



CAROLINA TRACK & FIELD

2026 TOP-FIVE MARKS - MEN

60-METER DASH (Record: 6.54, Terrence Trammel, 2000)

Date	Meet	Athlete	Mark
2/13/26	Tiger Paw Invitational	Robert Stitts Jr.	6.72 - S
2/6/26	Carolina Classic	Tyson Williams	6.73 - S
2/13/26	Tiger Paw Invitational	Robert Stitts Jr.	6.74 - P
2/6/26	Carolina Classic	Tyson Williams	6.74 - F
1/23/26	Orange & Purple Invite	Lucky Daje	6.75 - S
12/5/25	Clemson Opener	Lucky Daje	6.75 - F

200-METER DASH (Record: 20.38, Rodney Martin, 2005)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Tyson Williams	20.47
2/14/26	Tiger Paw Invitational	Tyson Williams	20.51
1/30/26	Razorback Invitational	Tyson Williams	20.56
2/26/26	SEC Indoor Championship	Tyson Williams	20.73 - P
2/14/26	Tiger Paw Invitational	Robert Stitts Jr.	20.96

300-METER DASH (Record since 2010: 32.22, Tyson Williams, 2026)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Tyson Williams	32.22
12/5/25	Clemson Opener	Tyson Williams	32.32
1/10/26	Gamecock Opener	Josiah Wrice	32.36
12/5/25	Clemson Opener	Devan Crumpton	32.67
12/5/25	Clemson Opener	Josiah Wrice	32.78

400-METER RUN (Record: 45.25, Quincy Hall, 2019)

Date	Meet	Athlete	Mark
2/28/26	SEC Indoor Championship	Josiah Wrice	45.34 - F
2/13/26	Tiger Paw Invitational	Andrew Salvodon	45.44
2/13/26	Tiger Paw Invitational	Josiah Wrice	45.55
2/28/26	SEC Indoor Championship	Jasauna Dennis	45.63 - F
2/27/26	SEC Indoor Championship	Josiah Wrice	45.71 - P

600-METER RUN (Record since 2010: 1:18.77, Otis Jones, 2019)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Kaleb Burroughs	1:19.89

800-METER RUN (Record: 1:46.13, Otukile Lekote, 2001)

Date	Meet	Athlete	Mark
2/13/26	David Hemery Valentine Invitational	Edouard Lecrivain	1:47.31
1/30/26	Razorback Invitational	Edouard Lecrivain	1:48.40
2/21/26	USC Invite	Knox Eaton	1:49.18
2/21/26	USC Invite	Ricky Circelli	1:49.40
2/27/26	SEC Indoor Championship	Edouard Lecrivain	1:49.49 - P

1000-METER RUN (Record: 2:17.36, Jaouad Khchina, 2026)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Jaouad Khchina	2:17.36
1/23/26	Orange & Purple Invite	Edouard Lecrivain	2:21.67
1/23/26	Orange & Purple Invite	Kaleb Burroughs	2:23.80
12/5/25	Clemson Opener	Ricky Circelli	2:28.12
12/5/25	Clemson Opener	Carlos Lanzagorta-Ruiz	2:29.49

MILE RUN (Record: 3:50.46, Anass Essayi, 2023)

Date	Meet	Athlete	Mark
1/31/26	Razorback Invitational	Jaouad Khchina	3:53.90
2/13/26	David Hemery Valentine Invitational	Jaouad Khchina	3:57.58
2/27/26	SEC Indoor Championship	Jaouad Khchina	4:01.84 - P
2/28/26	SEC Indoor Championship	Jaouad Khchina	4:02.99 - F
1/31/26	Razorback Invitational	Edouard Lecrivain	4:03.25

3000-METER RUN (Record: 7:39.11, Anass Essayi, 2024)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Jaouad Khchina	7:51.76
1/10/26	Gamecock Opener	Sam Kolowith	8:25.54
1/23/26	Orange & Purple Invite	Sam Kolowith	8:26.24
12/5/25	Clemson Opener	Marcellus Mines	8:26.77

5000-METER RUN (Record: 13:49.20, Bradley Makuvire, 2024)

Date	Meet	Athlete	Mark
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60-METER HURDLES (Record: 7.52, Terrence Trammel, 1999)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	David Warmington	7.78 - F
1/31/26	Razorback Invitational	David Warmington	7.80 - S
1/23/26	Orange & Purple Invite	David Warmington	7.80 - S
1/23/26	Orange & Purple Invite	David Warmington	7.82 - P
2/13/26	Tiger Paw Invitational	David Warmington	7.84 - S
1/31/26	Razorback Invitational	David Warmington	7.84 - P

DISTANCE MEDLEY RELAY (Record: 9:27.14, Khchina, Crumpton, Kosgei, Amaral, 2025)

Date	Meet	Athletes	Mark
2/26/26	SEC Indoor Championship	Lecrivain, Salvodon Burroughs, Khchina	9:30.08
2/21/26	USC Invite	Khchina, Salvodon Lecrivain, Lanzagorta-Ruiz	9:36.71

4X400 RELAY (Record: 3:00.86, Wrice, Dennis, Crumpton, Salvodon, 2026)

Date	Meet	Athletes	Mark
2/14/26	Tiger Paw Invitational	Wrice, Dennis Crumpton, Salvodon	3:00.86
1/23/26	Orange & Purple Invite	Dennis, Crumpton Williams, Salvodon	3:04.15
12/5/25	Clemson Opener	Wrice, Crumpton Salvodon, Dennis	3:04.39
2/28/26	SEC Indoor Championship	Wrice, Dennis Crumpton, Salvodon	3:05.05
1/10/26	Gamecock Opener	Wrice, Williams Salvodon, Dennis	3:05.91

POLE VAULT (Record: 5.50m | 18-0.5, Marvin Reitze, 2012/Chris Steddum, 2004)

Date	Meet	Athlete	Mark
2/14/26	Tiger Paw Invitational	Khaliq Muhammad	5.35m 17-6.5
2/21/26	USC Invite	Khaliq Muhammad	5.32m 17-5.5
2/28/26	SEC Indoor Championship	Khaliq Muhammad	5.31m 17-5
1/30/26	Razorback Invitational	Khaliq Muhammad	5.30m 17-4.5
2/6/26	Carolina Classic	Khaliq Muhammad	5.25m 17-2.75

HIGH JUMP (Record: 2.20m | 7-2.5, Tye Williams, 2018)

Date	Meet	Athlete	Mark
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LONG JUMP (Record: 8.08m | 26-6.25, Tony Allmond, 2004)

Date	Meet	Athlete	Mark
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TRIPLE JUMP (Record: 16.00m | 52-6, Theo Mudzengerere, 2023)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Spencer Eison	14.81m 48-7.25
2/6/26	Carolina Classic	Spencer Eison	14.44m 47-4.5
1/23/26	Orange & Purple Invite	Spencer Eison	14.43m 47-4.25

SHOT PUT (Record: 21.33m | 69-11.75, Josh Awotunde, 2018)

Date	Meet	Athlete	Mark
2/14/26	Tiger Paw Invitational	Logan Montgomery	19.64m 64-5.25
2/7/26	Carolina Classic	Logan Montgomery	19.25m 63-2
12/5/25	Clemson Opener	Logan Montgomery	18.55m 60-10.5
2/28/26	SEC Indoor Championship	Logan Montgomery	18.48m 60-7.75
1/10/26	Gamecock Opener	Logan Montgomery	18.35m 60-2.5

WEIGHT THROW (Record: 22.40m | 73-6, Ryan Harrison, 1999)

Date	Meet	Athlete	Mark
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P - Preliminary Round

