



CAROLINA TRACK & FIELD

2026 TOP-FIVE MARKS - MEN

60-METER DASH (Record: 6.54, Terrence Trammel, 2000)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Lucky Daje	6.75 - F
1/10/26	Gamecock Opener	Lucky Daje	6.76 - F
1/10/26	Gamecock Opener	Lucky Daje	6.78 - S
1/10/26	Gamecock Opener	Antwan Hughes Jr.	6.80 - S
12/5/25	Clemson Opener	Lucky Daje	6.80 - P

200-METER DASH (Record: 20.38, Rodney Martin, 2005)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Lucky Daje	21.25
12/5/25	Clemson Opener	Lucky Daje	21.29
12/5/25	Clemson Opener	Niles Briggman	21.40
1/10/26	Gamecock Opener	Niles Briggman	21.79
12/5/25	Clemson Opener	Alexander Chukwukelu	21.80

300-METER DASH (Record since 2010: 32.22, Tyson Williams, 2026)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Tyson Williams	32.22
12/5/25	Clemson Opener	Tyson Williams	32.32
1/10/26	Gamecock Opener	Josiah Wrice	32.36
12/5/25	Clemson Opener	Devan Crumpton	32.67
12/5/25	Clemson Opener	Josiah Wrice	32.78

400-METER RUN (Record: 45.25, Quincy Hall, 2019)

Date	Meet	Athlete	Mark
--	--	--	--

600-METER RUN (Record since 2010: 1:18.77, Otis Jones, 2019)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Kaleb Burroughs	1:19.89

800-METER RUN (Record: 1:46.13, Otukile Lekote, 2001)

Date	Meet	Athlete	Mark
--	--	--	--

1000-METER RUN (Record: 2:24.79, Aidan Hatton, 2024)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Ricky Circelli	2:28.12
12/5/25	Clemson Opener	Carlos Lanzagorta-Ruiz	2:29.49
12/5/25	Clemson Opener	Knox Eaton	2:32.54

MILE RUN (Record: 3:50.46, Anass Essayi, 2023)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Kaleb Burroughs	4:05.54

3000-METER RUN (Record: 7:39.11, Anass Essayi, 2024)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Jaouad Khchina	7:51.76
1/10/26	Gamecock Opener	Sam Kolowith	8:25.54
12/5/25	Clemson Opener	Marcellus Mines	8:26.77

5000-METER RUN (Record: 13:49.20, Bradley Makuvire, 2024)

Date	Meet	Athlete	Mark
--	--	--	--

60-METER HURDLES (Record: 7.52, Terrence Trammel, 1999)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Alexander Chukwukelu	7.85 - F
12/5/25	Clemson Opener	Alexander Chukwukelu	7.89 - P
1/10/26	Gamecock Opener	Alexander Chukwukelu	7.90 - F
1/10/26	Gamecock Opener	Alexander Chukwukelu	7.92 - S
1/10/26	Gamecock Opener	Alexander Chukwukelu	7.92 - P

DISTANCE MEDLEY RELAY (Record: 9:27.14, Khchina, Crumpton, Kosgei, Amaral, 2025)

Date	Meet	Athletes	Mark
--	--	--	--

4X400 RELAY (Record: 3:04.39, Wrice, Crumpton, Salvodon, Dennis, 2025)

Date	Meet	Athletes	Mark
12/5/25	Clemson Opener	Wrice, Crumpton Salvodon, Dennis	3:04.39
1/10/26	Gamecock Opener	Wrice, Williams Salvodon, Dennis	3:05.91
12/5/25	Clemson Opener	Circelli, Samuelson Lanzagorta-Ruiz, Eaton	3:24.73
1/10/26	Gamecock Opener	Stitts Jr., Chukwukelu Burroughs, Mines	3:28.37

