Mezban®

asian cuisine

Chairman's Message

On behalf of **Golden Harvest Foods** I would like to thank you for taking interest in our company. We are a leading national company growing globally with a focus on natural and specialty foods. Since our beginnings in 1983 as a industrial bakery, to our entry into frozen food business in 2001, we have remained committed to bringing high quality world class products to our customers worldwide.

Mezban Frozen Foods has carved a niche for itself as a stand-out in public perception in the interqvnational export markets and it is reflected in its significant and ever-growing market share. In quality and freshness, Mezban Frozen Foods mirrors its parent company, the top-notch Dawn Bread. A remarkable aspect of Mezban Frozen Foods, which is also a proof of universal public acclaim here and abroad, is its ever-expanding product range. Having started with Frozen Dough Products, Mezban Frozen Foods now offers a wholesome range in a combination of native and international cuisine in ready-to-cook and ready-to-eat vegetable and wheat products.

Mezban Frozen Foods are meant to satisfy taste buds of everyone - from ordinary folk looking for a quick but tasty and nutritious fix to a discerning, hard-to-please gourmand. Moreover, Mezban Frozen Foods products are 100% natural with no preservatives.

The company has heavily invested in Quality Assurance in its entire production process and upgrading itself with international and local innovations in technology is an ongoing affair. State-of-the-art equipment and the International Food Safety System, HACCP, at Mezban Frozen Foods ensures that the entire procedure is meticulously implemented at every step of the way from procurement of raw ingredients to production and final delivery to the consumer's neighbourhoods outlets through an extensive distribution and delivery network, which is one of the largest and safest in the country.

All these factors combined have made Mezban Frozen Foods a synonym for Quality, Freshness and Taste.
Mezban Foods is SANHA (South African National Halal Authority) Certified.

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FROZEN DOUGH PRODUCTS

Plain Paratha

A fluffy layered flat bread using traditional recipe that has been perfected through years of experience. An ideal compliment with curries.

INGREDIENTS: Wheat Flour, Water, Margarine (palm base), Salt and Baking Powder (E500)

Available in: 5, 20 & 30 pieces pack (Dawn & Mezban)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Plain Paratha 5	400 gms (14 oz)	24 x 400 gms	390 x 230 x 215 mm	Frozen -18°C	Two year
Plain Paratha 20	1600 gms (56.43 oz)	6 x 1600 gms	390 x 230 x 215 mm	Frozen -18°C	Two year
Plain Paratha 30	2400 gms (84.65 oz)	4 x 2400 gms	590 x 250 x 215 mm	Frozen -18°C	Two year

Lachha Paratha

Dawn Bread brings a natural, nutritious and wholesome treat for you, Dawn Lachha Paratha. It's tasty, it's crispy, and it's full of layers to give you the complete flavor of a truly rich paratha.

INGREDIENTS: Wheat Flour, Water, Margarine (palm base), Salt and Baking Powder (E500)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Lachha Paratha 4	400 gms (14 oz)	24 x 400 gms	390 x 230 x 215 mm	Frozen -18°C	Two year

Whole Wheat Paratha

Delicious and healthy parathas made from whole wheat.

INGREDIENTS: Whole Wheat Flour, Oat Bran, Margarine (Palm Base), Water, Salt & Baking Powder.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Whole Wheat Paratha 5	400 gms (14 oz)	24 x 400 gms	410 x 235 x 230 mm	Frozen -18°C	Two year
Whole Wheat Paratha 30	2400 gms (84.65 oz)	4 x 2400 gms	410 x 235 x 230 mm	Frozen -18°C	Two year

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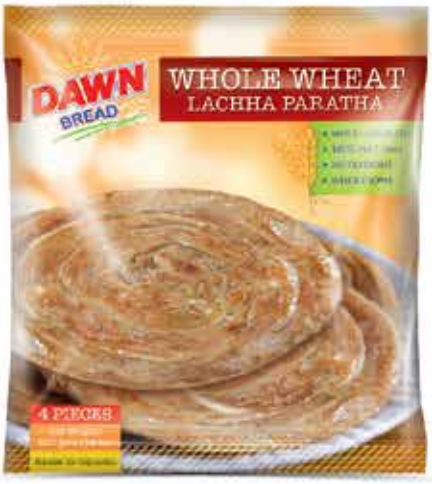
FROZEN DOUGH PRODUCTS



Whole Wheat Lachha Paratha

Multi-Layered, 100% Natural, Nutritious & Wholesome

INGREDIENTS: Whole Wheat Flour, Water, Margarine (palm base), Salt and Baking Powder (E500)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Whole Wheat Lachha 4	400 gms (14 oz)	24 x 400 gms	390 x 230 x 215 mm	Frozen -18°C	Two year

Whole Wheat Chappati

Delicious and healthy chappaties made from whole wheat.

INGREDIENTS: Wheat Flour, Water, Margarine (palm base), Salt and Baking Powder (E500)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Whole Wheat Chapati 10	450 gms (16 oz)	24 x 450 gms	390 x 230 x 275 mm	Frozen -18°C	Two year
Whole Wheat Chapati 30	1350 gms (16 oz)	8 x 1350 gms	390 x 230 x 275 mm	Frozen -18°C	Two year

Onion Paratha

Unusual and delicious parathas stuffed with spring onions and flavored with aromatic spices.

INGREDIENTS: Wheat Flour, Water, Spring Onion, Margarine (Palm Base), Salt & Spices.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Onion Paratha 5	400 gms (14 oz)	24 x 400 gms	410 x 235 x 230 mm	Frozen -18°C	Two year

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Potato Paratha

Delicious, wheat parathas stuffed with a healthy potato mix.

INGREDIENTS: Wheat Flour, Water, Potato, Margarine (Palm Base), Salt & Spices.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Potato Paratha 3 pcs	360 gms (13 oz)	24 x 360 gms	410 x 235 x 230 mm	Frozen -18°C	Two year

Home Style Paratha

Flaky and crispy, multi-layered golden-brown parathas made from whole wheat.

INGREDIENTS: Wheat Flour, Water, Canola Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Home Style Paratha 5	400 gms (14 oz)	24 x 400 gms	410 x 235 x 230 mm	Frozen -18°C	Two year

Peshawari Chai Paratha

Peshawari chai parathas as made by pathan dhabas (cafes) all over.

INGREDIENTS: Wheat Flour, Water, Canola Oil, Sugar, Salt & Baking Powder.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Chai Paratha 3	360 gms (14 oz)	24 x 360 gms	410 x 235 x 230 mm	Frozen -18°C	Two year

Frozen Puri

Light and fluffy wheat bread.

INGREDIENTS: Wheat Flour, Canola Oil, Salt, Baking Powder (E-500) & Water.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Frozen Puri 12	480 gms (17 oz)	20 x 480 gms	390 x 230 x 215 mm	Frozen -18°C	Two year

Frozen Lal Atta Puri Whole Wheat

Light and fluffy Whole wheat bread.

