

# FHTS Kitchen Practical Estimated Item List

IULAN 153-FHTS-2019-03

Item#	Unit	Item
1	btl	7 up bottle
2	kg	all purpose flour
3	btl	all spices
4	g	almond flakes
5	g	almond powder
6	g	almond slices
7	g	almonds whole (with skin)
8	g	almonds whole (without skin)
9	box	aluminium foil roll big
10	tin	anchovies
11	tin	anchovy fillets in oil
12	g	apple cider vinegar
13	g	apple compote
14	pkt	Apple Juice
15	nos	Apricot fresh
16	btl	Apricot jam
17	kg	arborio rice
18	can	artichokes
19	nos	avocado
20	g	baby spinach
21	nos	baguette
22	kg	bak choy
23	box	baking paper large
24	box	baking paper small
25	btl	baking powder
26	btl	baking soda
27	ml	balsamic vinegar
28	btl	basil dried
29	g	basil fresh
30	kg	basmati long grain rice
31	kg	basmati rice
32	pkt	bay leaf
33	kg	beef
34	g	beef bacon
35	kg	Beef fillet
36	g	beef pepperoni slices
37	nos	beef sirloin steak
38	nos	beef steak
39	nos	beef steak slice
40	nos	beef tenderloin
41	g	Beetroot
42	nos	bell pepper - green
43	nos	bell pepper - orange
44	nos	bell pepper - red
45	nos	bell pepper - yellow

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Item#	Unit	Item
46	g	black berry
47	g	black caraway
48	g	black cardomom
49	g	black cumin
50	g	black current
51	nos	Black dustbin Bag
52	g	black olives
53	btl	black olives pitted
54	btl	black pepper grinded
55	pkt	black pepper ground
56	pkt	black peppercorn
57	pkt	Blackberry fresh
58	g	blue cheese
59	g	blueberries fresh
60	Nos	Brasso Metal Polish
61	g	bread crumbs
62	kg	bread flour
63	g	broccoli
64	Nos	Broom
65	g	Brown Sugar
66	Nos	Buffet Burner Gel
67	g	bulgar wheat
68	nos	burger buns
69	nos	Butchers String
70	g	butter block
71	g	butter unsalted (emborg)
72	kg	butternut squash
73	nos	cabbage
74	btl	cajun powder
75	g	cake flour
76	g	camembert
77	btl	Candol Re-fill 40M
78	can	canned corn
79	g	canned tomatoes
80	g	canned white beans
81	g	capers
82	pkt	cardamom pods
83	g	cardomom
84	btl	Cardomom Powder
85	kg	carrots
86	g	cashew nuts
87	kg	caster sugar
88	kg	cauliflower
89	btl	cayenne pepper
90	g	celery

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Item#	Unit	Item
91	nos	Celery Stick
92	box	Chandelier Candles
93	bag	Charcoal
94	btl	chardonnay vinegar
95	g	cheddar cheese
96	nos	Cheese Cloth
97	box	cheese crackers round
98	Btl	Cherries (with stem) for Garnishing
99	g	cherry tomatoes
100	kg	chicken breast
101	kg	chicken breast boneless
102	g	Chicken curry powder
103	g	chicken ham slices
104	kg	chicken leg
105	g	chicken liver
106	pkt	chicken sausages
107	btl	chicken stock cube
108	nos	chicken whole (1000 g)
109	nos	chicken whole (1200 g)
110	nos	chicken whole (1400 g)
111	g	chickpea flour
112	g	chickpeas
113	pkt	chilli flakes
114	pkt	chillie powder
115	g	chinese brocolli
116	g	chives
117	kg	chocolate - callebaut dark
118	kg	chocolate - callebaut milk
119	kg	chocolate - callebaut white
120	g	chocolate chips
121	g	cilantro / corriander leaves
122	g	cinnamon
123	btl	cinnamon powder
124	pkt	cinnamon stick
125	pkt	cloves
126	btl	cloves powder
127	nos	Cocktail Garnish Picks
128	nos	Cocktail Skewers
129	nos	Cocktail Stirer
130	btl	cocktail toothpicks
131	g	cocoa powder
132	btl	Coconut cream
133	ltr	coconut milk (liquid)
134	tin	coconut milk (powder)
135	btl	Coke - big

