CAROLINA CROSS COUNTRY

2026 SEASON SCHEDULE/RESULTS

Date	Meet	Location	Finish	Points	Top Finisher
9/4	Eye Opener (5K)	Spartanburg, S.C.	1st	26	Teresa Cherotich (3rd)
9/18	Adidas XC Challenge (5K)	Cary, N.C.	2nd	40	Louise Bailly (2nd)
10/2	Joe Piane Invite (5K)	Notre Dame, Ind.	3rd	102	Louise Bailly (9th)
10/16	Crimson Classic (5.89K)	Tuscaloosa, Ala.	2nd	42	Salma Elbadra (5th)
10/30	SEC Championship (6K)	Columbia, Mo.	3rd	110	Salma Elbadra (3rd)
11/13	NCAA Southeast Regional (6K)	Spartanburg, S.C.	2nd	100	Salma Elbadra (2nd)

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CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Eye Opener Top 5 Teams

Team	Points	Scoring Order	Total
#16 South Carolina	**26**	**3-4-5-6-8 (11) (12)**	**1:28:07**
Clemson	52	1-2-7-13-29 (39)	1:29:00
Liberty	90	9-18-19-20-24 (26) (27)	1:34:21
East Tennessee State	114	15-17-23-26-31 (35) (36)	1:35:57
Longwood	135	10-22-32-34-37 (38) (41)	1:36:21

Eye Opener Gamecock Finishers (5K)

Name	Time	Place	Score
Teresa Cherotich	17:04.2	3rd	3
Abigail White	17:40.4	4th	4
Anya Arroyo	17:43.3	5th	5
Emma Torbert	17:44.2	6th	6
Ella Nighbor	17:54.5	8th	8
Siobhan Joyce	18:02.1	11th	(11)
Ella Demmerle	18:24.6	12th	(12)
Allie Matasich	18:27.1	13th	--
Mary Frances Iseman	19:08.4	22nd	--
Hattie Jennings	19:17.0	25th	--
Emma Ashley	19:26.9	33rd	--

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CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Adidas XC Challenge Top 5 Teams

Team	Points	Scoring Order	Total
#1 NC State	21	1-3-4-6-7 (9) (14)	1:23:46
#16 South Carolina	**40**	**2-5-10-11-12 (13) (16)**	**1:24:43**
Liberty	124	19-21-25-26-33 (34) (47)	1:30:28
Richmond	143	20-27-28-29-39 (41) (44)	1:31:22
High Point	149	8-15-32-45-49 (59) (66)	1:30:36

Adidas XC Challenge Gamecock Finishers (5K)

Name	Time	Place	Score
Louise Bailly	16:35.5	2nd	2
Teresa Cherotich	16:48.1	5th	5
Abir Reffas	17:03.5	11th	10
Anya Arroyo	17:07.6	12th	11
Emma Torbert	17:08.4	13th	12
Abigail White	17:09.3	14th	(13)
Ella Nighbor	17:19.5	18th	(16)
Allie Matasich	17:36.7	26th	--
Ella Demmerle	17:46.6	30th	--
Siobhan Joyce	17:52.3	31st	--
Mary Frances Iseman	18:25.2	45th	--

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CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Joe Piane Invite Top 5 Teams

Team	Points	Scoring Order	Total
#1 NC State	39	1-7-8-10-13 (18) (22)	1:19:45
#7 Notre Dame	84	11-12-17-21-23 (28) (29)	1:21:43
#12 South Carolina	**102**	**9-16-20-27-30 (34) (39)**	**1:22:20**
Clemson	143	3-4-6-36-94 (127) (138)	1:22:27
Indiana	159	2-24-32-46-55 (62) (80)	1:23:31

Joe Piane Invite Gamecock Finishers (Blue Race – 5K)