POLE VAULT (Record: 5.50m | 18-0.5, Marvin Reitze, 2012/Chris Stedum, 2004)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Khaliq Muhammad	5.10m 16-8.75
12/5/25	Clemson Opener	Khaliq Muhammad	4.95m 16-2.75
1/10/26	Gamecock Opener	Parker Samuelson	4.80m 15-9

HIGH JUMP (Record: 2.20m | 7-2.5, Tye Williams, 2018)

Date	Meet	Athlete	Mark
--	--	--	--

LONG JUMP (Record: 8.08m | 26-6.25, Tony Allmond, 2004)

Date	Meet	Athlete	Mark
--	--	--	--

TRIPLE JUMP (Record: 16.00m | 52-6, Theo Mudzengerere, 2023)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Spencer Eison	14.81m 48-7.25

SHOT PUT (Record: 21.33m | 69-11.75, Josh Awotunde, 2018)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Logan Montgomery	18.55m 60-10.5
1/10/26	Gamecock Opener	Logan Montgomery	18.35m 60-2.5
1/10/26	Gamecock Opener	Brandon Dennis	16.67m 54-8.25

WEIGHT THROW (Record: 22.40m | 73-6, Ryan Harrison, 1999)

Date	Meet	Athlete	Mark
--	--	--	--

P - Preliminary Round

S - Semifinal Round

F - Final Round

H - Heptathlon Competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

NILES BRIGGMAN • FR • ALEXANDRIA, VIRGINIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.94)				
12/5/25	Clemson Opener	60m - P	12th	6.94
1/10/26	Gamecock Opener	60m - P	7th	6.97
1/10/26	Gamecock Opener	60m - S	9th	7.01
200m (PR: 21.40)				
12/5/25	Clemson Opener	200m	5th	21.40
1/10/26	Gamecock Opener	200m	6th	21.79

KALEB BURROUGHS • FR • FLORENCE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
600m (PR: 1:19.89)				
1/10/26	Gamecock Opener	600m	1st	1:19.89
Mile (PR: 4:05.54)				
12/6/25	Sharon Colyear-Danville Opener	Mile	12th	4:05.54

ALEXANDER CHUKWUKELU • JR • FORNEY, TEXAS

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 7.85)				
12/5/25	Clemson Opener	60mH - P	3rd	7.89
12/5/25	Clemson Opener	60mH - F	2nd	7.85
1/10/26	Gamecock Opener	60mH - P	1st	7.92
1/10/26	Gamecock Opener	60mH - S	1st	7.92
1/10/26	Gamecock Opener	60mH - F	1st	7.90
200m (PR: 21.80)				
12/5/25	Clemson Opener	200m	10th	21.80

RICKY CIRCELLI • SO • PONTE VEDRA, FLORIDA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:28.12)				
12/5/25	Clemson Opener	1000m	1st	2:28.12

DEVAN CRUMPTON • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.67)				
12/5/25	Clemson Opener	300m	2nd	32.67

LUCKY DAJE • FR • WARRI, NIGERIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.75)				
12/5/25	Clemson Opener	60m - P	5th	6.80
12/5/25	Clemson Opener	60m - F	4th	6.75
1/10/26	Gamecock Opener	60m - P	1st	6.86
1/10/26	Gamecock Opener	60m - S	1st	6.78
1/10/26	Gamecock Opener	60m - F	1st	6.76
200m (PR: 21.25)				
12/5/25	Clemson Opener	200m	4th	21.29
1/10/26	Gamecock Opener	200m	1st	21.25

BRANDON DENNIS • SR • AMITYVILLE, NEW YORK

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 17.40m 57-1)				
1/10/26	Gamecock Opener	Shot Put	2nd	16.67m 54-8.25

JASAUNA DENNIS • JR • JAMAICA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.93)				
12/5/25	Clemson Opener	300m	7th	33.39
1/10/26	Gamecock Opener	300m	3rd	32.93

KNOX EATON • FR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:32.54)				
12/5/25	Clemson Opener	1000m	5th	2:32.54

