

# MAHMOOD TEA®



شاي محمود







**MAHMOOD TEA®**

شاي محمود

*Mahmood Tea is the finest quality tea selected from the premier tea estates in Sri Lanka. It is appreciated by connoisseurs for its subtle, distinctive flavour and bright colour.*

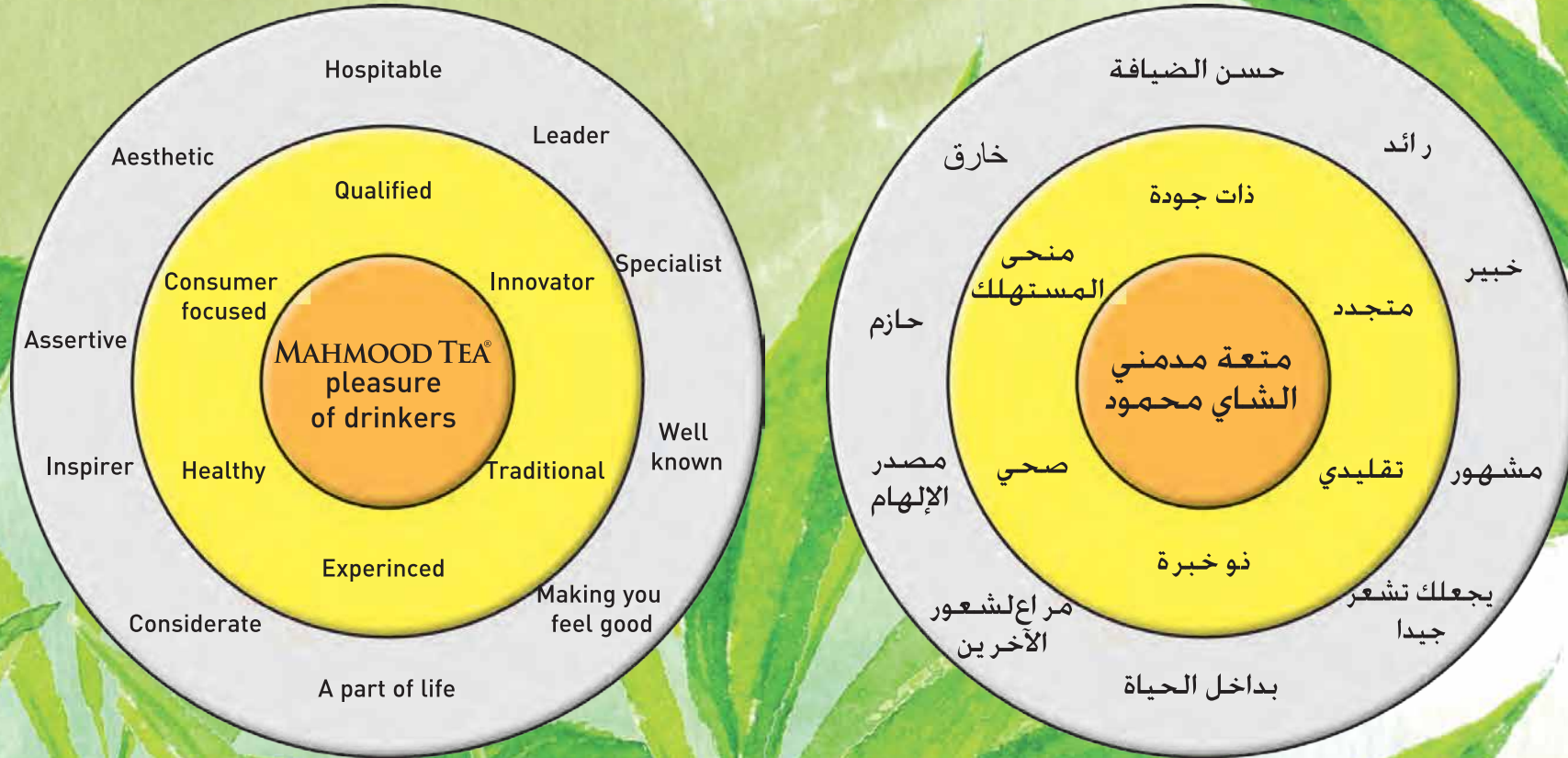
*Discover a new taste with a cup of Mahmood Tea.*