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Item#	Unit	Item
136	tin	condensed milk
137	pkt	Constarch
138	kg	cooking chocolate - dark
139	kg	cooking chocolate - milk
140	ltr	cooking cream
141	g	corn flour
142	box	corn starch
143	g	corn syrup
144	g	Cornmeal
145	pkt	corriander powder
146	pkt	corse ground pepper black
147	g	couscous
148	g	cream cheese
149	tin	cream of tartar
150	pkt	creme fraiche
151	kg	Cucumber fresh
152	btl	cumin powder
153	nos	cupcake liners
154	g	curry leaf
155	kg	cuttle fish
156	kg	dark brown sugar
157	tin	Dark Cherries
158	btl	dark soy sauce
159	kg	dates pitted
160	g	desicated coconut
161	g	dijon mustard
162	g	dill
163	nos	disposable chef hats
164	nos	disposable piping bags
165	nos	disposable plastic cups (transparent)
166	nos	disposable plastic cups (white)
167	nos	disposable plastic forks
168	nos	disposable plastic knives
169	nos	disposable plastic plates
170	nos	disposable plastic spoons
171	box	disposable surgical gloves (size medium)
172	nos	disposable Shot Glass
173	nos	dragon fruit
174	g	dried apricots
175	btl	dried basil
176	g	dried figs
177	g	Dried Hibiscus Flowers
178	btl	dried oregano
179	pkt	dried shrimp
180	btl	dried tarragon

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Item#	Unit	Item
181	btl	dried thyme
182	g	dry white beans
183	kg	duck breast
184	nos	Dustpan with long handle
185	nos	ear of corn (unshucked)
186	g	edam cheese
187	g	eggplant (brinjal) - large
188	g	eggplant (brinjal) - small
189	nos	eggs - brown
190	nos	eggs - white
191	g	elbow macaroni
192	btl	Elderflower Syrup
193	g	emmental cheese
194	pkt	emmental cheese slices
195	kg	English cucumber
196	btl	Fanta Orange - big
197	g	fennel
198	pkt	fennel powder
199	btl	fennel seeds
200	g	feta cheese
201	g	fettuchini
202	btl	fish sauce
203	g	flat leaf parsley
204	btl	floor clean liquid
205	kg	flour
206	btl	Food colouring - Black (Wilton)
207	btl	Food colouring - Blue (Wilton)
208	btl	Food colouring - Green (Wilton)
209	btl	Food colouring - Pink (Wilton)
210	btl	Food colouring - Purple (Wilton)
211	btl	Food colouring - Red (Wilton)
212	btl	Food colouring - Yellow (Wilton)
213	nos	Food graded hand gloves
214	g	Fresh asparagus
215	g	fresh basil
216	box	fresh black berries
217	box	fresh blueberries
218	g	fresh chervil
219	g	fresh chillie
220	g	fresh chives
221	g	fresh coriander leaf
222	g	fresh dill
223	g	Fresh fish
224	g	fresh ginger
225	pkt	fresh mint leaf

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Item#	Unit	Item
226	kg	fresh mushroom button
227	g	fresh mushrooms
228	g	fresh oregano
229	g	fresh parsley
230	nos	fresh peach
231	g	fresh raspberry
232	g	fresh rosemary
233	g	fresh strawberries
234	g	fresh tarragon
235	g	fresh thyme
236	kg	fresh tomato
237	kg	Fresh Tuna
238	nos	fresh white fish or salmon
239	g	fresh white mushrooms
240	g	fresh yellowfin tuna
241	g	frozen blueberries
242	g	frozen corn
243	g	frozen corn kernel
244	g	frozen greenpeas (emborg)
245	kg	Frozen Mangoes
246	g	frozen raspberries
247	Kg	Frozen strawberries
248	tin	Fruit Cocktail
249	ltr	Full Cream Milk (Lacnor)
250	pkt	garam masala
251	kg	garlic
252	pkt	garlic powder
253	g	gelatin powder
254	g	gelatin sheets
255	btl	gerkins
256	tin	ghee
257	Case	Ginger Beer
258	g	Ginger fresh
259	tin	ginger powder
260	g	glucose syrup
261	g	goat cheese
262	kg	Granulated sugar
263	g	grape vinegar
264	nos	Grapefruit fresh
265	pkt	Grapefruit juice
266	ltr	greek yoghurt (flavoured)
267	g	greek yoghurt (plain)
268	kg	green apples
269	kg	green beans
270	g	green cardomom powder