INGREDIENTS: Whole Wheat Flour, Canola Oil, Salt, Baking Powder (E-500) & Water.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Frozen Lal Atta Puri 12	480 gms (17 oz)	20 x 480 gms	390 x 230 x 215 mm	Frozen -18°C	Two year

Spring Roll Pastry

Mezban spring roll pastry sheets are easy to peel, light yet thin and elastic enough for easy wrapping. Delightfully crispy when deep fried.

INGREDIENTS: Wheat Flour (48%), Water, Coconut Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Spring Roll Pastry 20 Sheets	275 gms (10 oz)	40 x 275 gms	410 x 235 x 230 mm	Frozen -18°C	Two year
Spring Roll Pastry 30 Sheets	147 gms (5.2 oz)	40 x 147 gms	410 x 355 x 95 mm	Frozen -18°C	Two year

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FROZEN TANDOOR PRODUCTS

Tandoori Naan

Hand Streched traditional clay oven baked naans giving you the same great taste and aroma. Fully baked and frozen fresh.

INGREDIENTS: Wheat Flour, Milk, Water, Canola Oil, Salt & Baking Soda (sodium biocarbonate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Tandoori Nan 5	425 gms (15 oz)	24 x 425 gms	600 x 405 x 170 mm	Frozen -18°C	Two year
Tandoori Nan 15	1275 gms (45 oz)	8 x 1275 gms	600 x 405 x 170 mm	Frozen -18°C	Two year

Tandoori Roti

Round shaped, hand stretched soft and thin tandoori roti a delight with any dish.

INGREDIENTS:
Wheat Flour, Water, Canola Oil, Salt & Baking Soda (sodium biocarbonate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Whole Wheat Tandoori Roti 5	425 gms (15 oz)	24 x 425 gms	600 x 405 x 170 mm	Frozen -18°C	Two year

Whole Wheat Tandoori Roti

Round shaped, hand stretched soft and thin Whole Wheat tandoori roti a delight with any dish.

INGREDIENTS: Whole Wheat Flour, Water, Canola Oil, Salt & Baking Soda (sodium biocarbonate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Whole Wheat Tandoori Roti 5	425 gms (15 oz)	24 x 425 gms	600 x 405 x 170 mm	Frozen -18°C	Two year

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FROZEN TANDOOR PRODUCTS

Frozen Sheermal

A special sweat bread prepared using the finest of wheat flour, sugar, butter and milk, flavored with saffron. A great accompaniment with Korma and Nehari (Native Curries).

INGREDIENTS: wheat flour, canola oil, milk powder, margarine (Palm Base), water, salt & sugar.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Frozen Sheermal 3	675 gms (24 oz)	20 x 675 gms	475 x 250 x 235 mm	Frozen -18°C	Two year

Garlic Naan

A rich butter and garlic infused naan bread. Goes great with BBQ dishes.

INGREDIENTS: Wheat Flour, Water, Canola Oil, Garlic, Red Chilli, Cumin Seed, Coriander, Green Chilli, Salt & Baking Soda (sodium biocarbonate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Garlic Naan 5	425 gms (15 oz)	24 x 425 gms	600 x 405 x 170 mm	Frozen -18°C	Two year

Roghni Kulcha

Kulcha a typical punjabi naan bread, thick and soft.
Great accompaniment with murgh chole and BBQ dishes

INGREDIENTS: Wheat Flour, Water, Canola Oil, Sugar, Salt & Baking Soda (sodium biocarbonate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Roghni Kulcha 5	500 gms (18 oz)	10 x 500 gms	390 x 235 x 215 mm	Frozen -18°C	Two year

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SNACKS

Cocktail Samosa

Triangle Shape Turnover Stuffed with Spicy Vegetables.

INGREDIENTS:
FILLING: Potato, Peas, Salt, Citric Acid, Coriander, Canola Oil & other Spices.
PASTRY: Wheat Flour, Canola Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Cocktail Samosa 30	590 gms (21 oz)	12 x 590 gms	525 x 300 x 210 mm	Frozen -18°C	one year

Punjabi Samosa

Crispy Pastry Stuffed with Spicy Potato.

INGREDIENTS:
FILLING: Potato, Onion, Salt, Citric Acid, Coriander, Canola Oil & Other Spices.
PASTRY: Wheat Flour, Canola Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Punjabi Samosa 10	480 gms (17 oz)	12 x 480 gms	525 x 300 x 210 mm	Frozen -18°C	one year

Potato Samosa

Thin Crispy Pastry Stuffed with Spicy Potato.

INGREDIENTS:
FILLING: Potato, Onion, Salt, Citric Acid, Coriander, Canola Oil & Other Spices.
PASTRY: Wheat Flour, Canola Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Potato Samosa 20	580 gms (21 oz)	12 x 580 gms	525 x 300 x 210 mm	Frozen -18°C	one year

Mix Vegetable Samosa

Triangle Shape Turnover Stuffed with Spicy Vegetables.

INGREDIENTS:
FILLING: Potato, Peas, Salt, Citric Acid, Coriander, Canola Oil & Other Spices.
PASTRY: Wheat Flour, Canola Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Mix Vege Samosa 20	580 gms (21 oz)	12 x 580 gms	525 x 300 x 210 mm	Frozen -18°C	one year

Spring Roll

Crispy Savory Pastry with Mix Vegetable Filling.

INGREDIENTS:
FILLING: Cabbage, Capsicum, Carrot, Spring Onion, Salt, Black Pepper, Soya Bean Oil, Soya Sauce & Garlic.
PASTRY: Wheat Flour, Water & SALT.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Spring Roll 30	590 gms (21 oz)	12 x 590 gms	525 x 300 x 210 mm	Frozen -18°C	one year

Channa Chaat Samosa

Crispy Pastry Stuffed with Spicy Potato and Chickpeas

INGREDIENTS:
FILLING: Potatoes, Chickpeas, Onion, Tomatoes, Tamarind, Green Chillies, Coriander, Salt & Spices.
PASTRY: Wheat Flour, Canola Oil & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Channa Chaat Samosa 10	480 gms (16.93 oz)	12 x 480 gms	525 x 300 x 210 mm	Frozen -18°C	one year

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READY TO EAT MEALS

Lahori Chole

Chickpeas Cooked in a Tangy Savory Sauce.

INGREDIENTS: Chick-Peas, Tomato, Onion, Water, canola Oil, Ginger Paste, Green Chilli, Garlic, Salt, Tamarind, Red chilli Powder, Coriander Powder, Cumin, Turmeric Powder, Black Pepper Powder, Clove Powder, Cinnamon & Cardamom.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Lahori Chole	280 gms (9.8 oz)	12 x 280 gms	410 x 355 x 95 mm	Frozen -18°C	one year

Lahori Chikar Chole

Whole Chickpeas in Thick Savory Gravy.

INGREDIENTS: Chick-Peas, Canola Oil, Coriander, Ginger, Garlic, Black Pepper, Cumin Seed, Hot Spices, Cardamom and Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Lahori Chikar Chole	280 gms (9.8 oz)	12 x 280 gms	410 x 355 x 95 mm	Frozen -18°C	one year

Halwa Puri Combo Box

A traditional Pakistani breakfast. Same great authentic taste in a convenient ready to eat. Ready to cook combo box consisting of Crispy Puris, savory Potato and Chick pea curry and delectable sweet halwa.

