



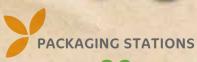
# **ABOUT FACTORY**

















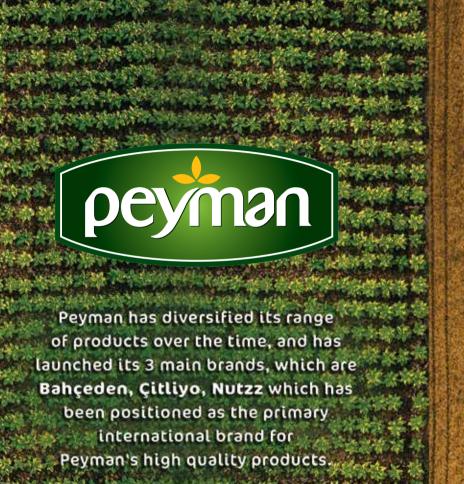
# ABOUT OUR EXPORT

Exporting to 50+ Countries
Word Wide; Sourced from Eskişehir

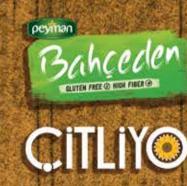
Presence in 5 Continents

Global Presence Centerally Managed from Head Office in Istanbul





# ABOUT OUR BRANDS



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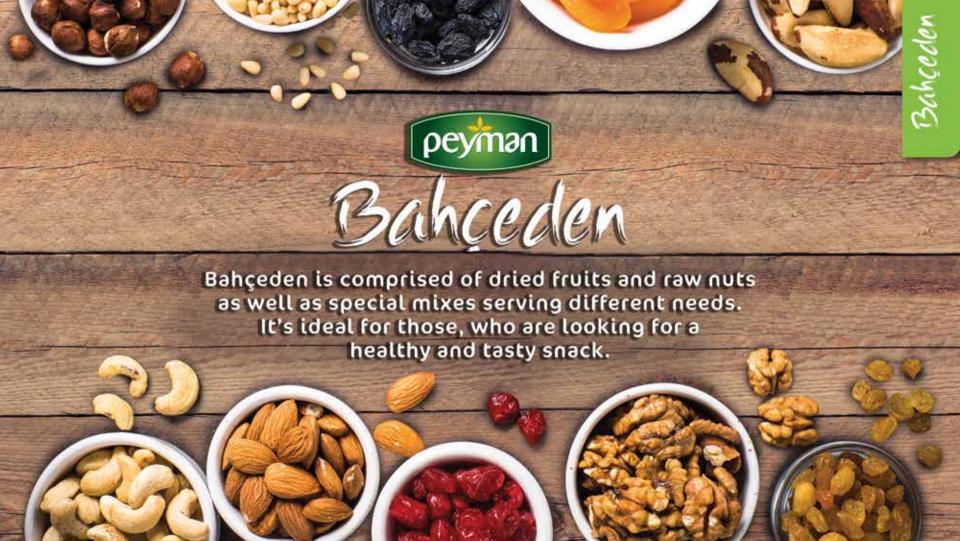


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#### BAHÇEDEN

**Dried Apricots** 

Max 200 G



Dried apricot is rich in potassium. Potassium mineral is crucial for regulating heartbeat, blood pressure and relaxing muscles. With its calcium and magnesium content; dried apricot prevents osteoporosis. Its iron content prevents anemia and helps blood formation and nourishes skin and hair. Iron helps oxygen transmissions to all tissues in the body and blood formation. Dried apricot is also very rich in natural fiber.



Dates

Max 200 G



With its high level of water-soluble content, dates help preventing and eliminating digestive diseases. It strengthens the liver and helps curing sore throat and cough. It is also good for constipation due to its high level of water-soluble fiber. It decreases symptoms of aging in the body. Pure dates nourish the skin. Its iron content treats anemia. Due to coexistence of vitamins B1 and B2; it strengthens the liver.

Bahceder

#### BAHÇEDEN

**Dried Figs** 

Max 200 G



Dried fig, rich in vitamins and minerals, provides energy to the body. Cell growth is supported due to high level of amino acid varieties. Dried fig is also beneficial for throat ache, bronchitis and cough. It also increases body resistance.



Max 120 G



Mulberries are unique source of the antioxidant. They provide support for good cardiovascular health and a strong immune system. Dried mulberries are also a great source of protein, vitamin C and K, fiber and iron.