SPENCER EISON • JR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Triple Jump (PR: 14.81m 48-7.25)				
1/10/26	Gamecock Opener	Triple Jump	1st	14.81m 48-7.25

ANTWAN HUGHES JR • SO • WINSTON-SALEM, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.74)				
12/5/25	Clemson Opener	60m - P	8th	6.85
12/5/25	Clemson Opener	60m - F	8th	6.85
1/10/26	Gamecock Opener	60m - P	2nd	6.86
1/10/26	Gamecock Opener	60m - S	2nd	6.80
1/10/26	Gamecock Opener	60m - F	2nd	6.86
200m (PR: 21.71)				
12/5/25	Clemson Opener	200m	12th	21.85
1/10/26	Gamecock Opener	200m	7th	21.84

JAOUAD KHCHINA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 7:51.76)				
12/6/25	Sharon Colyear-Danville Opener	3000m	2nd	7:51.76

SAM KOLOWITH • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 8:25.54)				
1/10/26	Gamecock Opener	3000m	2nd	8:25.54

CARLOS LANZAGORTA-RUIZ • JR • LEXINGTON, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:29.12)				
12/5/25	Clemson Opener	1000m	3rd	2:29.49

MARCELLUS MINES • SO • JOLIET, ILLINOIS

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 8:26.77)				
12/5/25	Clemson Opener	3000m	2nd	8:26.77
1/10/26	Gamecock Opener	3000m	--	DNF

LOGAN MONTGOMERY • SR • ROSSVILLE, GEORGIA

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 18.55m 60-10.5)				
12/5/25	Clemson Opener	Shot Put	1st	18.55m 60-10.5
1/10/26	Gamecock Opener	Shot Put	1st	18.35m 60-2.5

KHALIQ MUHAMMAD • FR • PITTSBURG, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 5.10m 16-8.75)				
12/5/25	Clemson Opener	Pole Vault	3rd	4.95m 16-2.75
1/10/26	Gamecock Opener	Pole Vault	1st	5.10m 16-8.75

ANDREW SALVODON • FR • VIRGINIA BEACH, VIRGINIA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 33.45)				
12/5/25	Clemson Opener	300m	8th	33.46
1/10/26	Gamecock Opener	300m	4th	33.45

PARKER SAMUELSON • SR • HOUSTON, TEXAS

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.85m 15-11)				
12/5/25	Clemson Opener	Pole Vault	--	NH
1/10/26	Gamecock Opener	Pole Vault	2nd	4.80m 15-9

ROBERT STITTS JR • JR • EL CERRITO, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 33.94)				
1/10/26	Gamecock Opener	300m	5th	33.94

DAVID WARMINGTON • SR • WASHINGTON, D.C.

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 7.84)				
12/5/25	Clemson Opener	60mH - P	5th	7.98
12/5/25	Clemson Opener	60mH - F	4th	7.95
1/10/26	Gamecock Opener	60mH - P	2nd	7.99
1/10/26	Gamecock Opener	60mH - S	2nd	7.95
1/10/26	Gamecock Opener	60mH - F	2nd	7.93
200m (PR: 21.93)				
12/5/25	Clemson Opener	200m	16th	22.01
1/10/26	Gamecock Opener	200m	8th	21.93

UPDATED 1/12/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

TYSON WILLIAMS • SO • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.22)				
12/5/25	Clemson Opener	300m	1st	32.32
1/10/26	Gamecock Opener	300m	1st	32.22

JOSIAH WRICE • SO • MATTHEWS, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.36)				
12/5/25	Clemson Opener	300m	3rd	32.78
1/10/26	Gamecock Opener	300m	2nd	32.36

