



CAROLINA TRACK & FIELD

2026 TOP-FIVE MARKS - MEN

60-METER DASH (Record: 6.54, Terrence Trammel, 2000)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Lucky Daje	6.75 - S
12/5/25	Clemson Opener	Lucky Daje	6.75 - F
1/23/26	Orange & Purple Invite	Robert Stitts Jr.	6.76 - P
1/10/26	Gamecock Opener	Lucky Daje	6.76 - F
1/23/26	Orange & Purple Invite	Antwan Hughes Jr.	6.77 - P

200-METER DASH (Record: 20.38, Rodney Martin, 2005)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Tyson Williams	20.47
1/23/26	Orange & Purple Invite	Robert Stitts Jr.	21.24
1/10/26	Gamecock Opener	Lucky Daje	21.25
12/5/25	Clemson Opener	Lucky Daje	21.29
12/5/25	Clemson Opener	Niles Briggman	21.40

300-METER DASH (Record since 2010: 32.22, Tyson Williams, 2026)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Tyson Williams	32.22
12/5/25	Clemson Opener	Tyson Williams	32.32
1/10/26	Gamecock Opener	Josiah Wrice	32.36
12/5/25	Clemson Opener	Devan Crumpton	32.67
12/5/25	Clemson Opener	Josiah Wrice	32.78

400-METER RUN (Record: 45.25, Quincy Hall, 2019)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Josiah Wrice	46.05
1/23/26	Orange & Purple Invite	Andrew Salvodon	46.28
1/23/26	Orange & Purple Invite	Jasauna Dennis	46.47
1/23/26	Orange & Purple Invite	Devan Crumpton	46.77

600-METER RUN (Record since 2010: 1:18.77, Otis Jones, 2019)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Kaleb Burroughs	1:19.89

800-METER RUN (Record: 1:46.13, Otukile Lekote, 2001)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Knox Eaton	1:51.17

1000-METER RUN (Record: 2:17.36, Jaouad Khchina, 2026)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Jaouad Khchina	2:17.36
1/23/26	Orange & Purple Invite	Edouard Lecrivain	2:21.67
1/23/26	Orange & Purple Invite	Kaleb Burroughs	2:23.80
12/5/25	Clemson Opener	Ricky Circelli	2:28.12
12/5/25	Clemson Opener	Carlos Lanzagorta-Ruiz	2:29.49

MILE RUN (Record: 3:50.46, Anass Essayi, 2023)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Kaleb Burroughs	4:05.54
1/23/26	Orange & Purple Invite	Carlos Lanzagorta-Ruiz	4:12.27

3000-METER RUN (Record: 7:39.11, Anass Essayi, 2024)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Jaouad Khchina	7:51.76
1/10/26	Gamecock Opener	Sam Kolowith	8:25.54
1/23/26	Orange & Purple Invite	Sam Kolowith	8:26.24
12/5/25	Clemson Opener	Marcellus Mines	8:26.77

5000-METER RUN (Record: 13:49.20, Bradley Makuvire, 2024)

Date	Meet	Athlete	Mark
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60-METER HURDLES (Record: 7.52, Terrence Trammel, 1999)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	David Warmington	7.78 - F
1/23/26	Orange & Purple Invite	David Warmington	7.80 - S
1/23/26	Orange & Purple Invite	David Warmington	7.82 - P
12/5/25	Clemson Opener	Alexander Chukwukelu	7.85 - F
12/5/25	Clemson Opener	Alexander Chukwukelu	7.89 - P

DISTANCE MEDLEY RELAY (Record: 9:27.14, Khchina, Crumpton, Kosgei, Amaral, 2025)

Date	Meet	Athletes	Mark
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4X400 RELAY (Record: 3:04.15, Dennis, Crumpton, Williams, Salvodon, 2026)

Date	Meet	Athletes	Mark
1/23/26	Orange & Purple Invite	Dennis, Crumpton Williams, Salvodon	3:04.15
12/5/25	Clemson Opener	Wrice, Crumpton Salvodon, Dennis	3:04.39
1/10/26	Gamecock Opener	Wrice, Williams Salvodon, Dennis	3:05.91
1/23/26	Orange & Purple Invite	Daje, Briggman Eaton, Circelli	3:16.24
12/5/25	Clemson Opener	Circelli, Samuelson Lanzagorta-Ruiz, Eaton	3:24.73

