

CRINKLES - SAME OLD CHEESE, BUT THE TASTE IS BRIGHTER!
Lactose free cheese snacks Crinkles it is cheese baked with spices until crispy.



CRINKLES

HEALTHY SNACKS FOR HoReCA & Retail

- Classic
- Tomato
- Garlic
- Chili
- Basil
- Sesame

Weight, g 18/50
Shelf life 365 days
Storage conditions from +5°C to 25°C

 Snack to go / Healthy
alternative to chips / Walking



100% natural



No Sugar /
No Preservatives /
No Flavor Enhancers



Keto - friendly



High protein



Low
carbohydrate



Good source
of calcium



Lactose
free



Healthy alternative
to chips

IT IS VERY TASTY



HEALTHY FOODS creates and manufactures snacks using author's recipes and natural ingredients. Our products are designed with the strict guidance to the strong principles: «pure composition» and «fair taste».



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Gluten free veggie crackers Vegers - baked vegetables with sunflower and flax seeds, herbs and spices. An unique recipe with carefully selected proportions of ingredients. A healthy alternative to flour for diabetics and anyone on a gluten-free diet.

ASSORTMENT VEGERS



VEGERS Beetroot

Each beet vegers contains some parsley, sunflower seeds and garlic to emphasize the honey beet flavor with a light spice accent.

Composition:

Beetroot, carrot, garlic, sunflower seeds, flaxseed meal, flax seeds, dill, parsley, sea salt, black pepper.

Weight: 40 g



VEGERS Cabbage

Each piece contains some sweet carrots, dill and parsley. Juicy cabbage freshness makes the perfect aftertaste.

Composition:

White cabbage, carrot, sunflower seeds, flax flour, flax seeds, dill, parsley, salt sea, black pepper.

Weight: 40 g



VEGERS Carrot

The neutral taste of baked carrots is complemented by greens, sunflower and flax seeds for soft and tender taste.

Composition:

Carrot, sunflower seeds, flaxseed flour, flax seeds, dill, parsley, sea salt, black pepper.

Weight: 40 g



VEGERS Onion

Sunflower and flax seeds in each onion veger to give deep and rich taste.

Composition:

Onion, green onion, flaxseed flour, flax seeds, sunflower seeds, sea salt, black pepper.

Weight: 40 g

| Protein | Fats | Carbohydrates | 195 kCal |
|--|------|---------------|----------|
| 5r | 15r | 10r | 816 kJ |
| EXCELLENT IN ADDITION TO: cheese, nuts, fish and pickles | | | |

| Protein | Fats | Carbohydrates | 220 kCal |
|---|------|---------------|----------|
| 7r | 15r | 8r | 837 kJ |
| EXCELLENT IN ADDITION TO: smoked salmon, avocado, curd or blue cheese | | | |

| Protein | Fats | Carbohydrates | 182 kCal |
|--|------|---------------|----------|
| 6r | 13r | 10r | 761 kJ |
| EXCELLENT IN ADDITION TO: fruits, sweet candied fruits and even dairy products | | | |

| Protein | Fats | Carbohydrates | 289 kCal |
|---|------|---------------|----------|
| 13r | 31r | 8,1r | 1209 kJ |
| EXCELLENT IN ADDITION TO: tomatoes, eggs, mushrooms | | | |

Advantages:

- 100% natural
- No Sugar / No Preservatives / No Flavor Enhancers

- Gluten free
- High fiber




- Healthy alternative to bread
- Elegant festive table setting



"Pure composition": means that we do not add flavorings, tast enhancers, preservatives and deep fats.

"Fait taste": our products are «really tasty» to the average consumer who is taking the first steps to mindful eating



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