



# Andenes

CULTIVOS ORIGINARIOS



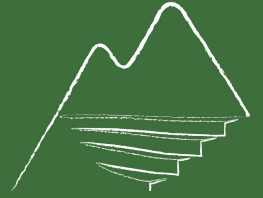


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# Introduction



At Andenes, we recognize the nutritional value of our Andean products, that is why we want to introduce our Peruvian superfoods to the world.

Andenes is the brand of GLINT for agroexport and offers native superfoods from the Amazon jungle and the Andes Mountains.

We cooperate with producers, importers, suppliers and other types of partners that allow us to build trustworthy relations with



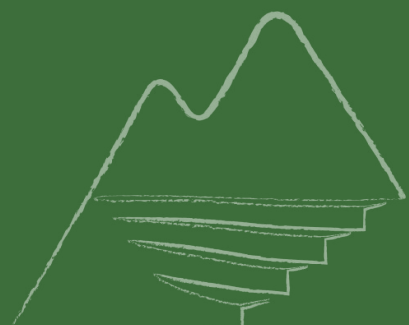


# About us

We are a Peruvian company focused on the promotion and export of superfoods since 2012.

We offer healthy and quality products, according to the high standards of international markets.

We have experience in the organic food market and currently work with more than 15 countries globally. Our goal is to create close and long term relationships with our customers.





# PRODUCTS



# Quinoa

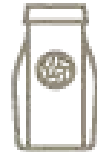
Quinoa is a superfood with many nutritional properties. It contains all the essential amino acids necessary for the human body, including lysine, methionine and histidine. These amino acids participate in the process of protein synthesis in the body.

## Health Benefits

Quinoa's abundant amino acids help in protein absorption and muscles regeneration, being a great support for anyone before or after sports or heavy duties. From Quinoa It's an abundant source of dietary fiber, which will help us prevent stomach problems and constipation.

Quinoa is a gluten-free superfood, avoiding bloated feeling in the stomach, hives, fatigue and joint pain.

# Presentation Types



Pre-cooked



Flour



Powder



Flakes



Beans

## Certifications





# Sesame

Sesame seeds are small and tasty seeds famous in Asian cuisine; they are old and famous superfoods with good nutrients and minerals content.

## Health Benefits

Sesame has multiple benefits for our body, being a source of nutrients that improves and protects essential functions in the body, such as:

- Cholesterol control.
- Improves the cardiovascular system.
- Source of antioxidants.
- Attributes that help prevent cancer.

# Presentation Types



Powder



Seeds



Oil

## Certifications





# Sacha Inchi

Sacha Inchi is an original seed from the Amazon rainforest of Peru, it is known for being one of the healthiest oilseeds in the world. The main plant source of Omega-3 worldwide and 70% of Sacha Inchi powder is high quality protein.

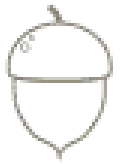
## Health Benefits

- It helps to counteract the problems related to irritable bowel syndrome and fatty liver.
- It benefits the reduction of bad cholesterol in the blood (LDL) and stimulates the increase of good cholesterol (HDL).
- It regulates blood pressure, preventing arterial thrombosis and myocardial infarction.
- It reduces triglycerides, improving blood flow.

# Presentation Types



Powder



Dried Fruits



Oil

## Certifications





# Amazon Nuts

A delicious and healthy dried fruit, full of energy, fiber and protein without calories, being one of the most used ingredients in the world.

Considered the best source of selenium in the world, helping to fight any inflammatory disease, including cancer.

## Health Benefits

- Promote proper growth development.
- Stimulating energy.
- Promotes protein synthesis.
- Helps control hypertension.
- High content of dietary fiber.
- Fight bad cholesterol.
- Protects the skin and prevents aging.

# Presentation Types



Dried Fruits



Powder



Oil

## Certifications





# Panela

It is a healthier sweetener from sugar cane thanks to its molasses content obtained from unrefined sugarcane juice. Nutritionally, brown sugar has a lower calorie content mainly because of the presence of water. It almost doesn't contain fats. Our brown sugar is cultivated in the Peruvian Andes which gives it distinct properties and flavor.

## Health Benefits

- Natural energy boost
- Natural skin scrub
- Less calories than in refined sugar
- More minerals than in refined sugar
- 100% GMO-free and totally organic, free of harmful pesticides or chemicals

# Presentation Types



Raw

## Certifications





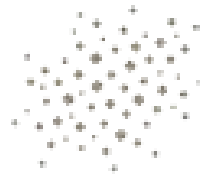
# Maca

This root is native to the Peruvian Central Andes and even today the best quality and most effective maca is still cultivated there. It contains unique compounds such as macaridina, macamides and macaenes, which have a powerful energizing effect. It also contains glucosinolate and polyphenols, both antioxidants known to be helpful in preventing cancer and prostate problems.

