

ōsh![®]
Oh So Healthy

**YEAR
2025**



PRODUCT CATALOGUE

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 PROUDLY MADE IN THE PHILIPPINES

WHY **OSH** IS THE SNACK BRAND THE WORLD NEEDS RIGHT NOW!

HEALTHIER

The global healthy snack market is **projected to reach \$152.5B by 2030** as more consumers seek better-for-you options, according to Grand View Research.

COMPETITIVE



OSH, made from real fruits and veggies, **is already expanding in U.S., Canada, Australia, Singapore, and Africa** showcasing its world-class quality and export potential.

SUSTAINABLE


With no artificial preservatives, clean-label ingredients, and sustainable sourcing, **OSH aligns with 67% of global consumers who prefer eco-friendly brands**, according to Forbes.



OUR PROMISE



Oh So Healthy! offers a fun and nutritious line of new **guilt-free** snacking treats made from **100% real fruits**. Enjoy this all-natural and fresh new way of snacking on your favorite fruits.



Our commitment is to deliver products that help **support the local agriculture**. We source our products from local producers that advocate for a sustainable and diversified future for farmers. We only use **high-quality ingredients** that are both tasty and good for you. Filled with nutrients that your body needs, our products are gluten free, non-gmo, do not contain unhealthy fats, artificial sweeteners, and preservatives.

For us, there's no greater reward than that moment when someone takes their first bite, and the look on their face when they say, "**Oh my gosh! That's OSH! Oh So Healthy!**"

CERTIFICATES



WHO IS OSH?

osh!
Oh So Healthy



Proudy Filipino

Pioneering Better-For-You snacks since 2017.



Real Ingredients

Made with real fruit. No artificial colors or sweeteners.



Certified & Compliant

Produced in a certified facility. Halal, vegan, and gluten-free.



Globally Loved

Distributed in 10+ countries including the USA, Australia, and Singapore.



Innovative by Nature

First-to-market in the BFY category in the Philippines.



In-House R&D + Manufacturing

Self-produced core products with full control over quality.



Quick & Flexible

Fast lead times, responsive coordination, and scalable MOQs.



Healthy Made Yummy

Snacks that are better-for-you and taste OSH-some.

AWARDS & RECOGNITIONS



SIAL Innovation China

The SIAL Innovation Awards in China celebrate cutting-edge food and beverage products that reflect market trends and consumer needs. It's a key recognition for creativity and innovation in the global food industry.



Great Taste Awards United Kingdom

The Great Taste Awards, based in the UK, are among the most respected food and drink accolades globally. Judged by chefs, critics, and food experts, the award is a trusted seal of excellence and flavor that stands out on shelves worldwide.



Katha Awards Philippines

The Katha Awards recognize the best of Filipino innovation in food, design, and packaging. Given by the Philippines' Department of Trade and Industry, this prestigious honor celebrates homegrown brands that elevate local products to global standards.



Anuga Taste Innovation Awards – Thailand

Held in Germany, the Anuga Taste Innovation Awards spotlight the most groundbreaking food and beverage innovations from around the world. It's one of the highest international honors for trendsetting and creative products in the global food industry.