INGREDIENTS:
Puri: Wheat Flour, Water, Canola Oil & Salt. ***Aloo Tarkari:*** Potatoes, Canola Oil, Ginger, Garlic, Red Chilli, Turmeric, Coriander, Cumin Seed & Salt.
Choley Tarkari: Chick Peas, Oil, Red Chilli, Turmeric, Ginger, Garlic, Cumin Seed & Salt.
Halwa: Semolina, Sugar & Canola Oil.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Halwa Puri Combo Box	870 gms (30 oz)	12 x 870 gms	550 x 340 x 175 mm	Frozen -18°C	one year

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KARACHI'S SPECIAL

Bun Kabab

FAMOUS STREET STYLE

READY TO EAT **6** STREET STYLE BUN KABAB WITH CHUTNEYS

INGREDIENTS: ***Vegetable Patties:***

Chickpeas lentils, Potato, Onion, Spices, Fresh Coriander, Ginger, Garlic and Salt.

Street Style Bun:

Wheat Flour, Water, Sugar, Salt, Soyabean oil, Wheat Gluten, Instant yeast, Calcium Propionate.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Street Style Bun Kabab	660 gms (23.28 oz)	12 x 660 gms	480 x 390 x 200 mm	Frozen -18°C	one year

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Cake Rusk

Crispy, light & delicious

Ingredients: Wheat flour, Sugar, Eggs, Canola Oil, Water, Baking Powder, Vanilla Flavour & Milk.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Cake Rusk	650 gms (23 oz)	12 x 650 gms	460 x 310 x 275 mm	Store in a cool dry place Protect from sun light & water	one year
Cake Rusk	160 gms (5.64 oz)	36 x 160 gms	440 x 370 x 210 mm	Store in a cool dry place Protect from sun light & water	one year
Cake Rusk Mini	80 gms (2.8 oz)	72 x 80 gms	440 x 370 x 210 mm	Store in a cool dry place Protect from sun light & water	one year

Plain Rusk

Crispy, light & delicious

Ingredients:
Wheat Flour, sugar, liquid whole egg, canola oil, water, salt, baking powder and vanilla flavor.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Plain Rusk	240 gms (8.5 oz)	24 x 240 gms	455x435x210 mm	Store in a cool dry place Protect from sun light & water	one year

Zeera Rusk

Crispy, light & delicious

Ingredients:
Wheat Flour, sugar, liquid whole egg , canola oil, water, cumin, salt, baking powder and vanilla flavor.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Zeera Rusk	240 gms (8.5 oz)	24 x 240 gms	455x435x210 mm	Store in a cool dry place Protect from sun light & water	one year

Nan Khatai

The traditional taste

Ingredients:
Flour, Whole Eggs, Milk Powder, Baking Powder, Vegetable Shortening, Sugar, Flavouring & Salt.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Nan Khatai 12 pcs	240 gms (8.5 oz)	12 x 240 gms	450 x 250 x 210 mm	Store in a cool dry place Protect from sun light & water	one year

Plain Baqarkhani

A fluffy & delicious puff pastry

Ingredients:
Wheat Flour, Modified Palm Oil, Canola Oil, Water, Salt, Citric Acid & Artificial Flavour.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Plain Baqarkhani	300 gms (10.6 oz)	12 x 25 gms	580 x 450 x 200 mm	Store in a cool dry place Protect from sun light & water	one year

Sweet Baqarkhani

A sugar coated delicious puff pastry

Ingredients:
Wheat Flour, Modified Palm Oil, Canola Oil, Water, Sugar, Salt, Citric Acid & Artificial Flavour.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Sweet Baqarkhani	300 gms (10.6 oz)	12 x 25 gms	580 x 450 x 200 mm	Store in a cool dry place Protect from sun light & water	one year

Plain Baguette Rusk

Premium Baguette Rusk with the right amount of sweetness, substance of wheat and hint of elaichi, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, sugar, liquid whole eggs, canola oil, water, salt, baking powder & vanilla flavour.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Plain Baguette Rusk	200 gms (7 oz)	18 x 200 gms	445 x 430 x 245 mm	Store in a cool dry place Protect from sun light & water	one year
Plain Baguette Rusk	100 gms (3.5 oz)	36 x 100 gms	445 x 430 x 245 mm	Store in a cool dry place Protect from sun light & water	one year

Zeera Baguette Rusk

Premium Zeera Baguette Rusk with the right amount of sweetness, substance of wheat and hint of cumin, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, sugar, liquid whole eggs, canola oil, water, cumin, salt, baking powder & vanilla flavour.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Zeera Baguette Rusk	200 gms (7 oz)	18 x 200 gms	445 x 430 x 245 mm	Store in a cool dry place Protect from sun light & water	one year
Zeera Baguette Rusk	100 gms (3.5 oz)	36 x 100 gms	445 x 430 x 245 mm	Store in a cool dry place Protect from sun light & water	one year

Whole Wheat Baguette Rusk

Premium Whole Wheat Baguette Rusk with the right amount of sweetness, substance of whole wheat, it perfectly compliments your steaming cup of tea!

Ingredients:
Whole Wheat flour, liquid whole eggs, canola oil, water, salt & baking powder.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Whole Wheat Baguette Rusk	200 gms (7 oz)	18 x 200 gms	445 x 430 x 245 mm	Store in a cool dry place Protect from sun light & water	one year
Whole Wheat Baguette Rusk	100 gms (3.5 oz)	36 x 100 gms	445 x 430 x 245 mm	Store in a cool dry place Protect from sun light & water	one year

Zeera Biscuit

Premium Zeera Biscuit with the right amount of sweetness, substance of wheat and hint of cumin, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, margarine, water, corn syrup, milk, salt, cumin seeds, dextrose, sodium bicarbonate & artificial flavours.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Zeera Biscuit	400 gms (14.10 oz)	12 x 400 gms	415 x 300 x 175 mm	Store in a cool dry place Protect from sun light & water	one year

Pistachio Biscuit

Premium Pistachio Biscuit with the right amount of sweetness, substance of wheat and hint of pistachio, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, margarine, water, corn syrup, milk, salt, pistachio, dextrose, sodium bicarbonate & artificial flavours.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Pistachio Biscuit	400 gms (14.10 oz)	12 x 400 gms	415 x 300 x 175 mm	Store in a cool dry place Protect from sun light & water	one year

Peanut Biscuit

Premium Peanut Biscuit with the right amount of sweetness, substance of wheat and hint of peanut, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, margarine, water, corn syrup, milk, salt, peanut, dextrose, sodium bicarbonate & artificial flavours.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Peanut Biscuit	400 gms (14.10 oz)	12 x 400 gms	415 x 300 x 175 mm	Store in a cool dry place Protect from sun light & water	one year

Almond Biscuit

Premium Almond Biscuit with the right amount of sweetness, substance of wheat and hint of almond, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, margarine, water, corn syrup, milk, salt, almond, dextrose, sodium bicarbonate & artificial flavours.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Almond Biscuit	400 gms (14.10 oz)	12 x 400 gms	415 x 300 x 175 mm	Store in a cool dry place Protect from sun light & water	one year

Coconut Biscuit

Premium Cocont Biscuit with the right amount of sweetness, substance of wheat and hint of coconut, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, margarine, water, corn syrup, milk, salt, coconut, dextrose, sodium bicarbonate & artificial flavours.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Coconut Biscuit	400 gms (14.10 oz)	12 x 400 gms	415 x 300 x 175 mm	Store in a cool dry place Protect from sun light & water	one year

Oatmeal Biscuit

Premium Oatmeal Biscuit with the right amount of sweetness, substance of wheat and hint of oat, it perfectly compliments your steaming cup of tea!