POLE VAULT (Record: 5.50m | 18-0.5, Marvin Reitze, 2012/Chris Steddum, 2004)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Khaliq Muhammad	5.10m 16-8.75
1/10/26	Gamecock Opener	Khaliq Muhammad	5.10m 16-8.75
12/5/25	Clemson Opener	Khaliq Muhammad	4.95m 16-2.75
1/10/26	Gamecock Opener	Parker Samuelson	4.80m 15-9
1/23/26	Orange & Purple Invite	Parker Samuelson	4.65m 15-3

HIGH JUMP (Record: 2.20m | 7-2.5, Tye Williams, 2018)

Date	Meet	Athlete	Mark
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LONG JUMP (Record: 8.08m | 26-6.25, Tony Allmond, 2004)

Date	Meet	Athlete	Mark
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TRIPLE JUMP (Record: 16.00m | 52-6, Theo Mudzengerere, 2023)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Spencer Eison	14.81m 48-7.25
1/23/26	Orange & Purple Invite	Spencer Eison	14.43m 47-4.25

SHOT PUT (Record: 21.33m | 69-11.75, Josh Awotunde, 2018)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Logan Montgomery	18.55m 60-10.5
1/10/26	Gamecock Opener	Logan Montgomery	18.35m 60-2.5
1/10/26	Gamecock Opener	Brandon Dennis	16.67m 54-8.25

WEIGHT THROW (Record: 22.40m | 73-6, Ryan Harrison, 1999)

Date	Meet	Athlete	Mark
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P - Preliminary Round

S - Semifinal Round

F - Final Round

H - Heptathlon Competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

NILES BRIGGMAN • FR • ALEXANDRIA, VIRGINIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.94)				
12/5/25	Clemson Opener	60m - P	12th	6.94
1/10/26	Gamecock Opener	60m - P	7th	6.97
1/10/26	Gamecock Opener	60m - S	9th	7.01
1/23/26	Orange & Purple Invite	60m - P	17th	6.97
1/23/26	Orange & Purple Invite	60m - S	--	FS
200m (PR: 21.40)				
12/5/25	Clemson Opener	200m	5th	21.40
1/10/26	Gamecock Opener	200m	6th	21.79
1/23/26	Orange & Purple Invite	200m	17th	21.51

KALEB BURROUGHS • FR • FLORENCE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
600m (PR: 1:19.89)				
1/10/26	Gamecock Opener	600m	1st	1:19.89
1000m (PR: 2:23.80)				
1/23/26	Orange & Purple Invite	1000m	4th	2:23.80
Mile (PR: 4:05.54)				
12/6/25	Sharon Colyear-Danville Opener	Mile	12th	4:05.54

ALEXANDER CHUKWUKELU • JR • FORNEY, TEXAS

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 7.85)				
12/5/25	Clemson Opener	60mH - P	3rd	7.89
12/5/25	Clemson Opener	60mH - F	2nd	7.85
1/10/26	Gamecock Opener	60mH - P	1st	7.92
1/10/26	Gamecock Opener	60mH - S	1st	7.92
1/10/26	Gamecock Opener	60mH - F	1st	7.90
200m (PR: 21.80)				
12/5/25	Clemson Opener	200m	10th	21.80

RICKY CIRCELLI • SO • PONTE VEDRA, FLORIDA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:28.12)				
12/5/25	Clemson Opener	1000m	1st	2:28.12
1/23/26	Orange & Purple Invite	1000m	--	DNF

DEVAN CRUMPTON • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.67)				
12/5/25	Clemson Opener	300m	2nd	32.67
400m (PR: 46.61)				
1/23/26	Orange & Purple Invite	400m	8th	46.77

LUCKY DAJE • FR • WARRI, NIGERIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.75)				
12/5/25	Clemson Opener	60m - P	5th	6.80
12/5/25	Clemson Opener	60m - F	4th	6.75
1/10/26	Gamecock Opener	60m - P	1st	6.86
1/10/26	Gamecock Opener	60m - S	1st	6.78
1/10/26	Gamecock Opener	60m - F	1st	6.76
1/23/26	Orange & Purple Invite	60m - P	9th	6.78
1/23/26	Orange & Purple Invite	60m - S	6th	6.75
1/23/26	Orange & Purple Invite	60m - F	--	FS
200m (PR: 21.25)				
12/5/25	Clemson Opener	200m	4th	21.29
1/10/26	Gamecock Opener	200m	1st	21.25

BRANDON DENNIS • SR • AMITYVILLE, NEW YORK

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 17.40m 57-1)				
1/10/26	Gamecock Opener	Shot Put	2nd	16.67m 54-8.25