S - Semifinal Round

F - Final Round

H - Heptathlon Competition

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

NILES BRIGGMAN • FR • ALEXANDRIA, VIRGINIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.94)				
12/5/25	Clemson Opener	60m - P	12th	6.94
1/10/26	Gamecock Opener	60m - P	7th	6.97
1/10/26	Gamecock Opener	60m - S	9th	7.01
1/23/26	Orange & Purple Invite	60m - P	17th	6.97
1/23/26	Orange & Purple Invite	60m - S	--	FS
2/6/26	Carolina Classic	60m - P	29th	7.05
200m (PR: 21.40)				
12/5/25	Clemson Opener	200m	5th	21.40
1/10/26	Gamecock Opener	200m	6th	21.79
1/23/26	Orange & Purple Invite	200m	17th	21.51
2/7/26	Carolina Classic	200m	12th	21.63

KALEB BURROUGHS • FR • FLORENCE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
600m (PR: 1:19.89)				
1/10/26	Gamecock Opener	600m	1st	1:19.89
800m (PR: 1:50.93)				
1/30/26	Razorback Invitational	800m	21st	1:51.55
2/6/26	Carolina Classic	800m	3rd	1:50.93
1000m (PR: 2:23.80)				
1/23/26	Orange & Purple Invite	1000m	4th	2:23.80
Mile (PR: 4:05.28)				
12/6/25	Sharon Colyear-Danville Opener	Mile	12th	4:05.54
2/13/26	David Hemery Valentine Invitational	Mile	74th	4:05.28
2/27/26	SEC Indoor Championship	Mile - P	29th	4:12.73

ALEXANDER CHUKWUKELU • JR • FORNEY, TEXAS

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 7.85)				
12/5/25	Clemson Opener	60mH - P	3rd	7.89
12/5/25	Clemson Opener	60mH - F	2nd	7.85
1/10/26	Gamecock Opener	60mH - P	1st	7.92
1/10/26	Gamecock Opener	60mH - S	1st	7.92
1/10/26	Gamecock Opener	60mH - F	1st	7.90
200m (PR: 21.80)				
12/5/25	Clemson Opener	200m	10th	21.80

RICKY CIRCELLI • SO • PONTE VEDRA, FLORIDA

Date	Meet	Event	Finish	Time/Mark
800m (PR: 1:49.40)				
1/30/26	Razorback Invitational	800m	26th	1:53.06
2/6/26	Carolina Classic	800m	1st	1:50.65
2/21/26	USC Invite	800m	2nd	1:49.40
2/27/26	SEC Indoor Championship	800m - P	18th	1:51.54
1000m (PR: 2:28.12)				
12/5/25	Clemson Opener	1000m	1st	2:28.12
1/23/26	Orange & Purple Invite	1000m	--	DNF
Mile (PR: --)				
2/7/26	Carolina Classic	Mile	--	DNF

DEVAN CRUMPTON • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 32.67)				
12/5/25	Clemson Opener	300m	2nd	32.67
400m (PR: 46.40)				
1/23/26	Orange & Purple Invite	400m	8th	46.77
1/31/26	Razorback Invitational	400m	21st	47.21
2/21/26	USC Invite	400m	3rd	46.40
2/27/26	SEC Indoor Championship	400m - P	15th	46.43

LUCKY DAJE • FR • WARRI, NIGERIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.75)				
12/5/25	Clemson Opener	60m - P	5th	6.80
12/5/25	Clemson Opener	60m - F	4th	6.75
1/10/26	Gamecock Opener	60m - P	1st	6.86
1/10/26	Gamecock Opener	60m - S	1st	6.78
1/10/26	Gamecock Opener	60m - F	1st	6.76
1/23/26	Orange & Purple Invite	60m - P	9th	6.78
1/23/26	Orange & Purple Invite	60m - S	6th	6.75
1/23/26	Orange & Purple Invite	60m - F	--	FS
1/31/26	Razorback Invitational	60m - P	26th	6.85
2/13/26	Tiger Paw Invitational	60m - P	27th	6.83
200m (PR: 21.25)				
12/5/25	Clemson Opener	200m	4th	21.29
1/10/26	Gamecock Opener	200m	1st	21.25
1/30/26	Razorback Invitational	200m	31st	21.48
2/7/26	Carolina Classic	200m	11th	21.60
2/14/26	Tiger Paw Invitational	200m	23rd	21.27

BRANDON DENNIS • SR • AMITYVILLE, NEW YORK

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 17.44m 57-2.75)				
1/10/26	Gamecock Opener	Shot Put	2nd	16.67m 54-8.25
2/7/26	Carolina Classic	Shot Put	2nd	16.90m 55-5.5
2/13/26	Tiger Paw Invitational	Shot Put	1st	17.28m 56-8.5
2/21/26	USC Invite	Shot Put	3rd	16.45m 53-11.75
2/28/26	SEC Indoor Championship	Shot Put	15th	17.44m 57-2.75

JASAUNA DENNIS • JR • JAMAICA

Date	Meet	Event	Finish	Time/Mark
200m (PR: 21.03)				
2/7/26	Carolina Classic	200m	2nd	21.15
300m (PR: 32.93)				
12/5/25	Clemson Opener	300m	7th	33.39
1/10/26	Gamecock Opener	300m	3rd	32.93
400m (PR: 45.63)				
1/23/26	Orange & Purple Invite	400m	5th	46.47
1/31/26	Razorback Invitational	400m	12th	46.54
2/13/26	Tiger Paw Invitational	400m	16th	46.34
2/21/26	USC Invite	400m	1st	46.07
2/27/26	SEC Indoor Championship	400m - P	8th	45.83
2/28/26	SEC Indoor Championship	400m - F	6th	45.63

KNOX EATON • FR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
800m (PR: 1:49.18)				
1/23/26	Orange & Purple Invite	800m	7th	1:51.17
1/30/26	Razorback Invitational	800m	22nd	1:51.65
2/6/26	Carolina Classic	800m	2nd	1:50.85
2/21/26	USC Invite	800m	1st	1:49.18
2/27/26	SEC Indoor Championship	800m - P	20th	1:53.12
1000m (PR: 2:32.54)				
12/5/25	Clemson Opener	1000m	5th	2:32.54

SPENCER EISON • JR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Triple Jump (PR: 14.81m 48-7.25)				
1/10/26	Gamecock Opener	Triple Jump	1st	14.81m 48-7.25
1/23/26	Orange & Purple Invite	Triple Jump	8th	14.43m 47-4.25
2/6/26	Carolina Classic	Triple Jump	5th	14.44m 47-4.5

ANTWAN HUGHES JR • SO • WINSTON-SALEM, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.74)				
12/5/25	Clemson Opener	60m - P	8th	6.85
12/5/25	Clemson Opener	60m - F	8th	6.85
1/10/26	Gamecock Opener	60m - P	2nd	6.86
1/10/26	Gamecock Opener	60m - S	2nd	6.80
1/10/26	Gamecock Opener	60m - F	2nd	6.86
1/23/26	Orange & Purple Invite	60m - P	8th	6.77
2/21/26	USC Invite	60m - P	3rd	6.80
2/21/26	USC Invite	60m - S	3rd	6.80
2/21/26	USC Invite	60m - F	3rd	6.85
200m (PR: 21.71)				
12/5/25	Clemson Opener	200m	12th	21.85
1/10/26	Gamecock Opener	200m	7th	21.84

UPDATED 3/2/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

JAOUAD KHCHINA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:17.36)				
1/23/26	Orange & Purple Invite	1000m	1st	2:17.36
Mile (PR: 3:53.90)				
1/31/26	Razorback Invitational	Mile	5th	3:53.90
2/13/26	David Hemery Valentine Invitational	Mile	21st	3:57.58
2/27/26	SEC Indoor Championship	Mile - P	2nd	4:01.84
2/28/26	SEC Indoor Championship	Mile - F	3rd	4:02.99
3000m (PR: 7:51.76)				
12/6/25	Sharon Colyear-Danville Opener	3000m	2nd	7:51.76
2/28/26	SEC Indoor Championship	3000m	--	DNF