شاي محمود هو من أرقى أصناف الشاي المنتقاة من أشهر مزارع الشاي في سيلان. ينظر إليه الذواقة بتقدير كبير لنكهته الرائعة والتميزة ولونه الذهبي الزاهي. اكتشف عالماً جديداً من المتعة مع شاي محمود.



# Essence and Values of Mahmood Tea Brand

## أساس وقيم شاي محمود



**Our vision as Mahmood Tea** is to lead tea sector by keeping consumer and customer satisfaction at the highest level.

**Our mission is,** by considering the social values, to offer products which are in compliance with the food security principles and benefits of society, sensitive to humans and environment, healthy and hygienic.

نحن شركة محمود هدفنا: الإرتقاء في ميدان الشاي لنيل إعجاب ورضا بائنا ومستهلكينا وكسب ثقتهم في منتجاتنا وبالنسبة لمهمتنا: تقديم منتجات نظيفة وصحية وفقاً للقيم الاجتماعية. ومطابقة لمبادئ الأمن الغذاء العالمي. مع مراعاة القيم الحساسة تجاه الناس والبيئة والتي ترعى المصالح الاجتماعية



# MAHMOOD TEA®

## شاي محمود



**P/N: 61-058**

Mahmood Earl Grey Tea  
شاي معطر  
Square Tin - 450 g



**P/N: 61-065**

Mahmood Earl Grey Tea  
شاي معطر  
100 g



**P/N: 61-115**

Mahmood Earl Grey Tea  
شاي معطر  
200 g



**P/N: 61-114**

Mahmood Earl Grey Tea  
شاي معطر  
450 g



# EARL GREY TEA



**P/N: 61-070**

Mahmood Earl Grey Tea Bags

شاي معطر

100 x 2 g



**P/N: 61-075**

Mahmood Earl Grey Tea Bags

شاي معطر

25 x 2 g



**P/N: 61-030**

Mahmood Earl Grey Tea Bags

شاي معطر

20 x 2 g



**P/N: 61-073**

Mahmood Earl Grey Tea Bags

شاي معطر

50 x 2 g





# MAHMOOD TEA®

شاي محمود



P/N: 61-062

Mahmoody Ceylon Black Tea  
شاي سيلاني اسود  
Square Tin - 450 g



P/N: 61-066

Mahmoody Ceylon Black Tea  
شاي سيلاني اسود  
100 g



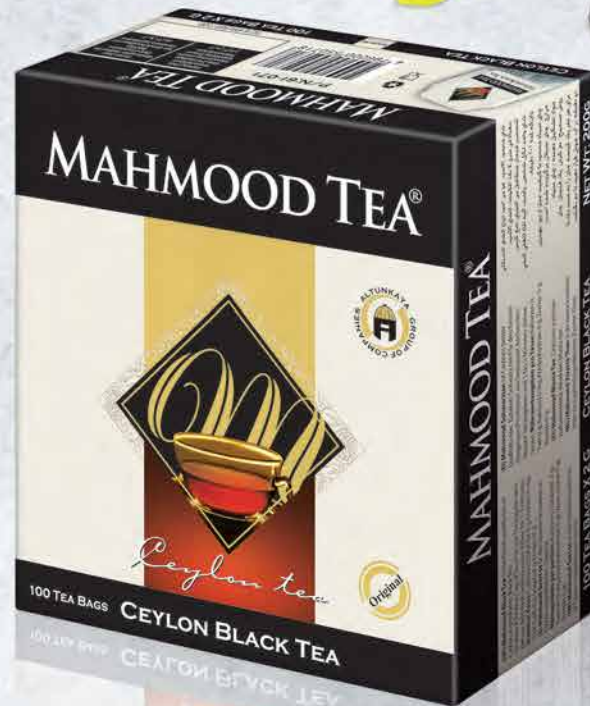
P/N: 61-112

Mahmoody Ceylon Black Tea  
شاي سيلاني اسود  
450 g





# CEYLON BLACK TEA



**P/N: 61-071**

Mahmood Ceylon Black Tea Bags  
شاي سيلاني اسود  
100 x 2 g



**P/N: 61-033**

Mahmood Ceylon Black Tea Bags  
شاي سيلاني اسود  
20 x 2 g



**P/N: 61-074**

Mahmood Ceylon Black Tea Bags  
شاي سيلاني اسود  
