



CAROLINA CROSS COUNTRY

2026 SEASON SCHEDULE/RESULTS

Date	Meet	Location	Finish	Points	Top Finisher
9/4	Eye Opener	Spartanburg, S.C.	1st	26	Teresa Cherotich (3rd)



CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Eye Opener Top 5 Teams

Team	Points	Scoring Order	Total
South Carolina	26	3-4-5-6-8 (11) (12)	1:28:07
Clemson	52	1-2-7-13-29 (39)	1:29:00
Liberty	90	9-18-19-20-24 (26) (27)	1:34:21
East Tennessee State	114	15-17-23-26-31 (35) (36)	1:35:57
Longwood	135	10-22-32-34-37 (38) (41)	1:36:21

Eye Opener Gamecock Finishers

Name	Time	Place	Score
Teresa Cherotich	17:04.2	3rd	3
Abigail White	17:40.4	4th	4
Anya Arroyo	17:43.3	5th	5
Emma Torbert	17:44.2	6th	6
Ella Nighbor	17:54.5	8th	8
Siobhan Joyce	18:02.1	11th	(11)
Ella Demmerle	18:24.6	12th	(12)
Allie Matasich	18:27.1	13th	--
Mary Frances Iseman	19:08.4	22nd	--
Hattie Jennings	19:17.0	25th	--
Emma Ashley	19:26.9	33rd	--



CAROLINA CROSS COUNTRY

2026 TOP 10 PERFORMANCES

5,000 Meters

Name	Time	Meet
Teresa Cherotich	17:04.2	Eye Opener
Abigail White	17:40.4	Eye Opener
Anya Arroyo	17:43.3	Eye Opener
Emma Torbert	17:44.2	Eye Opener
Ella Nighbor	17:54.5	Eye Opener
Siobhan Joyce	18:02.1	Eye Opener
Ella Demmerle	18:24.6	Eye Opener
Allie Matasich	18:27.1	Eye Opener
Mary Frances Iseman	19:08.4	Eye Opener
Hattie Jennings	19:17.0	Eye Opener



CAROLINA CROSS COUNTRY

2026 PROGRESSIONS

ANYA ARROYO • SR • HILTON HEAD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:14.3)				
9/4	Eye Opener	5K	5th	17:43.3

EMMA ASHLEY • SO • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 19:26.9)				
9/4	Eye Opener	5K	33rd	19:26.9

TERESA CHEROTICH • JR • KENYA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:17.8)				
9/4	Eye Opener	5K	3rd	17:04.2

ELLA DEMMERLE • FR • FORT MILL, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 18:24.6)				
9/4	Eye Opener	5K	12th	18:24.6

MARY FRANCES ISEMAN • JR • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:00.2)				
9/4	Eye Opener	5K	22nd	19:08.4

HATTIE JENNINGS • SR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:28.0)				
9/4	Eye Opener	5K	25th	19:17.0

SIOBHAN JOYCE • JR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 18:02.1)				
9/4	Eye Opener	5K	11th	18:02.1

ALLIE MATASICH • SO • COLLEGEVILLE, PENNSYLVANIA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:35.8)				
9/4	Eye Opener	5K	13th	18:27.1

ELLA NIGHBOR • FR • CLOVER, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:54.5)				
9/4	Eye Opener	5K	8th	17:54.5

EMMA TORBERT • SR • ORLANDO, FLORIDA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:12.1)				
9/4	Eye Opener	5K	6th	17:44.2

ABIGAIL WHITE • JR • CHAPIN, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:59.6)				
9/4	Eye Opener	5K	4th	17:40.4

UPDATED 9/4/26