Ingredients:
Wheat flour, margarine, water, corn syrup, milk, salt, oatmeal, dextrose, sodium bicarbonate & artificial flavours.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Oatmeal Biscuit	400 gms (14.10 oz)	12 x 400 gms	415 x 300 x 175 mm	Store in a cool dry place Protect from sun light & water	one year

Bakery Style Frozen Plain Cake

Ingredients:
Flour, Vegetable Oil, Butter, Sugar, Eggs, Milk Powder, Baking Powder, Artificial Flavour, Salt & Preservatives.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Frozen Plain Cake	240 gms (8.5 oz)	12 x 240 gms	345 x 290 x 150 mm	Frozen -18°C	one year

Bakery Style Frozen Fruit Cake

Ingredients:
Flour, Vegetable Oil, Butter, Sugar, Eggs, Milk Powder, Baking Powder, Artificial Flavour, Salt & Preservatives.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Fruit Cake	240 gms (8.5 oz)	12 x 240 gms	345 x 290 x 150 mm	Frozen -18°C	one year

Bakery Style Frozen Rasmalai Cake

Ingredients:
Flour, Sugar, Butter, Vegetable Oil, Fresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder, Rasmalai Syrup, Skim Milk Powder, Invert Syrup, Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Rasmalai Cake	240 gms (8.5 oz)	12 x 240 gms	345 x 290 x 150 mm	Frozen -18°C	one year

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Frozen Delight Vanilla Cupcake

Ingredients:
Wheat Flour, Sugar, Butter, Vegetable Oil, Fresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder,Skim Milk Powder, Invert syrup, Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Vanilla Cupcake	180 gms (6.34 oz)	12 x 180 gms	430 x 305 x 195 mm	Frozen -18°C	one year

Frozen Delight Chocolate Cupcake

Ingredients:
Wheat Flour, Sugar, Butter, Vegetable Oil, Fresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder, Chocolate Filling, Skim Milk Powder, Invert syrup, Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Chocolate Cupcake	180 gms (6.34 oz)	12 x 180 gms	430 x 305 x 195 mm	Frozen -18°C	one year

Frozen Delight Strawberry Cupcake

Ingredients:
Wheat Flour, Sugar, Butter, Vegetable Oil, vFresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder, Strawberry Jam, Skim Milk Powder, Invert Syrup, Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Strawberry Cupcake	180 gms (6.34 oz)	12 x 180 gms	430 x 305 x 195 mm	Frozen -18°C	one year

Frozen Delight Mango Cupcake

Ingredients:
Wheat Flour, Sugar, Butter, Vegetable Oil, Fresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder, Mango Pulp, Mango Flavor, Skim Milk Powder, Invert syrup,Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Mango Cupcake	180 gms (6.34 oz)	12 x 180 gms	430 x 305 x 195 mm	Frozen -18°C	one year

Frozen Delight Rasmalai Cupcake

Ingredients:
Wheat Flour, Sugar, Butter, Vegetable Oil, Fresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder, Rasmalai Syrup, Skim Milk Powder, Invert syrup, Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Rasmalai Cupcake	180 gms (6.34 oz)	12 x 180 gms	430 x 305 x 195 mm	Frozen -18°C	one year

Frozen Delight Chocolate Fudge Cupcake

Ingredients:
Wheat Flour, Sugar, Butter, Vegetable Oil, Fresh Eggs, Salt, Baking Powder, Natural Flavour, Food Colour, Vanillin Powder, Cocoa Powder, Chocolate Filling, Skim Milk Powder, Invert syrup, Cake Emulsifier, Glycerine (E-422), Citric Acid (E-330) & Permitted Food Preservative (E-202)

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Choco Fudge Cupcake	180 gms (6.34 oz)	12 x 180 gms	430 x 305 x 195 mm	Frozen -18°C	one year

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DELECTABLE DESSERTS

Gajar Halwa

Carrot in a sweet cream sauce

INGREDIENTS:

Carrot, Standardized Milk, Sugar, Canola Oil, Cardamom & Nut.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Gajar Halwa	1000 gms (35.37 oz)	12 x 1000 gms	450 x 335 x 180 mm	Frozen -18°C	one year
Gajar Halwa	280 gms (9.8 oz)	12 x 280 gms	410 x 335 x 95 mm	Frozen -18°C	one year

Gulab Jamun

Soft dumplings in a sugary syrup

INGREDIENTS:

Sugar, Water, Modified milk Ingredeints, Wheat Flour, Canola Oil and Cardamom.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Gulab Jamun 20 pcs	1000 gms (35.37 oz)	12 x 1000 gms	450 x 335 x 180 mm	Frozen -18°C	one year
Gulab Jamun 8 pcs	400 gms (14.10 oz)	12 x 400 gms	410 x 335 x 95 mm	Frozen -18°C	one year

Lachha Rabri

Thick & creamy milk dessert

INGREDIENTS:

Milk, Sugar & Modified Milk.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Lachha Rabri	1000 gms (35.37 oz)	12 x 1000 gms	450 x 335 x 180 mm	Frozen -18°C	one year
Lachha Rabri	280 gms (9.8 oz)	12 x 280 gms	410 x 335 x 95 mm	Frozen -18°C	one year

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DELECTABLE DESSERTS

Rasmalai

Soft cheese dumplings in a rich creamy sauce

INGREDIENTS:
Milk, Sugar, Modified Milk Ingredients, Wheat Flour, Pistachio Nuts.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Rasmalai 20 pcs	1000 gms (35.37 oz)	12 x 1000 gms	450 x 335 x 180 mm	Frozen -18°C	one year
Rasmalai 8 pcs	280 gms (9.8 oz)	12 x 280 gms	410 x 335 x 95 mm	Frozen -18°C	one year

Moti Choor Laddu

Soft dumplings

INGREDIENTS:
Gram Flour, Clarified Butter, Vegetable Oil, Semolina, Orange Colour E129.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Motichoor Laddu 12 pcs	720 gms (25.4 oz)	12 x 720 gms	450 x 335 x 180 mm	Frozen -18°C	one year
Motichoor Laddu 8 pcs	350 gms (10.5 oz)	12 x 350 gms	410 x 335 x 95 mm	Frozen -18°C	one year