50 x 2 g



**P/N: 61-076**

Mahmood Ceylon Black Tea Bags  
شاي سيلاني اسود  
25 x 2 g





# MAHMOOD TEA®

شاي محمود



P/N: 61-063

Mahmood Cardamom Tea  
بطعم الهيل  
Square Tin - 450 g



P/N: 61-067

Mahmood Cardamom Tea  
بطعم الهيل  
100 g



P/N: 61-116

Mahmood Cardamom Tea  
بطعم الهيل  
450 g





# CARDAMOM TEA



**P/N: 61-072**

Mahmood Cardamom Tea Bags

بطعم الهيل

100 x 2 g



**P/N: 61-079**

Mahmood Cardamom Tea Bags

بطعم الهيل

25 x 2 g



**P/N: 61-032**

Mahmood Cardamom Tea Bags

بطعم الهيل

20 x 2 g



**P/N: 61-078**

Mahmood Cardamom Tea Bags

بطعم الهيل

50 x 2 g





# MAHMOOD TEA®

شاي محمود



P/N: 61-206

Mahmood Green Tea

شاي أخضر  
100 g



P/N: 61-205

Mahmood Green Tea

شاي أخضر  
200 g



P/N: 61-208

Mahmood Green Tea

شاي أخضر  
450 g





# GREEN TEA



P/N: 61-034

Mahmood Green Tea Bags  
شاي أخضر  
20 x 2 g



P/N: 61-203

Mahmood Green Tea Bags  
شاي أخضر  
100 x 2 g



P/N: 61-204

Mahmood Green Tea Bags  
شاي أخضر  
25 x 2 g





# MAHMOOD TEA®

## شاي محمود



**P/N: 61-882**

Mahmood Super Opa Tea  
شاي خشن ممتاز  
800 g



**P/N: 61-881**

Mahmood Super Opa Tea  
شاي خشن ممتاز  
400 g



**P/N: 61-880**

Mahmood Super Opa Tea  
شاي خشن ممتاز  
160 g





# SUPER OPA



P/N: 61-878

Mahmood Super Opa Tea  
شاي خشن ممتاز  
900 g



P/N: 61-877

Mahmood Super Opa Tea  
شاي خشن ممتاز  
450 g





# MAHMOOD TEA®

## SUPER PEKOE

### شاي محمود



P/N: 61-858

Mahmood Super Pekoe Tea

سوبر بیکو

450 g



P/N: 61-856

Mahmood Super Pekoe Tea

سوبر بیکو

900 g





# CINNAMON TEA

P/N: 61-671

Mahmood Cinnamon Tea

شاي القرفة

450 g





# MAHMOOD TEA®

## شاي محمود

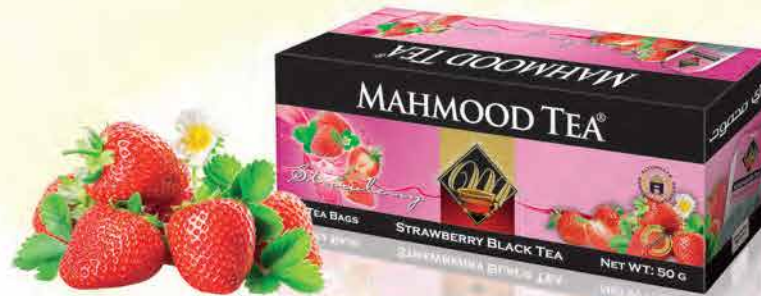


**P/N: 61-197**

Mahmood Cardamom Green Tea Bags

أخضر بالهيل

100 x 2 g



**P/N: 61-202**

Mahmood Strawberry Black Tea Bags

شاي اسود بالفراولة

25 x 2 g



**P/N: 61-200**

Mahmood Cardamom Green Tea Bags

أخضر بالهيل

25 x 2 g



**P/N: 61-201**

Mahmood Ginger Black Tea Bags

شاي اسود بالزنجبيل

25 x 2 g