JASAUNA DENNIS • JR • JAMAICA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.93)				
12/5/25	Clemson Opener	300m	7th	33.39
1/10/26	Gamecock Opener	300m	3rd	32.93
400m (PR: 46.02)				
1/23/26	Orange & Purple Invite	400m	5th	46.47

KNOX EATON • FR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
800m (PR: 1:51.17)				
1/23/26	Orange & Purple Invite	800m	7th	1:51.17
1000m (PR: 2:32.54)				
12/5/25	Clemson Opener	1000m	5th	2:32.54

SPENCER EISON • JR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Triple Jump (PR: 14.81m 48-7.25)				
1/10/26	Gamecock Opener	Triple Jump	1st	14.81m 48-7.25
1/23/26	Orange & Purple Invite	Triple Jump	8th	14.43m 47-4.25

ANTWAN HUGHES JR • SO • WINSTON-SALEM, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.74)				
12/5/25	Clemson Opener	60m - P	8th	6.85
12/5/25	Clemson Opener	60m - F	8th	6.85
1/10/26	Gamecock Opener	60m - P	2nd	6.86
1/10/26	Gamecock Opener	60m - S	2nd	6.80
1/10/26	Gamecock Opener	60m - F	2nd	6.86
1/23/26	Orange & Purple Invite	60m - P	8th	6.77
200m (PR: 21.71)				
12/5/25	Clemson Opener	200m	12th	21.85
1/10/26	Gamecock Opener	200m	7th	21.84

JAOUAD KHCHINA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:17.36)				
1/23/26	Orange & Purple Invite	1000m	1st	2:17.36
3000m (PR: 7:51.76)				
12/6/25	Sharon Colyear-Danville Opener	3000m	2nd	7:51.76

SAM KOLOWITH • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 8:25.54)				
1/10/26	Gamecock Opener	3000m	2nd	8:25.54
1/23/26	Orange & Purple Invite	3000m	7th	8:26.24

CARLOS LANZAGORTA-RUIZ • JR • LEXINGTON, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:29.12)				
12/5/25	Clemson Opener	1000m	3rd	2:29.49
Mile (PR: 4:12.11)				
1/23/26	Orange & Purple Invite	1000m	13th	4:12.27

EDOUARD LECRIVAIN • GR • PARIS, FRANCE

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:21.67)				
1/23/26	Orange & Purple Invite	1000m	3rd	2:21.67

MARCELLUS MINES • SO • JOLIET, ILLINOIS

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 8:26.77)				
12/5/25	Clemson Opener	3000m	2nd	8:26.77
1/10/26	Gamecock Opener	3000m	--	DNF

LOGAN MONTGOMERY • SR • ROSSVILLE, GEORGIA

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 18.55m 60-10.5)				
12/5/25	Clemson Opener	Shot Put	1st	18.55m 60-10.5
1/10/26	Gamecock Opener	Shot Put	1st	18.35m 60-2.5

KHALIQ MUHAMMAD • FR • PITTSBURG, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 5.10m 16-8.75)				
12/5/25	Clemson Opener	Pole Vault	3rd	4.95m 16-2.75
1/10/26	Gamecock Opener	Pole Vault	1st	5.10m 16-8.75
1/23/26	Orange & Purple Invite	Pole Vault	6th	5.10m 16-8.75

ANDREW SALVODON • FR • VIRGINIA BEACH, VIRGINIA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 33.45)				
12/5/25	Clemson Opener	300m	8th	33.46
1/10/26	Gamecock Opener	300m	4th	33.45
400m (PR: 46.28)				
1/23/26	Orange & Purple Invite	400m	4th	46.28

UPDATED 1/26/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

PARKER SAMUELSON • SR • HOUSTON, TEXAS

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.85m 15-11)				
12/5/25	Clemson Opener	Pole Vault	--	NH
1/10/26	Gamecock Opener	Pole Vault	2nd	4.80m 15-9
1/23/26	Orange & Purple Invite	Pole Vault	12th	4.65m 15-3

ROBERT STITTS JR • JR • EL CERRITO, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.76)				
1/23/26	Orange & Purple Invite	60m - P	5th	6.76
1/23/26	Orange & Purple Invite	60m - S	10th	6.80
200m (PR: 21.24)				
1/23/26	Orange & Purple Invite	200m	10th	21.24
300m (PR: 33.94)				
1/10/26	Gamecock Opener	300m	5th	33.94

DAVID WARMINGTON • SR • WASHINGTON, D.C.

