

PERSONAL | FLEXIBLE | NEXT-DAY DELIVERY



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ABOUT G&C FOODS

Incorporated in 1976, G&C Food Distributors is a Food Service re-distributor of refrigerated, frozen and dry food headquartered in Syracuse, NY. G&C has grown to be one of the most respected re-distributors in the Eastern United States, delivering to 28 states and Latin America.

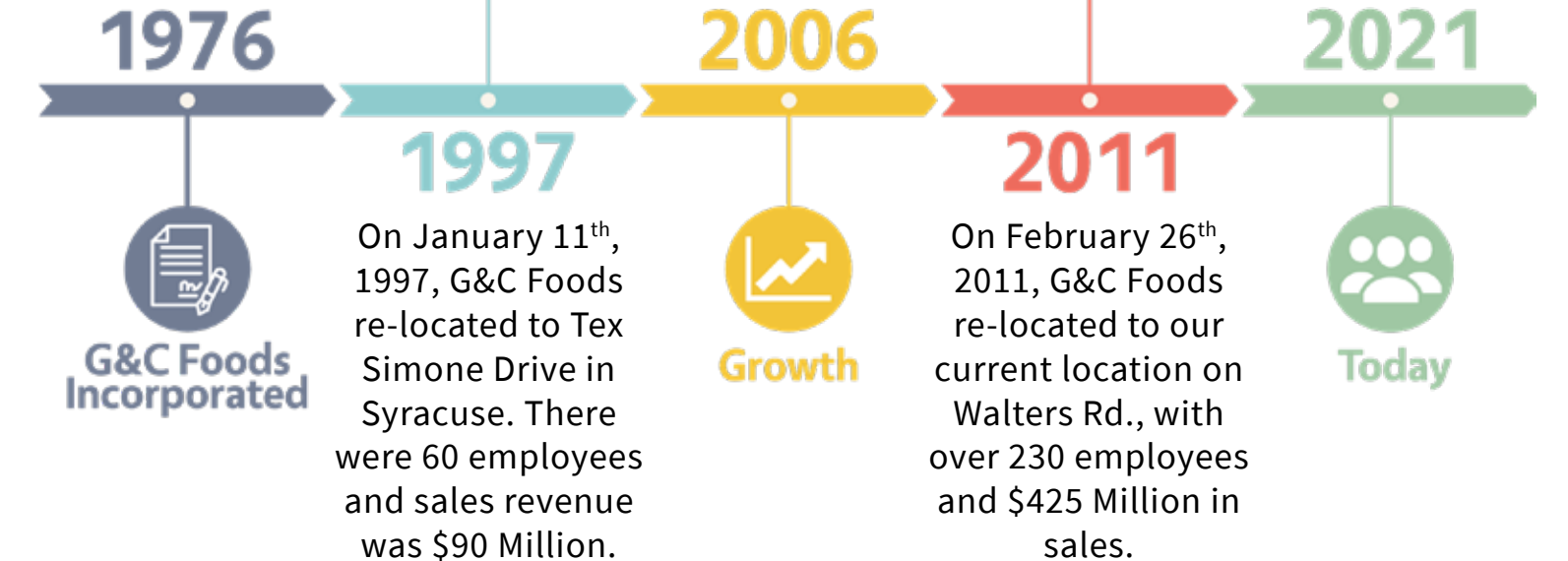
ADVANTAGES:

- **Next-Day Delivery to 23 states**
- Delivery to 28 states & counting
- Evolving product mix of approx. 5,000 items
- Split box program on beef & pork
- Portion cut program
- Ability to special pick by date & weight
- Easy access to non-stock/special order items
- Active members of US Meat Exportation Federation, National Grocers Association, Urner Barry, and more



G&C FOODS' GROWTH TIMELINE

Incorporated on September 1st, 1976 by Gary Graham and Butch Conrad. Our location was 423 E. Water St., Syracuse.





CATEGORIES WE CARRY

BEEF

- We are CAB Certified - Briskets, Chucks, Grinds, Loins, Offals, Ribs, Rounds, Splits, Tenderloins, Thin Meats, Trim and More

PORK

- Fresh and Frozen

POULTRY

- Chicken, Ducks, Turkey and More

LAMB & VEAL

- Fresh & Frozen, Mutton, Imported and Game Meats

SEAFOOD

- Fresh, Frozen & Canned - Fish, Clams, Crab, Lobster, Mussels and Shrimp

DAIRY

- Butter/Margarine, Cheese, Cottage Cheese, Sour Cream, Creamer, Half & Half, Eggs, Specialty Cheeses, Whipped Topping

DELI

- Beef, Bologna, Chicken, Ham, Hot Dogs, Pepperoni/Salami/Dry Sausage, Pork, Turkey and More

CONDIMENTS

- Ketchup, Mustard, Mayo, Dressings, Vinegar, Pickles, Peppers, Kraut, Sauces, Bases, Gravy

DRY GOODS

- Beverages, Soup/Broth, Canned Goods, Crackers, Oils, Pastas, Pudding/Gelatin, Snacks, Sugar and Spices

FROZEN

- Appetizers, Bacon/Sausage, Bakery, Burgers, Fries/Potato Products, Meatballs, Pasta, Pizza, Processed Meats and Soups

FRUIT & VEGETABLES

- Canned and Frozen

RETAIL ITEMS

- Dry, Frozen and Refrigerated

OPPORTUNITY BUYS

- Dry, Frozen and Refrigerated

MISSING SOMETHING?