CARLOS LANZAGORTA-RUIZ • JR • LEXINGTON, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
800m (PR: 1:53.84)				
2/6/26	Carolina Classic	800m	--	DNF
1000m (PR: 2:29.12)				
12/5/25	Clemson Opener	1000m	3rd	2:29.49
Mile (PR: 4:05.87)				
1/23/26	Orange & Purple Invite	Mile	13th	4:12.27
2/7/26	Carolina Classic	Mile	2nd	4:05.87
2/13/26	David Hemery Valentine Invitational	Mile	107th	4:07.83
2/27/26	SEC Indoor Championship	Mile - P	28th	4:11.76

EDOUARD LECRIVAIN • GR • PARIS, FRANCE

Date	Meet	Event	Finish	Time/Mark
800m (PR: 1:47.31)				
1/30/26	Razorback Invitational	800m	9th	1:48.40
2/13/26	David Hemery Valentine Invitational	800m	11th	1:47.31
2/27/26	SEC Indoor Championship	800m - P	9th	1:49.49
1000m (PR: 2:21.67)				
1/23/26	Orange & Purple Invite	1000m	3rd	2:21.67
Mile (PR: 3:59.02)				
1/31/26	Razorback Invitational	Mile	26th	4:03.25

MARCELLUS MINES • SO • JOLIET, ILLINOIS

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:08.24)				
2/7/26	Carolina Classic	Mile	3rd	4:08.24
2/13/26	David Hemery Valentine Invitational	Mile	163rd	4:11.72
3000m (PR: 8:26.77)				
12/5/25	Clemson Opener	3000m	2nd	8:26.77
1/10/26	Gamecock Opener	3000m	--	DNF

LOGAN MONTGOMERY • SR • ROSSVILLE, GEORGIA

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 19.64m 64-5.25)				
12/5/25	Clemson Opener	Shot Put	1st	18.55m 60-10.5
1/10/26	Gamecock Opener	Shot Put	1st	18.35m 60-2.5
2/7/26	Carolina Classic	Shot Put	1st	19.25m 63-2
2/14/26	Tiger Paw Invitational	Shot Put	1st	19.64m 64-5.25
2/28/26	SEC Indoor Championship	Shot Put	8th	18.48m 60-7.75

KHALIQ MUHAMMAD • FR • PITTSBURG, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 5.35m 17-6.5)				
12/5/25	Clemson Opener	Pole Vault	3rd	4.95m 16-2.75
1/10/26	Gamecock Opener	Pole Vault	1st	5.10m 16-8.75
1/23/26	Orange & Purple Invite	Pole Vault	6th	5.10m 16-8.75
1/30/26	Razorback Invitational	Pole Vault	6th	5.30m 17-4.5
2/6/26	Carolina Classic	Pole Vault	1st	5.25m 17-2.75
2/14/26	Tiger Paw Invitational	Pole Vault	1st	5.35m 17-6.5
2/21/26	USC Invite	Pole Vault	1st	5.32m 17-5.5
2/28/26	SEC Indoor Championship	Pole Vault	9th	5.31m 17-5

ANDREW SALVODON • FR • VIRGINIA BEACH, VIRGINIA

Date	Meet	Event	Finish	Time/Mark
300m (PR: 33.45)				
12/5/25	Clemson Opener	300m	8th	33.46
1/10/26	Gamecock Opener	300m	4th	33.45
400m (PR: 45.44)				
1/23/26	Orange & Purple Invite	400m	4th	46.28
1/31/26	Razorback Invitational	400m	11th	46.48
2/6/26	Carolina Classic	400m	2nd	46.60
2/13/26	Tiger Paw Invitational	400m	3rd	45.44
2/27/26	SEC Indoor Championship	400m - P	16th	46.44

PARKER SAMUELSON • SR • HOUSTON, TEXAS

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.85m 15-11)				
12/5/25	Clemson Opener	Pole Vault	--	NH
1/10/26	Gamecock Opener	Pole Vault	2nd	4.80m 15-9
1/23/26	Orange & Purple Invite	Pole Vault	12th	4.65m 15-3

ROBERT STITTS JR • JR • EL CERRITO, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.72)				
1/23/26	Orange & Purple Invite	60m - P	5th	6.76
1/23/26	Orange & Purple Invite	60m - S	10th	6.80
2/6/26	Carolina Classic	60m - P	6th	6.88
2/6/26	Carolina Classic	60m - S	10th	6.80
2/13/26	Tiger Paw Invitational	60m - P	16th	6.74
2/13/26	Tiger Paw Invitational	60m - S	15th	6.72
2/27/26	SEC Indoor Championship	60m - P	29th	6.84
200m (PR: 20.96)				
1/23/26	Orange & Purple Invite	200m	10th	21.24
2/7/26	Carolina Classic	200m	6th	21.34
2/14/26	Tiger Paw Invitational	200m	12th	20.96
2/26/26	SEC Indoor Championship	200m - P	24th	21.09
300m (PR: 33.94)				
1/10/26	Gamecock Opener	300m	5th	33.94

DAVID WARMINGTON JR • SR • WASHINGTON, D.C.

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 7.78)				
12/5/25	Clemson Opener	60mH - P	5th	7.98
12/5/25	Clemson Opener	60mH - F	4th	7.95
1/10/26	Gamecock Opener	60mH - P	2nd	7.99
1/10/26	Gamecock Opener	60mH - S	2nd	7.95
1/10/26	Gamecock Opener	60mH - F	2nd	7.93
1/23/26	Orange & Purple Invite	60mH - P	4th	7.82
1/23/26	Orange & Purple Invite	60mH - S	4th	7.80
1/23/26	Orange & Purple Invite	60mH - F	2nd	7.78
1/31/26	Razorback Invitational	60mH - P	12th	7.84
1/31/26	Razorback Invitational	60mH - S	11th	7.80
2/13/26	Tiger Paw Invitational	60mH - P	20th	7.85
2/13/26	Tiger Paw Invitational	60mH - S	18th	7.84
2/21/26	USC Invite	60mH - P	5th	7.97
2/21/26	USC Invite	60mH - S	5th	7.90
2/21/26	USC Invite	60mH - F	4th	7.91
2/27/26	SEC Indoor Championship	60mH - P	14th	7.94
60m (PR: 6.94)				
2/6/26	Carolina Classic	60m - P	21st	6.97
200m (PR: 21.93)				
12/5/25	Clemson Opener	200m	16th	22.01
1/10/26	Gamecock Opener	200m	8th	21.93
1/30/26	Razorback Invitational	200m	46th	22.77
2/26/26	SEC Indoor Championship	200m - P	38th	21.93

TYSON WILLIAMS • SO • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 6.73)				
1/31/26	Razorback Invitational	60m - P	19th	6.79
1/31/26	Razorback Invitational	60m - S	17th	6.82
2/6/26	Carolina Classic	60m - P	4th	6.76
2/6/26	Carolina Classic	60m - S	4th	6.73
2/6/26	Carolina Classic	60m - F	5th	6.74
200m (PR: 20.47)				
1/23/26	Orange & Purple Invite	200m	1st	20.47
1/30/26	Razorback Invitational	200m	2nd	20.56
2/14/26	Tiger Paw Invitational	200m	1st	20.51
2/26/26	SEC Indoor Championship	200m - P	9th	20.73
300m (PR: 32.22)				
12/5/25	Clemson Opener	300m	1st	32.32
1/10/26	Gamecock Opener	300m	1st	32.22

