



CAROLINA CROSS COUNTRY

2026 SEASON SCHEDULE/RESULTS

Date	Meet	Location	Finish	Points	Top Finisher
9/4	Eye Opener	Spartanburg, S.C.	1st	26	Teresa Cherotich (3rd)
9/18	Adidas XC Challenge	Cary, N.C.	2nd	40	Louise Bailly (2nd)
10/2	Joe Plane Invite	Notre Dame, Ind.	3rd	102	Louise Bailly (9th)



CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Eye Opener Top 5 Teams

Team	Points	Scoring Order	Total
#16 South Carolina	26	3-4-5-6-8 (11) (12)	1:28:07
Clemson	52	1-2-7-13-29 (39)	1:29:00
Liberty	90	9-18-19-20-24 (26) (27)	1:34:21
East Tennessee State	114	15-17-23-26-31 (35) (36)	1:35:57
Longwood	135	10-22-32-34-37 (38) (41)	1:36:21

Eye Opener Gamecock Finishers

Name	Time	Place	Score
Teresa Cherotich	17:04.2	3rd	3
Abigail White	17:40.4	4th	4
Anya Arroyo	17:43.3	5th	5
Emma Torbert	17:44.2	6th	6
Ella Nighbor	17:54.5	8th	8
Siobhan Joyce	18:02.1	11th	(11)
Ella Demmerle	18:24.6	12th	(12)
Allie Matasich	18:27.1	13th	--
Mary Frances Iseman	19:08.4	22nd	--
Hattie Jennings	19:17.0	25th	--
Emma Ashley	19:26.9	33rd	--



CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Adidas XC Challenge Top 5 Teams

Team	Points	Scoring Order	Total
#1 NC State	21	1-3-4-6-7 (9) (14)	1:23:46
#16 South Carolina	40	2-5-10-11-12 (13) (16)	1:24:43
Liberty	124	19-21-25-26-33 (34) (47)	1:30:28
Richmond	143	20-27-28-29-39 (41) (44)	1:31:22
High Point	149	8-15-32-45-49 (59) (66)	1:30:36

Adidas XC Challenge Gamecock Finishers

Name	Time	Place	Score
Louise Bailly	16:35.5	2nd	2
Teresa Cherotich	16:48.1	5th	5
Abir Reffas	17:03.5	11th	10
Anya Arroyo	17:07.6	12th	11
Emma Torbert	17:08.4	13th	12
Abigail White	17:09.3	14th	(13)
Ella Nighbor	17:19.5	18th	(16)
Allie Matasich	17:36.7	26th	--
Ella Demmerle	17:46.6	30th	--
Siobhan Joyce	17:52.3	31st	--
Mary Frances Iseman	18:25.2	45th	--



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2026 MEET RESULTS

Joe Piane Invite Top 5 Teams

Team	Points	Scoring Order	Total
#1 NC State	39	1-7-8-10-13 (18) (22)	1:19:45
#7 Notre Dame	84	11-12-17-21-23 (28) (29)	1:21:43
#12 South Carolina	102	9-16-20-27-30 (34) (39)	1:22:20
Clemson	143	3-4-6-36-94 (127) (138)	1:22:27
Indiana	159	2-24-32-46-55 (62) (80)	1:23:31

Joe Piane Invite Gamecock Finishers (Blue Race)

Name	Time	Place	Score
Louise Bailly	16:03.5	9th	9
Salma Elbadra	16:22.9	16th	16
Teresa Cherotich	16:26.1	20th	20
Abir Reffas	16:41.4	27th	27
Anyar Arroyo	16:47.0	30th	30
Abigail White	16:54.2	35th	(34)
Emma Torbert	17:03.3	42nd	(39)
Ella Nighbor	17:03.5	43rd	--
Allie Matasich	17:05.7	45th	--
Jade Buridon	17:17.6	64th	--

Joe Piane Invite Gamecock Finishers (Open Race)

Name	Time	Place	Score
Siobhan Joyce	17:29.0	8th	n/a
Mary Frances Iseman	17:37.4	10th	n/a
Ella Demmerle	18:04.9	15th	n/a