4X400M RELAY

Date	Meet	Team	Finish	Time
12/5/25	Clemson Opener	Wrice, Crumpton Salvodon, Dennis	1st	3:04.39
12/5/25	Clemson Opener	Circelli, Samuelson Lanzagorta-Ruiz, Eaton	12th	3:24.73
1/10/26	Gamecock Opener	Wrice, Williams Salvodon, Dennis	1st	3:05.91
1/10/26	Gamecock Opener	Stitts Jr., Chukwukelu Burroughs, Mines	3rd	3:28.37



CAROLINA TRACK & FIELD

2026 TOP-FIVE MARKS - WOMEN

60-METER DASH (Record: 7.09, LaKya Brookins, 2011)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Alexis Brown	7.21 - P
12/5/25	Clemson Opener	Alexis Brown	7.22 - F
1/10/26	Gamecock Opener	Tristen Harris	7.33 - F
1/10/26	Gamecock Opener	Tristen Harris	7.38 - P
1/10/26	Gamecock Opener	Tristen Harris	7.41 - S

200-METER DASH (Record: 22.34, JaMeesia Ford, 2024 & 2025)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Alexis Brown	23.23
12/5/25	Clemson Opener	Alexis Brown	23.58
12/5/25	Clemson Opener	Tristen Harris	23.78
1/10/26	Gamecock Opener	Jalee Brown	24.03
1/10/26	Gamecock Opener	McKenzie Travis	24.08

300-METER DASH (Record: 35.83, JaMeesia Ford, 2023)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	JaMeesia Ford	36.25
12/5/25	Clemson Opener	Zaya Akins	36.27
1/10/26	Gamecock Opener	JaMeesia Ford	36.52
12/5/25	Clemson Opener	Maya Love	37.84
1/10/26	Gamecock Opener	Maya Love	38.16

400-METER RUN (Record: 50.80, Natasha Hastings, 2007)

Date	Meet	Athlete	Mark
--	--	--	--

600-METER RUN (Record since 2010: 1:30.91, Sylvia Chelangat, 2024)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Sinead Joyce	1:36.84

800-METER RUN (Record: 2:02.87, Judy Kosgei, 2024)

Date	Meet	Athlete	Mark
--	--	--	--

1000-METER RUN (Record: 2:46.04, Judy Kosgei, 2024)

Date	Meet	Athlete	Mark
--	--	--	--

MILE RUN (Record: 4:31.01, Salma Elbadra, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Jade Buridon	4:47.23

3000-METER RUN (Record: 8:41.76, Salma Elbadra, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Salma Elbadra	8:41.76
12/6/25	Sharon Colyear-Danville Opener	Abir Reffas	9:06.12
12/6/25	Sharon Colyear-Danville Opener	Abigail White	9:25.04
12/6/25	Sharon Colyear-Danville Opener	Hattie Jennings	9:49.13
12/6/25	Sharon Colyear-Danville Opener	Allie Matasich	9:52.81

5000-METER RUN (Record: 16:04.64, Anya Arroyo, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Anya Arroyo	16:04.64
12/6/25	Sharon Colyear-Danville Opener	Teresa Cherotich	16:11.14
12/6/25	Sharon Colyear-Danville Opener	Cate Conklin	16:12.44
12/6/25	Sharon Colyear-Danville Opener	Emma Torbert	16:30.69

60-METER HURDLES (Record: 8.07, Destinee Rucker, 2022)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Joslyn Hamilton	8.12 - F
12/5/25	Clemson Opener	Joslyn Hamilton	8.18 - F
12/5/25	Clemson Opener	Kyndall Harrington-Spain	8.18 - F
1/10/26	Gamecock Opener	Kyndall Harrington-Spain	8.27 - F
1/10/26	Gamecock Opener	Akala Garrett	8.28 - S
1/10/26	Gamecock Opener	Kyndall Harrington-Spain	8.28 - S
1/10/26	Gamecock Opener	Akala Garrett	8.28 - P

DISTANCE MEDLEY RELAY (Record: 10:55.41, A. White, Ford, Chelangat, Elbadra, 2025)