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - MEN

JOSIAH WRICE • SO • MATTHEWS, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
200m (PR: 21.00)				
2/7/26	Carolina Classic	200m	1st	21.00
300m (PR: 32.36)				
12/5/25	Clemson Opener	300m	3rd	32.78
1/10/26	Gamecock Opener	300m	2nd	32.36
400m (PR: 45.34)				
1/23/26	Orange & Purple Invite	400m	3rd	46.05
1/31/26	Razorback Invitational	400m	7th	46.02
2/13/26	Tiger Paw Invitational	400m	5th	45.55
2/27/26	SEC Indoor Championship	400m - P	7th	45.71
2/28/26	SEC Indoor Championship	400m - F	4th	45.34

4X400M RELAY

Date	Meet	Team	Finish	Time
12/5/25	Clemson Opener	Wrice, Crumpton Salvodon, Dennis	1st	3:04.39
12/5/25	Clemson Opener	Circelli, Samuelson Lanzagorta-Ruiz, Eaton	12th	3:24.73
1/10/26	Gamecock Opener	Wrice, Williams Salvodon, Dennis	1st	3:05.91
1/10/26	Gamecock Opener	Stitts Jr., Chukwukelu Burroughs, Mines	3rd	3:28.37
1/23/26	Orange & Purple Invite	Dennis, Crumpton Williams, Salvodon	1st	3:04.15
1/23/26	Orange & Purple Invite	Daje, Briggman Eaton, Circelli	9th	3:16.24
2/7/26	Carolina Classic	Wrice, Crumpton Dennis, Salvodon	5th	3:15.42
2/14/26	Tiger Paw Invitational	Wrice, Dennis Crumpton, Salvodon	1st	3:00.86
2/28/26	SEC Indoor Championship	Wrice, Dennis Crumpton, Salvodon	5th	3:05.05

DISTANCE MEDLEY RELAY

Date	Meet	Team	Finish	Time
2/21/26	USC Invite	Khchina, Salvodon Lecrivain, Lanzagorta-Ruiz	2nd	9:36.71
2/21/26	USC Invite	Mines, Eaton Circelli, Warmington Jr.	--	DNF
2/26/26	SEC Indoor Championship	Lecrivain, Salvodon Burroughs, Khchina	1st	9:30.08



CAROLINA TRACK & FIELD

2026 TOP-FIVE MARKS - WOMEN

60-METER DASH (Record: 7.09, LaKya Brookins, 2011)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Alexis Brown	7.18 - F
1/23/26	Orange & Purple Invite	Alexis Brown	7.20 - S
2/28/26	SEC Indoor Championship	Alexis Brown	7.21 - F
12/5/25	Clemson Opener	Alexis Brown	7.21 - P
12/5/25	Clemson Opener	Alexis Brown	7.22 - F

200-METER DASH (Record: 22.34, JaMeesia Ford, 2024 & 2025)

Date	Meet	Athlete	Mark
2/26/26	SEC Indoor Championship	JaMeesia Ford	22.58 - P
2/28/26	SEC Indoor Championship	JaMeesia Ford	22.61 - F
2/14/26	Tiger Paw Invitational	JaMeesia Ford	22.61
2/26/26	SEC Indoor Championship	Alexis Brown	23.04 - P
2/14/26	Tiger Paw Invitational	Alexis Brown	23.09

300-METER DASH (Record: 35.83, JaMeesia Ford, 2023)

Date	Meet	Athlete	Mark
1/30/26	Razorback Invitational	JaMeesia Ford	36.12
12/5/25	Clemson Opener	JaMeesia Ford	36.25
12/5/25	Clemson Opener	Zaya Akins	36.27
1/10/26	Gamecock Opener	JaMeesia Ford	36.52
12/5/25	Clemson Opener	Maya Love	37.84

400-METER RUN (Record: 50.80, Natasha Hastings, 2007)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Zaya Akins	51.15
2/13/26	Tiger Paw Invitational	Zaya Akins	52.10
2/28/26	SEC Indoor Championship	Zaya Akins	52.27 - F
2/27/26	SEC Indoor Championship	Zaya Akins	52.41 - P
1/23/26	Orange & Purple Invite	Cohren Corbin	56.42

600-METER RUN (Record since 2010: 1:30.91, Sylvia Chelangat, 2024)

Date	Meet	Athlete	Mark
1/10/26	Gamecock Opener	Sinead Joyce	1:36.84

800-METER RUN (Record: 2:02.87, Judy Kosgei, 2024)

Date	Meet	Athlete	Mark
1/30/26	Razorback Invitational	Sylvia Chelangat	2:06.45
2/14/26	David Hemery Valentine Invitational	Jade Buridon	2:06.60
2/14/26	David Hemery Valentine Invitational	Sylvia Chelangat	2:07.18
2/21/26	USC Invite	Eline Mast	2:09.13
2/27/26	SEC Indoor Championship	Sylvia Chelangat	2:09.61 - P

1000-METER RUN (Record: 2:43.85, Jade Buridon, 2026)

Date	Meet	Athlete	Mark
1/23/26	Orange & Purple Invite	Jade Buridon	2:43.85
1/23/26	Orange & Purple Invite	Eline Mast	2:44.17
1/23/26	Orange & Purple Invite	Abir Reffas	2:44.60
1/23/26	Orange & Purple Invite	Sylvia Chelangat	2:48.93
1/23/26	Orange & Purple Invite	Abigail White	2:49.13

MILE RUN (Record: 4:27.54, Salma Elbadra, 2026)

Date	Meet	Athlete	Mark
2/14/26	David Hemery Valentine Invitational	Salma Elbadra	4:27.54
2/28/26	SEC Indoor Championship	Salma Elbadra	4:30.72 - F
1/31/26	Razorback Invitational	Abir Reffas	4:34.07
2/27/26	SEC Indoor Championship	Salma Elbadra	4:35.07 - P
2/14/26	David Hemery Valentine Invitational	Abir Reffas	4:36.77

3000-METER RUN (Record: 8:41.76, Salma Elbadra, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Salma Elbadra	8:41.76
12/6/25	Sharon Colyear-Danville Opener	Abir Reffas	9:06.12
2/28/26	SEC Indoor Championship	Abigail White	9:19.64
2/28/26	SEC Indoor Championship	Teresa Cherotich	9:22.91
12/6/25	Sharon Colyear-Danville Opener	Abigail White	9:25.04

5000-METER RUN (Record: 16:04.64, Anya Arroyo, 2025)

Date	Meet	Athlete	Mark
12/6/25	Sharon Colyear-Danville Opener	Anya Arroyo	16:04.64
12/6/25	Sharon Colyear-Danville Opener	Teresa Cherotich	16:11.14
2/14/26	David Hemery Valentine Invitational	Anya Arroyo	16:12.38
12/6/25	Sharon Colyear-Danville Opener	Cate Conklin	16:12.44
2/14/26	David Hemery Valentine Invitational	Teresa Cherotich	16:12.88

60-METER HURDLES (Record: 8.04, Akala Garrett, 2026)

Date	Meet	Athlete	Mark
2/28/26	SEC Indoor Championship	Akala Garrett	8.04 - F
2/27/26	SEC Indoor Championship	Joslyn Hamilton	8.06 - P
2/27/26	SEC Indoor Championship	Akala Garrett	8.06 - P
2/28/26	SEC Indoor Championship	Joslyn Hamilton	8.10 - F
1/23/26	Orange & Purple Invite	Joslyn Hamilton	8.10 - F

DISTANCE MEDLEY RELAY (Record: 10:45.64, Mast, Garrett, Chelangat, Elbadra, 2026)

Date	Meet	Athletes	Mark
2/26/26	SEC Indoor Championship	Mast, Garrett Chelangat, Elbadra	10:45.64
2/21/26	ASICS Last Chance Invitational	White, Akins Chelangat, Elbadra	10:48.42
1/30/26	Razorback Invitational	Buridon, Garrett Mast, Elbadra	10:51.52