PRODUCT LIST



**FRUIT CRISPS
MANGO SWEET POTATO
BANANA**



**FRUIT CRISPS
GUAVA PURPLE YAM
BANANA**



**FRUIT CRISPS
JACKFRUIT PINEAPPLE
BANANA**



**FRUIT CRISPS
COCONUT PURPLE YAM
BANANA**



**SAVORY CRISPS
SQUASH
CHEESE**



**SAVORY CRISPS
NAPA CABBAGE
NATURAL SPICES**



**BAKED CRISPS
SOUR CREAM
CORN**



**CHOCO MANGO
DIPPED**



**OSH POPS!
POPPED CORN CHIPS
WHITE CHEDDAR**



**OSH POPS!
POPPED CORN CHIPS
SOUR CREAM**



**OSH POPS!
POPPED CORN CHIPS
SMOKEY BBQ**



**ROYAL UBE
INSTANT UBE (PURPLE
YAM) DESSERT**



**BLUMIES
BLISSFUL GRAPE
& SAKURA**



**BLUMIES
REVITALIZING APPLE
& HIBISCUS**



**BLUMIES
COMFORTING
STRAWBERRY & ROSE**



**GET NUTTY
SPICY**



**GET NUTTY
FRUITY**

FRUIT CRISPS

TASTE
3 FRUITS IN
ONE BITE



100% REAL FRUITS & VEGGIES



Snack on fruit the fun way! **OSH Fruit Crisps** are made from **100% real fruits and veggies**, giving you all the goodness in a light, crunchy form. It's an exciting and convenient way to enjoy nature's best—no mess, no fuss. Perfect for kids, adults, or anyone looking for a fruity treat on the go!



Nutrition Facts

2 Servings Per Container

Serving size 20g (0.7 oz)

Amount per serving

Calories 80

	%DV*	%RENI**
Calories (Kcal)	4%	3%
Calories from Fat 4		
Total Fat 0g	0%	0%
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 8mg	0%	2%
Total Carbohydrates 19g	7%	4%
Dietary Fiber 1g	3%	4%
Total Sugars 12g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	1%	1%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 142mg	158%	204%
Vitamin D 0mcg	0%	0%
Calcium 7mg	1%	1%
Iron 0.2mg	1%	2%
Potassium 103mg	2%	5%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Nutrition Facts

2 Servings Per Container

Serving size 20g (0.7 oz)

Amount per serving

Calories 80

	%DV*	%RENI**
Calories (Kcal)	4%	3%
Calories from Fat 4		
Total Fat 0g	0%	0%
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 15mg	1%	3%
Total Carbohydrates 19g	7%	4%
Dietary Fiber 1g	4%	5%
Total Sugars 3g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	1%	1%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 121mg	134%	173%
Vitamin D 0mcg	0%	0%
Calcium 7mg	1%	1%
Iron 0.14mg	1%	1%
Potassium 129mg	3%	6%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Mango + Sweet Potato + Banana

Ingredients: Mango Puree, Sweet Potato Puree, Banana Puree, Cassava Starch, Apple Juice Concentrate.

Guava + Purple Yam + Banana

Ingredients: Guava Puree, Purple Yam Puree, Sweet Potato Puree, Banana Puree, Cassava Starch, Apple Juice Concentrate.

Allergens: Made in a facility that also processes products containing milk, celery, almond, coconut, peanut, soy, and sesame seed.



100% REAL FRUITS & VEGGIES



Snack on fruit the fun way! **OSH Fruit Crisps** are made from **100% real fruits and veggies**, giving you all the goodness in a light, crunchy form. It's an exciting and convenient way to enjoy nature's best—no mess, no fuss. Perfect for kids, adults, or anyone looking for a fruity treat on the go!



Nutrition Facts

2 Servings Per Container

Serving size 20g (0.7 oz)

Amount per serving

Calories 80

	%DV*	%RENI**
Calories (Kcal)	4%	3%
Total Fat 0g	0%	0%
Saturated Fat 0g		
Trans Fat 0g	0%	
Cholesterol 0mg	0%	
Sodium 0mg	0%	0%
Total Carbohydrates 18g	7%	5%
Dietary Fiber <1g	3%	4%
Total Sugars 13g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	1%	1%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 0mg	0%	0%
Iron 0mg	0%	0%
Potassium 94mg	2%	6%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Nutrition Facts

2 Servings Per Container

Serving size 20g (0.7 oz)

Amount per serving

Calories 80

	%DV*	%RENI**
Calories (Kcal)	4%	3%
Calories from Fat 4		
Total Fat 0g	0%	1%
Saturated Fat 0g	1%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 1.58mg	0%	0%
Total Carbohydrates 18g	7%	4%
Dietary Fiber 0g	2%	2%
Total Sugars 12g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	1%	0%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 4mg	0%	0%
Iron 0.26mg	1%	2%
Potassium 79mg	2%	4%

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Jackfruit + Pineapple + Banana

Ingredients: Pineapple Puree, Jackfruit Puree, Banana Puree, Sweet Potato Puree, Apple Juice Concentrate, Cassava Starch.