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 7.78)				
12/5/25	Clemson Opener	60mH - P	5th	7.98
12/5/25	Clemson Opener	60mH - F	4th	7.95
1/10/26	Gamecock Opener	60mH - P	2nd	7.99
1/10/26	Gamecock Opener	60mH - S	2nd	7.95
1/10/26	Gamecock Opener	60mH - F	2nd	7.93
1/23/26	Orange & Purple Invite	60mH - P	4th	7.82
1/23/26	Orange & Purple Invite	60mH - S	4th	7.80
1/23/26	Orange & Purple Invite	60mH - F	2nd	7.78
200m (PR: 21.93)				
12/5/25	Clemson Opener	200m	16th	22.01
1/10/26	Gamecock Opener	200m	8th	21.93

TYSON WILLIAMS • SO • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
200m (PR: 20.47)				
1/23/26	Orange & Purple Invite	200m	1st	20.47
300m (PR: 32.22)				
12/5/25	Clemson Opener	300m	1st	32.32
1/10/26	Gamecock Opener	300m	1st	32.22

JOSIAH WRICE • SO • MATTHEWS, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.36)				
12/5/25	Clemson Opener	300m	3rd	32.78
1/10/26	Gamecock Opener	300m	2nd	32.36
400m (PR: 46.05)				
1/23/26	Orange & Purple Invite	400m	3rd	46.05

4X400M RELAY

Date	Meet	Team	Finish	Time
12/5/25	Clemson Opener	Wrice, Crumpton Salvodon, Dennis	1st	3:04.39
12/5/25	Clemson Opener	Circelli, Samuelson Lanzagorta-Ruiz, Eaton	12th	3:24.73
1/10/26	Gamecock Opener	Wrice, Williams Salvodon, Dennis	1st	3:05.91
1/10/26	Gamecock Opener	Stitts Jr., Chukwukelu Burroughs, Mines	3rd	3:28.37
1/23/26	Orange & Purple Invite	Dennis, Crumpton Williams, Salvodon	1st	3:04.15
1/23/26	Orange & Purple Invite	Daje, Briggman Eaton, Circelli	9th	3:16.24



CAROLINA TRACK & FIELD

2026 TOP-FIVE MARKS - WOMEN

60-METER DASH (Record: 7.09, LaKya Brookins, 2011)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Alexis Brown	7.18 - F
1/23/26	Orange & Purple Invite	Alexis Brown	7.20 - S
12/5/25	Clemson Opener	Alexis Brown	7.21 - P
12/5/25	Clemson Opener	Alexis Brown	7.22 - F
1/23/26	Orange & Purple Invite	Alexis Brown	7.24 - P

200-METER DASH (Record: 22.34, JaMeesia Ford, 2024 & 2025)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Alexis Brown	23.23
12/5/25	Clemson Opener	Alexis Brown	23.58
1/23/26	Orange & Purple Invite	Maya Love	23.76
12/5/25	Clemson Opener	Tristen Harris	23.78
1/23/26	Orange & Purple Invite	Kymora-Lee Williams	23.87

300-METER DASH (Record: 35.83, JaMeesia Ford, 2023)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	JaMeesia Ford	36.25
12/5/25	Clemson Opener	Zaya Akins	36.27
1/10/26	Gamecock Opener	JaMeesia Ford	36.52
12/5/25	Clemson Opener	Maya Love	37.84
1/10/26	Gamecock Opener	Maya Love	38.16

400-METER RUN (Record: 50.80, Natasha Hastings, 2007)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Zaya Akins	51.15
1/23/26	Orange & Purple Invite	Cohren Corbin	56.42

600-METER RUN (Record since 2010: 1:30.91, Sylvia Chelangat, 2024)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Sinead Joyce	1:36.84

800-METER RUN (Record: 2:02.87, Judy Kosgei, 2024)

Date	Meet	Athlete	Mark
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1000-METER RUN (Record: 2:43.85, Jade Buridon, 2026)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Jade Buridon	2:43.85
1/23/26	Orange & Purple Invite	Eline Mast	2:44.17
1/23/26	Orange & Purple Invite	Abir Reffas	2:44.60
1/23/26	Orange & Purple Invite	Sylvia Chelangat	2:48.93
1/23/26	Orange & Purple Invite	Abigail White	2:49.13

MILE RUN (Record: 4:31.01, Salma Elbadra, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Jade Buridon	4:47.23
1/23/26	Orange & Purple Invite	Hattie Jennings	4:55.10