Chum Chum

Sweet & soft Dumplings in sugar syrup

Ingredients:
Pasteurised Milk, Sugar, Wheat Flour, Semolina, Baking Powder (Sodium Aluminum Sulphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Chum Chum 6 Pieces	400 gms (14.10 oz)	12 x 400 gms	410 x 355 x 95 mm	Frozen -18°C	one year

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DELECTABLE DESSERTS

Dhaka Chum Chum

Sweet & soft Dumplings in sugar syrup

Ingredients:
Pasteurised Milk, Sugar, Wheat Flour, Semolina, Baking Powder (Sodium Aluminum Sulphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Dhaka Chum Chum 6 Pieces	400 gms (14.10 oz)	12 x 400 gms	410 x 355 x 95 mm	Frozen -18°C	one year

Pink Chum Chum

Sweet & soft Dumplings in sugar syrup

Ingredients:
Pasteurised Milk, Sugar, Wheat Flour, Semolina, Baking Powder (Sodium Aluminum Sulphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Pink Chum Chum 6 Pieces	400 gms (14.10 oz)	12 x 400 gms	410 x 355 x 95 mm	Frozen -18°C	one year

Rasgulla

Sweet & soft Dumplings in sugar syrup

Ingredients:
Pasteurised Milk, Sugar, Wheat Flour, Semolina, Baking Powder (Sodium Aluminum Sulphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Rasgulla 6 Pieces	400 gms (14.10 oz)	12 x 400 gms	410 x 355 x 95 mm	Frozen -18°C	one year

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DELECTABLE DESSERTS

Besan Laddu

Sweet gram flour balls

Ingredients:
Gram flour, Sugar, Non-hydrogenated vegetable shortening (canola oil and palm oil), Cardamom.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Besan Laddu 6 Pieces	300 gms (10.6 oz)	12 x 300 gms	410 x 355 x 95 mm	Frozen -18°C	one year

Habshi Halwa

Thick, Milky & Tantalizing!

Ingredients:
Milk, Sugar, Wheat Flour, Non-hydrogeneted vegetable shortening (Canola oil and palm oil).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Habshi Halwa	400 gms (14.10 oz)	12 x 400 gms	410 x 355 x 95 mm	Frozen -18°C	one year

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CAKE MIXES

Cake Mix
Chocolate Cake

Ingredients:
Wheat Flour, Sugar, Cocoa Powder, Milk Powder, Salt, Modified Cornstarch, Raising Agent (E500ii, E450i), Xanthan Gum (E415), Tricalcium Phosphate (E341), Potassium Sorbate (E202), Permitted Food Flavoring of Plant and Synthetic Based Origin (Chocolate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Chocolate Cake	450 gms (15.87 oz)	12 x 450 gms	300 x 250 x 205 mm	Store in a cool dry place Protect from sun light & water	one year

Cake Mix
Vanilla Cake

Ingredients:
Wheat Flour, Sugar, Milk Powder, Salt, Modified Cornstarch, Raising Agent (E500ii, E450i), Xanthan Gum (E415), Tricalcium Phosphate (E341), Potassium Sorbate (E202), Permitted Food Flavoring of Plant and Synthetic Based Origin (Vanilla).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Vanilla Cake	450 gms (15.87 oz)	12 x 450 gms	300 x 250 x 205 mm	Store in a cool dry place Protect from sun light & water	one year

Cake Mix
Brownie

Ingredients:
Wheat Flour, Sugar, Cocoa Powder, Milk Powder, Salt, Modified Cornstarch, Raising Agent (E500ii, E450i), Xanthan Gum (E415), Tricalcium Phosphate (E341), Potassium Sorbate (E202), Permitted Food Flavoring of Plant and Synthetic Based Origin (Chocolate).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Brownie	450 gms (15.87 oz)	12 x 450 gms	300 x 250 x 205 mm	Store in a cool dry place Protect from sun light & water	one year

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Pancake Mix
Original

Ingredients:
Wheat Flour, Milk Powder, Salt, Modified Cornstarch, Raising Agent (E500ii, E450i), Xanthan Gum (E415), Tricalcium Phosphate (E341), Potassium Sorbate (E202), Permitted Food Flavoring of Plant and Synthetic Based Origin (Vanilla).

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Pancake Mix Original	480 gms (16.93 oz)	12 x 480 gms	300 x 250 x 205 mm	Store in a cool dry place Protect from sun light & water	one year

Self Raising Flour

Ingredients:
Flour, salt, sodium bicarbonate, leavning agent (E 500), potassium sorbet.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Self Raising Flour	400 gms (14.10 oz)	12 x 400 gms	300 x 250 x 205 mm	Store in a cool dry place Protect from sun light & water	one year

Instant Mug Mix
Chocolate Cake

Ingredients:
Wheat Flour, Sugar, Cocoa Powder, Milk Powder, Salt, Modified Cornstarch, Raising Agent (E500ii, E450i), Xanthan Gum (E415), Tricalcium Phosphate (E341), Potassium Sorbate (E202), Permitted Food flavoring of Plant and Synthetic Based Origin (Chocolate). **Peanut Butter Topping Ingredients:**
Dry Roasted Peanuts, Salt, Palm Oil and Molasses.

PRODUCT	WEIGHT	PACKING	CARTON SIZE	STORAGE	SHELF LIFE
Instant Mug Mix	450 gms (15.87 oz)	12 x 450 gms	300 x 250 x 205 mm	Store in a cool dry place Protect from sun light & water	one year

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 11.29 oz (320 g)	Weight: 20 Pieces 22.57 oz (640 g)
Packing: 24x320 gms	Packing: 12x640 gms
8 94559 00035 8	8 94559 00063 1

Nutrition Facts
Serving Size: 2 Piece (64g)
Serving Per Container 5

Amount Per Serving	
Calories 170	Calories from Fat 80
	% Daily Value*
Total Fat 10g	**15%**
Saturated Fat 2g	**25%**
Trans Fat 0g	**0%**
Cholesterol 0mg	**22%**
Sodium 480mg	**2%**
Total Carbohydrate 20g	**2%**
Dietary Fiber 2g	**8%**
Sugars 2g	
Protein 5g	

Vitamin A	0%	• Vitamin C	0%
Calcium	2%	• Iron	8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Filling:*** Minced Chicken, Onion, Green Chilli, Red Chilli, Soybean Oil or Frying Oil, Fresh Coriander, Cumin Seed, Black Pepper & Salt.
Pastry: Wheat Flour, Rice Flour, Canola Oil & Salt.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 11.29 oz (320 g)	
24x320 gms	
8 94559 00056 3	

Nutrition Facts
Serving size (30g)

Amount Per Serving	
Calories	**150**
	% Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**
Total Carbohydrate 29g	**11%**
Dietary Fiber 2g	**7%**
Total Sugars 5g	
Includes 0g Added Sugars	**0%**
Protein 3g	**6%**
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 1.26mg	8%
Potassium 141mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories aday is used for general nutrition advice.