4X400 RELAY (Record: 3:26.05, Akins, Registre, Jamison, Ford, 2024)

Date	Meet	Athletes	Mark
2/28/26	SEC Indoor Championship	Garrett, James Ford, Akins	3:26.85
1/31/26	Razorback Invitational	Akins, Love Garrett, Ford	3:27.75
1/23/26	Orange & Purple Invite	Akins, Williams Ford, Garrett	3:32.63
1/10/26	Gamecock Opener	James, Ford Corbin, Hamilton	3:40.04
1/10/26	Gamecock Opener	Harrington-Spain, Garrett Love, Chelangat	3:40.24

POLE VAULT (Record: 4.50m | 14-9, Jathiyah Muhammad, 2026)

Date	Meet	Athlete	Mark
1/30/26	Razorback Invitational	Jathiyah Muhammad	4.50m 14-9
2/26/26	SEC Indoor Championship	Jathiyah Muhammad	4.40m 14-5.25
1/10/26	Gamecock Opener	Jathiyah Muhammad	4.35m 14-3.25
2/13/26	Tiger Paw Invitational	Jathiyah Muhammad	4.32m 14-2
1/23/26	Orange & Purple Invite	Jathiyah Muhammad	4.29m 14-0.75

HIGH JUMP (Record: 1.91m | 6-3.25, Jeannelle Scheper, 2013)

Date	Meet	Athlete	Mark
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LONG JUMP (Record: 6.60m | 21-8, Antoinette Wilks, 2001)

Date	Meet	Athlete	Mark
2/26/26	SEC Indoor Championship	Tristen Harris	6.46m 21-2.5
2/7/26	Carolina Classic	Tristen Harris	6.45m 21-2
2/13/26	Tiger Paw Invitational	Tristen Harris	6.40m 21-0
1/30/26	Razorback Invitational	Tristen Harris	6.33m 20-9.25
12/5/25	Clemson Opener	Tristen Harris	6.26m 20-6.5

TRIPLE JUMP (Record: 13.47m | 44-2.50, Natasha Dicks, 2017)

Date	Meet	Athlete	Mark
12/5/25	Clemson Opener	Cameran Gist	13.03m 42-9
1/23/26	Orange & Purple Invite	Cameran Gist	12.91m 42-4.25
2/28/26	SEC Indoor Championship	Cameran Gist	12.84m 42-1.5
1/31/26	Razorback Invitational	Cameran Gist	12.80m 42-0
2/14/26	Tiger Paw Invitational	Cameran Gist	12.79m 41-11.5

SHOT PUT (Record: 17.07m | 56-0, Crystal Brownlee, 1998)

Date	Meet	Athlete	Mark
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WEIGHT THROW (Record: 21.72m | 71-3.75, Dawn Ellerbe, 1997)

Date	Meet	Athlete	Mark
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PENTATHLON (Record: 4133, Chelsea Hammond, 2004)

Date	Meet	Athlete	Points
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P - Preliminary Round

S - Semifinal Round

F - Final Round

H - Heptathlon Competition

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

ZAYA AKINS • JR • KANSAS CITY, MISSOURI

Date	Meet	Event	Finish	Time/Mark
200m (PR: 23.12)				
1/30/26	Razorback Invitational	200m	6th	23.28
2/7/26	Carolina Classic	200m	4th	23.43
300m (PR: 36.27)				
12/5/25	Clemson Opener	300m	2nd	36.27
400m (PR: 51.15)				
1/23/26	Orange & Purple Invite	400m	1st	51.15
2/13/26	Tiger Paw Invitational	400m	6th	52.10
2/27/26	SEC Indoor Championship	400m - P	8th	52.41
2/28/26	SEC Indoor Championship	400m - F	8th	52.27

ANYA ARROYO • JR • HILTON HEAD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:32.82)				
2/6/26	Carolina Classic	3000m	3rd	9:32.82
5000m (PR: 16:04.64)				
12/6/25	Sharon Colyear-Danville Opener	5000m	46th	16:04.64
2/14/26	David Hemery Valentine Invitational	5000m	31st	16:12.38
2/26/26	SEC Indoor Championship	5000m	22nd	16:38.53

EMMA ASHLEY • FR • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 10:18.15)				
1/10/26	Gamecock Opener	3000m	2nd	10:18.15

ALEXIS BROWN • SR • MABLETON, GEORGIA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.18)				
12/5/25	Clemson Opener	60m - P	1st	7.21
12/5/25	Clemson Opener	60m - F	1st	7.22
1/23/26	Orange & Purple Invite	60m - P	2nd	7.24
1/23/26	Orange & Purple Invite	60m - S	2nd	7.20
1/23/26	Orange & Purple Invite	60m - F	1st	7.18
1/31/26	Razorback Invitational	60m - P	4th	7.26
1/31/26	Razorback Invitational	60m - S	4th	7.23
2/13/26	Tiger Paw Invitational	60m - P	7th	7.28
2/13/26	Tiger Paw Invitational	60m - S	10th	7.25
2/27/26	SEC Indoor Championship	60m - P	8th	7.24
2/28/26	SEC Indoor Championship	60m - F	6th	7.21
200m (PR: 22.88)				
12/5/25	Clemson Opener	200m	1st	23.58
1/10/26	Gamecock Opener	200m	1st	23.23
1/30/26	Razorback Invitational	200m	4th	23.15
2/7/26	Carolina Classic	200m	3rd	23.41
2/14/26	Tiger Paw Invitational	200m	5th	23.09
2/26/26	SEC Indoor Championship	200m - P	12th	23.04

JALEE BROWN • FR • GREENSBORO, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.51)				
1/10/26	Gamecock Opener	60m - P	5th	7.61
1/10/26	Gamecock Opener	60m - S	4th	7.51
1/10/26	Gamecock Opener	60m - F	5th	7.51
1/23/26	Orange & Purple Invite	60m - P	28th	7.68
200m (PR: 24.03)				
1/10/26	Gamecock Opener	200m	2nd	24.03

JADE BURIDON • FR • SOULTZ-LES-BAINS, FRANCE

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:06.60)				
2/14/26	David Hemery Valentine Invitational	800m	22nd	2:06.60
1000m (PR: 2:43.85)				
1/23/26	Orange & Purple Invite	1000m	2nd	2:43.85
Mile (PR: 4:47.23)				
12/6/25	Sharon Colyear-Danville Opener	Mile	9th	4:47.23
3000m (PR: --)				
2/14/26	David Hemery Valentine Invitational	3000m	--	DNF

SYLVIA CHELANGAT • SR • KENYA

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:04.61)				
1/30/26	Razorback Invitational	800m	1st	2:06.45
2/14/26	David Hemery Valentine Invitational	800m	27th	2:07.18
2/27/26	SEC Indoor Championship	800m - P	16th	2:09.61
1000m (PR: 2:48.93)				
1/23/26	Orange & Purple Invite	1000m	5th	2:48.93

TERESA CHEROTICH • JR • KENYA

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:48.87)				
2/7/26	Carolina Classic	Mile	1st	4:48.87
3000m (PR: 9:15.16)				
2/6/26	Carolina Classic	3000m	1st	9:31.27
2/28/26	SEC Indoor Championship	3000m	26th	9:22.91
5000m (PR: 16:06.16)				
12/6/25	Sharon Colyear-Danville Opener	5000m	59th	16:11.14
2/14/26	David Hemery Valentine Invitational	5000m	35th	16:12.88
2/26/26	SEC Indoor Championship	5000m	20th	16:28.46