реупзап



#### BAHÇEDEN

**Dried Sour Cherries** 

Max 200 G



Dried sour cherries have a mild laxative effect, improve skin's state and stabilize the heart rhythm. The consumption of these fruits improves the digestion, strengthens blood vessels and lowers blood pressure. Dried cherries contain amygdaline that lessens the pain in the heart, helps to cure some diseases related to stomach and nervous system. These fruits can even help in fighting cancer due to phenolic acid.

# BAHÇEDEN

Prunes

Max 200 G



Prune is rich in A, C, and B vitamins, potassium, magnesium, phosphorus and iron minerals. In addition to providing strength to the body, it relieves physical and mental fatique as well. It is a natural treatment for anemia. Prune has positive effect on digestive system.

peyman



#### BAHÇEDEN

Raisins

Max 200 G



Raisin is an excellent source of protein and carbohydrates. It contains A, B1, B6 and C vitamins, phosphate, calcium and formic acid minerals. It has curing effect on liver weakness, cough, and bronchitis. It is also known to be beneficial for stomach and dysmnesia.



Max 200 G



Cranberries are used in fighting with heart diseases, diabetes, cancer treatment with its very rich antidoxidant effect. In addition to these, cranberries are very rich in terms of vitamin C.

реупзап



#### BAHÇEDEN

Raw Pumpkin Seed Kernels

Max 200 G



Pumpkin seeds consumption prevents prostate enlargement. With its rich zinc content, it strengthens the immunity system. It helps decreasing the risk of colon cancer. The phytosterin substance contained in its fat decreases cholesterol. It is an excellent source of mineral and protein. Contains essential fats such as Omega 3 and Omega 6 needed for hormone balance, brain functions and skin health.



**Raw Cashew Nuts** 

Max 200 G



Cashew nut is a healthful friend for bones and nerve tissues. It protects the body against various diseases and increases resistance against cancer thanks to the selenium it contains. Since it contains zinc, it has a positive effect against influenza.

реульа





Raw Walnuts

Max 150 G

Bahceden

GLUTENSIZ® YÜKSEK LİF®

Asidi Kaynağı

Çiğ Ceviz

DOGAL

Walnut, the well-source of Omega 3, has anti-stress feature as much as fish meat does. Walnut prevents blood-clotting, regulates blood circulation, stimulates protein synthesis and prevents the formation of abnormal antibodies.



Max 100 G

Tazetigi ve Hijyan Koruşan Paket

GLUTENSİZ® YÜKSEK LİF®

Çig Badem

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DOGAL

Kalsiyum Kaynağı

Tazetiği ve Mijyeni Boreyan Paket

DOGAL

Çig Badem

Max 200 G

Almond is well-resource of vitamins and minerals. Almond consumption reduces the risk of coronary heart disease. It supports protection against diabetes and cardiovascular diseases.



Max 100 G Max 200 G

Raw nut is a good source of energy. In addition to providing strength and energy to body, It relieves physical and mental fatigue as well. Raw nuts containing iron, calcium, potassium, magnesium and zinc minerals, protein, E and B vitamins, are also rich in unsaturated fats. Daily consumption of nuts is effective for reducing the risk of heart attack.





# BARS

### **BAHÇEDEN**

Peanut & Pistachio & Hazelnut & Cranberry-Almond & Cashew & Currant & Chia Bar

162 Pieces in a Box 120 Boxes in a Pallet













# MINI BARS

#### **BAHÇEDEN**

Blackcurrant&Cashew&Chia Mini Bar With Honey

**81** G



#### **BAHÇEDEN**

Pistachio Mini Bar With Honey

72 G



#### BAHÇEDEN

Almond & Cranberry Mini Bar With Honey

**81** G







Bahceden GLUTEN FREE ® HIGH FIBER®

Peyman Bahçeden is comprised of high quality dried nuts roasted with mastery, addressing the consumers, who seek for the best roasted dried nuts.



#### **Roasted Hazelnuts**

Max 40 G

Max 90 G

Max 200 G

#### For Gourmet Palates; Roasted Hazelnuts!

1 daily serving/30 grams of hazelnuts reinforces regular cardiovascular functions. Hazelnuts contain a high amount of fiber and protein.

1 (30 grams) or 2 daily servings of hazelnuts support improvements in cellular and cardiac health indicators.





### BAHÇEDEN

#### Roasted & Salted Hazelnuts

Max 80 G

Max 200 G

## For Gourmet Palates; Roasted & Salted Hazelnuts!

The high quality hazelnuts that everyone loves are now salted for unique indulgence.