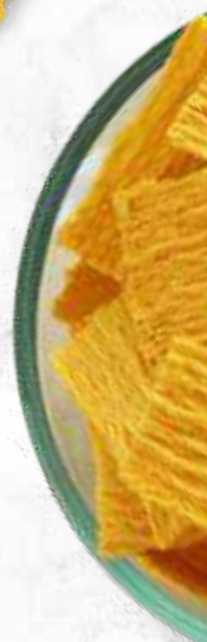
Allergens: Made in a facility that also processes products containing milk, celery, almond, coconut, peanut, soy, and sesame seed.

Coconut + Purple Yam + Banana

Ingredients: Purple Yam Puree, Coconut Puree, Banana Puree, Apple Juice Concentrate, Cassava Starch.

Allergens: Contains coconut.





TASTE
3 FRUITS IN
ONE BITE

SAVORY CRISPS

**REAL
CRUNCHY
VEGGIE**



MADE FROM REAL VEGGIES



Your veggies just got a tasty upgrade! **OSH Savory Crisps** mix wholesome vegetables with bold and exciting flavor duos, making them the **ultimate better-for-you snack**. Whether you're craving something crunchy, salty, or just seriously good, these crisps deliver guilt-free joy in every bite.



Nutrition Facts

2.5 Servings Per Container

Serving size 20g (0.7 oz)

Amount per serving		70
Calories		
	%DV*	%RENI**
Calories (Kcal)	4%	3%
Calories from Fat 0		
Total Fat 0g	0%	0%
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 170mg	7%	34%
Total Carbohydrates 17g	6%	4%
Dietary Fiber <1g	2%	3%
Total Sugars 10g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	1%	1%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 7.2mg	1%	1%
Iron 0.14mg	1%	1%
Potassium 72.2mg	2%	4%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Nutrition Facts

2.5 Servings Per Container

Serving size 20g (0.7 oz)

Amount per serving		70
Calories		
	%DV*	%RENI**
Calories (Kcal)	4%	3%
Calories from Fat 0		
Total Fat 0g	0%	0%
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 350mg	15%	70%
Total Carbohydrates 17g	6%	4%
Dietary Fiber 1g	3%	4%
Total Sugars 11g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	2%	1%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 17.1mg	1%	1%
Iron 0.14mg	7%	10%
Potassium 87.36mg	2%	4%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Squash + Cheese

Ingredients: Sweet Potato Puree, Squash Puree, Cheddar Cheese Powder (Sugar, Salt, Natural Flavors, Anti-Caking Agent, Sweetener), Cassava Starch, Spices.

Allergens: Contains Milk.

Sour Cream Corn

Ingredients: Sweet Potato Puree, Sweet Corn Puree, Spices, Cassava Starch, Buttermilk.



MADE FROM

REAL VEGGIES



Your veggies just got a tasty upgrade! **OSH Savory Crisps** mix wholesome vegetables with bold and exciting flavor duos, making them the **ultimate better-for-you snack**. Whether you're craving something crunchy, salty, or just seriously good, these crisps deliver guilt-free joy in every bite.

