



RIPE PLANTAIN CHOPS

Sweet & Delicious

Tasty sweet and savoury bites, made from perfectly Ripened Plantain.

Perfect as an appetiser, main or as a side dish!



- Versatile Cooking: Bake, oil fry or air fry
- Consistent Ripeness: Brix level of 20 to 24
- Less Oil Absorption: 59% less than Raw Plantain

* Based on Company Cooking Trials

**High Piece
Count:**
**Approx. 335 pcs
per kg**



Multiple Serving Possibilities



As A Side Dish

PLANTAIN CHOPS*



As An Appetiser

YAJI SHRIMP DODO SALAD*

BENEFITS

- 59% less oil absorption than Raw Plantain.
- Unique, portion-perfect cut.
- Consistent ripeness and year-round quality.
- Versatile: great as a topping, with condiments, or dessert with ice cream.
- Easy separation of pieces.



*Recipes available at
www.simplidelicious.com



As Part Of A Main Dish

SUYA DODO STIR FRY*

For best results cook from frozen. Deep fry at 180°C (356°F) for 3 mins, or Oil Brush and Bake at 225°C (437°F) for 7-8 minutes, Or Oil brush and Air fry at 200°C (392°F) for 8 minutes.

Serving Size 85g (3 oz) | 117 Servings per Carton
2.5kg x 4 packs per 10kg carton