INGREDIENTS: ***Filling:*** Minced Chicken, Onion, Green Chilli, Red Chilli, Soybean Oil or Frying Oil, Fresh Coriander, Cumin Seed, Black Pepper & Salt.
Pastry: Wheat Flour, Rice Flour, Canola Oil & Salt.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 11.28 oz (280 g)	Weight: 16 Pieces 19.75 oz (560 g)
Packing: 24x280 gms	Packing: 12x560 gms
8 94559 00068 6	8 94559 00016 7

Nutrition Facts
Serving Size: 2 Pieces 70g
Servings Per Container: 4

Amount Per Serving	
Calories 60	Calories from Fat 25
	% Daily Value*
Total Fat	3g 5%
Saturated Fat	1g 5%
Trans Fat	0g 0%
Cholesterol	38mg 13%
Sodium	32mg 1%
Total Carbohydrate	1g 0%
Dietary Fiber	1g 4%
Sugars	1g
Protein	8g

Vitamin A 7% • Vitamin C 8%
Calcium 6% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Chicken, Onion, Ginger, Garlic, Butter (Sweet Cream, natural flavouring), Green Chilli, Green Mint, Fresh Coriander, Cumin Seed, Hot Spices & Salt.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 9.8 oz (280 g)	
Packing: 24x280 gms	
8 94559 00055 6	

Nutrition Facts
Serving Size: 2 Pieces (70g)
Serving Per Container: 4

Amount Per Serving	
Calories 60	Calories from Fat 25
	% Daily Value*
Total Fat	3g 5%
Saturated Fat	1g 5%
Trans Fat	0g 0%
Cholesterol	38mg 13%
Sodium	38mg 1%
Total Carbohydrate	1g 0%
Dietary Fiber	1g 4%
Sugars	6g
Protein	8g

Vitamin A 7% • Vitamin C 8%
Calcium 6% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Chicken, Onion, Ginger, Garlic, Butter (Sweet Cream natural flavouring), Green Mint, Fresh Coriander, Cumin Seed, Hot Spices, Green Chilli & Salt.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 12 oz (340 g)	
Packing: 24x340 gms	
8 94559 00031 0	

Nutrition Facts
Serving Size: 2 Pieces (85g)
Serving Per Container: 4

Amount Per Serving	
Calories 157	Calories from Fat 89
	% Daily Value*
Total Fat	10g **15%**
Saturated Fat	5g **25%**
Trans Fat	0g **0%**
Cholesterol	65g **22%**
Sodium	45mg **2%**
Total Carbohydrate	5g **2%**
Dietary Fiber	2g **8%**
Sugars	2g
Protein	15g

Vitamin A	2%	• Vitamin C	20%
Calcium	15%	• Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Chicken, Onion, Grade A Eggs, Butter (Sweet Cream natural flavouring), Corn Meal Flour, Fresh Coriander Seed, Green Chilli, pomegranate Seed, Salt, Cumin Seed & Red Chilli.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 13.40 oz (380 g)	
Packing: 24x380 gms	
8 94559 00032 7	

Nutrition Facts
Serving Size: 2 Piece (76g)
Serving Per Container: 5

Amount Per Serving	
Calories 206	Calories from Fat 116
	% Daily Value*
Total Fat	5g **23%**
Saturated Fat	5g **25%**
Trans Fat	0g **0%**
Cholesterol	85mg **28%**
Sodium	60mg **2%**
Total Carbohydrate	5g **2%**
Dietary Fiber	2g **8%**
Sugars	2g
Protein	20g

Vitamin A	2%	• Vitamin C	20%
Calcium	15%	• Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Chicken, Lentil, Onion, Ginger, Grade A Eggs, Garlic, Red Chilli, Clove, Fresh Coriander, Cumin Seed, Cinnamon, Black Pepper, Cardamom, Salt & Bay Leaf.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 4 Pieces 14.10 oz (400 g)	
Packing: 24x400 gms	
8 94559 00066 2	

Nutrition Facts
Serving Size: 1 Piece (100g)
Servings per container: 4

Amount Per Serving	
Calories 60	Calories from Fat 25
	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 1g	**5%**
Trans Fat 0g	**0%**
Cholesterol 40mg	**13%**
Sodium 40mg	**1%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 1g	**4%**
Sugars 6g	
Protein 8g	

Vitamin A	7%	• Vitamin C	8%
Calcium	6%	• Iron	20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Chicken Seekh:*** Minced Chicken, Onion, Butter (Sweet Cream, natural flavouring), Green Chilli, Red Chilli Powder, Aniseed, Ginger, Garlic, Cumin, Mint, Coriander, Salt & Hot Spice Powder. ***Wrap:*** Wheat Flour, Vegetable Oil, Water, Salt,Baking Powder & Milk Powder. ***Sauce:*** Tamarind, Sugar, Red Chilli Powder, Cumin Seed, Salt, Garlic & Aniseed.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 14.8 oz 420 g)	
Packing: 24x420 gms	
8 94559 00074 7	

Nutrition Facts
Serving Size: 1 Pieces (140g)
Serving Per Container: 3

Amount Per Serving	
Calories 550	Calories from Fat 290
	% Daily Value*
Total Fat 32g	**50%**
Saturated Fat 6g	**29%**
Trans Fat 0g	**0%**
Cholesterol 35mg	**12%**
Sodium 690mg	**29%**
Total Carbohydrate 51g	**17%**
Dietary Fiber 2g	**9%**
Sugars 8g	
Protein 15g	

Vitamin A	10%	• Vitamin C	10%
Calcium	10%	• Iron	20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Tikka:*** Chicken, Vegetable Oil, Salt, Lemon Juice, Garlic, Ginger, Red Chilli Powder, Hot Spices. ***Wrap:*** Wheat Flour, Water, Milk Powder, Salt, Butter (Sweet Cream natural flavouring), Baking Powder (E500).
Sauce: Tamarind, Sugar, Red Chilli Powder, Powder Cumin Seed, Garlic & Salt.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10.6 oz (300 g)	
Packing: 24x300 gms	
8 94559 00057 0	

Nutrition Facts
Serving Size: 1 Pieces (100g)
Serving Per Container: 3.2

Amount Per Serving		
Calories 594	Calories from Fat 270	
		% Daily Value*
Total Fat	31g	**47%**
Saturated Fat	3g	**17%**
Trans Fat	0g	**0%**
Cholesterol	153mg	**51%**
Sodium	1303mg	**54%**
Total Carbohydrate	17g	**6%**
Dietary Fiber	6g	**23%**
Sugars	2g	
Protein	64g	

Vitamin A 64% • Vitamin C 31%
Calcium 10% • Iron 29%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Chicken Tikka:*** Chicken, Oil, Lemon Juice, Salt, Ginger, Garlic, Hot Spice Powder, Cumin Powder, Ginger Powder & Garlic Powder.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 12.41 oz (352 g)	
Packing: 24x352 gms	
8 94559 00039 6	