 **NO ADDED PRESERVATIVES**

 **CHOLESTEROL FREE FOOD**

 **VEGAN FRIENDLY**

 **NOT FRIED!**

 **GLUTEN FREE FOOD**

Nutrition Facts

2.5 Servings Per Container

Serving size **20g (0.7 oz)**

Amount per serving

Calories **80**

	%DV*	%RENI**
Calories (Kcal)	4%	3%
Total Fat 0g	0%	0%
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 100mg	4%	21%
Total Carbohydrates 19g	7%	5%
Dietary Fiber <1g	2%	3%
Total Sugars 11g		
Includes 0g Added Sugars	0%	0%
Protein Less than 1g	1%	1%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 1mg	0%	0%
Iron 0mg	0%	0%
Potassium 80mg	2%	4%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Napa Cabbage + Natural Spices

Ingredients: Kimchi (Napa Cabbage, Bean Sprout, Water, Chili Powder, Radish, Red Onion, Refined Sugar, Soy Sauce, Garlic, Carrots, Ginger, Cane Vinegar, Glutinous Rice Flour, Iodized Coarse Sea Salt, Black Pepper, Sesame Seeds), Sweet Potato Puree, Cassava Starch, Apple Juice Concentrate.

Allergens: Contains soy and sesame seed.





REAL
CRUNCHY
VEGGIE

Osh pops!

Better
for YOU

CINEMA
TICKET

ADMIT ONE

EMA
2389



osh!
Oh So Healthy

POPPED CORN CHIPS

osh
pops!

OUR CREAM

Better
for YOU

osh!
Oh So Healthy

POPPED CORN CHIPS

osh
pops!

SMOKEY BBQ

Better
for YOU

osh!
Oh So Healthy

POPPED CORN CHIPS

osh
pops!

W



Say hello to your new favorite **feel-good snack!** **OSH Pops** are light, crunchy corn chips that are popped and **baked—not fried**. With no hard kernels and no greasy fingers, they're the perfect snack for guilt-free munching anytime, anywhere.



NO ADDED
PRESERVATIVES



SOURCE
OF FIBER



GLUTEN
FREE FOOD



HELP LOCAL
FARMERS

NEVER
FRIED

Nutrition Facts

4 Servings Per Container

Serving Size

20g

Amount Per Serving

Calories

96

	% DV*	% RENI**
Calories (Kcal)	5%	4%
Total Fat 3.5g	5%	6%
Saturated Fat 1.5g	7%	
Cholesterol 0mg	0%	
Sodium 110mg	5%	23%
Total Carbohydrate 14g	5%	3%
Dietary Fiber <1g	3%	3%
Total Sugar 1g		2%
Includes 0g Added Sugars	0%	0%
Protein 2g	3%	2%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 0mg	0%	0%
Iron 0mg	0%	0%
Potassium 36.4mg	1%	2%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

White Cheddar

Ingredients: Corn, Palm Oil, White Cheddar Cheese Powder [Whey Powder, Cheddar Cheese (Milk, Cheese Culture, Enzymes (Rennet)), Maltodextrin, Iodized Salt, Acidulant (Lactic Acid & Citric Acid), Butter, Natural Flavor] Acidulant is added for flavor.

Allergens: Contains milk and celery.

Nutrition Facts

4 Servings Per Container

Serving Size

20g

Amount Per Serving

Calories

92

	% DV*	% RENI**
Calories (Kcal)	5%	4%
Total Fat 3.0g	4%	5%
Saturated Fat 1g	6%	
Cholesterol 0mg	0%	
Sodium 160mg	7%	32%
Total Carbohydrate 15g	6%	4%
Dietary Fiber <1g	3%	4%
Total Sugar 0g		0%
Includes 0g Added Sugars	0%	0%
Protein 1g	3%	2%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 0mg	0%	0%
Iron 0mg	0%	0%
Potassium 25.8mg	1%	1%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Sour Cream

Ingredients: Corn, Palm Oil, Sour Cream Powder [Whey Powder, Iodized Salt, Onion, Maltodextrin, Cornstarch, Sugar, Acidulant (Citric Acid), Yeast Extract, Herbs, Anti caking agent (Silicon Dioxide)] Acidulant is added for flavor.