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Item#	Unit	Item
271	g	green chilli
272	g	green olives
273	kg	green papaya
274	tin	Grenadine
275	btl	Grenadine Syrup
276	btl	ground all spice
277	g	ground beef
278	pkt	ground black pepper
279	g	ground cardomom
280	g	ground cinnamon
281	g	ground cloves
282	g	ground coriander
283	g	ground cumin
284	g	ground fennel
285	btl	ground ginger
286	btl	ground white pepper
287	g	gruyere cheese block
288	g	hazelnuts
289	btl	honey
290	nos	Honey mango fresh
291	nos	honey melon
292	btl	hot red pepper sauce
293	kg	Ice Cubes
294	nos	iceberg lettuce
295	g	icing sugar
296	can	Instant Coffee 1kg
297	nos	jalapeno
298	g	Jumbo Prawns
299	g	juniper berries
300	g	kalamata black olives pitted
301	g	kalamata olives
302	kg	Kangkun (Morning glory)
303	pkt	Kebab Skewer
304	roll	kitchen tissue rolls
305	nos	Kiwi fresh
306	nos	labenese cucumber
307	ltr	lactofil whipping cream
308	pkt	Lady finger biscuits
309	nos	lamb chops or shank
310	g	lamb cutlets
311	g	lamb mince
312	nos	lamb rack
313	kg	lamb shoulder
314	box	large corn flakes
315	nos	large mango ripe

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Item#	Unit	Item
316	box	large muesli box
317	nos	large radish
318	nos	large red tomatoes
319	nos	large ripe bananas
320	nos	large ripe mango
321	nos	large ripe tomatoes
322	kg	lean boneless lamb shoulder
323	g	leeks
324	kg	Lemon fresh
325	nos	Lemon Juice
326	nos	lemon wedges
327	g	lemongrass
328	nos	lemongrass stalk
329	g	lettuce
330	pkt	light brown sugar
331	btl	light corn syrup
332	btl	light soy sauce
333	kg	Lime fresh
334	g	lime leaf
335	tub	liquid glucose
336	g	long beans
337	kg	long grain rice
338	g	long green beans
339	nos	Maama lime
340	g	Maldivian pine nut (kanamadhu)
341	g	mange tout
342	kg	Mango
343	btl	mango chutney
344	pkt	Mango Juice
345	kg	Mango Puree
346	btl	Maple Syrup
347	btl	Maraschino Cherry (Red/w stem) 500g
348	kg	Mascorpane cheese
349	btl	mayonnaise - big
350	btl	mayonnaise - medium
351	nos	medium red tomatoes
352	nos	medium whole white fish
353	box	micro herbs
354	ltr	milk
355	ltr	milk full cream (lacnor)
356	g	milk powder
357	g	milk powder (anchor)
358	g	minced lamb
359	g	mint leaves fresh
360	g	mix lettuce