CAROLINA CROSS COUNTRY

2026 TOP 10 PERFORMANCES

5,000 Meters

Name	Time	Meet
Louise Bailly	16:03.5	Joe Piane Invite
Salma Elbadra	16:22.9	Joe Piane Invite
Teresa Cherotich	16:26.1	Joe Piane Invite
Louise Bailly	16:35.5	Adidas XC Challenge
Abir Reffas	16:41.4	Joe Piane Invite
Anyar Arroyo	16:47.0	Joe Piane Invite
Teresa Cherotich	16:48.1	Adidas XC Challenge
Abigail White	16:54.2	Joe Piane Invite
Emma Torbert	17:03.3	Joe Piane Invite
Ella Nighbor	17:03.5	Joe Piane Invite
Abir Reffas	17:03.5	Adidas XC Challenge



CAROLINA CROSS COUNTRY

2026 PROGRESSIONS

ANYA ARROYO • SR • HILTON HEAD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:14.3)				
9/4	Eye Opener	5K	5th	17:43.3
9/18	Adidas XC Challenge	5K	12th	17:07.6
10/2	Joe Plane Invite	5K	30th	16:47.0

EMMA ASHLEY • SO • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 19:26.9)				
9/4	Eye Opener	5K	33rd	19:26.9

LOUISE BAILLY • FR • TROYES, FRANCE

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:03.5)				
9/18	Adidas XC Challenge	5K	2nd	16:35.5
10/2	Joe Plane Invite	5K	9th	16:03.5

JADE BURIDON • SO • SOULTZ-LES-BAINS, FRANCE

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:41.4)				
10/2	Joe Plane Invite	5K	64th	17:17.6

TERESA CHEROTICH • JR • KENYA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:17.8)				
9/4	Eye Opener	5K	3rd	17:04.2
9/18	Adidas XC Challenge	5K	5th	16:48.1
10/2	Joe Plane Invite	5K	20th	16:26.1

ELLA DEMMERLE • FR • FORT MILL, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:46.6)				
9/4	Eye Opener	5K	12th	18:24.6
9/18	Adidas XC Challenge	5K	30th	17:46.6
10/2	Joe Plane Invite (Open)	5K	15th	18:04.9

MARY FRANCES ISEMAN • JR • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:00.2)				
9/4	Eye Opener	5K	22nd	19:08.4
9/18	Adidas XC Challenge	5K	45th	18:25.2
10/2	Joe Plane Invite (Open)	5K	10th	17:37.4

HATTIE JENNINGS • SR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:28.0)				
9/4	Eye Opener	5K	25th	19:17.0

SIOBHAN JOYCE • JR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:29.0)				
9/4	Eye Opener	5K	11th	18:02.1
9/18	Adidas XC Challenge	5K	31st	17:52.3
10/2	Joe Plane Invite (Open)	5K	8th	17:29.0

ALLIE MATASICH • SO • COLLEGEVILLE, PENNSYLVANIA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:05.7)				
9/4	Eye Opener	5K	13th	18:27.1
9/18	Adidas XC Challenge	5K	26th	17:36.7
10/2	Joe Plane Invite	5K	45th	17:05.7

ELLA NIGHBOR • FR • CLOVER, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:03.5)				
9/4	Eye Opener	5K	8th	17:54.5
9/18	Adidas XC Challenge	5K	18th	17:19.5
10/2	Joe Plane Invite	5K	43rd	17:03.5

ABIR REFFAS • SR • ALGERIA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:09.8)				
9/18	Adidas XC Challenge	5K	11th	17:03.5
10/2	Joe Plane Invite	5K	27th	16:41.4

EMMA TORBERT • SR • ORLANDO, FLORIDA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:03.3)				
9/4	Eye Opener	5K	6th	17:44.2
9/18	Adidas XC Challenge	5K	13th	17:08.4
10/2	Joe Plane Invite	5K	42nd	17:03.3

ABIGAIL WHITE • JR • CHAPIN, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:54.2)				
9/4	Eye Opener	5K	4th	17:40.4
9/18	Adidas XC Challenge	5K	14th	17:09.3
10/2	Joe Plane Invite	5K	35th	16:54.2