3000-METER RUN (Record: 8:41.76, Salma Elbadra, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Salma Elbadra	8:41.76
12/6/25	Sharon Colyear-Danville Opener	Abir Reffas	9:06.12
12/6/25	Sharon Colyear-Danville Opener	Abigail White	9:25.04
12/6/25	Sharon Colyear-Danville Opener	Hattie Jennings	9:49.13
12/6/25	Sharon Colyear-Danville Opener	Allie Matasich	9:52.81

5000-METER RUN (Record: 16:04.64, Anya Arroyo, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Anya Arroyo	16:04.64
12/6/25	Sharon Colyear-Danville Opener	Teresa Cherotich	16:11.14
12/6/25	Sharon Colyear-Danville Opener	Cate Conklin	16:12.44
12/6/25	Sharon Colyear-Danville Opener	Emma Torbert	16:30.69

60-METER HURDLES (Record: 8.07, Destinee Rocker, 2022)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Joslyn Hamilton	8.10 - F
1/23/26	Orange & Purple Invite	Kyndall Harrington-Spain	8.11 - F
1/23/26	Orange & Purple Invite	Joslyn Hamilton	8.11 - S
1/10/26	Gamecock Opener	Joslyn Hamilton	8.12 - F
1/23/26	Orange & Purple Invite	Akala Garrett	8.14 - F

DISTANCE MEDLEY RELAY (Record: 10:55.41, A. White, Ford, Chelangat, Elbadra, 2025)

Date	Meet	Athletes	Mark
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4X400 RELAY (Record: 3:26.05, Akins, Registre, Jamison, Ford, 2024)

Date	Meet	Athletes	Mark
1/23/26	Orange & Purple Invite	Akins, Williams Ford, Garrett	3:32.63
1/10/26	Gamecock Opener	James, Ford Corbin, Hamilton	3:40.04
1/10/26	Gamecock Opener	Harrington-Spain, Garrett Love, Chelangat	3:40.24
1/23/26	Orange & Purple Invite	Hamilton, Love Harrington-Spain, James	3:41.31
12/5/25	Clemson Opener	Akins, Love Harrington-Spain, Childress	3:41.90

POLE VAULT (Record: 4.35m | 14-3.25, Jathiyah Muhammad, 2026 & Hailey Sweatman, 2020)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Jathiyah Muhammad	4.35m 14-3.25
1/23/26	Orange & Purple Invite	Jathiyah Muhammad	4.29m 14-0.75
1/10/26	Gamecock Opener	Hannah Togami	4.05m 13-3.5
12/5/25	Clemson Opener	Hannah Togami	3.94m 12-11
1/10/26	Gamecock Opener	Bella Leonard	3.75m 12-3.5

HIGH JUMP (Record: 1.91m | 6-3.25, Jeannelle Scheper, 2013)

Date	Meet	Athlete	Mark
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LONG JUMP (Record: 6.60m | 21-8, Antoinette Wilks, 2001)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Tristen Harris	6.26m 20-6.5
1/10/26	Gamecock Opener	Madison Childress	6.05m 19-10.25
1/23/26	Orange & Purple Invite	Maliya Kinard	6.04m 19-9.75
1/10/26	Gamecock Opener	Maliya Kinard	5.69m 18-8
1/23/26	Orange & Purple Invite	Madison Childress	5.59m 18-4.25

TRIPLE JUMP (Record: 13.47m | 44-2.50, Natasha Dicks, 2017)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Cameran Gist	13.03m 42-9
1/23/26	Orange & Purple Invite	Cameran Gist	12.91m 42-4.25

SHOT PUT (Record: 17.07m | 56-0, Crystal Brownlee, 1998)

Date	Meet	Athlete	Mark
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WEIGHT THROW (Record: 21.72m | 71-3.75, Dawn Ellerbe, 1997)

Date	Meet	Athlete	Mark
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PENTATHLON (Record: 4133, Chelsea Hammond, 2004)

Date	Meet	Athlete	Points
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P - Preliminary Round

S - Semifinal Round

F - Final Round

H - Heptathlon Competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

ZAYA AKINS • JR • KANSAS CITY, MISSOURI

Date	Meet	Event	Finish	Time/Mark
300m (PR: 36.27)				
12/5/25	Clemson Opener	300m	2nd	36.27
400m (PR: 51.15)				
1/23/26	Orange & Purple Invite	400m	1st	51.15

ANYA ARROYO • JR • HILTON HEAD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:04.64)				
12/6/25	Sharon Colyear-Danville Opener	5000m	46th	16:04.64