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Item#	Unit	Item
361	g	mix salad greens
362	btl	Mixed Herbs
363	pkt	mixed salad leaf
364	btl	Mojito syrup
365	nos	Mop (whole with head & handle)
366	nos	Mop bucket
367	nos	Mop handle only (screwable to a head)
368	nos	Mop head only (screwable to a handle)
369	g	mozerella cheese
370	g	mushroom
371	tin	mushroom (button)
372	g	mushroom fresh
373	g	mutton
374	pkt	mutton masala
375	nos	Nectarine fresh
376	tin	Non-fat milk powder
377	pkt	nori sheet
378	btl	nutmeg
379	btl	nutmeg powder
380	tin	Oat
381	ltr	olive oil
382	kg	onion
383	pkt	onion powder
384	nos	orange fresh
385	pkt	Orange Juice (lacnor)
386	kg	Orange wedges fresh
387	btl	oyster sauce
388	g	palm sugar
389	g	pandan leaf
390	nos	Paper Doily (Round, White 3.5 inches)
391	btl	paprika powder
392	box	parchment paper roll big
393	g	parmesan cheese
394	g	parmesan cheese block
395	g	parsley
396	g	parsley fresh
397	g	parsley stems
398	nos	parsnips
399	nos	Passion Fruit fresh, ripe
400	pkt	Passion Fruit Juice
401	pkt	Passion Fruit syrup
402	btl	pasta sauce
403	kg	pastry flour
404	nos	Peach fresh
405	g	peanut butter crunchy

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Item#	Unit	Item
406	btl	peanut butter smooth
407	ml	peanut oil
408	g	peanuts
409	g	peanuts toasted
410	g	pecans
411	tin	Peel Tomato
412	g	pepper
413	pkt	pepper corn
414	g	pepper powder
415	btl	Perrier 500 ml
416	nos	Philipines Banana
417	btl	pickled ginger
418	g	pine nuts
419	nos	Pineapple fresh
420	btl	pineapple juice
421	ltr	Pineapple puree
422	can	pineapple rings canned
423	g	pistachio (with shells)
424	g	pistachio (without shells)
425	g	pitted black olives
426	nos	plain cupcake liners
427	kg	plain flour
428	ltr	Plain Greek Yoghurt
429	g	plain yoghurt
430	box	plastic (cling) wrap big
431	nos	Plum fresh
432	nos	pommegranate
433	pkt	poppodom
434	g	poppy seed
435	nos	portabello mushroom
436	nos	Portion Jam
437	nos	Portion Sugar
438	kg	potato
439	Case	Potion Butter (Unsalted) - Oldenburger
440	kg	prawns (with shell)
441	kg	prawns (without shell)
442	kg	Pudding Rice or long grain rice
443	g	puff pastry
444	Kg	Puff Pastry Margarine
445	nos	pumpkin
446	g	pure turkey breast slice
447	g	raisins
448	g	raisins (black)
449	g	raisins (golden)
450	g	raspberry

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Item#	Unit	Item
451	btl	Raspberry jam
452	g	Raspberry Puree
453	g	raw hazelnuts
454	nos	Red Apple fresh
455	pkt	red chilli flakes
456	g	Red Currants
457	btl	red grape vinegar
458	nos	red onion
459	g	red pepper flakes
460	nos	red tomatoes
461	btl	red wine vinegar
462	nos	reef fish / red snapper (cleaned not filleted)
463	btl	rice vinegar
464	btl	rice wine vinegar
465	nos	rice wrap
466	nos	ripe avocados
467	g	ripe large bananas
468	nos	ripe mango large
469	nos	Ripe Pear, fresh
470	g	roasted peanuts
471	g	rocket lettuce
472	tin	rolled oats
473	nos	roma tomatoes
474	g	romaine lettuce
475	g	rosemary fresh
476	Box	Rubber Hand gloves (blue, medium)
477	pkt	saffron
478	g	salmon fillet
479	pkt	Salt
480	g	scallion
481	btl	sesame oil
482	g	sesame seeds
483	g	shallots (europe)
484	g	shiitake mushroom
485	g	shrimp
486	btl	Simple syrup
487	nos	sliced bread (Large) - brown
488	nos	sliced bread (Large) - white
489	nos	sliced bread (Small) - brown
490	nos	sliced bread (Small) - white
491	pkt	sliced cheddar cheese
492	g	small elbow pasta
493	g	small macaroni
494	nos	small turnips
495	nos	small white fish fillet