Name	Time	Place	Score
Louise Bailly	16:03.5	9th	9
Salma Elbadra	16:22.9	16th	16
Teresa Cherotich	16:26.1	20th	20
Abir Reffas	16:41.4	27th	27
Anya Arroyo	16:47.0	30th	30
Abigail White	16:54.2	35th	(34)
Emma Torbert	17:03.3	42nd	(39)
Ella Nighbor	17:03.5	43rd	--
Allie Matasich	17:05.7	45th	--
Jade Buridon	17:17.6	64th	--

Joe Piane Invite Gamecock Finishers (Open Race – 5K)

Name	Time	Place	Score
Siobhan Joyce	17:29.0	8th	n/a
Mary Frances Iseman	17:37.4	10th	n/a
Ella Demmerle	18:04.9	15th	n/a

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CAROLINA CROSS COUNTRY

2026 MEET RESULTS

Crimson Classic Top 5 Teams

Team	Points	Scoring Order	Total
#10 Alabama	17	1-2-3-4-7 (32) (38)	1:35:22
#12 South Carolina	**42**	**5-6-9-10-12 (16) (19)**	**1:38:41**
Mississippi State	132	11-15-33-36-37 (44) (74)	1:44:14
Georgia Tech	160	14-17-27-42-60 (67) (73)	1:45:13
Middle Tennessee	164	8-13-21-54-68 (72) (104)	1:44:42

Crimson Classic Gamecock Finishers (5,891m)

Name	Time	Place	Score
Salma Elbadra	19:24.2	5th	5
Louise Bailly	19:26.2	6th	6
Abir Reffas	19:48.9	9th	9
Anya Arroyo	19:52.9	10th	10
Teresa Cherotich	20:09.9	12th	12
Ella Nighbor	20:26.7	16th	(16)
Emma Torbert	20:33.6	20th	(19)
Siobhan Joyce	20:40.2	21st	--
Jade Buridon	20:56.4	28th	--
Allie Matasich	21:03.6	35th	--
Ella Demmerle	21:24.4	46th	--
Mary Frances Iseman	21:58.5	75th	--

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CAROLINA CROSS COUNTRY

2026 MEET RESULTS

SEC Championship Top 5 Teams

Team	Points	Scoring Order	Total
#9 Alabama	48	1-8-10-11-18 (39) (65)	1:35:51
#4 Florida	80	4-6-16-23-31 (36) (40)	1:37:15
#11 South Carolina	**110**	**3-19-26-27-35 (44) (45)**	**1:38:25**
#17 Missouri	138	7-17-29-33-52 (74) (86)	1:39:08
#27 Arkansas	161	2-20-42-47-50 (53) (64)	1:39:46

SEC Championship Gamecock Finishers (6K)

Name	Time	Place	Score
Salma Elbadra	18:58.0	3rd	3
Abir Reffas	19:33.9	19th	19
Anya Arroyo	19:53.0	26th	26
Teresa Cherotich	19:53.8	27th	27
Abigail White	20:07.1	35th	35
Emma Torbert	20:18.9	44th	(44)
Siobhan Joyce	20:24.1	45th	--
Louise Bailly	20:24.5	47th	--
Ella Nighbor	20:29.2	51st	--
Jade Buridon	20:33.5	52nd	--
Allie Matasich	20:44.2	67th	--

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CAROLINA CROSS COUNTRY

2026 MEET RESULTS

NCAA Southeast Regionals Top 5 Teams

Team	Points	Scoring Order	Total
#2 NC State	71	1-7-12-22-29 (33) (34)	1:37:15
#9 South Carolina	**100**	**2-14-16-32-36 (37) (59)**	**1:38:46**
#12 Clemson	105	4-6-9-20-66 (77) (201)	1:38:02
#14 Virginia Tech	137	17-19-27-34-40 (61) (78)	1:40:08
#22 Virginia	139	24-26-28-30-31 (51) (69)	1:40:21

NCAA Southeast Regional Gamecock Finishers (6K)