Nutrition Facts
Serving Size: 1 Piece (44g)
Serving Per Container: 8

Amount Per Serving		
Calories 110	Calories from Fat 45	
		% Daily Value*
Total Fat	5g	**8%**
Saturated Fat	1g	**5%**
Trans Fat	0g	**0%**
Cholesterol	10mg	**3%**
Sodium	170mg	**7%**
Total Carbohydrate	12g	**4%**
Dietary Fiber	1g	**4%**
Sugars	1g	
Protein	3g	

Vitamin A 64% • Vitamin C 31%
Calcium 10% • Iron 29%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Pastry:*** Wheat Flour, Water & Salt. ***Filling:*** Chicken Meat, Cabbage, Carrot, Green Onion, Capsicum, Soybean Oil, Soy Sauce (Water, Soybean, Wheat, Salt, Sugar, Monosodium Glutamate, Licorice, Disodium Succinate, Disodium Inosinate, Disodium Guan Ylate), Black Pepper & Salt.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 12.7 oz (360 g)	Weight: 12 Pieces 19.04 oz (540 g)
Packing: 24x360 gms	Packing: 12x540 gms
8 94559 00084 6	8 94559 00076 1

Nutrition Facts

Serving Size: 2 Pieces (90g)
Servings Per Container: 4

Amount Per Serving	
Calories 292	Calories from Fat 171
	% Daily Value*
Total Fat 20g	**31%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 45mg	**15%**
Sodium 518mg	**22%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	**5%**
Sugars 0g	
Protein 14g	

Not a significant source of vitamin D, calcium, iron, and potassium

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Filling:*** Chicken, Onion, Canola/Soybean Oil, Green Chilli, Coriander, Salt, Natural Flavourings & Seasonings. ***Wrap:*** Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mono-nitrate, Riboflavin, Folic Acid), Palm & Soybean Oil, Water, Salt, Mono-Calcium Phosphate & Egg.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 9.9 oz (280 g)	
Packing: 24x280 gms	
8 94559 00090 7	

Nutrition Facts

Serving Size: (80g)
Servings Per Container: 3

Amount Per Serving	
Calories 230	Calories from Fat 120
	% Daily Value*
Total Fat 22g	**20%**
Saturated Fat 4g	**24%**
Trans Fat 0g	
Cholesterol 46mg	**14%**
Sodium 90mg	**8%**
Total Carbohydrate 3g	**1%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 20g	**40%**

Not a significant source of vitamin D, calcium, iron, and potassium

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Chicken, Ginger, Garlic, Chilli, Clove, Cardamom, Papaya, Salt, Yogurt, Bay Leaves, Coriander, Cumin, Flour, Corn Oil.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 11.29 oz (320 g)	
Packing: 24x320 gms	
8 94559 00034 1	

Nutrition Facts
Serving Size: 2 Piece (64g)
Serving Per Container 5

Amount Per Serving	
Calories 170	Calories from Fat 80
	% Daily Value*
Total Fat 10g	**15%**
Saturated Fat 2g	**25%**
Trans Fat 0g	**0%**
Cholesterol 0mg	**22%**
Sodium 480mg	**2%**
Total Carbohydrate 20g	**2%**
Dietary Fiber 2g	**8%**
Sugars 2g	
Protein 5g	

Vitamin A	0%	• Vitamin C	0%
Calcium	2%	• Iron	6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Filling:*** Minced Beef, Onion, Green Chilli, Red Chilli, Soybean Oil or Frying Oil, Fresh Coriander, Cumin Seed, Black Pepper & Salt.
Pastry: Wheat Flour, Rice Flour, Canola Oil & Salt.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 11.29 oz (320 g)	
24x320gms	
8 94559 00059 4	

Nutrition Facts
Serving size (30g)
Amount Per Serving
Calories 150

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 1.26mg	8%
Potassium 141mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories aday is used for general nutrition advice.

INGREDIENTS: ***Filling:*** Minced Beef & Chicken, Onion, Green Chilli, Red Chilli, Soybean Oil or Frying Oil, Fresh Coriander, Cumin Seed, Black Pepper & Salt.
Pastry: Wheat Flour, Rice Flour, Canola Oil & Salt.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 12 oz (340 g)	
Packing: 24x340 gms	
8 94559 00028 0	

Nutrition Facts
Serving Size: 2 Pieces (85g)
Serving Per Container: 4

Amount Per Serving		
Calories 157	Calories from Fat 89	
		% Daily Value*
Total Fat	10g	**15%**
Saturated Fat	5g	**25%**
Trans Fat	0g	**0%**
Cholesterol	65g	**22%**
Sodium	45mg	**2%**
Total Carbohydrate	5g	**2%**
Dietary Fiber	2g	**8%**
Sugars	2g	
Protein	15g	

Vitamin A	2%	• Vitamin C	20%
Calcium	15%	• Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Beef, Onion, Grade A Eggs, Butter (Sweet Cream natural flavouring),Corn Meal Flour, Fresh Coriander Seed, Green Chilli, pomegranate Seed, Salt, Cumin Seed & Red Chilli.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 9.8 oz (280 g)	Weight: 10 Pieces 19.75 oz (560 g)
Packing: 24x280 gms	Packing: 12x560 gms
8 94559 00030 3	8 94559 00064 8

Nutrition Facts
Serving Size: 2 Pieces 70g
Servings Per Container: 4

Amount Per Serving		
Calories 80	Calories from Fat 25	
		% Daily Value*
Total Fat	3g	**5%**
Saturated Fat	1g	**5%**
Trans Fat	0g	**0%**
Cholesterol	38mg	**13%**
Sodium	32mg	**1%**
Total Carbohydrate	1g	**0%**
Dietary Fiber	1g	**4%**
Sugars	1g	
Protein	8g	

Vitamin A	7%	• Vitamin C	8%
Calcium	6%	• Iron	20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Beef, Onion, Butter (Sweet Cream,natural flavouring), Ginger, Garlic, Green Chilli, Salt, Green Mint, Fresh Coriander, Cumin Seed & Hot Spices.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 4 Pieces 14.10 oz (400 g)	
Packing: 24x400 gms	
8 94559 00065 5	

Nutrition Facts
Serving Size: 1 Piece (100g)
Servings per container: 4

Amount Per Serving		
Calories 60	Calories from Fat 25	
		% Daily Value*
Total Fat	3g	**5%**
Saturated Fat	1g	**5%**
Trans Fat	0g	**0%**
Cholesterol	40mg	**13%**
Sodium	40mg	**1%**
Total Carbohydrate	1g	**0%**
Dietary Fiber	1g	**4%**
Sugars	6g	
Protein	8g	

Vitamin A	7%	• Vitamin C	8%
Calcium	8%	• Iron	20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Beef Seekh:*** Minced Beef, Onion, Butter (Sweet Cream, natural flavouring), Green Chilli, Red Chilli Powder, Aniseed, Ginger, Garlic, Cumin, Mint, Coriander, Salt & Hot Spice Powder. ***Wrap:*** Wheat Flour, Vegetable Oil, Water, Salt,Baking Powder & Milk Powder. ***Sauce:*** Tamarind, Sugar, Red Chilli Powder, Cumin Seed, Salt, Garlic & Aniseed.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 10 Pieces 13.40 oz (380 g)	
Packing: 24x380 gms	
8 94559 00054 9	

Nutrition Facts
Serving Size: 2 Piece (76g)
Serving Per Container: 5

Amount Per Serving		
Calories 208	Calories from Fat 116	
		% Daily Value*
Total Fat	5g	**23%**
Saturated Fat	5g	**25%**
Trans Fat	0g	**0%**
Cholesterol	85mg	**28%**
Sodium	60mg	**2%**
Total Carbohydrate	5g	**2%**
Dietary Fiber	2g	**8%**
Sugars	2g	
Protein	20g	

Vitamin A	2%	• Vitamin C	20%
Calcium	15%	• Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Minced Beef, Lentil, Onion, Ginger, Grade A Eggs, Garlic, Red Chilli, Clove, Fresh Coriander, Cumin Seed, Cinnamon, Black Pepper, Cardamom, Salt & Bay Leaf.