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Item#	Unit	Item
496	g	smoked beef slice
497	g	smoked chicken cubes
498	g	smoked chicken slices
499	pkt	smoked salmon
500	g	snow peas
501	Case	So Klin Mop Liquid (Lavender)
502	btl	Soda water
503	g	sour cream
504	btl	soy sauce dark
505	btl	soy sauce light
506	g	spaghetti
507	btl	Sparkling Soda
508	g	spinach
509	nos	Sponge with Scrub
510	nos	Sponge with Scrubber
511	g	spring onion / green onions
512	btl	Sprite Large
513	btl	Sprite small
514	kg	squids - cleaned
515	btl	sriracha chilli sauce
516	nos	Stainless steel cleaning spray
517	nos	Star Fruit fresh
518	pkt	Straw - black color
519	pkt	Straw - smoothie
520	pkt	Straw - white color
521	g	Strawberries fresh
522	ltr	Strawberry Ice Cream
523	btl	Strawberry syrup
524	Kg	Sugar
525	btl	Sugar Syrup - 1881 (Euro)
526	g	sun dried tomatoes
527	ltr	sunflower oil
528	kg	sushi rice
529	g	sweet basil fresh
530	g	swiss cheese
531	btl	tabasco sauce small
532	g	tahini
533	pkt	tamarind paste
534	btl	tarragon
535	Box	Tea Bag (todays taste) - 100 pcs per box
536	Box	Tealight Candles - 100 pcs per box
537	box	Tealight LED Candles
538	pkt	Thai chillie paste
539	Kg	Thai Jasmine rice
540	pkt	thai red chilli

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Item#	Unit	Item
541	kg	Thai sticky rice
542	btl	thai sweet chilli sauce
543	kg	Thai sweet mango
544	kg	thoor dhal
545	g	thyme fresh
546	pkt	Tissue packet (White)
547	ltr	tomato juice
548	g	tomato paste
549	g	tomato puree
550	btl	tomato sauce
551	g	tomatoes
552	btl	Tonic Water
553	btl	toothpicks
554	pkt	tortilla bread
555	tub	trimoline
556	pkt	T-shirt Plastic Bag - Big (Blue)
557	pkt	T-Shirt Plastic Bag - Big (Red)
558	btl	tumeric powder
559	tin	tuna in brine - felivaru
560	tin	tuna in oil - felivaru
561	nos	tuna steak slices
562	g	turkey ham
563	g	turkey ham cubes
564	g	turkey strips
565	pkt	turmeric
566	pkt	turmeric powder
567	g	turnip
568	kg	udon noodles
569	g	unsalted butter (emborg)
570	nos	vanilla bean
571	btl	vanilla essence
572	ltr	vanilla ice cream
573	pkt	vanilla pod
574	btl	vegetable oil
575	g	vegetable shortening
576	btl	virgin olive oil
577	g	walnuts
578	g	wasabi
579	Case	Water 0.3 / 0.25 liters (Life)
580	Case	Water 0.3 / 0.25 liters (Taza)
581	Case	Water 0.5 liters (Life)
582	Case	Water 0.5 liters (Taza)
583	Case	Water 1.5 liters (Bonaqua)
584	Case	Water 1.5 liters (Life)
585	Case	Water 1.5 liters (Taza)

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Item#	Unit	Item
586	Case	Water 5 liters (Life)
587	Case	Water 5 liters (Taza)
588	nos	watermelon fresh - Large
589	nos	watermelon fresh - Small
590	ltr	whipping cream (elle & vire)
591	pkt	Whipping cream unsweet
592	pkt	White Grape Juice 1L
593	g	white kidney beans
594	kg	white mushroom fresh
595	kg	white onion
596	btl	white pepper
597	btl	white pepper ground
598	btl	White Pepper Powder
599	box	white quinoa
600	kg	white rice
601	ltr	white vinegar
602	g	whole cumin
603	pkt	whole fenugreek
604	btl	whole grain mustard
605	kg	whole meal flour
606	ltr	whole milk
607	can	whole mushrooms
608	pkt	whole peppercorn white
609	g	whole peppercorns black
610	nos	whole red snapper cleaned
611	kg	wine tomato
612	pkt	wooden skewers
613	btl	worchestershire
614	g	yeast (fresh)
615	g	yeast (instant)
616	g	yellow squash
617	pkt	ziplock bag
618	nos	zucchini - green
619	nos	zucchini - yellow