Date	Meet	Athletes	Mark
--	--	--	--

4X400 RELAY (Record: 3:26.05, Akins, Registre, Jamison, Ford, 2024)

Date	Meet	Athletes	Mark
1/10/26	Gamecock Opener	James, Ford	3:40.04
		Corbin, Hamilton	
1/10/26	Gamecock Opener	Harrington-Spain, Garrett	3:40.24
		Love, Chelangat	
12/5/25	Clemson Opener	Akins, Love	3:41.90
		Harrington-Spain, Childress	

POLE VAULT (Record: 4.35m | 14-3.25, Jathiyah Muhammad, 2026 & Hailey Sweatman, 2020)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Jathiyah Muhammad	4.35m 14-3.25
1/10/26	Gamecock Opener	Hannah Togami	4.05m 13-3.5
12/5/25	Clemson Opener	Hannah Togami	3.94m 12-11
1/10/26	Gamecock Opener	Bella Leonard	3.75m 12-3.5

HIGH JUMP (Record: 1.91m | 6-3.25, Jeannelle Scheper, 2013)

Date	Meet	Athlete	Mark
--	--	--	--

LONG JUMP (Record: 6.60m | 21-8, Antoinette Wilks, 2001)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Tristen Harris	6.26m 20-6.5
1/10/26	Gamecock Opener	Madison Childress	6.05m 19-10.25
1/10/26	Gamecock Opener	Maliya Kinard	5.69m 18-8
12/5/25	Clemson Opener	Madison Childress	5.33m 17-6

TRIPLE JUMP (Record: 13.47m | 44-2.50, Natasha Dicks, 2017)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Cameran Gist	13.03m 42-9

SHOT PUT (Record: 17.07m | 56-0, Crystal Brownlee, 1998)

Date	Meet	Athlete	Mark
--	--	--	--

WEIGHT THROW (Record: 21.72m | 71-3.75, Dawn Ellerbe, 1997)

Date	Meet	Athlete	Mark
--	--	--	--

PENTATHLON (Record: 4133, Chelsea Hammond, 2004)

Date	Meet	Athlete	Points
--	--	--	--

P - Preliminary Round

S - Semifinal Round

F - Final Round

H - Heptathlon Competition

UPDATED 1/12/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

ZAYA AKINS • JR • KANSAS CITY, MISSOURI

Date	Meet	Event	Finish	Time/Mark
300m (PR: 36.27)				
12/5/25	Clemson Opener	300m	2nd	36.27

ANYA ARROYO • JR • HILTON HEAD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:04.64)				
12/6/25	Sharon Colyear-Danville Opener	5000m	46th	16:04.64

EMMA ASHLEY • FR • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 10:18.15)				
1/10/26	Gamecock Opener	3000m	2nd	10:18.15

ALEXIS BROWN • SR • MABLETON, GEORGIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.18)				
12/5/25	Clemson Opener	60m - P	1st	7.21
12/5/25	Clemson Opener	60m - F	1st	7.22
200m (PR: 22.88)				
12/5/25	Clemson Opener	200m	1st	23.58
1/10/26	Gamecock Opener	200m	1st	23.23

JALEE BROWN • FR • GREENSBORO, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.51)				
1/10/26	Gamecock Opener	60m - P	5th	7.61
1/10/26	Gamecock Opener	60m - S	4th	7.51
1/10/26	Gamecock Opener	60m - F	5th	7.51
200m (PR: 24.03)				
1/10/26	Gamecock Opener	200m	2nd	24.03

JADE BURIDON • FR • SOULTZ-LES-BAINS, FRANCE

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:47.23)				
12/6/25	Sharon Colyear-Danville Opener	Mile	9th	4:47.23

TERESA CHEROTICH • JR • KENYA

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:06.16)				
12/6/25	Sharon Colyear-Danville Opener	5000m	59th	16:11.14

