


**GOLDEN
CROP**
For Better Living

Naturally Fortified LOW GI Healthy Rice



CIC

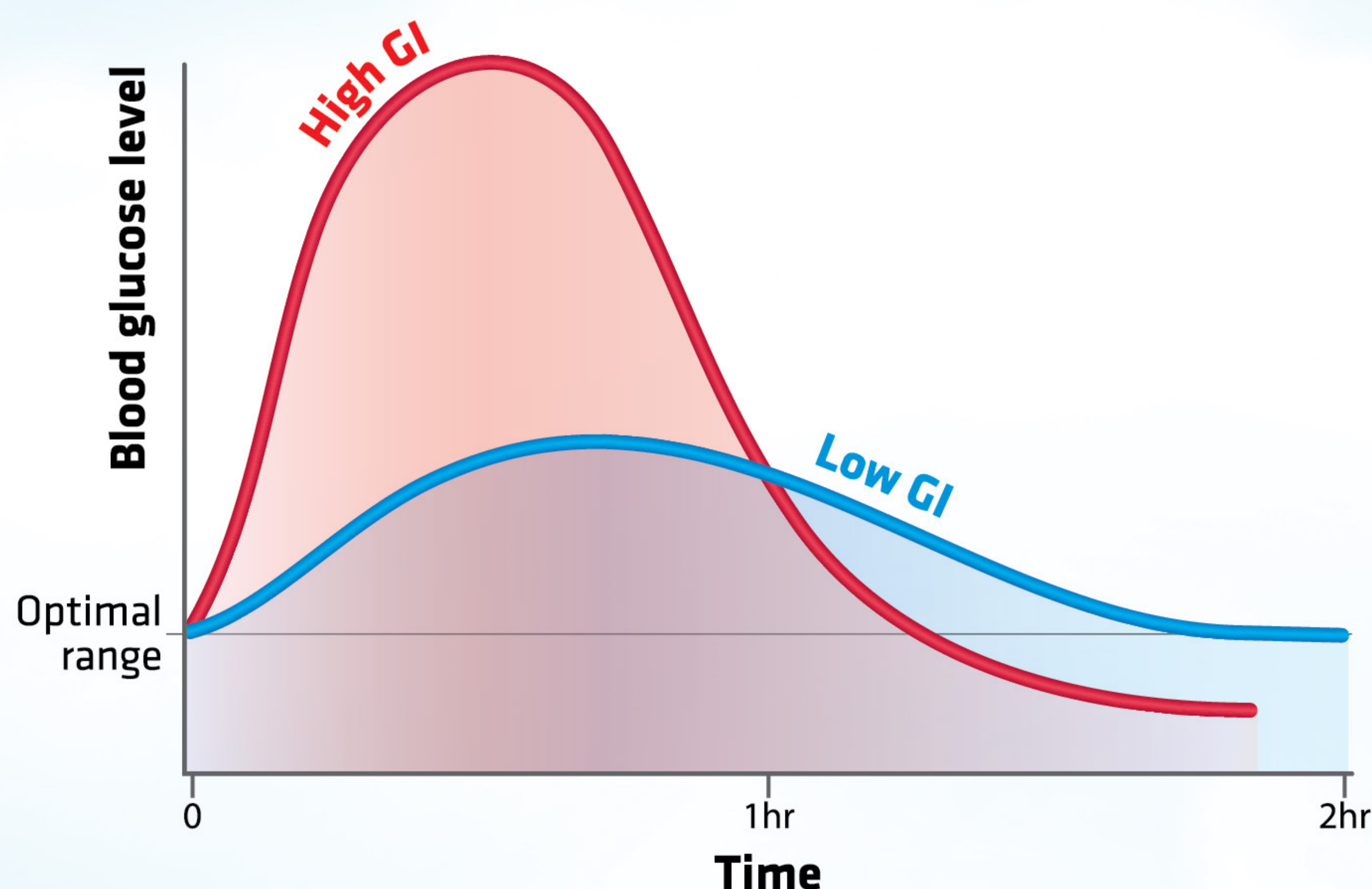
Agri
Produce

Our certified Low GI rice varieties are developed exclusively by us and grown in our fields.

Offering everything you love about rice, with the added benefit of being a Low GI food that keeps you fuller for longer.

- Our Low GI Rice varieties are an excellent solution for a Healthy Life
- A perfect option for individuals with diabetes or are in a pre-diabetic state!

"Once it's cooked, rice is flaky and soft with firm grains and a unique taste."



Understanding Glycemic Index and its role in human health

The Glycemic Index (GI) - a measure that ranks carbohydrates-filled food according to their influence on blood sugar level over a period of two hours after a meal using a scale of 0 to 100. A comparatively lower GI value corresponds to a flatter curve in the rise of blood glucose level after a meal.

Gracewinds Advertising



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