Name	Time	Place	Score
Salma Elbadra	18:56.7	2nd	2
Abir Reffas	19:40.5	14th	14
Louise Bailly	19:44.2	16th	16
Abigail White	20:11.4	32nd	32
Teresa Cherotich	20:14.4	36th	36
Anya Arroyo	20:16.5	37th	(37)
Emma Torbert	20:41.2	59th	(59)

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CAROLINA CROSS COUNTRY

2026 TOP 10 PERFORMANCES

5,000 Meters

Name	Time	Meet
Louise Bailly	16:03.5	Joe Piane Invite
Salma Elbadra	16:22.9	Joe Piane Invite
Teresa Cherotich	16:26.1	Joe Piane Invite
Louise Bailly	16:35.5	Adidas XC Challenge
Abir Reffas	16:41.4	Joe Piane Invite
Anya Arroyo	16:47.0	Joe Piane Invite
Teresa Cherotich	16:48.1	Adidas XC Challenge
Abigail White	16:54.2	Joe Piane Invite
Emma Torbert	17:03.3	Joe Piane Invite
Ella Nighbor	17:03.5	Joe Piane Invite
Abir Reffas	17:03.5	Adidas XC Challenge

6,000 Meters

Name	Time	Meet
Salma Elbadra	18:56.7	NCAA Southeast Regional
Abir Reffas	19:33.9	SEC Championships
Louise Bailly	19:44.2	NCAA Southeast Regional
Anya Arroyo	19:53.0	SEC Championships
Teresa Cherotich	19:53.8	SEC Championships
Abigail White	20:07.1	SEC Championships
Emma Torbert	20:18.9	SEC Championships
Siobhan Joyce	20:24.1	SEC Championships
Ella Nighbor	20:29.2	SEC Championships
Jade Buridon	20:33.5	SEC Championships

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CAROLINA CROSS COUNTRY

2026 PROGRESSIONS

ANYA ARROYO • SR • HILTON HEAD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:14.3)				
9/4	Eye Opener	5K	5th	17:43.3
9/18	Adidas XC Challenge	5K	12th	17:07.6
10/2	Joe Piane Invite	5K	30th	16:47.0
10/16	Crimson Classic	5,891m	10th	19:52.9
6K (PR: 19:53.0)				
10/30	SEC Championship	6K	26th	19:53.0
11/13	NCAA SE Regional	6K	37th	20:16.5

EMMA ASHLEY • SO • BLYTHEWOOD, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 19:26.9)				
9/4	Eye Opener	5K	33rd	19:26.9

LOUISE BAILLY • SO • TROYES, FRANCE

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:03.5)				
9/18	Adidas XC Challenge	5K	2nd	16:35.5
10/2	Joe Piane Invite	5K	9th	16:03.5
10/16	Crimson Classic	5,891m	6th	19:26.2
6K (PR: 19:44.2)				
10/30	SEC Championship	6K	47th	20:24.5
11/13	NCAA SE Regional	6K	16th	19:44.2

JADE BURIDON • JR • SOULTZ-LES-BAINS, FRANCE

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:41.4)				
10/2	Joe Piane Invite	5K	64th	17:17.6
10/16	Crimson Classic	5,891m	28th	20:56.4
6K (PR: 20:33.5)				
10/30	SEC Championship	6K	52nd	20:33.5

TERESA CHEROTICH • JR • KENYA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:17.8)				
9/4	Eye Opener	5K	3rd	17:04.2
9/18	Adidas XC Challenge	5K	5th	16:48.1
10/2	Joe Piane Invite	5K	20th	16:26.1
10/16	Crimson Classic	5,891m	12th	20:09.9
6K (PR: 19:42.8)				
10/30	SEC Championship	6K	27th	19:53.8
11/13	NCAA SE Regional	6K	36th	20:14.4

