

Golyan Agro Pvt. Ltd.



ASHAPURI 

NATURAL HEALTH FOOD FROM HIMALAYA

UNVEILING NATURE'S PRODUCTS TO THE WORLD,
CULTIVATED IN
NEPAL

Everything starts in the soil

Healthy Soil, Healthy Us



Mato | Rooted In Nepal



Derived from the Nepali word “माटो” which translates to soil for the purpose of promoting local produce from the farmers of Nepal.

Mato is dedicated to promoting the finest Nepalese products, while preserving the rich heritage, values, and history of our nation. Our products are crafted to meet the highest global quality standards, ensuring that you receive nothing but the best.



Empowering & supporting farmers of Nepal by educating, enabling, and transforming their farming methods.



Providing a fair and affordable marketplace for organic produce procured directly from the farmers.



Promoting a healthier lifestyle by offering healthy and hygienic produce and enriching the lives of the people.

Our Brands

Ashapuri is committed to promoting and producing organic foods in Nepal as well as beyond Nepal's borders. Our Ashapuri Organic Farm is a 100% certified organic farm located in Nepal and one of the country's largest organic farms.

The company's mission is to provide consumers with high-quality organic products that are healthy and sustainable. We pride ourselves on our commitment to organic farming practices, which involves using natural fertilizers and pesticides and avoiding genetically modified organisms (GMOs).

Ashapuri is dedicated to providing consumers with high-quality organic products while promoting sustainable agriculture.

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ASHA PURI

NATURAL HEALTH FOOD FROM HIMALAYA



Herbs

Rare Herbs

Organic Tea

Super Foods

Essential Oils



Indulge in the Purity of Organic Tea

A symphony of flavor, sustainably cultivated and thoughtfully harvested. Embark on a journey of taste and wellness with our exceptional range of organic teas cultivated in Nepal. Our commitment to organic farming practices ensures that you enjoy tea in its purest form, free from synthetic pesticides and chemicals.

Varieties of Organic Tea

Tusli Chamomile | Cinnamon Leaves Powder | Lemongrass Ginger Tea

Cinnamon Licorice | Tulsi Green | Lemon Ginger | Roselle Tea (Hibiscus Tea)

Turmeric Ginger Licorice | Turmeric Ginger Chamomile | Blue Tea (Butterfly Pea Flower)

Tulsi Ginger | Premium Black Tea | And Many More

Herbs



Licorice



Peppermint



Curry Leaves



Rosemary



Dried Tulsi Leaves



Gooseberry (Amala)



Tulsi



Bay Leaf (Tej Patta)



Lemon grass

Rare Herbs



Spikenard (Jatamasi)



Withania Somnifera (Ashwagandha)



Terminalia Chebula (Harro & Barro)



Dandelion Roots



Long Pepper (Pipla)

Essential Oil

Essential oils are potent plant extracts known for therapeutic benefits. Obtained through processes like distillation, they offer various applications, from promoting relaxation to supporting skincare. Examples include lemon grass for reducing stress, mint for alleviating sheadaches, and peppermint for invigoration. Used mindfully, essential oils enhance mood and well-being, but caution and adherence to safety guidelines are essential.



Varieties of Essential Oils

Jatamasi | Chiraito | Aswaganda | Bay Leaf | Dried Tulsi | Harro | Barro | Curry Leaves | Peppermint | Lemon grass

Szechuan pepper (Timmur) | Cinnamon | Lemon Grass | Mint | Bay Leaf | Ground Apple (Yacón)

Customization Available

Super Foods



Green Banana Flour

Green Banana Flour is good source of resistant starch, banana flour acts as a prebiotic, feeding beneficial gut bacteria. It's also rich in potassium, magnesium, and vitamin B6, supporting heart health and energy production.

Casava Flour



Cassava Flour is rich in carbohydrates and provides energy while being gluten-free. It also contains some fiber, vitamin C, and minerals like manganese and folate.



Moringa Powder

Moringa Powder is packed with essential nutrients, including vitamins A, C, and E, calcium, potassium, and iron. It's known for its anti-inflammatory and antioxidant properties, promoting overall health and boosting immunity.

Chia Seeds



Chia seeds are loaded with fiber, protein, omega-3 fatty acids, and various micronutrients like calcium, magnesium, and phosphorus. They support digestive health, heart health, and can aid in weight management.



Passion Fruit

Passion fruit is a captivating fruit with numerous health benefits. It can help in digestion, boost immunity, enhance eyesight, promote skin health, regulate fluid balance, lower blood pressure, improve circulation, and enhance bone density.



Jackfruit Powder

Hailing from the lush landscapes of Nepal, jackfruit powder embodies the essence of the Himalayan foothills. This exotic superfood brings a taste of Nepal's richness to culinary creations worldwide.

Nettle Products

Nettle Leaves boast centuries-old anti-inflammatory prowess, combating joint pain, allergies, and conditions like arthritis. Our Nettle Leaves and Root Powder are rich in vitamins A, C, and K, bolstering hair health by nourishing and strengthening from within.





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Range Of Products We Offer

Herbal Tea | Herbs | Spices | Super Foods | Essential Oils | Pure Cow Ghee | Shilajit Resin | Pure Raw Honey | Flour | Lentils | Dog Chew | Pickles

✉ Info@mato.com.np | golyangroup.com | ☎ +977-9801186403



For more information

Black Cardamom

Black cardamom is a potent spice loved worldwide. Originating from the eastern Himalayas in Bhutan, Nepal, China, and India, it belongs to the Zingiberaceae family, alongside ginger and turmeric, enriching global cuisines with its unique flavor.



Antioxidant Rich



Heart Health



Weight Management



Respiratory Support



Digestive Aid



Other Spices

Embark on a journey of natural splendor with Nepal's exquisite Spices. Nestled in the heart of the Himalayas, our spices traverse the rugged landscapes, absorbing the pure mountain air and rich soil, imparting a unique essence found nowhere else on Earth.

Dried Chilli, Akabare Dried, Ginger, Turmeric, Szechwan Pepper (Timmur)



Authentic Nepali Spices

Our masala spices, meticulously crafted with premium ingredients, elevate culinary experiences with their authentic flavors, capturing the essence of Nepal's vibrant culinary traditions.

Cumin Powder | Chilli Powder | Turmeric Powder | Coriander Powder | Garam Masala | Panipuri Masala
Momo Masala | Chicken Masala | Meat Masala | And Many More

Shilajit Resin

Discover the essence of Nepal's majestic mountains with Shilajit, a premium natural resin carefully sourced from high-altitude regions. Enriched with minerals and trace elements, our Shilajit encapsulates the purity and vitality of the Himalayas. Our dedication to excellence ensures that each batch undergoes meticulous testing, guaranteeing authenticity and effectiveness. Honoring its traditional roots in Ayurveda, Shilajit is renowned for promoting vitality and overall well-being.



Pure Raw Honey

Natural sweetener straight from the hive to your table. Our honey is carefully harvested from the finest beehives, ensuring that each jar is packed with the goodness of unprocessed, raw honey. Our raw honey is rich in antioxidants, enzymes, and nutrients, making it a healthy choice for sweetening your favorite foods and beverages. Whether you drizzle it over yogurt, spread it on toast, or use it as a natural sweetener in your recipes, our honey is sure to add a delicious touch to your day. Enjoy the pure, unadulterated taste of nature with our raw honey.



Consume with Caution®

Flour

Sourced from premium grains, our flours undergo meticulous milling, ensuring a fine texture that elevates the culinary experience. Whether you're baking, cooking, or crafting delightful dishes, Mato flours offer a wholesome foundation, reflecting a commitment to excellence in every grain. Our flours transform ordinary recipes into extraordinary culinary creations.

Varieties of Flour

Chakki Atta | Maida | Buckwheat Flour
Millet Flour | Wheat Grits | Corn Grits



Lentils (Nepali Pahadi Dal)

Elevating the culinary experience, we want to showcase Nepali lentils (also known as 'dal') cultivated at high altitudes, inviting the world to savor their unique flavors and nutritional benefits, and discover the essence of Himalayan cuisine.

- ✓ Manage Diabetes
- ✓ Promote Skin Health
- ✓ Strengths Bones
- ✓ Reduces Bad Cholesterol





Pure Cow Ghee

A pure and delectable delight, our ghee is meticulously crafted from daily-collected milk sourced from cows grazing in the Himalayan grasslands by local farmer groups. Crafted in small batches ensuring quality and embodying the rich heritage of Nepali traditions.



Himalayan Dog Chew

Nestled amidst the majestic Himalayan regions of Nepal lies a cherished treasure: the Himalayan Dog Chew, also known as “churpi”. This unique canine delight, crafted from hardened yak milk, is a testament to the rich cultural heritage and time-honored traditions of Nepal's mountain communities.



Natural Spring Water

The origin of our Natural Spring Water is located at the foothills of the Langtang valley, Dhunche on the way to the famous Gosaikunda Lake. The rain and snow falls in the Majestic Langtang Himalayan ranges in an average of 7,000 meters high where there is no pollution since the beginning of the planet turns into icy rocks and glaciers. So every drop of this Natural Spring Water is from the rain and snow falling high in the Himalayas which turns into glaciers and slowly melts and finds its way filtering through 4,300 meters of Himalayan bedrock.



Pure . Natural . Himalayan

Authentic Nepali Pickles

Blending locally sourced ingredients to create a symphony of flavors that showcase the rich culinary heritage of Nepal. By promoting these pickles globally, We aim to share the authentic taste of its culinary heritage while empowering women in the process.

Varieties of Pickles

Garlic Timur | Hot & Sweet Mango | Mango
Akabare | Akabare in Vinager | Akabare Radish
Chilli Oil | Lapsi (Hog Plum) | Lemon & Chilli
Mixed Masala | Tama Akabare



Carefully prepared in small batches, reflect the dedication and expertise of women who take pride in their craft



With an emphasis on quality, our women-led enterprises ensure that each jar meets international standards, making them ideal for export



The export of these hand-made pickles, not only supports but also fosters a sense of community pride among the skilled women artisans

 Vegan

 Quality Ingredients

NO

Artificial Colors
Added Preservatives
MSG Added

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