

La Pause



Gepro's

Lapause

FL CHOCO

Céréales
+
Lait en Poudre

المكونات الغذائية
Nutrition Facts

Serving Size: 37g	
Amount/Serving	100g 30g
Calories (kcal)	200.5 60.15
Calories from Fat (kcal)	10.21 3.06
Daily Value %*	
Total Fat 1.25g	2% 3%
Saturated Fat 0.5g	10% 3%
Trans Fat 0.5g	10% 3%
Cholesterol 20mg	4% 1%
Sodium 10mg	2% 1%
Total Sugar 10g	20% 6%
Sugar 10g	20% 6%
Salt 0.5g	10% 3%

*Percent Daily Values are based on a 



المكونات الغذائية		Nutrition Facts	
Serving Size: 30g		كمية واحدة: 30 جرام	
Amount/Serving	100g	30g	الكمية / 30 جرام
Calories (kcal)	366.6	109.9	الطاقة (كيلو كالوري)
Calories from fat (kcal)	14.72	4.42	الطاقة من الدهون (كيلو كالوري)
Daily value %			
Total Fat 1.50g	3%	0.45g	الدهون الكلية 1.50 جرام 3%
Saturated Fat 1.00g	20%	0.30g	الدهون المشبعة 1.00 جرام 20%
Cholesterol 0.00g	0%	0.00g	الكوليسترول 0.00 جرام 0%
Sugar 20g	40%	6.0g	السكر 20 جرام 40%
Protein 10.00g	20%	3.0g	البروتين 10.00 جرام 20%
Salt 0.50g	10%	0.15g	الملح 0.50 جرام 10%
Total Daily Value (DV) based on a diet of other people's secrets.			
*Percent Daily Values are based on a 			
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المكونات الغذائية
المحتوى الغذائي لكل 100 جرام

Serving Size: 30g

Amount/Service	100g	30g
Calories (kcal)	362.9	108.87
Calories from Fat (kcal)	152.4	45.72

Daily intake %*

Total Fat 1.6g	3%	8.4g
Saturated Fat 0.53g	10%	5.3g
Cholesterol 0.0g	0%	0.0g
Sodium 0.0g	0%	0.0g
Total 25g	10%	2.5g
Total 42.2g	10%	4.22g
Salt 0.0g	0%	0.0g

المكونات الغذائية لكل 100 جرام

Total Fat 1.6g	3%	8.4g
Saturated Fat 0.53g	10%	5.3g
Cholesterol 0.0g	0%	0.0g
Sodium 0.0g	0%	0.0g
Total 25g	10%	2.5g
Total 42.2g	10%	4.22g
Salt 0.0g	0%	0.0g

* Percent Daily Values are based on a 



المكونات الغذائية		Nutrition Facts	
المكونات الغذائية		Nutrition Facts	
Serving Size: 30g		Amount/Serving	
Amount/Serving		30g	
Calories (kcal)		150	
Calories from Fat (kcal)		150	
Total Fat 1.8g		2%	
Saturated Fat 0.5g		1%	
Trans Fat 0.1g		0%	
Cholesterol 0.1g		0%	
Sodium 0.1g		0%	
Total Crap 1.8g		2%	
Saturated Crap 0.5g		1%	
Trans Crap 0.1g		0%	
Cholesterol 0.1g		0%	
Sodium 0.1g		0%	
Total Crap 1.8g		2%	
Saturated Crap 0.5g		1%	
Trans Crap 0.1g		0%	
Cholesterol 0.1g		0%	
Sodium 0.1g		0%	