12-7.5
	R: 4:58.03)	Event	FIIIISII	inne/ rial K	- 4/6 4/13	Tom Jones Invitational	Pole Vault	1st 	3.85III 12-7.5 NH
3/23	Weems Baskin Invitational	1500m	12th	5:05.17	-7/13	.c.m somes invitational	. Sic vadit		. 1111
4/6	Gamecock Invitational	1500m	6th	4:58.03	ЕММА ТО	RBERT • FR • ORLANDO, FL	.ORIDA		
					Date	Meet	Event	Finish	Time/Mark
EMILY PIE	RONTONI • JR • WOOLWIC	H TOWNSHIP, NE	W JERSE	Υ	1500m (P		·		.,
Date	Meet	Event	Finish	Time/Mark	4/6	Gamecock Invitational	1500m		DNF
1500m (Pl	R: 4:35.49)				5000m (F	PR: 18:07.69)			
3/22	Weems Baskin Invitational		5th	4:43.00	3/22	Weems Baskin Invitational		10th	18:07.69
3/29	Florida Relays	1500m	13th	4:37.05	4/6	Gamecock Invitational	5000m		DNF
5000m (P		5000		DNE		(ALPHINE SS			
3/22	Weems Baskin Invitational	SUUUM		DNF	_	/ALENTINE • SO • MARIETT	A, GEORGIA Event		Time/Mark
					Date	Meet			

3/23

4/6

Pole Vault (PR: 3.63m | 11-10.75)

Gamecock Invitational

Weems Baskin Invitational Pole Vault

Event

Pole Vault



2024 OUTDOOR PROGRESSIONS - WOMEN

LILY WEEKS	 JR • MANSFIEL 	D, OHIO
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Date	Meet	Event	Finish	Time/Mark	
3000m (PR: 10:44.04)					
3/16	Shamrock Invitational	3000m		DNF	

GRETA WHITE • FR • GREER, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark	
800m (F	PR: 2:23.90)				
3/22	Weems Baskin Invitational	800m	7th	2:23.90	
4/6	Gamecock Invitational	800m	13th	2:25.37	
5000m	(PR:)				
3/22	Weems Baskin Invitational	5000m		DNF	
4/6	Gamecock Invitational	5000m		DNF	

MADDIE WHITE • FR • GREER, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark	
1500m (PR: 4:49.06)				
4/6	Gamecock Invitational	1500m	5th	4:49.06	

ALLY WILSON • JR • CENTRAL, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark	
800m (F	PR: 2:11.54)				
3/30	Florida Relays	800m	34th	2:11.54	
4/13	Tom Jones Invitational	800m	53rd	2:12.93	
1500m (PR: 4:35.03)				
3/22	Weems Baskin Invitation	al 1500m	3rd	4.35.03	

ELLA ZEIGLER • SO • OLNEY, MARYLAND

ELLA LLIGER GO GERE I, HARTEARD					
Date	Meet	Event	Finish	Time/Mark	
800m (P	R: 2:29.73)				
3/16	Shamrock Invitational	800m	20th	2:29.73	
1500m (I	PR: 4:47.56)				
4/6	Gamecock Invitational	1500m	3rd	4:47.56	
3000m (PR: 10:17.95)				
3/16	Shamrock Invitational	3000m	4th	10:52.23	
5000m (PR: 18:13.74)				
3/22	Weems Baskin Invitational	5000m		DNF	

4X100M RELAY

Date	Meet	Team	Finish	Time
3/29	Florida Relays	Jamison, James	1st	43.36
		Akins, Ford		
3/30	Florida Relays	Jamison, James	1st	43.34
		Akins, Ford		
4/6	Gamecock Invitational	Jamison, James	1st	43.94
		Akins, Registre		
4/13	Tom Jones Invitational	Jamison, James	5th	43.25
		Akins, Ford		

4X400M RELAY

Date	Meet	Team	Finish	Time
3/16	Shamrock Invitational	Francis, Kosgei	1st	3:46.29
		James, Chelangat		
3/23	Weems Baskin Invitational	Ford, Akins	1st	3:34.80
		Chelangat, Francis		
3/30	Florida Relays	Francis, Jamison	1st	3:28.57
		Chelangat, Ford		
4/13	Tom Jones Invitational	Akins, Jamison	10th	3:32.69
		Chelangat, Registre		

4X800M RELAY

Date	Meet	Team	Finish	Time
3/15	Shamrock Invitational	Chelangat, Kosgei Wilson, Weeks	1st	8:58.16