Allergens: Contains milk.

Osh pops!



Say hello to your new favorite **feel-good snack!** **OSH Pops** are light, crunchy corn chips that are popped and **baked—not fried**. With no hard kernels and no greasy fingers, they're the perfect snack for guilt-free munching anytime, anywhere.



NO ADDED
PRESERVATIVES



SOURCE
OF FIBER



GLUTEN
FREE FOOD



HELP LOCAL
FARMERS

NEVER
FRIED

Nutrition Facts

4 Servings Per Container

Serving Size

20g

Amount Per Serving

Calories

95

	% DV*	% RENI**
Calories (Kcal)	5%	4%
Total Fat 3.0g	4%	5%
Saturated Fat 1g	6%	
Cholesterol 0mg	0%	
Sodium 85mg	4%	17%
Total Carbohydrate 16g	6%	4%
Dietary Fiber <1g	3%	4%
Total Sugar 1g		2%
Includes 0g Added Sugars	0%	0%
Protein 1g	3%	2%
Vitamin A 0 mcg RE	0%	0%
Vitamin C 0mg	0%	0%
Vitamin D 0mcg	0%	0%
Calcium 0mg	0%	0%
Iron 0mg	0%	0%
Potassium 17.6mg	0%	1%

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**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old.

Smokey BBQ

Ingredients: Corn, Palm Oil, Barbeque Powder [Maltodextrin, Iodized Salt, Spices, Hydrolyzed Vegetable Protein, Acidulant (Citric Acid), Anti-caking agent (Silicon Dioxide), Flavors].
Acidulant is added for flavor.

Allergens: Contains soy.





POP IT!
LOVE IT!

Better
for YOU

ōsh![®]
Oh So Healthy

CHOCO MANGO DIPPED CRISPS

CHOLESTEROL
FREE

LOW
CALORIE

100% REAL
FRUIT

NET WT. 100 G (3.53 OZ.)

CHOCO
MANGO
DIPPED CRISPS

ALL-TIME
Favōrite

All-Time Favorite



Indulgence meets real fruit! **OSH Choco Mango Dipped** is a deliciously crisp real mango slice **coated in rich chocolate**—a treat that feels fancy but is perfect for everyday snacking. With its elegant look and irresistible taste, it's also a great choice for gifting or sweetening up special occasions.



Nutrition Facts

Servings Per Box 5

Serving Size 20g (0.7 oz)

Amount per serving

92

%DV* % RENI**

Calories (Kcal)

Calories from Fat 29

Total Fat 3g <5%

Saturated Fat 3g 14%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 8mg <1% <2%

Total Carbohydrate 15g 5%

Dietary Fiber <1g 3% 3%

Total Sugars 11g

Includes 0g Added Sugars 0%

Protein <1g 1%

Vitamin A 0IU 0% 0%

Vitamin B3 <1mg <1% <1%

Vitamin D 0mcg 0% 0%

Calcium 9g <1% <2%

Iron 1mg 9% 12%

Potassium 152cmg 3% 8%

*Percent Daily Value are based on a 2,000 calorie diet

**Percent RENI values are based on FNRI reference male adult requirement of 19-29 years old

Choco Mango Dipped Chips

Ingredients: Crisps [Mango Puree, Sweet Potato Puree, Banana Puree, Cassava Starch, Apple Juice Concentrate] Dark Chocolate [Sugar, Hydrogenated Vegetable Oil, Milk Powder, Cocoa Powder, Soy Lecithin (Emulsifier), Vanillin, Salt].

Allergens: Contains Milk and Soy.





ALL-TIME
FAVORITE



NEW

get nutty

NUTS N' CRISPS MIX

TrioFit


**HIGH
PROTEIN**


**VEGAN
FRIENDLY**


**HIGH
FIBER**





This isn't your average nut mix—**OSH Get Nutty** is powered by **TRIOFIT: high protein, vegan-friendly, and high in fiber**. It's made for those who want a snack that keeps up with their active, fun lifestyle. Crunchy, crave-worthy, and packed with benefits, it's smart snacking with a twist.



