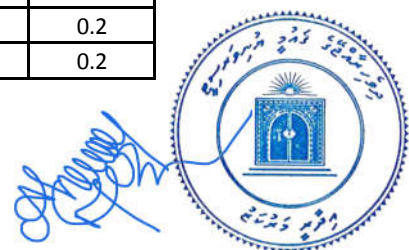


List-2: F&B practicals food items list (March)

#	Item	Additional details	Unit	Qty
1	chicken breast		kg	11
2	Butter- Unsalted		kg	8
3	Beef topside		kg	6
4	Fish bones with head		kg	5
5	Lamb boneless		kg	4
6	white fish fillet	Giant mackerel or Halibut	kg	4
7	Garlic		kg	3.4
8	Self - raising flour		kg	3
9	Calebaut chocolate - Milk		kg	3
10	Smoked Salmon		kg	2.4
11	cauliflower		kg	2
12	prawn, tail on		kg	2
13	mussel		kg	1.5
14	Parmesan cheese block		kg	1.5
15	Shrimps - medium		kg	1.5
16	Dates - Kimi Algerian Dates Pack		kg	1.3
17	Bell pepper - green		kg	1.5
18	Creme Fraiche		kg	1.2
19	sundried tomatoes		kg	1.1
20	Chicken Ham		kg	1.1
21	Blue cheese - gorgonzola		kg	1
22	Calebaut Chocolate - Dark		kg	1
23	gound beef		kg	1
24	salmon fillet, skin on		kg	1
25	squid		kg	1
26	Turkey Breast		kg	1
27	Yoghurt		kg	1
28	Zucchini -Green		kg	1
29	Zucchini yellow		kg	1
30	Kalamata Olives		kg	0.9
31	Beef bacon		kg	0.8
32	Emmental Cheese Slice		kg	0.8
33	Iceberg lettuce		kg	0.8
34	Beef Bacon		kg	0.6
35	Beef Ham		kg	0.6
36	Squid		kg	0.6
37	Sweet Potato		kg	0.6
38	Cuttle fish		kg	0.5
39	Roasted hazelnut		kg	0.5
40	Shallots - European		kg	0.5
41	Cheddar cheese block		kg	0.4
42	Gruyere cheese block		kg	0.3
43	Slivered Almonds		kg	0.3
44	Feta Cheese		kg	0.2
45	Greek style yoghurt		ml	200
46	Lime		kg	0.2
47	Pistachio nuts		kg	0.2



48	Cumin powder		g	50
49	Lemon		nos.	40
50	white fish fillet - small		nos	40
51	chicken, whole		nos	29
52	Cooking Cream, elle & Vire		ltr	21
53	Pears		nos	20
54	Beef tenderloin		nos	15
55	Whipping cream - elle and vire		ltr	13
56	Carrot		kg	9
57	Whole Milk		ltr	9
58	Eggplant	large	nos	8
59	yellow fin tuna-steak cut		nos	8
60	lamb rack,frenched		nos	7
61	Duck breast		nos	6
62	Anchovy		tin	5
63	Onion- Red		kg	5
64	Prawns - with shell		kg	5
65	soft corn tortilla	flour tortilla 10"	pckt	5
66	Whipping cream - lactofil		ltr	5
67	Bell pepper - red		kg	4
68	Chick peas		can	4
69	Fresh mackerel fillet	(Giant Mackerel or Halibut	kg	3.5
70	Bell pepper - yellow		kg	3
71	Small wooden skewers		pkt	3
72	cabbage		kg	2
73	Cream cheese		kg	2
74	Lamb rack		nos	2
75	Buttermilk		L	1
76	Mayonaisse	Medium	btl	1
77	Onion - white		kg	1
78	Orange		kg	1
79	Sour Cream		L	1
80	Tomato puree		can	1