### BAHÇEDEN

#### **Roasted & Salted Pistachios**

Max 80 G

Max 200 G

# For Gourmet Palates; Roasted & Salted Pistachios!

Pistachios are not only delicious and fun to eat, but also a healthy snack. The edible seeds of the pistacia vera tree contain healthy fats and are a good source of protein, fiber and antioxidants. Pistachios are a rich fiber and protein source and assist the normal functioning of the digestive system as they reinforce healthy gut bacteria. Pistachios are one of the foodstuffs rich in vitamin B6.







### BAHÇEDEN

Roasted & Salted Siirt Pistachios

Max 200 G

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SIIRT

For Gourmet Palates;
Roasted & Salted Siirt Pistachios!

Siirt pistachios differentiates itself from the rest with bigger seeds for more indulgence.

Bahceder

### **BAHÇEDEN**

#### **Roasted Chickpeas**

Max 80 G

Max 200 G

#### For Gourmet Palates; Roasted Chickpeas!

Roasted chickpeas are rich in plant-based protein.

One serving of roasted chickpeas contain 110 calories of energy, 5 grams of protein, 5 grams of fiber and provide satiety thanks to its rich fiber content.

Roasted chickpeas provide good supplementary protein for vegetarians and vegans.



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#### **BAHÇEDEN**

#### Roasted & Salted Chickpeas

Max 80 G

Max 200 G

#### For Gourmet Palates; Roasted & Salted Chickpeas!

Roasted chickpeas have a low glysemic index value and contribute to healthy blood glucose management, as well as contain calcium, iron and sodium. When consumed in controlled portions, roasted chickpeas contain a moderate amount of energy and play an effective role in weight management thanks to their fiber-and protein-rich content. The fiber in roasted chickpeas is mostly soluble and soluble fiber can help increase the amount of healthy bacteria in your intestines. Roasted chickpeas are a healthy food option that contributes to a variety of health benefits from weight management to blood glucose management.



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### **BAHÇEDEN**

Roasted & Salted White Chickpeas

Max 80 G

Tazetiği ve Hijşeni Kovayan Paket Max 200 G

# For Gourmet Palates; Roasted & Salted White Chickpeas!

White roasted chickpeas are an excellent source of plant-based protein that helps prevent diabetes and helps weight loss. White chickpeas contain many vitamins and minerals.





### **BAHÇEDEN**

#### **Roasted & Salted Almonds**



Max 200 G

# For Gourmet Palates; Roasted & Salted Almonds!

An ideal alternative healthy snack with a high content of vitamin E and satiating effect, almonds reinforce the regular cardiovascular health functions. 1 serving (30 grams) of almonds contains 161 calories and 2.5 grams of digestible fiber and covers 37% of the daily requirement for vitamin E.



### BAHÇEDEN

#### **Roasted & Salted Peanuts**

Max 80 G

Max 200 G

# For Gourmet Palates; Roasted & Salted Peanuts!

Peanuts contain high protein and approximately 25% of the energy they provide is from protein. They are also a good source of many vitamins and minerals such as biotin, copper, niacin, folate, manganese, vitamin E, thiamine, phosphorus and magnesium. Peanuts are low in carbohydrates. Carbohydrate content in peanuts is only about 13-16% of total weight.





#### Fried & Salted Peanuts

Max 80 G

Max 200 G

## For Gourmet Palates; Fried & Salted Peanuts!

The high quality tpeanuts that everyone loves are now fried for unique indulgence.





### **BAHÇEDEN**

Roasted & Salted Pumpkin Seeds

Max 80 G

Max 140 G

# For Gourmet Palates; Roasted & Salted Pumpkin Seeds!

Pumpkin seeds are a healthy source of plant-based protein. They reinforce regular cardiovascular functions. Pumpkin seeds contribute to magnesium intake. They are a natural source for "tryptophan", an amino acid that promotes sleep.



Deetz Tuziu Kabak Çekirde

> Bahceden Europer () House plate (2)



#### MIXES

Regular Mix

Max 80 G Max 200 G



# MIXES

**Assorted Mix** 

7 Max 80 G

Max 200 G



#### MIXES

Flavoured Mix

Max 80 G

Max 200 G





7 Max 80 G

Max 200 G



#### MIXES

**Snacks Mix** 

Max 80 G

Max 200 G



# MIXES

**Energy Mix** 

Max 80 G Max 200 G



#### MIXES



Roasted Mixed Nuts with Mango Flavour and Coconut Flakes

Max 200 G



#### **MIXES**



Roasted Mixed Nuts with Red Fruit Flavour and Coconut Flakes

Max 200 G





# MUESU



#### MIXES

**Muesli with Mix Nuts** 

Max 300 G



#### MIXES

Muesli with Red Fruit

Max 300 G







#### ÇİTLİYO

#### Salted Sunflower Seeds

Max 170 G

Sunflower seeds act like antioxidants to protect the body's cells against damage by free radicals which plays a role in various chronic diseases.