Nutrition Facts

Serving size 25 grams
Servings per container 1

Amount per serving	%DV*	%REI/RNI*
Calories (Kcal) 140 Calories from Fat 72	7%	5%
Total Fat 8 g	10%	
Saturated Fat 1.5 g	8%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 95 mg	4%	
Total Carbohydrates 12 g	4%	
Dietary Fiber 2 g	7%	9%
Sugar 5 g		
Protein 4 g	8%	6%

*The % Daily Value (%DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
**Percent REI/RNI values are based on PDRI 2015 reference male adult requirement of 19-29 years old.

Nutrition Facts

Serving size 25 grams
Servings per container 1

Amount per serving	%DV*	%REI/RNI*
Calories (Kcal) 140 Calories from Fat 72	7%	5%
Total Fat 8 g	10%	
Saturated Fat 1.5 g	8%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 25 mg	1%	
Total Carbohydrates 12 g	4%	
Dietary Fiber 2 g	7%	9%
Sugar 6 g		
Protein 4 g	8%	6%

*The % Daily Value (%DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
**Percent REI/RNI values are based on PDRI 2015 reference male adult requirement of 19-29 years old.

Nuts N' Kimchi Crisps

Ingredients: Peanuts, Kimchi Crisps [Kimchi (Napa Cabbage, Bean Sprout, Water, Chili Powder, Radish, Onion, Refined Sugar, Soy Sauce, Garlic, Carrots, Ginger, Cane Vinegar, Glutinous Rice Flour, Sea Salt, Black Pepper, Sesame Seeds), Sweet Potato Puree, Cassava Starch, Apple Juice Concentrate], Almonds, Iodized Salt.

Allergens: Contains peanut, almond, soy, and sesame seed.



Nuts N' Mango Crisps

Ingredients: Peanuts, Mango Crisps (Mango Puree, Sweet Potato Puree, Banana Puree, Tapioca Starch, Apple Juice Concentrate), Almonds, Iodized Salt.

Allergens: Contains peanut and almond.



TrioFit


HIGH
PROTEIN


VEGAN
FRIENDLY


HIGH
FIBER



NEW!



Blumies

Healthy
Chews



You won't want to stop munching! **OSH Blumies** are deliciously healthy chews made with **real fruits and edible flowers**—first of their kind in the market. Packed with prebiotics for gut and heart health, they're the perfect feel-good snack you can enjoy anytime, anywhere. Sweet, smart, and oh-so-addictive in the best way!

Contains Prebiotic That Supports Heart & Gut Health

NUTRITION FACTS

Serving size: 20 grams (approximately 7-8 pcs)
servings per Container: 5

Amount per Serving	%DV*	%REI/RNI**
Calories (kcal) 70	4%	3%
Calories from Fat 0g		
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 40mg	2%	8%
Total Carbohydrates 17g	6%	8%
Dietary Fiber <1	2%	3%
Total Sugars 13g		
Includes Added Sugar 12g	24%	19%
Protein 0g	0%	0%
Vitamin D 0mg	0%	
Calcium 0mg	0%	
Iron 0mg	0%	
Potassium 0g	0%	
Vitamin C 13mg	14%	18%

*The % Daily Value (%DV) tells you how much a nutrient in a serving of food contributes to daily diet.

2,000 calories a day is used for general nutrition advice.