EMMA ASHLEY • FR • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 10:18.15)				
1/10/26	Gamecock Opener	3000m	2nd	10:18.15

ALEXIS BROWN • SR • MABLETON, GEORGIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.18)				
12/5/25	Clemson Opener	60m - P	1st	7.21
12/5/25	Clemson Opener	60m - F	1st	7.22
1/23/26	Orange & Purple Invite	60m - P	2nd	7.24
1/23/26	Orange & Purple Invite	60m - S	2nd	7.20
1/23/26	Orange & Purple Invite	60m - F	1st	7.18
200m (PR: 22.88)				
12/5/25	Clemson Opener	200m	1st	23.58
1/10/26	Gamecock Opener	200m	1st	23.23

JALEE BROWN • FR • GREENSBORO, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.51)				
1/10/26	Gamecock Opener	60m - P	5th	7.61
1/10/26	Gamecock Opener	60m - S	4th	7.51
1/10/26	Gamecock Opener	60m - F	5th	7.51
1/23/26	Orange & Purple Invite	60m - P	28th	7.68
200m (PR: 24.03)				
1/10/26	Gamecock Opener	200m	2nd	24.03

JADE BURIDON • FR • SOULTZ-LES-BAINS, FRANCE

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:43.85)				
1/23/26	Orange & Purple Invite	1000m	2nd	2:43.85
Mile (PR: 4:47.23)				
12/6/25	Sharon Colyear-Danville Opener	Mile	9th	4:47.23

SYLVIA CHELANGAT • SR • KENYA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:48.93)				
1/23/26	Orange & Purple Invite	1000m	5th	2:48.93

TERESA CHEROTICH • JR • KENYA

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:06.16)				
12/6/25	Sharon Colyear-Danville Opener	5000m	59th	16:11.14

MADISON CHILDRESS • JR • ALPHARETTA, GEORGIA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 6.05m 19-10.25)				
12/5/25	Clemson Opener	Long Jump	13th	5.33m 17-6
1/10/26	Gamecock Opener	Long Jump	1st	6.05m 19-10.25
1/23/26	Orange & Purple Invite	Long Jump	12th	5.59m 18-4.25
60m (PR: 7.45)				
1/10/26	Gamecock Opener	60m - P	2nd	7.45
1/10/26	Gamecock Opener	60m - S	3rd	7.49
1/10/26	Gamecock Opener	60m - F	3rd	7.45
1/23/26	Orange & Purple Invite	60m - P	16th	7.52
1/23/26	Orange & Purple Invite	60m - S	15th	7.51
200m (PR: 24.81)				
12/5/25	Clemson Opener	200m	9th	24.81
1/10/26	Gamecock Opener	200m	5th	24.82

CATE CONKLIN • SO • LEXINGTON, KENTUCKY

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:12.44)				
12/6/25	Sharon Colyear-Danville Opener	5000m	61st	16:12.44

JASMINE COOK • FR • WASHINGTON, D.C.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 25.70)				
1/23/26	Orange & Purple Invite	200m	32nd	25.70

COHREN CORBIN • FR • WALDORF, MARYLAND

Date	Meet	Event	Finish	Time/Mark
300m (PR: 38.65)				
1/10/26	Gamecock Opener	300m	3rd	38.65
400m (PR: 56.42)				
1/23/26	Orange & Purple Invite	400m	14th	56.42

HAILEY DUNCAN • JR • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.88)				
1/10/26	Gamecock Opener	60m - P	19th	7.98
200m (PR: 24.59)				
1/10/26	Gamecock Opener	200m	7th	25.04

SALMA ELBADRA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 8:41.76)				
12/6/25	Sharon Colyear-Danville Opener	3000m	1st	8:41.76

KENNEDY FLYNN • SO • POTOMAC, MARYLAND

Date	Meet	Event	Finish	Time/Mark
200m (PR: 25.07)				
1/23/26	Orange & Purple Invite	200m	39th	25.90
60m Hurdles (PR: 8.44)				
12/5/25	Clemson Opener	60mH - P	7th	8.55
12/5/25	Clemson Opener	60mH - F	4th	8.48
1/10/26	Gamecock Opener	60mH - P	5th	8.44
1/10/26	Gamecock Opener	60mH - S	5th	8.50
1/10/26	Gamecock Opener	60mH - F	5th	8.51
1/23/26	Orange & Purple Invite	60mH - P	11th	8.45
1/23/26	Orange & Purple Invite	60mH - S	15th	8.55