**P/N: 61-196**

Mahmood Mint Green Tea  
شاي أخضر با نعناع  
100 x 2 g



**P/N: 61-028**

Mahmood Mint Green Tea  
شاي أخضر با نعناع  
20 x 2 g



**P/N: 61-199**

Mahmood Mint Green Tea  
شاي أخضر با نعناع  
25 x 2 g



**P/N: 61-029**

Mahmood Lemon Green Tea  
شاي أخضر با ليمون  
20 x 2 g



**P/N: 61-198**

Mahmood Lemon Green Tea  
شاي أخضر با ليمون  
25 x 2 g



## FLAVORED TEA





# MAHMOOD TEA®

## شاي محمود



P/N: 61-020

Mahmood Hibiscus Herbal Infusion

خطمي  
20 x 2 g



P/N: 61-024

Mahmood Rosehip Herbal Infusion

ثمر الورد  
20 x 2 g



P/N: 61-021

Mahmood Camomile Herbal Infusion

البابونج  
20 x 2 g



P/N: 61-195

Mahmood Slimming Tea

شاي الرشاقة  
20 x 2 g





# HERBAL INFUSION



**P/N: 61-035**

Mahmood Mango Black Tea  
الشاي الأسود مانجو  
20 x 2 g



**P/N: 61-038**

Mahmood Cran Berries Herbal Infusion  
التوت البري  
20 x 2 g



**P/N: 61-037**

Mahmood Borage Herbal Infusion  
دمنوش گیاهی گل گاوزبان  
20 x 2 g



**P/N: 61-039**

Mahmood Forest Berries Herbal Infusion  
التوت الغابي  
20 x 2 g





# MAHMOOD TEA®

## شاي محمود



P/N: 61-662

Mahmood Earl Grey Tea  
شاي معطر  
200 g - Pouch



P/N: 61-664

Mahmood Ceylon Black Tea  
شاي اسود  
200 g - Pouch



P/N: 61-770

Mahmood Cardamom Tea  
بطعم الهيل  
200 g - Pouch



P/N: 61-669

Mahmood Cinnamon Tea  
شاي القرفة  
200 g - Pouch





## SOFT PACKETS



**P/N: 61-666**

Mahmood Earl Grey Tea

شاي معطر

400 g - Pouch



**P/N: 61-668**

Mahmood Ceylon Black Tea

شاي اسود

400 g - Pouch



**P/N: 61-667**

Mahmood Cardamom Tea

بطعم الهيل

400 g - Pouch



**P/N: 61-670**

Mahmood Cinnamon Tea

شاي القرفة

400 g - Pouch





# MAHMOOD TEA®

SOFT PACKETS

شاي محمود



P/N: 61-102

Mahmood Super Pekoe Tea  
سوپر پیکو  
400 g - Pouch



P/N: 61-875

Mahmood Super Opa Tea  
شاي خشن ممتاز  
400 g - Pouch





# Drinking tea reduces non-cardiovascular mortality by 24%, reveals a study in 13,000 people presented at ESC Congress by Professor Nicolas Danchin from France.