MADISON CHILDRESS • JR • ALPHARETTA, GEORGIA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 6.05m 19-10.25)				
12/5/5	Clemson Opener	Long Jump	13th	5.33m 17-6
1/10/26	Gamecock Opener	Long Jump	1st	6.05m 19-10.25
1/23/26	Orange & Purple Invite	Long Jump	12th	5.59m 18-4.25
2/7/26	Carolina Classic	Long Jump	--	NM
2/13/26	Tiger Paw Invitational	Long Jump	--	NM
2/21/26	USC Invite	Long Jump	3rd	5.93m 19-5.5
2/26/26	SEC Indoor Championship	Long Jump	22nd	5.68m 18-7.75
60m (PR: 7.44)				
1/10/26	Gamecock Opener	60m - P	2nd	7.45
1/10/26	Gamecock Opener	60m - S	3rd	7.49
1/10/26	Gamecock Opener	60m - F	3rd	7.45
1/23/26	Orange & Purple Invite	60m - P	16th	7.52
1/23/26	Orange & Purple Invite	60m - S	15th	7.51
2/6/26	Carolina Classic	60m - P	2nd	7.49
2/6/26	Carolina Classic	60m - S	4th	7.44
2/6/26	Carolina Classic	60m - F	6th	7.54
2/27/26	SEC Indoor Championship	60m - P	36th	7.50
200m (PR: 24.81)				
12/5/25	Clemson Opener	200m	9th	24.81
1/10/26	Gamecock Opener	200m	5th	24.82
2/7/26	Carolina Classic	200m	20th	24.82

CATE CONKLIN • SO • LEXINGTON, KENTUCKY

Date	Meet	Event	Finish	Time/Mark
5000m (PR: 16:12.44)				
12/6/25	Sharon Colyear-Danville Opener	5000m	61st	16:12.44

JASMINE COOK • FR • WASHINGTON, D.C.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 25.70)				
1/23/26	Orange & Purple Invite	200m	32nd	25.70

COHREN CORBIN • FR • WALDORF, MARYLAND

Date	Meet	Event	Finish	Time/Mark
200m (PR: 24.17)				
2/7/26	Carolina Classic	200m	11th	24.17
300m (PR: 38.65)				
1/10/26	Gamecock Opener	300m	3rd	38.65
1/30/26	Razorback Invitational	300m	--	DQ
400m (PR: 56.42)				
1/23/26	Orange & Purple Invite	400m	14th	56.42

HAILEY DUNCAN • JR • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.69)				
1/10/26	Gamecock Opener	60m - P	19th	7.98
2/21/26	USC Invite	60m - P	11th	7.86
2/21/26	USC Invite	60m - S	5th	7.75
2/21/26	USC Invite	60m - F	3rd	7.69
200m (PR: 24.38)				
1/10/26	Gamecock Opener	200m	7th	25.04
2/7/26	Carolina Classic	200m	19th	24.76
2/21/26	USC Invite	200m	5th	24.38

SALMA ELBADRA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:27.54)				
2/14/26	David Hemery Valentine Invitational	Mile	8th	4:27.54
2/27/26	SEC Indoor Championship	Mile - P	1st	4:35.07
2/28/26	SEC Indoor Championship	Mile - F	1st	4:30.72
3000m (PR: 8:41.76)				
12/6/25	Sharon Colyear-Danville Opener	3000m	1st	8:41.76

UPDATED 3/2/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

KENNEDY FLYNN • SO • POTOMAC, MARYLAND

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.44)				
12/5/25	Clemson Opener	60mH - P	7th	8.55
12/5/25	Clemson Opener	60mH - F	4th	8.48
1/10/26	Gamecock Opener	60mH - P	5th	8.44
1/10/26	Gamecock Opener	60mH - S	5th	8.50
1/10/26	Gamecock Opener	60mH - F	5th	8.51
1/23/26	Orange & Purple Invite	60mH - P	11th	8.45
1/23/26	Orange & Purple Invite	60mH - S	15th	8.55
2/6/26	Carolina Classic	60mH - P	4th	8.49
2/6/26	Carolina Classic	60mH - S	5th	8.50
2/6/26	Carolina Classic	60mH - F	6th	8.52
200m (PR: 25.07)				
1/23/26	Orange & Purple Invite	200m	39th	25.90
2/7/26	Carolina Classic	200m	34th	26.34

JAMEESIA FORD • JR • FAYETTEVILLE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.24)				
1/23/26	Orange & Purple Invite	60m - P	4th	7.33
1/23/26	Orange & Purple Invite	60m - S	3rd	7.30
1/23/26	Orange & Purple Invite	60m - F	3rd	7.29
2/6/26	Carolina Classic	60m - S	1st	7.36
2/6/26	Carolina Classic	60m - F	2nd	7.36
2/27/26	SEC Indoor Championship	60m - P	7th	7.24
200m (PR: 22.34)				
2/14/26	Tiger Paw Invitational	200m	2nd	22.61
2/26/26	SEC Indoor Championship	200m - P	2nd	22.58
2/28/26	SEC Indoor Championship	200m - F	2nd	22.61
300m (PR: 35.83)				
12/5/25	Clemson Opener	300m	1st	36.25
1/10/26	Gamecock Opener	300m	1st	36.52
1/30/26	Razorback Invitational	300m	1st	36.12

AKALA GARRETT • JR • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.04)				
1/10/26	Gamecock Opener	60mH - P	1st	8.28
1/10/26	Gamecock Opener	60mH - S	2nd	8.28
1/10/26	Gamecock Opener	60mH - F	4th	8.29
1/23/26	Orange & Purple Invite	60mH - P	9th	8.39
1/23/26	Orange & Purple Invite	60mH - S	8th	8.32
1/23/26	Orange & Purple Invite	60mH - F	3rd	8.14
1/31/26	Razorback Invitational	60mH - P	5th	8.11
1/31/26	Razorback Invitational	60mH - S	6th	8.13
1/31/26	Razorback Invitational	60mH - F	6th	8.17
2/21/26	USC Invite	60mH - P	3rd	8.22
2/21/26	USC Invite	60mH - S	2nd	8.14
2/21/26	USC Invite	60mH - F	2nd	8.11
2/27/26	SEC Indoor Championship	60mH - P	7th	8.06
2/28/26	SEC Indoor Championship	60mH - F	4th	8.04

CAMERAN GIST • SR • SPARTANBURG, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Triple Jump (PR: 13.03m 42-9)				
12/5/25	Clemson Opener	Triple Jump	1st	13.03m 42-9
1/23/26	Orange & Purple Invite	Triple Jump	2nd	12.91m 42-4.25
1/31/26	Razorback Invitational	Triple Jump	12th	12.80m 42-0
2/14/26	Tiger Paw Invitational	Triple Jump	8th	12.79m 41-11.5
2/28/26	SEC Indoor Championship	Triple Jump	11th	12.84m 42-1.5

JOSLYN HAMILTON • SO • ROLESVILLE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.06)				
12/5/25	Clemson Opener	60mH - P	1st	8.31
12/5/25	Clemson Opener	60mH - F	1st	8.18
1/10/26	Gamecock Opener	60mH - P	3rd	8.39
1/10/26	Gamecock Opener	60mH - S	4th	8.29
1/10/26	Gamecock Opener	60mH - F	2nd	8.12
1/23/26	Orange & Purple Invite	60mH - P	1st	8.17
1/23/26	Orange & Purple Invite	60mH - S	3rd	8.11
1/23/26	Orange & Purple Invite	60mH - F	1st	8.10
1/31/26	Razorback Invitational	60mH - P	11th	8.20
1/31/26	Razorback Invitational	60mH - S	8th	8.15
2/21/26	USC Invite	60mH - P	4th	8.24
2/21/26	USC Invite	60mH - S	--	FS
2/27/26	SEC Indoor Championship	60mH - P	6th	8.06
2/28/26	SEC Indoor Championship	60mH - F	8th	8.10
200m (PR: 23.65)				
2/26/26	SEC Indoor Championship	200m - P	30th	23.65
300m (PR: 38.79)				
12/5/25	Clemson Opener	300m	8th	38.79