JaMEESIA FORD • JR • FAYETTEVILLE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.29)				
1/23/26	Orange & Purple Invite	60m - P	4th	7.33
1/23/26	Orange & Purple Invite	60m - S	3rd	7.30
1/23/26	Orange & Purple Invite	60m - F	3rd	7.29
300m (PR: 35.83)				
12/5/25	Clemson Opener	300m	1st	36.25
1/10/26	Gamecock Opener	300m	1st	36.52

AKALA GARRETT • JR • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.14)				
1/10/26	Gamecock Opener	60mH - P	1st	8.28
1/10/26	Gamecock Opener	60mH - S	2nd	8.28
1/10/26	Gamecock Opener	60mH - F	4th	8.29
1/23/26	Orange & Purple Invite	60mH - P	9th	8.39
1/23/26	Orange & Purple Invite	60mH - S	8th	8.32
1/23/26	Orange & Purple Invite	60mH - F	3rd	8.14

CAMERAN GIST • SR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Triple Jump (PR: 13.03m 42-9)				
12/5/25	Clemson Opener	Triple Jump	1st	13.03m 42-9
1/23/26	Orange & Purple Invite	Triple Jump	2nd	12.91m 42-4.25

JOSLYN HAMILTON • SO • ROLESVILLE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.10)				
12/5/25	Clemson Opener	60mH - P	1st	8.31
12/5/25	Clemson Opener	60mH - F	1st	8.18
1/10/26	Gamecock Opener	60mH - P	3rd	8.39
1/10/26	Gamecock Opener	60mH - S	4th	8.29
1/10/26	Gamecock Opener	60mH - F	2nd	8.12
1/23/26	Orange & Purple Invite	60mH - P	1st	8.17
1/23/26	Orange & Purple Invite	60mH - S	3rd	8.11
1/23/26	Orange & Purple Invite	60mH - F	1st	8.10
300m (PR: 38.79)				
12/5/25	Clemson Opener	300m	8th	38.79



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

KYNDALL HARRINGTON-SPAIN • FR • ST. LOUIS, MISSOURI

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.11)				
12/5/25	Clemson Opener	60mH - P	3rd	8.38
12/5/25	Clemson Opener	60mH - F	2nd	8.18
1/10/26	Gamecock Opener	60mH - P	4th	8.40
1/10/26	Gamecock Opener	60mH - S	3rd	8.28
1/10/26	Gamecock Opener	60mH - F	3rd	8.27
1/23/26	Orange & Purple Invite	60mH - P	6th	8.27
1/23/26	Orange & Purple Invite	60mH - S	4th	8.18
1/23/26	Orange & Purple Invite	60mH - F	2nd	8.11

TRISTEN HARRIS • FR • JACKSON, LOUISIANA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.33)				
1/10/26	Gamecock Opener	60m - P	1st	7.38
1/10/26	Gamecock Opener	60m - S	1st	7.41
1/10/26	Gamecock Opener	60m - F	1st	7.33
1/23/26	Orange & Purple Invite	60m - P	8th	7.39
200m (PR: 23.78)				
12/5/25	Clemson Opener	200m	2nd	23.78
Long Jump (PR: 6.26m 20-6.5)				
12/5/25	Clemson Opener	Long Jump	1st	6.26m 20-6.5

MARY FRANCES ISEMAN • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:44.20)				
12/6/25	Sharon Colyear-Danville Opener	3000m	--	DNF

CYNTERIA JAMES • JR • MIAMI, FLORIDA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.31)				
1/23/26	Orange & Purple Invite	60m - P	13th	7.49
1/23/26	Orange & Purple Invite	60m - S	11th	7.45
200m (PR: 23.42)				
1/23/26	Orange & Purple Invite	200m	5th	23.94
300m (PR: 38.66)				
1/10/26	Gamecock Opener	300m	5th	39.52

HATTIE JENNINGS • JR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:50.07)				
1/23/26	Orange & Purple Invite	Mile	12th	4:55.10
3000m (PR: 9:45.91)				
12/6/25	Sharon Colyear-Danville Opener	3000m	51st	9:49.13

SINEAD JOYCE • SO • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
600m (PR: 1:36.84)				
1/10/26	Gamecock Opener	600m	2nd	1:36.84
800m (PR: 2:12.90)				
1/23/26	Orange & Purple Invite	800m	--	DNF
3000m (PR: --)				
1/10/26	Gamecock Opener	3000m	--	DNF