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SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 8 Pieces 12.7 oz (360 g)	Weight: 12 Pieces 19.04 oz (540 g)
Packing: 24x360 gms	Packing: 12x540 gms
8 94559 00085 3	8 94559 00077 8

Nutrition Facts
Serving Size: 2 Pieces (180g)
Servings Per Container: 8

Amount Per Serving	
Calories 292	Calories from Fat 170
	% Daily Value*
Total Fat 20g	**31%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 45mg	**15%**
Sodium 518mg	**22%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	**5%**
Sugars 0g	
Protein 14g	

Not a significant source of vitamin D, calcium, iron, and potassium

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ***Filling:*** Beef, Onion, Canola/Soybean Oil, Green Chilli, Coriander, Salt, Natural Flavourings & Seasonings. ***Wrap:*** Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mono-nitrate, Riboflavin, Folic Acid), Palm & Soybean Oil, Water, Salt, Mono-Calcium Phosphate & Egg.

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
Weight: 9.9 oz (280 g)	
Packing: 24x280 gms	
8 94559 00091 4	

Nutrition Facts
Serving Size: (80g)
Servings Per Container: 3

Amount Per Serving	
Calories 230	Calories from Fat 120
	% Daily Value*
Total Fat 22g	**20%**
Saturated Fat 4g	**24%**
Trans Fat 0g	
Cholesterol 45mg	**14%**
Sodium 90mg	**8%**
Total Carbohydrate 3g	**1%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 20g	**40%**

Not a significant source of vitamin D, calcium, iron, and potassium

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Beef, Ginger, Garlic, Chilli, Clove, Cardamom, Papaya, Salt, Yogurt, Bay Leaves, Coriander, Cumin, Flour, Corn Oil.

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FROZEN MEAT PRODUCTS

SPECIFICATIONS	
REGULAR PACK	FAMILY PACK
	Weight: 6 Pieces 24 oz (680 g)
	Packing: 12x540 gms
	8 50001 84610 3

Nutrition Facts

6 Servings per container
Serving size 1 Burger Patty (113g)

Amount Per Serving	
Calories	**280**
	Daily Value*
Total Fat 23g	29%
Saturated Fat 10g	50%
Trans Fat 1g	
Cholestrerol 65mg	22%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fibre 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.0mg	10%
Potassium 310mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

100% BEEF

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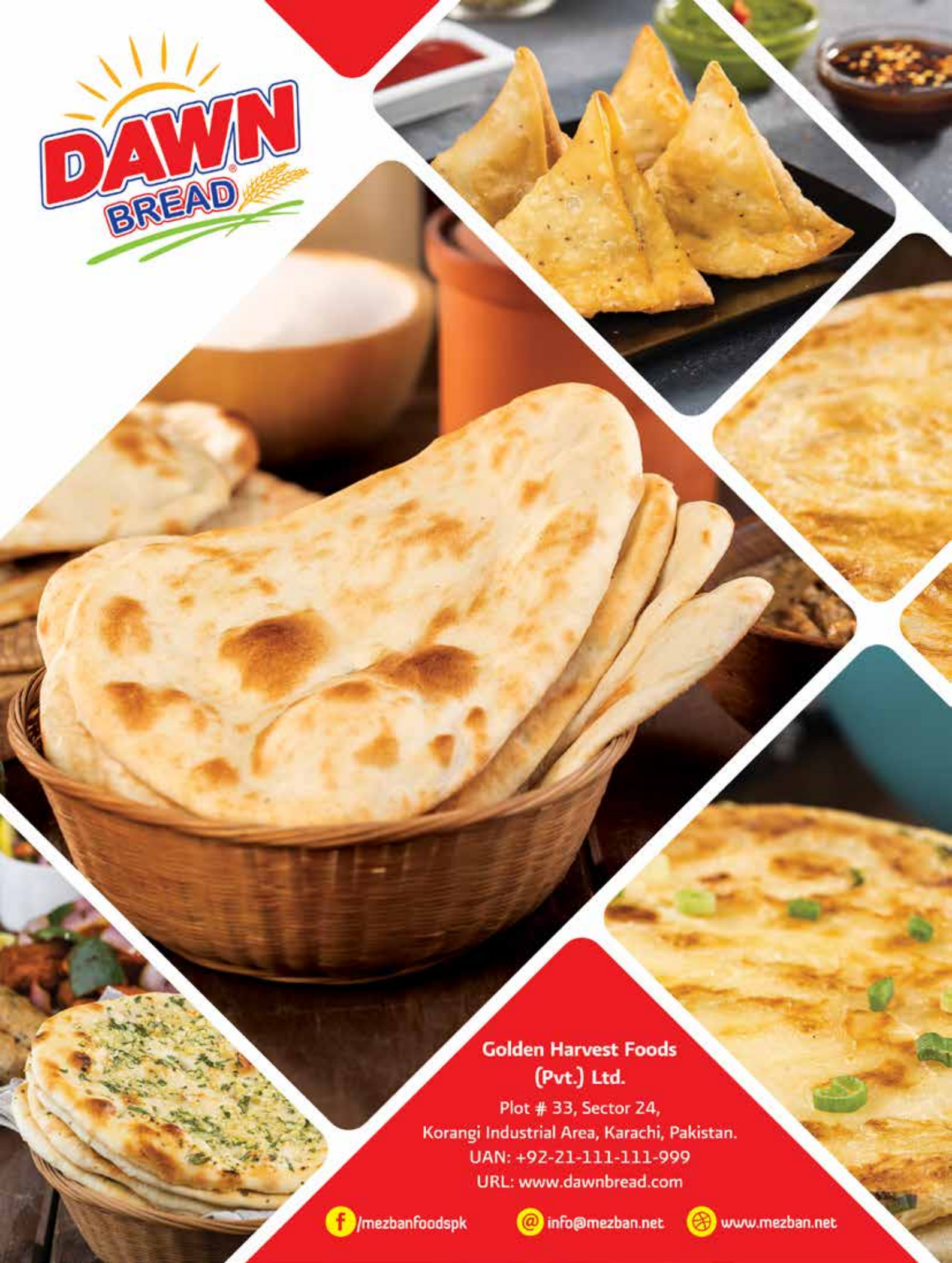

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