ELLA DEMMERLE • FR • FORT MILL, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:46.6)				
9/4	Eye Opener	5K	12th	18:24.6
9/18	Adidas XC Challenge	5K	30th	17:46.6
10/2	Joe Piane Invite (Open)	5K	15th	18:04.9
10/16	Crimson Classic	5,891m	46th	21:24.4

SALMA ELBADRA • JR • MOROCCO

Date	Meet	Event	Finish	Time/Mark
5K (PR: 15:57.5)				
10/16	Crimson Classic	5,891m	5th	19:24.2
6K (PR: 18:56.7)				
10/30	SEC Championship	6K	3rd	18:58.0
11/13	NCAA SE Regional	6K	2nd	18:56.7

MARY FRANCES ISEMAN • JR • COLUMBIA, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:00.2)				
9/4	Eye Opener	5K	22nd	19:08.4
9/18	Adidas XC Challenge	5K	45th	18:25.2
10/2	Joe Piane Invite (Open)	5K	10th	17:37.4
10/16	Crimson Classic	5,891m	75th	21:58.5

HATTIE JENNINGS • SR • GREENVILLE, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:28.0)				
9/4	Eye Opener	5K	25th	19:17.0

SIOBHAN JOYCE • JR • MOUNT PLEASANT, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:29.0)				
9/4	Eye Opener	5K	11th	18:02.1
9/18	Adidas XC Challenge	5K	31st	17:52.3
10/2	Joe Piane Invite (Open)	5K	8th	17:29.0
10/16	Crimson Classic	5,891m	21st	20:40.2
6K (PR: 20:24.1)				
10/30	SEC Championship	6K	45th	20:24.1

ALLIE MATASICH • SO • COLLEGEVILLE, PENNSYLVANIA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:05.7)				
9/4	Eye Opener	5K	13th	18:27.1
9/18	Adidas XC Challenge	5K	26th	17:36.7
10/2	Joe Piane Invite	5K	45th	17:05.7
10/16	Crimson Classic	5,891m	35th	21:03.6
6K (PR: 20:44.2)				
10/30	SEC Championships	6K	67th	20:44.2

ELLA NIGHBOR • FR • CLOVER, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:03.5)				
9/4	Eye Opener	5K	8th	17:54.5
9/18	Adidas XC Challenge	5K	18th	17:19.5
10/2	Joe Piane Invite	5K	43rd	17:03.5
10/16	Crimson Classic	5,891m	16th	20:26.7
6K (PR: 20:29.2)				
10/30	SEC Championship	6K	57th	20:29.2

ABIR REFFAS • 5TH • ALGERIA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:09.8)				
9/18	Adidas XC Challenge	5K	11th	17:03.5
10/2	Joe Piane Invite	5K	27th	16:41.4
10/16	Crimson Classic	5,891m	9th	19:48.9
6K (PR: 19:33.9)				
10/30	SEC Championship	6K	19th	19:33.9
11/13	NCAA SE Regional	6K	14th	19:40.5

EMMA TORBERT • SR • ORLANDO, FLORIDA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 17:03.3)				
9/4	Eye Opener	5K	6th	17:44.2
9/18	Adidas XC Challenge	5K	13th	17:08.4
10/2	Joe Piane Invite	5K	42nd	17:03.3
10/16	Crimson Classic	5,891m	20th	20:33.6
10/30	SEC Championship	6K	44th	20:18.9
11/13	NCAA SE Regional	6K	59th	20:41.2

ABIGAIL WHITE • JR • CHAPIN, SOUTH CAROLINA

Date	Meet	Event	Finish	Time/Mark
5K (PR: 16:54.2)				
9/4	Eye Opener	5K	4th	17:40.4
9/18	Adidas XC Challenge	5K	14th	17:09.3
10/2	Joe Piane Invite	5K	35th	16:54.2
5K (PR: 20:07.1)				
10/30	SEC Championship	6K	35th	20:07.1
11/13	NCAA SE Regional	6K	32nd	20:11.4

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