MADISON CHILDRESS • JR • ALPHARETTA, GEORGIA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 6.05m 19-10.25)				
12/5/5	Clemson Opener	Long Jump	13th	5.33m 17-6
1/10/26	Gamecock Opener	Long Jump	1st	6.05m 19-10.25
60m (PR: 7.45)				
1/10/26	Gamecock Opener	60m - P	2nd	7.45
1/10/26	Gamecock Opener	60m - S	3rd	7.49
1/10/26	Gamecock Opener	60m - F	3rd	7.45
200m (PR: 24.81)				
12/5/25	Clemson Opener	200m	9th	24.81
1/10/26	Gamecock Opener	200m	5th	24.82

CATE CONKLIN • SO • LEXINGTON, KENTUCKY

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:12.44)				
12/6/25	Sharon Colyear-Danville Opener	5000m	61st	16:12.44

COHREN CORBIN • FR • WALDORF, MARYLAND

Date	Meet	Event	Finish	Time/Mark
300m (PR: 38.65)				
1/10/26	Gamecock Opener	300m	3rd	38.65

HAILEY DUNCAN • JR • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.88)				
1/10/26	Gamecock Opener	60m - P	19th	7.98
200m (PR: 24.59)				
1/10/26	Gamecock Opener	200m	7th	25.04

SALMA ELBADRA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 8:41.76)				
12/6/25	Sharon Colyear-Danville Opener	3000m	1st	8:41.76

KENNEDY FLYNN • SO • POTOMAC, MARYLAND

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.44)				
12/5/25	Clemson Opener	60mH - P	7th	8.55
12/5/25	Clemson Opener	60mH - F	4th	8.48
1/10/26	Gamecock Opener	60mH - P	5th	8.44
1/10/26	Gamecock Opener	60mH - S	5th	8.50
1/10/26	Gamecock Opener	60mH - F	5th	8.51

JAMEESIA FORD • JR • FAYETTEVILLE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 35.83)				
12/5/25	Clemson Opener	300m	1st	36.25
1/10/26	Gamecock Opener	300m	1st	36.52

AKALA GARRETT • JR • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.23)				
1/10/26	Gamecock Opener	60mH - P	1st	8.28
1/10/26	Gamecock Opener	60mH - S	2nd	8.28
1/10/26	Gamecock Opener	60mH - F	4th	8.29

CAMERAN GIST • SR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Triple Jump (PR: 13.03m 42-9)				
12/5/25	Clemson Opener	Triple Jump	1st	13.03m 42-9

JOSLYN HAMILTON • SO • ROLESVILLE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.12)				
12/5/25	Clemson Opener	60mH - P	1st	8.31
12/5/25	Clemson Opener	60mH - F	1st	8.18
1/10/26	Gamecock Opener	60mH - P	3rd	8.39
1/10/26	Gamecock Opener	60mH - S	4th	8.29
1/10/26	Gamecock Opener	60mH - F	2nd	8.12
300m (PR: 38.79)				
12/5/25	Clemson Opener	300m	8th	38.79

KYNDALL HARRINGTON-SPAIN • FR • ST. LOUIS, MISSOURI

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.18)				
12/5/25	Clemson Opener	60mH - P	3rd	8.38
12/5/25	Clemson Opener	60mH - F	2nd	8.18
1/10/26	Gamecock Opener	60mH - P	4th	8.40
1/10/26	Gamecock Opener	60mH - S	3rd	8.28
1/10/26	Gamecock Opener	60mH - F	3rd	8.27

TRISTEN HARRIS • FR • JACKSON, LOUISIANA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.33)				
1/10/26	Gamecock Opener	60m - P	1st	7.38
1/10/26	Gamecock Opener	60m - S	1st	7.41
1/10/26	Gamecock Opener	60m - F	1st	7.33
200m (PR: 23.78)				
12/5/25	Clemson Opener	200m	2nd	23.78
Long Jump (PR: 6.26m 20-6.5)				
12/5/25	Clemson Opener	Long Jump	1st	6.26m 20-6.5