KYNDALL HARRINGTON-SPAIN • FR • ST. LOUIS, MISSOURI

Date	Meet	Event	Finish	Time/Mark
60m Hurdles (PR: 8.11)				
12/5/25	Clemson Opener	60mH - P	3rd	8.38
12/5/25	Clemson Opener	60mH - F	2nd	8.18
1/10/26	Gamecock Opener	60mH - P	4th	8.40
1/10/26	Gamecock Opener	60mH - S	3rd	8.28
1/10/26	Gamecock Opener	60mH - F	3rd	8.27
1/23/26	Orange & Purple Invite	60mH - P	6th	8.27
1/23/26	Orange & Purple Invite	60mH - S	4th	8.18
1/23/26	Orange & Purple Invite	60mH - F	2nd	8.11
1/31/26	Razorback Invitational	60mH - P	22nd	8.37
1/31/26	Razorback Invitational	60mH - S	24th	8.48
2/6/26	Carolina Classic	60mH - P	2nd	8.26
2/6/26	Carolina Classic	60mH - S	2nd	8.17
2/6/26	Carolina Classic	60mH - F	2nd	8.17
2/13/26	Tiger Paw Invitational	60mH - P	8th	8.19
2/13/26	Tiger Paw Invitational	60mH - S	15th	8.26
2/21/26	USC Invite	60mH - P	6th	8.48
2/21/26	USC Invite	60mH - S	5th	8.47
2/21/26	USC Invite	60mH - F	5th	8.35
2/27/26	SEC Indoor Championship	60mH - P	12th	8.14
200m (PR: 24.26)				
1/30/26	Razorback Invitational	200m	42nd	24.36
2/26/26	SEC Indoor Championship	200m - P	41st	24.26

TRISTEN HARRIS • FR • JACKSON, LOUISIANA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.29)				
1/10/26	Gamecock Opener	60m - P	1st	7.38
1/10/26	Gamecock Opener	60m - S	1st	7.41
1/10/26	Gamecock Opener	60m - F	1st	7.33
1/23/26	Orange & Purple Invite	60m - P	8th	7.39
2/6/26	Carolina Classic	60m - P	1st	7.40
2/6/26	Carolina Classic	60m - S	2nd	7.39
2/6/26	Carolina Classic	60m - F	1st	7.29
2/27/26	SEC Indoor Championship	60m - P	20th	7.33
200m (PR: 23.78)				
12/5/25	Clemson Opener	200m	2nd	23.78
Long Jump (PR: 6.46m 21-2.5)				
12/5/25	Clemson Opener	Long Jump	1st	6.26m 20-6.5
1/30/26	Razorback Invitational	Long Jump	4th	6.33m 20-9.25
2/7/26	Carolina Classic	Long Jump	1st	6.45m 21-2
2/13/26	Tiger Paw Invitational	Long Jump	1st	6.40m 21-0
2/26/26	SEC Indoor Championship	Long Jump	5th	6.46m 21-2.5

MARY FRANCES ISEMAN • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 9:44.20)				
12/6/25	Sharon Colyear-Danville Opener	3000m	--	DNF

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

CYNERIA JAMES • JR • MIAMI, FLORIDA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.29)				
1/23/26	Orange & Purple Invite	60m - P	13th	7.49
1/23/26	Orange & Purple Invite	60m - S	11th	7.45
1/31/26	Razorback Invitational	60m - P	23rd	7.44
1/31/26	Razorback Invitational	60m - S	23rd	7.52
2/13/26	Tiger Paw Invitational	60m - P	22nd	7.41
2/13/26	Tiger Paw Invitational	60m - S	18th	7.36
2/27/26	SEC Indoor Championship	60m - P	16th	7.29
200m (PR: 23.14)				
1/23/26	Orange & Purple Invite	200m	5th	23.94
1/30/26	Razorback Invitational	200m	20th	23.79
2/7/26	Carolina Classic	200m	6th	23.65
2/14/26	Tiger Paw Invitational	200m	13th	23.46
2/26/26	SEC Indoor Championship	200m - P	15th	23.14
300m (PR: 38.66)				
1/10/26	Gamecock Opener	300m	5th	39.52

HATTIE JENNINGS • JR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:50.07)				
1/23/26	Orange & Purple Invite	Mile	12th	4:55.10
2/7/26	Carolina Classic	Mile	4th	4:54.14
3000m (PR: 9:37.68)				
12/6/25	Sharon Colyear-Danville Opener	3000m	51st	9:49.13
2/6/26	Carolina Classic	3000m	--	DNF
2/21/26	USC Invite	3000m	1st	9:37.68

SINEAD JOYCE • SO • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
600m (PR: 1:36.84)				
1/10/26	Gamecock Opener	600m	2nd	1:36.84
800m (PR: 2:12.90)				
1/23/26	Orange & Purple Invite	800m	--	DNF
3000m (PR: --)				
1/10/26	Gamecock Opener	3000m	--	DNF

MALIYA KINARD • SO • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 6.04m 19-9.75)				
1/10/26	Gamecock Opener	Long Jump	2nd	5.69m 18-8
1/23/26	Orange & Purple Invite	Long Jump	4th	6.04m 19-9.75
2/7/26	Carolina Classic	Long Jump	4th	5.87m 19-3.25
2/13/26	Tiger Paw Invitational	Long Jump	25th	5.52m 18-1.5
2/21/26	USC Invite	Long Jump	5th	5.63m 18-5.75
2/26/26	SEC Indoor Championship	Long Jump	20th	5.72m 18-9.25

BELLA LEONARD • FR • RALEIGH, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 3.75m 12-3.5)				
1/10/26	Gamecock Opener	Pole Vault	3rd	3.75m 12-3.5
1/23/26	Orange & Purple Invite	Pole Vault	--	NH
2/7/26	Carolina Classic	Pole Vault	3rd	3.68m 12-0.75
2/13/26	Tiger Paw Invitational	Pole Vault	6th	3.67m 12-0.5
2/21/26	USC Invite	Pole Vault	4th	3.75m 12-3.5

MAYA LOVE • FR • CHARLOTTE, NORTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
200m (PR: 23.44)				
1/23/26	Orange & Purple Invite	200m	2nd	23.76
1/30/26	Razorback Invitational	200m	10th	23.44
2/7/26	Carolina Classic	200m	5th	23.51
2/26/26	SEC Indoor Championship	200m - P	27th	23.60
300m (PR: 37.84)				
12/5/25	Clemson Opener	300m	4th	37.84
1/10/26	Gamecock Opener	300m	2nd	38.16

ELINE MAST • SR • PURMEREND, NETHERLANDS

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:09.13)				
2/21/26	USC Invite	800m	1st	2:09.13
1000m (PR: 2:44.17)				
1/23/26	Orange & Purple Invite	1000m	3rd	2:44.17
Mile (PR: 4:40.41)				
2/14/26	David Hemery Valentine Invitational	Mile	53rd	4:48.14
2/21/26	USC Invite	Mile	1st	4:47.08
2/27/26	SEC Indoor Championship	Mile - P	9th	4:41.20
3000m (PR: --)				
2/14/26	David Hemery Valentine Invitational	3000m	--	DNF
2/28/26	SEC Indoor Championship	3000m	--	DNF

ALLIE MATASICH • FR • COLLEGEVILLE, PENNSYLVANIA

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:55.20)				
2/7/26	Carolina Classic	Mile	5th	4:55.20
3000m (PR: 9:40.47)				
12/6/25	Sharon Colyear-Danville Opener	3000m	57th	9:52.81
1/23/26	Orange & Purple Invite	3000m	4th	9:53.12
2/6/26	Carolina Classic	3000m	--	DNF
2/21/26	USC Invite	3000m	2nd	9:40.47