## Health Benefits

It increases energy and stamina, as well as increases fertility and libido. Maca is proven to be effective in reducing chronic fatigue syndrome, stress level improving perception and mood. On the other hand, it fights anemia and stimulates the immune system. It helps alleviate the symptoms of menopause and postmenopause in women, as well as in regulating the menstrual cycle in women.

# Presentation Types



Powder



Spray-dried



Dried Slices



Chunks

## Certifications





# Cacao

Our cacao is native from the Peruvian Amazon Rainforest, with a especial profile in flavors and aromas.

Cacao (or cocoa) is rich in carotenes, and it is considered to have up to 20 times more antioxidants than blueberries or wine, helping to reduce the risks of diseases such as cancer and diabetes.

## Health Benefits

Cocoa contains abundant theobromine, which is known for its antidepressant and antistress effects, raising serotonin levels in the body. It is 100% energizer and diuretic. Cocoa contains phytosterols (especially beta-sitosterol) that block the absorption of dietary cholesterol, as well as polyphenols, antioxidants that prevent atherosclerotic processes. Its consumption is perfect for those who require a concentrated energy intake, as the athletes.

# Presentation Types



Dough



Powder



Nibs



Grains

## Certifications



# List of products

## Powdered superfoods

- Sacha Inchi Protein
- Amazon chestnut protein
- Chia protein
- Quinoa super powder
- Kiwicha Super Powder
- Cañihua super powder
- Ginger powder
- Turmeric powder
- Instant Maca Powder / Atomized Extract
- Huanarpo Macho powder / Atomized extract
- Purple Corn Powder / Atomized Extract

## Fruit powder (100% fruit)

- Avocado / Avocado powder
- Coconut powder
- Passion fruit powder
- Golden berries powder
- Cranberry powder
- Strawberries powder
- Camu Camu powder / Atomized extract
- Aguaje powder / Spray extract
- Cocona powder / Spray extract

## Dehydrated fruit

- Golden berries
- Blueberries
- Mango
- Pineapple
- Tangerine

## Dehydrated Superfoods

- Maca chunks / slices
- Chunky / sliced ginger
- Yacon in chunks / slices
- Huanarpo Macho in chunks / slices

## Oils

- Sacha Inchi Oil
- Amazon chestnut oil
- Chia oil
- Passion Fruit Oil
- Avocado / Avocado Oil

## Grains and seeds

- Quinoa
- Kiwicha
- Cañihua
- Chia (Black and white)
- Sesame (Black and white)

## Cereals

- Quinoa Flakes
- Quinoa Balls
- Quinoa Pop
- Cocoa flavored beans

## Vegetables

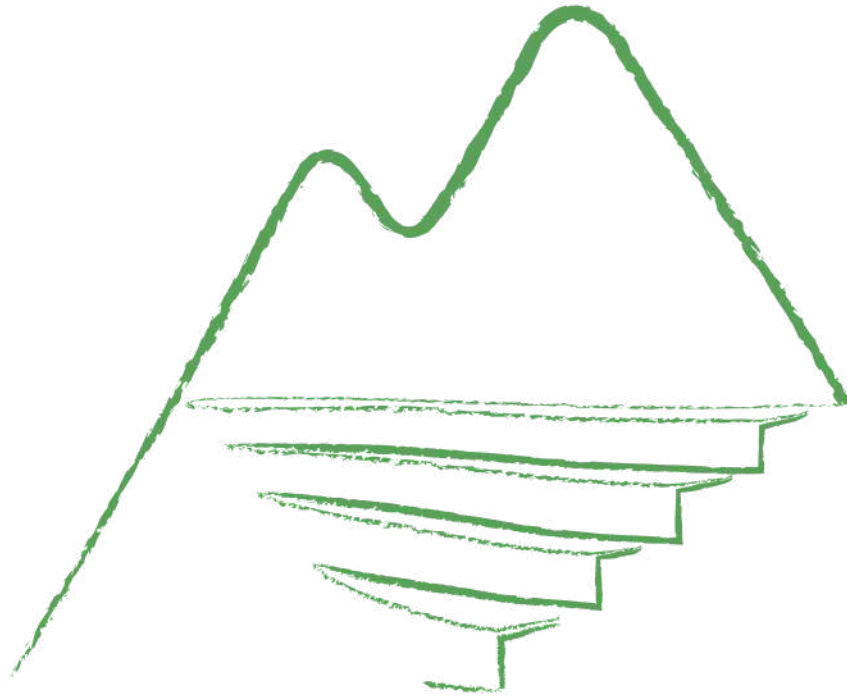
- Cowpea Bean
- Pallar
- Pallar Baby
- Mung bean
- Adzuki Bean

## Cocoa and coffee

- Organic coffee
- Husk Coffee (Cascarilla)
- Cacao Nibs
- Cocoa Husk
- Cocoa Powder
- (low fat / high fat)
- Cocoa butter

## Sweetener

- Panela
- Stevia



**Andenes**  
CULTIVOS ORIGINARIOS

*Thanks for trusting us*

Know more about our products and visit our  
website



<https://www.andenes.life/>