MALIYA KINARD • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 6.04m 19-9.75)				
1/10/26	Gamecock Opener	Long Jump	2nd	5.69m 18-8
1/23/26	Orange & Purple Invite	Long Jump	4th	6.04m 19-9.75

BELLA LEONARD • FR • RALEIGH, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 3.75m 12-3.5)				
1/10/26	Gamecock Opener	Pole Vault	3rd	3.75m 12-3.5
1/23/26	Orange & Purple Invite	Pole Vault	--	NH

MAYA LOVE • FR • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
200m (PR: 23.76)				
1/23/26	Orange & Purple Invite	200m	2nd	23.76
300m (PR: 37.84)				
12/5/25	Clemson Opener	300m	4th	37.84
1/10/26	Gamecock Opener	300m	2nd	38.16

ELINE MAST • SR • PURMEREND, NETHERLANDS

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:44.17)				
1/23/26	Orange & Purple Invite	1000m	3rd	2:44.17

ALLIE MATASICH • FR • COLLEGEVILLE, PENNSYLVANIA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:52.81)				
12/6/25	Sharon Colyear-Danville Opener	3000m	57th	9:52.81
1/23/26	Orange & Purple Invite	3000m	4th	9:53.12

JATHIYAH MUHAMMAD • SO • PITTSBURG, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.35m 14-3.25)				
1/10/26	Gamecock Opener	Pole Vault	1st	4.35m 14-3.25
1/23/26	Orange & Purple Invite	Pole Vault	1st	4.29m 14-0.75

ABIR REFFAS • JR • ALGERIA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:44.60)				
1/23/26	Orange & Purple Invite	1000m	4th	2:44.60
3000m (PR: 9:06.12)				
12/6/25	Sharon Colyear-Danville Opener	3000m	3rd	9:06.12

HANNAH TOGAMI • JR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.05m 13-3.5)				
12/5/25	Clemson Opener	Pole Vault	1st	3.94m 12-11
1/10/26	Gamecock Opener	Pole Vault	2nd	4.05m 13-3.5

EMMA TORBERT • JR • ORLANDO, FLORIDA

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:30.69)				
12/6/25	Sharon Colyear-Danville Opener	5000m	99th	16:30.69

McKENZIE TRAVIS • SO • FORT MYERS, FLORIDA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.33)				
1/10/26	Gamecock Opener	60m - P	3rd	7.57
1/10/26	Gamecock Opener	60m - S	5th	7.57
1/10/26	Gamecock Opener	60m - F	4th	7.49
1/23/26	Orange & Purple Invite	60m - P	9th	7.42
1/23/26	Orange & Purple Invite	60m - S	6th	7.33
1/23/26	Orange & Purple Invite	60m - F	4th	7.34
200m (PR: 24.08)				
1/10/26	Gamecock Opener	200m	3rd	24.08

ABIGAIL WHITE • SO • CHAPIN, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:49.13)				
1/23/26	Orange & Purple Invite	1000m	6th	2:49.13
3000m (PR: 9:25.04)				
12/6/25	Sharon Colyear-Danville Opener	3000m	18th	9:25.04

KYMORA-LEE WILLIAMS • FR • NASHVILLE, TENNESSEE

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.42)				
1/10/26	Gamecock Opener	60m - P	4th	7.60
1/10/26	Gamecock Opener	60m - S	2nd	7.46
1/10/26	Gamecock Opener	60m - F	2nd	7.42
200m (PR: 23.87)				
1/23/26	Orange & Purple Invite	200m	4th	23.87
300m (PR: 38.83)				
1/10/26	Gamecock Opener	300m	4th	38.83

ELLA ZEIGLER • SR • OLNEY, MARYLAND

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:56.76)				
1/10/26	Gamecock Opener	3000m	1st	10:12.18

UPDATED 1/26/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

4X400M RELAY

Date	Meet	Team	Finish	Time
12/5/25	Clemson Opener	Akins, Love Harrington-Spain, Childress	2nd	3:41.90
1/10/26	Gamecock Opener	James, Ford Corbin, Hamilton	1st	3:40.04
1/10/26	Gamecock Opener	Harrington-Spain, Garrett Love, Chelangat	2nd	3:40.24
1/23/26	Orange & Purple Invite	Akins, Williams Ford, Garrett	1st	3:32.63
1/23/26	Orange & Purple Invite	Hamilton, Love Harrington-Spain, James	4th	3:41.31
1/23/26	Orange & Purple Invite	Corbin, Mast Chelangat, Buridon	5th	3:44.31