Professor Danchin said: "If you have to choose between tea or coffee it's probably better to drink tea. Coffee and tea are important components of our way of life. Their effects on cardiovascular (CV) health have been investigated in the past with sometimes divergent results. We investigated the effects of coffee and tea on CV mortality and non-CV mortality in a large French population at low risk of cardiovascular diseases."

The study included 131,401 people aged 18 to 95 years who had a health check up at the Paris IPC Preventive Medicine Center between January 2001 and December 2008. During a mean 3.5 years follow up there were 95 deaths from CV and 632 deaths from non-CV causes. Coffee or tea consumption was assessed by a self-administered questionnaire as one of three classes: none, 1 to 4, or more than 4 cups per day.

The researchers found that coffee drinkers had a higher CV risk profile than non-drinkers, particularly for smoking. The percentage of current smokers was 17% for non-drinkers compared with 31% in those who drank 1 to 4 cups per day and 57% in those who drank more than 4 cups per day.

Non-coffee drinkers were more physically active, with 45% having a good level of physical activity compared to 41% of the heavy coffee drinkers. Professor Danchin said: "This is highly significant in our large population."

Heavy drinkers of coffee were older than the non-drinkers, with a mean age of 44 compared to 40 years. The differences in blood pressure were small, with heavy coffee drinkers hav-

ing a slightly lower systolic blood pressure (SBP) and higher diastolic blood pressure (DBP) compared to non-drinkers when adjusted for age.

Tea drinkers had the reverse profile of coffee drinkers, with consumers having a better CV risk profile than non-consumers. One-third (34%) of the non-drinkers of tea were current smokers compared to 24% of those who drank 1-4 cups per day and 29% of those who drank more than 4 cups. Physical activity increased with the number of cups of tea per day from 43% in the moderate tea drinkers to 46% in the heavy drinkers.

Tea had a more marked effect on blood pressure than coffee, with a 4-5 mmHg decrease in SBP and 3 mmHg decrease in DBP in the heavy tea drinkers, compared to non-drinkers, when adjusted for age.

Professor Danchin said: "Overall we tend to have a higher risk profile for coffee drinkers and a lower risk profile for tea drinkers. We also found big differences with gender. Men tend to drink coffee much more than women, while women tend to drink more tea than men."

Coffee showed a trend for increasing CV mortality in the heavy compared to non-drinkers but the effect was not significant. Coffee significantly increased non-CV mortality but the increased risk disappeared when the effect was adjusted for smoking. Professor Danchin said: "The trend for higher mortality in coffee drinkers is probably largely explained by

the fact that there are more smokers in the group who drink a lot of coffee."

There was a trend for tea drinking to decrease CV mortality but the effect was not quite significant after adjusting for age, gender and smoking. But tea significantly lowered the risk of non-CV death, with a hazard ratio of 0.76 for tea drinkers compared with no tea at all.

Professor Danchin said: "Tea drinking lowered the risk of non-CV death by 24% and the trend towards lowering CV mortality was nearly significant. When we extended our analysis to 2011 we found that tea continued to reduce overall mortality during the 6 year period. Interestingly, most of the effect of tea on non-CV mortality was found in current or ex-smokers, while tea had a neutral effect in non-smokers."

He concluded: "Tea has antioxidants which may provide survival benefits. Tea drinkers also have healthier lifestyles so does tea drinking reflect a particular person profile or is it tea, per se, that improves outcomes - for me that remains an open question. Pending the answer to that question, I think that you could fairly honestly recommend tea drinking rather than coffee drinking and even rather than not drinking anything at all."

Story Source: The above post is reprinted from materials provided by European Society of Cardiology. Note: Materials may be edited for content and length.





**MAHMOOD TEA®**

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