JATHIYAH MUHAMMAD • SO • PITTSBURG, CALIFORNIA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.50m 14-9)				
1/10/26	Gamecock Opener	Pole Vault	1st	4.35m 14-3.25
1/23/26	Orange & Purple Invite	Pole Vault	1st	4.29m 14-0.75
1/30/26	Razorback Invitational	Pole Vault	1st	4.50m 14-9
2/7/26	Carolina Classic	Pole Vault	2nd	4.28m 14-0.5
2/13/26	Tiger Paw Invitational	Pole Vault	3rd	4.32m 14-2
2/21/26	USC Invite	Pole Vault	1st	4.00m 13-1.5
2/26/26	SEC Indoor Championship	Pole Vault	1st	4.40m 14-5.25

ABIR REFFAS • JR • ALGERIA

Date	Meet	Event	Finish	Time/Mark
1000m (PR: 2:44.60)				
1/23/26	Orange & Purple Invite	1000m	4th	2:44.60
Mile (PR: 4:34.07)				
1/31/26	Razorback Invitational	Mile	4th	4:34.07
2/14/26	David Hemery Valentine Invitational	Mile	25th	4:36.77
3000m (PR: 9:06.12)				
12/6/25	Sharon Colyear-Danville Opener	3000m	3rd	9:06.12

HANNAH TOGAMI • JR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
Pole Vault (PR: 4.05m 13-3.5)				
12/5/25	Clemson Opener	Pole Vault	1st	3.94m 12-11
1/10/26	Gamecock Opener	Pole Vault	2nd	4.05m 13-3.5

EMMA TORBERT • JR • ORLANDO, FLORIDA

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:50.23)				
2/21/26	USC Invite	Mile	2nd	4:51.89
3000m (PR: 9:31.27)				
2/6/26	Carolina Classic	3000m	2nd	9:31.79
2/14/26	David Hemery Valentine Invitational	3000m	69th	9:33.24
2/21/26	USC Invite	3000m	--	DNF
2/28/26	SEC Indoor Championship	3000m	33rd	9:39.02
5000m (PR: 16:30.69)				
12/6/25	Sharon Colyear-Danville Opener	5000m	99th	16:30.69
2/26/26	SEC Indoor Championship	5000m	27th	17:11.84

UPDATED 3/2/26

* Denotes mark set at previous school | ^ Denotes mark set in international competition



CAROLINA TRACK & FIELD

2026 INDOOR PROGRESSIONS - WOMEN

McKENZIE TRAVIS • SO • FORT MYERS, FLORIDA

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.33)				
1/10/26	Gamecock Opener	60m - P	3rd	7.57
1/10/26	Gamecock Opener	60m - S	5th	7.57
1/10/26	Gamecock Opener	60m - F	4th	7.49
1/23/26	Orange & Purple Invite	60m - P	9th	7.42
1/23/26	Orange & Purple Invite	60m - S	6th	7.33
1/23/26	Orange & Purple Invite	60m - F	4th	7.34
1/31/26	Razorback Invitational	60m - P	19th	7.42
1/31/26	Razorback Invitational	60m - S	16th	7.37
2/13/26	Tiger Paw Invitational	60m - P	17th	7.37
2/13/26	Tiger Paw Invitational	60m - S	21st	7.40
2/27/26	SEC Indoor Championship	60m - P	29th	7.41
200m (PR: 23.61)				
1/10/26	Gamecock Opener	200m	3rd	24.08
1/30/26	Razorback Invitational	200m	23rd	23.80
2/14/26	Tiger Paw Invitational	200m	24th	23.71
2/26/26	SEC Indoor Championship	200m - P	28th	23.61

ABIGAIL WHITE • SO • CHAPIN, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
800m (PR: --)				
2/14/26	David Hemery Valentine Invitational	800m	--	DNF
1000m (PR: 2:49.13)				
1/23/26	Orange & Purple Invite	1000m	6th	2:49.13
Mile (PR: 4:42.88)				
1/31/26	Razorback Invitational	Mile	26th	4:53.28
2/14/26	David Hemery Valentine Invitational	Mile	7th	4:43.15
2/27/26	SEC Indoor Championship	Mile - P	14th	4:42.88
3000m (PR: 9:19.64)				
12/6/25	Sharon Colyear-Danville Opener	3000m	18th	9:25.04
2/28/26	SEC Indoor Championship	3000m	22nd	9:19.64

KYMORA-LEE WILLIAMS • FR • NASHVILLE, TENNESSEE

Date	Meet	Event	Finish	Time/Mark
60m (PR: 7.42)				
1/10/26	Gamecock Opener	60m - P	4th	7.60
1/10/26	Gamecock Opener	60m - S	2nd	7.46
1/10/26	Gamecock Opener	60m - F	2nd	7.42
1/31/26	Razorback Invitational	60m - P	33rd	7.51
2/6/26	Carolina Classic	60m - P	4th	7.54
2/6/26	Carolina Classic	60m - S	3rd	7.43
2/6/26	Carolina Classic	60m - F	4th	7.45
2/13/26	Tiger Paw Invitational	60m - P	27th	7.45
2/27/26	SEC Indoor Championship	60m - P	34th	7.48
200m (PR: 23.80)				
1/23/26	Orange & Purple Invite	200m	4th	23.87
1/30/26	Razorback Invitational	200m	34th	23.97
2/7/26	Carolina Classic	200m	8th	24.07
2/26/26	SEC Indoor Championship	200m - P	33rd	23.80
300m (PR: 38.83)				
1/10/26	Gamecock Opener	300m	4th	38.83

ELLA ZEIGLER • SR • OLNEY, MARYLAND

Date	Meet	Event	Finish	Time/Mark
Mile (PR: 4:55.13)				
2/7/26	Carolina Classic	Mile	--	DNF
3000m (PR: 9:54.80)				
1/10/26	Gamecock Opener	3000m	1st	10:12.18
2/6/26	Carolina Classic	3000m	6th	9:54.80
2/21/26	USC Invite	3000m	3rd	9:58.33

4X400M RELAY

Date	Meet	Team	Finish	Time
12/5/25	Clemson Opener	Akins, Love Harrington-Spain, Childress	2nd	3:41.90
1/10/26	Gamecock Opener	James, Ford Corbin, Hamilton	1st	3:40.04
1/10/26	Gamecock Opener	Harrington-Spain, Garrett Love, Chelangat	2nd	3:40.24
1/23/26	Orange & Purple Invite	Akins, Williams Ford, Garrett	1st	3:32.63
1/23/26	Orange & Purple Invite	Hamilton, Love Harrington-Spain, James	4th	3:41.31
1/23/26	Orange & Purple Invite	Corbin, Mast Chelangat, Buridon	5th	3:44.31
1/31/26	Razorback Invitational	Akins, Love Garrett, Ford	3rd	3:27.75
1/31/26	Razorback Invitational	Hamilton, Harrington-Spain Chelangat, James	13th	3:40.35
2/7/26	Carolina Classic	Harrington-Spain, Travis Williams, Corbin	3rd	3:42.58
2/28/26	SEC Indoor Championship	Garrett, James Ford, Akins	2nd	3:26.85

DISTANCE MEDLEY RELAY

Date	Meet	Team	Finish	Time
1/30/26	Razorback Invitational	Buridon, Garrett Mast, Elbadra	3rd	10:51.52
2/21/26	ASICS Last Chance Invite	White, Akins Chelangat, Elbadra	3rd	10:48.42
2/26/26	SEC Indoor Championship	Mast, Garrett Chelangat, Elbadra	1st	10:45.64

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