G&C Foods has the ability to special order any product.
Just ask!

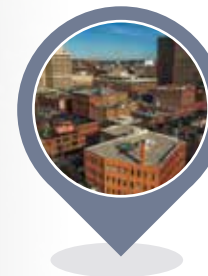


G&C FOODS' WAREHOUSE & FACILITIES:

G&C Foods has recently completed a massive expansion to our Syracuse warehouse. We have also opened additional offices in Miami, Florida and Rochester, New York. In addition to our growing footprint, G&C is also implementing a new, state of the art, ERP system throughout.

STATISTICS:

- 471,000 ft² TOTAL Facility Space
- 45,000+ Total Pallet Positions
- 86,000 ft² NEW Freezer Space
- 33,000 ft² NEW Dock Space
- 76,000 ft² NEW Dry Space
- 3 Office Locations Across the East Coast



**SYRACUSE
NEW YORK**



**ROCHESTER
NEW YORK**



**MIAMI
FLORIDA**

INTERNATIONAL DIVISION

G&C Foods' International Division continues to explore new trade lanes and grow our International network. We have partnerships across the globe with clients and suppliers in the areas of Foodservice, Retail and Processors. With headquarters in Syracuse, NY and International Sales office in Miami, FL G&C Foods' goal is to operate globally. Our experienced International team members have a rich history in all facets of International trade including, purchasing and sourcing, sales, logistics, export & import documentation, labeling, credit, product registration and more!

ADVANTAGES:

- Full Container loads from Origin
- Full Container loads of single protein or mixed protein container loads from our facilities
- LTL inspected orders for export deliveries to local consolidators
- Provide weekly Protein market insight newsletter
- Assistance with forecasting and analyzing seasonality trends on protein products
- G&C Foods' Small Box Program
- Protein sales and merchandising training available





TRANSPORTATION & LOGISTICS

G&C Transportation and Logistics is a cost cutting alternative to get your product where it needs to be fast. Our professional truck drivers have been utilizing electronic logs for the last 15 years, ensuring accuracy for each and every load.

Our fleet of drivers are professional and always go above and beyond to exceed your expectations. See what our logistics team can do for you!

ADVANTAGES:

- Clean, 48' & 53' trailers
 - Dry/Refrigerated/Frozen trailers
 - Rand McNally™ satellite tracking
 - Single pallet to whole truckload
- 120 Trucks, 140 Trailers, Over 100 Drivers with an industry-leading retention rate
- New Transportation Management System coming soon



PRODUCTION

G&C Foods has recently added the capability to pack various food items on site with our own production line. This opens the door to opportunities for private labeling and packing. Ask us how YOU can get involved.

ADVANTAGES OF OUR LINE PACKING:

- Third party audited AIB Certified SQF Level 3
- USDA on site
- Dedicated Full-Time QA Staff
- HACCP
- Pillow Bag (poly & laminate)
- Top Zip
- Inno-loc forming collars
- Steamable packs
- High speed packs from 6oz - 6lb
- Bulk capabilities | 5#-50# packs
- Metal detection



CORNERSTONE PREMIUM FOODS®

Cornerstone Premium Foods®, our private label, prides itself in providing quality affordable products and getting shipment orders to your door in perfect condition—every time. Cornerstone® has a wide variety of globally sourced fruits, vegetables, processed meats, eggs, dairy products, and more.

Cornerstone Premium Foods® has implemented programs as an increasing emphasis has been placed on the importance of good manufacturing practices (GMP), training, cleaning, and all other aspects of a recognized food safety program.

Reach out for opportunities on private labeling!



THE G&C MARKET – OUR VIRTUAL CATALOG

We have developed a new user experience for online users to showcase all of our products. On this site you can access product photos, case dimensions, specification sheets, & more. This gives us the ability to quickly and accurately share information with customers.

The site is updated live throughout the day, synced with our internal system, changes are live and information is always kept up to date.

WWW.GCFOODS.MARKET



AUTHORIZED DISTRIBUTOR OF CERTIFIED ANGUS BEEF®

G&C Foods is an authorized distributor of Certified Angus Beef®.

The Certified Angus Beef® brand community is committed to upholding the highest standards. It's good citizenship, built on integrity and respect, and apparent in their actions big and small. Their passion for excellence defines who they are and what they do.