MARY FRANCES ISEMAN • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:44.20)				
12/6/25	Sharon Colyear-Danville Opener	3000m	--	DNF

CYNTERIA JAMES • JR • MIAMI, FLORIDA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 38.66)				
1/10/26	Gamecock Opener	300m	5th	39.52

HATTIE JENNINGS • JR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:45.91)				
12/6/25	Sharon Colyear-Danville Opener	3000m	51st	9:49.13



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

SINEAD JOYCE • SO • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
600m (PR: 1:36.84)				
1/10/26	Gamecock Opener	600m	2nd	1:36.84
3000m (PR: --)				
1/10/26	Gamecock Opener	3000m	--	DNF

MALIYA KINARD • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 5.93m 19-5.5)				
1/10/26	Gamecock Opener	Long Jump	2nd	5.69m 18-8

BELLA LEONARD • FR • RALEIGH, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 3.75m 12-3.5)				
1/10/26	Gamecock Opener	Pole Vault	3rd	3.75m 12-3.5

MAYA LOVE • FR • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 37.84)				
12/5/25	Clemson Opener	300m	4th	37.84
1/10/26	Gamecock Opener	300m	2nd	38.16

ALLIE MATASICH • FR • COLLEGEVILLE, PENNSYLVANIA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:52.81)				
12/6/25	Sharon Colyear-Danville Opener	3000m	57th	9:52.81

JATHIYAH MUHAMMAD • SO • PITTSBURG, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.35m 14-3.25)				
1/10/26	Gamecock Opener	Pole Vault	1st	4.35m 14-3.25

ABIR REFFAS • JR • ALGERIA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:06.12)				
12/6/25	Sharon Colyear-Danville Opener	3000m	3rd	9:06.12

HANNAH TOGAMI • JR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.05m 13-3.5)				
12/5/25	Clemson Opener	Pole Vault	1st	3.94m 12-11
1/10/26	Gamecock Opener	Pole Vault	2nd	4.05m 13-3.5

EMMA TORBERT • JR • ORLANDO, FLORIDA

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:30.69)				
12/6/25	Sharon Colyear-Danville Opener	5000m	99th	16:30.69

McKENZIE TRAVIS • SO • FORT MYERS, FLORIDA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.39)				
1/10/26	Gamecock Opener	60m - P	3rd	7.57
1/10/26	Gamecock Opener	60m - S	5th	7.57
1/10/26	Gamecock Opener	60m - F	4th	7.49
200m (PR: 24.08)				
1/10/26	Gamecock Opener	200m	3rd	24.08

ABIGAIL WHITE • SO • CHAPIN, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:25.04)				
12/6/25	Sharon Colyear-Danville Opener	3000m	18th	9:25.04

KYMORA-LEE WILLIAMS • FR • NASHVILLE, TENNESSEE

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.42)				
1/10/26	Gamecock Opener	60m - P	4th	7.60
1/10/26	Gamecock Opener	60m - S	2nd	7.46
1/10/26	Gamecock Opener	60m - F	2nd	7.42
300m (PR: 38.83)				
1/10/26	Gamecock Opener	300m	4th	38.83

ELLA ZEIGLER • SR • OLNEY, MARYLAND

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:56.76)				
1/10/26	Gamecock Opener	3000m	1st	10:12.18

4X400M RELAY

Date	Meet	Team	Finish	Time
12/5/25	Clemson Opener	Akins, Love Harrington-Spain, Childress	2nd	3:41.90
1/10/26	Gamecock Opener	James, Ford Corbin, Hamilton	1st	3:40.04
1/10/26	Gamecock Opener	Harrington-Spain, Garrett Love, Chelangat	2nd	3:40.24

UPDATED 1/12/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition