

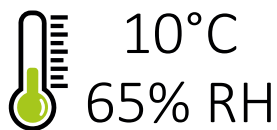
LIME TAHITI

Citrus Latifolia


Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec



Keep to:



Tahiti lime is a fresh and natural product, with an oval or round shape, fresh appearance and firm consistency. oval or round in shape, fresh in appearance and firm in consistency. The lime provides a large amount of vitamin C, potassium and smaller amounts of other vitamins and minerals. of other vitamins and minerals. Vitamin C is involved in the involved in the production of collagen. In addition, it has the property to improve healing and the function of the immune system.

Presentation	Specification	Box			Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT		
BOX 4.5Kg	Bulk	4.5Kg	4.8Kg	240	110x100
BOX 8Kg	Bulk	18Kg	25Kg	70	120x100

Caliber	Diameter (mm)	EE.UU	Europe
1	61-63	110'S	
2	59-61	150'S	42
3	56-59	175'S	48
4	54-55	200'S	54
5	52-53	230'S	54
6	50-51	250'S	63



They are a good source of vitamin C.



Facilitate the absorption of iron in the organism, vital in the production of blood.



They are a good source of fiber, product essential in intestinal care.



They are a good source of calcium, mineral Essential for strong bones.



They are a powerful antioxidant so it prevents premature aging.



It is a natural diuretic that helps you remove toxins.



GLOBAL G.A.P.



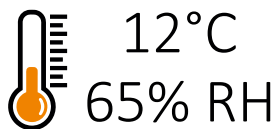


GOLDEN BERRIES

Physalis Peruviana





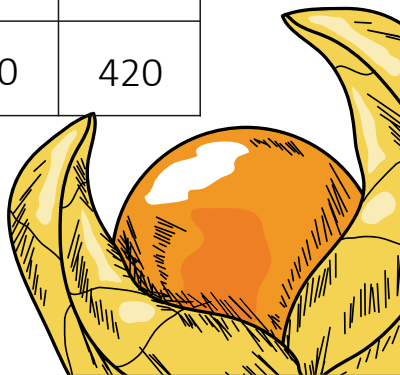
Keep to:



It is an herbaceous plant native to the South American Andes that belongs to the Solanaceae family. The fruits of uchua are enclosed within a calyx or husk that protects them against insects, birds, pathogens, and weather conditions; they are yellow in color, with a diameter between 1.25 and 2.50 cm, and weigh between 4 and 10 grams. Uchuva is a fruit characterized by the high nutritional value provided by its main components. It is rich in vitamins A, C, K, and E, and is an important source of carotenoids, antioxidants, and unsaturated fatty acids.

Capeless
Cape

	Presentation	Specification	Box		N. Box/Pallet	
			NET WEIGHT	GROSS WEIGHT		
A	BOX 2Kg	12 Units x 170g	2.04Kg	2.2Kg	180	
B	BOX 1.5Kg	12 Units x 125g	1.5Kg	1.9Kg	180	180
C	BOX 1.2Kg	12 Units x 100g	1.2Kg	1.6Kg	180	180
D	BOX 1.3Kg	12 Units x 107g	1.3Kg	1.7Kg	180	180
E	BOX 0.75Kg	6 Units x 125g	0.75Kg	1.15Kg	336	340
F	BOX 2.2Kg	Loose	2.2Kg	2.4Kg	110	180
G	BOX 1.2Kg	12 Units x 100g	1.2Kg	1.5Kg	180	300
H	BOX 0.8Kg	8 Units x 100g	0.8Kg	1.1Kg	270	420





GOLDEN BERRIES

Physalis Peruviana

Peeled

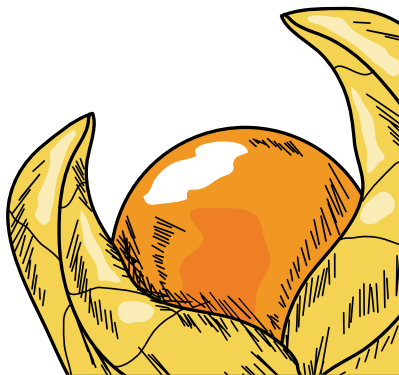
A B



C D



E





GOLDEN BERRIES

Physalis Peruviana

Cape

F

G

H

Información Nutricional	
Tamaño por porción 1/2 Taza (100g)	
Cantidad por porción	
Energía (Calorías) Cal	40
Valor Diario*	
Grasa Total 0 g	0 %
Sodio (Na) 6,1 mg	0 %
Potasio (K) 245,4 mg	5 %
Carbohidrato Total 4,5 g	1 %
Fibra Dietaria 6,3 g	25 %
Proteína 1,1 g	1 %
Vitamina C (Acido Ascórbico) 14,6 mg	24 %
Vitamina A (Betacaroteno) 1150,50 µg	100 %

No es fuente significativa de Grasa, Grasa Saturada, Colesterol y Grasa Trans, Hierro y Calcio.
* Los porcentajes de Valores Diarios están basados en una dieta de 2000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades calóricas.

For more information on the benefits of the cape gooseberry, scan this code:



- Promotes intestinal transit
- Reduces cognitive decline
- Improves eye health
- Anti-inflammatory and healing



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PASSION FRUIT


Passiflora edulis

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Within the Passiflora group, we find the Passion Fruit, a relative of the Maracuya and Granadilla. It has a delicious aromatic flavor, less acidic than the others, and notably juicier. Its color may vary according to ripeness, ranging from green to purple. It contains black-colored seeds with yellow-orange pulp. It is ideal for juices, salads, cocktails, and ice creams, apart from being a great source of minerals and vitamins A, B, and C. The Gulupa grows at an altitude between 1400 and 2500 meters above sea level, in the Cundi-Boyacense region in Colombia and between Cauca and Nariño.








Keep to:

7°C
70% RH

Presentation Specification		Box		N. Box/Pallet	
		NET WEIGHT	GROSS WEIGHT		
BOX 2Kg	Bulk	2kg	2.2kg	300	180

	Caliber	Diameter (mm)
Small 41-45 Uni/Box	1	46mm
	2	47mm
Medium 36-40 Uni/Box	3	51mm
	4	53mm
	5	55mm
Big 30-35 Uni/Box	6	58mm
	7	59mm
	8	61mm
	9	63mm



-  Helps the cardiovascular system since it prevents clogging of the arteries.
-  Helps regulate high blood pressure levels.
-  Improves digestive functions.
-  It helps to sleep.
-  It acts as an analgesic and anti-inflammatory.
-  Supports treatments for diseases such as degenerative arthritis.
-  It is the basis of several multivitamin supplements.



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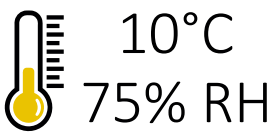
GRANADILLA

Passiflora Ligularis



Among the Passifloras, we find the sweetest of this family, the granadilla, which is a high source of vitamin C and vitamins B1, B2, B3, and B6. It is perfect for juices, desserts, cocktails, and eating at breakfast. Its skin is hard and orange in color, and its plant is characterized by its sweet-scented flower. This delicious fruit mainly grows at altitudes above 1750 and 3000 meters above sea level.

Keep to:



Presentation Specification		Box		✈️	Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT		
BOX 1Kg	Bulk	1kg	1.2kg	300	120x100
BOX 2Kg	Bulk	2kg	2.4kg	160	120x100

Passion fruit is a natural tranquilizer with sedative properties.

- 🌿 Reduces anxiety and stress.
- 🧠 It helps fight insomnia.
- 🔧 Promotes intestinal transit and digestion.
- 📋 It has a great diuretic action, therefore it prevents renal disease.
- 🍷 It has a high fiber content, so it helps solve constipation problems.
- 🥑 It is low in fat, so it can help control cholesterol levels.
- 🍽️ It is very low in calories, making it a perfect food for people who need to go on a diet.





SUGAR MANGO

Mangifera Indica

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Keep to:

12°C
90% RH

This fruit is very sweet, and its interior texture is so smooth that it melts in the mouth. Its peel is red-orange in color and contains a high fiber content. Because of its taste, it is used for desserts, juices, smoothies, salads, cocktails, and ice creams. It grows between 1 and 1800 meters above sea level in various regions, mainly in Tolima.

Presentation	Specification	Box		Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT	
BOX 2Kg	Bulk	2kg	2.3kg	190
BOX 10Kg	Bulk	10kg	10.7kg	50

- Contains vitamin C to increase immunity.
- Improve intestinal health and prevent colon cancer.
- Helps take care of eyesight.
- Help against diabetes.
- Beneficial for anemia.
- Improve memory.
- It has benefits for the skin.



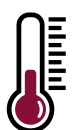


MANGOSTEEN

Garcinia mangostana

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec


Keep to:









12°C

90% RH

The mangosteen is a tropical fruit with a corrugated, sometimes smooth, texture. Its color is purple, and its interior is white with black seeds. It is used for salads, juices, and eating it as it is. This fruit does not grow at temperatures below 4 degrees Celsius and is cultivated at altitudes between 1000 and 1300 meters above sea level.

Presentation	Specification	Box			Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT		
BOX 2Kg	Bulk	2kg	2.4kg	190	120x100



-  Prevents heart disease.
-  Reduces hypertension.
-  Improves urinary function.
-  Fight and prevent allergies.
-  Improves digestion.
-  Lowers cholesterol.

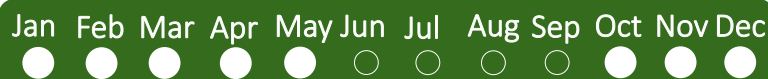


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FEIJOA

Acca Sellowiana



The Feijoa is a delicious fruit with a green color, oval shape, and its interior ranges from white to beige. It is widely used in the region to make sabayon, desserts, juices, creams, and sweets. This fruit is grown in cold areas such as Boyacá, Cundinamarca, and Antioquia. It grows at altitudes between 1000 and 3000 meters above sea level. It is rich in vitamin A and B.

Keep to:

10°C
65% RH

Presentation	Specification	Box		Pallet size(cm)
		NET WEIGHT	GROSS WEGHT	
BOX 2Kg	Bulk	2kg	2.6kg	120x100

- It has anticarcinogenic properties due to its content in flavones and cytokines.
- It benefits the thyroid gland.
- Increases the production of red blood cells, thus preventing anemia.
- Contains vitamins B1, B2, B3, B6, B9, and C.
- It is very beneficial for eliminating cholesterol.
- Natural source of potassium, phosphorus and fiber.



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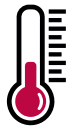
TAMARILLO

Solanun Betaceum

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec


In Colombia, it is known as "Tomate de árbol," it is oval-shaped, and its color is red-yellow. It is commonly consumed in juices, jams, and desserts. Its taste is slightly acidic. This fruit thrives at altitudes between 1500 to 3000 meters above sea level in tropical climates.

Keep to:









4°C

85% RH

Presentation	Specification	Box			Pallet size(cm)
		NET WEIGHT	GROSS WEIGHT		
BOX 2.5Kg	Bulk	2kg	3kg	190	120x100
BOX 2Kg	Bulk	2kg	3kg	190	120x100



-  Low in carbohydrates and rich in vitamins C, B6, A, E and iron. i
-  Helps to improve memory.
-  Helps control blood pressure.
-  Contributes to cure migraine.
-  It stimulates the immune system and improves eyesight.
-  Helps to lose weight.



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BABY BANANA

Musa Paradisiaca

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec



Keep to:









10°C

65% RH

Although it belongs to the same family as the common banana, it is much smaller in size. It is known for its delicious sweet taste and smooth texture. Its color changes as it ripens, from green to yellow. It's perfect for consuming fresh, in creams, salads, and cakes. It is cultivated at altitudes between 1000 and 1500 meters above sea level.

Presentation	Specification	Box		Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT	
BOX 3Kg	Bulk	3kg	3.5kg	120x100



-  High source of potassium.
-  Rich source of easily digestible carbohydrates.
-  Lowers blood pressure.
-  Great energy source.
-  Strengthens the immune system.
-  Contains a higher amount of antioxidants.



FIG

Opuntia Ficus-indica

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Keep to:

6°C
90% RH

It is a fruit related to cacti, in Colombia, it is known as "Tuna." It has a rough texture, its interior is sweet and juicy, ranging from green to red in color. It is widely used in salads, juices, cocktails, and desserts. It is cultivated between 1000 and 3000 meters above sea level. This fruit does not require much water to survive.

Presentation	Specification	Box		Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT	
BOX 2.5Kg	Bulk	2.5kg	2.7kg	120x100



- High source of minerals and vitamins
- Promotes digestive processes.
- Promotes cardiovascular health.
- Great source of energy.
- Take care of the respiratory system.
- Helps maintain normal muscle and nerve normal functioning of muscles and nerves.



GLOBAL G.A.P.



PASSION FRUIT

Passiflora Edulis

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Keep to:

7°C
90% RH

This tropical fruit is the perfect combination of tart and sweet flavors. It's considered an aphrodisiac. Its wrinkled skin indicates its ripeness. It belongs to the passionflower family. The interior contains yellow pulp with edible black seeds. Its versatility makes it perfect for cocktails, desserts, juices, and ice creams. This fruit grows at altitudes between 400 and 1000 meters above sea level, in warm regions.

Presentation	Specification	Box		Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT	
Box 2Kg	Bulk	2kg	2.4kg	160
				120x100

- High source of Vitamin C and A.
- Combats constipation.
- Controls and prevents diabetes.
- Reduces anxiety and stress.
- Combats insomnia.
- Prevents cardiovascular diseases.
- Prevents premature aging and flaccidity





PITAHAYA

Selenicereus Megalanthus

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Keep to:

4°C
79% RH

This exquisite fruit is a cousin of cacti, but it doesn't tolerate long periods of drought. It is very sweet and has several small black edible seeds in its interior. Its thick skin is yellow. This delicious fruit can be consumed fresh, in salads, cocktails, and desserts. It thrives at altitudes between 1300 and 1800 meters above sea level, in regions like Boyacá, Cundinamarca, and Caldas.

Presentation	Specification	Box		Pallet size (cm)
		NET WEIGHT	GROSS WEIGHT	
BOX 2.5Kg	Bulk	2.5kg	2.7kg	120x100



- High source of iron and vitamin C.
- Improves digestive problems.
- Helps the production of red blood cells.
- Contributes to relax the nervous system.
- Has an anti-inflammatory effect.
- Rich in fiber and antioxidants.
- Helps the good state of the intestinal microbiota.
- Controls blood sugar levels.



PAPAYA

Carica papaya

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec




Keep to:



10°C

90% RH

This fruit has a tropical flavor, with smooth orange-colored pulp and round black seeds. Its skin is smooth and orange-green in color. It is widely used in salads, juices, and for fresh consumption. This fruit is cultivated in warm lands, up to altitudes of 1000 meters above sea level.

Presentation	Specification	Box			Pallet size(cm)
		NET WEIGHT	GROSS WEIGHT		
BOX 4.5Kg	Bulk	4.5kg	4.8kg	110	120x100
BOX 7.5Kg	Bulk	7.5kg	7.9kg	80	120x100



It is used to combat constipation.



Prevents asthma.



May reduce the risk of cancer.



Improves calcium absorption.



Prevents heart disease.



It helps our body to sleep, move muscles, learn and memorize.



Excellent source of vitamin C.