**Percent REI/RNI values are based on PDRI 2015 reference male adult requirement of 19-29 years old.

HIGH
IN
FIBER

NO
ARTIFICIAL
FLAVORS

GLUTEN
FREE



Revitalizing Apple & Hibiscus

Ingredients: Fruit Puree (Pear), Glucose Syrup, Cane Sugar, Pectin, Inulin Fiber (Chicory Root), Acidity Regulators (Citric Acid and Trisodium Citrate), Natural and Nature-Identical Flavors (Green Apple and Hibiscus), Modified Corn Starch, and Vitamin C



Comforting Strawberry & Rose

Ingredients: Fruit Puree (Pear), Glucose Syrup, Cane Sugar, Pectin, Inulin Fiber (Chicory Root), Acidity Regulators (Citric Acid and Trisodium Citrate), Modified Corn Starch, Nature-Identical and Natural Flavors (Strawberry and Rose) Vitamin C, Vegetable Juices (Radish, and Carrot Concentrate)



Blissful Grape & Sakura

Ingredients: Fruit Puree (Pear), Glucose Syrup, Cane Sugar, Pectin, Inulin Fiber (Chicory Root), Acidity Regulators (Citric Acid and Trisodium Citrate), Modified Corn Starch, Vitamin C, Nature-Identical Flavors (Grape and Sakura), Butterfly Pea Flower Extract

Bluumies



**Contains Prebiotic That Supports
Heart & Gut Health**

**HIGH
IN
FIBER**

**NO
ARTIFICIAL
FLAVORS**

**GLUTEN
FREE**



Your Favorite Classic Ube,
Made Quick & Easy.

JUST ADD WATER
NO MILK NEEDED!



MADE WITH
**REAL
UBE**



INSTANT PURPLE YAM DESSERT



Your classic **Ube Halaya**—now made easy! Royal Ube brings you the rich, nostalgic taste of purple yam in a handy powder format. Just add water—no milk needed! Enjoy its velvety texture as a quick snack, a creamy topping, or a flavorful filling. It's your ube fix, anytime, anywhere.



GLUTEN
FREE



SUPPORTS
LOCAL FARMERS



NO ADDED
PRESERVATIVES



SOURCE
OF PROTEIN

Nutrition Facts

4 Servings Per Container

Serving size 80g (2.82 oz)

Amount per serving

Calories 310

%DV* %REI/RNI**

Calories (Kcal)

Calories from Fat 18

Total Fat 2 g 3% 3%

Saturated Fat 0.5 g 4% 4%

TransFat 0 g

Cholesterol 15 mg 6%

Sodium 160 mg 7% 32%

Total Carbohydrates 64 g 23%

Dietary Fiber 2 g 7% 10%

Total Sugars 42 g

Includes 30 g Added Sugars

Protein 10 g 19% 15%

Vitamin D 0 mg 0% 0%

Calcium 0 mg 0% 0%

Iron 0 mg 0% 0%

Potassium 0 mg 0% 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Percent REI/RNI values are based on PDRI 2015 reference male adult requirement of 19-29 years old.



Instant Purple Yam Dessert

Ingredients: Milk Powder, Sugar, Purple Yam Powder.

Allergen: Milk

Applications: Dessert, Spread, Fillings, Ice Cream



INSTANT PURPLE YAM DESSERT

UBE HALAYA

SERVES

4

SETS

Approx. 80g/set

MADE WITH
**REAL
UBE**



SERVING SUGGESTION

JUST ADD WATER
NO MILK NEEDED!

SERVES

KATHA
AWARDS
WINNER

WHY PARTNER WITH US?



Want to try our goodies first?

Your first sample set is on us! Just cover the transport cost — we'll take care of arranging everything.



Thinking big?

We offer exclusive distribution deals with yearly minimum orders — let's grow together!



Build your perfect mix!

Customize your container to suit your needs — flavors, formats, and all.



Smooth & simple orders

Once payment clears, our International Team will help you lock in all the details



Free POS support

Each full container (FCL or FTL) comes with a complimentary set of point-of-sale materials to help you stand out in-store.



We've got your back

Get all the import documents you need — plus expert support every step of the way.