They are also a good source for healthy plant-based compounds including phenolic acids and flavonoids that act as antioxidants. Sunflower seeds are rich in unsaturated fatty acids, primarily linoleic acid. Sunflower seeds contribute to balancing blood glucose.









Extra Salted Sunflower Seeds

Max 170 G

You never know before you crunch!

Çitliyo Sunflower Seeds that everyone loves are extra salted for your preference.







## ÇİTLİYO

Taco Flavoured Sunflower Seeds

Max 170 G

You never know before you crunch!

Çitliyo Sunflower Seeds that everyone loves are now Taco flavoured for unique indulgence.









**Unsalted Sunflower Seeds** 

Max 170 G

NEW

CiTLiY®

Roasted & No Salt Added Sunflower Seeds You never know before you crunch!

Çitliyo Sunflower Seeds that everyone loves are freed from salt for even healthier option.





## ÇİTLİYO

Hot Spicy Flavoured Sunflower Seeds

Max 170 G

peyman

You never know before you crunch!

Çitliyo Sunflower Seeds that everyone loves are hot spicy flavoured for unique indulgence.





#### ÇİTLİYO

#### Salted Black Sunflower Seeds

Max 100 G Max 200 G

Sunflower seeds are popular in multigrain breads, snack bars and generally as snacks. They are rich in healthy fats, healthy plant-based compounds and minerals. Sunflower seeds are especially rich in vitamin E and selenium. Black sunflower seeds have bigger the seeds bigger the taste!







**Unsalted Black Sunflower Seeds** 

Max 200 G

You never know before you crunch!

Çitliyo Kara Şimşek Black Sunflower Seeds that everyone loves are freed from salt for even healthier option.









# ÇİTLİYO

Hot Spicy Flavoured Black Sunflower Seeds

Max 200 G

You never know before you crunch!

Çitliyo Kara Şimşek Black Sunflower Seeds that everyone loves are now hot spicy flavoured for unique indulgence.







## ÇİTLİYO

Taco Flavoured Sunflower Seeds

Max 170 G

You never know before you crunch!

Çitliyo Sunflower Seeds that everyone loves are now Taco flavoured for unique indulgence.





### ÇİTLİYO

Sunflower Seeds With Oregano

Max 100 G Max 200 G

You never know before you crunch!

Çitliyo Sunflower Seeds that everyone loves are now Oregano flavoured for unique indulgence.

















# NUTZZ Hot Spicy & Tomato Flavoured Popcorn

Max 45 G Max 110 G

Nutzz Popcorn that everyone loves are hot spicy and tomato flavoured for unique indulgence.



#### **NUTZZ**

Salted Popcorn

Max 45 G Max 110 G

Corn is relatively low in calories with a low level of energy intensity. All of these are properties of weight loss-friendly nutrients. Approximately 1 cup of popcorn contains less calories than many popular snacks



#### **NUTZZ**

#### NUTZZ

Peanut & Almond Flavoured Popcorn

Max 45 G Max 110 G

Nutzz Popcorn that everyone loves are peanut











Sweet Corn Flavoured Corn Snack

Max 100 G

реуттап

SUT MISSIN ERCOMALI ON SIN CARES SWEET COMM PLENONS D'CARIN SMACA

Printeerojis. Printeerojis Printeerojis Estimbergis



Cheese Corn Flavoured Corn Snack

Max 100 G







Onion Fried Flavoured Corn Snack

Max 90 G











Hot Paprika Flavoured Corn Snack

Max 90 G









Corn Snack With Peanut Butter

**M**ax 90 G













#### CERTIFICATE



























ISO 9001





ISO 22000



















**LEED 2018** Certification

DOS Smeta Conform

# **ENVIRONMENT, SOCIAL & GOVERNANCE (ESG)**

• Peyman has all the necessary quality and food safety related certifications and is fully complaint with the regulations in Turkey and export markets on health & safety and food production & safety.





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