Quick shipping updates

All orders ship out from Manila Port, or direct from select international warehouses. You'll get timely updates on ETD, ETA, and any changes.



Bigger orders, better prices

Enjoy volume discounts with clear, honest pricing. The more you order, the more you save!



We promote with you

Our online campaigns and e-commerce platforms help boost your local sales — powered by OSHI's marketing magic.



You're never alone

A dedicated Project Manager is here to guide you and answer your day-to-day questions.

Got questions? Drop us a message at hello@imohsohealthy.com — our friendly team will get back to you in no time!

LOGISTICS & PACKING

Standard Product Pack



PER CASE SIZE (MM) :
W 160 x H 190

FRUITS: 40g per Pack
SAVORY: 50g per Pack



PER CASE SIZE (MM) :
W 275 x H 198 x L 395

960g per Case
1.2kg per Case

Sample Order Configuration

All Crisps Variant with Equal Quantity
OSH! Fruit Crisps & Savory Crisps 50g

	20DC	40DC	40HC
Size (cm)	W 234 x H 228	W 468 x H 228	W 468 x H 259
No. of Crisps (packs)	166,320	317,520	349,272
No. of Crisps in a Case	24	24	24
No. of Cases	6,930	13,230	14,553

ABOUT OSH!



Oh So Healthy! (OSH), founded in October 2017, by its visionary **Ms. Almay Gaw-See**, and passionate pursuing a mission to redefine the way people snack. Backed by over **25 years of manufacturing expertise** through **Innovative Packaging Industry Corporation (IPIC)**, OSH has quickly become a **pioneer in the Better-For-You (BFY) snack industry**, offering fun, innovative, and truly healthy snack options.

As part of its continued evolution and commitment to growth and giving the consumers healthier and delicious options, OSH proudly transitioned into **Oh So Healthy Corp.** on January 23, 2025. This milestone represents more than a name change—it reflects the brand's expansion, its dedication to scaling operations, and its determination to become a global leader in healthy snacking.



This new corporate identity aligns with OSH's vision to create a lasting impact not just in the Philippines but across international markets. The transition reinforces its mission to empower healthier lifestyles and highlights its ambition to be the **#1 healthy and guilt-free** snack brand in both developing and mature markets.

Our Mission

To create delicious Better-For-You (BFY) snacks that empower people to live happier and healthier lives.

Our Vision

To become the #1 healthy & guilt-free snack brand in the Philippines and developed markets (those actively promoting BFY categories).

Our Core Values

H

Happy & Healthy

E

Excellence

A

Accountability

R

Respect

T

Teamwork

Partner with **OSH!** for Toll Manufacturing Solutions

Custom Product Development. Reliable Manufacturing. Global-Ready Execution



Looking to develop your own line of better-for-you snacks? **OSH! Oh So Healthy** offers **Toll Manufacturing** services for businesses seeking a trusted partner to bring their unique product concepts to life — backed by years of industry experience and a commitment to quality.

What we offer:



Custom Recipe Development

Partner with our R&D team to craft snacks that reflect your brand — using real ingredients, no artificial additives.



Full Supply Chain Management

We handle everything — sourcing, production, quality checks, and logistics — so you can focus on growth.



Scalable Manufacturing Capabilities

From small to large batches, our certified facility delivers consistent, high-quality production at every scale.



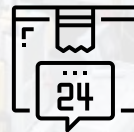
Export-Ready Compliance

Get international-ready with the certifications and documentation needed for smooth global distribution.



Dedicated Project Management

Stay on track with a Project Manager who ensures clear communication and timely execution from start to finish.



Private Label & Packaging Support

Stand out on shelves with expert packaging support and co-packing services that meet regulatory standards.

Let's Build Something Exceptional - From product launch to expansion, OSH! offers flexible, innovative Toll Manufacturing tailored to your brand.

For inquiries, contact us at hello@imohsohealthy.com

NEW!

